

# Orangevale View

SERVING ORANGEVALE, CITRUS HEIGHTS, FAIR OAKS, FOLSOM AND SURROUNDING AREAS

## COMMUNITY VOLUNTEERS PREPARE FOR THE 8TH ANNUAL BIG DAY OF SERVICE

The spirit of service and community pride will once again take center stage as residents prepare for the 8th Annual Big Day of Service, returning Saturday, May 16, 2026. The annual event brings together volunteers from Orangevale, Fair Oaks, Citrus Heights, and surrounding communities for a full day dedicated to improving neighborhoods and helping local organizations. What began several years ago as a grassroots effort to encourage community volunteerism has grown into one of the region's most impactful service events. Each year, hundreds—often more than a thousand—volunteers gather to tackle projects that beautify parks, improve schools, and support local nonprofits.

The day traditionally begins with a morning rally and volunteer check-in at Bella Vista High School, where participants pick up event T-shirts and meet fellow volunteers before heading out to their assigned projects. The kickoff creates an atmosphere of excitement and unity as teams prepare to spread across the community and get to work.

Throughout the day, volunteers participate in a wide variety of service projects designed to meet local needs. Past projects have included park cleanups, landscaping and planting, painting community spaces, improving school campuses, building community features, and assisting nonprofit organizations with facility improvements.

Organizers say the goal is simple: bring neighbors together for one day of focused service that creates lasting results. The impact can be seen immediately—from refreshed parks and revitalized public spaces to new friendships formed while working side by side.

“Big Day of Service shows what can happen when a community comes together,” organizers say. “People from different backgrounds, ages, and organizations all work toward a shared goal—making our community a better place.”

The event is supported by a network of community partners, including local Orangevale and Fair Oaks Rotary Clubs, District 4 Country Supervisor Rodriguez, civic organizations, businesses, and volunteers who dedicate months to planning and coordinating projects. These partners help identify community needs, organize project sites, recruit volunteers, and provide materials needed to complete



the work.

Project leaders play an especially important role in the event's success. These volunteers organize individual service projects and guide teams throughout the day, ensuring tasks are completed safely and efficiently. Their leadership helps transform ideas into meaningful improvements across the community.

One of the most inspiring aspects of the Big Day of Service is that anyone can participate. Families volunteer together, students

earn community service hours, local businesses send employee teams, and community groups adopt projects that reflect their passions.

For many participants, the experience becomes a tradition they look forward to each year. Parents bring their children to teach the importance of giving back, while long-time volunteers return year after year to see how the event continues to grow.

By the end of the day, the results are visible across the region: cleaner parks, brighter public spaces, improved facilities—and a stronger sense of connection among neighbors.

As the community prepares for the 8th Annual Big Day of Service, organizers encourage residents to consider joining the effort. Whether volunteering for a few hours, leading a project, or supporting the event through sponsorship, every contribution helps strengthen the community. For more information or to register as a volunteer or project leader, visit [www.bigdayofservice.us](http://www.bigdayofservice.us)

**DATE CORRECTION**  
**Celebration of Life for Brad Tatum**  
**SUNDAY March 15**  
**1:00 PM Orangevale Grange**

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# ABOUT THE VIEW



In Memory of Brad Tatum

1953-2026

## ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

### SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions,

to YOUR newspaper. The email address is [editor@ovview.com](mailto:editor@ovview.com). It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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### DATES TO REMEMBER

**MARCH 2026**

**MAR 18 Public Deadline**

**MAR 27 • OUT TO PUBLIC**

**APRIL 2026**

**APR 1 • Public Deadline**

**APR 10 • OUT TO PUBLIC**

**APR 15 Public Deadline**

**APR 24 • OUT TO PUBLIC**



Crafter's Supply and Exchange Sale  
March 14 -from 9am -2pm at the Orangevale Grange. Public welcome. Free admission. For more information visit [www.ovgrange.org](http://www.ovgrange.org)

ROOT CELLAR - Sacramento Genealogical Society's Spring Seminar  
Date: 18 April 2026 Place: Maidu Community Center, 1550 Maidu Drive, Roseville, CA Time: 10:00 am – 5:00 pm, doors open 9:15 am  
Speaker: Drew Smith of Genealogy Connection Podcast Cost: \$50.00 members, \$65.00 non-members Be sure to register early. Seating is limited. Registration ends 10 April 2026  
Registration: [www.rootcellar.org](http://www.rootcellar.org)  
Questions: [seminar@rootcellar.org](mailto:seminar@rootcellar.org)

MAY 29-31 Orangevale Summer Palooza at Orangevale Community Park Friday 4-10 pm, Sat 2-10 pm and Sun 12-6 pm. Advance Admission is \$4 Adults, Youth and Seniors \$3 and under \$5 Free. Visit [www.OrangevaleSummerpalooza.com](http://www.OrangevaleSummerpalooza.com)

Red White and Blue Parade is May 30 Main Ave to Filbert Ave on Greenback Lane.



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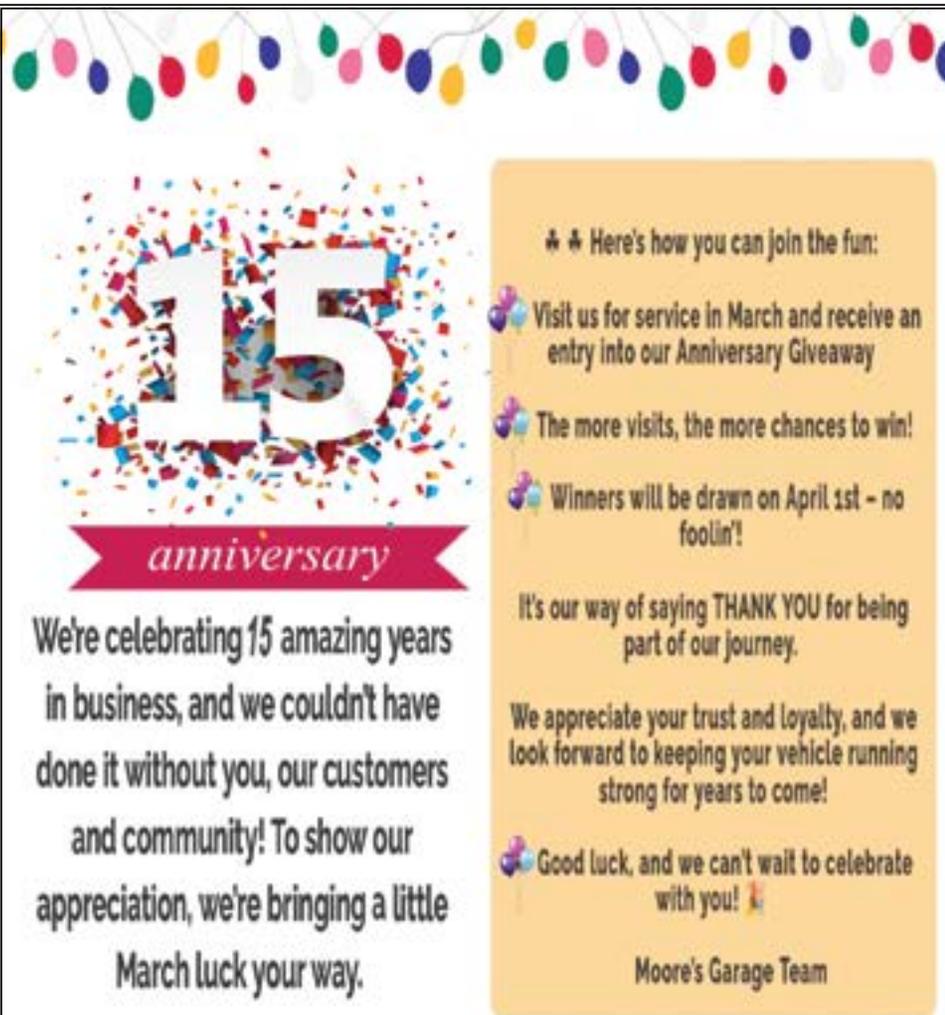
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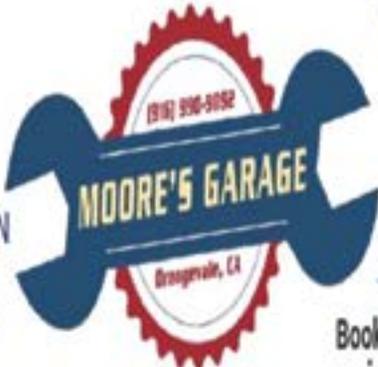
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A Portion of Proceeds Will Go Back to Orangevale Community to Support Our Scholarship Fund & Local School Needs

# ANNOUNCEMENTS

## In Loving Memory of Kelly Carpenter

The Orangevale community mourns the loss of longtime resident Kelly Carpenter, who passed away on February 18, surrounded by her loving family.

She is survived by husband of 32 years her four daughters, one stepson, nine grandchildren, and five great grandchildren.

Kelly will be deeply missed—not only in our homes and hearts, but throughout the Orangevale community she loved so dearly.



Andrew Ryan and Christy Grellas of Rollingwood Blue Oak are proud to announce the birth of their daughter, Sloane Louise Ryan, born on February 22, 2026 at 4:53pm

## CAREGIVER SUPPORT GROUP

Caring for people is hard. Caring for a spouse or a parent is even harder. Redeemer Covenant Church will be hosting a four week support group for caregivers. Topics include; Caregiving 101, Facing the challenges, Care for the caregiver, and more. We will be looking at these topics from a Christian perspective. Everyone is welcome. The support group is free of charge. We will meet at Redeemer Covenant Church, 6800 Main ave from 11:30am to 12:30pm on Thursdays. The group will meet on March 19, 26th, April 9, and April 16th. Please contact Pastor Dan Meyerpeter at [dmeyerpeter@redeemercov.com](mailto:dmeyerpeter@redeemercov.com) or (916) 988-3124 if you would like to be involved.

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## THE STRESS TEST FAILED

Sacramento residents deserve straight answers when government proposes major structural change, especially when it affects homelessness, housing, public safety, and local control. A bill moving through the State Legislature, SB 802, would create a new regional homelessness governing structure for our county. On paper, it sounds cooperative and coordinated. But before we rush into a new system, we should look carefully at what just happened in Los Angeles.

In early 2025, the Los Angeles County Board of Supervisors voted unanimously to pull county funding and staff out of the Los Angeles Homeless Services Authority (LAHSA) and instead create a county run homelessness department. The county removed more than three hundred million dollars annually, which had been the majority of funding inside the regional agency and redirected it into a new department often referred to as the Department of Homeless Services and Housing.

Over seven hundred employees were transferred into the county bureaucracy and the county assumed coordination and accountability functions that the regional body had performed. Following the decision, the LAHSA chief executive officer resigned amid turmoil and criticism, and a federal task force was announced to investigate potential misuse of homeless funding.

The county is now budgeting approximately eight hundred forty million dollars for the new department in the 2026 to 2027 budget cycle. The city and county will still coordinate, but each now maintains direct control rather than operating under a Joint Powers Authority.

Why the Regional JPA Collapsed  
Los Angeles dismantled its long-standing regional JPA because leaders concluded it lacked financial accountability and operational impact given the scale of homelessness in the region. Authority was shared but ownership was not. The county chose to centralize authority within its own government rather than keep a structure where responsibility was divided.

The disruption increased political tensions and raised concerns about continuity of services, yet leaders still decided it was necessary. What



Supervisor Rosario Rodriguez

happened in Los Angeles was not political drama. It was a structural failure of a regional homelessness JPA that could not clearly connect spending to outcomes.

The regional structure forced consensus between city priorities focused on encampments, county priorities focused on services, advocates focused on housing first approaches, and providers focused on funding stability. The outcome became paralysis. No one owned unpopular decisions such as closing programs, reallocating funding, or moving shelter sites.

Performance metrics were vague. The system tracked contracts, outreach engagements, and referrals but failed to track exits to permanent housing, time spent homeless and returns to homelessness. Spending increased while outcomes remained unclear. As Los Angeles leaders stated, they could not defend billions without line-of-sight accountability.

Why This Matters for Sacramento  
That lesson should matter to Sacramento because SB 802 proposes building a regional governance structure. Governance and accountability structures matter. A regional agency must build strong fiscal controls and performance metrics, or it becomes a liability. Sacramento County cannot sit back and fund programs it cannot manage.

If a regional body controls planning but not operations, it becomes a liability sponge exactly like what occurred in Los Angeles. The county must have operational authority, not simply coordinate authority.

The Risk of Added Layers  
The risk grows when layers are added.

ed. Federal funds flow to the State of California, then to the County of Sacramento, then to the proposed regional JPA, then to a lead agency, then to contractors, then to providers and sometimes additional subcontractors.

Each layer distances decision makers from measurable performance and increases the risk of fraud, waste, and abuse. We need to audit outcomes tied to dollars. Planning without measurable performance leads to failure because systems expand while results remain uncertain.

My Position on Regional Coordination

I have been both a strong proponent of regional collaboration and a strong critic of the current structure based on my experience serving locally. During my campaign in the summer of 2023 to the Board of Supervisors, I raised the need for coordination of all jurisdictions, so decisions made in one municipality did not negatively impact surrounding communities without their awareness.

Approximately seventy five percent of the unhoused population is located within the City of Sacramento, yet policy decisions there affect surrounding jurisdictions. Regional awareness is necessary, but removing local authority is different from coordination.

The County's Proposed Model  
SB 802 also represents a state mandate directing a structure that the county had already been working toward designing locally. SB802 basically took the county's model and made it a state mandate by restructuring an existing JPA that currently includes SHRA. The County of Sacramento and the City of Sacramento and renames

The Sacramento Housing and Redevelopment Agency (SHRA) to Sacramento Area Housing and Homeless Agency (SAHHA). The county's first iteration was presented in early 2025 to the Board of Supervisors that coordinated all jurisdictions within the county.

Regional Neutrality and the Cost of Stepping Back  
In June 2025, the first contentious



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CONTINUED PAGE 9

Orangevale - est. 1888



# Orangevale

## HISTORY PROJECT

Pecan Avenue Historical Home  
By Terri Schuessler with interview with Cynthia Baldress

A beautiful Victorian home stands at 6307 Pecan Avenue in Orangevale. Built in 1892, it originally sat on a 10 acre parcel known as Tract 211, purchased from the Orange Vale Colonization Company. The home featured five bedrooms with two stories and approximately 2,200 square feet of living space. The upstairs level held three bedrooms, walk in attic and a sleeping porch. Sleeping porches were common during that era, allowing cool night air to circulate through the home during Sacramen-

to's hot summers. The original dining room remains in its historic location. In the 1940s, the house underwent significant updates, including a full rewiring.

The first recorded owner of this property was Mrs. M. A. Radcliffe of Sacramento, who purchased Tract 211 in 1890. She stated in the Folsom Telegraph that she "will proceed at once to erect thereon a handsome two story cottage with all modern improvements." While the home was being built, she stayed in one of the Orange Vale Company cottages. Her goal, she said, was to have "one of the prettiest cottages in the Colony. The Folsom Telegraph reported the new cottage built

in the Orange Vale Colony for Mrs. Radcliffe is a model of comfort and utility and is one of the best improvements made in the Colony with its handsome mirrored mantles, hot and cold-water attachments, and modern conveniences. Mrs. Radcliffe laid out her grounds and put in a handsome flower garden. Mrs. Margaret Alice Radcliffe was one of Orangevale's early pioneers, believed to be the first person to purchase a tract, build a substantial home, and reside in it year round. She remained in Orangevale through both prosperous seasons and the difficult years (1930s) when fruit growing seemed nearly impossible due to the 1932 freeze and the depression.

Visitors from across the country often toured the Orange Vale Colony with her, and it is thought that she influenced several early land purchases. She was a pillar of the community, frequently hosting gatherings in her home and traveling to Sacramento and San Francisco to visit friends and relatives.

Mrs. Radcliffe was a native of Scotland who came to California as a young girl. She married William Radcliffe in Sacramento and lived in the county for the rest of her life, with her final 17 years spent in Orangevale. She died at age 73, leaving behind her niece, Elizabeth (Lizzie) B. Radcliffe Sager.

Many of the home's early occupants were listed as orchardists in census records and city directories, and the property itself once flourished as a working orchard. In 1985, It boasted peach, nectarine, plum, and apricot trees, along with two cherry trees, an almond tree, and a pecan tree—a true bounty of fruits and nuts for its residents to enjoy.

When Cynthia and Steve Baldrees took possession in 1985, the former laundry porch was removed and re-



placed with a large veranda. Where both a wet and dry pantry once stood, they became a large comfortable walk-through bathroom, and a new laundry center was built inside the home.

The Baldrees, still the current owners, have begun the careful process of restoring the home to its original style. Cynthia has preserved samples of the original wallpaper, and during the removal of old bathroom wallpaper, she discovered "Built in 1892" written directly on the plaster wall. The wallpaper remnants are charming—light pastel florals, red velvet in the closet room, and a striking blue and silver pattern that once adorned the kitchen ceiling. During the renovation, the owners also uncovered newspapers from the early 1900s, including a 1906 issue describing the San Francisco earthquake, along with hairbrushes, a photo album, small hand mirrors, and other personal items left behind by earlier occupants.

Mr. Woodward, who acquired

the home in 1928, once shared with Cynthia that he remembered a Victrola-style brass disc music box, positioned so that music would drift up the elegant staircase to the second floor.

Today, the house sits on a smaller parcel, representing only a portion of the original Tract 211, but its historic character and architectural beauty remain unmistakable.

The Orangevale History Project meets the first Tuesday of the month at the Orangevale Library at 8820 Greenback Ln. at 6 pm. Speakers on March 3rd will be covering the Granite history of Rocklin. Be sure to visit the Orangevale Museum at 6920 Hazel Ave open Tuesday, Thursday and Saturdays 12 noon to 4 pm to visit the last Orangevale. Be sure to join the Orangevale History Project on YouTube (can subscribe for free and view all the monthly presentations and resident interviews). See their website at Orangevale History Project.org or call 916 800-4711.



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## ANNOUNCING STONE CORRAL PARK TOUR ORANGEVALE HISTORY PROJECT

Orangevale History Project members are invited to participate in the annual tour of the Stone Corral Park managed by the Sacramento County Regional Parks on Saturday, April 18th at 9am. Rain date is Wednesday, April 22nd.

In addition to its cultural significance, the park features a variety of seasonal wildflowers and is home to numerous native animal species that may be observed during the guided hike.

This annual tour offers a unique opportunity to explore and appreciate the natural beauty and rich cultural history of Stone Corral Park. People who have attended are excited about being able to view the area.

## LOCAL MUSICIANS BRING 'LAMB OF GOD' TO COMMUNITY FOR HOLY WEEK, EASTER

By Patsy McGavock, Church of Jesus  
Christ of Latter-day Saints

Orangevale, Citrus Heights, Rocklin - Produced annually around the world, Rob Gardner's "Lamb of God" will be presented locally by volunteer musicians from Orangevale and Folsom to Antelope and Rocklin on March 27 at 7 p.m. and March 28 at 2 p.m. and 7 p.m. at 2610 Sierra Meadows Drive in Rocklin.

Performances are free and open to the public. Advance tickets are required due to limited seating and are available through Eventbrite.

"Lamb of God" is a modern oratorio of music and narration recounting the final days of Jesus Christ, beginning with the raising of Lazarus and culminating in the Resurrection. Drawn solely from the Gospels of the New Testament, the story of Christ is told through the perspectives of those who loved and walked with him — Peter, John, Thomas, Mary and Martha of Bethany, Mary Magdalene and his mother, Mary.

Organizers hope the performance will help usher in Holy Week with reverence and thanksgiving and that those who attend will leave with a stronger sense of gratitude for the love of Jesus Christ expressed through his life and mission.

Presented by choirs from the Citrus Heights and Rocklin stakes of The Church of Jesus Christ of Latter-day Saints and a mixed community orchestra, the production invites audiences to reflect on the deeply personal moments of Christ's life and ministry.

Co-organizer Bev Bair first encountered the music six years ago. "It quickly became a favorite as I would look to this oratorio for ways to feel peace and assurance from God," Bair said. "It is my hope that our audience will feel

Information to participate:

- Be a member of Orangevale History Project and you may join the website at [OrangevaleHistory.org](http://OrangevaleHistory.org) or at the Orangevale History Museum at 6920 Hazel Ave which is open Tuesdays, Thursdays, and Saturdays from 12 noon to 4pm.

- Must register by email to [ddill@orangevalehistory.org](mailto:ddill@orangevalehistory.org)

- Approximate length of tour is 9 am to noon.

- Wear comfortable footwear suitable for hiking and crossing streams with long sleeve shirt and hat.

- Bring water.

- Due to limited parking at the site, hikers should park at the History Museums with the carpools leaving promptly at 8:45am

- Must be registered before the day of the tour.

the divinity of Jesus Christ as they experience the events in the last weeks of his life as told through the eyes of those who knew him best." "Lamb of God" has become an annual tradition in many communities worldwide, with multi-denominational productions presented in concert halls, Catholic cathedrals, Protestant sanctuaries, Evangelical churches, Latter-day Saint chapels and on university campuses.

Musicians volunteer in this local production because they believe it will bring a measure of hope and light into many lives, including their own. Bair said the preparation has been transformative — moving from learning the mechanics of the music to feeling the poignancy of melodies and harmonies that "transport one into the heart of the disciples as well as giving a glimpse into the feelings of His enemies."

"The orchestra brings a richness to the experience," Bair said, noting that the voice of Christ is portrayed through expressive cello melodies that touch the soul.

For a preview, the music is available on Spotify, and a concert performance can be found at [robgardnermusic.com/lamb](http://robgardnermusic.com/lamb).

Free tickets may be reserved in advance by searching online for "Eventbrite Lamb of God Rocklin 2026."



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Do you like pizza? Have you seen the Detroit Style pizza around? My son loves pizza and he has been making Detroit Style pizza for years. This recipe is the one he uses when he makes this style pizza. He has purchased a special Detroit pizza pan, but you can get by for a while with a 9 x 13 pan.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

#### DETROIT STYLE PIZZA

1 package fresh pizza dough from Trader Joes or most grocery stores  
 Pizza Sauce -1 jar or container (Trader Joes has a good one)

12 ounce -Mozzarella ball

12 ounces pepperoni

Olive oil

Detroit style pan- 10x14 or similar metal pan like a 9 x 13.

Prior to preparing your pizza, let dough sit out on the counter. Put olive oil in pan to coat bottom and sides. Spread the dough as far as you can in the pan without tearing. It will not fit at first, so let sit for 20-30 minutes. Then after this, it should spread to edges of the pan. Remove large air bubbles.

Preheat oven to 550 degrees. Set rack to lowest level.

Spread ½ of the pepperoni over the dough. Top with the cheese, spreading all the way to the edges of the pan. Then add the remaining pepperoni. Spoon sauce over the top in 3 rows.

Transfer to oven and bake until edges are black and bubbly and exposed cheese on top is starting to lightly brown, 12 to 15 minutes. Transfer to a trivet or folded kitchen towel on countertop.

Run a thin metal spatula all the way around the edges of the pan to loosen the pizza. Carefully lift it out and slide it onto a cutting board. Cut pizza and serve

#### THE STRESS TEST FAILED

CONTINUE FROM PAGE 5

model of SB802 was introduced, and since then, has had 3 modifications.

It was disappointing to see several regional partners shift from a unified opposition to SB 802 last June, to taking a neutral position in recent weeks. Leaders in Elk Grove (5-0), Rancho Cordova (5-0), and Citrus Heights (5-0) had expressed concern about the loss of local control and protecting their own housing trust funds, and the City of Folsom remained steadfast in opposition (5-0). I understand the pressure cities face, but governance decisions of this scale extend far beyond any single funding source. This bill reshapes who holds authority over homelessness policy in our region.

There is no shortage of statements about protecting local decision-making from state mandates...

the real question is whether we are prepared to act consistently with those principles. If so, this was exactly that moment! When jurisdictions step back rather than stand firm, the state does not pause the proposal, it advances it. Neutral positions do not preserve local control, they surrender the opportunity to shape the system before it is imposed.

Regional collaboration requires shared responsibility. When some partners disengage, the burden shifts to fewer jurisdictions while the consequences still impact every community. Sacramento County and the City of Folsom should not be left to navigate a structural change affecting the entire region alone, and residents should understand that the structure created today will determine who truly makes decisions tomorrow.

The Core Lesson and the Question Before Us

The biggest lesson from Los Ange-

les is simple. A regional homelessness body cannot survive unless someone clearly owns outcomes. Sacramento should learn from that experience before repeating it. Regional collaboration can succeed, but only when accountability is clear, performance is measurable, and authority matches responsibility. Without those elements, structure replaces results and residents lose trust.

The question before Sacramento is not whether to collaborate. The question is whether we will build a system that can be measured, audited, and understood by the public.

We should move forward carefully and ensure any new governance model strengthens accountability rather than diluting it.

If you would like to share your thoughts with me, you can reach my office at 916-874-5491 or email SupervisorRodriguez@saccounty.gov.



#### Where Generations Meet, Part 2: Redesigning Systems That Keep Us Apart

By Patsy McGavock, JustServe.org

In Part 1, we explored how different generations often carry different stresses — and how those stresses can transform into strength when the generations connect. But if those connections are so powerful, why are they uncommon in everyday American life?

Part of the answer lies not in people (which we'll cover in Part 3), but in systems.

Across the United States, we organize by age. Programs and policy often run along demographic lines. Recreation centers post schedules that unintentionally tell the story: toddler tumbling at 10 a.m., teen basketball at 4 p.m., senior aerobics at 9 a.m. Sports and schools organize by age, with separate calendars and even locations. We even build our homes around age separation — retirement communities and single-family neighborhoods where zoning, school boundaries and pricing tend to concentrate families with children.

It turns out efficiency can quietly become separation. It's something we've built in — which means it's something we can build differently.

As small towns and cities blurred into long roads of suburbs, culture drifted away from shared spaces. Yet, shared spaces invite shared life.

Longtime Orangevale resident Barbara Ayule spent decades working with youth programs in Sacramento, including the city's Workrecreation and Graffiti Busters initiatives during the 1990s and early 2000s. Those programs hired teenagers to work in their own neighborhoods — maintaining parks, removing graffiti and knocking on doors to ask neighbors what their community needed.

"When kids got to know the people around them, knocking on doors to see what was needed," Ayule recalled, "they stopped graffiti-ing, they stopped stealing. It became their neighborhood."\*

In other settings, "If you had a baseball bat, you played ball in the neighborhood," Ayule said. "Parents and neighbors brought out lawn chairs to watch. We shared spaces, rallying around each other."

In the U.S., one promising reversal

is the idea of "shared sites" — places, not just programs, where children and older adults regularly interact because services are co-located. Adult day care and child care operating under one roof, structured to participate in activities together, or after-school programs hosted at senior centers. Generations United tracks these models nationwide, estimating only about 100 to 150 such locations — compared with thousands of facilities designed to serve generations separately, as policy and funding structures often divide services by age.

Locally, we can leverage national or regional examples into our own programs. AARP's Experience Corps places older adults in elementary school classrooms as tutors and mentors. Several Sacramento Public Library branches host intergenerational storytimes, teen tech tutoring for seniors and memory cafés. Soil Born Farms in Rancho Cordova brings youth and older volunteers together through garden programs. If parents come along, three generations leverage the connection.

Often we just need to know who to ask — your Recreation and Parks department, library director, garden club president, senior center or school principal — and bring the question: "How can we make this successful together?"

If ideas connect groups, central connectors like the Orangevale or Fair Oaks community councils, chambers of commerce or San Juan Unified's Family and Community Engagement team specialize in making those connections.

Cross-generational connection doesn't always require a new program. Collaborating around small structural choices can also reopen the spaces where generations naturally meet. Often it begins with something simpler: knowing who to ask. Let's bring that question to our community: "How can we make this successful together?"

Next time, we'll conclude with how those relationships can become part of everyday life — in families, neighborhoods and communities where generations choose not just to live near one another, but to grow together.

Patsy McGavock is a volunteer community advocate and community writer. Connect at PatsyMcGavock.JustServe@gmail.com.

# Local SPORTS

Tryouts are complete for the Bella Vista High School Girls Lacrosse team and the team is working hard to attempt to replicate their success from last year where they were Co-Champions of the Capital Valley Conference. They started the year with wins against Davis and Folsom from the Sierra Foothill League. First year head varsity coach Karlin York commented, "We're really excited about this season. We have a strong mix of returning players and new additions, and this group truly loves the game and each other. Their chemistry and trust on the field are special. They communicate, lift one another up, and compete for something bigger than themselves. They make my job so fun!"

The Junior Varsity team is also poised for a great year led by Coach Paige Martin with a roster of 19, including



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The Varsity team has been amazing so far and led by Senior Captains Dani Janeway, Lauren Wan, and Regan Silvers, and Junior Captain Julia Thomas. Julia mentioned, "Everyone's super excited for this season! We've been putting in a lot of work at practice, and it's starting to show

during games. I love the competitive and uplifting vibe on the team. We all want the best for each other and celebrate everyone's little wins!" Regan said, "I'm so excited for this lacrosse season, it's already been amazing, and starting off with the wins feels incredible! The energy, the team, everything has been so fun, and I can't wait to keep it going and see how far we can go this year."

The Bella Vista Girls Lacrosse upcoming home schedule has the Broncos vs. Rio Americano on March 13 for Teacher Appreciation Night, vs. Vista del Lago on March 23, Oakmont on March 25, a boys/girls double header vs. West Park on March 27, Rocklin on April 6, Christian Brothers on April 13, and Senior Night vs. Woodcreek on April 22.

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Megatron (A911661) - 7-month-old cream Pit Bull Terrier with tons of puppy energy. Knows sit and stay and would benefit from continued training to polish his manners. Participated in playgroups and may enjoy a compatible canine friend. Bring your dog for a meet and greet! [24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A911661](http://24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A911661)



Shiloh (A899086) - 8-month-old brown and black German Shepherd who is calm for a puppy and eager to learn. Knows sit and down, takes treats gently, and has participated in playgroups. May enjoy a compatible canine friend and would thrive with continued confidence building. [24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A899086](http://24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A899086)



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Flora (A910756) - 1-year-old brown brindle and white German Shepherd mix who is thoughtful and sensitive. She can be nervous with new sights and sounds but warms up with gentle encouragement. Polite with other dogs and calm in public settings, she may enjoy a compatible canine friend and would blossom with patience and kindness. [24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A910756](http://24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A910756)

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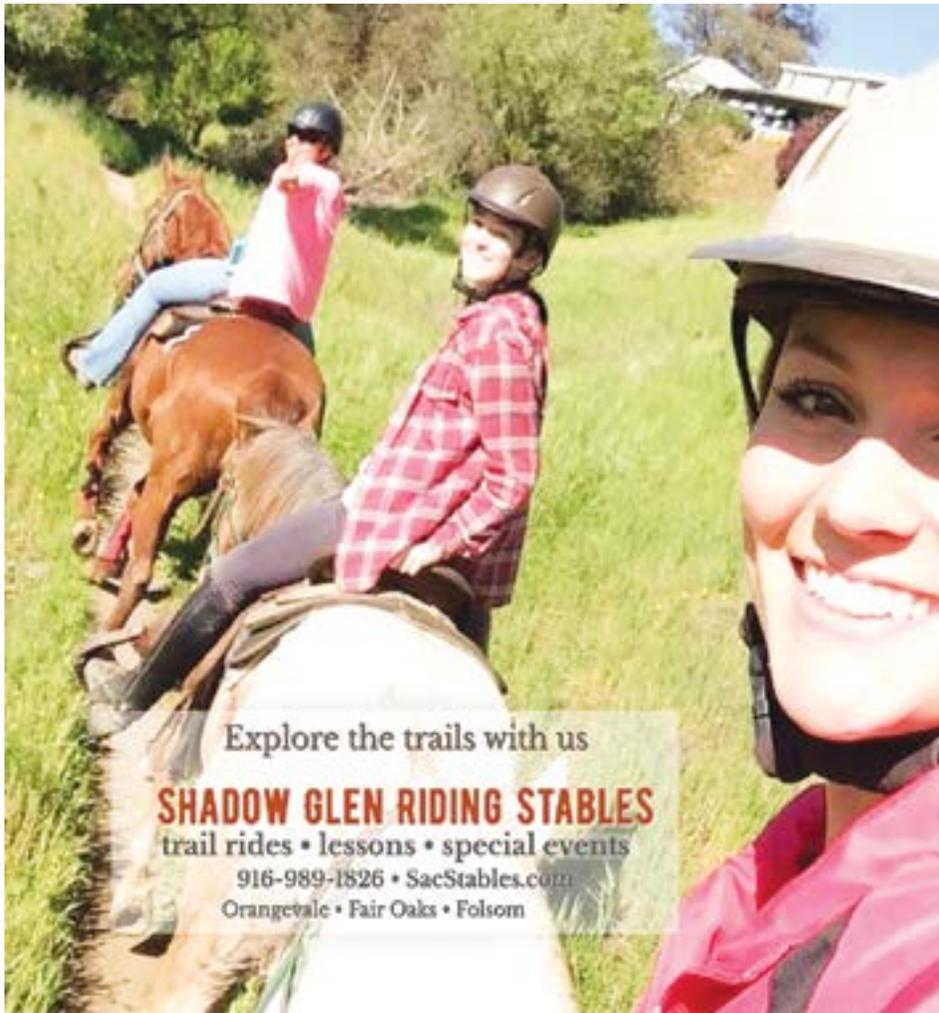
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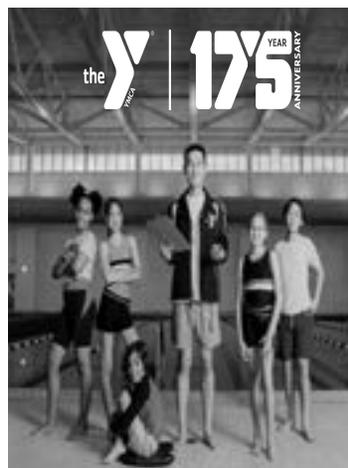
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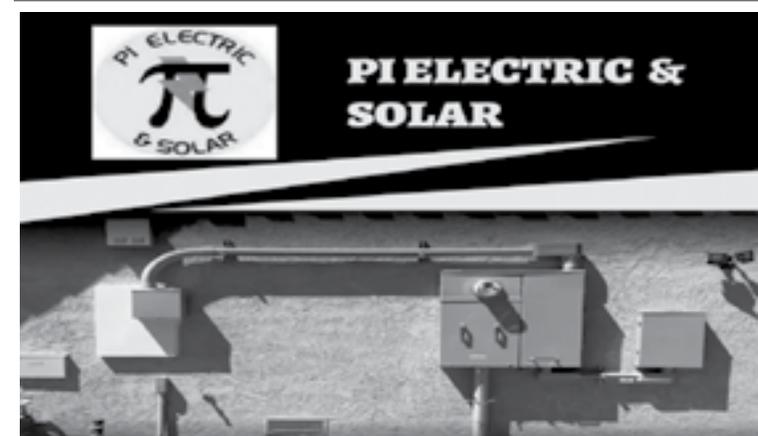
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**FOLSOM LAKE SYMPHONY  
PRESENTS**

**“PASSION AND POWER”**

Saturday, March 28, 2026 at 7:30 PM

FOLSOM, CA — The Folsom Lake Symphony continues its 2025–2026 season with Passion and Power, a dynamic concert showcasing music of rhythmic fire, emotional depth, and symphonic grandeur. The performance takes place Saturday, March 28, 2026 at 7:30 PM and features acclaimed violinist Ava Pakiam.

The program opens with Arturo Márquez’s Danzón No. 2, a vibrant and seductive work that has become one of the most popular contemporary orchestral pieces worldwide. Drawing on traditional Mexican dance rhythms, the piece builds from intimate elegance to an electrifying orchestral climax.

Next, Ava Pakiam takes the spotlight in Sergei Prokofiev’s Violin Concerto No. 2, a work renowned for its bold rhythms, sharp wit, and haunting lyricism. Written during Prokofiev’s travels across Europe, the concerto blends modern edge with unforgettable melodic beauty, offering both technical brilliance and emotional expressiveness.

The evening concludes with Johannes Brahms’ Symphony No. 4, the composer’s final symphony and one of the great masterpieces of the orchestral repertoire. Rich with intensity and structural brilliance, the work culminates in a powerful passacaglia finale that leaves a lasting impression on performers and audi-

ences alike.

Together, these works form a program that embodies both passion and power, highlighting the expressive range of the orchestra and the timeless impact of symphonic music.

“A rising star” – San Francisco Classical Voice, Ava Pakiam is a fifteen-year-old violinist studying at the Pre College of the San Francisco Conservatory of Music. Ava was admitted into the Pre College program at age seven and is currently a student of Simon James. Ava made her solo debut at eight years old in California with the Fremont Symphony. Later that summer, she performed Vivaldi’s Winter Concerto with the Sempre Musik Orchestra and the New York Sinfonietta in Boston and New York City, making her solo debut at Carnegie Hall. In the Fall of 2021, Ava competed at age eleven in the Seattle Young Artists Auditions. Ava was named the Seattle Symphony Young Artist for the 2021-2022 season and performed as soloist with the Seattle Symphony Last season, Ava performed the Brahms, Bruch and Tchaikovsky concerti on both coasts as well as a solo tour with orchestras in Mexico and Honduras. She performs on an 1874 J.B. Vuillaume violin.

**Concert Details:**

What: Folsom Lake Symphony — Passion and Power

When: Saturday, March 28, 2026, 7:30 PM

Where: Harris Center for the Arts, Folsom, CA

Featured Artist: Ava Pakiam, violin

Tickets: [www.folsomlakesymphony.com](http://www.folsomlakesymphony.com)



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# Aging Well

## LEGAL AND FINANCIAL ISSUES FOR CAREGIVERS POWER OF ATTORNEY AND ADVANCED DIRECTIVES

When caring for a loved one, establishing legal documents like power of attorney (POA) and advanced directives is vital for ensuring that healthcare and financial decisions can be made on their behalf in the event they are no longer able to do so themselves. These legal tools provide clarity and direction, preventing confusion and potential conflicts when difficult decisions need to be made.

A power of attorney allows a caregiver to make decisions for the care recipient, whether those decisions pertain to healthcare or finances. The healthcare POA grants the caregiver authority to make medical decisions if the person becomes incapacitated or unable to express their wishes. Similarly, the financial POA allows the caregiver to manage the care recipient's financial matters, such as paying bills, managing investments, or handling taxes. It's important to discuss the person's preferences with them when setting up these documents to ensure they reflect their wishes accurately.

Advanced directives, including living wills and healthcare proxies, specify the person's preferences for end-of-life care and other medical interventions. These documents are crucial for ensuring that the individual's wishes are honored when they cannot communicate their desires. A living will may detail preferences for life-sustaining treatments, such as ventilators or feeding tubes, while a healthcare

proxy designates a trusted person (often the caregiver) to make decisions on their behalf in such situations.

Caregivers should work with a lawyer to ensure that these legal documents are drafted correctly, are legally binding, and are regularly updated. Having these documents in place gives caregivers the legal authority to make important decisions and reduces stress during difficult times, offering peace of mind to both the caregiver and the care recipient.

Estate planning is also an essential aspect of caregiving that ensures a person's assets and wishes are properly managed in the event of illness, incapacity, or death. Having a clear, legally binding estate plan can help caregivers and their loved ones avoid confusion, conflicts, and unnecessary stress during difficult times.

The first step in estate planning is creating a will, which outlines how the care recipient's assets will be distributed after their death. A will can also specify guardianship arrangements for dependents, such as children or pets, and provide instructions for handling personal belongings or family heirlooms. For caregivers, knowing the details of the will is important, as it clarifies what responsibilities they might have in managing the estate after the person's passing.

Additionally, creating a trust can be beneficial for those who wish to avoid probate, the legal process of distributing assets after death. Trusts can help reduce estate taxes, protect assets from creditors,

and provide greater flexibility in asset distribution. A caregiver may be designated as the trustee to manage the trust if the individual becomes incapacitated.

While a will and trust cover asset distribution, healthcare directives and powers of attorney ensure that the person's medical and financial decisions are handled according to their wishes. These documents are vital for ensuring that caregivers can make decisions when the individual is unable to express their preferences.

It's important for caregivers to encourage their loved ones to consult an attorney specializing in estate planning to ensure all documents are in order. Having a comprehensive estate plan provides peace of mind and security for both the caregiver and the care recipient, knowing that wishes will be respected and responsibilities clearly defined.

For more information about the resources Aging Well offers, go to [www.agingwellca.com](http://www.agingwellca.com) or email [info@agingwellca.com](mailto:info@agingwellca.com).

### Two Women

Two women share a similar vision;  
 not too distant, rocks seem to listen.

During winter (and near a river)  
 they seem to consider something deeper or bigger.

Thoughts feel streaming in this scene or picture.

Nature may appear to communicate or whisper.

American River is where these rocks are located.  
 Exploring nature can make one contemplative.

This poem is based on a photo (that at least feels tantamount);  
<https://zfthrivej.wordpress.com>  
 is where it is found...

-Z.F. Thrimej

# ORANGEVALE LIBRARY

ORANGEVALE LIBRARY  
8820 Greenback Ln L,  
Orangevale, CA 95662

## HOURS

Tuesday 10AM–6PM  
Wednesday 10AM–6PM  
Thursday 10AM–6PM  
Friday 10AM–6PM  
Saturday 10AM–6PM

Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone.

## Kids

Family Storytime Thursdays, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Join us for songs, rhymes, movement activities and

stories all designed to support the early learning skills of young children.

Explore and Learn Tuesdays, 11:00 a.m. - 12:00 p.m. Jane Wise Community Room Join us for Explore and Learn, a program with fun learning activities for young children and their caregivers to meet others and play together.

Read to a Dog Friday, March 13, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Kids are invited to practice their skills by reading aloud to a certified therapy dog (and their handler). Attendees may bring a book to read or choose one from the library.

STEAM - LEGO® Robotics Saturday, March 21, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Led by a team of student instructors, kids ages 9 to 14 will work in groups to design, build and pro-

gram a LEGO® robot and learn STEAM skills with this fun, hands-on project.

Family Art Lab Saturday, March 28, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want!

Minecraft Gaming Thursday, April 2, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game on our own library server! Participants should be aged 6 - 17; Registration is encouraged at [www.saclibrary.org/events](http://www.saclibrary.org/events).

## Adults

Mixed Media Art Journaling Saturday, March 14, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagination and all kinds

of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. Age group: Adults

A Matter of Balance Wednesday, March 18 & March 25, 12:00 p.m. - 2:00 p.m. Jane Wise Community Room Agency on Aging Area 4 is offering this fun, socially engaging educational workshop for older adults at the Orangevale Library for FREE!

Orangevale Adult Book Group – The Ministry of Time Saturday, March 21, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will

be reading The Ministry of Time by Kaliane Bradley. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

Genealogy: Getting To Know You Saturday, April 4, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Learn more about genealogy with our volunteers from the Root Cellar Genealogical Society. Age group: Adults

Genealogy: Book a Genealogist Saturday, April 4, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Need help with your family history? Root Cellar volunteers are ready to help with free individual 30-minute sessions at the Orangevale Library. Reserve your session at [www.saclibrary.org/events](http://www.saclibrary.org/events) Age group: Adults



Orangevale Recreation & Park District  
6826 Hazel Avenue  
Orangevale, CA 95662  
Office Hours:

Monday-Friday - 8:30am-4:30pm  
Phone Number: (916) 988-4373

Upcoming Event: Ties & TiY-outh Programs: Wiggle & Giggles (Ages: 3-5) Tuesday, Wednesday, Thursday March 31st through April 2nd 9:00 am – 12:00 pm

Baby Ballet (Ages: Walking- 3y) Mondays at 9:00am

Pre-Ballet (Ages 3-6y) Mondays at 9:30am

Zumbini (Ages 2 Months- 4years) Wednesdays at 10:00am

Adventure Crew Day Camp (Ages 5-12) March 30th – April 3rd

Mini Ninja (ages 3-6) Mondays at 3:15pm and Tuesdays at 9:15am

Kids Ninja (ages 6- 12) Mondays and Wednesdays at 4:45pm

Parents Night out April 17th at 6pm

Robothink and Robothink Jr. Thursdays at 4:30pm

Amazing Athletes and Amazing Athletes Tots Tuesdays at 4:30pm

Skyhawks Soccer (ages 6-12) Mondays at 4:45

Skyhawks Track and Field (ages 6-13) Fridays at 3:50pm

Skyhawks Beach Volleyball (ages 7-13) Tuesdays at 3:50pm

Skyhawks Pickleball (ages 6-13) Wednesdays at 3:50pm  
Skyhawks Tennis (ages 6-13) Wednesdays at 5:00pm

OVparks Top Notch Basketball League Grades K-8th starts March 23rd

Basic Horsemanship (Ages: 8-15) Fridays 4:00-5:15pm

Life Guard Training with Title 22 (Ages 15+) Monday-Friday 3/30-4/3 at 9:30am

Spring Break Basketball Camp (Grades 2nd – 8th) 3/30-4/1 at 10:30am and 12:30pm

Adult Programs:  
Chen Tai Chi (ages 17 and up) Tuesday and Thursday at 7:00pm

Cardio Kickboxing (ages 18 and up) Tuesday, Thursday & Saturday at 9:15am

Jazzercise (ages 18 and up) Mondays, Wednesdays, Fridays & Saturdays

Orangevale Ukelele Fretters (ages 18 and up) Mondays at 1:00pm

Artist Studio (ages 35 and up) Mondays at 11:30am

Men's 3 on 3 Hoops (ages 35 and up) Wednesdays at 7:00pm

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