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## ANNOUNCING THE 2026 RED, WHITE & BLUE PARADE THEME!



### Stars, Stripes & Small-Town Pride

Mark your calendars for Saturday, May 30, and join us as Orangevale comes together for one of our most cherished community traditions — the annual Red, White & Blue Parade.

This year's theme, Stars, Stripes & Small-Town Pride, celebrates the patriotic spirit, hometown values, and strong sense of community that make Orangevale such a special place to live, work, and gather. We invite local businesses, nonprofits, schools, service groups, families, and neighbors to showcase their creativity and community pride through festive floats, decorated vehicles, walking groups, music, and more.

The Red, White & Blue Parade is proudly sponsored by the Orangevale Chamber of Commerce, and proceeds from the event will support local women veterans, honoring their service and providing meaningful assistance within our community.

Whether you participate in the parade or line the streets to cheer, this event is a wonderful opportunity to celebrate our nation, honor those who serve, and enjoy the small-town spirit that brings Orangevale together year after year.

Registration and event details are available at: <https://www.ovsummerpalooza.com/red-white-blue-and-parade>

Let's come together to celebrate America — and the pride of our Orangevale community!

## ORANGEVALE FAIR OAKS ARTS COUNCIL: CREATING CONNECTION



### ORANGEVALE FAIR OAKS ARTS COUNCIL: CREATING CONNECTION

By Michael Cole  
Founder - OVFO Arts Council

Art has a unique way of transforming a neighborhood into a community. Whether it's a mural that adds some color to your daily commute, or a workshop that sparks a child's imagination; creativity is the heart of a vibrant, thriving town and brings people together. That is exactly why we have officially launched the Orangevale Fair Oaks Arts Council.

Born from a passion for the arts, and a love of this unique, tight knit community, OVFO Arts Council was founded to support and promote local artists, while also uplifting our local ecosystem through putting art into action. We encourage creative expression through events, public art installations, and by creating connections between our local creatives, businesses, and civic leaders.

We are currently building a roster of local artists and supporters to move this project forward. From advocating for new public art installations to planning collaborative events that showcase local makers, our goal is to make our streets a little brighter and bring our community together through the vehicle of creative expression. Whether you're a lifelong creative, or simply have an interest in the arts, there is a place for you in our organization.

OVFO Arts Council is a grassroots effort and during this period of exploration, and growth, we need your support more than ever. We are currently planning our first Council Mixer, and will be hosting a raffle (sponsored by Palmer Realty) to help us generate the funds needed to become a registered nonprofit. We are looking to begin having weekly creative workshops and classes, as well as providing services to artists who need a platform to grow themselves professionally.

If you would like to get involved, please visit our instagram page @ovfo\_artscouncil or email our president Michael Cole at [kingsnog@gmail.com](mailto:kingsnog@gmail.com) for more information on how you can support our efforts



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# ABOUT THE VIEW



## ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

### SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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### DATES TO REMEMBER

**MARCH 2026**

**MAR 4 • Public Deadline**

**MAR 13 • OUT TO PUBLIC**

**MAR 18 Public Deadline**

**MAR 27 • OUT TO PUBLIC**

**APRIL 2026**

**APR 1 • Public Deadline**

**APR 10 • OUT TO PUBLIC**

**APR 15 Public Deadline**



When: Saturday, March 14, 2026  
Where: The Horticulture Center – 11549 Fair Oaks Blvd., Fair Oaks, CA 95628 Time: 9:00 a.m. to 12:00 p.m. Cost: Free, rain or shine UC Master Gardeners staff all areas of the one-acre demonstration garden including Herbs, Orchard, Vineyard, Berries, Compost, Vegetables, and Water-efficient landscape gardens.

Crafter's Supply and Exchange Sale  
March 14 -from 9am -2pm at the Orangevale Grange. Public welcome. Free admission. For more information visit [www.ovgrange.org](http://www.ovgrange.org)

ROOT CELLAR - Sacramento Genealogical Society's Spring Seminar  
Date: 18 April 2026 Place: Maidu Community Center, 1550 Maidu Drive, Roseville, CA Time: 10:00 am – 5:00 pm, doors open 9:15 am  
Speaker: Drew Smith of Genealogy Connection Podcast Cost: \$50.00 members, \$65.00 non-members Be sure to register early. Seating is limited. Registration ends 10 April 2026  
Registration: [www.rootcellar.org](http://www.rootcellar.org)  
Questions: [seminar@rootcellar.org](mailto:seminar@rootcellar.org)



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▲ Good luck, and we can't wait to celebrate with you!

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3/30-4/3  
8AM-5PM

## WIGGLES & GIGGLES SPRING BREAK CAMP

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# ANNOUNCEMENTS



BRAD TATUM  
1953-2026

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## Celebration of Life for Brad Tatum Publisher, Orangevale View

Please join family, friends, and the Orangevale community as we gather to honor and celebrate the life of Brad Tatum, whose dedication and passion for local news and community connection made a lasting impact on Orangevale.

SUNDAY, March 15  
1:00 PM  
Orangevale Grange  
5807 Walnut Avenue,  
Orangevale

All who knew Brad, worked with him, or were touched by his commitment to our community are warmly invited to attend as we share memories, stories, and celebrate his life and legacy.

## HUMAN KINDNESS

Dear Editor,

I'm writing to you tell you about a wonderful act of kindness I received this past week.

On Saturday 2/7, I filled my car with gas at the QuikStop at Hickory and Greenback and carelessly failed to retrieve my AmEx card. On Sunday I received a call from an unfamiliar # and didn't answer. Later I noticed I had a voicemail from a person who identified himself and told me he had found my card and where. Until that moment I hadn't even realized I didn't have it.

Jacob had found my card and then proceeded to try to locate me. He found my phone # online after quite a search. We met up back at the QuikStop. This kind man had gone to much trouble but would not accept any kind of reward. However I want folks in Orangevale to know there is such a person living amongst us. Thanks again to Jacob.

Sincerely,  
Susan F



**Summer at the Y & Bear Valley YMCA Camp**

Summer is closer than you think- Registration for YMCA summer camps are now open! From adventure-filled day camps to unforgettable overnight camp experiences in the mountains, the Y is where kids grow, explore, and belong. Families are encouraged to register early to secure their spot.

**Aquatics Updates**

Rollingwood Aquatics continues to provide programs for swimmers of all ages and abilities.

- Rollingwood Rockets Swim Team: 2026 registration is open!
- Swim Lessons: A new session begins soon, focusing on water safety, skill development, and confidence building.
- Swim Clinics: Great for stroke technique, starts, turns, and endurance training.

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# OV CONNECTION

Informing, Empowering & Engaging Readers With Their Community



Patsy McGavock  
JustServe.org

## WHERE GENERATIONS MEET

### Part 1: Turing Strain Into Strength

By Patsy McGavock, JustServe.org

*(This is the first in a three-part series: Part 2 examines challenges and local solutions; Part 3 shares practical ways, and the necessity, to build lasting generational bonds.)*

In a quiet corner of the public library, a teenager scrolls through scholarships and job listings while an older man studies his retirement account a few tables away. They never speak. Yet both are doing the same math — calculating security in an uncertain economy. One worries about getting started. The other worries about running out. What lingers is not their age, but the shared weight neither can see.

Contrary to headlines, national studies do not describe one fragile generation. They describe a society under strain. Young adults report the highest levels of anxiety and psychological distress; adults in their 30s and 40s report high loneliness while balancing careers and caregiving; and older adults face serious risks tied to isolation, including heart disease, stroke and cognitive decline, according to surgeon general studies.

There's also a hopeful pattern — the stage of life that

produces strain often produces assets another lacks. Fit them together like the peaks and valleys of a gear, and forward motion follows, magnified as more gears join the lift — each age settling into the valley of another's strength.

Older adults carry long-range perspective, having seen recessions end, cycles turn and movements succeed. That perspective steadies youthful concern while reducing seniors' risk of isolation. Whether reading in classrooms, mentoring small-business owners or serving on boards, they remain civic assets rather than sidelined observers.

Midlife adults sit at the tightest point — stretched between generations, holding both at once. Skilled at managing schedules and institutions, they mentor the young while supporting elders. When connected upward to elders' perspective and downward to youthful possibility, they report deeper purpose, reframing caregiving from isolated obligation to shared meaning and continuity.

Communities that normalize those connections distribute responsibility more evenly: a ride to an appointment, a college application review, a shared meal that becomes a three-generation conversation.

Generational connections also address one of America's most urgent health concerns shared across age: loneliness. The difference is visibility. Older adults may be alone at home. Teenagers alone in plain sight. Midlife adults unseen in the caretaking, career-keeping shuffle.

Research shows people thrive when connected beyond peer groups alone: Youth with at least one

trusted non-parent adult see stronger academic and life outcomes and less high-risk behavior; midlife adults gain renewed purpose; seniors find meaningful contribution.

Yet this is not America's natural pace. Programs, infrastructure and housing separate us by age, creating divisions that become emotional as well as structural. Surveys show rising perceptions that generations no longer share values or economic realities — “those boomers” vs. “entitled millennials.” Generational connection must be intentional and forgiving.

Cross-generational relationships also strengthen what every town says it wants: trust, mutual responsibility and a sense that “we're in this together.” When a teenager knows the name of the older neighbor — and that neighbor sees the teen as more than a headline — we reduce fear and increase belonging across the entire lifespan. In brittle civic times, such ties are stabilizers.

It's a choice. When generational gears do not touch, each spins alone. When they interlock, shared strength turns strain into motion.

So the question isn't whether cross-generational connection is “nice.” It's whether we're willing to make it normal — not a special event or service hour, but a rhythm woven into daily life: Invite someone a generation older or younger into your routine. While there, share a skill, ask a story and build a new, magnified way of being together.

Patsy McGavock is a volunteer writer and community advocate. Connect with Patsy at PatsyMcGavock.JustServe@gmail.com.



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# Orangevale

## HISTORY PROJECT

### SCHOOL TOUR 2026

The museum was full of second graders in February who were interested and curious. Docents were able to share information on Orangevale community over the years with the current exhibits.

The students experienced making flour with walnuts (acorns were available too hard to crush) in an actual mortar and pestle which are in our artifacts. They learned also about other plants and seeds the Native Americans prepared from the land for food. In the next session they learned how Orangevale was formed including how residents came from afar. They got to see several old tools

on display. In one of the next sessions found them on a bear skin rug being captivated by stories of the past. The other session allowed them to play “I Spy” allowing them to see all the displays of interest and viewing the Touch screen programs.

Their last project was making a leather bead bracelet followed by eating lunch on the patio. We would love to host other classes or youth groups. Sharing history with the students was a delightful experience. We are always interested in hosting youth groups.

Orangevale History Project meets the first Tuesday of the month at 6pm at the Orangevale Library (Mar to May) – The March 3rd meet-



ing presentation presented by Dick Cowan on Restoring California’s State Capitol offers a captivating insider’s account of the landmark restoration of California’s historic Capitol building—told by John C. Worsley, the former State Architect who

led the effort to save and strengthen the original 1869 structure. The public is invited.

Visit the website at OrangevaleHistory.org  
Museum Telephone 916 800-4711

### SPECIAL FREE DAY AT ORANGEVALE HISTORY MUSEUM

Families are invited to enjoy a fun-filled afternoon at the Free Museum Day at the Orangevale History Museum on Saturday, March 7. While admission to the museum is always free, this special event features additional hands-on activities designed especially for children — and the young at heart.

The event takes place from 12:00 PM to 4:00 PM at the museum, located at 6920 Hazel Avenue. Free Museum Day brings local history to life, offering visitors a glimpse into family life in the early 1900s through engaging, age-appropriate experiences. Guests can explore a variety of fascinating exhibits, including antique farm tools, a full cow hide, and a special display highlighting the Orangevale Grange, established in 1910, and its important contributions to the community. Interactive touch screens add even more opportunities for discovery.

Young visitors can look forward to special story time sessions, kid-friendly guided tours, and the popular “I Spy” game, which encourages children to search for hidden objects throughout the museum while learning about local history. Throughout the afternoon, several drawings will be held for a special gift.

Free Museum Day offers a wonderful opportunity to celebrate Orangevale’s rich heritage while making lasting memories with family and friends. Everyone is welcome to join the festivities and discover the vibrant history of the region.

For more information, visit OrangevaleHistory.org or call 916-800-4711.



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We went to a game night at a friend's house, and they served the most delicious Brussels sprouts with our dinner. These were so yummy and very easy to make! The name of the card game was Five Crowns and it was a fun game to play with a group of friends!

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View ([editor@ovview.com](mailto:editor@ovview.com)). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

### Dave's Balsamic Parmesan Brussels

1 pound Brussels sprouts  
6-8 slices of bacon  
3/4 cup Balsamic glaze (purchased or make your own), approximately 3/4 cup  
Grated parmesan cheese, enough to sprinkle over top, approximately 1/3 cup

Prepare sprouts by cutting bottoms off and cutting each in half, set aside.

Fry bacon in a large frying

pan. Remove bacon from the pan, leaving the bacon grease in the pan.

Crumble bacon and set aside. Fry prepared Brussels in the bacon grease for 3 minutes; cover pan while cooking.

Season with salt and pepper and cook an additional 3 minutes. Keep cooking and stirring every 3 minutes until sprouts are how you like them. (Approximately 10 minutes) After sprouts are how you like them, add bacon and toss. Then add balsamic glaze and toss until coated. Sprinkle parmesan over the top and toss. Serve and enjoy!

### Homemade Balsamic Glaze:

1 cup balsamic vinegar  
1/2 cup sugar  
Mix balsamic vinegar with sugar in a saucepan over medium heat, stirring constantly until sugar has dissolved. Bring to boil. Reduce heat to low and simmer until glaze is thickened and reduced by half and coats the back of a spoon, about 10 -15 minutes. Set aside until ready to use. Recipe can be doubled or halved. Store extra in refrigerator.

## THE PROBLEM WITH CALIFORNIA'S PROPOSED MILEAGE TAX

By Assemblyman Josh Hoover

I was disappointed last month when the Assembly passed AB 1421 (Wilson) over strong bipartisan objections. This legislation sets the stage for a new per-mile tax on drivers across our state—a move I opposed for its potential burden on everyday Californians without adequate safeguards.

Advocates for AB 1421 downplay the risks, insisting it's merely a directive to "study" the contours of a mileage-based fee or road user charge. Indeed, the bill's language focuses on preparing research and recommendations for such a system. But let's be candid: In Sacramento, we don't commission studies on policies we have no intention of pursuing. This "study" is a thinly veiled precursor to implementation, and it demands scrutiny.

What concerns me most is the rush to explore this without ironclad protections for taxpayers. That's why I joined my colleagues in pushing ACA 12 (Wallis). This proposed constitutional amendment would mandate a two-thirds vote threshold for any state or local mileage tax, ensuring broad consensus. It would also ban "double taxation" by exempting drivers who already contribute through the gas tax. Regrettably, the supermajority in Sacramento rejected it on the floor, sidelining these essential guardrails.

To gauge public sentiment, I recently surveyed hundreds of constituents in my district. The results were unequivocal: A staggering 96% opposed any per-mile tax



Assemblyman Josh Hoover

lacking protections against double taxation. Even if the gas tax were entirely eliminated, more than 67% would still reject a mileage-based system. However, support shifted modestly when the tax was framed as applying solely to zero-emission vehicles (ZEVs), which currently evade the gas tax: 49% favored it, while about 40% opposed.

This nuance reveals a core inequity. Drivers of traditional gas-powered vehicles bear a disproportionate share of funding our roads through fuel taxes, whereas ZEV owners pay only a marginally higher registration fee. As electric vehicles proliferate—encouraged by state incentives—this imbalance will only worsen, eroding the revenue base for infrastructure maintenance.

Yet AB 1421 fails to confine the tax to ZEVs. Instead, it opens the door to a blanket levy that ignores the realities faced by low-income and rural residents. Many in these communities commute longer distances to work, school, or essential services, meaning they'd shoulder a heavier load under a miles-traveled model. Compounding this, serious privacy issues loom: Accurately tracking every mile driven could invite in-

trusive surveillance, eroding personal freedoms without clear data protections.

Make no mistake, our roads desperately need investment. California ranks a dismal 46th nationally in road quality, despite imposing the highest gas taxes in the country. As a member of the Assembly Transportation Committee, I've consistently fought against diverting these revenues to non-transportation uses. We must prioritize fixing potholes, streets, and highways with existing funds before inventing new taxes.

Imposing a mileage tax without robust taxpayer safeguards isn't progress, it's a regressive hit on those least able to afford it. In a state already grappling with sky-high living costs, from housing to groceries, this would further strain hardworking families, commuters, and small businesses.

As lawmakers, we owe Californians better: a transparent, equitable solution that rebuilds our infrastructure without punishing drivers. Let's demand accountability and reject half-measures like AB 1421. Our roads and our residents deserve no less.

Assemblyman Josh Hoover is a member of the Assembly Transportation Committee and represents the 7th Assembly District in Sacramento County, which includes the cities of Citrus Heights, Folsom, and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale, and Rosemont. You can follow him on X @joshua\_hoover or contact his office at [Assemblymember.Hoover@assembly.ca.gov](mailto:Assemblymember.Hoover@assembly.ca.gov).

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**Twin Lakes Riding Club:  
A 65 Year Tradition of  
Horses, Family, and Com-  
munity**

By Heidi Guitron,  
President-Elect

Established by local residents who wanted a place to ride horses and gather as families, Twin Lakes Riding Club has continued that tradition for more than six decades. What began as a grassroots effort to preserve equestrian land and create community around horses has grown into a welcoming, family-friendly organization that serves riders of all ages and experience levels.

Today, Twin Lakes Riding Club remains dedicated to fostering horsemanship, sportsmanship, and connection — both in the saddle and on the ground. As we head into spring, we're excited to kick off another season of events open to the public. Our next Mini Clinic, April 11th invites families to come meet and learn about miniature horses — everything from driving to riding to the many unique things these small but mighty equines can do. It's a hands-on, educational opportunity perfect for those who are horse-curi-



ous or simply want a fun and interactive experience.

We also host a Spring Family Fun Day April 26th, featuring horse-themed games that can be played mounted or on foot. Guests may also enjoy a petting zoo and other family-friendly activities.

It's a wonderful introduction to the horse community and a great way to spend time outdoors with neighbors.

Our official show season begins in April and runs through September. We offer English, Western, and Gymkhana schooling shows, all open to the public. Whether you're an experienced competitor or just enjoy watching horses and riders showcase their skills, these shows are exciting, supportive, and



welcoming events for the whole community.

Twin Lakes Riding Club is entirely volunteer-supported, and we are always looking for helping hands. You do not need horse experience to volunteer — there are roles for everyone. Volunteering is a wonderful way to meet local families, support youth and adult riders, and be part of a long-standing Orangevale tradition. For more information about upcoming events, show dates, or volunteer opportunities, please contact our Show Chairs:

English- Anne Hosner 916-601-3873, Western-Kathy Fransen 916-220-2844, Gymkhana-Cindy Glatz cindy@cglatz.com

Visit our website [www.twinlakesridingclub.org](http://www.twinlakesridingclub.org), or follow

our Facebook Page @ Twin Lakes Riding Club or interact with our community on our Facebook Social Group @ Twin Lakes Riding Club Social Group.

We are proud to continue a tradition that began in 1961 — neighbors coming together to ride, learn, and build community. We look forward to welcoming both new and familiar faces this season.

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**ORANGEVALE WOMAN'S CLUB  
LAUNCHES MARCH  
MENSTRUAL PRODUCT  
DONATION DRIVE**

Imagine your daughter, sister, mom or aunt struggling to afford something as basic as menstrual products. For too many women and girls, that struggle is real. Last year, our community stepped up, helping the Orangevale Woman's Club collect nearly 10,500 menstrual items for local distribution. This March, we're asking you to do it again — and go even further.

Throughout March, the Orangevale Woman's Club will collect menstrual products and new black leggings at donation bins hosted at local businesses listed below. (Schools request new leggings for times when girls need an unexpected change of clothes.)

Menstruation is a natural and healthy process, yet period poverty — the inability to afford menstrual supplies — prevents many women and girls from managing it safely, interrupting their lives, rights and freedoms. In the United States, 1 in 4 teens and 1 in 3 women struggle to afford period products. Women and girls facing affordability challenges often use alternatives such as paper towels, cardboard or rags, or wear products longer than recommended. Neither is effective or sanitary, leading to potential health issues.

Sixty-two percent of teens report that society teaches them to be ashamed of their periods, increasing the likelihood they will not ask for help when it's needed. A study of all 50 states K-12 public school education found that only six states include information on how to use period products to manage menstruation. Thirty-three percent of teens report missing class because of

a lack of period products — meaning your donations can make a real impact not only on physical health, but also on educational success.

It's not just teens. A recent BYU study reported that 36% of adults surveyed have had to miss one or more days of work each month because they couldn't afford menstrual products. From 2019 to 2024, average prices increased 41% for pads and 36% for tampons. Menstrual products are not covered by food assistance programs, leaving women with limited financial resources struggling to manage this natural process.

While we can't control rising prices, we can open our wallets, hearts and minds by making a donation today. Local organizations benefiting from your generosity including Teen Council of Orangevale & Fair Oaks's supply closets at Casa Roble and Bella Vista High Schools, Pasteur and Carnegie Middle Schools, SJUSD's FACE Mobile and McKinney-Vento program, and Walking the Village's Tubman's House.

We thank the following local businesses for hosting collection bins: The Last Tangle Salon and Spa, Grocery Outlet Orangevale, Rollingwood YMCA, Orangevale-Fair Oaks Food Bank, First Sip Coffeehouse, Rebel Rhythm Cycle, Kindred Play Collective and The Caring Kitchen Bakery.

You can also donate using the QR code in our photo or access our wish list at [www.orangevalewomansclub.org](http://www.orangevalewomansclub.org).

Please donate today — because every girl deserves confidence.

Submitted by Gail Kenney

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**Pupperoni (A877495)** – 1-year-4-month-old Pit Bull Terrier mix. Sweet, shy, now enjoys walks and gentle affection. Needs a patient family. In foster care—contact [foster@saccounty.gov](mailto:foster@saccounty.gov). [24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A877495](http://24petconnect.com/SacramentoCountyAdoptablePets/Details/SACC/A877495)



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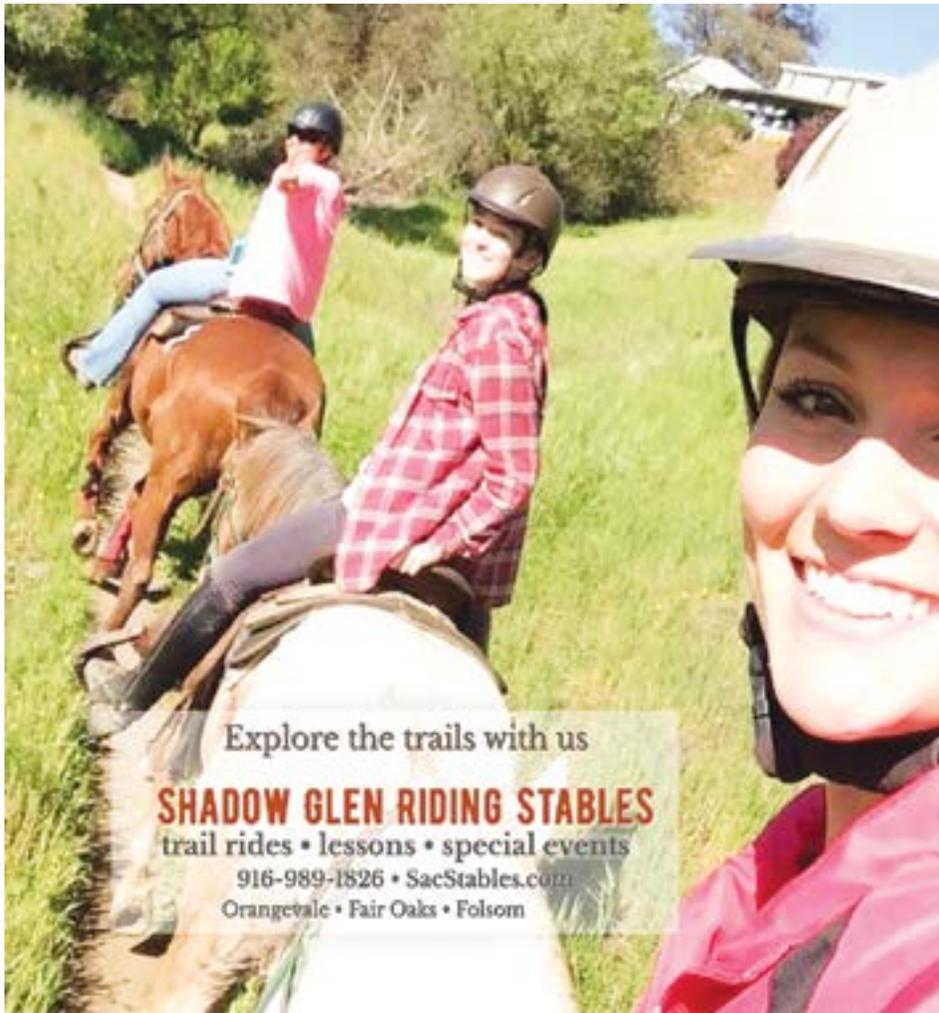
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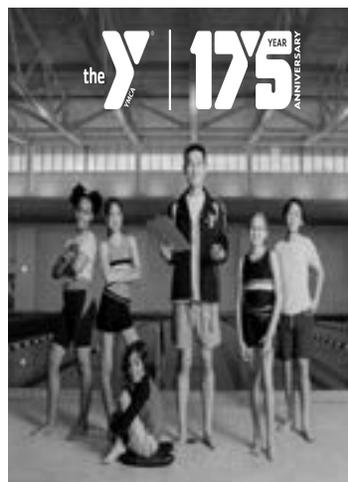
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Harris Center for the Arts

Folsom, CA — The Folsom Lake Symphony invites families throughout the region to experience an exciting and educational musical adventure at its Family Concert on Saturday, March 14, 2026 at 11:00 AM at the Harris Center for the Arts.

Designed for listeners of all ages, this lively one-hour program features Benjamin Britten's beloved *The Young Person's Guide to the Orchestra*, complete with engaging narration by Omari Tau. The work introduces audiences to the instruments of the orchestra in a fun, accessible format—highlighting their unique sounds and personalities while dem-



onstrating how they come together to create a full symphonic experience.

The concert also showcases the Symphony's Young Artist Competition Winner, 15-year-old violinist Arthur Bekdjanov, performing the first movement of the *Violin Concerto in D minor, Op. 47* by Jean Sibelius. This virtuosic masterpiece provides an inspiring highlight and celebrates the exceptional talent of young musicians in the community.

Following the performance, families



are invited to participate in the Symphony's popular Instrument Petting Zoo in the lobby. Children will have the opportunity to try orchestral instruments firsthand under the guidance of symphony musicians—making music education interactive, engaging, and memorable.

"This concert is all about sparking curiosity and joy," says Maestro Peter Jaffe. "We want children to see, hear, and experience the orchestra up close—and maybe even imagine themselves on stage one day."

Omari Tau is a versatile performing artist, educator, director, and composer, equally comfortable narrating and vocalizing with over 30 years in the arts. He toured with the international company of Disney's *Lion King* and other credits include roles at many Tony Award-winning theaters and in various recordings.

Tickets are available at [www.folsom-lakesymphony.com](http://www.folsom-lakesymphony.com)



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**HELPING HANDS OV  
 HOPS INTO EASTER  
 BASKETS FOR KIDS  
 IN NEED AND SPRING  
 COMMUNITY CARNIVAL**

Helping Hands OV is once again calling on the community to help put a hop in the step of kids in need through its annual Easter Baskets for Kids in Need Program, an adopt-a-child-style initiative designed to bring joy to local children this spring. Community members, families, clubs and organizations are encouraged to adopt a child by selecting an age and gender. Donors then receive detailed information about the child or children they are sponsoring, allowing them to create personalized Easter baskets filled with treats, activities and spring surprises. Families who may be experiencing financial hardship are also invited to apply to receive Easter baskets for their children. All applications to

give or receive baskets must be completed by March 11. "We rely on the generosity of our community to make this program possible," said Helping Hands OV President, Sydnie Anderson. "These baskets are more than items—they're a reminder to kids that their community sees them, cares about them and wants them to feel special." Registration details and full program information can be found at [helpinghandsov.org](http://helpinghandsov.org) under the Easter Baskets for Kids in Need tab. Donors are urgently needed to ensure every child who applies receives a basket. In celebration of the Easter season, Helping Hands OV is also excited to bring back its Spring Community Carnival & Food Drive, a free, family-friendly event open to all. The carnival will feature games, activities and free photos with the Easter Bunny, generously sponsored by

Rose Senior Placement. Community members attending the carnival are encouraged, if able, to bring a food donation to support the Orangevale-Fair Oaks Food Bank, where the need for assistance continues to rise. Helping Hands OV is proud to lend a helping hand by supporting local families facing food insecurity. School groups, clubs, nonprofits and other organizations are invited to join the fun by hosting a free carnival booth featuring a family-friendly activity. Organizations interested in participating should contact Helping Hands OV at [helpinghandsov@yahoo.com](mailto:helpinghandsov@yahoo.com) by Feb. 28 for more information. Together, these programs reflect Helping Hands OV's mission of connecting the community, one hand at a time — spreading kindness, meeting growing needs and creating moments of joy for children and families throughout Orangevale and Fair Oaks.

**Helping Hands OV**  
**Easter Baskets**  
 for Kids in Need Program

**Adopt a Child**  
 Sign up to create an Easter basket for a child in need!

**Request a Basket**  
 Register to receive an Easter basket for your child!

**Register by March 11th!**  
 Visit [helpinghandsov.org](http://helpinghandsov.org)  
 Click on the "Easter Baskets for Kids in Need" tab

**Put a hop in the step of a Child in need!**

**Chopsticks Perceived**

Chopsticks that are perceived as uncooked noodles led to the idea that uncooked noodles could have been the very first chopsticks. Hunger took the form of how or what caused this? Adding on to this gripping subject of discussion, one of my friends wondered (just before a luncheon) what if a bunch of noodles are really cooked chopsticks? Here's my response (after she posits):

If folks unknowingly eat them, they've been tricked by these 'sticks.

A slow day (going okay) allowed these topics.

A day that may feel slow is still a chance to grow and consider more than what we think we know...

-Z.F. Thrimelj

# ORANGEVALE LIBRARY

ORANGEVALE LIBRARY  
8820 Greenback Ln L,  
Orangevale, CA 95662

## HOURS

Tuesday 10AM–6PM  
Wednesday 10AM–6PM  
Thursday 10AM–6PM  
Friday 10AM–6PM  
Saturday 10AM–6PM

Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone.

## KIDS

Family Storytime Thursdays, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Join us for songs, rhymes, movement ac-

tivities and stories all designed to support the early learning skills of young children.

Explore and Learn Tuesdays, 11:00 a.m. - 12:00 p.m. Jane Wise Community Room Join us for Explore and Learn, a program with fun learning activities for young children and their caregivers to meet others and play together.

Family Art Lab Saturday, February 28, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want!

Minecraft Gaming Thursday, March 5, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game on our own library server! Participants should be aged 6 - 17; Registration

is encouraged at [www.saclibrary.org/events](http://www.saclibrary.org/events).

Read to a Dog Friday, March 13, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Kids are invited to practice their skills by reading aloud to a certified therapy dog (and their handler). Attendees may bring a book to read or choose one from the library.

STEAM - LEGO® Robotics Saturday, March 21, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Led by a team of student instructors, kids ages 9 to 14 will work in groups to design, build and program a LEGO® robot and learn STEAM skills with this fun, hands-on project.

## Adults

A Matter of Balance Wednesday, March 4 - March 25, 12:00 p.m. - 2:00 p.m. Jane Wise Community Room Agency on Aging Area 4 is

offering this fun, socially engaging educational workshop for older adults at the Orangevale Library for FREE!

Genealogy: Getting To Know You Saturday, March 7, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Learn more about genealogy with our volunteers from the Root Cellar Genealogical Society. Age group: Adults

Genealogy: Book a Genealogist Saturday, March 7, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room

Need help with your family history? Root Cellar volunteers are ready to help with free individual 30-minute sessions at the Orangevale Library. Reserve your session at [www.saclibrary.org/events](http://www.saclibrary.org/events) Age group: Adults

Mixed Media Art Journaling Saturday, March 14, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room

Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. Age group: Adults

Orangevale Adult Book Group – The Ministry of Time Saturday, March 21, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading The Ministry of Time by Kaliane Bradley. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.



Orangevale Recreation & Park  
District  
6826 Hazel Avenue  
Orangevale, CA 95662  
Office Hours:

Monday-Friday - 8:30am-4:30pm  
Phone Number: (916) 988-4373

Upcoming Event: Ties & Tiaras Dance- February 28th – 6-8pm. Dinner, DJ, Photo Ops, and Fun! Bring your special kiddo and dance the night away! Location: Orangevale Community Center

Youth Programs: Baby Ballet (Ages: Walking- 3y)

Mondays at 9:00am Pre-Ballet (Ages 3-6y) Mondays at 9:30am Zumbini (Ages 2 Months- 4years) Wednesdays at 10:00am Adventure Crew Day Camp (Ages 5-12) March 30th – April 3rd Mini Ninja (ages 3-6) Mondays at 3:15pm and Tuesdays at 9:15am Kids Ninja (ages 6-12) Mondays and Wednesdays at 4:45pm Parents Night out March 13th at 6pm Robothink and Robothink Jr. Thursdays at 4:30pm Amazing Athletes and Amazing Athletes Tots Tuesdays at 4:30pm Skyhawks Soccer (ages 6-12) Mondays at 4:45 Skyhawks Track and Field (ages 6-13) Fridays at 3:50pm Skyhawks Beach Volleyball (ages 7-13) Tuesdays at 3:50pm Skyhawks Pickleball (ages 6-13) Wednesdays at 3:50pm Skyhawks Tennis (ages 6-13) Wednesdays at 5:00pm OVparks Top Notch Basketball League Grades K-8th starts March 23rd Basic Horsemanship (Ages: 8-15) Fridays 4:00-5:15pm Life Guard Training with Title 22

(Ages 15+) Monday-Friday 3/30-4/3 at 9:30am Spring Break Basketball Camp (Grades 2nd – 8th) 3/30-4/1 at 10:30am and 12:30pm

**Adult Programs :** Chen Tai Chi (ages 17 and up) Tuesday and Thursday at 7:00pm Cardio Kickboxing (ages 18 and up) Tuesday, Thursday & Saturday at 9:15am Jazzercise (ages 18 and up) Mondays, Wednesdays, Fridays & Saturdays Orangevale Ukelele Fretters (ages 18 and up) Mondays at 1:00pm Artist Studio (ages 35 and up) Mondays at 11:30am Men's 3 on 3 Hoops (ages 35 and up) Wednesdays at 7:00pm

Follow us on Instagram, Facebook, and TikTok or subscribe to our E-Newsletter for the latest updates & more program information! @ovparks

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