

Orangevale View

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10th ANNUAL CAMELLIA SHOW and COMPETITION

Historic Murer House and Gardens will display their annual Camellia Show and Competition on February 28, 2026 from 10:00 a.m. until 2:00 p.m., 1125 Joe Murer Court, Folsom. Greg Gayton of Green Acres Nursery will be featured, speaking at 11:00 a.m. on growing tips. The entire event is free to the public.

The Camellia Society of Sacramento will be on hand to help identify varieties and answer questions. The public is invited to enter up to five blooms and/or arrangements of camellias. Ribbons will be awarded for "People's Choice" and other prize divisions. Entries will be accepted starting at 9:30 a.m. the day of the event.

A drawing for camellia plants will be held at 1:30 p.m. Free tours of Murer House and Gardens is also offered that day.

The Murer House and Gardens is across Folsom Boulevard near historic Sutter Street. The home was built by Guiseppe Murer of Italy who purchased the site in 1921 and constructed the home in 1925. For more information, contact Rhonda DesVoignes at bdesvoignes@comcast.net or call the Murer House at (916) 413-9231.



FEBRUARY 8

ORANGEVALE GRANGE #354
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FROM LIVING ROOMS TO LOCAL BUSINESSES, COMMUNITY RALLIES FOR VALENTINES FOR SENIORS

Tables covered in cardstock, markers and glitter are popping up all over the community as Helping Hands OV celebrates its 6th annual Valentines for Seniors, a heartwarming tradition fueled by neighbors gathering to make handmade cards together.

What started as a simple act of kindness has grown into a full-blown community movement. Friends, families, students, churches and local businesses are hosting card-making parties, turning Valentine's crafting into a fun way to connect while spreading love to seniors who may be feeling isolated.

This year's goal is 10,500 handmade Valentine's cards, which will be distributed to seniors in more than 300 communities across Sacramento, Placer and El Dorado counties. Community members are encouraged to make cards and drop them off by February 4 at any of the 30-plus drop-off locations listed at helpinghandsov.org.

The rules are simple: bigger cards are better, no envelopes, and no personal information. Cards should be signed "from a friend" or with a first name only and include a kind message inside.

Card-making parties have already been happening across the region. Bella Vista AVID students and Redeemer Covenant Church recently gathered to create cards, while neighbors have hosted parties in their homes. Safe Credit Union Fair Oaks brought staff together for a workplace card-making event, and local favorites MODE Brewing and Kitchen and Create, Make and Mingle have hosted community-wide parties that warmed hearts.

Several upcoming card-making events are open to the public. Helping Hands OV will host a community card-making party Jan. 31 from 10:30 a.m. to 1:30 p.m. at the Orangevale Library. Katie Yount State Farm will host a family-friendly party Feb. 5 from 2:30 to 5 p.m., complete with drinks and snacks. That evening, Scotty's Hideaway will host a card-making party from 4 to 9 p.m., offering drink specials for participants.

Businesses are also adding creative incentives. Rodworks Folsom is hosting a special raffle for those who drop off cards, while Miller's Ace Hardware has set up a crafting table so customers can make Valentines while they shop.

Once the cards are collected, volunteers are needed Feb. 7 from 11 a.m. to 2 p.m. at Oakmont Senior Living in Fair Oaks to help read and count every card before delivery. Volunteers can sign up at helpinghandsov.org by scrolling to the calendar and clicking "Upcoming Volunteer Opportunities."

Whether making cards at home, joining a party or helping count them, Helping Hands OV invites everyone to be part of a tradition that proves community connection can be as simple — and powerful — as a handmade Valentine.

Submitted by Helping Hands OV
helpinghandsov@yahoo.com



Helping Hands Orangevale has launched its annual community-wide "Valentines for Seniors" campaign and many students in Mrs. Carlson's SCORE Academy classes at Casa Roble High School have been making Valentine cards to share a bit of love and kindness to senior citizens for Valentine's Day.

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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DATES TO REMEMBER FEBRUARY 2026

FEB 4 • Public Deadline

FEB 13 • OUT TO PUBLIC

FEB 18 Public Deadline

FEB 27 • OUT TO PUBLIC

MARCH 2026

MAR 4 • Public Deadline

MAR 13 • OUT TO PUBLIC

MAR 18 Public Deadline



Polar Bear Plunge Fundraiser: □
January 31 (supports OV Park Fund & scholarships) Orangevale Community Center

Sacramento Republican Women Federated will hold its February 4th, Wednesday, Meeting/Luncheon; 11:30AM - 2:00PM, at North Ridge Country Club, 7600 Madison Ave. Fair Oaks. RSVP by January 28. Guest speaker: Heather Hadwick, Assembly Dist. #1.

Farm & Garden Club February 7 □
Orangevale Library (note location change from the Grange) □ 10:30 AM start Guest speaker Baldo Villegas, OVFGC member and Master Rosarian, will present on insects and mites of the home garden. Free to attend

Metro Fire CERT: Come learn how to prepare for emergencies like floods, high heat, or wildfire. Metro Fire CERT will be offering free training this spring. If you live or work in Metro Fire's response area you are eligible to attend. Deadline to register is February 18th 2026 https://metrofire.ca.gov/community-emergency-response-team_cert.program@metrofire.ca.gov



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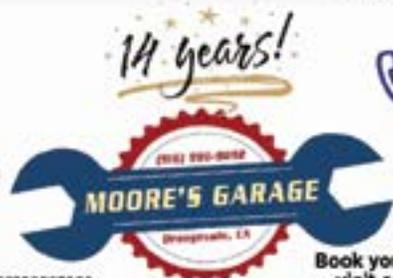
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WHY SATURDAYS MATTER AT THE FOOD BANK FARM



Selections rotate weekly based on what's in season and ready to harvest, making each visit unique. Pricing is designed to stay affordable and competitive with local grocery stores.

The Farmstand has already earned praise from the community. One local shopper recently shared, "Absolutely the best fresh vegetables and good people!"

Saturday mornings at the Orangevale-Fair Oaks Food Bank Farm are all about fresh food and community.

The Farmstand, located at 6401 Main Avenue, is open Saturdays from 9 AM to 12 PM (winter hours), featuring a rotating selection of farm-fresh vegetables grown on the Food Bank Farm and fruit harvested right here in our community.

But The Farmstand is about more than fresh produce — it's about neighbors helping neighbors. Proceeds from The Farmstand directly support the growing Food Bank and Food Bank Farm.

The Food Bank currently serves over 1,400 families each month. In 2025 alone, the Food Bank Farm grew

CONTINUED ON PAGE 6

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Patsy McGavock
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BE DIVERSE BY DESIGN

By Patsy McGavock

If you want to grow—in most anything—there’s almost nothing more powerful than surrounding yourself with people who aren’t like you. Harvard economist Raj Chetty found something powerful when studying whether social capital—dense networks between people and groups—impacts economic success. Cross-class friendships had more influence on upward mobility than school quality or neighborhood income.

Sociologists call this bridging capital: relationships that reach across lines of difference—age, culture, income, belief systems. While bonding capital, which connects us with people like ourselves, provides strong, supportive relationships, bridging capital opens doors to new resources and perspectives beyond our circle.

In communities rich in bridging capital, not only do individuals benefit, but the entire community. There’s a spill-over effect even for those with fewer ties. The more people who reach beyond their comfort zones and connect authentically, the more we all rise.

Research shows such communities benefit at every level—from stronger schools and civic engagement to better health and crisis response. And something deeper—a shared sense of purpose and more abundant living.

While research gives us the why, stories often show us the how—and stay with us in moments of decision.

Six blind men encounter an elephant for the first time. One feels its trunk. “A snake!” he declares. “No, a tree,” says another, touching the leg. “A spear,” insists a third as he finds the tusk. Each is partly right—but entirely wrong. Each only sees part of the elephant. The lesson?

Intentionally inviting voices that see differently makes us clearer, not weaker. When not viewed as a threat, difference offers insight. We begin to understand—sometimes with empathy we didn’t know we lacked.

Now imagine a house built by only well-acquainted carpenters. The frame may be fine, but without other trades, it remains cold, unlit, and unprotected from storms. Bonding capital gives a foundation, but only bridging capital pulls together the skills to finish the home of community.

Likewise, a single stone dropped in a pond ripples—but few intersect. Yet, a handful of pebbles yields an array of intersecting waves, bouncing, touching, connecting in beautiful and unexpected ways.

These intersecting relationships matter—providing a highway system of sorts where

skillsets, ideas, and resources move more freely. They also carry mentoring wisdom, support, and opportunity farther than any one person.

Bridging difference is rarely comfortable. It’s intentional. It requires a willingness to sit with uncertainty when we want to retreat. By leaning in, that’s where bridges are built.

Michelle Obama once said, “It’s harder to hate up close.” Empathy is contagious. When we meet difference with curiosity, courage, and patience, we shift the atmosphere. Enter with expectations of good, and let that quiet fear.

As Priya Parker writes: “Thoughtful invitations shape who belongs, and belonging is the gateway to connection.”

That gateway looks like joining groups where not everyone looks or thinks like you. Choosing the seat next to someone you don’t know. Listening more than talking, and asking questions not to challenge, but to understand. It also means accepting you won’t always get it right—and having grace when you try again.

If we want a more abundant future, we must build it—on purpose. Diverse by design. One welcome, one bridge, one shared purpose at a time. Check in next issue for tips on how to lean in rather than retreat—from someone who’s been there.

Patsy McGavock volunteers as a community advocate informing, empowering, and engaging readers with their community. Contact PatsyMcGavock.JustServe@gmail.com.



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ORANGEVALE HISTORY MUSEUM EXHIBITS

By Teena Stern, Archivist

Since the early days of planning for the Orangevale History Project (OHP), the primary objectives were to collect, preserve, and tell the stories of this community. One of the ways that OHP accomplishes this is through the Orangevale History Museum. Established in April 2023, the Museum opened in July, complete with a gift shop, a story telling area for children, a room for displays, and a collections storage area (called the Archives). We began our exhibition journey by establishing first a series of permanent displays that includes a discussion of local Nisenan history, historic maps, and house plots. The

Pow Wow Days festival was also featured. For the July grand opening, a display on the Ladies in White and one on items that we would find in a home were highlighted. We were just getting our feet wet and wanted to show some of the material we had already collected.

To give us a little lead time for the first thematic exhibit, OHP borrowed a panel display from the Citrus Heights Historical Society, what is called a traveling exhibit. The topic was the Sunrise Mall, the first of its kind in the northeastern part of Sacramento County and a place frequented by Orangevale residents. During the six months these panels were up, I heard more fun comments than for any other display. Everyone remembers

“the mall.” It was at this time too that we added a Centurian Corner.

It is no secret that Orangevale has a strong connection to military matters. Many who lived here served in the military or worked nearby at Aerojet or Mather Air Force Base or McClellan Air Force Base. Our collections reflect this. In December 2023,

OHP decided to honor these residents with an exhibit of their own. A wide array of uniforms, photos, documents, and paraphernalia helped to tell this story.

By the summer of 2024, the museum was ready for a new display. OHP decided to showcase a local business. The Boardwalk exhibit included a signed Tesla guitar, original artwork, and numerous playbills. Orangevale loves music and this is one of the ways that we enjoy ourselves.

After a reorganization of the front room from a child’s reading area to another area for displays, the space for storytelling via exhibits increased greatly. The topic for our first venture for an expanded interpretive display was education. “School Days in the Vale” allowed us to obtain many school annuals and class photos.

In summer 2025, we installed a display on the Orangevale Woman’s Club. This non-profit organization is over one hundred years old. Items from the OVWC Archives, located at the museum, are featured prominently. Whether each OV resident realizes it or not, the OVWC touches our lives daily with the work that they do. Come see the display and discover for yourself. Because OHP rotates exhibits annually, this one only has until July. But we just installed Agriculture: Then and Now so there is plenty to see! OHP felt it was time to talk about how Orangevale was established - how the Colony came to be and who the players were. Agriculture is how Orangevale began and it is still a big part of the community. Farms presently operating are featured in our panels. The Orangevale Grange, Future Farmers of America, and 4-H are also highlighted in the display as they play prominent roles not only in

local history but today as well.

While OHP has a core Exhibitions Team (Mark Aring, Kay Barnes, and myself), others chip in along the way. I am very grateful for the help provided by OHP members, particularly the docents. For this last exhibit I would like to thank David Royal Dill, Hilda Hawkins, Teri Schuessler, Katy Sunzeri, and Laren Metzger. And to all those who have lent us material to showcase, your contributions and effort are deeply and sincerely appreciated.

There are many topics lined up for OHP to explore. What the museum has in the collections helps us to decide what stories to share. If you have ideas for future exhibitions or would like to contribute in another way, please contact OHP. And thank you OHP for letting me continue to help bring Orangevale history to our members.

Orangevale History Museum 6920 Hazel Ave, open Tuesday, Thursday and Saturdays from 12 pm – 4 pm.

Telephone Number – 916 800-4711

View history on Orangevale History YouTube channel for interviews with community leaders and history meeting presentations.

Website - <https://www.orangevalehistory.org>

Meets on the first Tuesday of the month at the Orangevale Library at 6pm. Come join and participate.

WHY SATURDAYS MATTER AT THE FOOD BANK FARM

Continued from Page 4

and distributed more than 35,900 pounds of fresh produce, helping improve access to nutritious food across the community.

“The Farmstand has given us another way to connect with our community,” said Angela Lee, Director of Foundation Operations. “We’re grateful to serve more people while offering fresh vegetables at prices families can afford.”

The Farmstand opened in June with support from a \$250,000 grant from Republic Services and Rebuilding Together Sacramento, building on the success of programs like veggie boxes and community harvests.

Shoppers can pay with cash or credit cards. Branded reusable bags are available with a donation, or shoppers are welcome to bring their own.

Follow the Food Bank Farm on Facebook and Instagram for weekly Farmstand reminders and Saturday-morning previews of what’s available.

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What was meant to be a day of cold plunges and community fun took an unexpected turn during the Orangevale Parks District's Polar Bear Plunge on Thursday, January 1st. An incident on Dixon Oaks prompted an emergency pause of the Orangevale Recreation and Park District's Polar Bear Plunge event on New Year's Day. Shortly before the event was scheduled to begin, District officials were notified of a nearby law enforcement situation that required a shelter-in-place order along Hazel Avenue. District staff immediately implemented emergency procedures to ensure the safety of all participants, staff, and spectators.

As the situation progressed, law enforcement requested an evacuation of the fa-

cility. Staff coordinated a calm and orderly evacuation, and all individuals were able to exit the area safely. According to news reports, the situation concluded later in that day without injuries.

The Polar Bear Plunge of 2026 was planned to be the first fundraising event for the new OV Parks Fund, a non-profit partnership with the Orangevale Fair Oaks Community Foundation, committed to raising funds to support local youth. The Orangevale Recreation and Park District plans to reschedule the Polar Bear Plunge for Saturday, January 31st at 11:30am and will share updated information with the community once it becomes available. Visit www.ovparks.com for all updated information on the event.

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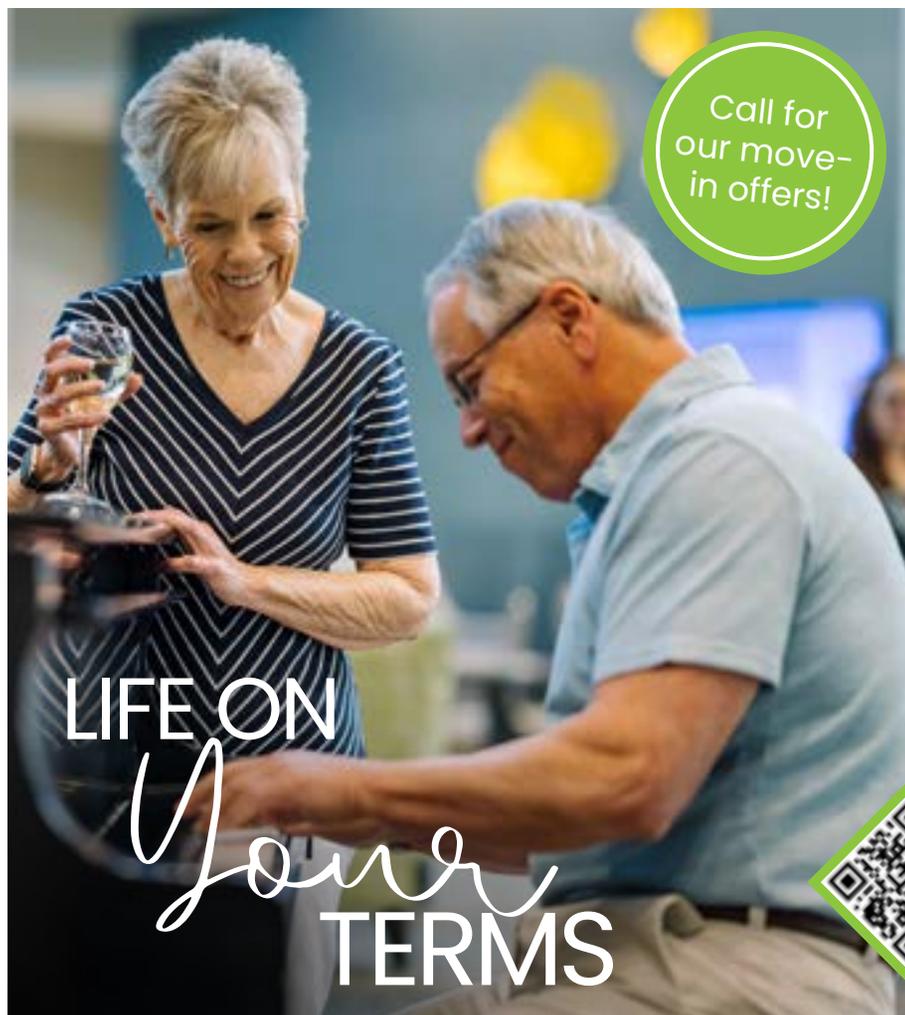
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By Assemblyman
Josh Hoover



Assemblyman Josh Hoover

Earlier this month, I attended Governor Gavin Newsom's first State of the State address to a joint legislative session since 2020. While I appreciated his recognition of my work on the Phone-Free Schools Act, much of his speech showcased a reality distortion field, ignoring California's pressing challenges.

Newsom hailed California as "a roadmap for others to follow," echoing his prior claim of it being "America's coming attraction." Yet, we continue to top national rankings in poverty, unemployment, low literacy, homelessness, gas prices, and outbound migration. These aren't abstract figures—they reflect real struggles for families amid soaring costs of living. Instead of confronting them, his address highlighted selective wins while glossing over systemic failures.

This gap widened with his budget proposal the next day. Despite a multi-billion-dollar deficit, he ramps up spending to \$348.9 billion—\$28 billion more than last year. Even his most optimistic forecasts predict a \$2.9 billion shortfall this year and double-digit deficits ahead. This isn't fiscal prudence; it's a path to deeper cuts and higher taxes burdening residents.

The true deficit is likely steeper. The non-partisan Legislative Analyst's Office (LAO) forecasted \$18 billion in November, and their most recent report calls Newsom's plan "alarming," citing "serious concerns about the state's fiscal sustainability." Ignoring this advice, the proposal relies on shaky premises.

As families battle inflation, this budget favors irresponsible spending hikes over long-term planning. California needs leaders grounded in reality. We also need to stay focused on bold policy changes like streamlining regulations to promote economic growth, boosting workforce skills, and targeting homelessness effectively. Instead, we have an administration that continues to mismanage revenues and deny reality. The Golden State deserves better.

Assemblyman Josh Hoover represents the 7th Assembly District in Sacramento County, which includes the cities of Citrus Heights, Folsom, and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale, and Rosemont. You can follow him on X @joshua_hoover or contact his office at Assemblymember.Hoover@assembly.ca.gov.



Do you use a recipe a few times and then forget about it? This happened recently to me when my husband asked about making stuffed bell peppers. This recipe is from my mother-in-law's file of favorites, but it has been altered through the years by her children and grandchildren. As I am always looking for quick dishes, this one is very easy and it makes great leftovers!

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.



Edna's Bell Peppers
(Suzanne's Version)

- 1 lb ground beef
- Rice (¾ cup uncooked) - you need about 2 cups cooked rice
- Small onion, diced
- 3 bell peppers
- 1 can condensed tomato soup
- Water (1/4 cup)
- Salt
- Pepper

Cajun Seasoning (optional)
Cheese, shredded (mix of mozzarella and cheddar or your choice)

Prepare rice as directed on package. While rice is cooking prepare other ingredients.

Bring a large pot of salted water to a boil. Cut and clean 3 bell peppers length wise from stem to butt. Remove seeds and stem and cook peppers in boiling water for 5- 10 minutes; drain. Set aside.

In a large skillet, sauté beef and onions for 5 minutes, or until beef is browned. Drain off excess fat, and season with salt, pepper and a dash of Cajun seasoning. Stir in the tomato soup, and cooked rice. You decide how much rice you want. Add some water if it seems a thick.

Fill each bell pepper half with the mixture. Place in a baking dish that has been prepared with a non-stick cooking spray. Cook in a 350 degree oven for 20 minutes or until warm through and cheese is melted.

This serves 4 or 3 with lunch leftovers!

Notes: We had extra meat, so you could probably use 4 bell peppers. I used the colored bell peppers because they were more appetizing to me, but green is fine! I added the Cajun seasoning because I thought it needed a bit more flavor.

Choreographer

If a choreographer likes a cookie,
it could be an Oreo
(since choreographer includes
the letters forming oreo).
A cookie can give energy
to dance allegro,
with a trio, with moves
that are adagio,
maybe really low,
and while doing cardio.

The possible new year's
resolution
of exercising more in
January
reminds me of these
thoughts
(that I'm now sharing).
A choreographer
can sweeten moves of a
frolicker.
I hope my poem makes
your day
awesomer...

-Z.F. Thrimej

Local SPORTS



SECOND ANNUAL WAC GIVES BACK!

The Wolverine Aquatics Club has done it again this holiday season. The year-round swim team based in Rocklin, CA collected more than 2300 cans for their annual “WAC Gives Back!” food drive that kicked off the Cranberry Classic swim meet, where swimmers competing from all over the Sacramento area were also able to donate. Led again by senior group swim-

mer, Lynnmarie Wang, the girls again out performed the boys, collecting 1347 cans to the boys 996. Pre-senior swimmer Ali Pasoglu brought the most cans (169) for the boys, while the girls champion was seven-year old swimmer Charlie Peck (200), who each earned a well-deserved Arena swim bag donated by Sierra Nevada Swimming. Great job, swimmers!

More than 2000 lbs of food was collected and donated to the

Orangevale/Fair Oaks Food Bank located at 6483 Main Ave. If members of the community would like to contribute to WAC Gives Back! and watch talented swimmers, mark your calendar for the next annual Cranberry Classic in November 2026.



January \$0 Join Fee Promotion

Now is a great time to join the Rollingwood YMCA with our \$0 Join Fee promotion. New members can start the year feeling strong, supported, and connected while enjoying access to fitness classes, family programs, swim lessons, open gym, and more—all in a welcoming community environment.

JUNIOR PICKLEBALL

This winter, kids ages 8–14 can learn the fastest-growing sport in the country with Junior Pickleball at the Rollingwood YMCA. Led by instructor Gail Kenney, these sessions focus on skill development, teamwork, and confidence in a fun, encouraging setting. All equipment is provided, making it easy for beginners and experienced players to participate.

- Dates: February 18–27
- Days: Wednesdays & Fridays
- Time: 4:00–5:00 PM
- Cost: \$48 YMCA Members | \$60 Community Financial assistance available through Y-Assist.

PICKLEBALL EVENTS FOR ADULTS

We’re offering exciting pickleball opportunities this January, including a 3 Coach Clinic (3.0 & under) where players rotate through focused drills with three instructors and receive immediate feedback, and the Jack Frost Mixed Doubles Round Robin, a fast-paced tournament featuring rally scoring, pool play, and playoffs.

NEW CLASS: AQUA BLAST WATER AEROBICS

Rollingwood YMCA is excited to introduce Aqua Blast, a high-energy water aerobics class led by longtime instructor Ivonne Martinez. This class combines strength and

cardio movements with upbeat Latin-inspired music for a fun, refreshing workout in our indoor pool.

- Wednesdays, 9:30–10:30 AM
- No sign-up required—just show up and jump in.

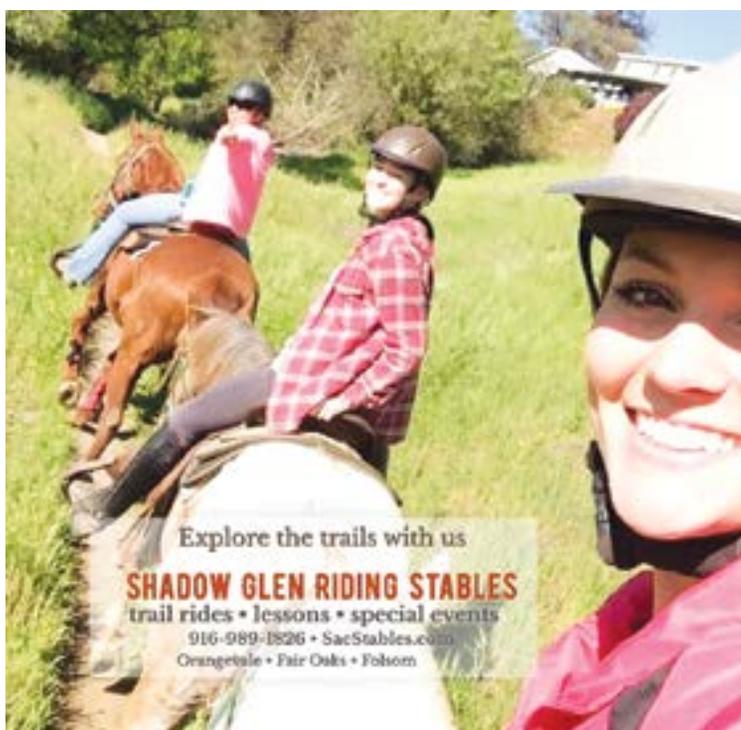
COUNTDOWN TO SUMMER CAMP

Registration for 2026 Rollingwood YMCA Summer Camps opens online in February, with camps beginning June 15. Families can look forward to a summer full of fun, friendships, and unforgettable experiences in a safe, supportive environment.

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DAY	DATE	OPPONENT	LOCATION	TIME
FRIDAY	FEBRUARY 6TH	LIBERTY RANCH	CASA ROBLE	2:30
FRIDAY	FEBRUARY 20TH	BELLA VISTA	CASA ROBLE	3:00
FRIDAY	FEBRUARY 27TH	TWELVE BRIDGES	CASA ROBLE	3:00
FRIDAY	MARCH 6TH	RIVER CITY	CASA ROBLE	3:00
MONDAY	MARCH 9TH	DESTINY CHRISTIAN	CASA ROBLE	4:15
FRIDAY	MARCH 13TH	DESTINY CHRISTIAN	CASA ROBLE	4:15
MONDAY	MARCH 16TH	NATOMAS	CASA ROBLE	4:15
WEDNESDAY	MARCH 18TH	WEST PARK	CASA ROBLE	4:15
THURSDAY	MARCH 19TH	HUGHSON	CASA ROBLE	4:15
FRIDAY	MARCH 20TH	NATOMAS	CASA ROBLE	4:15
WEDNESDAY	MARCH 25TH	SUTTER	CASA ROBLE	4:15
MONDAY	MARCH 30TH	CENTER	CASA ROBLE	9:30
MONDAY	MARCH 30TH	PIONEER	CASA ROBLE	3:30
TUESDAY	MARCH 31ST	BELLA VISTA	CASA ROBLE	10:00
TUESDAY	MARCH 31ST	DAVIS	CASA ROBLE	3:15
TUESDAY	APRIL 7TH	WOODLAND	CASA ROBLE	4:15
FRIDAY	APRIL 10TH	WOODLAND	CASA ROBLE	4:15
MONDAY	APRIL 13TH	DIXON	CASA ROBLE	4:15
FRIDAY	APRIL 17TH	DIXON	CASA ROBLE	4:15
TUESDAY	APRIL 21ST	YUBA CITY	CASA ROBLE	4:15
WEDNESDAY	APRIL 22ND	RIO LINDA	CASA ROBLE	4:15
WEDNESDAY	APRIL 29TH	EL CAMINO	CASA ROBLE	4:15



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Winter Home Safety Reminder

Hello! I hope this finds everyone well and happy.

The weather has been sort of dreary with the cold and the fog and it's actually been keeping me indoors and off of the lakes. As we age, fortunately, keeping us indoors we tend to turn up our heaters or maybe even add a little space heater to be comfortable. Space heaters are great little addition, but most require an appliance circuit of 20 amps or a dedicated circuit. Some, if used on a general lighting circuit, can cause cords to overheat.

You can visually check this by feeling if the cord is hot or warm to the touch or any signs of melting around the prongs.

This brings us to two amazing items that should be in every home, which is both a smoke and carbon monoxide detector. Every year many people are killed from fires in their home by not having these detectors. Breathing smoke from the fire while you sleep is the cause of death as you do not wake up.

Batteries need to be tested annually and if a detector starts chirping that is a sign that a battery needs to be replaced or the detector is failing. Carbon monoxide gas is odorless. Even just one of these placed in the path leading close to your bedrooms could save lives.

With just minimal searching on google I found a combo item for less than \$20. That's a small amount to pay for peace of mind while you sleep. Please check yours, stay warm, and sleep well.

Thanks, God bless.
Danny Miller
Miller Electric

JEFF KINCAID 916.990.0554

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I have no known history with other dogs, I may do well with proper introductions.

I have no known history with cats, I may do well with proper introductions and supervision.

I have no known history with children, I may do well with proper supervision and management.



The Sacramento SPCA is happy to announce that for the third consecutive year, a puppy from Sacramento will be featured in the nationally televised #PuppyBowl! Meet the smallest member of Team Ruff, Sacramento SPCA alumni Gold Nugget! While she is not part of the Most PUPular voting, we expect her to be featured quite

a bit during the pregame broadcast as well as during the Puppy Bowl game itself! You have a chance to meet this pup in person on February 7th at Bike Dog Brewing in West Sacramento as she will be honored on a commemorative beer can.

Don't miss #PuppyBowl Sunday, February 8 at 11am on Animal Planet!

Sacramento SPCA
6201 Florin-Perkins Rd
Sacramento, CA 95828
Desk: 916-504-2834

Placer SPCA Issues Warning About Ongoing Scam Calls Impersonating Shelter Staff

Roseville, CA — Placer SPCA is alerting the community to a recent phone scam involving individuals falsely claiming to represent the organization. These individuals are targeting pet owners who have reported their beloved pets are missing. Several residents have reported receiving fraudulent calls stating that their missing pet has been found, is injured, and requires emergency surgery.

The caller, who identifies themselves as a member of Placer SPCA's front desk staff, has been requesting personal information—including pet details, address, and phone number—and then asks for an upfront payment via third-party apps such as Cash App or Venmo to proceed with surgery. The caller ID falsely displays Placer SPCA's name and phone number, a tactic known as spoofing.

These calls are not legitimate, and Placer SPCA is not affiliated in any way with these individuals.

Key Facts for the Public:

- Placer SPCA does not request or accept payments via Cash App, Venmo, or similar platforms.



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- The organization does not call pet owners to demand payments for emergency procedures.

- All communications regarding found or injured pets are conducted through verified channels, and medical care decisions are always made with proper documentation and consent.

What to Do if You Receive a Suspicious Call:

- Do not share any personal or financial information.
- Hang up immediately.
- Report the call to local law enforcement.
- Contact Placer SPCA di-

rectly at (916) 782-7722 ext. 0 or via email at customer-care@placerspca.org to verify any communication or inquire about a missing pet.

Please note: customer-care@placerspca.org is a safe email to receive from our organization.

Placer SPCA is committed to the safety of the community and their companion animals. We encourage residents to share this information widely to help prevent others from falling victim to this scam.

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Orangevale Chamber Business Spotlight: California Energy Consultant Service

By: MaryAnne Povey

California Energy Consultant Service was recently recognized as Small Business of the Month for California's 7th Assembly District, an honor presented by Assemblyman Josh Hoover during the Orangevale Chamber of Commerce's first Chamber After Hours Mixer.

The recognition marked a special moment for the Cal Energy team, who are well known for helping homeowners with energy and home improvement projects while also consistently giving back to the Orangevale community and the greater Sacramento County area.

In addition to the Small Business of the Month designation, Cal Energy Consultant Service was also acknowledged for its outstanding volunteer support of the Chamber's Bands & Brews throughout the 2025 season. Their involvement has helped make the event a success while strengthening connections between local businesses and residents.

Phil Isaacs, owner of Cal Energy Consultant Service, shared his appreciation for the recognition and emphasized that community service has always been central to the company's mission.

"We're honored to be named Small Business of the Month for California's 7th Assembly District by Josh Hoover," Isaacs said. "This recognition reflects our staff's genuine commitment to giving back to the community. Recognition wasn't expected, but it makes us proud to serve our local town and be part of Sacramento County."

That sense of pride and humility is something many in the community have come to associate with Cal Energy Consultant Service. Through sponsorships, volunteer efforts, and consistent involvement in local events, the team has built strong relationships by simply showing up and giving back.

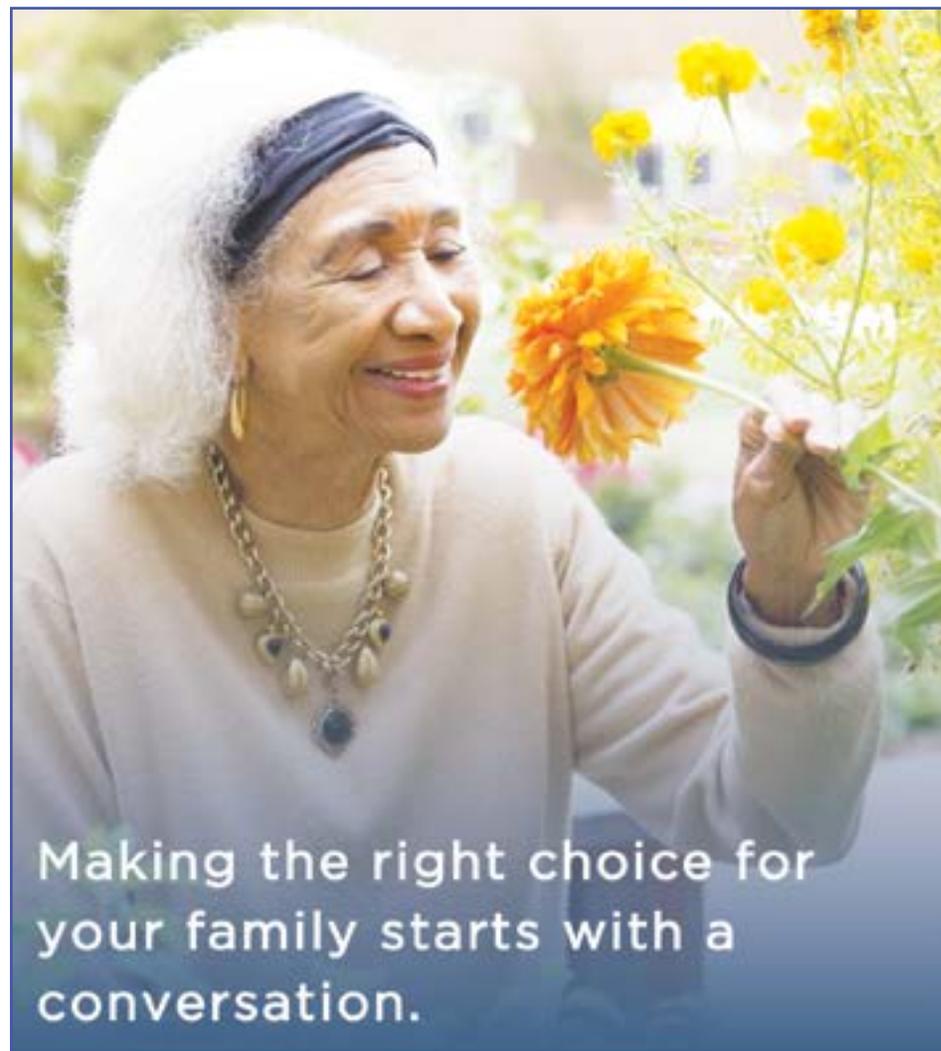
Chamber President Anthony Garcia said Cal Energy Consultant Service represents what local business should be - engaged, dependable, and invested in the community they serve.

Stay tuned for upcoming Chamber After Hours mixers and other Chamber events by following the Orangevale Chamber on Facebook or visiting orangevalechamber.com for updates and to sign up for the weekly newsletter.

About the Orangevale Chamber of Commerce

The Orangevale Chamber of Commerce is a vibrant network of local businesses, community leaders, and residents working together to strengthen and support the Orangevale community. Through events, advocacy, and business promotion, the Chamber helps local organizations grow while fostering meaningful connections that make Orangevale a great place to live and work.

Whether you're a small business owner, entrepreneur, or community supporter, joining the Chamber is a powerful way to build visibility, create partnerships, and stay engaged with what's happening locally. Be part of the momentum—join the Orangevale Chamber of Commerce and help shape the future of our community. For membership details visit www.orangevalechamber.com



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**Ribbon-Cutting Event
 Held for the Jake's
 Journey Home
 Community Assist
 Center on Main and
 Madison**

As she cut the ceremonial ribbon in front of the new Community Assist Center at Main and Madison avenues this afternoon, Jake's Journey Home founder Jeanne Shuman welcomed nearly 100 volunteers, supporters, public officials, and business operators to the opening of a new, fixed location to serve unhoused veterans and other community members at risk in the greater Orangevale community.

Co-ribbon-cutter and Orangevale Chamber of Commerce Board President Anthony Garcia served as emcee, introducing Jeanne and local officials who spoke briefly in appreciation of Jake's Journey Home and presented certificates of honor to its founder. Speakers included Sacramento County Supervisor (District 4) Rosario Rodriguez, City of Folsom Councilmember (District 4) Barbara Leary, and representatives of U.S. Representative (California 3rd District) Kevin Kiley, California Senator (6th District) Roger Niello, Assembly Member (7th District) Josh Hoover and Sonia Mitchell from the Sacramento County District Attorney's Office.

Earlier in the day, KCRA 3 reporter Melanie Wingo interviewed Jeanne for the broadcaster's 8 a.m. and 9 a.m. segments. KCRA 3 also ran the segment during its noon broadcast.

Located at 5936 Main Avenue, the center enables Jake's Journey Home to strengthen its impact built over the last six years helping unhoused, at-risk veterans and community members in Folsom, Oran-



gevale, Fair Oaks, Citrus Heights, and western El Dorado and Placer counties to navigate their current issues toward creating a successful and sustainable future. The center is open Monday through Saturday from 10 a.m. to 2 p.m., staffed by two or more Jake's Journey Home volunteers.

A dedicated, welcoming space to access support, resources, and a helping hand when needed most, the center serves as an all-in-one spot to get identification cards, secure housing, address legal proceedings, access veteran administration benefits, connect with public services for mental health, addiction, medical, educational, build resumes, apply for jobs and services with the Courts.

The center offers extensive, personalized problem-solving for veterans and community members experiencing homelessness and other at-risk situations, and a consistent place for ongoing follow-up and support. It also represents a major step forward in Jake's Journey Home's effort to expand services and strengthen community impact for unhoused veterans and others



who are vulnerable and at risk.

--More--

For more than five years, Jake's Journey Home's Mobile Outreach Unit has met people where they are to provide essential support, stability, and hope. While that continues, the new walk-in location can help people stay connected and access resources, providing a "missing link" for those who have difficulty with accessing and keeping in contact with the public systems that most use, and particularly that veterans need.

Jake's Journey Home mission: Connect. Respect. Assist. Serving at-risk, unhoused veterans and community members with genuine respect and coordinated wrap around services, including mental health support, therapy, medical care, vocational training, higher education pathways, basic needs assistance, and peer support — all designed to create meaningful lifepath change. Jake's Journey Home helps those who might not otherwise seek help, or who don't have the ability to navigate systems on their own, filling gaps where traditional services fall short.

Jake's Journey Home was founded in honor of Jake Shuman, a SeaBee veteran and small business owner who died unexpectedly on September 1, 2019. Known for his empathy, generosity, and humility, Jake's engaging personality and unwavering belief that you matter to me inspired Jeanne to continue his legacy by making someone's tomorrow better than today. The nonprofit continues to ensure that no one who they engage with gets lost, overlooked, or left behind.

Jake's Journey Home recently was voted Best Nonprofit in Folsom and has been recognized multiple times by state and local leaders including Josh Hoover, Kevin Kiley, Rosario Rodriguez, Roger Niello, and Thien Ho.

ORANGEVALE LIBRARY

ORANGEVALE LIBRARY
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Orangevale, CA 95662

HOURS

Tuesday 10AM–6PM
Wednesday 10AM–6PM
Thursday 10AM–6PM
Friday 10AM–6PM
Saturday 10AM–6PM

Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone.

KIDS

Family Storytime Thursdays, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Join us for songs, rhymes, movement activi-

ties and stories all designed to support the early learning skills of young children.

Explore and Learn Tuesdays, 11:00 a.m. - 12:00 p.m. Jane Wise Community Room Join us for Explore and Learn, a program with fun learning activities for young children and their caregivers to meet others and play together.

Minecraft Gaming Thursday, February 5, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game on our own library server! Participants should be aged 6 - 17; Registration is encouraged at www.saclibrary.org/events.

Read to a Dog Friday, February 13, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Kids are invited to practice their skills by reading aloud to a certified therapy dog (and their handler). Attendees may bring a book to read

or choose one from the library. STEAM - LEGO® Robotics Saturday, February 21, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Led by a team of student instructors, kids ages 9 to 14 will work in groups to design, build and program a LEGO® robot and learn STEAM skills with this fun, hands-on project.

Family Art Lab Saturday, February 28, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want!

ADULTS

A Matter of Balance Wednesday, February 4 - March 25, 12:00 p.m. - 2:00 p.m. Jane Wise Community Room Agency on Aging Area 4 is offering this fun,

socially engaging educational workshop for older adults at the Orangevale Library for FREE!

Genealogy: Getting To Know You Saturday, February 7, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Learn more about genealogy with our volunteers from the Root Cellar Genealogical Society.
Age group: Adults

Genealogy: Book a Genealogist Saturday, February 7, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Need help with your family history? Root Cellar volunteers are ready to help with free individual 30-minute sessions at the Orangevale Library. Reserve your session at www.saclibrary.org/events Age group: Adults

Mixed Media Art Journaling Saturday, February 14, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagina-

tion and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. Age group: Adults

Orangevale Adult Book Group – The Barn Saturday, February 21, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading The Barn by Wright Thompson. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.



Orangevale Recreation & Park
District
6826 Hazel Avenue
Orangevale, CA 95662
Office Hours:

Monday-Friday - 8:30am-4:30pm
Phone Number: (916) 988-4373

Upcoming Event:

Polar Bear Plunge RESCHEDULED- Saturday, January 31st Check in begins at 11:00am | Plunge is at 11:30am SHARP Jump into the new year with a quick plunge into the 48-degree water at Orangevale Community Pool, or take a trip down the slide if you dare. Cost is \$5 per person to support our new non-profit: the Orangevale Parks Fund! All money raised will go to provide youth with financial assistance to participate

in OVparks recreational programs. Location: Orangevale Community Pool

Best Friend's Bash Friday, February 13th – 10:45am-12:00pm Ages 50+ come out by yourself or with your friends! Play fund games and win prizes. A fun filled morning with pastries, snack, coffee, refreshments, games, and conversation. Register by 1/27/26 to receive an extra door prize ticket!

Ties and Tiaras Saturday, February 28th- 6:00-8:00pm Dinner, DJ, Photo ops, and Fun! Bring your special kiddo and dance the night away. Location: Orangevale Community Center

Youth Programs: Baby Ballet (Ages: Walking- 3y) Mondays at 9:00am Pre-Ballet (Ages 3-6y) Mondays at 9:30am Zumbini (Ages 2 Months-4years) Wednesdays at 10:00am Winter Youth Basketball (2nd- 6th Grade) Adventure Crew Day Camp (Ages 5-12) Feb 16th - 20th Mini Ninja (ages 3-6) Mondays at 3:15pm or Tuesdays at 9:15am Kids Ninja (ages 6-12) Mondays or Wednesdays at 4:45pm Parents Night out February 6th at 6pm Robothink and Robothink Jr. Thursdays at

4:30pm Amazing Athletes and Amazing Athletes Tots Tuesdays at 4:30pm Skyhawks Soccer (ages 6-12) Mondays at 4:45 Skyhawks Track and Field (ages 6-13) Fridays at 3:50pm Skyhawks Beach Volleyball (ages 7-13) Tuesdays at 3:50pm Skyhawks Pickleball (ages 6-13) Wednesdays at 3:50pm Skyhawks Tennis (ages 6-13) Wednesdays at 5:00pm OVparks Top Notch Basketball Camp Grades 2nd-8th February 17th-19th

Adult Programs: Chen Tai Chi (ages 17 and up) Tuesday and Thursday at 7:00pm NEW! Cardio Kickboxing (ages 18 and up) Tuesday, Thursday & Saturday at 9:15am Jazzercise (ages 18 and up) Mondays, Wednesdays, Fridays & Saturdays Orangevale Ukelele Fretters (ages 18 and up) Mondays at 1:00pm Artist Studio (ages 35 and up) Mondays at 11:30am Men's 3 on 3 Hoops (ages 35 and up) Wednesdays at 7:00pm

Keep an eye out—our New Winter Activity Guide is coming soon!

Follow us on Instagram, Facebook, and TikTok or subscribe to our E-Newsletter for the latest updates & more program information! @ovparks

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