

# Orangevale View

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## THANK YOU ORANGEVALE...HAPPY HOLIDAYS!



of service and collaboration by participating in the Big Day of Service, where more than 1200 volunteers worked on various community projects. We commemorated the Railroad at Orangevale Park, where we learned more about our past and our present. We enjoyed the Summer Night Concerts and the Orangevale Summer Palooza, which brought back the parade and the fun. We congratulated our local youth Alexis Marical for winning the Championship title for USA. We raised a record-breaking \$16,000 for the food bank at the Turkey Bowl. And we wrapped up the year with a festive holiday season, starting with the tree lighting at the community center, followed by the Holiday Procession of Lights and ending with breakfast with Santa at the Grange. What a wonderful year we had!



Looking back at 2023, we have so much to be grateful for in our community. We celebrated many achievements and milestones throughout the year. We honored our Hometown Heroes Charlie Clark and Skip Nance for their service and dedication. We cheered for Casa Roble High School Sports as they won the Basketball Championship, the Track Champs and the Football District 5 Champions. We welcomed the opening of a history museum in Orangevale to preserve our rich heritage for future generations. We showed our spirit



However, highlight of this holiday season was definitely the Orangevale-Fair Oaks Community Foundation's 3rd Annual Orangevale Procession of Holiday Lights! It was such a joyous and magical night, with 41 entries of all kinds: trucks, tractors, trailers, golf carts, bicycles, motorcycles, boats and more! The streets were filled with people of all ages, smiling and waving and spreading cheer. Some watched from the sidewalks, some from schools and churches and parks, and some from their own front yards with their fire pits and friends. It was a sight to behold and a night to remember!



Thank you Orangevale Live for streaming it all live (you can still watch it on their page if you missed it). Thank you, Kathleen Massae, Realtor for sponsoring (and your amazing hubby for building) the beautiful Santa & Mrs Claus trailer! Thank you, Orangevale Recreation and Park District, for leading the procession with your tractor! And thank you to everyone who participated and supported this wonderful event! You made it possible and you made it special!



Photos Courtesy of Heidi Lettau

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## ABOUT THE VIEW



### ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

#### SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;  
(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

#### STAFF:

Brad Tatum -  
Publisher/Advertising  
Lisa Montes -Editor

#### VOLUNTEER CONTRIBUTORS

Suzanne Feblowitz  
MaryAnne Povey  
Community of Orangevale

## PUBLIC ANNOUNCEMENT

Hello from OVparks. We have a big change coming soon and want to ensure the community is aware of how to see our Winter/Spring 2024 Activity Guide. The Guide will not be mailed out this coming year, instead there will be a postcard mailed with a QR code you can scan to access the on-line version of the Guide at [www.ovparks.com](http://www.ovparks.com). Please remember you can always stop by our office or give us a call at 916-988-4373 if you have any questions about upcoming events or registration. Thank you to the entire Orangevale community for your continued support, and we look forward to another amazing year of making our community a better place through people, parks, and programs.



### DEADLINES 2024

#### JAN 2024

Jan 3 • Public Deadline  
JAN 12 • PUBLICATION  
OUT TO PUBLIC  
Jan 17 • Public Deadline  
JAN 26 • PUBLICATION  
OUT TO PUBLIC

#### FEB 2024

JAN 31 • Public Deadline  
FEB 9 • PUBLICATION

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Grades 1st-2nd: 10:00-10:50am  
Grades 3rd-5th: 11:00-11:50am  
Fee: \$147 / \$150 NR

### Youth Center Karate

Ages: 6+  
M/W 1/3 - 3/27  
Beginner/Yellow/Orange: 5:00-5:45  
Green/Blue/Purple/Red: 6:00-6:45  
Fee: \$233 / \$236 NR



### Teen/Adult Aikido



Ages: 14+  
Tu/Th/Sa 1/4-3/30  
Tu/Th: 7:30-9:00pm  
Sa : 7:30-8:30am  
Fee: \$178 / \$181 NR

### Winter Youth Basketball

Grades: 2nd - 6th  
Free Skills Clinic and Parent Orientation: Sa 1/13 and 1/20  
2nd/3rd Grades: 10:00am  
4th/5th/6th Grades: 11:00am  
Practices start the week of 1/22  
First Game: 2/3  
Fee: \$128 / \$131 NR



## OVparks Winter/Spring Activity Guide Coming Soon!



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# ANNOUNCEMENTS

## THE VALUE OF A GIFT

By Jathan Good

The true value of a gift is not the number behind a dollar sign on the price tag. The true value of a gift is what it actually costs the giver. I wasn't especially impressed when my brother gave me a hat that he got as a promotional item from the company he works for, because I know it didn't cost him a thing...and he grabbed it off the shelf on his way home from work. But I found great value in the gift when my brother spent hours cutting, staining, and building a special coat hanger for me. And when he took a day off work and drove an hour and a half to spend the day helping me build a gate for my fence that meant a lot.

The most costly Christmas gift is that which represents the greatest sacrifice. And when we consider what it cost God the Father when he sent his Son Jesus to walk among us and ultimately die in our place... or when we consider what Jesus gave up to leave the riches of Heaven (paradise!) to be born in a manger in a stable, to a peasant girl and her blue collar husband in a backwoods town...that means a lot.

If you're looking for a place to celebrate the greatest gift of Christmas, and maybe say "thanks" to the giver, join us at Sunrise Community Church in Fair Oaks for one of our two Christmas Eve services at 3:30 or 5:00 pm on December 24th.

## Honoring our Long-Time Community Member Alice Amantea

It is with deep sorrow that we announce the loss of a cherished member of our community. Alice Amantea, who touched the lives of many with her kindness, love, and wisdom, passed on November 11, 2023. She led an extraordinary life, marked by her unwavering devotion to her family and a loving 69-year marriage to Bill Amantea. Alice was not only a dedicated family woman but also an active volunteer to our community. Her extensive involvement included serving as a board member for OV Parks, presiding as the President of the Orangevale Chamber of Commerce, long-time Ottomon School volunteer, and also serving as a member of the Sacramento Board of Education in 1992. Additionally, she made lasting friendships during her time volunteering at the Madison Mall Bingo Center. In recognition of her profound commitment to our community, the OV Parks Board voted to fly the flag at



the Orangevale Community Center at half-mast this past week. Plans are currently underway to honor her remarkable life and her selfless contributions to so many. Stay tuned for more details. Please join us in sending love, condolences, and prayers to Alice's family and all those who had the privilege of knowing and loving her. Alice's legacy of generosity and compassion will always be remembered.



## NOMINATIONS DEC 1ST-JAN 10, 2024

Are you ready to celebrate the best of Orangevale? It's time to nominate for your favorite local businesses, non-profits, schools, and volunteers who make our community shine. The Best of Orangevale is a friendly competition that recognizes the excellence and diversity of our small businesses and community. Whether you are a customer, a supporter, or a business owner, you can join the fun and show your appreciation for the hard work and dedication of our local heroes.

Nominations start on December 1st and voting begins on January 10th 2024. To participate, you must be an Orangevale live, work, have a business in Orangevale or an active Orangevale Chamber Member doing business in Orangevale. When voting begins on January 1st, you can vote for one nominee per category, with a minimum of three category votes.

The winners will be announced and awarded at the Best of Orangevale Award Banquet on February 2nd. Don't miss this opportunity to celebrate the achievements of our local businesses and to network with other members of the Orangevale community.

The goal of the Best of Orangevale is to create awareness for all the great small businesses and organizations we have in Orangevale. We want the competition to be fun for all who participate. So, what are you waiting for? Nominate at [www.bestoforangevale.com](http://www.bestoforangevale.com) today!

ORANGEVALE VIEW DECEMBER 15, 2023



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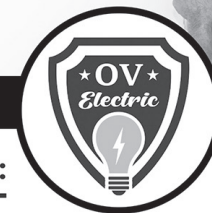
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### The Rise and the Fall of John Cardwell

John T. Cardwell came from Ireland in the 1840's. He travelled from New York to California via the Panama Isthmus. John was interested in the Gold Rush and worked at mining from 1848 to 1855. By 1871, he became a United States citizen and in 1872, married Mary Howe in Folsom.

Whilst living in Ashland, he became a poll worker for the Mississippi Township. Cardwell took his collected road toll taxes for District 5 (used to keep the roads in good repair).

He had become a landowner in 1870 buying 160 acres. By 1892, owned large chunks of land eventually sold part of it to the Orange Vale Colony. He removed the oak trees from his land providing him with 90,000 cords of wood. In addition, he found use for the rocks from

the Gold Rush. He was quite an entrepreneur. Eventually he had been unable to transport the wood on the river as he had planned, and it went up in flames, but he was insured. Was said to be navigable.

In 1882, he bought Daisy, a paddle steamer. The American River was said to be navigable. He planned to bring the VIPs from Sacramento to Folsom and back, but the 12th street bridge was too low, and the boat had to be carried over land. Cardwell took his case that the river was supposed to be navigable to court. The Supreme Court declared the river to be seasonal and not navigable.

In 1890, he built a mansion at 12th and M in Sacramento. Pictures show a large, beautiful home in the area of many others of the time. It was torn down in 1935. His family is believed to include two children.

By the 1880's there was a need

to break up the large grants to attract new people and businesses. In 1887, Cardwell started selling pieces of land. The Orange Vale Colonization Company was formed by a group of six investors. They were able to advertise and divide the acreage. It was planted into orchards and had water available for irrigation. He decided to start his own colony. Cardwell had no investors and borrowed money from Crocker Bank. He had no secure water and no public relations. His colony was north of Oak Avenue stretching from Hazel Avenue to west and Mountain Avenue to the east. The land did not sell as he planned and went into foreclosure. He was basically bankrupt.

In 1890, He endorsed a malaria cure which failed. He started drilling for gold in the 1890's near the Placer County line. In 1894, he was given a cease-and-desist order for mining a tunnel under Leidesdorff Street in Folsom. Downhill he went all the way! In 1907, he was in a brawl in a tavern in Natomas and in 1908 he died in a cabin El Dorado County.

Cardwell Colony still appears on maps today with a number of parcels.

Presentation by Mark Aring at an Orangevale History Meeting- Transcribed by Hilda Hawkins



### CLARISSA DRIVE CHRISTMAS LUMINARIES

The public is invited to enjoy the annual Christmas Eve Luminaries of Clarissa Drive. Lighting is at dusk and the luminaries will glow up and down the street for about four hours. The tradition began over 30 years ago as an Eagle Scout project by the son of one of the neighbors.

Then the Eagle Scout grew up, the family moved away, but no one carried on the tradition. Last year the neighborhood came together and decided to revive the observance.

Come and enjoy the Christmas Eve candlelight luminaries of Clarissa Drive.

Submitted by Beverly Manville

### CHANGE OF MUSEUM EXHIBITS

**The Orangevale History Museum introduces new exciting displays. Now is the time to make plans to visit the museum at 6920 Hazel Avenue, Orangevale to see the changes. The theme of one display is "Wartime in the Vale" with information on Orangevale residents participating in war efforts. A second display is the History of Sunrise Mall with pictures over the years. It has been loaned to the museum by the Citrus Heights Historical Society. A second "hands on" History Encounter has been added for museum visitors.**

**During this holiday season the museum is open Thursdays, 1 pm - 5pm and Saturdays - 12pm - 4pm. They will be closed on Saturday, December 23rd but open on December 31st. Take a trip to the museum with your family or holiday visitors and enjoy the new displays. If you have visited before now is the time to make a second visit.**

### WOODMORE OAKS NEIGHBORHOOD WATCH ANNUAL CHRISTMAS LIGHT CONTEST

Happy Holidays from Woodmore Oaks Neighborhood Watch. Once again, we are having our Annual Christmas Light Contest for our community. Our contest has grown to over 160 streets and we are always looking for volunteers to judge the best lights for each street. If you have an interest in judging this year, please contact Tom DiGiacomo (President) at 916-606-7462. The judges will go out from December 1st - 15th and pick one winner per street. Please have your lights on from 5PM-10PM each day. The judges will then report back to Tom the winners by December 15. From December 16th-24th, Tom will be knocking on the doors of each winner and congratulating

them with a beautiful color framed certificate that can be displayed in a window or with your holiday decorations. This has been an annual popular event since it started in 1992. Tom has said that the joy and spirit of our neighbors has been priceless through the years. Also "this is like the Publishing Clearing House- the Neighbors are just waiting for me to knock on their door!". The talk is on so get your lights up and get into the Holiday Spirit! Our program is within the boundaries of Greenback Lane to Oak Ave. and Sunrise Blvd. to Kenneth Ave. We are always looking for volunteers to help distribute our monthly Newsletter (Crime Stats & Tips for Safety) to our Neighbors by placing at their front door. Please contact Tom at 916-606-7462 to see if your street is available!



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# ORANGEVALE COOKS

BY  
*Suzanne Feblowitz*

Every year my mother-in-law would make dozens of cinnamon rolls for the family. My sister-in-law took up the duty for several years, but now it is up to each of us to make our own. I am sharing the recipe so that you can start the tradition in your family. One batch is enough for a regular size family. Read through the recipe and plan for the time. It takes a bit of time to complete, but the results are amazingly delicious! Hopefully, this will be a new tradition in your family!

If you would like to share a favorite winter recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

### Edna's Cinnamon Rolls

2- 9 x 12 or 9 x 13 pans- makes 24 cinnamon rolls total  
 2 Packages yeast- if using bulk, then 1 pkg=2 ¼ tsp yeast (for a total of 4 ½ tsp yeast)  
 ½ cup water (110 degrees)  
 1 ½ cup milk, lukewarm  
 ½ cup shortening  
 ¾ cup granulated sugar  
 2 tsp salt  
 2 eggs, well beaten  
 5-7 cups sifted flour  
 ½ cup flour to work with, if kneading by hand

Make the Dough first. When it has almost doubled in size, then get the

pans and filling ready.

Filling: ½ cube softened butter, ½ cup granulated sugar and 2 tsp cinnamon- you will divide butter and sugar mixture in half for each dozen.

In bottom of pans: ½ cube softened butter, ½ cup brown sugar, a few tbsp granulated sugar and 2 tsp cinnamon (may need to add more sugar mixture to make sure pans are covered)- this is divided in half for each pan.

Note: If you feel the need to add more butter, then do so sparingly. It doesn't make them better, but you might need more to cover the pan or spread on the dough.

### Dough:

1. Combine yeast with water. In mixer or another bowl, combine milk, shortening, sugar, and salt
2. Add yeast and eggs
3. Stir in 2 cups flour, then add enough flour until easy to handle. Turn out onto lightly floured board or use mixer to knead. If using mixer, knead until dough sticks to dough hook
4. Place in greased (oiled) bowl, turn dough over so all gets oiled
5. Cover with a towel and let rise until doubled- about 1 ½ to 2 hours. It is done when impression in dough remains.
6. Punch dough down and divide in half
7. Roll each half into a rectangle 15 x 9 inches
8. Spread softened butter over each rectangle, then sprinkle all over with cin-

namon sugar

9. Roll starting with narrow edge, seal end by pinching along length of roll.

10. Cut into 12 slices. I usually cut in half and then half each half and so on.

11. Spread softened butter in pans and sprinkle with brown sugar mixture - be sure all is covered

12. Cover and let rise until doubled- about 30 minutes

13. Bake in a 375 degree oven for 25 to 30 minutes.  
 14. Immediately turn over onto foil so that all the sugar and butter that was on the bottom is now at the top. Let cool. Then wrap in foil and freeze or eat. Enjoy!

Note: We usually warm them in the microwave for about 10 seconds and then plo p a bit of butter over the top.

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# HELP BRING LOCAL TEEN HOME

Whiseant Family Prepares Home, Vehicle for Now Quadraplegic Son  
By Patsy McGavock

When life hits hardest it can seem very alone. Yet community and the combined good will of others often turn a sought for miracle into tangible fact. Life hit hardest for Brian Whiseant, of Orangevale, when a rural car accident on Oct 22 left him quadraplegic at 19 years old. His parents, Amanda and Chester Whiseant, are facing the harsh financial realities that follow; funds they do not have to modify their home and vehicle to meet Brian's current needs, so he can come home to their care instead of a long term care facility.



The Whiseants are a typical Orangevalian family. Mom and dad working through the highs and lows of life, raising 4 children ages 11 to 21 and choosing life in the mix of rural small town and suburb that defines Orangevale. Dedicated to the communities surrounding their children, they volunteer in sports teams, children's ministries and the local homeschool community. They are a family with typical Orangevale heart facing untypical challenges.

Brian was born in Yuba City, Ca. His family moved to the Or-

angevale area when he was 11, where he enjoyed baseball, Civil Air Patrol and youth mission trips. His interests grew into a love for the outdoors and working with his hands. Drawing, playing and building guitars, hiking and fixing cars used to fill his days.

He was living independently working in solar sales, until Oct 22. Driving home from his grandparents in Marysville, he lost control of his car in rainy conditions. It flipped, landing in an orchard. Brian sat with a broken neck for two hours, until

a passerby saw the car and investigated.

"Brian is lucky to be alive. For me, this shows God has a plan for him. He's not done yet," says Amanda. However, it is a life altering event. For Brian and for his parents as they bring him home, taking the role of full-time



caregivers.

Updates and gratitudes fill Amanda's Facebook feed. It has been touch and go. Keeping his

lungs stable from collapse. Keeping his thoughts from a depressive mindset and fears at bay. She shares "We are in a weird phase. A hard phase. I'm glad that I am not in it alone. We have been circled by church family, family, and friends." Cards, drawings and encouragements have let Brian know he also is not alone.

Now comes a step of practicality. How do you outfit your vehicle

aren't trying to do anything fancy. We are trying to give Brian the love, support, and care that he needs. This is a family emergency that we are not able to financially shoulder on our own."

While Brian is at a rehabilitation facility for 6 or more weeks, friends of the family are setting up an online crowdfunding page for medical emergencies, with a link soon forth coming.

The family is asking help to spread their story and need. If you want to help with time or funding, email BrianMatthewWhiseant@gmail.com and check Facebook at Brian Matthew Whiseants Journey. <https://www.facebook.com/profile.php?id=61554370409527&milextid=LQQJ4d>

"Thank you to all who have wrapped their arms around us, and who continue to," says Amanda Whiseant. "We can't do it alone. And we thank you."



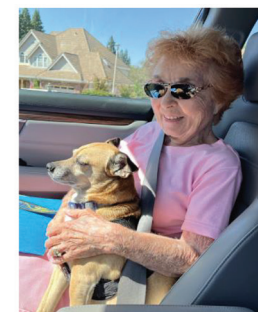
and home to accommodate the needs of your now quadriplegic son of 6'6" frame for which most assistive equipment is not built? "We are asking for help. We

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Buddy's mom Betty is 97 years old and has lived in the area for 30 years. She's an avid Orangevale View reader and loves her Orangevale community.

Please call Betty at 916-989-6640 or her daughter-in-law Teresa at 916-591-0397 if you'd love a new little friend.

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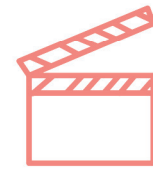
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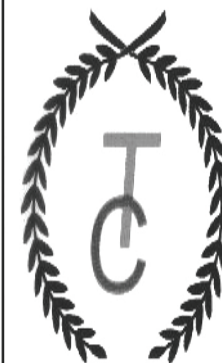
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### OVParks Community Tree Lighting

Thank you to everyone who came out to celebrate the Orangevale Community Tree Lighting with us! We hope you were able to catch the community show and all of the wonderful performances by our local youth groups. We all enjoyed the delicious cookies, hot chocolate, hot dogs, cotton candy, and popcorn provided by our amazing sponsors. There was so much excitement and joy while you all jumped in the bounce house, created beautiful ornaments, and even maybe rode the Train! We at OVParks had a great time and hope you did too. We wish you all a very happy holiday season and a happy new year!

Thank you to the event sponsors, we could not have made this night happen without you!!! Big thanks to the Orange Vale Water Company for the trackless train sponsor, Easy Stumps

for lifting Santa, and Blossom Vale Senior Living for sponsoring the community performance. Thank you to all our food booth sponsors and volunteers for your time and dedication; Orangevale Woman's Club for cookies and refreshments, Orangevale Grange made delicious hot dogs, The Orangevale History Project popped popcorn all night, and Mighty Bounce & Party Rentals brought cotton candy for everyone! Thank you to our bounce house sponsor The Swenson Law Firm, to Orangevale Chamber of Commerce for helping with Santa, and to Orangevale Live for helping to bring Buddy the Elf! Lastly, thank you to our Craft Station sponsors, RESCO Restoration Emergency Services, Casa Roble Interact Club, and the Orangevale Fair Oaks Food Bank. OVParks greatly appreciates all your support!

Submitted by Andrew Gross

## COPING WITH HOLIDAY STRESS WHEN YOU'RE A CAREGIVER AT HOME

By MBK Senior Living

The holiday season is a joyful time of year, but it can be stressful for anyone. It can be especially taxing when you're caring for your senior loved one at home. Balancing the demands of the holidays with their unique needs may be overwhelming.

Understanding how you can manage your stress and stay healthy during the holidays is important for your well-being. It's important for the health and well-being of your loved one as well. This is already a busy time of year, and there's even more to do over the holidays. Something's gotta give! Go easy on yourself and try not to spread yourself too thin. It's okay to give yourself a break.

Tips for Dealing With Holiday Stress

Communicate with your loved one. Talk to your loved one about their expectations for the holidays. Ask them what they want to do and what they are comfortable with. Be open and honest about your own limitations and needs. Together, you can come up with a plan that works for everyone.

Adjust your expectations. Don't try to do everything or make everything perfect. Set realistic expectations for yourself and your family. Focus on what's most important and let go of the rest. Remember that the holidays are about spending time with loved ones, not about having a perfect meal or a perfectly decorated home.

Plan ahead. Plan ahead for any special needs your loved one may have during the holidays. Make sure they have any necessary medications, equipment, or supplies. If you're traveling, make sure you have everything you need to keep your loved one comfortable and safe.

Take care of yourself. It's important to take care of yourself during the holidays, especially if you're a caregiver. Make time for activities that help you relax and recharge. This could be anything from reading a book to taking a bubble bath to going for a walk. Whatever it is, make it a priority.

Seek support. Don't be afraid to ask for help. Reach out to friends and family members who can provide support and assistance. Join a sup-

CONTINUED PAGE 18



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The Orangevale Chamber of Commerce and the Sacramento Public Library will also provide information on how they can help your small business grow and succeed.



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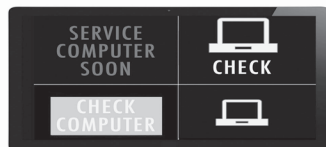
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# PETACULAR

CONTINUED FROM  
PAGE 14 COPING WITH  
HOLIDAY STRESS

port group for caregivers to connect with others who are going through similar experiences.

Create new traditions. Creating new traditions can be a great way to reduce stress and make the holidays more enjoyable for everyone. Involve your loved one in the planning process and come up with activities that they can easily participate in. This could be anything from baking cookies to watching a holiday movie together.

Practice gratitude. Take time to reflect on what you're grateful for during the holiday season. Focus on the positive aspects of your life and the things that bring you joy. Practicing gratitude can help reduce stress and improve your overall well-being.

Consider a move to senior living. The holidays can be a lonely time of year for seniors. One of the benefits of being in senior living during the holidays is there are plenty of festive things to do and experience with new friends. It also makes the transition to senior living easier because there are so many fun activities and lively celebrations, they can participate in.

Above All Else, Just Breathe  
It's bound to happen—there will likely be a moment when you catch yourself stressing out. Your face feels hot, your body throbs, and you suddenly feel overwhelmed. This is when you need to remind yourself to breathe. In fact, Donal McGraw, MBK Senior Living's Regional Director of Wellness Programming & MBK Fit, suggests trying Pranayama, which is the practice of breath regulation common in yoga.

"I recommend stepping away for a moment from whatever you have going on and using the 4-7-8 breathing technique," Donal recommended. "This involves breathing in for four seconds, holding the breath for seven seconds, and exhaling for eight seconds. This breathing pattern aims to reduce anxiety or help people get to sleep."

By following these tips, you can reduce stress and enjoy the holiday season with your senior loved one. Remember to communicate openly, plan ahead, and take care of yourself.



## BUDDY NEEDS A NEW HOME

Buddy's mom Betty has moved to a senior living home and hopes to find Buddy a loving companion.

Buddy is a sweet, mild mannered chihuahua/terrier. He is 9 years old, healthy and loves to walk. Buddy will make a great companion for anyone who shows him love

Buddy's mom Betty is 97 years old and has lived in the area for 30 years. She's an avid Orangevale View reader and loves her Orangevale community

Please call Betty at 916-989-6640 or her daughter-in-law Teresa at 916-591-0397 if you'd love a new little friend.



### Fluff Buddies Kitty Adoptions

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# LIBRARY NEWS & PROGRAMS

**ORANGEVALE LIBRARY**  
8820 Greenback Ln L,  
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## HOURS

Sunday	Closed
Monday	Closed
Tuesday	10AM-6PM
Wednesday	10AM-6PM
Thursday	10AM-6PM
Friday	10AM-6PM
Saturday	10AM-6PM

Heirloom Seeds Available at the Orangevale Library! Are you planning to plant a garden this fall? Our cool weather seeds have arrived! The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

## KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:00 a.m. Jane Wise Community Room Join us for songs, rhymes, and stories designed to build the early literacy skills of young children. This program is for parents and caregivers with young (0-5) children; older siblings are welcome to attend. This event is presented in English.

STEAM LEGO® Robotics Saturday, Dec 16, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Design, build and program a robot using the LEGO® MINDSTORMS®EV3 kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

Minecraft Gaming Thursday, Jan 4, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participants than PC laptops. This program is for students aged 6 - 17; registration is encouraged at [www.saclibrary.org/events](http://www.saclibrary.org/events)  
Read to a Dog Friday, Jan 12, 3:30

p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

## ADULTS

Orangevale Adult Book Group - Calling for a Blanket Dance Saturday, Dec 16, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading Calling for a Blanket Dance by Oscar Hokeah. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

Genealogy: Getting to Know You Saturday, Jan 6, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Jan 6, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30-minute help sessions are available at the Orangevale Library. Reserve your sessions online at [www.saclibrary.org/events](http://www.saclibrary.org/events).

Orangevale Small Business Workshop Tuesday, Jan 9, 10:00 a.m. - 12:00 p.m. Jane Wise Community Room Please join us for our quarterly Small Business Workshop hosted by the Orangevale Chamber of Commerce. This quarter, SiewYee Lee-Alix, Director of the Sacramento Valley SBDC (Small Business Development Center) will provide information on how they support local entrepreneurs and small businesses with the tools and insights to start, grow and pivot their businesses. The Orangevale Chamber of Commerce and the Sacramento Public

Library will also show you the resources they have available to help your small business grow and succeed.

Mixed Media Art Journaling Saturday, Jan 13, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

## Books and PUZZLES????

Holiday greetings to the Orangevale Community! As the days get shorter and the weather gets colder, what is the perfect inside activity? Yes, reading of course! But another great activity to do indoors is PUZZLES.

The Friends of the Orangevale Library has a bookstore that maintains an amazing collection of books for purchase and has LOTS OF PUZZLES. Thanks to the generous donations by our community, we have so many that we've decided to make them available this December. It's the perfect time and activity to do with friends and family.

All puzzles are reasonably priced, and all proceeds support the Orangevale Library. We have all types of puzzles, including ones for kids and puzzles for those who like a challenge!

Come by during regular library hours to check out the selection. Thanks as always for supporting your local library.

Submitted by the Friends of the Orangevale Library



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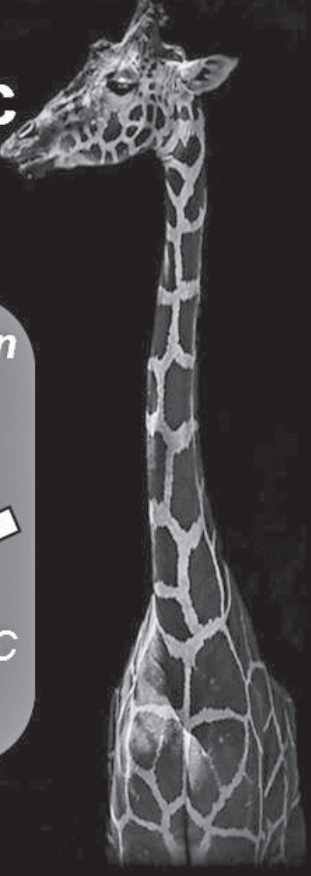
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