

Orangevale View

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Dairy Queen Scoops Prestigious Award Pg 9



SPORTS - Pg 10 Photo Courtesy of Tim Engle

ORANGEVALE CHAMBER OF COMMERCE ANNOUNCES NEW BOARD PRESIDENT

By MaryAnne Povey

The Orangevale Chamber of Commerce is happy to introduce Anthony Garcia as the new board president, taking the reins from Jonathan Spangler, who has held the position for the past two years. A small business owner and the VP of Merchant Services at Five Star Bank, Garcia brings a wealth of experience to the role, along with a vision that's all about boosting business and building community connections.

Garcia's feeling confident about taking on this challenge, and he's got a 20-year track record to back it up. "In my career, I've been lucky to work closely with all sorts of business owners, big and small. Now, I get to bring that experience home and bring together Orangevale's businesses and families!"

Over the last five years, Garcia, along with his wife and two daughters, have made Orangevale their home. They're big fans of the local schools, sports, and community events and "love the Orangevale lifestyle!"

Garcia initially joined the Chamber back in 2020 and as activities came back to life, so did his involvement. He quickly took a leadership role on the Board of Directors and when the opportunity came up for President, he didn't hesitate to step into the role.

"I'm looking forward to this leadership role and intend to focus on continuing popular community events and traditions that local businesses and residents care about." He also envisions "actively engaging with small businesses, offering support and promotion to bolster business, boost skill development and to leverage the presence of larger business brands to enhance the community's profile."

Mentorship is also a focal point in Garcia's strategy. He envisions a chamber that serves as a hub for mentorship, where seasoned professionals mentor aspiring entrepreneurs, and vice versa. This, he believes, "will foster a sense of ownership and strengthen personal relationships within the community".

Keeping members engaged, Garcia plans to encourage member involvement by extending invitations to board meetings and offer quarterly workshops focused on professional "best practices". Recognizing the diverse schedules of chamber members, he's looking to host mixers at different times, ensuring that everyone has the chance to participate.

He also envisions a chamber that not only serves as a networking platform but also makes an impact on local businesses and the community at large.

Among the exciting events making a comeback are the

Disc Golf Tournament, "Coffee with a Cop", and the popular "Savor" wine and beer tasting



Chamber President Jonathan Spangler and Incoming President Andy Garcia

event to name a few. These activities, alongside new initiatives, will help re-invigorate the Chamber.

"I'm excited to take on this new role with the Chamber, because I have a real passion for community. Being a part of something greater than myself, creating an environment where businesses and individuals alike can grow and succeed!"

For more information and updates, please visit the Orangevale Chamber of Commerce www.orangevalechamber.com

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at

least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

Brad Tatum -
Publisher/Advertising
Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS

Suzanne Feblowitz
MaryAnne Povey

AWARD WINNING PAPER

Business of the Year 2013
Business Person of the Year 2010
Editor -
California Capital Women Business "Community Impact of The Year 2020"
California Senate Woman of the Year 2012

DEADLINES 2023

Sep 13 • Public Deadline

Sep 22 • PUBLICATION OUT TO
PUBLIC

Sep 27 • Public Deadline

Oct 6 • PUBLICATION OUT TO
PUBLIC

Oct 11 • Public Deadline

Oct 20 • PUBLICATION OUT TO
PUBLIC

Oct 25 • Public Deadline

Nov 3 • PUBLICATION OUT TO

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Orangevale Summer Night's Concert September 8 at 5:30pm. Featuring Modern Relics with Billy Williams. Food, Beverages and Booths. Fun for all ages. Orangevale Grange 5807 Walnut Ave Orangevale

Sylvan Cemetery in Citrus Heights, started a 911 Memorial four years ago to honor those that lost their lives on September 11, 2001. We take time to salute the over 3,000 men and women that died in a terrorist attack on America.

This year the 911 Memorial service is being held on Monday, September 11, 2023, at Sylvan Cemetery, 7401 Auburn Blvd., Citrus Heights at 8:15 am in the gazebo. We will meet for 30 minutes.

Folding chairs will be provided for those that want to sit but there will be no mandatory seating arrangements. We would love to have you join us for a time of reflection and music.

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All Sports Club

Ages: 4-6

Ages: 7-13

W 9/13-10/4 3:35-4:20pm

W 9/13-10/4 4:25-5:15pm

Fee: \$79 / \$82 NR

NEW! Homeschool Drama Classes

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Fee: \$203 / \$206 NR



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M 9/11-9/25

Ages: 18+

M 9/11-9/25

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ANNOUNCEMENTS



Happy 50th Anniversary Ken & Pam Benedict

HELP FOR STUDENTS

Last year, local Rotarian Lorie Rheams received an urgent request from a local school. One of the students had no transportation to and from school. Would Rotary have access to a bicycle in good condition? A request for donations from club members immediately raised enough money for a new bike—helmet and lock, of course. The result was transportation for the student within 48 hours of the request.

This year, Rotary member David Shepard asked if we could identify another similar need. The hope was that we could develop this into an on-going budgeted project. Lorie contacted the same school counselor, who said she would investigate. While on the phone, though, the counselor said that there is another URGENT need for gently used school clothes throughout the district. A local group, the Underground, supplies clothes to needy students identified by each school secretary. The clothes are given to students either free or for basically nothing, depending on the individual circumstance.

In typical Rotary fashion, Lorie tapped the resources of the club members, the Chamber, the Orangevale Community Council, Divine Savior Church, and the Facebook group, Buy Nothing Orangevale. To date, the effort has donated one hundred large bags and eleven boxes of clothes—in three weeks!

The effort is continual. The Underground is open

throughout the year. The season changes, sizes change as the kids grow, and the economy continues to deteriorate with inflation. We will continue to transport the clothing to the old Sunrise Mall where the Underground has its “store” if the donations continue.

The Underground is only open on Wednesday from 11-4 and Saturday from 11-3. Please consider supporting them or contact Lorie at rheamslorie@gmail.com.

Submitted by Russ Reams



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DAIRY QUEEN SCOOPS PRESTIGIOUS AWARD

By MaryAnne Povey

Hats off to Joe and Cynthia Ellering, of Dairy Queen in Orangevale for earning the prestigious PRIDE (Personal Responsibility in Delivering Excellence) Award straight from Dairy Queen® headquarters. This award shines a spotlight on their dedication to top-tier cleanliness and food safety.

"We're just thrilled about this award," shared the Ellerings. "We put in the hard work to keep our place sparkling

clean, so our customers can enjoy a safe and happy time." The PRIDE Award is like a gold star for sticking to Dairy Queen's high cleanliness and food safety standards. It's been around for thirteen years now, and any restaurant that meets the mark gets this well-deserved recognition. The award comes in after the PRIDE assessment visit, which can happen anytime during the year. Come in, grab a treat and see this badge of honor displayed at the restaurant. Big cheers to Dairy Queen for giving us another reason to swing by for a delicious treat!

Letter Q?

*While Q is what one saw,
it's a search icon magnifying glass.*

*When both are looked at
closer, their shapes kinda
match.*

*A symbol can be a clue
and/or question to ask.*

*Is their resemblance a
coincidence? Perhaps...*

-Z.F. Thrimelj



Orangevale Natives
By Janet Dell

Have you ever wondered who lived in Orangevale before the European settlers got here? There is evidence of people living in our area for the past 10,000 years, beginning just after the last Ice Age. The Nisenan people who lived in the Orangevale area were descendants of the Southern Maidu tribal group, who lived in this area for more than 3,000 years. The first Europeans arrived in the Central Valley in the late 1700's. At the time, there were over a million Native Americans living in what is now California, including a number of people living in what we know as Orangevale. The earliest Orangevale inhabitants were not farmers, but lived a semi-nomadic life, getting by on what

they could gather and hunt. Women gathered acorns, dug roots and bulbs with sticks, made baskets and clothing, and cared for children. Men hunted for animals such as deer and antelope with stone-tipped spears, darts, and a throwing tool called an atlatl. They used flint-knapping techniques to shape tools from local materials such as obsidian, jasper, steatite, and basalt. They also practiced spear fishing in the nearby American River. Hunting was cooperative, including the use of animal snares, drives, dead falls, and fishing weirs. They built dome-shaped houses from willow branches and tule grass, along with community roundhouses at permanent village sites. In the summertime, the Nisenan often slept outdoors. Evidence of a settlement complex here in

Orangevale is located near Linda Creek.

The main staple of the Nisenan diet, readily available in this area, was acorns. Women would gather acorns, then sit near a creek or stream to process the acorns into flour or mush. Grinding bowls, or mortars, can be seen worn into the bedrock in many locations in our area, including right here in Orangevale. They were worn into the rocks over hundreds or even thousands of years of acorn grinding, and ownership was often passed down from mother to daughter over multiple generations.

Today the Nisenan and Maidu people continue to have a presence in our area. There is renewed interest in the Maidu history and language, as well as in teaching and learning early technologies such as basket-making. The Maidu people continue to hold an annual spring "Big Time" gathering in our area to celebrate their culture and traditions, while maintaining that all-important sense of community.

For further information visit the Orangevale History Museum or the Orangevale History Project YouTube Presentations Kaitilin Grebe "The Nisenan Indians" and Maidu Museum in Roseville.

CHOICES ARE LIMITED.
By Sue Frost

My position on criminal justice has always been clear: we must protect citizens from criminal predators, support the men and women who keep us safe, hold individuals accountable, and reduce the number of victims in the future. Every decision I make reflects these principles.

The County jails play an important role in helping our Sheriff Deputies and Law Enforcement keep our neighborhoods and businesses safe. However, recent lawsuits and state mandates have pressed the County to upgrade our jails. If we don't, we face the threat of federal receivership where they make the decisions, and we assume the cost.



Supervisor Sue Frost

The lawsuit (Mays Consent Decree) requires enhancements accessibility, services, and safety in our jails. The County is required to bring our jails into compliance with ADA and HIPAA, provide proper out of cell time, improve the conditions in our jails with medical and mental health facilities that are appropriate for inmates in need and improve our intake facilities.

Both the main jail and the Rio Consumnes Correctional Center (RCCC) were built before regulations like the Americans with Disabilities Act (ADA) of 1990 and the Health Insurance Portability and Accountability Act (HIPAA) of 1996. Without action by the Board, we risk Federal oversight and unchecked spending on taxpayer money.

On August 8, the County board reviewed and approved our response to the Grand Jury report from June 2, 2023, title "What's Taking So Long?" It is important to note that the Grand Jury's mandate is to ensure transparency and accountability. They initiate investigations in response to resident or elected official's concerns. The investigations result in a public report, which requires a public response directed to the Superior Court's Presiding Judge as laid out in Penal Code Sections 933 and 933.05.

Our Board has also received criticism from citizens who seek to decrease jail populations and who express concern that capital improvements will equal expansion of the jail's inmate capacity.

The Grand Jury report correctly identified AB109 as a driving force behind which inmates are in our jails, and it is surprising to note that the daily average inmate count is currently lower than it was in 2011 when AB109, the California Public Safety Realignment Act of 2011 was

imposed by the Legislature.

AB109 enacted early releases for some criminals and shifted others to be housed in our county jails. The jails that normally housed inmates for 1 to 2 years are now housing some inmates for up to 13 years. This change increases the costs for taxpayers.

Additionally, Props 47 and 57 created a new challenge: either release criminals or create alternatives to monitor them outside of a jail setting. Our County chose the latter. The alternative strategies, created with the input and backing of both the Sheriff's Department and the District Attorney's Office, are designed to keep our community safe and ensure criminals are still held accountable.

The legislature has redefined the way we look at crime. What used to be a felony is now a misdemeanor. We are now subjected to laws that allow a person to steal up to \$1,000 and it is a simple misdemeanor. At the same time, legislation like SB 553 would make it illegal for a retail business owner to ask employees to protect their store from criminals who smash and grab. This bill sends an inviting message to criminals and makes our businesses more vulnerable.

I support improving conditions in our jails for all: inmates, officers, and staff. Some have shared with me how jail intervention changed their lives, helping them overcome drug addiction. I know victims who are comforted, knowing their attacker is serving time behind bars. Jails are necessary for our society, and we are making progress towards the Mays Consent Decree compliance. Plans are moving forward for a facility focusing on medical, mental health and intake services. The Board will receive the final design concepts and budget soon.

Thank you for Reading – and as always if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.gov. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Mu-rieta.



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ORANGEVALE COOKS BY Suzanne Feblowitz

Since we received the Instant Pot for Christmas a few years ago, my husband has been experimenting with new recipes. One of our favorites is his Instant Pot Chili. He is always searching for new recipes and found this one that is quick and easy to make! It is perfect fall dish to serve with tortillas or chips and a green salad.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

DON'S INSTANT POT CHILI
 2 tsp olive oil
 2 lbs. ground beef (90% lean is best)
 1 onion, finely diced
 1 ½ tsp minced garlic
 28 oz can diced tomatoes, do not drain
 3-8oz cans tomato sauce
 ¾ cup beef broth
 2 TBSP chili powder
 2 tsp ground cumin
 2 tsp smoked paprika
 1 tsp granulated sugar
 1 ½ tsp kosher salt
 ¾ tsp ground pepper
 15 oz can kidney beans, drained and rinsed
 15 oz can pinto beans, drained and rinsed
 Favorite fresh pepper, diced (optional)
 Assorted toppings, such as shredded cheese, tomatoes, green onion and sour cream
 Turn your Instant Pot to sauté,

then select More. Add the olive oil to the pot. Add the meat and cook until browned, breaking up the meat with a spoon as you stir. Drain excess fat. Add the onion and cook for 3 more minutes. Add the garlic, tomatoes, tomato sauce, beef broth, chili powder, cumin, smoked paprika, coco powder, sugar, salt, pepper, beans and the optional fresh peppers to the pot. Turn the Instant Pot to the Chili/Beans setting and place the lid on the pot. Cook for 25 minutes. Release the pressure either manually or allow it to release naturally. Serve with assorted toppings. You can also make this in a regular pot, you just need to cook it for about an hour on the stove.

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**Fair Oaks Chicken
Fest Breakfast at the
Orangevale Grange
on "Saturday"
September 16th**

If you missed our 2nd Sunday Breakfast you can still enjoy breakfast with us on Saturday, September 16th, 2023 — The ORANGEVALE/FAIR OAKS GRANGE is hosting the Annual Fair Oaks Chicken Fest Breakfast at the Orangevale Grange on Saturday, September 16th, Breakfast starts at 7:30 a.m. and ends at 10:00 a.m. Come and enjoy breakfast and leave the clean-up to us. We will be serving scrambled eggs, sausage patties, and all you can eat blueberry pancakes for \$7.00; Add-on our famous homemade gravy over bis-

cuits for \$2.00 more. Thank you for supporting the Orangevale Grange #354! We are located at 5807 Walnut Avenue, Orangevale. For a Party of 6 or more please call 916-988-8871 so we can reserve your table.

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-Z.F. Thrimej*



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CASA ROBLE RAMS DOMINATE LINCOLN IN 42-0 VICTORY, LOOK AHEAD TO DEL ORO MATCHUP

The meeting between the Casa Roble Rams and Lincoln turned into a one-sided affair, with the Rams delivering a crushing 42-0 win. The team's defense set the tone early, shutting down Lincoln's offense and recording three takeaways, including a blocked punt.

Quarterback Connor had a strong performance, completing 8 of 13 attempts for a total of 91 yards and two touchdowns. However, the real story of the game was Casa Roble's ground attack. The Rams tallied 249 rushing yards on 28 carries,

showcasing a dynamic offense that Lincoln couldn't contain. Blevins and Graham were the stars of the show, rushing for 128 and 112 yards, respectively, each adding a touchdown to their tally.

The Rams now have a week off to prepare for their highly-anticipated match against Del Oro. The community and fans are buzzing with excitement, eager to see if the Rams can extend their winning streak against a formidable opponent.

The next game against Del Oro promises to be a test of both skill and strategy, setting the stage for another intense showdown.

Photos & article by Tim Engle



CASA ROBLE RAMS DOMINATE LINCOLN IN 42-0 VICTORY, LOOK AHEAD TO DEL ORO MATCHUP ON SEPTEMBER 18 (HOME GAME)

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POW/MIA RECOGNITION DAY (PRISONERS OF WAR/MISSING IN ACTION RECOGNITION DAY)



Amid all of today's drama and controversies, we mustn't forget those who valiantly served our nation and were prisoners of war (POW) and those who are still missing in action (MIA), as well as their families.

The United States' POW/MIA Recognition Day is observed across the nation on the third Friday of September each year.

Ceremonies and events are held across the country honoring and remembering the sacrifices and service of those Americans who were prisoners of war and those who served and never returned home.

On POW/MIA Recognition Day, awareness of the plight of our POW and MIA service members is heightened, but

we should never forget them. **YOU ARE NOT FORGOTTEN** – that's the central phrase behind the POW/MIA Remembrance movement. Many of our service members suffered as prisoners of war during several decades of varying conflicts. While some of them made it home, tens of thousands never did. * Military.com

A POW/MIA Remembrance or Missing Man table assures our service members are not forgotten, not just on POW/MIA Recognition Day, but every day.

The missing man table may be a permanent display in or close to military dining facilities.

The POW/MIA Remembrance or Missing Man table consists of the following ele-

ments:
-A small table set for one, symbolizing the isolation of the absent service member.
-A white tablecloth symbolizes the pure intentions of the service members who responded to the country's call to arms.

-A single rose in the vase symbolizing the blood that service members have shed in sacrifice to ensure the freedom of our beloved United States of America. This rose also represents the family and friends who keep the faith while awaiting the return of the missing service members.

-The red ribbon represents a love of country that inspired service members to serve the country.

CONTINUE PAGE 16

(21)

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ADAM A. HOUSE SWORN IN AS NEW FIRE CHIEF

The Sacramento Metropolitan Fire District (Metro Fire) Board of Directors will host a momentous swearing-in ceremony at its regular meeting on August 10, welcoming the appointment of Fire Chief Adam A. House. Selected by the Board of Directors, Chief House will serve as the district's seventh Fire Chief following an extensive nationwide search. His selection will succeed the distinguished service of Interim Fire Chief Dan Haverty, whose dedication to public safety has spanned over three decades throughout the greater Sacramento region. Chief House holds the distinction of being the first Fire Chief to serve continuously as a member of Metro Fire since its inception in 2000.



Fire Chief Adam House

Chief House has accumulated an impressive 36-year tenure in public service, which includes four years in the United States Army as a Firefighter. Following active duty, he continued his fire service career in 1991 as a Firefighter in Yuma, Arizona, and eventually promoted to the rank of Captain. In 2000, he joined Metro Fire, ascending the ranks from Firefighter to Captain, Battalion Chief, and ultimately Assistant Chief. He was instrumental in establishing the Metro Fire Special Operations Division, specifically the Type 1 Hazardous Materials program where he served as the initial Program Manager. Furthermore, Chief House has played pivotal roles in Firefighter recruitment, and the Fire Academy where he served as a Drill Master.

deploying numerous times to major devastating incidents throughout California.

A Sacramento area native, Chief House proudly graduated from Cordova High School in 1987, and currently resides within the community of Sloughouse. He met his wife Gia in middle school, and they recently celebrated 30 years of marriage together. They are proud parents of two grown children, their son Joshua and daughter Taylor. Joshua is currently a Firefighter at Metro Fire, assigned to Firehouse 65 in Gold River.

"As a trusted member of Metro Fire's leadership team for many years, Chief House has the experience and respect of the Board members and the district's employees to lead this organization in the coming years," stated Metro Fire Board President D'Elman Clark. "We have great confidence that under his leadership Metro Fire will remain one of the best fire districts on the West Coast for effectiveness and innovation." Congratulations to Fire Chief Adam House on his well-deserved appointment.

As a Chief Officer at Metro Fire, Chief House served as the Division Manager within the Training, Health & Safety Division with direct oversight of the Training Academy, task level and promotional opportunities and training, special operations training, and the physical and mental wellbeing of the membership. Additionally, he contributed as a member of the FEMA Urban Search & Rescue Task Force 7, California Governor's Office of Emergency Services (CAL OES) Task Force 9, and the Type 3 Sacramento Regional Incident Management Team (SRIMT),

A formal Transfer of Command ceremony will be announced in the near future. For media inquiries, contact PIO Captain Wilbourn (916)616-2430.

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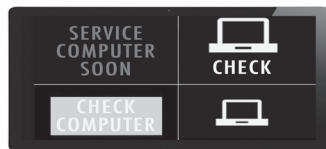
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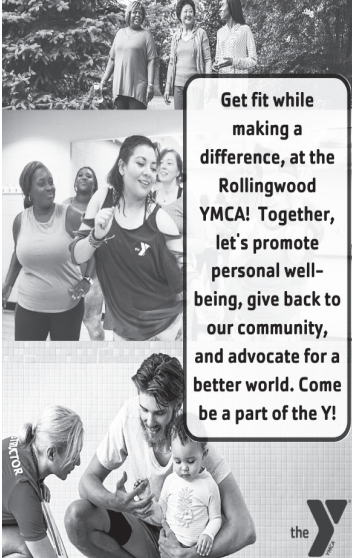
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POW/MIA RECOGNITION DAY (PRISONERS OF WAR/MISSING IN ACTION RECOGNITION DAY

Continued from Page 16

-A slice of lemon on the bread plate represents the bitter fate of the missing.

-Salt sprinkled on the bread plate symbolizes the tears shed by waiting families.

-An inverted glass represents the fact that the missing and fallen cannot partake.

-The candle is reminiscent of the light of hope which lives in our hearts to illuminate their way home, away from their captors, to the arms of a grateful nation.

-The chair is empty – they are not here. * U.S. Department of Defense, Wikipedia

National POW/MIA Recognition Day will be observed on Friday, September 15, 2023.

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This annual event honors prisoners of war and our missing and their families and highlights the government's commitment to account for them. * Military.com

This is a day to remember the sacrifices and service by our courageous POW and MIA service members to help ensure the freedom we cherish today.

YOU ARE NOT FORGOTTEN.

Let us honor our prisoners of war, those still missing in action, and all our veterans, past and present, for their dedication and love of country.

Article and photo by Sheila LaPolla
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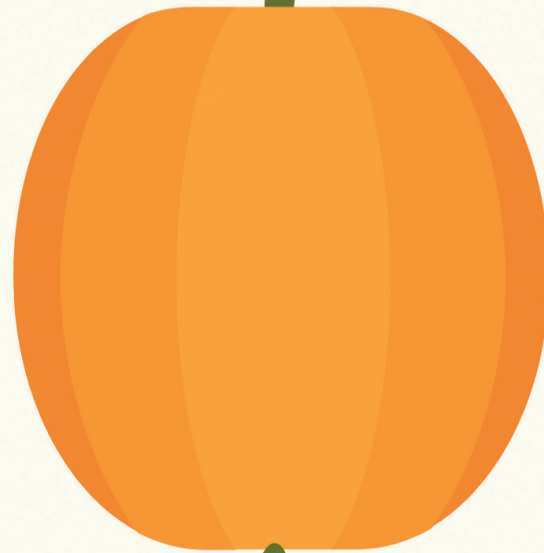
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Friday	10AM-6PM
Saturday	10AM-6PM

Heirloom Seeds Available at the Orangevale Library! Are you planning to plant a garden this fall? Our fall seeds have arrived! The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:00 a.m. Jane Wise Community Room Join us for songs, rhymes, and stories designed to build the early literacy skills of young children. This program is for parents and caregivers with young (0-5) children; older siblings are welcome to attend. This event is presented in English.

Read to a Dog Friday, Sept 8, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

STEAM LEGO® Robotics Saturday, Sept 16, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room

Design, build and program a robot using the LEGO® MINDSTORMS®EV3 kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

Family Art Jam Saturday, Sept 23, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room

Families with children are invited to join us in an art jam! We bring the supplies, you bring the creativity. We'll lay out art supplies from different mediums and you can make whatever you want with them.

Minecraft Gaming Thursday, Oct 12, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room

Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participants than PC laptops. This program is for students aged 6 - 17; registration is encouraged at www.saclibrary.org/events

ADULTS

Mixed Media Art Journaling Saturday, Sept 9, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room

Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group - The Appeal Saturday, Sept 16, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading The Appeal by Janice Hallett. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

Genealogy: Getting to Know You Saturday, Oct 7, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room

Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. This month our Root Cellar genealogists will discuss how to use four of the top genealogy websites in your search. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Oct 7, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room

Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30-minute help sessions are available at the Orangevale Library. Reserve your sessions online at www.saclibrary.org/events.

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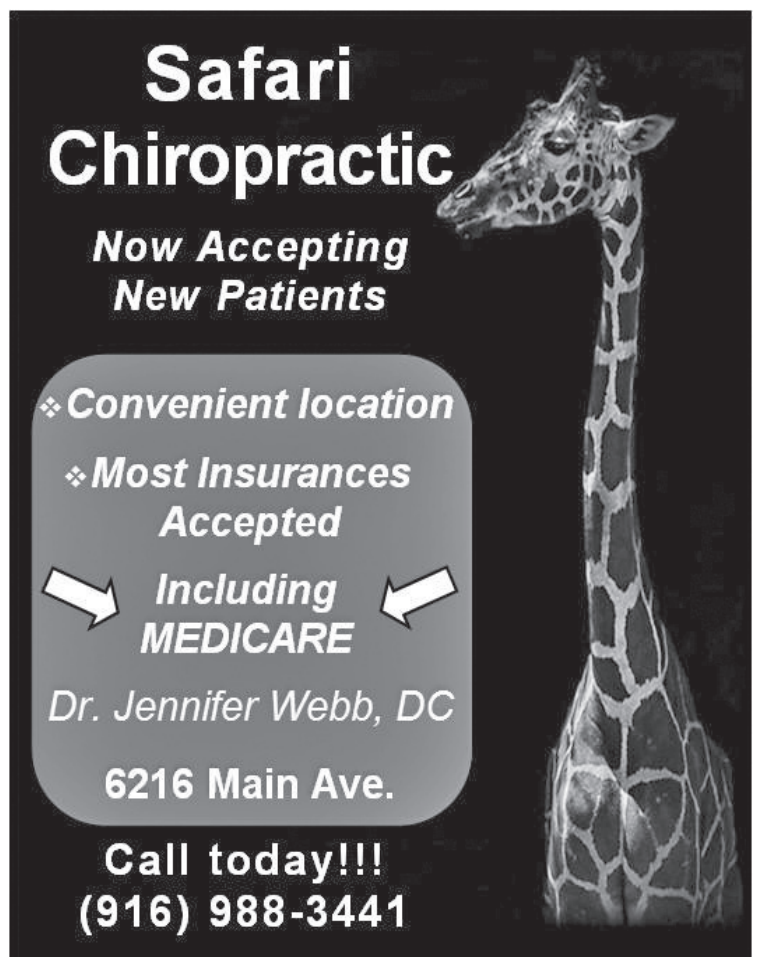
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SEPTEMBER
17
2023

10 am
-2 pm

Catch the Wellness Wave Health Fair

This is a **FREE** community event, designed to encourage healthy lifestyles, prevent and manage disease, and connect you to resources.

activities will include:

vital sign and blood pressure checks, dental care, hemoglobin test (\$25), AETNA, Smoothie tasting, **roasted corn**, growing sprouts, **massage chair**, motorcycle ministries, **a yard sale**, a raffle, and more!

Questions? Visit: <https://citrusheights.adventistfaith.org/> or call (916) 723-7777

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