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LOCAL YOUTH WINS WORLD CHAMPIONSHIP PAGE 10



ORANGEVALE-FAIR OAKS COMMUNITY FOUNDATION HOST 3rd ANNUAL TREAT OUR TEACHERS page 13

HOT AUGUST NIGHTS..... COME & ENJOY BREAKFAST IN THE COOL OF THE MORNING WITH US AT THE ORANGEVALE GRANGE ON SUNDAY, AUGUST 13th, 2023! Breakfast is from 8:00 a.m. to 10:30 a.m. Our Regular Breakfast is \$7.00, Scrambled Eggs, Sausage Patties & all you can eat Blueberry Pancakes. For just \$2.00 more, ask for our Hearty Breakfast, which is our Regular Breakfast plus our famous **Homemade Gravy & biscuits** OR our cinnamon French Toast. Thank you for supporting the Orangevale Grange #354 & our local Orangevale 4H servers.



Left to right: Past Honorary Mayor of Orangevale Julie King, County Supervisor Sue Frost, Assemblyman Josh Hoover, Congressman Kevin Kiley's representative Chelyssa Burglund, and Mark A Mark Aring, President of the OV History Project

ORANGEVALE HISTORY MUSEUM GRAND OPENING BIG SUCCESS

By MaryAnne Povey

Orangevale History Museum's grand opening was a resounding success! Community members gathered to enjoy live music, indulge in a delicious BBQ lunch from L & M Liquor & Deli, and savor ice cream treats from Dairy Queen. The event featured museum tours showcasing the months of hard work in assembling artifacts and exhibits that beautifully portray Orangevale's rich history.

The Orangevale Chamber of Commerce commemorated the occasion with a ribbon cutting ceremony along with elected officials, community leaders, history project organizers and volunteers.

County Supervisor Sue Frost, Assemblyman Josh Hoover, Congressman Kevin Kiley's representative Chelyssa Burglund, all made congratulatory remarks and presented the OV History Museum with proclamations to mark the occasion.

Mark Aring, President of the OV Project, welcomed everyone for coming out to the momentous event and after thanking a long list of donors and volunteers, he was presented with a check for \$1000 from the Orangevale Grange.

"It was an incredible day," said Mark, "I'm so thankful to everyone for all their hard work and dedication in making this dream become a reality. I encourage everyone to come out and take a look for themselves!"

The Orangevale History Museum is located at 6920 Hazel Avenue and is open: Tuesday 10 am - 2 pm, Thursday 4 pm - 8 pm and Saturday 10 am - 4 pm. Parking is in the back of the property.

The Orangevale History Project is our historical society, newly formed in early 2022, with a mission to preserve, chronicle and promote the history of Orangevale. To learn more about the project or make a donation to help bring our history of Orangevale to the community, visit OrangevaleHistory.org.

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at

least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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Lisa Montes -Editor

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Suzanne Feblowitz
MaryAnne Povey

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DEADLINES 2023

Aug 16 • Public Deadline

Aug 25 • PUBLICATION OUT TO

PUBLIC

Aug 30 • Public Deadline

Sep 8 • PUBLICATION OUT TO

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Sep 13 • Public Deadline

Sep 22 • PUBLICATION OUT TO

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Orangevale Summer Night's Concert August 11 at 5:30pm. Featuring Sunset River Band-with Keep The Faith. Food, Beverages and Booths. Fun for all ages. Orangevale Grange 5807 Walnut Ave Orangevale

UC Master Gardeners of Sacramento County present; HARVEST DAY Free Event: Saturday, August 5, 2023 Time: 8:00 a.m.–2:00 p.m. Location: Horticulture Center 11549 Fair Oaks Blvd. Fair Oaks, CA 95628 Outdoor Event: Bring a hat. Harvest Day is the annual gardeners' dream day! Spend your day with us. Experience, imagine, learn and have fun! Engage with folks from horticulture-related community organizations at multiple educational tables. Ask questions of Master Gardeners, shop garden specialty merchants, and picnic at the food vendors. Bring family and friends and join us during Harvest Day, Saturday, August, 5th from 8 a.m. to 2 p.m. For More Info: UC Cooperative Extension, (916) 875-6913; sacmg.ucanr.edu; facebook.com/sacmg

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Kinder Kidz

Ages: 4 & 5

Sept 11-Nov 3 M, W, F

9:00-11:30am

Fee: \$340 / \$345 NR

Kids Night Out - Autumn Adventures

Ages: 5-12

F 9/8 6:00-9:00pm

Fee: \$30 / \$33 NR



Top Notch Basketball League



Grade: K-2nd

M & Sa 8/21-10/8

M 5:30-6:45pm

Grade: 4th-6th

Tu & Sa 8/22-10/8

Tu 5:30-7:00pm or 7:00-8:30pm

Grade: 2nd-4th

W & Sa 8/23-10/8

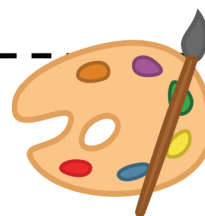
W 5:30-7:00pm

Grade: 6th-8th

Th & Sa 8/24-10/8

Th 5:30-7:00pm or 7:00-8:30pm

Fee: \$128 / \$131 NR



Artists Studio

Ages: 35+

Th 9/7-12/7 11:30am-3:00pm

Fee: \$60 / \$63 NR

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Memory

**Mary Georgina
Maldonado**



Our Precious Mother Mary Georgina (Fernandes) Maldonado passed away peacefully in the presence of her husband and children on the afternoon of July 10, 2023, at the age of 83. Mary found true love in her marriage of 63 years to her high school sweetheart Lupe Maldonado. Mary treasured nothing more than her married life, raising her three children with love for God and all things family. She was a dedicated and doting wife, mother, and grandmother, an attentive and caring daughter, sister, aunt, and friend. Extraordinarily gifted in hospitality, she opened her heart and home to multitudes of family and guests to celebrate every occasion, unceasingly. With a bounty of her delicious homemade dishes, holidays we're always immensely full of her generous love and graciousness.

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ORANGEVALE MUSEUM IS OPEN



ORANGEVALE HISTORY MUSEUM IS OPEN

Thank you, and many more Thank yous Orangevale for the tremendous turnout and support for the Grand Opening held July 15th of the first Orangevale History Museum planned and presented by the Orangevale History Project! It was a very hot day, but a large crowd of visitors still turned out. They enjoyed the ribbon cutting ceremony, recognition from our local dignitaries, food, and drinks from L & M Liquor & Deli and drinks. lovely music and a visit to the museum. Many sponsors and residents as-

sisted in the creation of the museum. The exhibits are eye catching, representing just part of Orangevale history. Come learn about the area and the people who established it. Exhibits will change and high-tech platforms have been introduced. The museum will now be open three days a week so come back or come on by. Open hours are Tuesday – 10 a – 2pm, Thursday – 4pm – 8 pm (drop in before or after your visit - walking distance - to the Farmer's Market), and Saturdays – 11 am – 4pm Location is 6920 Hazel Avenue just north of the Community Center. Enter the driveway

and continue on around to the right. The museum gift shop has Orangevale apparel and OV swag as well. Entry is free but donations and/or purchases from the gift shop are welcome.

Docents are available during visiting hours. Additional docents are needed to assist for two hour shifts. If you are interested in history, you are the one we are looking for to join the Orangevale History Project and become a docent. Training will be provided. Just call 916 800 - 4711 or email orangevalehistory-project@gmail.com to let us know your interest.

We are still interested in hearing stories and receiving artifacts* from your family history too. *A Request to Donate form can be completed. Contact us via the email or phone above number listed. Again, Orangevale and surrounding community – Thank you! This is Your Orangevale History Museum.

2023-24 SCHOOL MEALS PROGRAM - SAN JUAN UNIFIED SCHOOL DISTRICT

San Juan Unified School District announces the sponsorship of the National School Lunch and the School Breakfast Program. The program is available without charge to all eligible participants. San Juan Unified also sponsors all district schools in participating in the Community Eligibility Program (CEP), where all students are fed at no charge.

Under California Universal Meals Program, San Juan Unified's Nutrition Services provides one breakfast and one lunch, at no cost, to all enrolled students when on campus each school day. Enrolled students are eligible to receive one breakfast and one lunch for free.

For additional information please contact: San Juan Unified School District, Nutrition Services Department, 3738 Walnut Ave., Carmichael CA, 95608, 916-971-7026, sjusd-nutritionservices@sanjuan.edu.

BACK TO SCHOOL FOR UNDER \$25.85

I wanted to share with you a fun segment idea that your viewers might be interested in. Money is tight for so many families - with gas, rent, and food prices continuing to rise, families may be feeling stressed about how they'll send their kids back to school with all of the items needed for a successful year. I wanted to see if you'd be interested in a segment that will get parents in and out of the store - with all of their student's items - for under \$25.85. The items and prices I pulled below are from Walmart.

NOTEBOOKS

- 4 Pen+Gear 1-Subject Notebook, Wide Ruled, 70 Sheets - \$0.35 each.

Pens and Pencils

- BIC Cristal Ballpoint Pens, Black, 10 Pack, 1.0 mm - \$1.27 each.
- BIC Xtra-Strong Mechanical Lead Pencil, Colorful Barrel, Thick Point (0.9mm), 10 Count - \$2.74 per pack.

ART SUPPLIES

- Crayola Classic Crayons, Assorted Colors, Back to School, 24 Count for \$0.50.

BACKPACKS

Backpacks are a great way for your child to show off their personality! Walmart has plenty of options. Whether they prefer vibrant colors, their favorite character, or a funky design to stand out, we've got them covered!

- Wonder Nation Kids 16" Laptop Backpack, Hippie Floral Ochre Harvest - \$6.00

LUNCHBOXES:

Lunch is the second most important meal of the day! Make sure your child is able to snack in style. Walmart has plenty of options at affordable prices. From classic designs to organized compartments to fun designs, Walmart has plenty of options to suit your child's taste.

- Minecraft Boys Lunch Box Creeper Insulated Lunch Bag Green - \$14.99

Submitted by Michelle Gerome

BRILLIANT FILM

The movie Barbie is recommended, splendid, reflective, resilient, feminist, progressive.

Ferrera's key role and the rest of the cast keep improving this film from its first scene to last.

Beaches, brains, brilliance: this movie has and causes more respect, applause, and also laughs.

-Z.F. Thrimej

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It is the time of the year that we cook and eat outside if it is cool enough. So when you are getting ready to prepare some food for your outdoor dining, remember to set aside some recipes to share with us. This is a "vintage" recipe submitted by Lynne Miles from 2007! She got this from the Weight Watcher's Day by Day magazine cookbook, and she said it is fantastic!!! She did admit that she was afraid it would be too spicy. The first time she made it she used one Jalapeno pepper and the second time she made it, she used two Jalapenos and she didn't taste any heat either time. She marinated the chicken at least 8 hours both times she made it. If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz

at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

GRILLED JALAPEÑO CHICKEN

1/3 cup fresh lime juice
 1/4 cup honey
 2 tablespoons fresh cilantro leaves
 2 tablespoons soy sauce
 1/4 tsp salt
 1/4 tsp pepper
 3 jalapeno peppers, halved and seeded
 3 garlic cloves, chopped
 6 (6-ounce) skinned bone-in chicken breasts
 cooking spray

1. Place first 8 ingredients in a blender; process until

smooth. Combine lime juice mixture and chicken in a large, heavy-duty zip-lock plastic bag. Seal bag and marinate chicken in refrigerator 1 to 8 hours.

2. Prepare grill. Remove chicken from bag, reserving marinade. Place chicken on grill rack coated with cooking spray; cover and grill 12 minutes on each side or until done, basting occasionally with reserved marinade.

Yield: 6 servings - 3 points each (Diabetic Exchange 3 V-L Meat, 1 Starch)

Aging Well
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 OF NORTHERN CALIFORNIA

Saturday, October 7, 2023
9 am -2 pm
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Join us as we return to our in person Aging Well Symposium and Resource Fair. This symposium is to share critical information in caring for aging loved ones as well as how to prepare for our own aging experience. Additionally, you will have a room full of resource professionals in all areas of senior care. Visit <https://agingwellnc.com> for complimentary tickets

Orangevale Farm & Garden Club meets the 1st Saturday of each month Sept through June at Orangevale Grange, 5807 Walnut Avenue, Orangevale. Doors open at 8:45 am; meetings 9:00 - 10:30 am. Meetings feature garden experts. Guests welcome! Contact Jim Beilgard at ovfgc2021@gmail.com

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Local SPORTS

LOCAL YOUTH WINS WORLD CHAMPIONSHIP TITLE

Alexis Mariscal is 12 years old. She has been training martial arts since she was 5 years old. She initially started in Karate and was a 2x Kumite National Champion. About 4 years ago, Alexis stated training in Judo, Jui Jitsu, and Pankration. This past May, Alexis traveled to Ontario, California and competed in the United States Fight League Pankration Nationals where she placed 2nd and secured her spot to travel and compete in Abu Dhabi at the 2023 IM-MAF Youth World Championships and represent

the United States. The IM-MAF Youth World Championships hosted over 600 athletes from 46 federations making it the biggest celebrations of youth MMA to date.

On August 2nd, Alexis went undefeated and secured wins against India, Italy and a USA teammate making her the 2023 IM-MAF Youth World Champion for the 12-13 girls 115lbs division.

Alexis trains MMA out of Thomas Fallon's Mixed Martial Arts in Citrus

Heights. She spends countless hours training and helping train her younger teammates at her gym in addition to training several times a week at Team Maxwell Jiu Jitsu. To prepare for her journey across the world she also cross trained with the Swamp Monsters, a top girls wrestling team out of California.

Alexis is 1 out of 6 Youth World Champions from the USA this year.

Follow her on Instagram at Lexinator2011



Alexis Marisca Youth World Champion

DRIVING OUT HUNGER GOLF TOURNAMENT 2023.

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increased 5x what it was pre-covid.?! In 2022, we gave out 770,000 meals valued at over \$1.2 million. We are n track to distribute OVER 1,000,000 meals locally in 2023. Your sponsorship & participation in

our Annual Driving Out Hunger Golf Tournament makes this all possible. Come have fun & help us DRIVE OUT HUNGER in our community! <http://cf-ovfo.ticketspice.com/driving-out-hunger-golf...>

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This drive is for the homeless children of San Juan Unified School District



For questions please contact
Carol Horst: carolhorst60@gmail.com

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from Horace Mann for donating the waters and some prizes, and the Orangevale Library for joining us to share some of the many resources you have for teachers! And a HUGE thank you to all of you that donated to this event by sponsoring teachers or donating supplies! We believe that thriving schools, students and TEACHERS are an important part of this community and we are proud to support them all!

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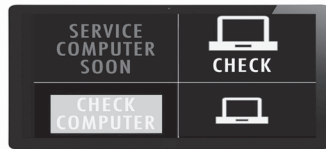
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The below information is based on data obtained at MetroList Services, Inc. Frank Crandall eXp Realty of California, Inc. Co-Host of The Radio Realtors on AM1380 The Answer Saturdays 4-5pm & Money 105.5FM - Saturdays 9-10am and Sundays 11am-12pm Phone: 916-756-6042 www.FrankCrandall.exprealty.com

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8458 N Star Way, Orangevale, CA 95662	3	2 (2 0)	1296	\$515,000
8983 Coan Ln, Orangevale, CA 95662	5	2 (2 0)	2598	\$525,000
6620 Mirwood Ct, Orangevale, CA 95662	3	2 (2 0)	1378	\$534,000
5639 Beech Ave, Orangevale, CA 95662	4	2 (2 0)	1285	\$540,000
9344 Twin Lakes Ave, Orangevale, CA 95662	3	2 (2 0)	1468	\$545,000
5911 Chestnut Ave, Orangevale, CA 95662	3	2 (2 0)	1394	\$560,000
8907 Hazel Hill Ct, Orangevale, CA 95662	4	2 (2 0)	1746	\$560,000
9425 Shumway Dr, Orangevale, CA 95662	3-4	2 (2 0)	1637	\$595,000
8862 Nimbus Way, Orangevale, CA 95662	3	2 (2 0)	12127	\$625,000
8868 Fortuna Way, Orangevale, CA 95662	5	3 (3 0)	12112	\$655,000
9342 Rolling Glen Ct, Orangevale, CA 95662	4	3 (2 1)	2043	\$660,000
7010 Heritage Oak Ct, Orangevale, CA 95662	4	3 (2 1)	2339	\$700,000
8983 Augustine Ct, Orangevale, CA 95662	4	2 (2 0)	1840	\$720,000
7234 Almond View Ct, Orangevale, CA 95662	3	3 (2 1)	2050	\$800,000
7800 Lazy Trail Ct, Orangevale, CA 95662	3-4	3 (3 0)	3071	\$1,280,000

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Come support over 60+ vendor and non-profit organizations including exclusive sponsor Friends of Front Street Shelter who will be showcasing some adoptable furry friends who are ready to become part of your forever home. Other organizations like Almost Home 4ever, Animal Rescue League, Canine Companions, Effie Yeaw Nature Center, Golden Gate Basset Rescue,

Gunter's Legacy Animal Rescue, Inc., Hope for Horses, Inc., Norcal Golden Retriever Rescue, RRUFF, Sacramento Shelter Pets Alive, Sacramento SPCA, ShepHeroes, Whisker Warriors Animal Defense Fund, Yolo County Spay And Neuter Group, Northern California Herpetological Society and many, many more will also have pet education, materials, and details for pets of all kind.

While strolling along with

your pet (must be on leash) stop by our event sponsor Friends of the Front Street Shelter for chip checking and registration. You can also enjoy the live sounds of Out Yonder, food trucks, local crafters, and businesses who are have a thing or two for pets and their humans.

What else can you expect at this PETacular event? Bring a donation of pet food to the Helping Hands OV booth and be entered for the chance to win a \$100 gift card.

For even more excitement, enter your pet in one of the many events for a chance to win some PAWsome prizes. Does your dog have a need for speed? Sign them up for the Chihuahua Races, Weenie Races or Running with the Bull (English or French dogs). Maybe your pet is more of a fashionista? Show off their couture in the costume contest. Does your pet have a special talent and is ready to flaunt their skills? Let your pet do their best to impress our judges. Register for all activities at www.bowwowdays.com

BOW WOW DAYS is produced in partnership with All Events Management Group and Helping Hands OV. For more information about the event. Feel free to email info@bowwowdays.com



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Heirloom Seeds Available at the Orangevale Library! Are you planning to plant a garden this fall? Our seeds for cooler weather will be arriving soon. The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

Kids

Family Storytime Every Thursday, 10:30 a.m. - 11:00 a.m. Jane Wise Community Room Join us for songs, rhymes, and stories designed to build the early literacy skills of young children. This program is for parents and caregivers with young (0-5) children; older siblings are welcome to attend. This event is presented in English.

Read to a Dog Friday, Aug 11, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

STEAM LEGO® Robotics

Saturday, Aug 19, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room
Design, build and program a robot using the LEGO® MINDSTORMS®EV3 kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

Minecraft Gaming Thursday, Sept 7, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room
Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participants than PC laptops. This program is for students aged 6 - 17; registration is encouraged at www.saclibrary.org/events

Adults

Mixed Media Art Journaling Saturday, Aug 12, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room

Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group - An Immense World Saturday, Aug 19, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room
Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading An Immense World by Ed Yong Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available cop-

ies of the books and ebooks.

Genealogy: Getting to Know You Saturday, Sept 2, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room
Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. This month our Root Cellar genealogists will discuss how to use four of the top genealogy websites in your search. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Sept 2, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room

Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30-minute help sessions are available at the Orangevale Library. Reserve your sessions online at www.saclibrary.org/events.

Orangevale Farm & Garden Club meets the 1st Saturday of each month Sept through June at Orangevale Grange, 5807 Walnut Avenue, Orangevale. Doors open at 8:45 am; meetings 9:00 - 10:30 am. Meetings feature garden experts. Guests welcome! Contact Jim Beilgard at ovfgc2021@gmail.com.



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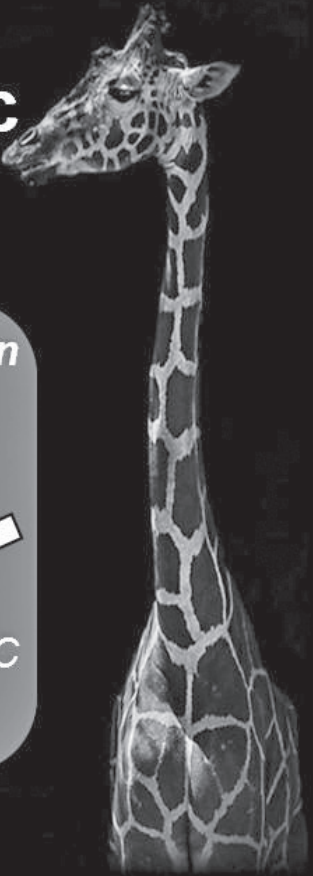
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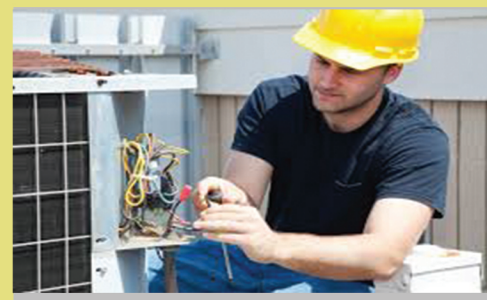
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