

## run, walk, roll or ride 4th annual red white & blue 5k fun run returns

ORANGEVALE'S SUMMER PALOOZA PROGRAM & GUIDE INSIDE COMPLIMENTS OF ORANGE VALE WATER

# TEMPORARY TRAFFIC DELAYS ON JUNE 11TH.

TRAFFIC DELAYS: Filbert Ave (Between Oak Ave and Nola Ave), Elm Ave (Between Pecan Ave and Filbert Ave), Pecan Ave (Between Central Ave and Elm Ave), Central Ave (Between Pecan Ave and Filbert Ave). PAGE 4



SUMMER NIGHTS CONCERT SERIES STARTS JUNE 10, 2022 PAGE 16



Photo by Patrick Povey

Coming to Orangevale Community Park on June 11th, Women Veterans Alliance Red White and Blue 5K Run Walk Ride. We are very excited to for the 4th Annual Fun Run in Orangevale which is open to the public.

There are approximately 2 million women veterans and this number is rapidly growing. As a society, when Veterans are thought of women almost never come to mind. These dedicated women can be found nationwide, but go largely unrecognized in our communities. Women Veterans Alliance started in Sacramento three years ago and is now the fastest growing professional women veterans networking organization.

We would love your support to help empower the women that have served our country. Ways to support us, participate as Individual or Team. Many participants are fundraising as an individual or team. One of the participants Lori Anne Young a Marine Corps Veteran is running in honor and memory of her friend Captain Jennifer J. Harris, USMC, Killed in Action February, 7 2007. In addition to the run, we are having Fun in the Park where we are going to have awards ceremony, exhibitors, and more. We have opportunities available for vendors, exhibitors and crafters (special rates for crafters and non-profits).

Registration opens at 7am. Don't worry - Onsite registration is welcomed. Run will start at 8am with an opening ceremony including national anthem and paying respect to the flag of our country.

This is going to be a great event and we look forward to seeing you. Come out and show your support along the run route.

More information can be found at www.WomenVeteransFunRun.com

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# **ABOUT THE VIEW**



#### ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, awardwinning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials.

await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.
Please use this format so we do not have to send your work back to you for corrections.
(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
(5) Please email submissions, to YOUR newspaper. The email address is editor@ ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF: Brad Tatum -Publisher/Advertising Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS Brandy Wade Suzanne Feblowitz MaryAnne Povey AWARD WINNING PAPER Business of the Year 2013 Business Person of the Year 2010 Editor -

California Capital Women Business "Commuity Impact of The Year 2020" California Senate Woman of the Year 2012

ORANGEVALE VIEW 9172 Greenback Ln. #C Orangevale, CA 95662 For Advertising Call (916) 899-0207 info@ovview.com www.OVVIEW.com

JUNE 2022 DEADLINE WED. JUNE 15 OUT TO PUBLIC FRI. JUN 24

JULY 2022 DEADLINE WED. JUN 29 OUT TO PUBLIC FRI. JUL 8 DEADLINE WED. JUL 13 OUT TO PUBLIC FRI. JUL 22

AUG 2022 DEADLINE WED. JUL 27 OUT TO PUBLIC FRI. AUG 5 DEADLINE WED. AUG 10 OUT TO PUBLIC FRI. AUG 19

SEP 2022 DEADLINE WED. SEP 7 OUT TO PUBLIC FRI. SEP 16



JUN 2022 PROGRAM/MEETING - JUNE 1, 6:30PM ORANGEVALE HISTORY PROJECT ORANGEVALEHISTORY-PROJECT@GMAIL.COM

OV SUMMER NIGHTS JUN 10 www.ovfocf.org

GRANGE COMMUNITY BREAKFAST JUN 12 www.orangevalegrange.org

BUNKO JUN 17 www.orangevalewomansclub.org

SUMMER PALOOZA FATHER'S DAY WEEKEND JUN 17-19 ORANGEVALE PARK

Advertising in the Orangevale View is good for the community. Call Brad at 916.899.0207 for advertising opportunties. Send article & photos and stories to editor@ovview.com.











#### ORANGEVALE HAS OUTDOOR FITNESS EQUIP-MENT

You now have your own outdoor gym in Orangevale. It is located within Orangevale Community Park near the playground on Oak Ave., and it includes five pieces of fitness equipment from Greenfields Outdoor Fitness. There is a back extension, a vertical press, an upright bike, a situp bench, and a tai-chi station. This outdoor gym was made possible by valuable contributions by: OVparks, Rotary Club of Or-California angevale,



Parks & Recreation Society, and Greenfields Outdoor Fitness. This is a great place to work towards your fitness goals, so come out and give it a try.



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## TEMPORARY TRAFFIC DELAYS ON JUNE 11TH

Hello Orangevale Residents,

On the morning of JUNE 11h, 2022 your street will experience temporary traffic delays for the Women Veterans Alliance 5K Run Walk Ride. The delays will be from 7:45am - 9 am. Residents will have emergency access when needed. We appreciate your understanding and support of our women that have served our country.

We would love if you could come out and wave it along the 5k run which will begin at 9am at Orangevale Park and will proceed down Filbert Ave and return back to Orangevale Park. The women veterans and other participants I know would love that show of support. From 7-10 am we are having Fun in the Park. For more information regarding this event visit: www.WomenVeterans-FunRun.com.

Traffic Delays: Filbert Ave (Between Oak Ave and Nola Ave), Elm Ave (Between Pecan Ave and Filbert Ave), Pecan Ave (Between Central Ave and Elm Ave), Central Ave (Between Pecan Ave and Filbert Ave).

Very respectfully, Melissa Washington, Navy Veteran President and Founder of Women Veterans Alliance

# WHAT IS A CUB SCOUT?

#### WHAT IS CUBSCOUTS?

Cub Scouts do fun things with other kids! They get to wear a cool uniform, go places, and see things. They play all kinds of sports and games and build things, like race cars and bird houses. Cubs learn about science and nature, and lifesaving skills like first aid, weather preparedness, and water safety. They go to different camps, try a variety

of outdoor activities, and the best part? Each

Cub Scout makes new, lifelong friends, all while participating in these activities and earning awards.

#### WHO IS PACK 310?

Pack 310 is a family pack offering programs for boys and girls from K through 5th grade in the greater Orangevale area. We meet as a pack at Divine Savior Catholic Church in

## Cub Scout Pack 310 Summer Fun Calendar

Orangevale on the third Monday of each month, plus weekly den meetings. Pack 310 has proudly served the Orangevale community for decades.

#### HOW DO WE JOIN?

If you are interested in joining the fun, feel free to attend any of our upcoming

events to meet our leaders and other families and learn more about the program. When you are ready to register, visit www. beascout.org, use the QR code below, or email us at ovpack310@gmail.com.



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At a pizza school, graduates toss their caps like they're pizza dough spinning into the sky. Pizzas on their mind (that's why). There was only one topping, and that would be the tassel. And they all catch their caps cuz pizza dough is fragile.

-Z.F. Thrimej

#### June 3<sup>rd</sup> – Pack Picnic

Join us at 6pm at Christ the King Church for our annual end of year family picnic. We'll have a potluck BBQ dinner, launch soda bottle rockets, and celebrate another great year of scouting.

#### June 17<sup>th</sup>-19<sup>th</sup> – Orangevale Summer Palooza

While you're enjoying the summer fair, be sure to come by our recruiting table in the vendor area. We'll have fun activities, treats, and information about joining Pack 310.

#### June 20<sup>th</sup> – Ice Cream Social

Come meet the Pack from 6pm to 7:30pm at our charter organization – Divine Savior Catholic Church. Make an ice cream sundae, learn about the scouting program, and meet other Pack 310 families.

#### June 24<sup>th</sup> – Swim Night

Cool off at the Orangevale Community Pool with Pack 310 from 7:30pm to 9pm. We'll be offering swim safety information, games, and a treat during the evening swim session.

#### July 18<sup>th</sup> – Game Night

Bring your scout and the rest of the family to Pack 310's boardgame night from 6:30pm to 8pm at Divine Savior Catholic Church. We'll have a variety of games to choose from plus friends and popcorn.

#### July TBA – Fishing in the City

Scouts will be taught beginner fishing skills by CA Department of Fish and Wildlife staff. All equipment provided. Date, time, and location to be announced.

#### August 5<sup>th</sup> – Swim Night

We'll end the summer season with one more evening swim at the Orangevale Community Pool from 7:30pm to 9pm.

Orangevale Farm & Garden Club meets the 1st Saturday of each month Sept through June at Orangevale Grange, 5807 Walnut Avenue. Orangevale. **Doors** open at 8:45 am; meetings 9:00 - 10:30 am. Meetings feature garden experts. Guests welcome! Contact Jim Beilgard at ovfgc2021@gmail.



#### THE BEGINNING..... HOW THE GRANGE STARTED IN ORANGEVALE

Chartered on April 10, 1910, the Orangevale Grange #354 and has been serving the Orangevale Community for more than 112 years. The California State Grange along with the Orangevale Grange was a strong and influential force in establishing California's important Central Valley Water Project and the construction of Shasta and Folsom dams.

The Orangevale Grange held its first meeting in the hall above the Carson and Castleman Store located on the corner of Walnut and Greenback Lane. They had no electricity in the hall and used lanterns for light.

A Grange member, Adelaide Morse and her home were chosen as the first library. She served in the position for 45 years. The library was started with one hundred donated books.

In 1916, donating money and numerous hours of volunteer labor, the Orangevale Grange members participated building the Orangevale Community Club House at the corner of Greenback Lane and Hazel Avenue. It was the center of numerous community activities until destroyed by an arson fire.

For almost 50 year all the roads in Orangevale were dirt roads They were graded to allow the water running to the sides. Whenever possible, residents would avoid driving on Greenback Lane during the rainy days. Grange committees actively worked for better and safer roads for the area.

In 1950 two "Dawn" Redwood Trees were donated to the Grange. The Orangevale Grange feels very lucky to have these trees still standing on the property today.

In May 1955, the Grange purchased ten acres on Walnut Avenue to build a Grange Hall. On April 15, 1956, the groundbreaking took place for the construction of the new hall, where it is located today. In the spring of 1960, selling five acres on the north side of the Grange property to the Northern Lutheran Church. The Orangevale Grange began Sunday Breakfast in 1965 on the 2nd Sunday of each month. That tradition has continued serving the Orangevale Community, with our monthly Grange Breakfast from 8:00 a.m. to 10:30 a.m., at 5807 Walnut Avenue. Stop by and enjov our famous biscuits and gravy. The Grange is the site of numerous community events during the month. Refer to our website for Orangevale Grange at orangevalegrange.org or needing a rental call 916-988-8871. Written by Linda Macklem, **Orangevale History Project** See Orangevale History Project on Facebook and live interviews on You Tube



The Many Hatted House

Join us – Orangevale History Project - on Wednesday, June 1st, as we investigate the house that served many purposes in Orangevale, starting from the very beginning! President Mark Aring will present at 6:30pm at the Orangevale Chamber of Commerce (corner of Greenback Blvd & Hazel Ave) as we continue to research, preserve and share the wonderful history of our community. It is fascinating

#### THE GRANGE AWARDS SCHOLARSHIPS

It was a wonderful month for The Orangevale Grange #354 to award Scholarships in person. All the students are to be commended for their outstanding academic performance, especially during the last two years.

Whether they wrote letters to hospice patients, community theater, community fundraisers and events, camp counselor, link crew, AVID, or working part-time, they all stayed actively focused in school and the community. We started off at Sierra College, for their 45th Scholarship Celebration, awarding Antelope/Orangevale the Grange Scholarship to Brittany Loftus, a second year outstanding Nursing student.

Next was Bella Vista High School, the Orangevale Grange Scholarship was awarded to Kathleen Huynh, who will be attending California State University, Fullerton.

The following week was Casa Roble Fundamental High School, the Orangevale Grange Scholarships were awarded to; Caelyn Anderson, attending the Dominican University of California; Dayanara DePaz-Torres, attending University of California, Davis; Zachary Fisch, attending UCLA; Kolby King, attending University of Nevada, Reno; and Olivia Pembroke, attending University of California, Santa Cruz. The Orangevale Grange was delighted to award \$3,500 in Scholarships to these dedicated students. We CONGRATU-LATE and wish them all a successful future meeting their goals and enlightening the world we live in

Orangevale Library Book ook or Eaudiobook from our Club digital collection using Libby and Hoopla. Hello Orangevale. If you haven't had a chance to visit Orangevale Library Book us vet please take a moment Club: "A Woman of No Imto come and see us in our portance" beautiful new library. Our Saturday, June 18th, 1:30 Adult Book Club is up and pm-2:30 pm running again and start-In June we will be reading A Woman of No Importance ing in June we will meet in person on the 3rd Saturday by Sonia Purnell. This New York Times best seller was of each month at 1:30pm. You can pick up a copy of the also chosen as Best Book of book from the Orangevale the Year by multiple orga-Library one month prior to nizations and was the 2020 the meeting and you can also Plutarch Award winner for check out a copy of the Eb-Best Biography.

Roseville Better Gardens Club meets at Maidu Community Center, 1550 Maidu Drive, Roseville each month from September to May. Doors open 12:30; meeting 1:00-3:00. Garden experts speak at each meeting. GUESTS WELCOME! Call 916-988-3850 for specific meeting dates or go to www.californiagardenclubs.com & click on "Find Clubs" for information.



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We would love your summer recipes! I couldn't think of one, so I asked my sister and she gave me this recipe. It is a perfect refreshing dish to serve during our summer heat! The traditional dish is served with shrimp, but this variation is basically vegan! You can eat it as a main dish or as a side dish! If you would like to share a favorite summer recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

GARBANZO AGUACHILE

•1 cup freshly squeezed lime juice (from 8 to 12 limes)

•1 cup cilantro leaves and tender stems (about ½ bunch), plus more for serving

•1/4 medium white onion, thickly

Cost:

sliced • 1 small or medium serrano, halved (and optionally deseeded for less heat)

- •3 garlic cloves, peeled
- •1 teaspoon soy sauce

•1 tablespoon extra-virgin olive oil, plus more for serving (optional)

1/2 teaspoon white miso -Optional
2 (15-ounce) cans garbanzo beans (aka chickpeas), drained and rinsed
1/2 English cucumber or regular cucumber, peeled

• 1/2 medium red onion

•Saltines or tostadas, vegan mayo, and/or sliced avocado, for serving

1.In a blender or food processor, combine the lime juice, cilantro, white onion, serrano, garlic, soy sauce, olive oil, and miso (optional). Blend until smooth.

2.Set a fine-mesh strainer over a bowl. Pour over the blended mixture and strain. Discard the pulp caught in the strainer, so you're just left with the vibrant green liquid. 3.Add the liquid to the garbanzos. With clean hands or a potato masher, gently mash the mixture until onethird to one-half of the beans are smushed (this helps them absorb the liquid, but you want some whole, too, for varied textures). Gently press down the garbanzos to immerse them as much as possible.

4.Thinly slice the cucumber into rounds. Thinly julienne the red onion. The thinner the better. Add the cucumber and red onion to the garbanzos and mix to combine. Let this sit for another 10 to 15 minutes minimum for flavors to really absorb; you can also cover and refrigerate for up to 8 hours.

#### 5.When you're

ready to eat, transfer the aguachile to a serving dish. Garnish with a drizzle of olive oil (optional) and a few cilantro leaves.

6.Serve with crackers or tostadas, vegan mayo, and/or avocado slices.

#### **ORANGEVALE YOUTH SOCCER CLUB**

On-line Registration: Online registration for the Fall 2022 OYSC soccer season is now open for On-line Registration

Registration Dates: April 1-June 30, 2022

Registration link: https://system.gotsport.com/progams/58010K502?REG\_role=player

U-6 & U-8  $\rightarrow$  \$100 per player U-10 through U-19  $\rightarrow$  \$115 per player

Uniform Costs: \$45 (tax included) purchased at Soccer Pro, 11726 Fair Oaks Blvd., Fair Oaks.

#### What you need for Online Registration:

#### **ALL PLAYERS**

- One (1) digital copy (i.e., scanned) of State-Certified Certificate of Live Birth (hospital or baptismal certificates are not legal documents and cannot be accepted). California Youth Soccer Association regulations require Certificate of Live Birth for registration.
- One (1) digital photo of the player that shows only the head/face without sunglasses or hats.
- A credit or debit card to pay registration fees.

\$20 charge will be deducted from registration fees for refunds requested before Aug. 1. <u>NO REFUNDS WILL BE ISSUED AFTER August 1<sup>st</sup></u>

Need more information? Have questions? Visit us on the website at <u>www.ovalesoccer.org</u> or call 916 988-1528

ORANGEVALE VIEW JUNE 10, 2022



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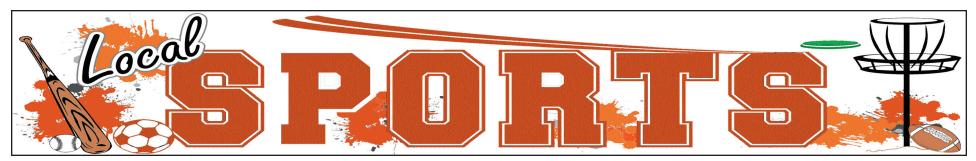
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EVEN

Orangevale View



Join us Friday, June 17, 2022 at the Orangevale Grange Hall for Bunco Night!! 5807 Walnut Ave, Orangevale Everyone over the age of 18 is welcome!

Prizes for the most Bunco's, most Wins, & most Losses. Door prize, lots of Raffle Prizes including a Split Pot.

> Cost: **\$25 advance only**. Cash or Check only. Paid admission includes: A Dessert Bar and a beverage. Plus, a ton of Fun!

#### Doors open at 6:00 pm, Games start at 7:00 pm

For ticket information call: (916) 989-0297 or 916 417-9750

#### Hosted by:

The Orangevale Woman's Club has been supporting the Orangevale Community since 1913. A portion of the fund raiser net proceeds will go back to the Orangevale Community to support The OV Food Bank, Scholarships, Veteran Programs and Local Educational needs







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# SUN 12TH JUNE 12 8AM - 10:30AM

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# CONGRATS CASA CLASS OF 2022! GO MAKE A DIFFER-ENCE IN THE WORLD! WE ARE PROUD OF YOU! GO RAMS!

Additional Complimentary Photos of Casa Roble Graduation available on FaceBook/Orangevale live



Photo credit: Heidi Lettau



JUNE 10TH

6-9PM



The OV-FO Community Foundation is excited to announce that Orangevale Summer Nights is back for the 3rd Year of the OV Summer Nights Concert Series. The Opening Show will be Friday, June 10th and is FREE. Ariel Jean Band will be performing along with guest opener Bobby Dickson. A special THANK YOU to our June Main Sponsor Trio - Easy

Stumps, LMS Garage Doors and Pappas Poolsfor helping to make this concert possible. Please bring your blankets or lawn chairs and enjoy an evening with your community. Food Trucks and Beverage Vendors will be there, lots of local clubs and groups will be out there to mingle with and it is a VERY family friendly environment. No pets allowed.





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Lady Bugs wanted. Top \$ \$ \$ paid for several gallons.. They are moving into their mountain nests along the creeks and springs this month. Please bring them to naturalpestcontrols.net in Orangevale Ca 95662. Phone 916-726-0855 and talk to Jeff for more info.

ave, orangevale

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## WORLD CLASS EQUESTRIAN PERFORMERS COMING TO ORANGEVALE'S SUMMER PALOOZA

World Class Equestrian Performers Coming to Orangevale's Summer Palooza

#### By MaryAnne Povey

What do you get when you put beautiful horses together with some talented, nimble, acrobatic horse-lovin' riders? The Nu Balance Vaulters! This fabulous group came together in 1990 right here in our own hometown of Orangevale when club founder Michelle Solorzano decided to start a horse camp for kids.

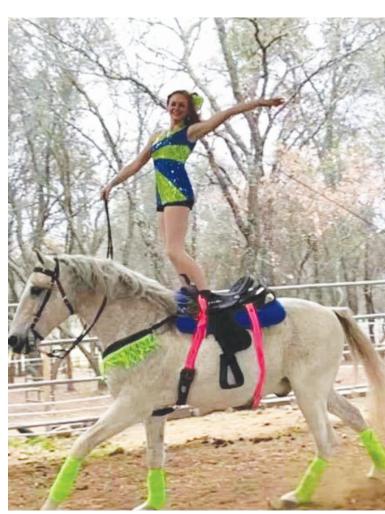
What started out as a group of 21 kids and their ponies, has blossomed into a full-fledged unique acrobatic riding/performing club of nearly 50 performers ages 4 to 37, that have traveled the world dazzling audiences in Germany, Holland, Austria, Hungary and London performing for Queen Elizabeth herself!

"This all started out with a horse and a passion to perform," said Nu Balance founder and trainer, Michelle Solorzano. "With my daughter's encouragement, we decided, "let's do this" and haven't looked back since".

Locally the Nu Balance team performs at the California State Fair and other county fairs, but this is the first time the team will be participating in the Orangevale's Summer Palooza June 18 and June 19. 2022. Their FREE shows will be held in the Orangevale Community Park arena at the OV Summer Palooza event. Starting at 1 pm each day.

The fabulous line-up of performers and shows includes: The Greatest Showman, Boots & Bling Drill Team/Acrobats, Pair Riders, Aerial and Silks, Carriage and Buggy and Pair and Trick Riders. Then, a long line up of Disney favorites like Captain Jack, Cruela De Vil, Maleficent, Beauty and the Beast, Moana and much, much more!

"Our kids love to perform and connect with the audience", Michelle reflected, "At the end of our show, we do a meet and greet so everyone can see the performers up close, say hi and get a photo. Don't forget your



#### camera!", she added.

If you needed a reason to come to Orangevale's Summer Palooza, this is it! Come see great entertainment for FREE!!

For more information about all the fun, FREE entertainment coming to the Oranevale's Summer Palooza go to www.ovsummerpalooza See ya there!

Orangevale's Summer Palooza is June 17-19, 2022

The event entrance is at 7145 Filbert Avenue in Orangevale, CA 95662. Located near Green Oaks Elementary on Filbert Avenue. Horse Arena Entrance

Event Hours: Friday, JUNE 17 4 pm to 11 pm Saturday, JUNE 18 11 am to 11 pm Sunday, JUNE 19 12 pm to 7 pm Carnival until 9 pm Admission: FREE 0-5 yrs.old, Kids (6-17 yrs old) & Seniors (60+) \$1 ea., Adults (18+yrs.old) \$3 ea. Click Here for Advance Purchase

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## **Splash into Summer** at OVparks!

## Swim Lessons

Session 2 – June 27-July 8\* \*1st week: M-Th, 2nd week: Tu-F

Session 3 – July 11-21 Session 4 – July 25-August 4

Lessons meet Mon-Thu for eight 30-minute classes. Advance registration is required, as space is limited. Group Lesson Fee: \$63 / \$68 NR, per session



## **Upcoming Sports Camps**

Golf Camp Ages: 4-8 Tu-F 7/5-7/8 9:00am-12:00pm Fee: \$151 / \$154 NR



NAofA Hit & Run Tee-Ball Camp Ages: 4-6 M-F 7/11-7/15 9:00am-12:00pm Fee: \$156 / \$159 NR

NAofA Hit & Run Baseball/Softball Camp Ages: 7-13 M-F 7/11-7/15 9:00am-12:00pm Fee: \$156 / \$159 NR

Beach Volleyball Camp Ages: 6-12 M-F 7/11-7/15 9:00am-12:00pm Fee: \$177 / \$180 NR

Mini-Hawk Camp Ages: 4-7 M-F 7/18-7/22 9:00am-12:00pm Fee: \$177 / \$180 NR



New! NAofA Drop Shot Pickleball Camp Ages: 7-13 M-F 7/18-7/22 9:00am-12:00pm Fee: \$174 / \$177 NR

## Summer Art Series Ages: 6-15

Ages: 6-10 9:00-10:00am Ages: 11-15 10:30-11:30am Sa 6/25, 7/9, 7/23, or 8/6 Fee: \$22 / \$25 NR, per class





Sunset Chef Series Ages: 8+

F 7/8 or 8/12 4:00-6:00pm Fee: \$32 / \$35 NR, per class

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