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VOTING ENDS JANUARY 31, 2022
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SATURDAY JAN. 29th 9 am - 12 pm	Orangevale Grange 5807 Walnut Ave ORANGEVALE COMMUNITY COUNCIL
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Saturday January 29th 9am-12pm

Here's your chance to hear from and meet all of the service clubs and community groups in Orangevale. Have you considered plugging in to help somewhere in the community, but just didn't know where to start? Kick off your 2022 by getting plugged into one of these great organizations. We expect over 20 different Orangevale clubs & service organizations to join us



What is a Stand Down?

The term "stand down" is most widely known for its roll during the Viet Nam conflict. This was a period of time that active combat troops were removed from the front line after extensive periods of action. Within a safe location they were able to enjoy hot food and access to hygiene, medical care, counseling, and recreation.

Now that our nations defenders have returned home the American River Stand Down wants to provide the same opportunity to homeless or at-risk veterans. By consolidating multiple representatives from various resource organizations, we are able to advise our veterans as to how established programs can help them reestablish adequate housing.

Some of the services we will provide based on funding and strong community partnership:

Clothing distribution	Dental screenings
Housing assistance	Employment services
DMV assistance	Veterans benefits
Veterinary services	Haircuts
Medical screenings	Substance abuse outreach
Food and beverages during the event.	

A large percentage of homeless veterans have no visibility of established programs that have the ability to make lasting and positive changes in their lives and the lives of their families. This kind of outreach is only possible with strong community partnership, adequate funding, and the passion of a dedicated volunteer force.

Contact us: www.AmericanRiverStandDown.org
 916-668-9555

AMERICAN RIVER STAND DOWN

First ever Stand Down in the Orangevale/Fair Oaks area. April 30, 2022

Most local communities have a Stand Down event each year to serve our At-Risk and Homeless Veterans. We are a local group of volunteers who have served other Stand Downs for many years, but seeing the need here in Orangevale/Fair Oaks, we chose to establish the American River Stand Down. The Stand Down was incorporated in late 2019 with intention to have our first event in 2020. Covid delayed our plans thru 2020-2021.

We are excited to reach out to the community, let them know we are actively looking for volunteers, sponsors, or any Veteran

Organization that would like to join us. We have monthly meetings at the present time, but as the Stand Down event approaches, the meetings will be held as needed.

Our first FUND RAISER event, a PANCAKE BREAKFAST is Sunday February 20th, 2022 from 8am to 11am, to be held at Christ the King Lutheran Church. "See Flyer Page 6". 5811 Walnut Avenue, Orangevale, CA 95662. We invite everyone to come, have a great breakfast, and get to know us.

Christ the King Lutheran Church has graciously donated the use of their grounds and several of the buildings for the Stand Down in April of 2022 as well as future years events.

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.

(5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

Brad Tatum -
Publisher/Advertising
Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS

Brandy Wade
Suzanne Feblowitz
MaryAnne Povey

AWARD WINNING PAPER

Business of the Year 2013
Business Person of the Year 2010
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California Capital Women Business "Community Impact of The Year 2020"
California Senate Woman of the Year 2012

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DEADLINE WED. FEB 2

OUT TO PUBLIC FRI. FEB 11

DEADLINE WED. FEB 16

OUT TO PUBLIC FRI. FEB 25

MAR 2022

DEADLINE WED. MAR 2

OUT TO PUBLIC FRI. MAR 11

DEADLINE WED. MAR 16

OUT TO PUBLIC FRI. MAR 25

APR 2022

DEADLINE WED. APR 6

OUT TO PUBLIC FRI. APR 15

DEADLINE WED. APR 20

OUT TO PUBLIC FRI. APR 29

COMMUNITY BREAKFAST FEBRUARY 13

Scrambled Eggs, Meat and All You Can Eat Blueberry Pancakes Regular breakfast – \$7 Add Homemade Bisquits and Gravy OR French Toast Heartier breakfast Additional – \$2 (Breakfast includes Fresh Orange juice and coffee) Come for pancakes . . .

Stick around for the friendships. We make everything from scratch, every 2nd Sunday. Your choice of a regular breakfast includes Scrambled Eggs, Juicy Meats and "All You Can Eat" Blueberry Pancakes. For a heartier breakfast add Orangevale Granges famous homemade Bisquits & Gravy OR Grange Cinnamon French Toast.

Large parties are always welcome. Parties of eight or more, PLEASE RSVP 916 988-8871.

We invite you and your family into our newly remodeled Grange for our famous Breakfast, wonderful Service and community gathering!

It's so nice to have a homemade meal made to order, and not have to do the dishes! Our 4-H Servers are waiting to serve YOU!!

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COLEMAN LEE TALBURT
 3/22/1938 to 1/14/2022

Cole joined our Lord and Savior on January 14, 2022 at his home with his loving wife Peggy by his side. He has now joined his parents Veryl and Opal, his brothers Kerry Sr., Donald Sr., Edward, and Larry Talburt, and his son Keith.

Coleman was born on March 22, 1938, in Haileyville, Oklahoma. When he was three his parents decided to move to San Jose, CA. His family lived off Coleman Ave in San Jose. Cole graduated from Lincoln High School in 1956 and then joined the National Guard. After the National Guard he attended

San Jose Community College and obtained an Associate Degree. After graduating from college, he proceeded to go to Barber College. Being a Barber was his calling and passion. Cole and Peggy moved to Fair Oaks in 1990.

Cole loved being a Barber, especially his interaction with his customers who even travel long distances just to have him cut their hair. For a ten-year period, he also worked at Ford Aerospace and continued to barber on weekends. He met his wife Peggy on May 13th, 1975 and they married on April 24, 1976. It was that day where

the two families became one. February 1987, his son Keith was hurt very badly in a car accident that left him mute and a quadriplegic. One of Cole's biggest displays of love was when he chose to retire and take care of Keith full time. He took care of Keith until his passing in March of 2004.

Every chance he could, Cole would barber at the local shop in Orangevale, cut hair for the homeless, volunteer to serve food and participate at local community events. He enjoyed nature, fishing, walking along the American River and playing Disc Golf at Shady Oaks Park.

Cole loved life and had a wonderful sense of humor. He was a terrific father and his family meant everything to him. He was loved by all who knew him. He will be missed dearly and remembered always.

Cole is survived by his wife Peggy of 45 years, his son Sergeant First Class Dwayne Talburt Sr. and wife Carol, his daughter Lisa Montes and husband Phill, his grandsons Captain Dwayne Talburt Jr. and wife Elizabeth, Dillon Talburt, Dawson Talburt, granddaughters Vanessa Montes and fiancé Brian Kinch and Anya Dyer and husband Brennan, plus great grandchildren Kayleighann McCormack, Makayla McCormack, Brycen McCormack and Kinsley Dyer, along with all of those who called him Pop, Dad, Uncle, Papa Cole, or Grandpa Cole.

A Celebration of Life is being held on Sunday, January 30, 2022 at the Orangevale Grange Hall 5807 Walnut Ave, Orangevale. An informal service and reception will honor Cole and all he was to everyone who loved him. The family ask instead of flowers to contribute to Cole's passion of his heart; Disable Veterans, Pet Rescues, or Orangevale Food Bank.

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ANNOUNCEMENTS



JAMES PITTMAN 1948-2021

James W. Pittman, born in Orangevale, California died in Oklahoma City on November 30, 2021 at the age of 73. Jim was a Purple Heart Vietnam combat Veteran and past Commander for the Orangevale VFW. He retired from the US Post Service. He leaves behind his wife of 15 years, Cheryl Washington-Pittman, daughter

Kimberley Yackey (Douglas), Malynnda Teifel (Aaron Sr.), Sister Sandy Masten, and 5 grandchildren. He was preceded in death by his parents Reggie and Lillian Pittman. A memorial service will be held on February 5, 2022 at 1:30 p.m. at Pathway Church, 8999 Greenback Ln., Orangevale.



HELP BRING A SMILE TO LOCAL SENIOR CITIZENS THIS VALENTINE'S DAY

[Orangevale/ Fair Oaks, CA.] Get out your paper, glue, glitter, markers and paints! The second annual Valentine's Drive for Seniors is here and ready for you to show off your artistic skills. Touch the hearts of our local senior citizens with your donation of homemade Valentine's Day cards. This is a perfect activity to do with all of your friends and family. Deliver your creations between now and February 3rd at any of the 19 participating business drop off locations including Luz Johnson LPL Financial, Grocery Outlet Orangevale, Badfish Coffee, The Orangevale-Fair Oaks Food Bank, Rebel Rhythm Cycle, The Paisley Café, Palm Tree Brewing, Katie Yount State Farm Agent, Shangri-la, The Moth Hole, Bloomingdeals and La Placita; just to name a few. Just look for the big decorated box!

Last year, Helping Hands OV collected over 4,200 home made valentines and this year have the ambitious goal of collecting 4,500! With the partnership between Helping Hands OV and Rose Senior Placement, these cards again will be distributed in preparation for the holiday to care homes and assisted living facilities in Orangevale, Fair Oaks and outlying areas. Grab your craft supplies, drop off at any of the participating locations and support that local business while you are there!

For more information visit Helping Hands OV on social media at facebook.com/HelpingHandsOV or Instagram @helpinghands_ov



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OV UNPLUGGED BY BRANDY WADE

Happy New Year Orangevale and surrounding communities! Our CNP family hopes everyone enjoyed the holiday season with their loved ones. In this column we want to challenge families to spend at least a 1000 hours outside in 2022 year!

Spending time outside in fresh air and sunlight is not only critical in early childhood development but throughout one's entire life. Some of the many benefits of spending time in nature include but are not limited to lowering blood pressure, reducing stress, improving mood, boosting energy, enhancing creativity, mitigating pain, improving focus, adding needed daily vitamin D, and strengthening the immune system. With all these amazing benefits of spending time outside in nature, its a no brainer to challenge your family to spend at least 1000 hours outside in 2022!

Please use this 100 hours outside tracker sheet to jump start the 2022 year! One bubble is equivalent to one hour spent outside, so try your best to fill at least 10 sheets. If you are looking for examples of ways to spend your time outdoors please visit CreativeNaturePlayschool.com for 25+ outdoor activities. You can also visit 1000hoursoutside.com for more resources, other tracker sheets, and more outside play ideas.

On behalf of our CNP family, I want to also take a moment thank the Orangevale community for graciously voting for our family owned nature preschool for Best of Orangevale

the last four years, as well as recently nominating CNP for Best Child Care (home-based) and myself for Best Teacher in 2021! Our family is so honored to be nominated along with so many other amazing businesses and professionals and we are so proud to be a small piece of such a great community.

Please feel free to email CNP

your outdoor experiences and post them on social media using the #OVunplugged. Stay tuned for our next challenge and follow our preschool for other nature activities on Facebook and Instagram. As always, we hope you remember to put down the technology and to spend quality time with loved ones outside daily

CNP's 100 Hour Outside Challenge

Use this 100 Hour Outside tracker sheet, thanks to 1000hoursoutside.com, to track your first 100 hours. One bubble is equivalent to one hour spent outside, with a goal of completing 10 tracker sheets in 2022; amounting to 1000 hours outside! For a PDF of this activity, as well as the other 25+ CNP activities, check out CreativeNaturePlayschool.com Tag adventures with #OVunplugged and #1000hoursoutside on social media!




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A large percentage of homeless veterans or at-risk veterans have no visibility of established programs that have the ability to make lasting and positive changes in their lives and the lives of their families. This kind of outreach is only possible with strong community partnerships, adequate funding, and the passion of a dedicated volunteer force.

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Are you ready for another Instant Pot recipe? Since my husband retired, he has been experimenting with recipes that he finds on the internet for the Instant Pot and usually they are delicious. His most recent find is for Salisbury Steak. Serve it over rice or mashed potatoes with a salad or veggie and you have the perfect comfort food for cold winter nights.

Please share a favorite recipe by sending a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name

Instant Pot Salisbury Steak

- 8 oz. mushrooms, sliced
- ½ onion, sliced
- 1 ½ cups beef broth
- 1 oz package brown gravy mix, dry
- 1 TBSP tomato paste
- 1 TBSP Dijon mustard
- 2 TBSP fresh parsley, chopped
- 1 TBSP Worcestershire sauce
- 2 TBSP corn starch
- 4 TBSP water

Beef Patties:

- 1 to 1½ lbs. lean ground beef
- 1 egg yolk
- 1/3 cup Panko bread crumbs
- 3 TBSP milk
- Salt and pepper

1. Place sliced onions and mushrooms in the bottom of the pot

2. In a bowl, combine the beef patty ingredients to form 6 patties. Brown over medium heat in a skillet. Cook about 3 minutes per side.

3. Layer beef patties over onions and mushrooms. Combine remaining ingredients EXCEPT cornstarch and water. Pour over beef and cook at high pressure, 18 minutes.

4. Quick release. Remove patties and set aside.

5. Turn the Instant Pot onto sauté. In a small bowl, combine cold water and cornstarch. Mix with your fingers until it is combined. Stir into the broth and cook a few minutes until thickened. Add beef back into the sauce to coat.

6. Serve over mashed potatoes or rice.

SIXTH ANNUAL CAMELLIA DAY IN FOLSOM

A Camellia Show and Competition will be on display Feb. 26, 2022 at the sixth annual Camellia Day in Folsom. It will be held from 10 a.m. to 2 p.m. at the historic Murer House and Gardens, 1125 Joe Murer Court. Be aware of last minute changes depending on Covid restrictions.

Greg Gayton of Green Acres Nursery will talk about camellias and offer tips on growing them. He will speak at 11 a.m. and another special guest speaking at 1 p.m.

The Camellia Society of Sacramento will be on hand to help you identify camellia varieties and answer questions about growing and caring for them. The public is invited to enter up to five blooms and/or arrangements of camellias.

Ribbons will be awarded for "People's Choice," "Best of Show" and other prize divisions. Entries will be accepted starting at 9:30 a.m. the day of the event.

Attendees can also enter a drawing for camellia plants held at 1:30 p.m.

Free tours of Murer House and Gardens also will be offered that day.

There is no charge to attend, tour Murer House or enter the camellia contest.

The Murer House and Gardens is across Folsom Boulevard near historic Sutter Street. The home was built by Guiseppe Murer of Italy who purchased the site in 1921 and constructed the home in 1925.

For more information, contact Rhonda DesVoignes at bdesvoignes@comcast.net or call the Murer House at (916) 413-9231.

HO HO HO

Maybe ho ho ho was said to Scrooge in the form of ghost ghost ghosts, echoes showing what went, what goes, the effects of what he chose. If ghosts were holiday guests, then Scrooge was their host. Not a Halloween hoax, they're reminders of hope.

-Z.F. THRIMEJ

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VOTING PROXY

The record holder of the membership certificates of the Company, whose name and signature appears below ("Member"), hereby revokes all previous Proxies and acknowledges receipt of the Notice of Company's Annual Meeting (the "Annual Meeting") to be held on Tuesday March 1, 2022, at 4:00 P.M. at Orange Vale Water Company, Orangevale, CA. Member hereby appoints the Company's Board of Directors ("Proxy Holder") as Member's Proxy. Proxy Holder may represent Member at the Annual Meeting, including any adjournment of that meeting, and may substitute another to act as Proxy. This Proxy may be revoked at any time by written notice filed with the Secretary of the Company, by a subsequent Proxy, or by attendance at the meeting and voting in person.

Proxy Holder is directed to vote this Proxy as follows:

Election of Directors: For the purpose of electing the Directors, Proxy Holder is hereby directed to *(Check only one of the following three numbered boxes):*

- 1 Vote as Proxy Holder deems proper
- 2 Abstain from voting for any director
- 3 Vote as follows *(If you have checked either Box 1 or 2 above, you may not also check Box 3. If you check Box 3, you may check up to two following choices):*

INCUMBENT

_____ John Wingerter, Incumbent

_____ Write In _____

_____ Craig Davis, Incumbent

Signing and returning this Voting Proxy without checking Box 1, 2, or 3 will be deemed as authority of Proxy Holder to vote on Member's behalf as Proxy Holder deems proper.

Proxies must be received by 3:00 P.M. on March 1, 2022 for recording and accreditation

Signature: _____ Date: _____

Name: _____ (please print)

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Ages: 18+ M, 2/7 10:30-11:30am Fee: Free



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Social Dancing

Ages: 18+ M, 2/7-2/28 Fee: \$32 / \$35 NR
Salsa: 7:00-8:00pm Cha Cha: 8:00-9:00pm

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Community NEWS

WHEN TO CALL 9-1-1, BY METRO FIRE

When someone calls 9-1-1, the expectation is that an ambulance shows up quickly, you are assessed, stabilized if necessary, and taken to the nearest emergency department to be seen by a doctor within minutes. However, when someone calls 9-1-1 for a non-life-threatening event, they often times are not seen quickly at the hospital. Sometimes for several hours. This is because a hospital emergency department operates under what is called a “triage” system and not a “first-come, first-served” system like a doctor’s office. The more significant the medical

event is, the faster the patient is seen. This is because things like choking, heart attacks, and head injuries require immediate attention to give the patient the best chance of survival.

Metro Fire would like to remind the community about when it is appropriate to call 9-1-1 and when an individual is better served contacting their primary care physician or driving themselves to an urgent care clinic to be seen by a doctor.

Always call 9-1-1 for a life-threatening emergency. If someone is having difficulty breathing, choking, head injury, loss of consciousness, chest pains, significant bleed-



ing, internal injury, falls from a high distance, or any other injury or illness that is immediately life threatening 9-1-1 is appropriate.

It is recommended that you

contact your physician for issues such as general pain, prescription refills, COVID testing, or an illness or injury that is not an immediate threat to health or life. If you

need to be seen immediately, urgent care clinics can handle most non-life-threatening issues such as prescriptions, routing testing, cold and flu like symptoms, and more!



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FOLSOM, CA – Folsom Lake College has been selected to participate in the Military Articulation Platform (MAP) 2022 Cohort. The goal of the program is to ensure all United States military veterans and active duty service members receive college transfer credit for the rigorous training and coursework they complete during active duty.

The cloud-based MAP system will track approval and articulation of college courses to military credit recommendations. Cohort colleges will be provided with access to the platform, along with support, training, and opportunities for

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regional collaboration to successfully facilitate articulation agreements to award credit to student-veterans.

Veterans and active duty service members can receive up to one year of Folsom Lake College credit towards academic programs leading to graduation, transfer to a four-year university, and careers. For more information on military service for credit, see the Folsom Lake College website at flc.losrios.edu.

The MAP project launched in 2017 at Norco College and was supported by a \$250,000 legislative appropriation for Phase 1 (design and beta test). The current phase, Phase 3, is supported by a \$2 million legislative appropriation.

The Military Articulation Program initiative is a collaborative effort by the California Commu-

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nity Colleges Chancellor's Office (CCCCO), the Academic Senate of the California Community Colleges (ASCCC), the American Council on Education (ACE), CalVet, and local and regional legislators.

About Folsom Lake College Folsom Lake College provides exceptional educational opportunities to the communities of eastern Sacramento and western El Dorado counties. The college serves approximately 9,200 students at the main Folsom campus, the El Dorado Center in Placerville, the Rancho Cordova Center, and online. FLC is committed to enriching and empowering students by bridging knowledge, experience, and innovation. FLC offers educational opportunities and support for students to earn associate degrees or certificates, transfer to four-year institutions, and achieve career goals. For more information on Folsom Lake College, go to flc.losrios.edu.

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CASA BASKETBALL UPDATE

Big Win for Varsity Boys Basketball Casaba game!

Varsity boys pulled off an amazing come from behind win against the Dixon Rams at the Casaba aka homecoming game with leading scorer (Freshman) Moses Oginni to lead the Casa Rams with 23 points. Moses tied the game with a layup with .06 seconds left in the game and was fouled. Moses sealed the win after he made his free throw putting the Casa Roble Rams up 57-56 to win the game. WAY TO GO RAMS!



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Orangevale History Project found this image of the Chamber Office at the corner of Greenback and Hazel. The tire store in the picture was where the O.V. Club House was before it burned down. Before that, it was owned by H.Thorp. Then Pittman's Shell gas station after that the Century Tire Center. If you notice to the left is where the Orangevale Drug store was. The Orangevale Drug was next to the Old Post office before they moved it close to where it is now.

To learn more about the Orangevale History Project go to their Facebook page.

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GET THE MASKS OUT

SACRAMENTO COUNTY CANNOT AFFORD ANOTHER LOCKDOWN

By: Supervisor Sue Frost

With the rise in COVID cases across the world as a result of the omicron variant, local jurisdictions are struggling with how to properly react. Some areas like Sonoma County have now issued “shelter in place” orders, which means residents can only go to places for essential reasons, such as the grocery store or doctor's office. I strongly believe Sacramento County should not go down this path, and should do everything possible to avoid further shutdowns like the previous failed attempts.

The current rise of COVID is somewhat misleading, as the only thing the media wants to currently report on is the number of COVID cases. And while the omicron variant is extremely contagious, studies have shown that symptoms are less severe than other variants. The whole reason that the shutdowns happened originally were because deaths were on the rise and hospitals were being overrun, and in Sacramento County neither of these two things are happening. Thankfully, COVID related deaths have remained low, and our hospitals are not in danger of exceeding capacity.

Shutdowns do not come free, and should be avoided due to the devastating impacts they have on society. The Wellbeing Trust, a non profit working to de-stigmatize mental health issues, released a study that found 75,000 deaths during the recent national shutdowns were “deaths of despair” - which includes suicides and overdoses. And in California, nearly one in three restaurants permanently closed as a result of the most recent shutdown.

Nowhere are these negative shutdown impacts more evi-



Supervisor Sue Frost

dent than how they have impacted children. The United Nations Children's Fund released a report that showed the current generation of students will lose \$17 trillion in lifetime earnings as a result of the learning losses suffered during the global shutdowns. The United States Department of Education also released a report that showed the pandemic has negatively affected academic growth, has deepened the impact of disparities in access and opportunity, and heightened the risk of sexual harassment, abuse, and violence.

Politicians, the media, and government agents have stoked fears to the highest level, and we cannot blame the public for being afraid. But we must fight to keep our businesses, communities and schools open – while also needing to recognize the importance of respectful debate and compassion.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta.

HUBER'S HICCUPS

Willingness, Motivation, Trust and Faith It will be some time before we really know what the long term affects of Covid-19 are. Yes, children have been set back, academically and socially. Yes, people have become much more conscious of who they are around and are making choices daily on who or what they want to be exposed to. These are crazy times we live in. I'm afraid that the long term affects are just starting to sink in. There are fewer people who want to work. There are fewer people who want to attend any sort of large gathering. There are fewer people who are volunteering. My fear is that as a nation, as a society, we are losing our will to win, our will be the best. We are pulling back. We have become afraid to venture out. We are afraid of each other, afraid of meeting new people. Everything can be done “online”. We can do all of our shopping online. We can attend church online. We can make our doctor's visits virtual. For some, the motivation to earn, achieve, and succeed has been challenged. It has become very easy to be lazy. It is for these times that we must put our trust in a higher being, someone much more powerful than any virus. We may not be able to see God, but he has promised to take care of us and give us what we need. We read in Hebrews 11:1 “Now faith is the assurance of things hoped for, the conviction of things not seen.” Also, in 2 Corinthians 5:7 “For we walk by faith, not by sight.” We may not see God working in our lives. We may not see that God is in charge even with all that is happening in our world. By faith we

live our lives and we lean on God's promises. I've told you many times that God love you and me. He cares for each of us. Even when we are rotten, He loves us. Even when we lack faith and want to throw in the towel, He loves us. We look around and see a mixed up world. We look upward and we see a loving God. Don't give up folks. Don't quit living and loving others. Keep the faith. Keep hope alive. And don't ever forget to relax and have a cold one. Thank you, my loyal readers, thank you for allowing me to ramble, and run together and roll on and on with stuff that is inside of me that wants to get out. By writing this junk, I get it off my chest, out of my brain, onto the cloud and it floats harmlessly away. Maybe just maybe one or two of you benefit from reading this as much as I benefit

from writing it. Live boldly my friends, love abundantly, drink smartly, and relax always. If you have the motivation and willingness to email me, my email address is: norhuber@gmail.com I would love to hear from any of you out there in cyber land.

ANAGRAM FOR MINUTES

AN ANAGRAM FOR MINUTES? I AM NUTS.
THE E CAN BE TURNED TO LOOK LIKE A (SINCE I CAN BE A KLUTZ).
DAYLIGHT SAVINGS TIME IS WHEN LOTS OF FOLKS ADJUST.
SIXTY EXTRA MINUTES CAN BE A PLUS.

-Z.F. Threimej



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