

# Orangevale View

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DUCKY'S DONUT SHACK -LOYAL 2 LOCAL PAGE 10



American River Girls Softball 8U Flames finished the Fall Ball Season in 2nd Place. They proudly represented the Orangevale Fair Oaks league as they displayed defense with fly ball catches and player combination outs. The season also provided several players with MVP and HR stickers they could proudly display on their helmets. From the beginning of the season Coach Rick, Coach Shayna, and Coach Cadee expressed that the goal was to have the girls learn and at the end of the season be better players. All the parents would agree that under this very special coaching staff this was achieved. Congratulations Flames! MORE SPORTS PAGE 11



AMY SCHAFFNER OWNER REBEL RHYTHM CYCLE BUSINESS SPOTLIGHT PAGE 14



## THE SUPER BOWL OF FOOD-DRIVES

By MaryAnne Povey

They did it again! This community comes together like no other when it comes to caring for others! The 2nd Annual "Drive-Thru" Food Drive hosted at Divine Savior Catholic Church was off the hook in donations and community spirit bringing in a record 19k pounds of food and over \$4,500 in monetary donations! This comes at a time when the demand for food is still at an all-time high. The requests for services have increased 200% over the past 18 months.

And, speaking of records, the Casa Roble Ram Football team smashed their previous record, bringing in over 12k items, contributing 5k of the 19k collected for the day!

"It could have been called the Super Bowl of Food Drives," said Community

Food Drive Coordinator and Divine Savior Parishioner Marcus Arnold, "I'm blown away by the tremendous giving and generosity of this community."

This year's record breaking success was due to the collaboration of five churches, three football teams, an elementary school, three scout troops and a host of volunteers! The



CONTINUED PAGE 2

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# ABOUT THE VIEW



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The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

### SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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Suzanne Feblowitz  
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**DEADLINE WED. DEC 8**

**OUT TO PUBLIC FRI. DEC 17**

## CONTINUED FROM FRONT PAGE FOOD DRIVE

key players included Divine Savior, First Baptist OV, Redeemer Covenant, the Life Center and Fair Oaks Presbyterian. The football teams from Casa Roble, Bella Vista and Del Campo competed to see who could collect the most food. Trajan Elementary School also joined in the giving creating their own school competition. Along with that, local first responders from the California Highway Patrol, Sacramento County Police and Sacramento Metropolitan Fire District came to show their support as well! "At the end of that long, exhausting but rewarding day, I cracked my adult beverage and literally cried tears of joy," Marcus reflected, "how wonderful to be part of something like this, to see such an outpouring of love and generosity is a gift in itself." For anyone interested in volunteering or donating to the Orangevale-Fair Oaks Foodbank, go to their website at [www.orangevalefoodbank.org](http://www.orangevalefoodbank.org)

Photos by Junie Baldonado

**10 OVCOOKS**  
**11 OVNPLUGGED**  
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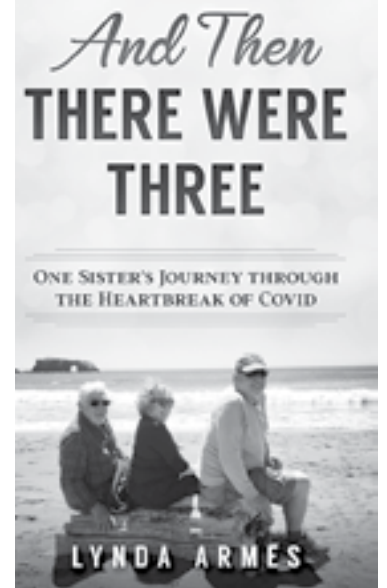
February 27, 1931 – October 9, 2021  
Orangevale, California

Betty Ricketts, age 90, passed away peacefully at home in Orangevale, Calif., with family by her side on October 9, 2021. She was born in Oroville, Calif., on February 27, 1931, to Alfred and Phyllis Pulcifer. Betty loved camping with family and friends, playing pinochle, decorating cakes, traveling, gardening and sewing -- all while being a wife and mom to six children.

Betty was preceded in death by her brothers Charles, Jim and Phillip Pulcifer, sisters Naomi Pugmire and Jerry Dick, and son, Michael. She leaves her loving husband of 72 years, John Ricketts, sons John Jr. and Danny Ricketts, and daughters Carolyn Schooley, Barbara Horton and Patty Ross Newton, as well as their spouses, 11 grandchildren, nine great-grandchildren and many nieces and nephews.

Betty was always glad to add another plate to the dinner table and was a lifelong member of the Fair Oaks Presbyterian Church. The family would like to thank Blossom Ridge Hospice for the care they provided her in her final days.

Services will be held at Mount Vernon in Citrus Heights on Monday, October 25 at 2 p.m. Betty was loved by many and will be greatly missed.



LONG TIME ORANGEVALE  
RESIDENT PUBLISHES  
FIRST BOOK

It took a life altering experience to finally reach a goal set in childhood by Orangevale resident Lynda (Farlee) Robson Armes to finally become a published author.

It was in March of 2020 when Lynda and her siblings, who also grew up in Orangevale, traveled to Orlando, Florida for her granddaughters wedding. It was to be an exciting 10 day vacation also. Within days after arriving, Florida was shut down due to Covid. All plans were cancelled except for the wedding.

What followed their return to California will never be forgotten. The family was dubbed "The Wedding Family" by Sutter Covid Critical Care staff.

The Farlee's came to Orangevale in 1949. Glen, Sandy, Lynda, and Rich all attended local schools and remained in the area. Glen settled in Newcastle, Rich went to Nevada City and Sandy to Christian Valley. Glen and Sandy graduated from San Juan High School, while Lynda graduated from Bella Vista. Rich is a proud Casa Roble alumnus looking forward to his 50th reunion in October.

While growing up, 4-H, Cub Scouts, Girl Scouts and Pow Wow Days were the culture of Orangevale as well as riding horses and racing motorcycles on a dirt track off Santa Juanita Ave. Growing up was simple and lifelong childhood friendships were forged. In the summers, Mr. Floyd, a beloved teacher, supervised activities in the gym at Orangevale school. There was a swimming pool called Will's Plunge that everyone flocked to. Folsom Lake was full year-round and the river was great for fishing. Watching the salmon climbing the ladders was a highly anticipated event.

The book, AND THEN THERE WERE THREE, chronicles the days, weeks and months of the lives of these four siblings. With touches of humor, heartbreak as well as hope and encouragement, this memoir is the first but not last book to be written by the author. It is available now on Amazon/Kindle.

# TRUNK OR TREAT

**TRUNK OR TREAT CAR SHOW**  
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## FAIR OAKS CHURCH TRUNK OR TREAT

Friday, October 29 | 6-7:30pm | Back Parking Lot at Fair Oaks Church Trunk or Treat is back this year! We can't wait to open our campus to host trick-or-treaters and families for a fun evening of costumes and candy! The back parking lot will be roped off for festive trunks as guests can go from car to car to safely get some sweet treats! Everyone is welcome to this FREE and family-friendly event. Want to help? We are collecting pre-packaged candy to supply our trunks with enough. We saw about 1,000 people from our community last year, so we will need plenty of candy! You can drop off candy donations on Sundays at church to a designated drop off spot OR bring it to the church

office during the week (office hours: M-F, 10a-3pm).

## TRICK-OR-TREAT HALLOWEEN PARADE

Halloween Trick-or-Treat Spooky Street: Friday, October 29, 2020 7925 Greenback Ln, Citrus Heights, 5:00 PM PDT to 7:00 PM .We are back! Citrus Town Shopping Center is inviting everyone to our Trick-or-Treat party. We want to celebrate with our communities Friday, October 29 from 5pm – 7pm with an evening filled with candy goodie bags, candy scavenger hunt and fun family surprises around every corner – nobody will leave empty handed. Other activities include street entertainers, DJ dance party, giveaways and more! We will be accepting spare change donations with all proceeds benefitting Citrus Heights HART.

Please be ready to arrive in your Halloween costumes and enjoy our selfie photo station with the Great Pumpkin and Charlie Brown! We will have our professional photographer on-site to take pictures of each family and child. All photos will be available

after the event at [www.facebook.com/cit-rustowncenter](http://www.facebook.com/cit-rustowncenter).

Please feel free to contact us if you have questions about Spooky Street at 800.762.1641.

For more information about our upcoming event visit [www.citrustowncenter.com](http://www.citrustowncenter.com). Event Sponsored By: Sunrise Market-Place and Sprouts

## TRUNK OR TREAT

Looking for a safe, no hassle alternative to going door to door for treats this season? Trunk or Treat is a safe and fun way for kids to enjoy the season with friends and neighbors in our community. Vehicles will be decorated in creative ways by their owners, and children will trick or treat from trunk to trunk filling their bags with candy! It's all free and it's all happening in the parking lot of the Orangevale Church of Christ, 5915 Main Avenue in Orangevale from 4 to 6 pm on Saturday, October 30.



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# ORANGEVALE GROUP ACHIEVES CALIFORNIA HISTORICAL LANDMARK

California's Office of Historic Preservation Designates Francis Drake's 1579 California Landing, Site of New Albion, as California Historical Landmark

On October 6, 2021, the California State Parks director Armando Quintero designated Francis Drake's 1579 California landing, Site of New Albion, as a California Historical Landmark, number 1061. This finalized the unanimous approval given by the seven-member State Historical Resources Commission in August 2020. Nominated by the Drake Navigators Guild, it had been presented to the Commission by historian State Historian William Burg and the State Historic Preservation Officer Julianne Polanco. The Drake Navigators Guild, a history research organization, is headquartered in Orangevale, California, with Steve Wright as president.

The landmark, located within the boundaries of Point Reyes National Seashore at Drake's Cove, is the landing site and encampment of Francis Drake and his crew on their journey to California in 1579. While Drake voyaged on his circumnavigating expedition aboard the



Drake Navigators Guild

Golden Hind, New Albion was the place where Drake and his crew interacted with the Coast Miwok people and made the first English territorial claim in what is now the United States. Drake's New Albion claim pre-dates later English claims at Roanoke (1585), Jamestown (1607), and Plymouth (1620).

The site is recognized for many first events for California:

- o first English claim to what would become the United States
- o first interactions between native peoples and Europeans in northern California
- o friendly, peaceful relations over five weeks
- o First use of the term Nova Albion (New England) for the USA. This refers to the

white cliffs at Drakes Bay.

- o first use of the English language in the future United States
- o first Protestant church service in the future United States
- o first use of the Book of Common Prayer in the future United States
- o first European contact in northern California
- o first Black persons in California

- o Black slaves freed from Spanish enslavement by Drake along South America and Mexico
- o first Hispanic person in northern California

- o including de Moreno who chose to stay in California and walked, over four years, back to Mexico

- o first Chinese and Filipino trade goods brought to California

Wright said, "We are pleased to see California distinguish Drake's Cove as the site of Francis Drake's 1579 landing and New Albion claim. No Drake anchorage in the world has been as deeply researched as has this California landmark." The nomination, submitted by the DNG, received support from historians and archaeologists from Great Britain, Canada, California, and Oregon. The site is also related to a National Historic Landmark, Drakes Bay Archeological and Historic District, which was awarded on October 17, 2012.

About the Drake Navigators Guild Founded in 1949, the DNG, headquartered in Orangevale CA, is non-profit history research group which brings together persons from many fields of scholarship and nations to study the early exploration of the west coast of North America. Its members and associates have included practical seamen including Fleet Admiral Chester

Nimitz, Sir Simon Cassels, Lord Louis Mountbatten, and Captain Adolph S. Oko, Jr. Additionally, award-winning historians Barry Gough, Edward Von der Porten, and Rear Admiral Samuel Eliot Morison have been members.

The DNG continues to support research and education about Francis Drake's visit to the west coast of North America. Additionally, the Guild has researched and assisted study with numerous other related maritime explorations and events.

Further information CHL Application: [https://ohp.parks.ca.gov/pages/1067/files/CHL\\_Marin\\_Site%20of%20New%20Albion.pdf](https://ohp.parks.ca.gov/pages/1067/files/CHL_Marin_Site%20of%20New%20Albion.pdf) New Albion: <https://www.discoveringnovaal-bion.org/>



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**ORANGEVALE COOKS**

BY *Suzanne Feblowitz*



Several years ago my sister made some yummy pumpkin muffins and she almost ate the entire batch all by herself. My friend, Tisha Rugg, reminded how yummy the recipe is, so I am sharing it again. The recipe is really easy and the muffins are delicious! You should have most of the ingredients on hand, so make some on the weekend for a special treat for your family.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us

know and we will omit your name.

**Jenny's Pumpkin Muffins**

- 1 can solid pumpkin (15 oz can)
- 1/3 cup veggie oil
- 2 large eggs
- 1 1/2 cup flour
- 1 tsp baking powder
- 1 tsp pumpkin pie spice
- pinch nutmeg
- 1/2 tsp baking soda
- 1/2 tsp salt
- 1 cup plus 1 TBSP sugar
- 2 tsp cinnamon - divided

Preheat oven to 350 degrees.

In a large bowl, whisk together the flour, baking powder, pumpkin pie spice, nutmeg, baking soda, salt, 1 cup of sugar and

the 1 tsp cinnamon. In another bowl, whisk together the pumpkin, oil and eggs. Then add the pumpkin mixture to the flour mixture and mix until smooth.

In a small bowl, mix the 1 tsp cinnamon with the 1 TBSP sugar.

Line a muffin tin with muffin liners. Divide batter so that the muffin tins are 3/4 full and then sprinkle tops with cinnamon/sugar mixture.

Bake until puffed and golden and toothpick comes out clean from center of muffin- 20-25 minutes.

Makes 12 to 16 muffins.

**LOYAL 2 LOCAL**

Orangevale Woman's Club's new Loyal 2 Local just interviewed Phillip of Ducky's Donut Shack at 9372 Madison Ave #9, Orangevale. In 1989, Phillip opened his first donut shop in Southern California called Spudnuts. Ducky's not only serves donuts but coffee, specialty coffee, muffins, and breakfast croissants. Phillip and his wife Kay, work hand in hand to make sure that Orangevale can enjoy freshly baked donuts, daily! Phillip arrives to work at 1:00am to start making donuts for the day. Kay runs the rest of the shop by making sure that every customer leaves a happy customer. Just by walking in the front door, you can tell that Kay and Phillip work very hard to make everyone feel excited to start their day with a delicious breakfast treat.

During the COVID closures, they maintained a positive outlook to get through the slower times of business. Phillips's mother taught him that to live

a rich life you must find happiness in what you do and spend quality time with your family. Keeping a positive mindset has truly helped him and his wife run a successful business during challenging times. Weekends are very busy for Ducky's but, they've seen a slow down on weekdays during the pandemic. Thanks to the support of the Orangevale community, their business has held strong.

Pop by the shop next time you're out and about! They are running a special until November 30, 2021, get 15% off your order of 2 dozen donuts or more. Ducky's Donut Shack also offers 20% off your order of 5 dozen donuts or more for all schools and churches year-round. Everyone loves someone who brings donuts to work! Hours of operation are Tuesday to Sunday from 5:30AM to 2:00PM. If you'd like to place a special order for parties or birthdays, call (916) 294-7574. You will be a customer for life AFTER TRYING DUCKY'S DONUT SHACK!

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# Local SPORTS



**Casa Wins in Nail Biter OT!!**  
 The Casa Roble Rams kicked off league play in a big way winning back to back games against Mesa Verde 71 - 7, then Mira Loma 68 - 0 and continued the winning streak coming from behind and finishing 35 -29 in a nail biter game

against league rivals the Woodland Wolves. Sophomore Daniel Renner scored the winning touchdown. "What a night," said Head Coach Horner, "I'm so proud of our guys for working so



Casa Roble Junior Rams 14 U finished strong and took home the win on Saturdays with a score 34-0 crushing Union Mine Junior Rattlers. Casa Roble Junior Rams are a force to be reckoned with having no losses this season. We are so proud of the team for all they have accomplished so far this year. GO RAMS!!!! Submitted by Kristina Pennucci



hard to the very end." Next up, the Casa Rams will take on Pioneer at home and Dixon on the road in the final weeks of the regular season. Stay tuned for play off information! Go Rams! Photos by Tim Engle

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Orangevale Chamber of Commerce Business Spotlight

**REBEL RHYTHM CYCLE**

By MaryAnne Povey

Are you stressed? The world got you down? Feel like you're spinning your wheels and going nowhere? What if I told you that in 45 minutes you could go from stressed to blessed? That you could be empowered to better mental and physical health? Great news! You can and you don't have to go far to do it! Meet Amy Schaffner, fitness guru and owner/instructor of Rebel Rhythm Cycle, located at 9224 Greenback Lane. Amy's passion for fitness over the past 33 years has brought her to opening her very first indoor cycle business in Orangevale!

For years Amy worked in the surrounding communities like Folsom, Roseville, Rocklin and Downtown Sacramento and often pondered, "Why don't we have something closer? Besides a few yoga places, why aren't there any fitness boutiques in the area?"

Moved to fill that fitness void, Amy found a place to call her own in Orangevale (adjacent to La Placita) and opened her doors in April 2021. She joined the Orangevale Chamber of Commerce and quickly immersed herself into the community, participating in Food Truck Fridays, OV Farmer's Market and recently hosted a Chamber mixer hoping to get the word out about her new business.

"Cycling is one of those great low impact ways to get fit", Amy shared, "We serve people of all ages and fitness levels. Our youngest member is nine years old and our oldest is 70, and just celebrated her one year anniversary of having double hip replacement! She's simply amazing!"

The class setting is unique in that it is cozy -- the lights are candlelight dim, the music is fun and you ride to the rhythm of the beat. Amy or one of her other instructors will lead you to a place that changes your mood, lifts your spirits and gets those endorphins flowing.

It's a total body workout, where everyone works at their own pace with no monitors or competition. The secret to the class

is the resistance - if you want to make it harder you turn the resistance up or if you are a beginner you turn it down.

Amy offers classes 7 days a week, with the earliest class starting at 5:45 am and the last class starting at 5:30 pm in the evening. There are classes in between too! For those weekend warriors, there's a Savage Sunday class for those seeking a more advanced level class. Although she has room for 20, most classes range from 4 to 12 participants.

If you've been putting off get-

ting in shape, there's never a better time than now. Come discover the best version of yourself mentally and physically. Amy offers a **FREE** first class, and a variety of membership packages tailored to fit your budget and fitness needs. A single drop in class is \$16, but if you buy a package, it works out to be about the same as getting a cup of coffee these days!

For information on about Rebel Rhythm, go to the website at [www.rebelrhythmcycle.com](http://www.rebelrhythmcycle.com) or call 916.790.8816

Photos by Tim Engle



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8836 Fortuna Way, Orangevale	3	1 (1 0)	1036	\$417,500
8631 Posadera Ave, Orangevale	3	1 (1 0)	960	\$420,000
6312 Trajan Dr, Orangevale	3	2 (2 0)	1008	\$425,000
8301 Central Ave, Orangevale	3	1 (1 0)	984	\$425,000
6945 Woodmore Oaks Dr, Orangevale	3	1 (1 0)	1030	\$425,000
6612 Carrwood St, Orangevale	3	1 (1 0)	1008	\$427,000
8049 Ruthwood Way, Orangevale	3	2 (2 0)	1030	\$430,000
6711 Domitian St, Orangevale	3	1 (1 0)	984	\$430,700
9000 Pershing Ave, Orangevale	3	2 (2 0)	1117	\$450,000
6129 Rolkingham Ln, Orangevale	3	3 (2 1)	1408	\$456,000
9109 Echo Point Pl, Orangevale	3	3 (2 1)	1266	\$460,000
5612 Claiborne Way, Orangevale	3	2 (2 0)	1253	\$460,000
9523 Rock Ct, Orangevale	3	2 (2 0)	1164	\$460,000
6912 Pecan Ave, Orangevale	3	2 (1 1)	1129	\$462,000
5745 Almond Ave, Orangevale	3	2 (2 0)	1248	\$485,000
8733 Steve Way, Orangevale	4	2 (2 0)	1285	\$485,750
6101 Rolkingham Ln, Orangevale	3	3 (2 1)	1492	\$486,000
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7406 Telegraph Ave, Orangevale	4	2 (2 0)	1520	\$575,000
6025 Dahboy Way, Orangevale	3	2 (2 0)	1691	\$585,000
9086 Polly Ave, Orangevale	4	2 (2 0)	2181	\$585,000
8633 Lady Jane Way, Orangevale	4	4 (3 1)	2156	\$586,000
7213 Almond Ave, Orangevale	3	2 (2 0)	1420	\$595,000
9832 Golden Dr, Orangevale	4	2 (2 0)	2083	\$605,000
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6521 Young Oak Ct, Orangevale	5	3 (3 0)	2654	\$773,580
8644 Oak Ave, Orangevale	4 (5)	3 (3 0)	3371	\$850,000
7915 Hazel Ave, Orangevale	4	3 (3 0)	2984	\$1,100,000

Above Information is based on data obtained at MetroList Services, Inc. Frank Crandall eXp Realty of California, Inc. Co-Host of The Radio Realtors on AM1380 The Answer Saturdays 4-5pm & Money 105.5FM - Saturdays 9-10am and Sundays 11am-12pm

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