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CELEBRATE THE SEASON OF COMMUNITY AND GIVING WITH CHRISTMAS IN ORANGEVALE

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Virtual Orangevale Community Tree Lighting

Friday, Dec. 11th, 6:00pm

Enjoy this event from the comfort of your home!
Go to OVparks.com for link & full details.

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Get Festive & WIN Prizes!

- Gingerbread Decorating Contest
- Cookie Decorating Contest
- Ornament Making Contest
- Home Decorating Contest (indoor & outdoor decor)
- Tree Decorating Contest
- Coloring Contest

Contest guidelines & directions on OVparks.com

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HOLIDAY TURKEY BOWL AT GROCERY OUTLET!



The Holiday Turkey Bowl Champions 2020 Team "Casa Roble King Pins" Back left: Food Bank - Keith Wright, Aaron Cochran, Michael Povey and Mary Anne Povey. Front Row: Grocery Outlet- Jennifer Daniels, Casa Roble Cliff Kelly and Bobby Biggs and Grocery Outlet- Chris Daniels

Community leaders and business owners came together to compete in the first-ever "Feed our Families Holiday Turkey Bowl" hosted at the Orangevale Grocery Outlet in November. The fun-filled fundraising event was coordinated to provide holiday meals for 500 local families through the Orangevale-Fair Oaks Food bank.

"It was a great day for a great cause," said Chris and Jenifer Daniels, the new owners of the local Grocery Outlet, "We heard there was a need and thought this would be a great way to have some fun and serve our community in a special way."

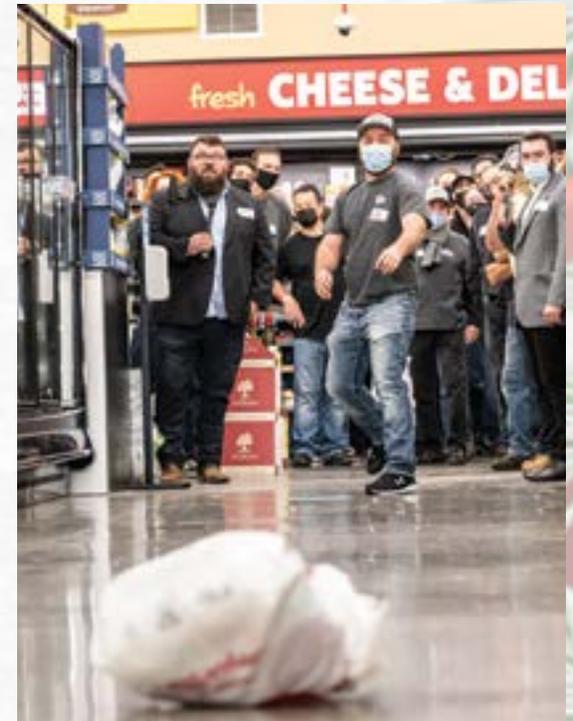
Special is a good way to describe the big success of the day which brought in over \$4,600 for the OV-FO Foodbank.

"I'm just blown away by the generosity of our community," said Keith Wright, OV-FO Foodbank Executive Director, "Whenever there's a need, this community delivers big time. It means so much to those we serve."

Orangevale Live streamed the competition since the gathering size was limited. Commentators, Aaron Cochran and Michael Povey, bantered back and forth in humorous fashion as contestants literally bowled a frozen turkey down the frozen food aisle in hopes of hitting the most 2 liter soda bottle pins. Those who did well advanced up the bracket. And those who didn't, got a second chance to compete in the losers bracket.

In the end, the Casa Roble King Pins (Cliff Kelly and Bobby Biggs) took on OV Parks Team Tryptophan (Jason Bain and Christina Kelley) and won it all taking home not only the coveted title of "Turkey Bowl Champions 2020" but also fresh turkeys courtesy of Grocery Outlet. In the final for the losers, Palm Tree Brewing Co. "Strutting our Stuffing" (Derek Clark and Jack Frost) came out on top and were awarded Cornish game hens.

A big shout out to Chick-fil-A Granite Bay and Badfish Coffee & Tea for providing treats for the morning, as well as Supervisor Sue Frost and to all the competitors who so generously supported the cause including: Palmer Real Estate "Poultry Pummelers", Freedom Insurance "Turkey Fighters", Lyons Real Estate "The Frozen Chosen", Palm Tree Brewing Co. "Strutting our Stuffing", Scotty's Hideaway "Turkey Baggers, Les Schwab, "Team Les Squab", OV Water Co. "Cheese Ballers", OV Parks "Team Tryptophan", Moore's Garage "Gravy Train", Fix Auto "Turkey Trotters", State Farm "Team Jake", OV/FO Kiwanis Club "Where all thighs are welcome", State Farm "Sweet Potatoes", Casa Roble High School "King Pins", Landscapes by Cochran "Butterball Bro's", Heirloom Acre Farms Team "Do Turkeys Grow on Trees?", Shadow Glen "Turkey Wranglers", Clutch City "Cluckers", Warehouse Interiors, "Double Trouble" and last but not least, First Baptist Church/New Life Community Church Team "Holy Rollers".



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ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice



a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements.

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Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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- WOODMORE OAKS -
ANNUAL CHRISTMAS LIGHT CONTEST

Happy Holidays from Woodmore Oaks Neighborhood Watch. Once again, we are having our Annual Christmas Light Contest for our community. Our contest has grown to over 150 streets and we always are looking for volunteers to judge the best lights for each street. If you have an interest in judging this year, please contact Tom DiGiacomo (President) at 916-536-4222. The judges will go out from December 1st - 15th and pick one winner per street. Please have your lights on from 5PM-10PM each day. They will then report back to Tom the winners by December 15. From December 16th-24th Tom will be knocking on the doors of each winner and congratulating them with a beautiful color framed certificate that can be displayed in a window or with your holiday decorations. This event has been popular since it started in 1992. Tom has said that the joy and spirit of our neighbors has been priceless through the years. Also "this is like the Publishing Clearing House- the Neighbors are just waiting for me to knock on their door!". The talk is on so get your lights up and get into the Holiday Spirit! Our program is within the boundaries of Greenback Lane to Oak Ave. and Sunrise Blvd. to Kenneth Ave. We are always looking for volunteers to help distribute our monthly Newsletter (Crime Stats & Tips for Safety) to our Neighbors by placing at their front door.

Please contact Tom at 916-536-4222 to see if your street is available!

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 December 5th
 10am-3pm*

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The Murer House & Learning Center
 1125 Joe Murer Court
 Folsom, CA 95630
 www.murerhouse.org
 phone: (916) 413-9231
 email: infomurerhouse@gmail.com

**MURER HOUSE 2020
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 BOUTIQUE**

On December 4 and 5 from 10a.m. to 3 p.m., the historic Murer House in Folsom will be decorated and open for guided tours. This year's larger hand-made gift boutique will feature unique gifts including fresh herbal wreaths and salts, jewelry, baked goods, elegant purses, special ornaments, organic lemons, roasted chestnuts and much more.

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Submitted by Betty Albert
 bettyalbert@earthlink.net

LETTER TO THE EDITOR

Keeping the "COMMUNITY" in the Orangevale Community Tree Lighting

Orangevale Recreation & Park District will be upholding the tradition and celebrating the Orangevale Community Tree Lighting on December 11th in a NEW way! At first, with COVID-19 guidelines this was uncertain. We are grateful for the generosity of Darren Lang of EasyStumps for allowing us to utilize their lift to accomplish our goal of decorating and lighting our tree. In lieu of an in-person event we will be live streaming the Orangevale Community Tree Lighting on December 11th at 6:00pm thanks to Ken Benedict and Orangevale Live. Families and organizations can register to pick up one FREE, plain ornament to decorate and then return by December 4th to see it on the tree in time for the event. We have also partnered with Dairy Queen & Les Schwab Tire Center for food drives to benefit the Orangevale Fair Oaks Foodbank. The first 50 families at each location can pick up one ornament per family, while dropping off donations. Decorated ornaments can be dropped off at the Community Center from 8:30am-5:30pm 11/30-12/4 in a designated box. Please see website for full details. We appreciate Supervisor Sue Frost, Les Schwab Tire Center, Orange Vale Water Company, EasyStumps & Orangevale Live for making this year's event possible. Tune in to see your creations on the tree and keep the holiday cheer intact!

To The Editor;
I enjoy your paper. As soon as I receive it I sit down and read it I go back to see that I didn't miss anything.

I haven't been able to write a poem to send on to others. I've had health problems (not any of the Covid-19). Keep up the good work, we people of Orangevale, and cities around us, Thank You J. Farmer

Ugly Sweater

An ugly sweater is a pleasure and popular in December. It can be clever, off-center, or funny like a jester. Warmer than leather, it's soft like a feather. In contests for those who enter: it might lead to prizes (or treasure).

-Z.F. Thrimej

OCT HOME SALES

Sold	Sale Price	Days on Market	Address	City	BD	BA(FH)	Sq.Ft	Lot Size
/2020	\$290,000	7	6328 Hazel Ave	Orangevale	3	1 (1 0)	1,205	0.27
/2020	\$338,000	29	9271 Oak Ave	Orangevale	3	1 (3 0)	858	0.23
/2020	\$348,000	4	5415 Blueridge Ct	Orangevale	3	2 (2 0)	1,420	0.23
/2020	\$355,000	5	5412 Norway Dr	Orangevale	3	2 (2 0)	1,261	0.21
/2020	\$360,000	6	7321 Law Ct	Orangevale	3	2 (1 1)	1,201	0.3
/2020	\$362,000	12	7033 Woodmore Oaks Dr	Orangevale	3	2 (2 0)	1,030	0.15
/2020	\$362,500	23	8824 Steven Ave	Orangevale	3	1 (1 0)	897	0.25
/2020	\$365,000	6	5617 GreenAcres Way	Orangevale	4	2 (2 0)	1,274	0.26
/2020	\$375,000	5	8687 Blythe Ave	Orangevale	3	2 (2 0)	1,148	0.23
/2020	\$390,000	17	9546 Tonkin	Orangevale	3	2 (2 0)	1,164	0.17
/2020	\$395,000	23	9473 Erwin Ave	Orangevale	3	1 (1 0)	1,080	0.24
/2020	\$400,000	11	8831 Pershing Ave	Orangevale	3	2 (2 0)	1,008	0.25
/2020	\$400,000	3	8208 Crestshire Cir	Orangevale	3	3 (3 0)	2,032	0.22
/2020	\$404,000	30	6217 Dark Star Way	Orangevale	3	2 (2 0)	1,296	0.15
/2020	\$415,000	12	9332 Vallejo Dr	Orangevale	3	2 (2 0)	1,109	0.2
/2020	\$415,000	3	9218 Chestwall St	Orangevale	3	2 (2 0)	1,150	0.3
/2020	\$429,900	6	6638 Coyote Ct	Orangevale	4	3 (2 1)	2,040	0.25
/2020	\$435,000	5	9320 Twin Lakes Ave	Orangevale	3 (4)	2 (2 0)	1,468	0.14
/2020	\$436,000	4	9436 Erwin Ave	Orangevale	3	2 (2 0)	1,608	0.23
/2020	\$436,000	4	9287 Ultra Ct	Orangevale	3	2 (2 0)	1,468	0.25
/2020	\$437,500	129	8905 Fortuna Way	Orangevale	3	2 (2 0)	1,900	0.38
/2020	\$440,000	11	8477 Cortadera Dr	Orangevale	3	2 (2 0)	1,340	0.15
/2020	\$449,000	5	6882 Escallonia Dr	Orangevale	3 (4)	2 (2 0)	1,451	0.21
/2020	\$453,000	4	9360 Blue Oak Dr	Orangevale	4	2 (2 0)	1,571	0.23
/2020	\$460,000	33	6624 Rose Acres Rd	Orangevale	4	2 (2 0)	1,776	0.24
/2020	\$460,000	7	8778 Steven Ave	Orangevale	3	2 (2 0)	1,725	0.26
/2020	\$475,000	14	7230 Sun creek Way	Orangevale	3 (4)	2 (2 0)	1,582	0.24
/2020	\$480,000	10	8670 Robin Hill Way	Orangevale	5	2 (2 0)	2,256	1.1
/2020	\$485,000	4	5357 Mississippi Bar Dr	Orangevale	4	2 (2 0)	1,629	0.27
/2020	\$489,000	3	6634 Quannah Way	Orangevale	4	2 (2 0)	1,800	0.23
/2020	\$495,000	6	9367 Rolling Glen Ct	Orangevale	4	2 (2 0)	1,947	0.16
/2020	\$499,900	6	5823 Filbert Ave	Orangevale	4	3 (3 0)	1,872	0.27
/2020	\$510,000	4	8750 Corinne Dr	Orangevale	5	3 (3 0)	2,312	0.24
/2020	\$515,000	7	9412 Twin Lakes Ave	Orangevale	3	2 (2 0)	1,716	0.3
/2020	\$520,000	7	8289 Northwind Way	Orangevale	4	3 (3 0)	2,032	0.25
/2020	\$521,000	4	6828 Walnut Ave	Orangevale	3	3 (2 1)	1,837	0.35
/2020	\$550,000	28	5648 Walnut Ave	Orangevale	5	3 (3 0)	2,461	0.37
/2020	\$555,000	6	9422 Pandora Ct	Orangevale	4	2 (2 0)	2,019	0.26

Above Information is based on data obtained at MetroList Services, Inc. Provided by Jim Naulty REALTOR BRE# 01383376 Newpoint Realty M 916.337.4969 O 916.535.0111



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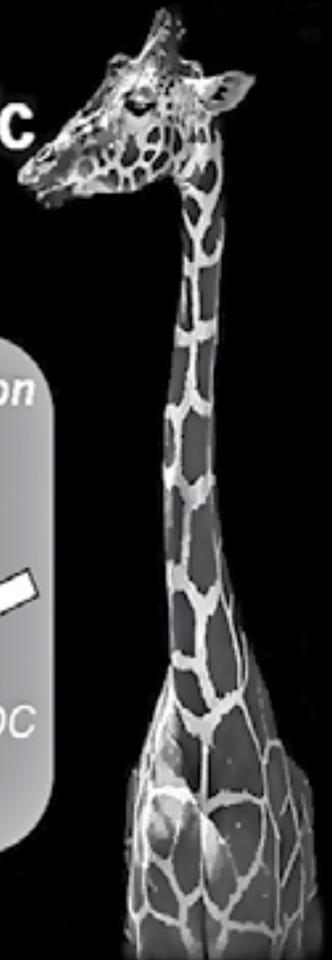
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COUNTY RETURNS TO THE PURPLE TIER

UNSUSTAINABLE AND SUBJECTIVE: COUNTY RETURNS TO THE PURPLE TIER

BY SUPERVISOR SUE FROST

In the midst of rising COVID cases statewide, on November 13th Sacramento County was officially demoted to “purple tier” status, the State’s most restrictive level. These restrictions include, among other things, the closure of indoor operations for gyms, fitness centers, and restaurants. This move by the State will have a devastating impact on local businesses already shutting down at a heartbreaking rate. It ignores what science is telling us.

If something doesn’t change in the immediate future, these businesses are going to be going into the winter months being forced to only be open outdoors. It will be incredibly difficult for businesses to convince customers to eat dinner outside in the cold when they could eat indoors a few miles away in Roseville.

Our public health department already knows what is causing our increase in COVID cases: private gatherings and outbreaks in some long-term care facilities. It is not a major problem at the businesses that are being forced to close operations and where safety measures, such as social distancing, have been successfully imple-



SUPERVISOR SUE FROST

mented. Shutting them down when they are not significantly contributing to the problem is unnecessarily harmful.

Our public health department also already knows that well over half of the COVID cases are coming from the City of Sacramento, even though they represent only about one-third of the County population. The Unincorporated Area of the County (which includes Orangevale) **COTINUED TO NEXT PAGE**

Cocoa & Cookies for a Cause

Saturday, December 12th
9 a.m. ~ 11:00 a.m.
OV Chamber Office
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Bring us your “Holiday Dinner”
Food items to help our community
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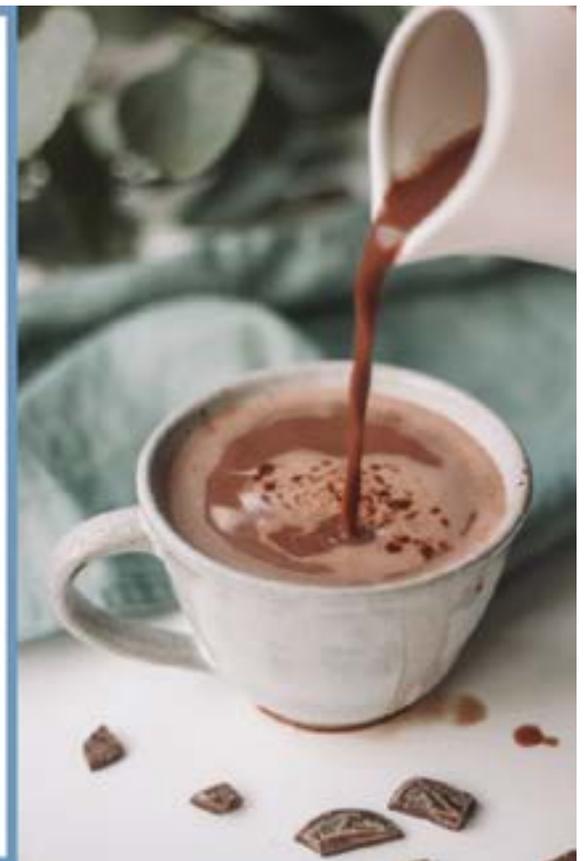
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OV Unplugged

OV Unplugged
By Brandy Wade

Hello Orangevale and surrounding communities! Our CNP family hopes everyone enjoyed our previous OVunplugged Rain Play Challenge! In this column we challenge families to unplug from technology and reconnect with nature by practicing yoga skills outdoors.

Yoga isn't just for adults! Children can have fun practicing yoga skills too and instilling these types of skills at a young age can often help children in various aspects of life. For instance practicing yoga with children can help aid in managing their anxiety, aid in regulating emotions, boost their self-esteem, increase their body awareness as well as mindfulness, develop their strength and flexibility, as well as teach them discipline; which reduces their impulsiveness. Yoga can help the entire family reconnect with their bodies and when practiced outside a whole new world of benefits is opened up. For example

practicing yoga outdoors combines both exercise, with Vitamin D, and releases natural mood boosting endorphins; thus improving ones mental health. Practicing yoga outdoors also allows one to become more mindful of their surroundings; by being barefoot, listening to the outdoor environment, taking in nature's smells, and being more present as nature awakens one's senses.

Use our Yoga Dice and take turns rolling for yoga moves. Have fun making up your own yoga poses too and as always, we hope you remember to put down the technology, spend time with loved ones, and head outside daily :-)

Please feel free to email CNP your findings or post them on social media using the #OVunplugged. Stay tuned for our next challenge and follow our nature preschool for other nature activities on Facebook and Instagram. You can also visit CreativeNaturePlayschool.com for this activity and all previous activities.

COUNTY RETURNS TO THE PURPLE TIER

has more people than the City of Sacramento, yet has less than 20% of cases. Orangevale shares a border with Roseville, and shares more in common with them than Orangevale shares with Sacramento City. Our State policies should allow us to take things like this into consideration. Yet, California remains ignorantly adhered to flawed policies that hurt our community, even when given a clear pathway to do things more efficiently and safely.

You may have seen it in the news, but in early October, I signed onto a letter along with several other local and State leaders, that was written to Governor Newsom and Human Services Secretary Mark Ghaly. In this letter, we requested that the State allow Counties like Sacramento to reopen communities by zip code where COVID metrics meet the State's requirements for progressing to the next color-coded tier. As of writing this article, that letter has not even been responded to, let alone considered.

A balanced zip-code approach isn't some bogus theory that lacks a scientific basis. A zip-code based approach is precisely what is being

utilized in America's most populous city, New York. They use a targeted approach to address clusters of COVID cases by targeting the most affected zip-code hot spots. Doing so allows them to allocate important medical resources to the targeted communities that are most in need. This approach also ensures that communities not experiencing an increase in positivity are not negatively impacted by restrictions that are not necessary.

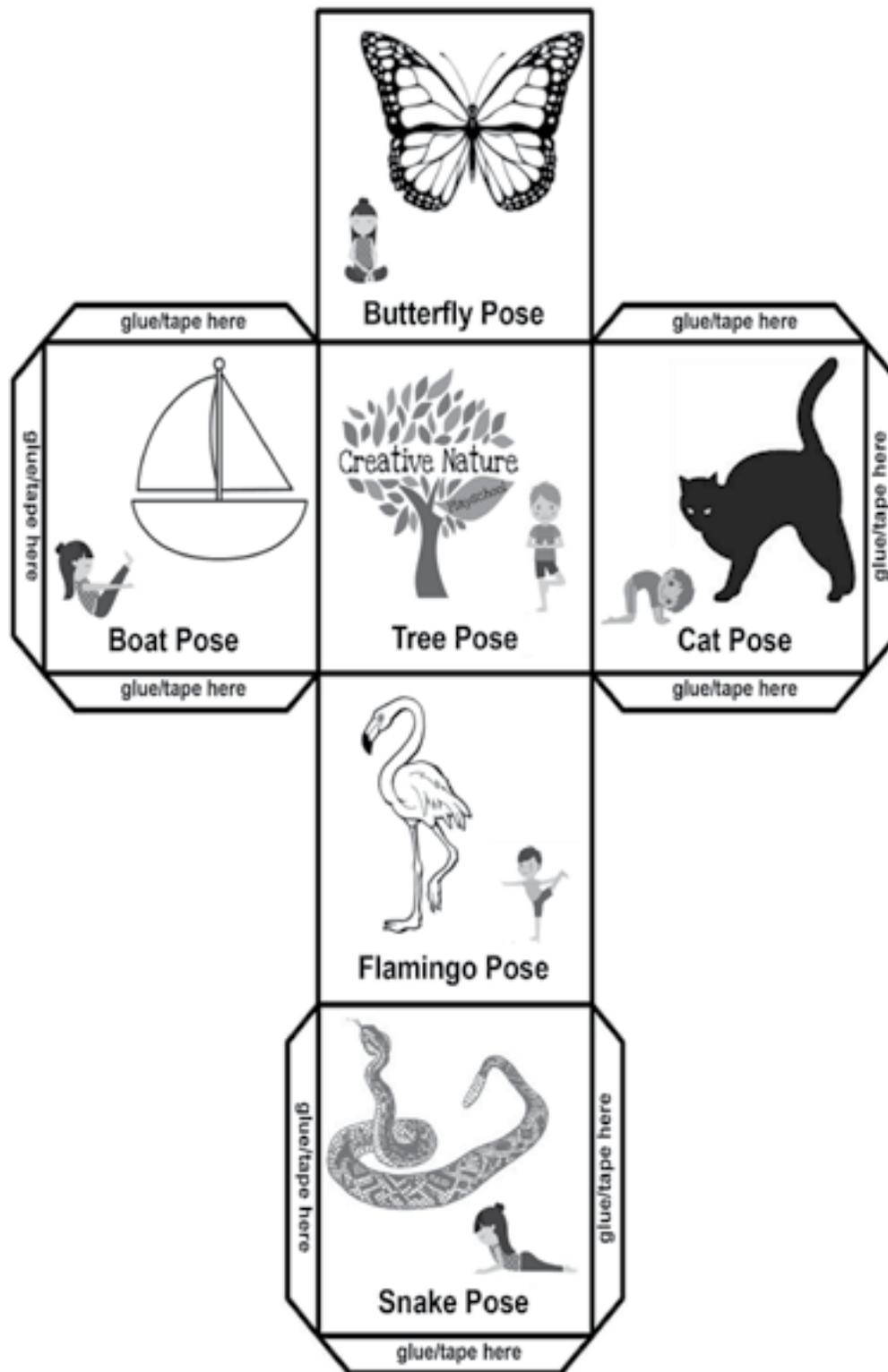
I am going to keep fighting to put pressure on the State to allow us to consider more sensible policies locally in Sacramento County, and I won't stop until this pandemic is over.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks

CNP's Yoga Dice

Cut along the perimeter of this dice, fold, and glue or tape together. Don't forget to practice outdoors!
For a PDF of this activity, as well as the other 13 CNP activities, check out CreativeNaturePlayschool.com
Tag any findings or activities with #OVunplugged on social media!





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Orangevale Cooks

by Suzanne Feblowitz



The holidays are just around the corner and many of us are busy at home this year. Even though we won't have too many family gatherings and meetings, this breakfast treat is something that might make your day! This quick, yummy breakfast treat is from my retired kindergarten partner, Lori Davis.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

LORI'S MONKEY BREAD
1 -4 pack refrigerated biscuits
½ cup melted butter (1 cube)
1 cup brown sugar
Cinnamon/ sugar mixture (¾ cup sugar and 2 tsp cinnamon)

Spray Bundt pan with non-stick cooking spray. Quarter the biscuits.

Roll/coat the biscuits in the cinnamon/sugar mixture. Place the pieces in pan. Mix the butter with the brown sugar and then pour over the top of the biscuits in the pan.

Bake at 350 degrees for 30-40 minutes or until browned or when a cake tester comes out clean.

Invert onto plate and serve warm.

COOKIES FOR HORSES

Ingredients:

- 1c oatmeal
- 1c flour
- 1c shredded carrots
- 1tsp salt
- 1Tbsp sugar
- 2Tbsp vegetable oil
- ¼ c molasses
- ¼ c water

Instructions:

Mix ingredients. Roll in to

1½ inch balls, place on cookie sheet and flatten. Bake at 350 degrees for 15 minutes or until golden brown.

Submitted by: Shannon Hully of MI. shared by Pam Tobin, President & Rescue Chair Sierra Pacific Great Pyrenees Club, Inc. ID #94-3305590

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Almond Heights Assisted Living is holding a holiday food drive to support the Orangevale Fair Oaks Food Bank.

They have a wonderful drive-thru event coming up on December 10th from 4:00p-6:00p. All proceeds will go to the Orangevale - Fair Oaks Food Bank and our chef will be crafting a delicious meal for two at \$25 each.

Choose your entrée option of Hickory Peach Top Sirloin with Peach Chutney or Sous Vide Honey Mustard Chicken with IPA Aioli

- All entrées include:
- Farmer's harvest greens, pickled strawberries, cherry wood mixed nuts, parmesan, with fennel pollen vinaigrette
 - Mesquite peppercorn potatoes
 - Sous vide ginger carrots
 - Dessert hosted by Manor Care

Cost: \$25 per 'Dinner For Two' order. RSVP: Place your order by Tuesday, December 8th.

Pick Up Instructions: Orders will be available for pick up on December 10th from 4:00pm-6:00pm.

Payment: Check, cash or credit card. If you choose to pay by credit card, I will send you a link where you can donate directly to the Orangevale Fair Oaks Food Bank.

To place your order please call Breanna 916-542-7988 or email breannaousley@mbk.com
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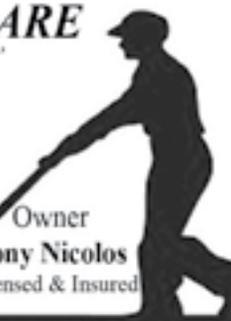
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Keep your eyes peeled for cute Artist Mailboxes popping up throughout Orangevale! Honorary Mayor

nominees, Sean Palmer of Palmer Real Estate and Jonathan Spangler of Freedom Insurance, procured several custom, artist designed, locking mail boxes for their 2020 Orangevale Honorary Mayor campaign. Local artist, Sheri Shuteroff-Vargas of "Sheri's Painted Goods" (find her on Facebook), was commissioned to design and paint these 4 awesome one-of-a-kind mailboxes. Throughout the 5 month long honorary mayor campaign, these

boxes stood outside of the Palmer Real Estate office in Orangevale collecting donations from the public. These donations went towards the Orangevale Fair Oaks Food Bank and Orangevale Rotary Charitable Fund. Each contributor was then added into the raffle to have a chance to win! The raffle was held on Facebook LIVE and the winners were Lane Kollin (orange mandala), Yvonne Loac-Russ (cow), Diana Newman (chicken), and Ray Lettau (flower). Both Sean and Jonathan would like to thank all who stepped up with donations and also congratulate the winners. Check out cute, funky, unusual mailboxes in the area by looking on FACEBOOK at "The Mailboxes Of Orangevale 95662". If YOU have an unusual, quirky, or painted mailbox we would love to have you post it on the page. Maybe we will see more artist mailboxes around Orangevale in the future. Or better yet, contact Sheri to commission your own artist mailbox.



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