

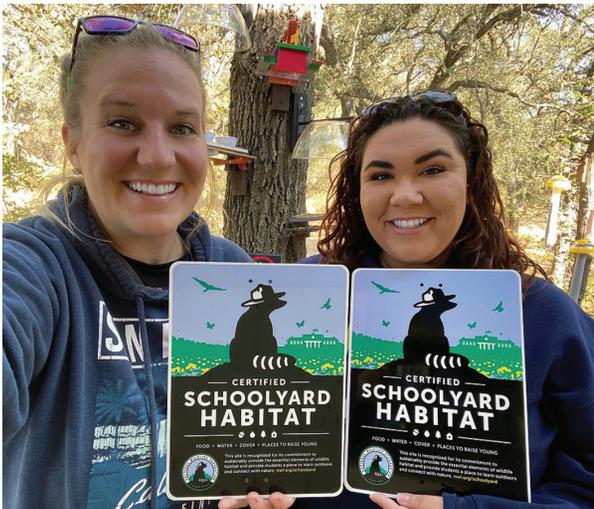
Orangevale View

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NEW SCHOOLYARD HABITAT IN ORANGEVALE

National Wildlife Federation Certifies New Schoolyard Habitat in Orangevale, CA

Local schools making a difference to protect wildlife!

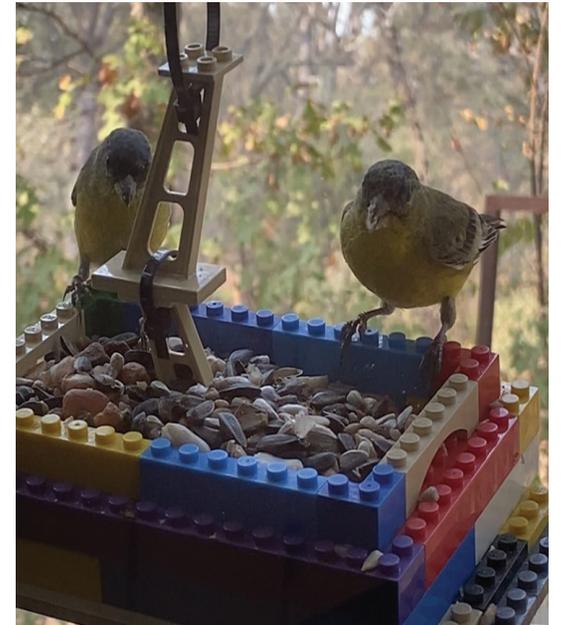


National Wildlife Federation (NWF), America's largest wildlife conservation and education organization, is pleased to recognize that Green Oaks Fundamental Elementary in Orangevale, California, has successfully created a Certified Schoolyard Habitat® through its Garden for Wildlife program. Green Oaks Fundamental Elementary has joined with over 5,000 schools nationwide that have transformed their schoolyards into thriving wildlife habitats that provides essential elements needed by all wildlife – natural food sources, clean water, cover and places to raise young. The habitat also serves as an outdoor education site where students can engage in cross-curricular learning in a hands-on way. "We are excited to have another school join our growing list of more than 5,000 certified Schoolyard Habitats. Kids can now personally experience nature through hands-on learning in an outdoor environment," said Liz Soper, Director of K-12 Programs for National Wildlife Federation.

"What started out as a curricular lesson on taking care of nature in our own backyard quickly became a passion project involving art, creativity, and ongoing research about the huge variety of birds in our area," said Jenn Frates and Lauren Celiceo, from the Discovery Club Program in San Juan Unified School District.

The Green Oaks Fundamental Elementary habitat currently hosts 18 different bird feeders, including a hummingbird feeder, multiple finch feeders, miniature picnic tables, a popsicle stick porch swing feeder, a bird feeder made out of Legos, and a "dessert bar" that holds orange slices and grape jelly to entice local tanagers, woodpeckers, hummingbirds, and butterflies. The students and teachers have identified over 30 different birds in the last two months, and they are very eager to have new feathered visitors appear in the upcoming months as the seasons shift.

Accompanying the various feeders are a birdbath, birdhouse, and hand-painted signs welcoming other woodland critters such as squirrels and opossums. The birdhouse features a spy camera inside which will enable the kids to observe nesting habits and watch baby chicks hatch, grow, and eventually leave the nest! "This will help kids develop responsibility and empathy towards nature and wildlife", said Rose-Mary Davis. Karen Brady also commented that the wildlife habitat "will encourage them to slow down and be still in this hectic,



noisy world and to notice the wonders of our world." Others in the community also noted the importance of this project during such a challenging year. "Lots of people feel that bird watching or just nature watching in general brings some peace of mind," noted Jackie Bullock. Considering that 2020 has "messed with the mental stability for a lot of kids and parents alike.... I think that being able to watch nature up close and personal could have great effects in making that aspect better."

NWF's Garden for Wildlife program encourages responsible gardening that helps pollinators and other wildlife thrive. It encourages planting with native species like milkweed and discouraging chemical pesticide use. With nearly 200,000 locations and growing, NWF's Certified Wildlife Habitats and Community Wildlife Habitats recognize individuals, schools, groups and whole communities committed to providing habitat for wildlife, including pollinators. Each of the nearly 200,000 certified locations provides food, water, cover and places to raise young. This makes yards, schools, businesses, places of worship, campuses, parks, farms and other community-based landscapes into wildlife sanctuaries. For more information on gardening for wildlife and details on how an entire community can become certified, visit www.nwf.org/habitat or call 1-800-822-9919. Submission by Jenn Frates - CDPT Green Oaks



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The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice



a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements.

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Requirements are simple:

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(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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LETTER TO THE EDITOR

HEALTHCARE NEWS: FALL IS HERE! OPEN ENROLLMENT IS NEAR!

BY JOHN A. SWAIN, CFP, CEBS

The leaves are falling which means it's time to review your health care coverage options! Open enrollment for health care coverage begins November 1st and lasts through December 15th. During this window, plan changes can be made regardless of pre-existing conditions. Unless you know that you will qualify for a Special Enrollment Period later, it's important to sign up for healthcare now!

Covered California offers a range of options for various coverage needs. If your household income is below a certain threshold, you may even qualify for premium subsidies. Don't let financial stress stand in the way stand in the way of your family's health. Contact your local health insurance broker and see what assistance is available to you today!

People who qualify for Medicare should also review their coverage options at this time. Whether you need more coverage, a change in coverage, or upgrades on prescription drug coverage it is that time of the year to change. The annual enrollment period ends early on December 7th, so take a look in early November to get a head start.

If you are an employer looking to start a group policy or change carriers, your options for covering your valued employees are year-round. Employees enrolled in employer-based group health insurance receive perks such as their premiums are pre-tax and reduce their federal, state, and payroll taxes. It is important to know when your employer-based health insurance's open enrollment period is, should you need to adjust your coverage.

Whatever your situation, health insurance is a must in these unprecedented times. At Swain Health, we are passionate about finding the best health insurance solutions for people from all walks of life. Please don't hesitate to contact us about your unique healthcare and financial needs. Taking the time to evaluate your options now, could save you and your family a lot of money and difficulty in the coming year.

John Swain is a Certified Financial Planner, an Orangevale resident, and a Board Member for the Orangevale Chamber of Commerce. He can be reached at Swain Health Insurance Solutions 866.630.1845 or via email john@swainhealth.com.

It may be heresy to observe, but unregulated capitalism and privatization have produced obvious failures. The deregulated financial sector's sub-prime/derivatives meltdown of 2007 was arguably the largest theft in human history. In its wake, U.S. net worth declined 40%. Yet privatizing and cutting more regulations was supposed fix that. So heck, let's privatize the voting system!

Despite dire predictions collective action can succeed. SMUD, our community-owned utility has rates 30% cheaper than privately-owned PG&E, and, unlike PG&E, SMUD executives aren't consulting criminal attorneys in case they faced negligent homicide charges for skimping on maintenance. SMUD is cheaper and better managed!

But none of that matters! Despite a history of success with mailed ballots, Old Salt and his crowd must complain! Privatizing and deregulating is all that will save us! Any collective action is doomed to failure!

The Old Salt reminds me of the hypnotist at the fair putting some volunteers in a trance. What are we going to believe, the hypnotist, or our lyin' eyes? Why the hypnotist, of course!

Hey, I wonder whether the Old Salt's Social Security check arrived yet.

-- The author served nearly a decade on a Sacramento County Community Planning Advisory Council, and believes there are plenty of faults with County government--especially when it comes to land use planning--but the vote-by-mail system isn't nearly as bad as the Old Salt paints it. Recrimination leading to privatization is a far bigger problem.

VETERANS

MANY A VETERAN, BRAVE MEN AND BRAVE WOMEN ARE WORTH REMEMBERIN'. ON NOVEMBER ELEVEN: THEY ARE RECOGNIZED SINCE THEY FOUGHT FOR OUR RIGHTS, AND TO PROTECT OTHERS' LIVES, THEY RISKED THEIR OWN LIVES. WHEN A THREAT DID ARISE, THEY'RE ON THE FRONT LINES. THANKS TO THOSE WHO 'VE SERVED AND FOR YOUR SACRIFICE.

-Z.F. THRIMEJ

Will Vote-by-Mail (or any collective action) Inevitably Be a Disaster?

(c) by Mark Dempsey

In California's 2018 election 65% of the ballots were vote-by-mail. Some critics believe the last 35% and/or increased turnout will break the system in 2020, among them an editorial writer who calls himself "the Old Salt." He recounted his experience as a programmer for local governments, concluding that "A Mass mailing to everyone on the voter rolls is a disaster. IT WILL DESTROY OUR VOTING SYSTEM."

This surprised me. Mail-in ballots for recent elections have always arrived in my mailbox promptly, and the County remains punctual in sending summons for jury duty, and its property tax bills. Yet that last 35% will somehow break the system! Really?

In general, public policy critics like the Old Salt are eager to assert any government or collective action is bound to fail. In advising futility, they convince public policy makers to decrease funding for some public service, then lobby to privatize it in response to the complaints about its under-funded incompetence.

So the Old Salt's dire, if exaggerated, predictions are part of the movement to discredit government, or collective action generally. Unfortunately, there are systemic problems only collective action can address--like the current COVID-19 pandemic. Responding to such critics, and to "save money," the current administration fired the CDC's pandemic team. This is why the U.S. has 20% of the world's COVID-19 cases, even though it only has 5% of the world's population.

These tactics come from a very old playbook. Mussolini and Margaret Thatcher privatized Italian and British railways, and in their private incarnations, service declined while ticket prices rose. The critics' point is to turn all those government-funded non-profit services into private, profitable toll booths. The recent attacks on the post office are another example. Toll booths impoverish (and immiserate) the population, and have been doing so successfully for generations now. The Federal Reserve reports that 40% of U.S. population cannot handle a \$400 emergency without selling something or borrowing. So, discarding intelligent public policy making has real consequences.

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Catchot, Jerry L.
July 3, 1931 – October 2, 2020

Jerry was born in Laurel, Mississippi to Edith and Albert Catchot. After living in South Carolina the Catchot family moved to California and eventually settled in the Feather River Canyon area. Jerry graduated from Quincy High School in 1951. Jerry enlisted in the Air Force in 1951 and served as a Loadmaster on C-54 and C-124 cargo aircraft stationed in Tachikawa, Japan. After the cease fire Jerry became a Loadmaster Instructor at McCord AFB, Washington. Jerry received the Korean Service Medal with two stars, the United Nations Medal, the Air Crew Member Badge, the Air Medal, the National Defense Service Medal, the Good Conduct Medal and the Korea War Medal issued by the Korean Government. Jerry was discharged in 1955 as a Staff Sergeant, having flown 1969 hours.

Jerry married Joan VanAlstine in 1959 - they lived in Orangevale nearly all of their 61 year marriage, where they raised their children Laura and Scott. Jerry was a General Contractor, building many Orangevale area houses with his father in the late 1950s and early 1960s. Jerry spent most of



his career as a Construction Superintendent building or renovating commercial buildings, including a restoration of the California State Capitol, construction of The Landmark building on Howe Ave, and construction of the Alumni and Visitors Center on the UC Davis University campus.

Jerry and Joan raised Appaloosa horses, and a few cows in the late 1960s and early 1970s. Once they were empty-nesters, Jerry and Joan took their RV on adventures around the western US, sometimes with childhood friends Charles and Phyllis Mounkes. Since the early 1990s, Jerry and Joan both enjoyed being members of and touring with the vintage car club, the Horseless Carriage Club of America. Having had a life-long love for cars, through the years, Jerry repaired, restored and tinkered with cars, trucks, tractors and motorcycles of all vintages. Jerry took great pleasure spending time with his beloved grandsons Carson and Corey, and attending their many sporting events. Jerry's children are grateful for the life lessons he provided them - the importance of a strong work ethic, knowing a job worth doing is worth doing well, honesty, integrity and generosity. Jerry

had many talents and was always willing to help family and friends: building a vacation home, restoring a vintage bus, landscaping a backyard, making home and auto repairs, providing a temporary home.

Jerry was preceded in death by his parents, siblings Albert, Dorothy, Harold (Jim) and Patricia. Jerry is survived by his wife Joan, children Laura and Scott, grandsons Carson and Corey, his sister and brother-in-law Edith and Bill Brown, sister-in-law Donna Catchot, as well as cousins, nieces and nephews.

Jerry was laid to rest, with military honors, at the Sacramento Valley National Cemetery in Dixon, CA. With all our love we will miss you every day

THANKSGIVING HOLIDAY BASKETS

The Orangevale church of Christ has been serving our community annually with Thanksgiving Baskets for many years. These baskets are free to those in need, but the number of baskets is limited. Each basket includes unprepared items for a Thanksgiving holiday meal and will be delivered or ready for pick up on Sunday, November 22, 2020 noon to 6 pm PST. If you would like to be considered for a free Thanksgiving Basket from the Orangevale church of Christ, please fill out all of the information at <http://ov-church.org/baskets>



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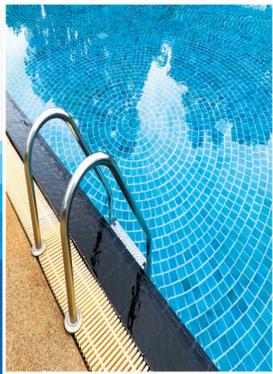
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VETERANS DAY

The eleventh hour of the eleventh day of the eleventh month 1918 – an armistice, or temporary cessation of hostilities, was declared between the Allied nations and Germany in the First World War. Since no one knew that there would be a sequel in 20 years, it was known as "the Great War" or the war to end all wars but didn't have a number. Commemorated as Armistice Day beginning the following year, November 11th became a legal federal holiday in the United States in 1938. In the aftermath of World War II and the Korean War, Armistice Day became Veterans Day, a holiday dedicated to American veterans. Unlike Me-

morial Day, it was not intended to just remember those that fell in battle. Instead it was a day to recognize all those men and women that have served over the course of 241 years of this nation's existence. Whether the service was in war time or peace time or in foreign countries or at home, the Veteran would be recognized on this day. The veteran knows not what the situation will be when they sign the bottom line and raise their right hand and promise to support and defend the constitution. Peace time quickly can become war time.

Every year, Sylvan Cemetery in Citrus Heights honors those that gave that served in the defense of their

county. This year the Veterans Day service will be held on Wednesday, November 11, 2020, at Sylvan Cemetery, 7401 Auburn Blvd., Citrus Heights. The ceremony begins at 10:30am with a march through the historical section of the cemetery, stopping briefly at each flag station to read a prayer and salute the flag. The march will conclude at the gazebo where there will be a one-hour ceremony. Folding chairs will be provided for those that want to sit but there will be no mandatory seating arrangements. We would love to have you join but if you are concerned about your health and do not want to attend – the Veterans will understand.

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The Good, The Bad, and The Ugly

2020 LEGISLATIVE RECAP: THE GOOD, THE BAD, AND THE UGLY

By Assemblyman Kevin Kiley

One of the most bizarre legislative sessions in state history came to end last month as the Governor's deadline to sign or veto bills passed on September 30. In total, the truncated legislative year saw 428 bills land on Governor Newsom's desk and he signed 372 of them into law. Here is a list of the good, bad, and ugly legislative outcomes in 2020:

The Good

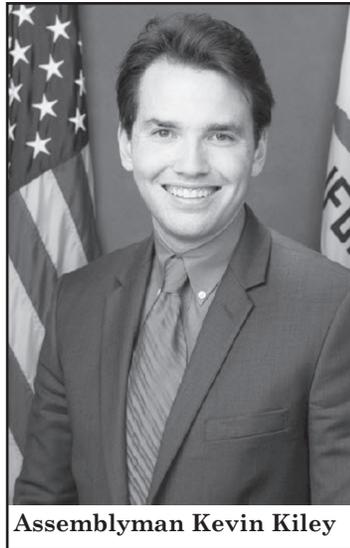
AB 1577 - Small Business Relief
In April I proposed legislation to exempt federal PPP loans from state income taxes, a common sense relief measure to help small businesses navigate the hardships of COVID-19 restrictions. Governor Newsom signed a bill putting that proposal into law.

AB 331 - Veto of the Ethnic Studies Requirement
Sometimes a good outcome is not what gets signed by the Governor, but what does not get signed. One such bill was AB 331, which would have mandated a much maligned "ethnic studies" curriculum as a high school graduation requirement, despite the curriculum's inclusion of political propaganda and anti-Semitic sentiments. Thankfully the Governor did the right thing and vetoed this legislation.

SB 1351 - Veto of a 40-Year Tax
This bill attempted to allow the state to borrow up to \$5 billion against future vehicle registration tax revenues enacted as part of the infamous Gas Tax in 2017. It also would have prohibited the Legislature from repealing, reducing, or modifying this tax for up to 40 years. The good news is, this taxpayer's nightmare was vetoed by Governor Newsom.

The Bad

AB 2231 - Another Hit to Housing Affordability
This legislation expands prevailing wage requirements on private development, which in turn will raise housing costs in a state that is already one of the least affordable in the entire country. In total, it adds as much as \$84,000 to the cost of building a house.



Assemblyman Kevin Kiley

SB 145 - Reducing Penalties for Sex Offenders
This bill makes it possible for a 24-year-old convicted of sex crimes against a 14-year-old minor to avoid registering as a sex offender. Despite being met with bipartisan condemnation in the Legislature, it ultimately passed with the minimum 41 votes required and was signed by the Governor.

SB 1383 - More Burdens on Small Businesses
In a year when times cannot get much harder for small businesses, the Legislature found a way to add yet another burden on them. This bill purports to offer 12 weeks paid leave for employees in California, but the real goal is to create another cottage industry for crippling litigation. When this bill came up for debate on the Assembly Floor, I read the stories of countless small business owners in our community who may have to permanently close their doors as a result of this harmful new law.

The Ugly

AB 2257 - More Exemptions for Independent Workers
In 2019 the Governor signed AB 5, a devastating law that banned most forms of independent contracting in California. In an attempt to "fix" this horrific piece of legislation that has cost hundreds of thousands of independent workers their livelihoods, the Legislature passed AB 2257. While the bill adds some new exemptions, it fails to deliver true relief for hundreds of professions in California. I will continue to fight for a full re-

peal of AB 5 in the upcoming legislative session.

SB 98/820 - Restricting Educational Options for Families
The Legislature continued its assault on educational choice this year by restricting the number of students charter public schools can enroll, and refusing to fund public homeschool programs that were filling a critical need for families in the middle of a pandemic. To make matters worse, our state's top education leaders want traditional public schools to remain closed for all the wrong reasons.

It is an honor to be your representative and I look forward to continuing the fight for policies in the Legislature that protect our students, taxpayers, and small businesses.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. You can follow him on Twitter @KevinKileyCA.



OV UNPLUGGED

BY BRANDY WADE

Hello Orangevale and surrounding communities! Our CNP family hope everyone enjoyed our previous OVunplugged Leaf Hunt! In this column we challenge families to unplug from technology and take a walk around your neighborhood at night.

Every September, the Northern hemisphere officially enters Autumn/Fall, and from that point on, each day has one less minute of daylight. Therefore now that we are entering November, we have nearly one hour less of sunlight than we did during the Summer months. As we all adjust to the time change, later sunrises, earlier sunsets, and cooler weather; why not challenge ourselves to explore what the nighttime has to offer. Nighttime is both an intriguing and unexplored time of the day for most children. It's a time when another part of the world wakes and so many new things can be learned, heard, and discovered during a walk in the dark.

In this Nighttime Scavenger Hunt

we challenge friends to head outside in the dark, with their parents, looking and hearing for the many items shown on our list. This challenge introduces children and friends to nocturnal activities; things that take place after the sun sets, as well as tests their sense of sight and hearing. This list also opens up several conversations about science, such as astronomy, changes in weather, and about many nocturnal animals and insects that are not typically seen or heard during the day light.

So grab your jacket, flashlight, a knit hat, scavenger hunt, your children, and start exploring your neighborhood in the moonlight! As always, we hope you remember to put down the technology, spend time with loved ones, and head outside daily :-)

Please feel free to email CNP your findings or post them on social media using the #OVunplugged. Stay tuned for our next challenge and follow our nature preschool for other nature activities on Facebook and Instagram. You can also visit CreativeNaturePlayschool.com for this activity and all previous activities.

CNP's Nighttime Scavenger Hunt

Under the moonlight or streetlights use this Nighttime Scavenger Hunt to find/hear as many items as you can. This activity, as well as all other CNP activities, are published on www.CreativeNaturePlayschool.com :-)
Tag any findings or activities with #OVunplugged on social media!

A Spider 	A Raccon 	Moving Branches 	Animal Howling
A Bat 	Sound Car Driving By 	The Moon 	Streetlight
Sign Reflection 	A Spiderweb 	Dog Barking 	A Snail
Owl Hooting 	A Opossum 	Stars 	A Flying Insect

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Orangevale Cooks



by Suzanne Feblowitz

My neighbor, Susan, has offered a family recipe to share. It takes a little bit of time to prepare, but the finished dish it is a work of art for the table. Most of the ingredients are regular staples in my household and the combination of ingredients sound delicious together. I hope to be preparing this dish in the next few days.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

VEGETABLE TIAN

(pronounced che-on)

Ingredients

- 1 T. olive oil
- 1 medium yellow onion
- 1 clove garlic
- 1 medium yellow squash
- 1 medium sweet potato
- 1 medium zucchini
- 2 small to medium tomatoes
- salt & pepper to taste
- 1 t. ground thyme
- 3/4 c. shredded "Italian" cheese

Instructions

1. Finely dice onion and mince garlic. Sauté both in skillet with olive oil until softened (about 5 minutes).
2. Thinly (~1/8") slice remaining vegetables: uniform thickness important.

3. Grease or non-stick spray the inside of an 8x8 square or round baking dish.

4. Spread softened onion and garlic in bottom of dish. Place sliced vegetables in baking dish vertically, in an alternating pattern, making a spiral, with the smaller pieces on the outside and the taller pieces toward the middle.

5. Preheat oven to 400 degrees.

6. Sprinkle generously with salt, pepper and thyme.

7. Cover dish with foil and bake 30 minutes. Remove foil, and bake for another 15-20.

8. Sprinkle the cheese over the top. (Waiting until the casserole is hot and fully-cooked ensures the cheese melts but doesn't burn and won't run, covering up the pretty vegetable colors.)

9. Let sit for 5 minutes before serving.

Notes:

- Tell the guests to dig all the way to the bottom to pick up all the goodies there.

- Doubling the recipe shouldn't require more baking time.

- Can assemble the dish up to within 2 hours of baking time if tent with foil so the vegetables don't dry out. If need to, you can prep the night before: the sautéing as well as cutting the squashes (then bag the squashes in water, so they don't dry out; fully pat dry before assembling!).

Serves 6.

CUT YOUR FOOD BILL WITH A LITTLE KNOWHOW

You can keep your weight down and eat healthier in the process, with a bit of planning.

1. Plan before shopping. Think of a week's worth of menus with lean protein, fruits, vegetables, protein pasta choices, simple desserts and beverages. Use the store's circular or email to be more alert on prices. Organic apples may be too pricey, but the organic pears are not.

2. Use leftovers in other dishes, and plan your meals to minimize them. Plan for two meals, mixing the ingredients for variety. Portion out the pasta, and reserve some for another dish later. Think egg-based casseroles once in a while vs. meat. Cut up a large egg/spinach frittata and freeze squares for breakfast. The same for grilled cheese sandwiches for lunch. Chili makes a terrific lunch or dinner. Make a big batch and freeze in containers. Split pea soup anyone?

3. Shop the perimeter of the store to stock up on fresh vs. processed foods. Think twice about buying perishables in bulk. Meats can be separated into meal portions and frozen. Frozen berries the same.

4. Beyond the meat counter are protein choices like frozen and canned salmon, tuna, beans. Frozen fresh and less expensive produce choices include berries, asparagus, artichokes, spinach and more.

5. Better for you and less expensive snack foods include olives, fruit, melon, popcorn, hard boiled eggs, panini slices with sugar free almond butter, Puff pastry is easy to work with and makes far less expensive/healthier canapes and desserts.

Betty Albert, N.D. is a free-lance writer in El Dorado Hills. See more info on

www.bettyalbertchronicles.com

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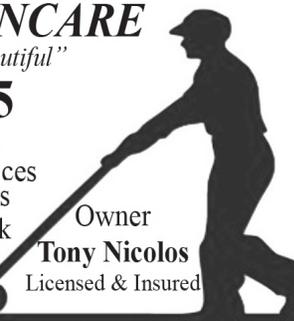
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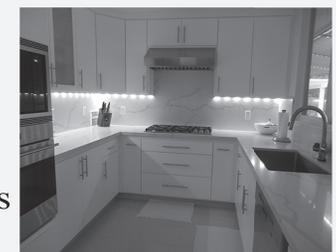
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COMMUNITY NEWS

DIVINE SAVIOUR OV FOOD DRIVE UPDATE BY: LILIANA MILLET, CASA ROBLE SENIOR

AS the COVID-19 pandemic continues to remain prevalent in the United States, poor families are financially disadvantaged and food banks continue to put food on the tables of their community members. The Orangevale-Fair Oaks Food Bank has jumped from serving 1,000 families monthly regularly up to 3,000 weekly at its peak. Marcus Arnold from Divine Savior Church decided to host a food drive at the Orangevale-Fair Oaks Food Bank early in the morning of October 24th. Gathering local scouts groups and gaining the help of Casa Roble's football team along with their coach Chris Horner, the food drive was easily set to meet it's 10,000 lb donations goal.

Divine Saviour is a local church deeply invested in our community. That being said, when community chairperson Marcus Arnold began to see the impact that COVID-19 had on his community, he decided to help make a change. "We're here today because of our need and desire to pull our community together and reach out further to families" Arnold said. Setting up this food drive has allowed divine saviour to reach a hand out to our community and offer their support through donations. Reflecting on the event, all Arnold had to say was, "the generosity of this community is incredible, my heart has been touched beyond belief."

Early into the event, Casa Roble High School's football coach Chris Horner arrived at the event sporting a trailer full of donations. Through a competition for donations set up by Horner,



6,100 items equating to 4,486 lbs were donated in less than an hour into the food drive. Ranging from canned or nonperishable food items to supplies like toilet paper, these contributions to the food drive were collected solely by the Casa Roble football team. "We decided to collect donations for the food drive because it's a way to truly give back to the community and return the love and support we've always received" Horner said.

By the end of the food drive, over 11 thousand pounds of food were donated. This food drive showed the true nature of our community as the outpouring of support in the form of donations and volunteers made this an extremely successful and pros-

perous event. With their new donations, the Food Bank will continue to operate with implemented social distancing. You can visit the Food Bank at 6483 Main Avenue on Mondays from 11am – 1pm, Wednesdays from 4:30 - 6:30pm, Thursdays from 10am – 12:30pm, and Fridays from 10am – 12:30pm.

NACHOS

On tortilla chips, melted cheese drips during National Nachos Day (November six). With ingredients mixed and that smack the lips, Ignacio Anaya created this dish. Named after his nickname, nachos are so delish. Deals on this meal for this day may exist.

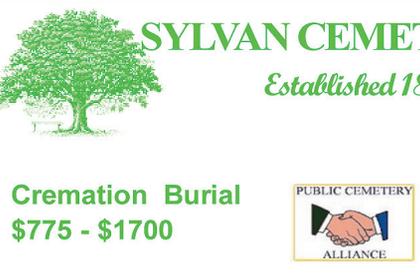
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