

# Orangevale View

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## THE NEW ORANGEVALE MURAL

The New Orangevale Mural  
By Lindsey Duncan

There's a new mural in Orangevale—off of Greenback Ln and in the parking lot of Badfish Coffee & Tea. The mural features imag-



es indicative of Orangevale life that inspire pride in our little community.

Artist Alika Rogers-Crooks was asked to create a piece that would represent the community. She worked with another local artist named Katie and interviewed long-term local residents to come up with ideas for the mural.

Alika began her journey into art after being involved in a helicopter crash in 2005. Drawing was part of her boredom therapy while she recovered from her injuries that included three shattered vertebrae. Over time, her skills evolved as she taught herself different styles and became efficient in other medi-



ums. Alika even resigned from being a paramedic after 15 years to put all her efforts into artwork.

In the last two years, Alika has shifted to spray paint muralling for the larger walls she has begun to paint. She began this mural in March during the first week of quarantine. Although this came with new challenges, Alika still managed to make it work. "It was unexpected when I planned the mural that all our kids would be out of school



and life would be completely uprooted, so what I thought would be a three-week project turned into a two-month project with long intermissions for weather and childcare issues," Alika said.

One end of the mural shows two kids riding a horse barefoot and bareback. This section was inspired by Alika's neighbor. "My neigh-

bor, Connie Foiles, is in her 90s," Alika said. "She said that growing up in Orangevale, the kids all used to ride horses everywhere, barefoot and bareback."

Another impact of the pandemic was the addition of street signs that read "Hope St" and "Miracle Ave." "I included some positive messages of hope and inspiration to all the patrons that might pass by. I'd been feeling so much sadness, fear, panic, and anger from all the people in the community when COVID first came through. I hoped that maybe



I could bring more positive messages and try to make people smile, even if it were just for a moment," Alika said.

The llama in the mural is inspired by the llama Alika saw when driving into Orangevale for the first time being walked down the street on a leash. Also featured in the mural are images that represent the Orangevale Town Fair and capture the rustic Orange orchard feel that the community still has.

Overall, Alika hoped this mural would inspire pride in the community and bring more foot traffic and commerce to the downtown Orangevale businesses. If you haven't seen this new mural, go check it out!

Photos provided by Lindsey Duncan  
Mural was shot in 5 separate photos in order to capture the whole thing.

Mural location is at Downtown Plaza 9346 Greenback Ln Orangevale, CA 95662.

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## ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice



a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

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Publication is at the discretion of the Orangevale View staff. Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions, to YOUR newspaper. The email address is [editor@ovview.com](mailto:editor@ovview.com). It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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In a beautiful meadow at Stone Cellar Horse Camp, Chelsea Marie Winn and Jeffrey Gregory Anderson were married on July 25th, 2020.

Both were born and raised in Orangevale and graduated from Casa Roble High School, Chelsea graduated in 2002 and Jeff in 1999. Chelsea grew up on Walnut Ave. with her parents, Bill and Penny Winn, and her sister Amanda Winn-McVey. Jeff lived in Orangevale with his parents Greg and Cheri Anderson, brother Greg and sister Julie.

Jeff grew up hunting and building Jeeps where Chelsea grew up with



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4-H and riding horses. They combined their passions and are building a life at their home in Cool with hunting trips, horses, dogs, chickens, a goat and the Jeep.

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# ANNOUNCEMENT



**William (Bill) Amantea**  
July 16, 1932 – July 22, 2020

## *Amantea, William S.*

With faith in the promises of our Lord, Jesus Christ, it is with sadness that the family of William (Bill) Amantea announces his passing into eternal life, on Wednesday, July 22, 2020, at the age of 88 years old. Bill was a beloved husband, father, grandfather, and great-grandfather. He will be lovingly remembered by his wife of 66 years, Alice, and his children, Chris (Yvonne), Denise (Chris), Laura (Patrick), Laurie (Ronnie), and Rhiannon (Joey). Bill will also be fondly remembered by his six grandchildren—Lloyd, Adriana, Forrest, Larry, Maegan, and Dylan—and his great grandchildren.

Bill was a native Californian. He attended high school at C.K. McClatchy, where Bill met his wife and the love of his life—Alice. After dating for three years, they married on July 25, 1954 and have been together ever since, as a wonderful testament to the sacrament of matrimony. After graduating from Sacramento State University, Bill served as a medic in the U.S. Navy. Thereafter, he pursued his career as a graphic artist, working at

Aerojet General Corporation, and for the State of California—as a graphic artist for the California State Fair and for the California Prison Industry. He had a passion for art and he leaves behind a legacy of beautiful paintings and other artwork. Bill obtained his Masters' Degree in Art History and taught night classes at Cosumnes River College. He was a long-time parishioner at Divine Savior Catholic Church in Orangevale.

Bill (and his wife) were long-time volunteers in various civic organizations and at his children and grandchildren's schools. He was also a member of the Knights of Columbus.

There will be a public viewing on Monday, August 3rd, from 4:30 to 7:00 p.m., at Mount Vernon Memorial Park, located at 8201 Greenback Ln., Fair Oaks, California. A Rosary will be prayed for Bill at 6:30 p.m. at Mount Vernon. A private Funeral Service and Celebration of Life in memory of Bill will be held on Tuesday, August 4, at 10:00 a.m., at Mount Vernon. Interment will follow. At some point in the future, a Memorial Mass will be held at Divine Savior. Those who desire may make memorial donations in memory of Bill to the Alzheimer's Association of Sacramento, located at 1455 Response Rd. #190, Sacramento, CA 95815.

In charity and kindness, please remember Bill and his family in your Masses and prayers. May he rest in peace.

## LITTLE METHODIST PRESCHOOL FALL CLASSES START AUGUST 17

The school will follow COVID protocols to ensure safety of children and staff

Fair Oaks, CA – (July 24, 2020) The Little Methodist School in Fair Oaks, CA plans to hold classes beginning August 17. The preschool will implement COVID protocols to ensure the safety of children and staff by practicing social distancing, incorporating extra cleaning efforts and offering small class sizes.

Little Methodist School (LMS) has been serving preschool aged children for over 55 years. It offers a nurturing atmosphere for children's spiritual, social, emotional, physical and cognitive development. "We feel that we have a solid strategic COVID response preparedness plan in place to open this fall", said LMS Preschool Advisory Committee chair, Cynthia Wold. LMS will perform health and safety checks each morning, social distance the children inside and outside the classroom as much as possible and utilize its .25 acre playground each day. "Our teachers have been working all summer to prepare their classrooms so that we can continue to create a safe and loving environment that gives children opportunities to grow," stated Wold.

Little Methodist School is located in Fair Oaks, CA. It is a non-profit, part-time preschool and toddler program which is committed to encouraging children to explore, create and play.



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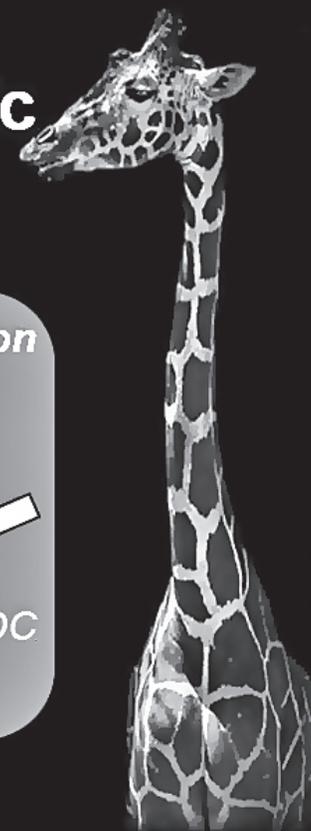
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# OV Unplugged

OV Unplugged  
By Brandy Wade

Hello Orangevale and surrounding communities! We hope you enjoyed the previous OVunplugged Senses Challenge; featured in our last column. In this week's column we challenge our readers to enjoy summer and stay cool with water play! Summer is the perfect time to explore the outdoors and there's nothing more fun than spending time in the water. Whether you are either at home in a pool or

hot tub, or a local lake, creek, or river playing in water helps children grow and develop in several different ways.

Did you know that water play actually helps children gain many life skills? For example some skills gained through water play include balance, strength, coordination, communication, and social skills. For instance when a child is splashing and running through water they are practicing balancing and resistance skills. Children also feel safer experimenting in water because they are not worried about fall-

ing on hard surfaces. It also takes more muscle strength to move through the water, thus helping children gain gross motor skills needed for climbing, running, and jumping. Through a child's interaction with peers, while playing with water, they are able to share new experiences and have a greater opportunity to practice social development. When a child has experienced something new they are eager to share it with others and this is a great way to build self confidence. Nature is a great learning environment for all ages and when we take the time

to add water to wood, dirt, sand, rocks, and other dry substances a new world is opened for exploration. It is also important to note that water also supports a wide variety of life forms; from fish to plants and birds, water play can lead to new biological adventures for the whole family. Please also remember to reuse your water when done playing, by giving it to a plant!

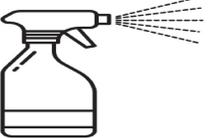
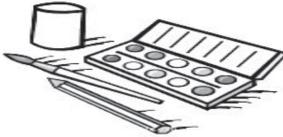
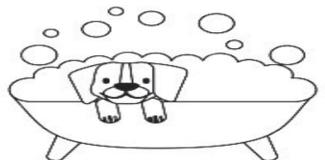
We hope families enjoy this fun Water Bingo challenge! As always we hope you remember to get a daily dose of sunshine and fresh air by putting down your

family's technology and heading outside :-)

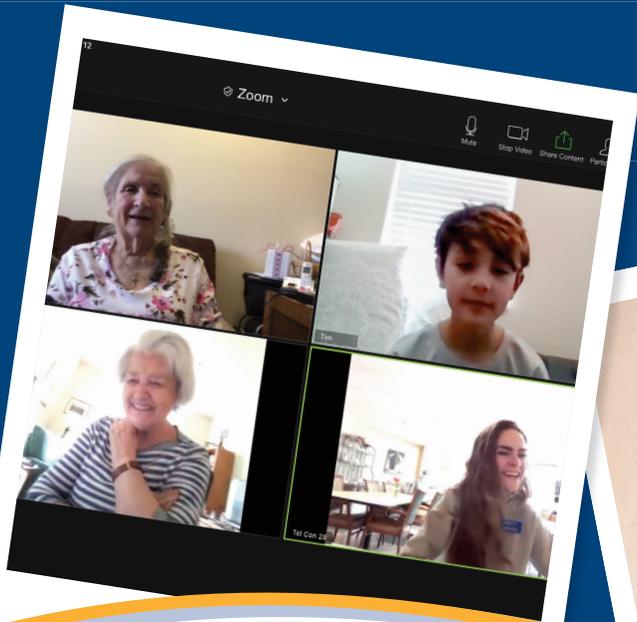
Please feel free to email CNP your findings or post them on social media using the #OVunplugged. Stay tuned for our next challenge and follow our nature preschool on Facebook and Instagram. You can also visit [www.CreativeNaturePlayschool.com](http://www.CreativeNaturePlayschool.com) for this activity and all previous activities.

## CNP's Outdoor Water Bingo

Use this OVunplugged Outdoor Water Bingo game to challenge your family to enjoy and explore water, while also having fun and staying cool! #OVunplugged  
This is also published at [www.CreativeNaturePlayschool.com](http://www.CreativeNaturePlayschool.com) :-)

<p><b>Play in the Sprinklers</b></p> 	<p><b>Go for a Swim</b></p> 	<p><b>Make a Puddle and Jump in it</b></p> 	<p><b>Have fun with Ice as it Melts</b></p> 
<p><b>Play with a Spray Bottle and Water!</b></p> 	<p><b>Have a Water Balloon Fight</b></p> 	<p><b>Make a Bee Waterer with a Tray and Rocks</b></p> 	<p><b>Use Water and Dirt to Make Mud</b></p> 
<p><b>Make a Play Sensory Water Habitat</b></p> 	<p><b>Water a Tree or Plant</b></p> 	<p><b>Explore a Lake, River, or Creek</b></p> 	<p><b>Put out a Bird Bath</b></p> 
<p><b>Mix Colored Water using Food Coloring</b></p> 	<p><b>Wash your Car or Bike</b></p> 	<p><b>Paint a Picture with Watercolors</b></p> 	<p><b>Give a Pet a Bath</b></p> 

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**Orangevale Cooks** 

by Suzanne Feblowitz

I have a niece who doesn't cook often. Her husband is the cook of the family and she is the baker. We recently visited the newlyweds and my niece came up with the most simple and fresh salad that was so yummy that I have been making it all summer! It is a simplified version of a Greek Salad. If you would like to share a favorite summer recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

**ROSIE'S GREEK SALAD**  
1 English Cucumber- halved lengthwise, then quarter lengthwise, then slice into 1/4 inch pieces  
1 garden fresh tomato-cut into small pieces or use cherry tomatoes that have been halved  
1 bell pepper- diced  
1/2 red onion-diced  
1/4 cup Kalamata olives, pitted and sliced in half  
1/3 cup crumbled feta cheese (or more if you would like)

Put items in a salad bowl, then add the dressing. You can mix the dressing separately in a container, or you can just add it directly to the salad (my choice).

I just sprinkle the dressing ingredients over the salad and toss.

**DRESSING:**  
1 clove garlic, minced  
1 tsp dried oregano  
1 tbsp balsamic vinegar (you can add more, but it really doesn't need much)  
2 tbsp olive oil (you can add more, but it really doesn't need much)  
1 tsp Dijon mustard  
Salt to taste  
Pepper to taste

Toss salad and serve with your meal. Serves about 4. Save leftovers as a snack or add to a salad mix for a quick lettuce salad the next day!

Orangevale Chamber of Commerce Business Spotlight - Options for Youth, Orangevale

by: MaryAnne Povey

Who would have thought the conversation about "how" our kids will be getting educated this fall would be such a huge topic of discussion these days, but thanks to the COVID-19 pandemic, it is! With so many things to consider, and much debate, parents are left to decide what is best for their own children. Traditional, independent study, home school, or charter? Lucky for us, we have a local resource, Options for Youth in Orangevale, a 7th - 12th grade blended learning program, available to help answer some of these questions and offer alternatives to traditional education.

"When it comes to distance learning, we have it down," said Derek Newell, Options for Youth San Juan Principal, "We've already transitioned to an online platform and our students are used to working at home. It's in our DNA and is what we are



built for."

Options for Youth in Orangevale, a public charter school, works hand in hand to support the students in the San Juan Unified School district (SJUSD) and is a free service to those in the district. They are located at 9470 Madison Avenue in Orangevale and is one of four programs in Sacramento County offering help for students who want to graduate early, catch up on missed credits and/or not fit-

ting into the traditional school setting. They provide a variety of programs to fit the many unique circumstances of its students.

"We are all about serving the students and the families and strive to work closely to help students transition back to traditional school, or help finish up course work to stay on track for graduation," said Principal Newell, "Some kids thrive in this environment."

## A LOOK INTO HONORARY MAYOR CANDIDATE SEAN PALMER

By Lindsey Duncan

Sean Palmer is one of four business owners running for the position of Orangevale Honorary Mayor. He is the owner of Palmer Real Estate, voted Best Realtor/Best Real Estate Office in Orangevale for four consecutive years through the Best of Orangevale award.

The Orangevale Honorary Mayor race is run through the Orangevale Chamber of Commerce from June 1-October 31. Each business owner candidate is fundraising for a charity during the race. Every dollar raised for their charity is a vote for them. Sean is fundraising for the Orangevale-Fair Oaks Food Bank.

Sean grew up in the California Central Valley and moved to Sacramento in 1995. He graduated from Sacramento State University in 1998 with a degree in Business Marketing. After working with top engineering design teams and contract manufacturers at large international companies, Sean obtained his real estate broker license in 2004 after looking for a more rewarding career where he could connect one-on-one with people.

After a brief shift into the mortgage industry, Sean returned to real estate and opened his own real estate brokerage. Sean's dedication to his clients and his skilled negotiation on behalf of his clients resulted in him being named one of the top 5% of all realtors in Sacramento country. He has earned this "Masters Club" title from the Sacramento Association of Realtors for the past seven years.

In addition to his work in real estate, Sean is also very active within the Orangevale community. Sean has lived in Orangevale for 19 years with his wife and business partner Colette Palmer, their son Hayden, and their cats, chickens, ducks, and two dogs. Sean is in his second year of sitting on the Orangevale Chamber



of Commerce Board of Directors, and Colette is a Chamber of Commerce Ambassador and an active member of the Orangevale Women's Club. They both are active members of the Orangevale Grange.

Sean participates regularly in a variety of community events to support Orangevale and our local businesses as well as to raise awareness for multiple sclerosis, breast cancer, and neurofibromatosis (NF). He also is active in GLOVE and CPAC, which keep the community aware of changes and proposed improvements within Orangevale.

Palmer Real Estate participates in many Orangevale events including the Big Day of Service, the Summer Concert Series, the Trunk or Treat/Halloween Fright Night, the Orangevale Harvest Dinner, and the Orangevale Tree Lighting. They also sponsor the Orangevale Town Fair and Casa Roble High School's Sober Grad Night.

In his free time, Sean enjoys gardening, world travel, boating, anything outdoors, and "running with a purpose" in marathon events. If you'd like to vote for Sean Palmer as Orangevale's next Honorary Mayor, donate at <http://paypal.me/SeanPalmer2021>.



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### MAYOR CANDIDATE INFORMATION:

Orangevale Honorary Mayor Candidates for 2020-2021 are:

Sean Palmer - charity is Orangevale-Fair Oaks Food Bank

Luz Johnson - charity is the Orangevale Women's Club and the Del Oro Caregiver Resource Center  
Jonathan Spangler - charity is the Rotary Foundation

Cliff Wylie - charity is American River Alano Club

And here are the PayPal donation links to include for each of them:

Jonathan: [paypal.me/spangler2021](https://paypal.me/spangler2021)

Cliff: [paypal.me/Wylie2021](https://paypal.me/Wylie2021)

Luz: [paypal.me/LuzJohnson2021](https://paypal.me/LuzJohnson2021)

Sean: [paypal.me/SeanPalmer2021](https://paypal.me/SeanPalmer2021)

Check out their Honorary Mayor Facebook pages and follow what they're up to with their campaigns!

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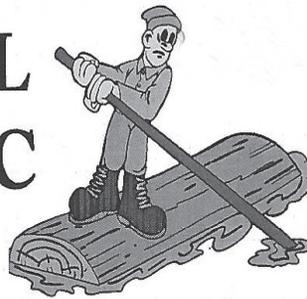


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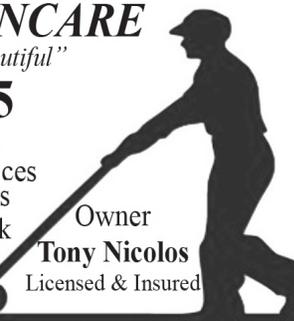
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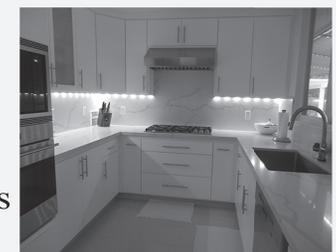
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Priscilla Maldonado Casa Roble attending UC Davis with Jerry Macklem at OV Grange

## BUSINESS SPOTLIGHT CONTINUE PAGE 10

Thriving is exactly what Options for Youth is doing, helping thousands of students over the past 31 years and just recently wrapped up their summer school session helping over 1,200 students throughout the region. The Orangevale location has nearly 700 students enrolled to date.

Enrollment is year round, but they work closely to coordinate with start and stop dates of traditional school schedules so students can return to finish back at their home school if that is their goal. Students and parents are encouraged to visit their website for details and registration information.

While all of the "in-person" programs like small group classes, sports, travel, and field trips are suspended during this time, they are still offering independent study where students go at their own pace under the personal guidance of a teacher, blended learning in small group classes (done online during pandemic), college prep, and tutoring online. Their curriculum covers just about every subject. And it is A - G compliant so students can achieve their goal of attending four year universities, which many have done!

"Normally we like to get the students out of the classroom to experience new things,

and traveling with them was a favorite of mine, especially the trip to Washington D.C." said long time Orangevale Counselor Samatha Little, "I love the kids to see and experience new things and look forward to when we can do that again."

If you'd like to learn more about the programs offered at Options for Youth in Orangevale, the staff would be happy to answer any of your questions and help evaluate your students' needs. Give them a call at (916) 988-4138, Monday - Friday, or visit their website at [www.ofy.org](http://www.ofy.org)

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