

Orangevale View

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2019 BEST OF ORANGEVALE WINNERS



WOW! Saturday, February 22, proved to be a remarkable night of celebration for Orangevale. It was great to see small business owners, community leaders, and service groups with family and friends attend the award banquet (catered by O'Connor's) to witness the announcements of the 4th Annual Best of Orangevale, presented by the Orangevale View in partnership with the Orangevale Chamber of Commerce. Before announcing the winners, the committee took the opportunity to recognize some of Orangevale's Hometown Legends. A presentation was given for the family members commemorating those who are no longer with us but who have made a substantial impact in our community:

Dorothy Cabodi for her dedication to the Sacramento Children's Receiving Home, Orangevale Woman's Club and impact within the Orangevale community; Suzie Greasby (Jan's Lounge) longtime resident, community sup-

porter and pass Honorary Mayor; and Steve Tonarelli founder of Tonno's Sport's Bar and Grill, small business advocate and community supporter. Their contributions earned them the first ever HOMETOWN LEGEND AWARD, presented by the Congressional Office of Congressman Ami Bera.

This year's event had seven new categories and a record breaking amount of nominees, topping the votes received at 21,000. Brad Squires, Orangevale Chamber President, challenged attendees to exceed 40,000 votes for next year's 5th Best of Orangevale celebration. The new Best of Orangevale website, with ample abilities for handling copious volumes of polls and securities to prevent ineligible voting, was created by Ryan Griffith (Averik.com). Lisa Montes of the Orangevale View stated, "We can present the awards with confi-

dence that the winners are legitimate with true and accurate voting. It is a fun and rewarding competition and we want to ensure it is done with the highest level of integrity." The Best of Orangevale website will show case the 1st place winners until next year's 2021 event. The page will be used as a directory for the public to access businesses; hence, folks (all nominees) are encouraged to update their business information keeping their profiles current.

Sponsored by longtime business L&M Deli Liquor (celebrating doing business in Orangevale for 34 years) the business awards began and quickly turned into a cowbell ringing celebra-

tion. The top three finalist were announced and the winners were presented with certificates from the County Supervisor Office of Sue Frost (Vote Sue Frost 2020) and the Assembly Office of Assemblyman Kiley. Notable recipients were 12 year old, Abby Squires, for Best Home/Direct Sales Business. Abby is owner-operator of Sugar Blossom Bakery (Look her up on Facebook for orders), Keoni Films for Best Photography/Videographer, owned and operated by High School Senior, Keoni Carrion and The Last Tangle Salon (Owned by Honorary Mayor Julie King) who took 1st place in three different categories. All winners received a certificate, a Continue page 4 and 5

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ABOUT THE ORANGEVALE VIEW



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

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Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

Brad Tatum -
Publisher/Advertising
Lisa Montes -**Editor**
VOLUNTEER CONTRIBUTORS
Suzanne Febowitz
MaryAnne Povey
Photographer
Chris Morairty
Tom Paniagua

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FRI APR 24, 2020 Out To

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Best of Orangevale continued from front page

window cling displayable for enhancing public interest, and a website badge validating them as the Best of Orangevale for 2019.

Community awards proceeded the conclusion of Business awards. The people's choice for Best Bartender was awarded to Derek Clark who pulls the draft handle for craft beer lovers at his tap room Palm Tree Brewing; Best Server was awarded to May Coyne from the award winning Best Hangout Badfish Coffee and Tea; Best Sports Coach was the event's only tie presented to both Coach Horner, of Casa Roble High School, and Joe Duran, a volunteer coach for Orangevale Fair Oaks Little League; Volunteer of the Year was awarded to longtime community supporter and advocate MaryAnne Povey; Volunteer Youth of the Year went to six year old Kayleighann McCormack, who has conducted backpack and toy drives for three years to support the local charity About Kidz; Teacher of the year went to Lori France, of Green Oaks Elementary. Lori has been an influence in students' lives for many generations. Principal of the Year was awarded to consecutive three year recipient Shana Walters, of Oakview Elementary.

When the awards concluded, the celebration continued at the Best Bar/Pub of Orangevale 2019 and official after party Scotty's Hideaway, as well as several other celebration venues. Derick Maldonado, of L&M Liquor and Deli, told organizers "While on my way to Annie's Breakfast and Steaks (Best Breakfast of Orangevale winner) to have breakfast with my parents, Lupe and Maria (L&M Liquor and Deli), I noticed many familiar vehicles at multiple celebration spot's ...this event creates commerce for our businesses. It was also the topic of conversation at breakfast as everyone had a great time at the event -Talk of the Town".

Congratulations to all the finalist and winners to include four-time award

winning sponsors: L&M Liquor and Deli, Palmer Real Estate, and Action Day Learning Center. Let's continue the support by shopping and getting services from Orangevale and Chamber Member businesses.

Visit Orangevale View or Orangevale Chamber of Commerce Facebook for photos or Orangevale Live Facebook for a video broadcast link. For information regarding Orangevale Chamber membership, visit www.orangevalechamber.com. To advertise in the Orangevale View, call 916.899.0207. Stay Orangevale Strong!

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Best Server of the Year
May Coyne, Badfish Coffee

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HOMETOWN LEGENDS AWARDS

Dorothy Cabodi
Suzie Greasby
Steve Tonarelli

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Lori France
Green Oaks School

Principal of The Year
Shana Walters
Oakview Community

Youth Volunteer of The Year
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Kayleighann McCormack

Volunteer of the Year
MaryAnne Povey

Citizen of The Year
Jennifer Gustafson

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The Fun Run is held to bring awareness that women have



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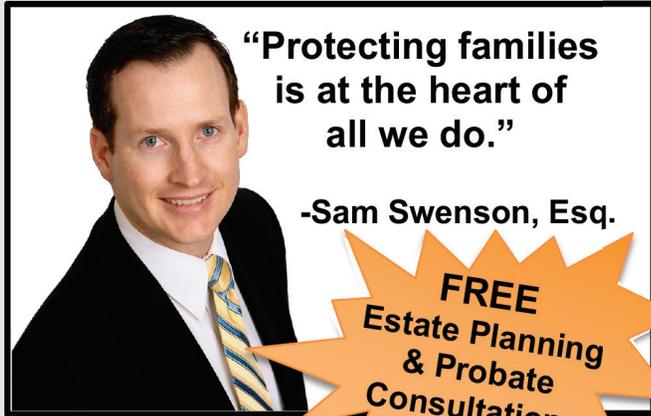


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A GROWING CRISIS

GROWING SOLUTIONS FOR A GROWING CRISIS

by Supervisor Sue Frost

The discussion around the ever growing homeless crisis often gets linked to the issue of mental illness, and rightfully so. But mental health issues are something that we have become more aware of as society over time. We know that mental health problems can manifest themselves in different ways and affect everyone differently. Too often, we do not become aware of the severity of a mental health problem until we see the manifestation of it before our eyes. It is those moments, when a person is in crisis, that law enforcement is often forced to become involved.

I was pleased to be able to announce last year that my colleagues and I approved an increase of \$72 million for mental health spending, largely from state funding sources. At the time, I was excited that part of that funding would go to expand the number of Mobile Crisis Support Teams (MCST) in the County and even wrote one of my monthly articles about it.

For those who may not be familiar, an MCST consists of a Sheriff's Deputy or law enforcement officer partnered with a licensed mental health counselor. Together, they respond to 911 calls involving a person experiencing a mental health crisis. The licensed mental health counselor makes contact with the subject of these calls, unarmed, and takes an informed, compassionate approach. This approach enables the MCST to evaluate the situation and identify what services an individual may be in need of. The results of the MCST have been significant in reducing arrests and connecting homeless individuals with services.

When I wrote about the MCST



Supervisor Sue Frost

expansion last year, the entire north part of the county was going to expand from having two mobile crisis teams to the three. While that was a positive development to be sure, I knew that we would need more. That is why I could not be any more thrilled to say that my district will now have five full time MCSTs dedicated. For the people of Orangevale, this means going from having one dedicated team at the Sheriff's North Division, to two. More dedicated MCSTs means that our communities will be better equipped to address the growing number of mental health crisis calls.

In total, the county is seeing the number of MCSTs going from six

teams to eleven. When I heard that we would be seeing this type of increase, I knew I had to fight to get the people of my district as many dedicated teams as possible. As a result, district four will be served by five of the eleven total teams. The Folsom and Citrus Heights police departments will both have a full time licensed counselor working with their officers and the unincorporated portions will have three licensed counselors, each with a Sheriff's Deputy. I look forward to seeing these teams up and running this March making our communities safer. MCSTs offer a balanced approach to a delicate problem and I am thankful for this development.

Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks

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APPROACH TO HOMELESSNESS

A SMARTER, MORE COMPASSIONATE APPROACH TO HOMELESSNESS

By Assemblyman Kevin Kiley

Homelessness in California is at a breaking point. Our homeless population now surpasses 150,000, with a 16 percent increase just last year.

Californians are rightly demanding answers as they see homeless individuals not getting the help they need and the quality of life in many communities deteriorating. In a recent Public Policy Institute of California survey, respondents of all political parties cited homelessness as the most important issue for the Governor and Legislature to address in 2020.

Governor Gavin Newsom, to his credit, appears to now be facing this crisis with the sense of urgency it requires. But with his recent proposal to spend an additional \$1.4 billion on the problem, he risks making the same mistake that has plagued our homelessness policies for years: equating money spent with people helped.

Spending more money is an easy way for political leaders to look proactive, but does not lead to automatic improvements. Despite \$2.7 billion in new homelessness-related spending the last two years, homelessness is only getting worse -- growing by as much in California as the rest of the country combined. Before making any additional investments, we need to ask in a rigorous, evidence-based way: where are these dollars going, and how can we make sure they help as many peo-



Assemblyman Kevin Kiley

ple as possible?

That's why I have proposed a statewide Audit of Homelessness Spending to help us better understand what is and is not working in our use of existing resources. This proposal is set to be considered by the Joint Legislative Audit Committee on February 26. Among other things, the audit will review the nearly \$3 billion dollars in state spending on homelessness over the past two years and task the State Auditor with identifying what outcomes came from these expenditures.

My proposal has overwhelming public support. The USC Price School of Public Policy released a statewide poll showing 87.5 percent of Californians support my request for a Homelessness Spending Audit - the strongest support for any proposal from a state or local official, and a level of consensus rarely seen in politics.

The Audit Request also gained support from a recent report by the nonpartisan Legislative Analyst, which warns that the new funding proposed by Governor Newsom "could quickly dissipate without demonstrating much

progress if investments are made without a clear plan." The report concludes that the Governor's current approach, lacking useful data as guideposts, "is less likely to make a meaningful ongoing impact on the state's homelessness crisis."

Finally, the Governor's own Homelessness Task Force, led by Sacramento Mayor Darrell Steinberg, recognized the need to evaluate current spending. Its report concludes: "In order to expand access to mental health and substance abuse treatment for individuals experiencing homelessness, the state should work in tandem with counties to ensure that existing funding . . . align[s] with the state's goals to improve access to treatment."

California as a state produces more wealth than all but four countries in the world. Yet more than 150,000 of our residents are living -- and often dying -- on the streets. A Homelessness Spending Audit will help us turn the page on ineffective policies and measure progress in the way that matters: helping people transition out of homelessness or avoid it altogether.

That's why a smarter approach to homelessness is also a more compassionate one. Spending billions without a clear strategy is neither.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. You can follow him on Twitter @KevinKileyCA



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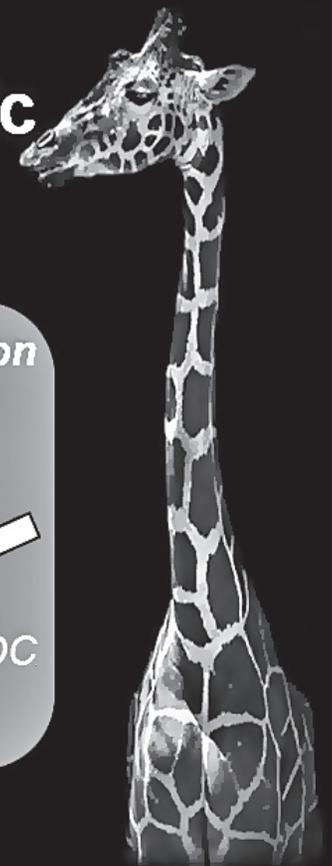
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Wiley Kevin Oehmigen

*You know I've always been a dreamer
Spent my life runnin' 'round
And it's so hard to change
Can't seem to settle down
But the dreams I've seen lately
keep on turning out
And burning out and
turning out the same
So put me on a highway and
show me a sign
And take it to the limit
one more time*



Wiley was born in Sacramento California on May 27 1964. He was raised and lived in Orangevale until the angles came to get him on January 31, 2020. Wiley was a Master of his craft in Custom Cabinetry & Carpentry, there wasn't anything he couldn't do. He was always there to help anyone who needed his help; When his children were young he coached their little league teams & participated in building the BMX track at Pecan park.

He is survived by his wife Lisa Smith-Oehmigen of Orangevale, CA; his son Kevin and wife

Kalista Oehmigen of Citrus Heights, CA; his son Keith, wife Kelly & grandson Joey Oehmigen, the joy of his life, of Orangevale, CA; Brother Leonard Oehmigen of California, sisters Tammy Gardner of Kansas & Gloria Rodriguez of Texas. The family and many friends who loved him so much will always miss him dearly.

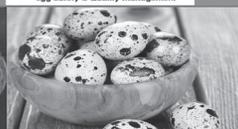
Wiley lived his life like a line in his favorite song "take it to the limit one more time" by the Eagles.

ROOT CELLAR GENEALOGY SEMI- NAR

Sacramento Genealogy Society aka Root Cellar, is presenting D. JOSHUA TAYLOR as our guest speaker for an all day Seminar on Saturday, March 28, 2020. Joshua is an internationally known speaker who began researching his family history at age ten after listening to his Grandmother's stories. He is the current President of the New York Genealogical and Historical Society, was a Co-Host on the PBS Genealogy Roadshow Series and has been a researcher/consultant on the Who Do You Think You Are series. Seminar will be at the Fair Oaks Presbyterian Church. For more information, topics and Registration go to www.rootcellar.org.

ease, Egg Quality, and a hands on Candling Exercise as well as other fun learning activities RSVP by 3/13/2020 at: <https://www.eventbrite.com/e/small-producerworkshop-sacramento-county-tickets-90235584061> RSVP to receive take home materials and certificate. Drop in's welcome if space available. Questions: 916-900-5090 ESQM website: <https://www.cdca.ca.gov/AHFSS/MPES/esqm.html>

Free Small Producer Workshop



Presented by California Department of Food and Agriculture's Egg Safety and Quality Management program and Hosted by the Orangevale Grange Open to anyone who is raising poultry and/or producing eggs or interested in doing so! When: March 18th, 2020 from 10am-3pm Where: Orangevale Grange, 5807 Walnut Ave, Orangevale, CA 95662 What: A workshop that includes important info for Egg Producers, Biosecurity, Poultry Dis-

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Ages: 11-14 Mondays 3/16-4/6 4:45-5:45pm

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Ages: 4-5 Saturdays 3/28-5/16 3:00-3:35pm

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Ages: 7-12 Saturdays 3/28-5/16 4:20-5:20pm

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Orangevale Cooks



by Suzanne Feblowitz

I received another recipe for my husband to try in his Instant Pot! This recipe for potato salad is from Lynne Miles. Since she makes it for just 2 people, she cuts all the ingredients in half except the eggs. She follows the recipe for cooking and it makes a wonderful salad for 2.

We are always looking for new recipes, so if you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

BLT POTATO SALAD

(Full Recipe)

- 6 medium russet potatoes, peeled and cubed
- 1 1/2 cups water
- 3 large eggs
- 1 cup mayonnaise (I used light)
- 1 tablespoon dill pickle juice
- 1 tablespoon mustard
- 3 green onions, chopped
- 6 slices of precooked bacon, crumbled
- 5 sundried tomatoes, chopped
- 1 cup fresh flat-leaf parsley,

trimmed of thick stems

- Salt and pepper to taste
- Instant Pot or similar cooker

Put the steamer basket in the pressure cooker pot. Put the steamer basket in the pressure cooker pot. Add the water, potatoes, and the eggs. Lock lid in place, select High Pressure, 4 minutes cook time and press start.

When timer beeps, turn off pressure cooker and do a quick pressure release. When the pressure is released, carefully remove the lid. Remove the steamer basket from the pressure cooking pot. Put eggs into ice cold water to cool.

In a large bowl, combine the mayo, pickle juice, and mustard. Mix in green onion, bacon, sun dried tomatoes and parsley. Add the potatoes and gently mix the mayonnaise mixture into the potatoes. (Make sure the potatoes have cooled.)

Peel and dice cooled eggs and gently stir into potato salad. Add salt and pepper to taste. If needed, add more mayonnaise to achieve desired consistency. Chill at least one hour before serving. Top with additional crumbled bacon, if desired.

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Orangevale Chamber of Commerce Business Spotlight:
AMERICAN RIVER URGENT CARE

By: MaryAnne Povey

Does this sound familiar? You are getting ready to head out of town for vacation and inevitably one of the kids is on the verge of a blaring ear infection. There's no time for a regular doctor appointment. What do you do? You could drag yourself and your poor kid to the emergency room and wait forever or...you can get treatment within an hour and be on your way!

Thanks to the services of American River Urgent Care, there is a convenient option to the dreaded emergency room visit! American River Urgent Care, located at 9490 Madison Ave, Suite 100, Orangevale, is ready to provide prompt care for your non-urgent medical needs, seven days a week from 9:00 am - 7:00 pm.

The medical staff at American River Urgent Care includes: Andrew Nangalama, MD, an award-winning provider of family medicine and urgent care services with nearly two decades of medical experience. Dr. Nangalama abides by the philosophy that high-quality medical care should be "compassionate, convenient, and affordable".

Dr. Nangalama earned both a medical degree and a doctoral degree at the University of California-Davis, graduating with distinction. He relocated to Texas for an internship in family medicine, before returning to Northern California. Dr. Nangalama completed a three-year residency in family medicine at Dignity Health Methodist Hospital of Sacramento, an affiliate of UC Davis.

Ayan Mohamud, Physicians Assistant, is a foreign medical graduate doctor with a Medical degree from Verona, Italy, who went back to school when she came to the United States. Ayan graduated from UC Davis with a Master of Public Health and PA program in 2011. Ayan has experience with primary care and women's health, and has

worked at Urgent Care and Emergency medicine for the past seven years.

Andrew and Ayan are long time family friends who reconnected at the VA Hospital where Ayan was going through her Physician's Assistant training. Both have been serving patients of all ages with various medical conditions. The list of non-emergency services they offer is extensive, covering everything from cold and flu symptoms, to acute minor injuries like sprains and fractures. With a digital x-ray machine and in-house laboratory, they can expedite services for all types of conditions and get treatment underway quickly.

You may be thinking, "This sounds great, but how much does it cost?" The good news is they accept most major insurances including Anthem, Blue Shield, Cigna, United Health Care, Medicare, Tricare and VA which no longer requires authorization for urgent care visit. They also work with the managed care programs, and for those without insurance, they offer affordable payment plans too.

"We pride ourselves in offering affordable services to all our patients," said Dr. Nangalama, "One of the ways we like to give back to the community is by providing low-cost sports physicals to our local high schools making it convenient for student athletes."

Besides sports teams, the medical team regularly does annual physicals for individuals, businesses and other groups along with other common procedures like urine and drug testing, and pre-employment screenings too. In the cosmetic services category they offer the latest technology in "warm sculpting",



a non-invasive procedure that removes stubborn fat.

If you really want to see how well they serve their patients, go to www.americanriverurgentcare.com and check out their many five star reviews. You can also call them at 916.354.5089 and their staff would be happy to answer any of your questions too.

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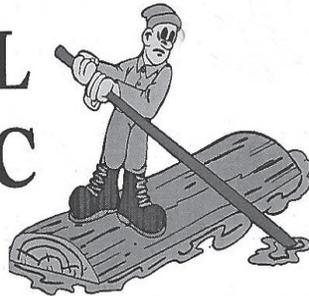
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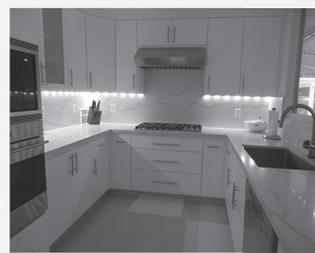
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Citizen of the Year, Jenn Gustafson was recognized for years of involvement and efforts in the community.



Best Sports Coach was the event's only tie presented to both Coach Horner, of Casa Roble High School, and Joe Duran, a volunteer coach for Orangevale Fair Oaks Little League



Abby Squires, for Best Home/Direct Sales Business. Abby is owner-operator of Sugar Blossom Bakery



Keoni Films for Best Photography/Videographer, owned and operated by High School Senior, Keoni Carrion



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Teacher of the year went to Lori France, of Green Oaks Elementary. Lori has been an influence in students' lives for many generations



Volunteer Youth of the Year went to six year old Kayleighann McCormack, who has conducted backpack and toy drives for three years to support local charity AboutKidz. Photo with Hannah Rhodes, General Manager of 4 time Award Winning Best Auto Body Repair Fx Auto. Fix Auto partnered to support Kayleighann's drive. Hanna nominated Kayleigh for Youth Volunteer of the year.



Volunteer of the Year was awarded to longtime community supporter and advocate MaryAnne Povey



Principal of the Year was awarded to consecutive three year recipient Shana Walters, of Oakview Elementary



Best Server was awarded to May Coyne from the award winning Best Hangout Badfish Coffee and Tea;





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Community events & updates
from the Orangevale Chamber



CHAMBER MEMBER ORIENTATION WEDNESDAY, 2/26/2020

NEW Chamber Program! We invite all our new (and existing) members to join us for an overview of all the Chamber benefits. This workshop will show you how to make the best of all the Chamber benefits, learn about our Annual events, mixers, networking and much more. All current members are also invited to attend.

Member orientations connect members with leadership, advocacy, networking, professional development, and learning the benefits of chamber membership. The goal is to engage new & existing members to ensure and support your business and our community.

Lunch will be provided! Can't wait to connect! Please RSVP call 916.988.0175

ORANGEVALE HISTORY PROJECT MEETING - FRIDAY, 3/6/2020

Orangevale History Project Meeting 3/6/2020 @ 9 AM Chamber of Commerce Office

Join us for our next meeting, 3/6/2020 at 9 am at the Chamber Office. 8897 Greenback Lane Don't want to stay but have something to drop off? Drop by between 9 and 10 am. RSVP 916.988.0175

MARCH HAPPY HOUR MIXER

Thursday, March 12th, 2020 from 5:30 - 7:30 PM
at Dezy Market 8700 Greenback Lane, Orangevale

We gather member organizations monthly after regular work hours. Meet your fellow community leaders and business people. The Chamber is active throughout the week, and these regular connecting points are a great way to stay informed as to what's happening in the Orangevale business community. Through these conversations, you can identify ways for your business to engage further into supporting the community and promoting what you do.

QUARTERLY CHAMBER BUSINESS WALK FRIDAY, 3/13/2020

Grab a friend and/or co-worker and join us for our next Business Walk!

Let's get out & connect with our business owners and managers and give them the opportunity to meet with you, their fellow business and civic leadership and see what our local business community is up to.
RSVP 916.988.0175

Welcome New Members

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FAIR IS COMING! MARK
YOUR CALENDAR FOR
MAY 29-31, 2020.

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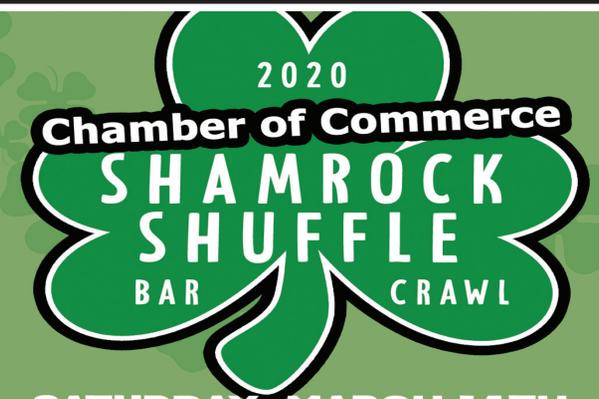


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SATURDAY, MARCH 14TH
SCOTTY'S HIDEAWAY | PALM TREE BREWING
THE BLARNEY STONE | JAN'S LOUNGE | TONNO'S

CHECK IN FROM 3-4PM AT THE LAST TANGLE SALON
****We recommend Uber or Lyft****

\$25 PER PERSON
Includes T-Shirt + Bus to and from
each location from 4pm to 9pm.
There will be festive specialty cocktails
at each location for participants.
LAST BUS PICK-UP AT 9PM

GRAB TICKETS AT
www.eventbrite.com/e/orangevale-shamrock-shuffle-tickets
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Orangevale-Fair Oaks Community Foundation.

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Mustang and Fords 1960-1973 Running or not. Any condition. 916-247-5287

WANTED: I BUY HOUSES FOR CASH!

Any condition, not a real estate agent, private investor call MARK 916-220-3351

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HELP WANTED

RV TECH Looking for individual w/ technical ability to diagnose & repair RV system accessories. Carpentry, electrical, A/C, plumbing, fabrication & welding experience is preferred. 3 years experience required. Valid driver's license & clean driving record required. Must be able to pass background check & be reliable w/ strong work ethic. 916.420-0656

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The helmet is a black bike or horse riding one. Lost along Central Ave. Someplace. Rich Thomas 916-989-8155.

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Free Coffee

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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month. Located at 8990 Kruithof Way Fair Oaks, Ca 95628

GFWC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Crafty Mondays Hosted by: Orangevale Woman's Club For those 18 years & older, come join community minded crafters to make projects to benefit our community. Some of the projects worked on were for The Petal Connection which provides bouquets for hospice patients, making blankets for Veterans and scarfs for the homeless. We encourage all levels of crafters! Each session will have different theme stations. You are welcome to bring a snack or lunch. Class cost is free, \$5 material fee paid day of class. Held the 2nd Monday of the month - February-April 10:00am-12:00pm at the Orangevale Community Center in the Meeting Room, 6826 Hazel Ave.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. www.orangevale4-h.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

The Board of Directors of Orangevale Recreation & Park District meets on the second Thursday of each month. Meetings are held at the Orangevale Community Center, 6826 Hazel Avenue, beginning at 6:30pm. The public is welcome to attend.

Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiarse reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm- Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Folsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

"For Men Who Enjoy Singing" We sing Barbershop Harmony every Wednesday 7:00 to 9:00 pm- VFW Hall, 8990 Kruithof Way, Fair Oaks

Like to Play Cribbage? Join the Gold Country Cribbers Contact: Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 - 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills,

Determined Toastmasters Club meets 1st and 3rd Tuesdays from 7:00 p.m.- 8:00 p.m. at Eskaton Fountainwood, 8773 Oak Ave., Orangevale. Contact Amy Comeller at (916) 792-5561 for more information.

WEEKLY MEET-UPS The BBC. The Business Builders Club. A Professional Networking Group. Mission- To Empower Entrepreneurs Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Community. Every Tuesday 9:15-10:30 am at Brookfields Restaurant 4343 Madison Ave, Sacramento Every Wednesday 9:15-10:30 am at La Bou Bakery & Cafe 1730 Santa Clara Roseville

MomsRUs Ladies Study & Visit while kids play @ Lew Howard Park, Folsom Tuesdays from 9:30-11:30 thru Aug 13th. Call 916-798-2297 for more info. See www.ovchurch.org

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come

WEEKLY MEETS

together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church - 5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$3, please call 916-988-4373 for more details

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

SENIOR LUNCHESES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$3, please call 916-988-4373 for more details.

FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

SHARE YOUR

SPECIAL

MOMENTS

editor@ovview.com

UPCOMING EVENTS

MONTHLY MEETING OF MILITARY RETIREES/ SPOUSES: Our next meeting is scheduled for 12 Mar. Location is the North Highlands Park and Recreation District, 6040 Watt Ave, 95660. Our Speaker will be a representative from the Rebuilding Together organization which is a non-profit group of volunteers who make Improvements in our homes. Come on out and enjoy a cup o coffee and have a cookie or two. Questions can be referred to our volunteers at 916-640-8446, Monday thru Thurs 0900 to 1500 hrs.

Join the Camellia Chapter, Embroiderers' Guild of America, at their monthly meeting on Tuesday, March 17, 2020, at 7:00 pm at the Arden Dimick Library, 891 Watt Avenue, Sacramento. Guests of all ages welcome. 916-223-2751

American Sewing Guild Annual Fabric Sale Orangevale Community Center Saturday, March 28, 2020 9:00 - 1:00 pm Admission - \$1.00 - CASH ONLY Free Parking CHECKS OR CASH ONLY - Bring your shopping bags Only Service Dogs allowed.

The Roseville Better Garden Club invites you to its meetings held usually held on the 3rd Tuesday of each month from September - May at the Maidu Community Center in Roseville. Doors open at 12:30. Meeting 1 - 3. Programs include gardening information and garden related speaker. Contact Pat @ 916-716-9741. Guests are always welcome.

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CASA ROBLE SHOWCASED RENOVATED SCORE ACADEMY

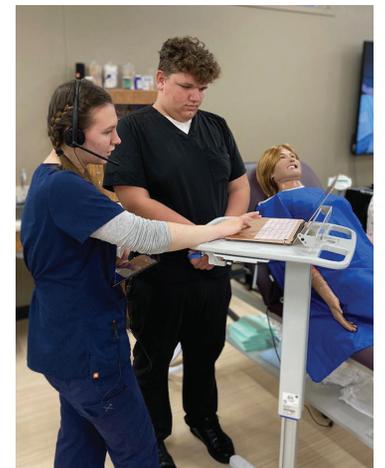
Casa Roble Fundamental High School students and staff hosted a showcase of the school's innovative SCORE Health Academy – which offers a pathway into the medical

field. Local community leaders, parents and dignitaries got a first peek and tour on Friday, Feb. 14.

The Score Health Academy is a three-year program for students interested in entering the medical field and prepares them to become certified as a medical assistant and

for further educational opportunities to become a nurse or doctor. Students in the immersive program take A-G college courses and participate in externships at local medical clinics in the community. San Juan Unified recently completed a renovation of the academy's classrooms, making the teaching and learning spaces look and feel like a medical clinic.

The SCORE Health Academy was renovated by Flint Builders and designed by JK Architects & Engineers. The project was funded by grants and San Juan Unified's bond program.



ORANGEVALE WOMAN'S CLUB, WE'RE MORE THAN THE COOKIES

In the 107 years of the OVWC our membership has provided thousands of cookies for any and every local event requiring a sweet treat. That's a lot of cookies, that's a lot of time. Today's OVWC ladies might enjoy the effort of home baking but more likely their busy lives would require a bakery stop. When the Orangevale Woman's Club meets, the attendees bear scant resemblance in fashion or lifestyle to Mrs. L.A. Calder and the founding members in 1913. What we have in common with them and every club member in our century of activism is

a passion for Orangevale, a commitment to the values of volunteerism and an appreciation for the bonds of friendship within the framework of community service. Our current membership of nearly 80 has varied and expansive talents that take them from home to work to community service on a daily basis. A look around a recent OVWC meeting during the informal member supplied lunch would show a lot of socializing among new and old friends and a lot of networking. Our members are a mix of retirees giving back to the community and a growing number of still working women with active family lives. We're proud to claim the Honorary Mayor of the Oran-

gevale Chamber of Commerce, Julie King, as a member. She and others connect the group and talents in our outreach to local organizations, schools and projects assisting all ages and socio-economic levels. We're rightfully proud of our place in the history of Orangevale and our leadership into the future. And we'll bring the cookies. The Orangevale Woman's Club meets at Orangevale Community Center the first Tuesday of the month September through May from 11:00 – 1:00. Lunch is included. Visit our Facebook page or www.orangevalewomensclub.org for more information. Kris Cardwell
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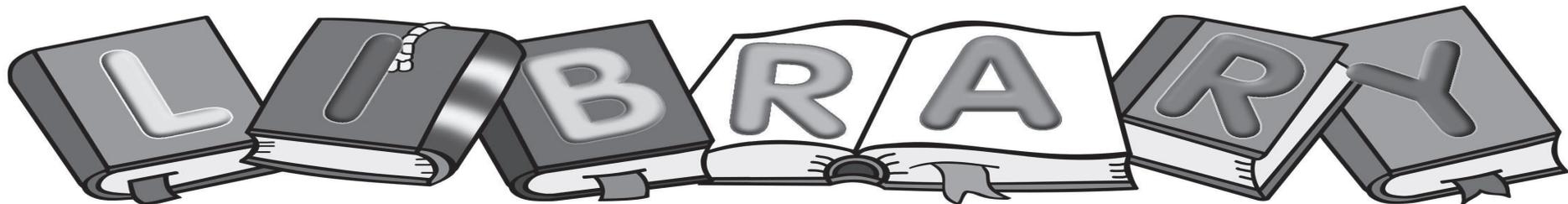
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ORANGEVALE LIBRARY

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KIDS

FAMILY STORYTIME

Every Thursday, 10:30-11:30 a.m.
Toddlers, preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after storytime.

LIBRARY PLAY DATE

Thursday, March 12, 1:30-2:30 p.m.
Come play at the library! Play Dates offer fun, early learning focused activities that give families with young children a chance to play and explore in a safe and welcoming environment.

STEM LEGO ROBOTICS

Tuesday, March 10, 5:30-7:30 p.m.
/ Saturday, March 14, 10:30 a.m.-12:30 p.m. / Tuesday, March 24, 5:30-7:30 p.m. / Saturday, March 28, 10:30 a.m.-12:30 p.m.

Kids ages 9 to 14 are invited to learn to build and program Lego Mindstorm EV3 robots in this instructor-led program. Registration opens 10 days prior to session date.

TWEEN BOOK CLUB: JINX

Thursday, March 26, 3:30-4:30 p.m.
This month's book is "Jinx" by Sage Blackwood. Join us at our monthly book club for 9- to 12-year-olds. Eat snacks, chat about our book, participate in activities, and make new friends.

READ TO A DOG

Friday, March 20, 3:00-4:00 p.m.
Come read to some paw-esome pooches! School-age (6- to 12-year-old) readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling or reluctant readers or for those who enjoy reading to others.

LEGO PLAY

Tuesday, March 31, 3:30-5:30 p.m.
Join us for unstructured play with our Legos. Every last Tuesday of

the month; mark your calendar!

GROW ORANGEVALE EVENTS- ALL DAY PLANT, SEED, AND CUTTING SWAP

Saturday, March 21, 10 a.m.-4:00 p.m.

Take a look at our Seed Library and join in our community plant & cutting swap. Bring something from your garden and take something home to plant. We will also have gardening related programs throughout the day with speakers from the Orangevale Grange, Orangevale Water Company, The California Native Plant Society and possibly a local gardening writer.

ADULTS

JOB COACH

Wednesday, March 4, 1:00 & 2:00 p.m. / Wednesday, March 11, 1:00 & 2:00 p.m. / Wednesday, March 18, 1:00 & 2:00 p.m. / Wednesday, March 25, 1:00 & 2:00 p.m.

Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online.

KEEPING IT REAL: NON-FICTION BOOK CLUB

Wednesday, March 11, 1:00-2:00 p.m.

Each month we will offer two non-fiction titles. This month we are offering Rise of the Rocket Girls by Nathalia Holt and Hidden Figures by Margot Lee Shetterly. Choose to read one or both books! Join us as we meet and discuss the underlying theme of women in math and science.

BOOK CLUB: THE WORD IS MURDER

Saturday, March 28, 1:30-2:30 p.m.
Every month we'll pick a novel or a non-fiction title to read and discuss. Join us for a great book conversation and make new friends! This month we'll be reading The Word is Murder by Anthony Horowitz.

OTHER SHERIFF'S DEPARTMENT SERVICES

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CIVIL DIVISION 875-2665
HI-TECH CRIMES 874-3002
IDENTITY THEFT 874-3000
HOMICIDE BUREAU 874-5057
PROPERTY CRIMES 875-5388
ROBBERY BUREAU 874-5051
SEXUAL & ELDER ABUSE BUREAU 874-5070

SEX OFFENDER REGISTRATION DETAIL 874-5090

OTHER SACRAMENTO COUNTY SERVICES

ADULT PROTECTIVE SERVICES 874-9377

ANIMAL CONTROL (PUSH #2) 875-5232

CHILD PROTECTIVE SERVICES 875-5437

RESTRAINING ORDERS 875-3400
GRAFFITI ABATEMENT (PUBLIC PROPERTY) 875-5171

GRAFFITI ABATEMENT (PRIVATE PROPERTY) 875-5656

GRAFFITI ABATEMENT (SMUD PROPERTY) 732-6043

COUNTY BOARD OF SUPERVISORS
SUPERVISOR SUE FROST 874-5491
SUPERVISORFROST@SACCOUNTY.NET
ANTELOPE, ORANGEVALE, GOLD RIVER, RIO LINDA, ELVERTA

NORRTH DIVISION PUBLIC INFORMATION DIRECTORY
SACRAMENTO COUNTY SHERIFF 'S

DEPARTMENT

Sheriff Scott R. Jones
Contacts:
Emergency 911 or 874-5111
Non-Emergency 874-5115
TDD Non-Emergency 874-7128
www.sacsheriff.com
www.facebook.com/SacSheriff
twitter.com/sacsheriff

NORTH STATION

5510 Garfield Avenue, Sacramento CA
Phone: 874-1021 Mon-Fri, 8:00am-5:00pm

NORTH SERVICE CENTERS

Dewey
5484 Dewey Drive #235, Fair Oaks, CA
Phone: 875-5484 Mon-Fri, 8:00am-5:00pm

CRIME PREVENTION

SROI Francie Fitzsimmons
Phone: 876-5708
Email: mfitzsimmons@sacsheriff.com
Areas: Carmichael, Fair Oaks, Old Foothill Farms, Orangevale.

PROBLEM ORIENTED POLICING

To report issues email NorthPOP@sacsheriff.com or call 876-5729

HOMELESS OUTREACH TEAM

HOT will deal with ongoing homeless issues.
To report issues email NorthHOT@sacsheriff.com

OTHER AGENCY CONTACTS

Reckless driving of ATV or dirt bikes, illegal parking of RV, and vehicle related nuisance issues contact:
POP CHP Email: 250POP@CHP.ca.gov (Jurisdiction area is West of Sunrise Blvd.)
POP CHP Email: 260POP@CHP.ca.gov (Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access to health and human service programs, service and shelters.
www.211sacramento.org/211

Sac County 3-1-1, Connect to report abandoned vehicles, broken street light, illegal dumping or get information about services. Mobile app is available.
www.311.sacounty.net

CRIME REPORT ONLINE

Allows citizens to submit an online report that occurs in the unincorporated Sacramento County and Rancho Cordova jurisdictions.
http://www.sacsheriff.com/Pages/

Services/ReportCrime.aspx

SHERIFF'S ELECTRONIC EYE

Citizens and business owners to register the locations of their video surveillance systems with SSD. When a crime occurs, we can identify locations of surveillance systems to help us collect video evidence.
http://www.sacsheriff.com/Pages/SEE/SEE.aspx

CRIME MAPPING

Citizens can view categories of crimes being reported and click on a specific incident to view information. https://www.sacsheriff.com/Pages/Services/OnlineCrimeMapping.aspx

TIPS & ALERTS

Submit crime tips online (it can be anonymous). http://www.sacsheriff.com/Pages/Services/Tips.aspx Tip Line Phone: 874-TIPS (8477)

ADMINISTRATION

Commander Captain Drew Wyatt 874-1015
Assistant Commander Lieutenant Steve Dutra 874-1015
Operations Commander Lieutenant Mary Saporito 874-1015
Service Centers Director SROI Victoria

GOVERNMENT OFFICIALS

CONGRESSMAN ROBERT D. BENTLEY, Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR GAINES GRANIT BAY OFFICE 4080 CAVITT STALLMAN ROAD SUITE 100A GRANITE BAY, CA 95746 PHONE: 916-771-5840 FAX: 916-771-5845 SENATOR.GAINES@SENATE.CA.GOV

ASSEMBLY MEMBER

KEVIN KILEY District Office-8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430
https://ad06.asmc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, # 2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net

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