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COFFEE WITH A COP AT BADFISH COFFEE & TEA BENEFIT FOR OV HONORARY MAYOR CANDIDATES

By MaryAnne Povey

Orangevale community, business leaders, elected officials and law enforcement gathered together in front of Badfish Coffee and Tea to kick off the first of what will hopefully be an annual "Coffee with a Cop" event, a fundraiser for the Orangevale Honorary Mayor campaigns earlier this month.

The community was invited to meet and greet elected officials including Supervisor Sue Frost and Sheriff Scott Jones. Representatives from CHP, North POP Sheriff, North HOT Sheriff and Sacramento County Code Enforcement were on hand too.

Supervisor Sue Frost thanked everyone including the Orangevale Chamber of Commerce leadership for their many positive efforts in the community and for coordinating the event, the many businesses for donating raffle prizes and to law enforcement for such a great turn out. She also praised Sheriff Scott Jones for his outstanding leadership in protecting those he serves.

"It was a great morning to gather as a community, visit and show our appreciation to our law enforcement all while raising funds for the charities of our Orangevale Honorary Mayor Candidates," said Orangevale Chamber of Commerce President Brad Squires. "Looking forward to more of this to come."



CITRUS HEIGHTS'S PUMPKIN FARM IS A FAMILY TRADITION

Citrus Heights's Pumpkin Farm is a family tradition

By Thomas J. Sullivan

The Pumpkin House, a one-time working farm at 7736 Old Auburn Road in Citrus Heights is getting ready for its busiest October season ever.

Hay bales are stacked, the corn maze is ready, and there are plenty of big, ripe pumpkins nestled in straw throughout the farm to choose from. Of course, there are plenty of scary things too, perfect for Halloween, but we'll come to that.

L. Thomas Shymoniak and his wife Stephanie, who now live in Davis, and the twins Yvonne and Yvette carry on the family Pumpkin Farm tradition which began in 1972, when his father



Leonne Shymoiak sharing a photo of the farm during pumpkin harvest.

and mother opened their family farm to the public to pick pumpkins and to celebrate the fall holiday season.

"It's been a proud family tradition ever since," Stephanie Shy-



moniak said.

"Generations have grown up visiting the Pumpkin Farm and it's just as popular as it's ever been. I think my husband Leonard would be proud to know that our family is carrying on the tradition he started," Leonne Shymoiak said.

The Shymoniak family acquired the farm in 1972 and after a short venture into running a small-scale poultry, egg and dairy ranch which starting in 1974, the family started growing pumpkins and offering school field trips beginning in 1978 which continues today.

"Even the old Ford pick-up truck I used to drive the children while they were growing up is still here," Leonne said. "There's a scary scarecrow trapped under its front hood with her feet sticking out."

Workers finished grooming the Pumpkin Farm's popular corn maze which is just the right

height for young children who enjoy exploring its many pathways.

Another popular attraction is the Pumpkin Farm's haunted barn, known to be full of hungry creatures, goblins and other terrifying critters.

Visitors can learn more about the Pumpkin Farm's collection of extensive antique farm



equipment which dates from the horse-drawn era, to the dawn of industrial farming in the 1950s. Additional points of interest include the farm's 100-year old fruit and olive orchards, colorful, fun scarecrow displays,

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ABOUT THE ORANGEVALE VIEW



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers,

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Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
- (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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WED NOV 13, 2019 DEADLINE

FRI NOV 22, 2019 Out To Public

DEC 2019

WED NOV 27, 2019 DEADLINE

FRI DEC 6, 2019 Out To Public

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NOTICE OF INTENT TO ADOPT NEGATIVE DECLARATION

Lead Agency: Orangevale Recreation & Park District

Contact: Greg Foell
 Telephone: (916) 988-4373

SUBJECT: Notice of Intent to Adopt Negative Declaration Pursuant to Section 21092 and 21092.3 of the Public Resources Code and CEQA Guidelines Section 15072

Project Title: Pecan Park Master Plan Projects

Project Location: Pecan Park, 5945 Pecan Avenue, Orangevale, California.

Project Description: These projects are part of the District adopted Master Plan for Pecan Park and consists of the following:

1. Construction of a park pathway which will connect existing pathways and provide a looped path around the park. The path will add 1,400 linear feet (8,811 sq. ft.) of a concrete path and 530 linear feet (3,200 sq. ft.) of decomposed granite/crushed rock pathway. The path requires minimal grading and will follow the existing contours of the park.

2. Renovation of existing bathrooms to upgrade for safety and energy efficiency. They will remain in their existing location and will be a similar size.

3. One new clear span bridge will be installed over the existing creek to connect a pathway on each side of the creek. Two existing bridges will be renovated.

4. Construction of a picnic area, with four

tables, a shade structure and barbeque pit.

5. Construction of an expanded play area with new playground equipment.

6. Grading, irrigation, and construction of a U-8 soccer field.

Negative Declaration: A copy of the proposed Negative Declaration and supporting documents are available for review on the District's web site at <http://www.ovparks.com> and at the District's office at 6826 Hazel Avenue, Orangevale, California.

Written comments on the Negative Declaration must be addressed to:

Greg Foell
 District Administrator
 Orangevale Recreation & Park District
 6826 Hazel Avenue
 Orangevale, California, 95662.

Comments may also be sent by fax to (916) 988-3496 or by email to greg@ovparks.com.

Comments on the Negative Declaration will be received from Thursday, September 12, 2019 until 5:00 pm on Thursday, October 10, 2019.

Public Hearing: On Thursday, October 10, 2019 at 6:30 p.m., the Board of Directors of the Orangevale Recreation & Park District will conduct a public hearing to consider adoption of a Negative Declaration pursuant to the California Environmental Quality Act (CEQA). The hearing will be held in the District Office, 6826 Hazel Avenue, Orangevale, California.

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 Sunday, Nov 17
 Saturday, Nov 23
 Sunday, Nov 24

Grocery Store Food Drives

We rely on volunteers to help staff our food drives at grocery stores during November each year. Spend a couple hours at the entrance of a local grocery store and pass out flyers listing the items we're currently in need of. As people exit, they are able to drop off donations which are collected and transported to the food bank for distribution each week. This is a very important part of keeping the food bank in operation.

To sign up for community service visit the website orangevale-foodbank.org/volunteer

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ANNOUNCEMENTS

Continued from front page
Citrus Heights's Pumpkin
Farm is a family tradition

barn owl nests and old tur-
key barns.

In 2009, a go-kart train ride
made its debut allowing
children to take a fun ride
around the farm through
places the excursion train
which Leonard built, or the
hayride couldn't go.

From llamas to goats, from
turkeys to pot-bellied pigs,
visiting children can meet a
wide range of farm animals
from all over the world.

Four different slides varying
in height from 10 feet to 30
feet high offer a super thrill
for children of all ages. Hay-
rides and a jump castle are
also featured on the farm.

"The train is a moving work
of art, and the kids love it
year after year," said Steph-
anie Shymoniak. The train
was regularly featured in
the city of Citrus Height's
Red, White and Blue Parade
down Sunrise Boulevard
with Leonard Shymoniak at
the wheel.

Ticket Information

Visit the Pumpkin Farm
Web site to purchase pack-
age tickets at a discount. On
weekends throughout Octo-
ber, all activities run from
9 a.m. to 6 p.m. The Farm
is closed on Mondays and
is open from 9 a.m. to noon
for school and youth group
tours only. The Pumpkin
Farm Train runs from noon
to 6 p.m. weekends on the
hour. The hayride runs on
the half-hour and the go-cart
ride usually runs at least
once per hour on Fridays and
weekends with a minimum
of three riders.

A children's farm pass which
costs \$12 for young chil-



dren aged 11 and younger,
includes a one-time admis-
sion rides on the train and
hayride, and entrance to the
haunted barn, corn maze,
tower slide and jump house.
The go-cart ride is not in-
cluded in the kid's farm pass
and is sold as a separate
\$4.50 ticket for each ride.
Adults and teens can pur-
chase a farm pass for \$8.

Adults can enter the Pump-
kin Farm's corn maze and
tower slide area to supervise
children but are not allowed
to enter the Jump House for
the safety of smaller children
in the structure.

Tickets and/or event passes
are not required for children
who are aged 24 months and
under if accompanied by a
paying adult for the event,
with the exception for en-
trance to the Jump House
which requires a ticket or
pass for any child.

The Pumpkin Farm is lo-
cated at 7736 Old Auburn
Road in Citrus Heights. Call
916-726-1137 for more in-
formation or to schedule a
school field trip. Visit www.thepumpkinfarm.net for
more information.

Social Security Phone Scam

District Attorney Anne Ma-
rie Schubert is alerting Sac-
ramento County residents
about a Social Security num-
ber phone scam.

Many residents are receiv-
ing phone messages advis-
ing them that their social se-
curity number has been frozen,
and if they want to learn
more they need to press
a number on their phone.
THIS IS NOT TRUE.

If you receive this type of
call you are urged to HANG
UP immediately. DO NOT
press the number or button
requested to learn more in-
formation. Do not engage a
caller as your voice may be
recorded.

District Attorney Schubert
recommends contacting the
Social Security Administra-
tion webpage on security to
learn what the administra-
tion will and won't do, and to
learn how to report these im-
personations at the link pro-
vided: <https://blog.ssa.gov/is-that-phone-call-from-us/>.

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Local SPORTS

CASA FOOTBALL UPDATE

It was all smiles at El Camino High School for the Rams on Friday night. JV and Varsity dominated Mira Loma with a combined score of 97-6. Both teams entering their respective matchups with 2-3 records.

The Varsity team coming off their much needed bye week after a tough loss against Oakmont the week before jumped out early Friday night against the Matadors. Senior Running Back Austin Gandy took it straight up the middle for a 3 yard touchdown. Up 6-0, the flood gates opened for scoring. Junior Greg Zane returned an interception for a touchdown. MVP of the night, Junior Dylan Overstreet had two interceptions returned for touchdowns, including one with a 108 yard return to end the half. The Rams hope to keep the winning going next

week when they host the Pioneer Patriots for the Homecoming Game!
JV at 5
Varsity at 7:15



Seen in the photo: Junior Dylan Overstreet sporting the so called "Turn Over Cowboy Hat" in the 56-0 win against Mira Loma

Submitted by:
Alex Stelmaszczyk

RENO AIR RACES

On September 13, the CA-901 Unit went to the Reno Air Races in Reno, Nevada. As we are an Air Force Junior ROTC Unit, the air show let us see first-hand all the fighter aircraft models we had been studying in class, as well as civilian stunt flying similar to the Barnstormers of the 1920's. It was an intriguing experience altogether and I can speak on all the cadets' behalf when I say that I'll happily go again next year.

We arrived at Casa at 0630. The cadets were already divided into the flights we would be staying with for the trip, and we all got acquainted before the long drive to Reno. Each flight had a Flight Commander and adult leader to coordinate all the activities and displays our flights would go to and, frankly, to make sure nobody got lost. At 0700, we started the long, uphill drive, and passed the California-Nevada state border on our way there.

Finally, at 1000, we were provided lunches and released from the crowded bus. By now we could already see aircraft circling in the air and some descending or ascending off and on the air strip. We were surrounded by white tents that had all sorts of aircraft-related crafts and displays. There were trailers with flight simulators and off in the distance there were rows of aircraft being displayed.

The white tents that were set up had so many cool things to do in them. One had virtual reality flight simulators that you could fly in. Another one had cool technological displays in it. There was a deconstruction of a jet engine in there. They also had a tesla coil, a 3D printer, and an augmented reality sandbox. In the sandbox, a camera would scan the sand and project topographic elevation lines, so you could make virtual landscapes that look like actual topo maps. There were also food vendors and souvenir vendors that sold Air Force pins, patches, and model aircraft. It was very cool to explore all the fun activities around.



There were also expensive and hyper-realistic flight simulators set up. These were virtual reality and had a rotating cockpit that would move as you turned your aircraft. A black trailer that said "Air Force Special Ops" had a rollercoaster-like movie experience that showed what kind of special operations missions the Air Force does.

Cool as that may be, the real reason we were there was to see all the awesome planes. They had a dis-

play of many aircraft, including the enormous C-17 Globemaster, C-130 Hercules, F-18 Hornet, P-51 Mustang, and much more. Most of the large aircraft you could walk into and do a tour of the cockpit.

There were large bleachers that you could sit at and watch all the aircraft fly along. It was awesome to see flying daredevils soar through the sky with their trusty aircraft. We got to watch F-18 Hornets roar overhead then disappear over the horizon. Alas, they did not make a sonic boom.



over the United States to see the show. It was a great experience and I am looking forward to going again next year.

By Cadet Senior Airman
William Kersey

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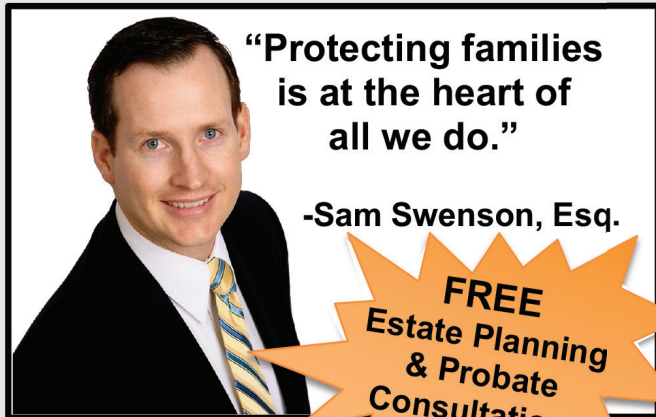
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APPEALING TO COMMON SENSE

Appealing to Common Sense

Written by Sacramento County
Supervisor Sue Frost

We have a moral obligation to be compassionate to one another. That includes not just our family or neighbors, but everyone – including the homeless. There are those who, through their efforts to aid the homeless, have created unintended consequences for the very populations they seek to help. We can't shy away from hard truths in this matter and we need to be able to support solutions that provide the most public good.

The hard truth here is that the enforcement of anti-camping ordinances benefit our entire community, even the homeless. That is why I am pleased that Sacramento County is joining with Boise to support their Supreme Court appeal of the recent court decision that forbids local enforcement of anti-camping ordinances and prevents us from clearing up homeless settlements—and I am urging all cities and counties in our region to join with us by doing the same.

In September of last year, the Ninth Circuit Court of Appeals issued a decision in *Martin v. Boise* which ruled local governments cannot cite or arrest anyone for sleeping on public property when adequate shelter beds are unavailable. Because of that ruling, Sacramento County Parks Rangers stopped enforcing our anti-camping ordinance, and as we all have seen, the problems associated with homelessness have increasingly spiraled out of control: aggressive panhandlers are chasing customers from businesses, used needles are being discarded in our parks, human feces



Supervisor Sue Frost

is contaminating our water, and fire hazards in open fields are threatening our homes.

One of the first actions I took when I got elected to the Board of Supervisors was to approve a set of four homeless initiatives designed to provide shelter and re-housing services. This was in line with the approach that many of my constituents indicated was the best way to go about the homeless crisis, balanced between compassion with toughness. Our social service programs such as mental/physical health care, addiction treatment, job training, and housing provided a compassionate approach. The anti-camping ordinance allows us to be a little tough.

Last year, the Ninth Circuit Court stripped our ability to be a little tough and we were left with fewer ways to push people toward services, making our overall situation much worse. An imbalance was created because Sacramento County geographically has a lot to offer to those living outside with our warm weather and acres upon acres of beautiful parkway to camp in. That hospitable environment is then combined with government services and efforts by non-profits.

So without the ability to be tough and enforce the anti-camping ordinance, there is no real incentive for those living in the parks to stop and that creates a dangerous environment.

The anti-camping ordinance has always been a positive tool. It helps keep our parks and other public areas for everyone to benefit from and enjoy. Homeless advocates have accused of using it as a punishment, a way of depriving homeless individuals of their rights. That has never been true and if the appeal is successful, that will remain to be the case. The ability to enforce the ordinance better enables us to connect the homeless to medical treatment, mental health and drug treatment and even job training. Through the ordinance, we are better serving our community as a whole.

The official homeless count found 5,570 homeless people living in our County in 2019, which is a shocking increase from 3,665 in 2017. I have confidence that if our anti-camping ordinance continues to get restricted, this number will continue to skyrocket when the next count is done in 2021, regardless of how many services we add or how many millions we spend.

Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks

FIRE INSURANCE CRISIS

CALIFORNIA MUST ACT ON FIRE INSURANCE CRISIS

By Assemblyman Kevin Kiley

As many homeowners know all too well, there is a growing fire insurance crisis facing our state, which is felt most acutely by the residents of Placer County and surrounding communities. Increasing fire insurance cancellations and skyrocketing premiums have been documented in 25 counties, all of which are in rural Northern California.

The size of the problem is growing every year according to the Department of Insurance, which reports the number of cancellation complaints tripled since 2010. A review of the numbers shows Placer has had the most cancellations of any county in the state, followed closely by El Dorado.

In addition, many residents whose homes remain insured have seen their premiums skyrocket. My office receives calls and emails every month from residents who are being priced out of their homes and having to seriously consider moving their families out of the area. One resident reported to me that the only available private insurance option to cover her home would cost three times what she was currently paying. Another constituent said that even the FAIR plan, the state's insurer of last resort, offered rates that were three times higher than her previous rate. These extreme hardships for individual homeowners threaten to cascade across our communities, as houses become unsaleable or property values diminish, lowering property tax revenues and depleting county treasuries.

This is a crisis that demands swift action and bold solutions -- with the goals of stabilizing rates, protecting homeowners, and providing the right incen-

tives for all parties to minimize the risks to property and human life. It is also imperative that the Legislature and Governor give fire protection the priority it deserves -- real, long-term planning, not surface-level political reaction -- so that the scourge of catastrophic wildfires does not continue to ravage communities across our state.

Earlier this month I supported Assembly Bill 1816 to begin finding a way out of this crisis. The legislation now sits on Governor Gavin Newsom's desk awaiting his signature. If signed, the bill would give homeowners additional time to find replacement coverage if their policy is cancelled and would double the amount of state coverage afforded to homeowners if their insurer goes insolvent in the event of a fire or other disaster. It would also provide tax credit incentives to insurers that write policies in high fire risk areas to help improve options and lower prices for consumers.

This is an important first step toward fixing the problem. But we cannot stop here. I am currently working with the Insurance Commissioner and my colleagues in the Legislature to develop more solutions, and when the Legislature returns to session, ensuring our residents have access to affordable fire insurance coverage must be a top priority.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. A taxpayer advocate, Assemblyman Kiley will be holding a town hall on Monday, September 30 from 6:00 to 8:00 PM at the Martha Riley Library (1501 Pleasant Grove Blvd) in Roseville.

AWARD-WINNING DIRECTOR, DESIGNERS, ORCHESTRA AND CAST OPEN

"LITTLE SHOP OF HORRORS" AT ARC THEATRE OCTOBER 11

The acclaimed American River College Theatre and award-winning director Nancy Silva open ARC's 2019-20 season with Broadway's wildly popular sci-fi musical, Little Shop of Horrors. Written by the same team that brought the world Disney's Beauty and the Beast, and Aladdin (Howard Ashman and Alan Menken), this deliciously devious musical comedy will run October 11-27 in ARC's impressive mainstage theatre. The show features an accomplished symphonic band (conducted by Susan Hamre), lively costumes and sets by Elly Award winners Gail Russell and Kathy Burselson, and puppets designed by Sacramento's premier puppeteer, Richard Bay.

Talented newcomer Ethan Mack plays Seymour Krelborn, a meek floral assistant who stumbles across a new breed of plant he names "Audrey II" after his beautiful, troubled co-worker Audrey (Kloe Walker), on whom he has a crush. Before he knows it, the 'strange and interesting plant' (voiced by Sacramento favorite Corey D. Winfield) has literally taken on a life of its own... but only as long as Seymour keeps feeding it blood! The R&B-singing carnivorous plant offers Seymour unending fame and fortune... but at what cost? With rich harmonies, saucy patter songs, luscious ballads and Barry White-inspired tunes, this show is a musical feast for plant and audience members alike!

Performance days and times are as follows:

Fridays (Oct. 11, 18, 25) at 8pm (the 10/25 show features an ARC Oak Café dinner option and is ASL interpreted)
Saturdays (Oct. 12, 19, 26) at 8pm
Sundays (Oct. 13, 20, 27) at 2pm
Thursdays (Oct. 17, 24) at 6:30pm

All performances of Little Shop of Horrors will be at the ARC Theatre, 4700 College Oak Drive. Parking is \$2 in Lot D (College Oak and Myrtle). Ticket prices are \$18 (general), \$15 (student, senior, SARTA), with group rates also available. Children 4 and under are not admitted. For more information, go to ARC-Theatre.org or call (916) 484-8234.

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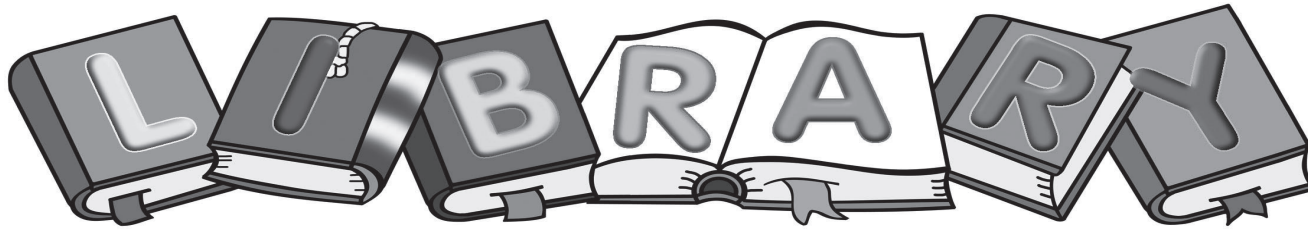
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News

ORANGEVALE LIBRARY

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KIDS

STEM LEGO ROBOTICS (registration encouraged)

Gryo Sensor: Saturday, October 12, 10:30 a.m.-12:30 p.m. / Worm Gears: Tuesday, October 22, 5:30-7:30 p.m. / Worm Gears: Saturday, October 26, 10:30 a.m.-12:30 a.m.

Kids ages 9 to 14 learn to build and program Lego Mindstorm EV3 robots in this free instructor-led program. All supplies generously provided by the Friends of the Orangevale Library. Register at www.saclibrary.org/events.

STAY & PLAY Thursday, October 17, 10:30-11:30 a.m. / Thursday, October 24, 10:30-11:30 a.m. / Thursday, October 31, 10:30-11:30 a.m. Parents and caregivers are invited to bring in their babies, toddlers, and other children to stay and play. We will put out toys for the children to play with while their parents socialize.

LIBRARY PLAY DATE Thursday, October 17, 1:00-2:00 p.m. Play dates offer fun, early learning-focused activities that give families with young children a chance to play and explore in a safe and welcoming environment. This event is geared toward children 0-5 years old and their caregivers, but older siblings are welcome to attend.

YOUTH ART JOURNALING Thursday, October 17, 3:30-5:00 p.m. Get crafty at this teen-facilitated art journaling program for kids ages 9 to 16. All art supplies generously provided by the Friends of the Orangevale Library.

READ TO A DOG Friday, October 18, 3:00-4:00 p.m. Come read to some paw-esome pooches! School-age (6 to 12 years old) readers are invited to read to

furry and friendly canine volunteers and their trainers. This is a great program for struggling or reluctant readers or for those who enjoy reading to others.

LEGOS & MORE Tuesday, October 29, 3:30-5:30 p.m. Join us for unstructured play with our Legos, Lincoln Logs, and Citi-blocs. Every last Tuesday of the month; mark your calendar!

TWEEN BOOK CLUB: "THE FIRST RULE OF PUNK" Thursday, October 31, 3:30-4:30 p.m. Join us at our monthly book club for 9- to 12-year-olds. Eat snacks, chat about our book, participate in activities, and make new friends.

FAMILY STORYTIME Thursday, November 7, 10:30-11:30 a.m. Toddlers, preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills. Stay for a play and craft time after storytime.

MINECRAFT GAMING (registration encouraged) Thursday, November 7, 2:00-4:00 p.m. Participants ages 6 to 18 can enjoy this computer game filled with mining, crafting, and exploring! Register at www.saclibrary.org/events.

ADULTS

GENEALOGY: BOOK A GENEALOGIST Saturday, October 12, 2:00 & 3:00 p.m. Need help with your family history? Not sure how to begin? Root Cellular volunteers are ready to help you discover your roots! Participants are encouraged to reserve a free, individual 60-minute help session at www.saclibrary.org/events.

JOB COACH Wednesday, October 16, 1:00 & 2:00 p.m. / Wednesday, October 23, 1:00 & 2:00 p.m. / Wednesday, October 30, 1:00 & 2:00 p.m. / Wednesday, November 6, 1:00 & 2:00 p.m. Come and meet one-on-one with a volun-

teer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts approximately 60 minutes. Participants are encouraged to make a reservation at www.saclibrary.org/events.

HARWOOD COMMUNITY CONVERSATIONS Thursday, October 17, 12:00-2:00 p.m. @ Orangevale Chamber of Commerce (8897 Greenback Lane) / Thursday, October 31, 1:00-3:00 p.m. @ Orangevale Food Bank (6483 Main Ave.) What kind of community do you want? Join us for Orangevale's community conversations. We'll be focusing on community building and positive impact for change throughout Orangevale.

AUTHOR VISIT: SHANNON DITTEMORE Saturday, October 19, 1:00-2:00 p.m. Join us as we host local author Shannon Dittimore, young adult author (Angel Eyes trilogy and "Winter, White and Wicked," out fall 2020), speaker, and mentor who teaches introduction to writing and the publishing industry to junior high and high school students. She also writes for Go Teen Writers, an award-winning blog dedicated to the growth and instruction of young writers.

BOOK CLUB: "THE LITTLE PARIS BOOKSHOP" Saturday, October 26, 1:30-2:30 p.m. This month we're reading "The Little Paris Bookshop" by Nina George, about a Parisian bookshop owner who calls himself a literary apothecary and prescribes novels for the hardships of life.

MIXED MEDIA ART JOURNALING Saturday, November 2, 10:30 a.m.-12:30 p.m. Use your imagination and all kinds of mixed media to create a freestyle art journal. Materials provided by Friends of the Orangevale Library, or bring your own.

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Saturday, November 2nd • 6-9:30pm

Ages: 5-12

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Orangevale Cooks



by Suzanne Feblowitz

I've shared this recipe once before, but it is one of my family favorites, so I thought I would share it again. It is a recipe from a 1970's Sunset Magazine and I have been making it regularly since then. When my boys were young, I would make it on Halloween night before we headed out to Trick-Or-Treat. You can add different vegetables and different shaped pasta for the time of year. It is an easy recipe that I hope will become one of your family favorites!

If you would like to share a favorite fall recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe just in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

QUICK MINESTRONE BEEF SOUP

1 ½ lb. lean ground beef
1 large onion, chopped
1 (28 oz.) can tomatoes
6 cup water

6 beef bouillon cubs, or 6 tsp. beef base
2 tsp. dry basil
2 tsp. oregano leaves
1 tsp. garlic salt
1 (20 oz.) bag frozen mixed vegetables
1 cup elbow macaroni
2 small zucchini, sliced ¼ inch thick
½ cup red wine
Grated Parmesan cheese

Brown beef until it crumbles in a 6-8 quart Dutch oven or large pot and cook over medium heat about 3-4 minutes; add onion and cook until limp. Drain excess fat. Add the tomatoes and their liquid, the water, bouillon cubes, basil, oregano, and garlic salt. Bring to a boil, stirring and breaking up the tomatoes with a spoon if they are whole. Reduce heat and boil gently uncovered, for 5-10 minutes. Add frozen vegetables and cook, uncovered, about 3 minutes. Stir in macaroni and cook another 4 minutes. Add zucchini and wine and cook about 5 minutes longer, or until vegetables and macaroni are tender.

Pass the Parmesan cheese at the table. Makes 6-8 servings. Serve with garlic bread for a complete meal. If you have small children and the soup is hot, just place an ice cube in the bowl to cool it off.

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COMMUNITY HARVEST DINNER

COMMUNITY FOUNDATION OF ORANGEVALE AND FAIR OAKS HOSTS BENEFIT DINNER

By Thomas J. Sullivan

Tickets are now on sale for the second annual Community Foundation and Fair Oaks benefit dinner to be held Saturday, November 2 from 5 p.m. to 10 p.m. at Divine Savior Church, 9079 Greenback Lane in Orangevale.



Nashville recording artist, country singer-songwriter Ashley Barron headlines the dinner-dance which will announce the "New Honorary Mayor of Orangevale". Guests also have an opportunity to take a chance to win fabulous raffle and silent auction prizes, enjoy a hosted bar, and dine with great barbecue food catered by O'Connor's Wood Fire Grill and Bar, and have a fun-filled evening supporting the community of Orangevale.

Influenced by the country greats such as Johnny Cash and other modern stars like Miranda Lambert, Barron now incorporates her life experiences and stories into her writing, creating passionate, home-grown, and relatable music.

"Last year's dinner sold out quickly, so we're advising everyone to get your tickets early," said Brad Squires, foundation chairman. "This will be fund raising event for our Orangevale and Fair Oaks community you just truly won't want to miss." Some 120 tickets had already been sold through the Eventbrite web link.

Last year's first-ever dinner fundraiser raised nearly \$12,000 which



ORANGEVALE HARVEST DINNER

An ORANGEVALE COMMUNITY FOUNDATION Fundraiser to Benefit

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went to support the Orangevale Food Bank and its many other community programs.

The Orangevale Food Bank was established in 2011 under another non-profit entity. The Community Foundation of Orangevale and Fair Oaks was launched in 2015. As the Community Foundation of Orangevale and Fair Oaks matured and grew, it required its own non-profit status. The foundation seeks to meet the practical needs of the residents of Orangevale and Fair Oaks by creating opportunities for generosity and selflessness, Squires said.

Proceeds from the monies raised will help support the Orangevale Chamber of Commerce and About-Kids which helps underserved youth with sports programs and

Orangevale and Fair Oaks. Contact the Orangevale Food bank at 916-304-FOOD or info@orangevalefoodbank.com for more information.

This year's annual fundraising dinner also welcomes community business, philanthropic and community leaders to celebrate our community's growth and diversity and to raise critical funds to support its work in the community. Benefits will be applied to the Orangevale Chamber of Commerce and AboutKidz, along with the Foundation's programs Big Day of Service and the Orangevale-Fair Oaks Food Bank.

Future projects include creation of a resource center as an extension to the food bank, and purchase tickets, visit after-school program, a student community leader scholarship, cre-



equipment in our community.

"We're grateful to Grocery Outlet, Trader Joe's, Sprouts, and so many more grocers and retailers whose contributions help to support the Orangevale Food Bank for so many in need," he said.

The Community Foundation of Orangevale and Fair Oaks is a 501c3 tax-exempt organization (EIN 47-3548647). The foundation also does business as the Orangevale Community Foundation, Fair Oaks Community Foundation, and the Orangevale Food Bank.

The Orangevale-Fair Oaks Food Bank collects and distributes donated groceries to our neighbors who need a little extra help getting through the month. It is our goal to ensure that no one goes hungry in

ation of an Orangevale Community Garden and a Fair Oaks Food Pantry.

If you would like to attend the Orangevale-Fair Oaks Foundation dinner, visit <https://www.facebook.com/pg/cfovfo/events/> or <https://www.eventbrite.com/o/community-foundation-of-orangevale-fair-oaks-1922877577> for more information.

Reserved tables are available for you and nine of your guests for \$500. Individual tickets cost \$55 per person and include a hosted bar, non-alcoholic beverage, live music, raffle and silent auction. Doors open at 5 p.m. Dinner is served at 6 p.m. Country Casual attire is encouraged. Ticket sales end October 25th at 3 p.m.

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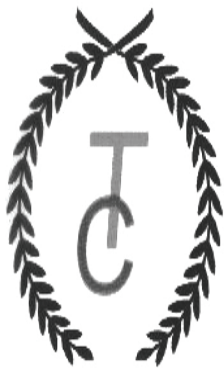
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Orangevale Chamber of Commerce Business Spotlight
NORTH STAR COLLISION AKA FIX AUTO

By MaryAnne Povey

This month's feature is one I've been anxiously awaiting to write. It's a story near and dear to my heart about a local kid who's "done good" and continues to "do good" in our little community of Orangevale. Jesse Hord, owner of North Star Collision Repair, now doing business as "Fix Auto" at 8832 Greenback Lane, has achieved much since graduating in 2003 from Casa Roble High School in Orangevale. After mastering auto shop at Casa, Jesse continued his training taking advanced engine machining and welding courses from Sierra College in Rocklin. Today, Jesse is a respected business leader in Orangevale, is known for his tremendous generosity to countless charity/community events, so it's no wonder Jesse and his business have been recognized Best of Orangevale for three years in a row.

"I've always been good with my hands," said Jesse. "I love to build things like motors and motorcycles. At 17 I got my first job at an auto body shop and the rest is history!"

Once you get to know Jesse, you'll quickly sense his dedication to his business and providing the best job possible to his customers. His tremendous work ethic and desire to succeed is what got him to where he is today and pushes him to strive for more.

"At one of my first jobs, I had a great tech who taught me everything from body work, to invoicing correctly", Jesse shared. "That was the beginning of much more to come."

From there he started a journey-manship with Body Craft, and



then to other top auto collision repair shops in the area. At night, he taught himself how to paint. "Those days were long, but worth it," Jesse reflected.

Eventually being at the right place at the right time, Jesse caught wind of an opportunity, a collision shop with equipment was up for sale. Within 24 hours Jesse put together his offer and his award winning "North Star Collision Repair" now called "Fix Auto" was born!

"The shop was totally outdated by 30 years!" Jesse laughed. "We went through everything, did lots of repairs and made it what it is today." Anyone who's been in the office, can appreciate his custom handiwork on the desks and counters designed and hand-made by Jesse.

So now to what everyone is wondering...what's an award-winning, thriving business doing changing its name?

First of all, Jesse wants everyone to know "it's the same owner, same staff and same service...but better!" By joining "Fix Auto", his business is now part of a network that offers more efficient, streamlined service to its customers.

How you ask? "Fix Auto" is a network of repair shops specially trained and held to the highest

industry standards. Jesse's staff have undergone extensive training including I CAR Gold certification which is a high industry achievement. As part of a large network of repair shops, Fix Auto shops can handle much of what used to be done by insurance companies thereby expediting the process. Because Fix Auto shops are screened and highly rated, they also get referrals from insurance companies helping small independent shops like Jesse compete with the big guys.

"There's no middle man. We are trained to understand what the insurance company needs, and we represent what's in the best interest of the customer," he said. "It's a win-win."

What we do is "giving convenient value to an inconvenient situation". There are lots of experts on auto repair but collision repair is different.

"The thing to know is, when the time comes that you do need collision repair, rest assured you are in good hands with us," he added.

Fix Auto is open Monday - Friday, 8 am - 5:30 pm. Check out their website at www.fixautousa.com/orangevale or call 916.988.1515 anytime with questions. Better yet, stop on by to meet Jesse yourself -- you'll be glad you did!




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Orangevale History Project Presents: Maryellen Burns

Join us & learn about Orangevale's History!

Orangevale has a history that patterns many beloved small towns that developed in the late 1880's. The colony was promoted as a farmer's paradise and as the ideal suburb. The type of place where families could support themselves on just a few acres of land and band together to form cooperatives to support the entire community. This romantic American ideal of a rural community remains today. Culinary journalist and community historian Maryellen Burns will share the stories of Orangevale's early beginnings, from its days as home to the Maidu people, the cattlemen and seekers of fortune, to the formation of the Orangevale Colony, and subsequent generations who have made Orangevale their home, today.

Please RSVP to info@orangevalechamber.com by October 21st

Maryellen Burns on Orangevale History

Friday, October 25th from 6 - 8 PM

Orangevale Chamber of Commerce Office 8897 Greenback Ln Orangevale

Appetizers & Refreshments provided by Almond Heights Senior Living

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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month. located at 8990 Kruithof Way Fair Oaks, Ca 95628

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Www. orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

The Board of Directors of Orangevale Recreation & Park District meets on the second Thursday of each month. Meetings are held at the Orangevale Community Center, 6826 Hazel Avenue, beginning at 6:30pm. The public is welcome to attend.

Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come

Join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los sabados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OV Grange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Folsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

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Determined Toastmasters Club meets 1st and 3rd Tuesdays from 7:00 p.m.- 8:00 p.m. at Eskaton Fountainwood, 8773 Oak Ave., Orangevale. Contact Amy Corneller at (916) 792-5561 for more information.

WEEKLY MEET-UPS The BBC. The Business Builders Club. A Professional Networking Group. Mission- To Empower Entrepreneurs Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Community. Every Tuesday 9:15-10:30 am at Brookfields Restaurant 4343 Madison Ave, Sacramento Every Wednesday 9:15-10:30 am at La Bou Bakery & Cafe 1730 Santa Clara Roseville

MomsRU Ladies Study & Visit while kids play @ Lew Howard Park, Folsom Tuesday's from 9:30-11:30 thru Aug 13th. Call 916-798-2297 for more info. See www.ovchurch.org

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church - 5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale

Community Center. Suggested donation of \$3, please call 916-988-4373 for more details

SERTOMA - SERVICE TO MANKIND meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

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SENIOR LUNCHESES

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FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

UPCOMING EVENTS

PUMPKIN

A pumpkin from a patch contains candle wax

(with wick lit by match). Passerbys it attracts.

It's carved like a mask; its first name is Jack.

If anyone asks, O'Lantern is its last.

The more that it's looked at, the more it seems to laugh

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-Z.F. Thrimej

FARMERS'S MARKET

Thursdays 4-8 pm

9295 Greenback Lane, Orangevale 95662 (Next to Dairy Queen at the corner of Greenback & Walnut)

Phone: 916.989.8779 Email:

OVdqEvents@yahoo.com

UPCOMING EVENTS

Did you know that sweets are in the air because October is National Dessert, National Cookie and National Caramel Month? This makes it an ideal time for P.O.O.C.H. (Pet Owners of Citrus Heights) to sponsor their "Howl-O-Ween Bake Sale" fundraiser. All proceeds will benefit the P.O.O.C.H ADA Walking Path Project. Sweet lovers will have the opportunity to buy human (cakes, breads, cookies, etc.) and animal (jerky, bones) home baked yummys and treats. So if you are a sweet lover stop by, and don't forget to bring Fido for a fun romp in the dog park.

Howl-O-Ween Bake Sale Fundraiser

Date: Saturday, October 19
Rain date: Saturday, October 25

C-Bar-C Park entrance
8275 Oak Avenue, Citrus Heights
8 am - 1:30 PM or sell-out

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GREEN OAKS STUDENTS ROCK "ONE HIT WONDERS" 25TH ANNUAL FALL PERFORMANCE

It was a warm Thursday in late September when the four hundred plus students and staff of Green Oaks Fundamental took the black top stage to perform "One Hit Wonders" at the annual Fall Performance. More than six hundred parents, grandparents, aunt, un-



cles, siblings, and friends lined up to watch. The students had been practicing for just a month to sing and groove to the hit songs.

Starting off with the theme song from the 1995 movie *That Thing You Do!* the kids from age five to eleven belted their hearts out. Next, the kindergarteners took the stage with a rousing version of the 1961 hit by The Tokens, "The Lion Sleeps Tonight". You could hear the A-weema-wehs down the street! First graders calmed the crowd with Bobby McFerrin's 1988 hit, "Don't Worry, Be Happy". The second grade class sang of friendship in Bill Withers's classic "Lean

on Me".

It was time to get the grooves going. The third graders were elec-

tric with their version of the 1979 Lipps Inc. hit "Funkytown". Since Green Oaks Fundamental takes safety very seriously, fourth graders rocked "Safety Dance", the 1982 hit by Men Without Hats. The fifth grade class sang of getting through tough times in "Whip It", the Devo hit from 1980. The teachers and staff led one and all in dancing the 1992 hit "Macarena".

The show ended with all the students singing the anti-bullying anthem from *Greatest Showman* "This is Me". Students were loud and proud singing about being brave and making no apologies of who they are. The wonderful Green Oaks PTA organized food from Chick-fil-a, Dave's Dawgs, Kettle Korn, and Kona Ice. The school community came together for a glorious night of song.

Submitted by: Erin Sims
Green Oaks Fundamental 4/5
Teacher

CASA ROBLE FFA IS HOSTING ITS ANNUAL FARM FEST

on October 19th, 2019 from 4 to 8 p.m. The festival will be held at the school's farm site - 9151 Oak Ave, Orangevale CA 95662. We would like to invite all of you to come and join in the frighteningly good fun.

Bring the kids, dress up in your favorite costume, play games, meet the animals in our petting zoo and have a scary good time. There will be a haunted barn, fish pong, mini horse carriage rides. There will be a snack bar and a pumpkin patch and more! It will be a down-home good time. Tickets for activities and games are 5 for a \$1.00; the # of tickets required for each activity will vary. Pumpkins will be available for sale and prices will vary by size.

Proceeds from Farm Fest benefit the students of the Casa Roble FFA Program. Casa Roble is the only remaining school in

San Juan School Unified District with an FFA program. FFA (Future Farmers of America) and its related curriculum prepare students for leadership and careers in the science, business and technology of agriculture. Agriculture is an important part of the world we live in. Its how we feed our families and our communities.

Students in the program learn how to raise and care for animals, and agriculture crops at the farm. Some students take their projects to the Sacramento County Fair to show and sell at market. Students also attend various conferences and competitions. Please help to continue to support this long-standing tradition of agriculture and your local FFA program. And create some great memories for your family at the same time!! We can't wait to see ya'll!

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WORSHIP INFORMATION

AGING WELL SYMPOSIUM AND RESOURCE FAIR

On Tuesday, November 12th The Orangevale Chamber of Commerce in collaboration with the Fair Oaks Chamber of Commerce will be hosting an educational community event geared towards the aging community and those who care for them.

I was recently challenged with something I have preached for years—taking care of my (very health and able) mom. My dad passed away last October and with a large family, caring for my mom has not been an issue. Truly, it's been 2 of my sisters (and a brother who passed only 2 months after my dad) who have done the majority of the work. But, even they need a break once in a while so I made plans to visit my mom and stay the night so I could take her to a dr. appointment the next day. I planned on taking my laptop so I could do some work while I was there and as I set it up, I realized I hadn't taken either my phone or laptop charger. Not only could I not get any work done, I couldn't make many calls either. Then the next day she tells me to "bring a book" because her appointment would run 2-3 hours. I really hadn't planned well. And that is only the slightest of inconveniences. The truth is, I do have others to help, and I have a lot of resources too. But most people don't, and I want to share these resources with you.

I have worked closely with many experts in the Senior Care Industry and would like to bring them to you at the "Aging Well Symposium and Resource Fair" where they will provide exceptionally important information for you as you prepare for life's journey. Their incredible



knowledge will help you make decisions before a crisis hits. If you've already experienced that crisis, they can still help. You'll hear from experts in Safety, Senior Care Resources, and Advocates. We'll also have a panel during our event with additional information and you'll also have access to various agencies that serve the aging community at the Resource Fair.

If you are a family caregiver, we know that you will take care of an aging loved one until, well, until you can't. Most times we don't apply for the job of caregiver, but it finds us, empty of experience. Caring for an aging loved one is overwhelming and stressful. We have seen the need for resources and information increase and we hope you can join us so you can take home the material you need to make educated decisions as you walk this journey as a caregiver.

We invite you to join us for this educational event, Tuesday, November 12th from 8:30 a.m. to 1:30 p.m. To register for this free event please visit www.eventbrite.com and search "Aging Well Symposium". Space is limited.

Refreshments and a light lunch will be served.

Stay tuned for the next Orangevale View issue with more detailed information about our speakers!

For additional information on the event please contact Luz Johnson at luz.johnson@lpl.com, or at 916-241-3046.

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

The Church of Jesus Christ of Latter-day Saints Oak Ave Chapel: 8056 Oak Ave., Orangevale Ward: Sacrament meeting 11:30am Sunday School/Phd/RS/YM/YW: 12:40pm

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on Mon-Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divinesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8998 Central Avenue, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays

9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbco.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Adult Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Every Tuesday Night Free Community Dinner at 6pm – open to everyone, Thursday Night Youth

Programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998, smallwondersorangevale.org. & PreK on M/W/F – call 916.988.0998, smallwondersorangevale.org.

Sacramento Center for Spiritual Living 6035 Main Ave, Orangevale, 95662. Sunday service & Youth program 10:30am. Classes, events & activities on our website: www.SacCSL.org. We honor all paths and people.

Sunrise Community Church – 8321 Greenback Lane, Fair Oaks. Sunday Worship Services – Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - sunrisecommunity.church

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

The Net Church has the answer if you have to work on Sunday's. Our worship experience is on Saturday night at 5:30pm. The cafe with free coffee opens at 5 pm. 801 Riverside Ave #Z, Roseville, CA 95678. We are located in the Calvary Chapel Building behind the Roller Skating bld. Pastor's Randy & Debbie Robertson. 916-801-4208 / randy_thenet@live.com

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

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