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HONOREES OF THE YEAR

ASSEMBLY DISTRICT 6 HONOREES OF THE YEAR

By Assemblyman Kevin Kiley

One of the things I appreciate most about our community are the amazing individuals, nonprofits, and small businesses that make it great. It is their contributions that make me proud to represent the Sixth Assembly District. Every year I try to highlight a handful of these individuals and organizations that have had a significant impact on the lives of our residents here. Here is our list of honorees for 2019:

WOMAN OF THE YEAR -KRIS WYATT

Kris Wyatt is a resident of Lincoln and a member of the Western Placer Unified School District School Board. She has been involved in a number of community organizations for many years and has dedicated her career to improving



the lives of students and families in the community. When Paradise was ravaged by wildfire last year, Kris worked quickly to coordinate the Lincoln Community Thanksgiving Dinner for victims and first responders of the Camp Fire. She rallied the city together to provide 150 turkeys along with enough side dishes and desserts to serve over 300 evacuees who lost everything in the fire.

SMALL BUSINESS OF THE YEAR MANDARIN HILL ORCHARDS

In 1947 Frank and Bernice Aguilar started their 50-acre farming operation in Penryn, California. At that time, Placer County was known as the Fruit Basket of the Nation, and the farm consisted of plum, pear, and peach trees along with a few mandarin trees that had been planted back in the 1880s by Welsh settlers. Today Mandarin Hill Orchards is run by their son, Tom Aguilar, who continues the over 100-year tradition of growing and selling fruit in Placer County.

NONPROFIT OF THE YEAR



FOOTHILLS K9 ASSOCIATION

Since 2005 the Foothills K9 Association has worked to support the training, safety, and health of law enforcement K9s that help keep our community safe. Over the past five years they have paid out over \$54,000 for K9 veterinary care and provided funding for items that are not otherwise available due to departmental budget constraints. The Foothills K9 Association also raises money for the purchase of new K9 partners for law enforcement officers in Placer, Sacramento, and surrounding counties.

VETERAN OF THE YEAR MARCUS HANEY

Marcus Haney received the Purple Heart after being injured in Afghanistan during his service in the United States Marines. Today he runs Haney Enterprises, Inc. and is working with several partners to launch a platform in the Sacramento region that will engage

industry groups, educational institutions, and existing veteran service programs to address the emotional, psychological, social, and professional needs of veterans as they reintegrate into civilian life.



We are truly lucky to have such incredible people in our community. Thank you to all of this year's honorees, as well as all of the individuals and organizations who serve the Sixth Assembly District and make our area a wonderful place to call home.

If you know a woman, veteran, small business, or nonprofit that you believe should be nominated to receive this recognition in 2020, please call our district office at 916-774-4430.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. A taxpayer advocate, Assemblyman Kiley will be holding a community coffee on Saturday, August 31 from 9:00 to 10:30 AM at the Eskaton FountainWood Lodge (8773 Oak Avenue) in Orangevale.

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ABOUT THE ORANGEVALE VIEW



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers,

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are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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DATES TO REMEMBER:

SEP 2019

WED SEP 4, 2019 DEADLINE

FRI SEP 13, 2019 Out To Public

WED SEP 18, 2019 DEADLINE

FRI SEP 27, 2019 Out To Public

OCT 2019

WED OCT 2, 2019 DEADLINE

FRI OCT 11, 2019 Out To Public

WED OCT 16, 2019 DEADLINE

FRI OCT 25, 2019 Out To Public

NOV 2019

WED OCT 30, 2019 DEADLINE

FRI NOV 8, 2019 Out To Public

WED NOV 13, 2019 DEADLINE

FRI NOV 22, 2019 Out To

DEC 2019

WED NOV 27, 2019 DEADLINE

FRI DEC 6, 2019 Out To Public

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Halloween season starts for Costume Junction
 By Thomas J. Sullivan
 Dawn Cornsilk, owner of Costume Junction, a family-owned, family-operated business at 8215-B Auburn Blvd. in Citrus Heights is gearing up for what should be a very busy Halloween costume season. New fall hours began this week.

"We're going through our racks and placing many of our adult costumes and garments up for sale," she said. "These would be pieces that we might not be renting on a regular basis, and it helps make room for much more inventory."

Costume reservations have been coming in steadily since early August, she said.

"This year we've also made many of our children's costumes available for sale," she said. Freeing up floor space will help make Costume Junction shift from largely rental to retail sale.

Cornsilk said by freeing up floor space, she hopes to bring in more costumes and accessories, like wigs and hats, that will be available for purchase.

"Considering I started out of my home just over eight years ago, our business has been a huge success," she said. "Most of the profit I've made has gone back into the business to build the collection."

The store's diverse collection includes costumes for all occasions, typically of higher

theatrical quality. On occasion, she still takes in high-quality vintage and/or historic apparel for purchase or store credit.

"If you choose to purchase a costume online, odds are high that it might not fit, or it might not arrive on time," she said. "At Costume Junction you can rent a complete costume you've put together yourself that is custom-fitted for a specific look."

"Do I have a catalog? No, it's in my head," Cornsilk said.

Whether it's the tackiest leisure suit or the craziest shirt you can think of, or the right pair of shoes, odds are you'll find it at Costume Junction. Need a set of authentic winter U.S. Navy dress blues? You'll find one.



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C O S T U M E S E A S O N

Cornsilk opened her store in October 2015 and is delighted to look back on a journey that began with a home-based hobby business.

“Our store is perfect for serving residents throughout Placer and Sacramento counties. We’re very well-known to customers in Citrus Heights, Fair Oaks, Carmichael and Orangevale,” she said.

Costumes are also available for rental for all occasions including holidays, theme parties and birthday parties. “We have thousands of garments and accessories, and we can mix and match pieces specific to your character and size,” she said. Cornsilk said there are almost no duplicate items in her store’s overall inventory.

“If people call in with something in mind, I will ask their size, and sometimes offer to send them some photos. I also make available samples of many of our costumes on our website,” she said.

Rental rates start at \$15 for a child’s school theme costume up to \$50 for an adult. Pricing varies per what each

clothing items customer may need. If a customer is looking for an ensemble to dress up for a murder-mystery themed party and calls in advance, she will pull together several different choices for them to consider and choose from, she said.

Costume Junction also offers affordable quality rentals for single day events or multi-day occasions. Inventory includes handmade, one of a kind, and vintage pieces. If you need a costume for a school event, theater production, theme party or special event, you’ll find it at Costume Junction.

Cornsilk said her Citrus Heights store is nearly at capacity and in looking to the future, is hoping to expand to a larger location. “We’re almost out of room here.”

As the school year begins, Cornsilk reminds local parents that Costume Junction continues to serve school-age students who participate in historical programs each school year.

Before opening Costume Junction, Cornsilk was considered a “go to” costumer

for school programs in the Placer County area. She’s outfitted thousands of area students participating in history-themed programs at the Bernhard Museum, Sutter’s Fort, a Walk-Through California, a Walk Through the American Revolution, as well as students dressing up for famous person reports. Adult customers routinely shop Costume Junction for Renaissance-themed apparel, she said.

Cornsilk said she has always had a love of sewing costumes. She grew up watching her mother and grandmother sew and she always made her children’s Halloween costumes. When her daughter was in third grade, she helped with a student field trip to Bernhard Museum in Auburn. The Living History program allows children to dress up in 1889 attire and participate in activities reminiscent of that time period.

When her daughter was in fifth grade, she started making colonial style dresses for the “Walk Through the American Revolution” program. After sewing many costumes, Cornsilk had a nice inventory built up and she started offering the rentals to neighboring schools. Those colorful colonial-style dresses remain a cornerstone of her store inventory today. Fall hours are Monday through Friday from 11 a.m. to 6 p.m., and Saturday from 10 a.m. to 4 p.m. No appointment is necessary, but advance fitting reservations are encouraged. Costume Junction is located at 8215-B Auburn Blvd. in Citrus Heights and on Facebook and the web at www.costumejct.com. Call 916-723-2528 or email costumejunction@gmail.com.



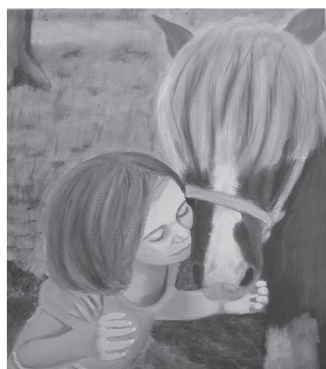
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Local SPORTS



CASA FOOTBALL UPDATE

The Casa Rams are off and running into their pre-season schedule with a 1 – 2 record. They kicked off the season with a big win against local rival Bella Vista 55 – 15, then faced two tough opponents back to back.

First, a rematch with state champs Rio Linda, which was a hard fought game, but the Rams fell short 54 - 26. Next up, the Rams took on the Vista Del Lago Eagles, and although they fought hard to the end, finished 35-34.

“Playing these tough teams up front is really important,” said Head Coach Horner. “It gives us perspective on where we are and what we need to do. I’m really proud of the effort made so far. We’re off to a good start, but still have lots of work to do.”

Casa travels to Ponderosa on September 19 and then is back at home to face the Oakmont Vikings on September 20. We hope

to see everyone out at the game to cheer the team on, but if you can’t make it, tune into see the games streamed live on Orangevale Live on Facebook or Youtube. Go Rams! Submitted by MaryAnne Povey. Photos by Tim Engle

Casa Roble Rams

2019 Football Season

8/23	Bella Vista	@ Bella Vista
8/30	Rio Linda	@ Casa Roble
9/6	Vista Del Lago	@ Casa Roble
9/13	Ponderosa	@ Ponderosa
9/20	Oakmont	@ Casa Roble
9/27		Bye Week
10/4	Mira Loma	@ El Camino
10/11	Pioneer	Homecoming
10/17	Woodland*	@ Pioneer
10/25	Dixon	@ Dixon
11/1	Mesa Verde **	@ Casa Roble

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*Thursday Game **Senior Night



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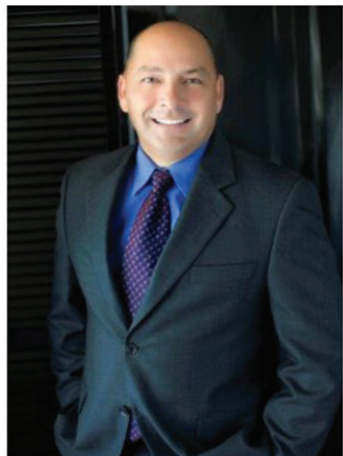
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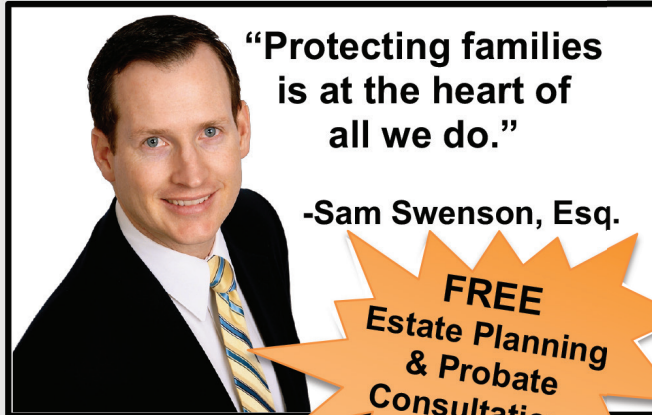
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8/7/2019	\$205,000	21	9200 Madison Ave #266	Orangevale	2	(2 0)	1017	
8/14/2019	\$215,000	81	9200 Madison Ave #175	Orangevale	2	(2 0)	990	
8/16/2019	\$240,000	3	6500 Beech Ave	Orangevale	3	(1 0)	1008	0.481
8/16/2019	\$299,500	16	9241 Castlemont Cir	Orangevale	3	(1 0)	1004	0.17
8/23/2019	\$305,000	16	6442 Hazel Ave	Orangevale	3	(1 1)	1228	0.31
8/30/2019	\$320,000	21	8816 Canarsie Ave	Orangevale	3	(2 0)	1080	0.23
8/1/2019	\$323,000	2	9180 Crown St	Orangevale	3	(1 0)	884	0.23
8/9/2019	\$328,000	105	5642 Nostaw St	Orangevale	3	(2 0)	1464	0.24
8/23/2019	\$329,000	19	8917 Custer Ave	Orangevale	3	(2 0)	1467	0.23
8/27/2019	\$340,000	19	8952 Elm Ave	Orangevale	3	(2 0)	1345	0.257
8/21/2019	\$348,900	55	8412 Milky Way	Orangevale	3	(2 0)	1129	0.15
8/30/2019	\$350,000	77	7002 Short Oak Way	Orangevale	3	(2 1)	1588	0.174
8/29/2019	\$350,000	16	6943 Walnut Ave	Orangevale	3	(1 0)	1186	0.34
8/30/2019	\$358,000	5	6404 Cerromar Cir	Orangevale	3	(2 0)	1327	0.17
8/16/2019	\$360,000	25	5647 Fairvale	Orangevale	3	(2 0)	1255	0.24
8/9/2019	\$366,500	5	6713 Almond Ave	Orangevale	3	(2 0)	1008	0.24
8/23/2019	\$370,000	13	6927 Drywood Way	Orangevale	3	(2 0)	1285	0.27
8/8/2019	\$372,500	19	8683 El Sobrante Way	Orangevale	3	(2 0)	1117	0.22
8/13/2019	\$377,500	39	5476 Norway Dr	Orangevale	4	(2 0)	1285	0.22
8/30/2019	\$382,500	2	9250 Ultra Ct	Orangevale	3	(2 0)	1468	0.22
8/15/2019	\$390,000	29	8239 Crestshire Cir	Orangevale	3	(2 0)	1792	0.2
8/22/2019	\$393,000	42	8932 Aksarben Dr	Orangevale	3	(2 0)	1568	0.14
8/29/2019	\$409,900	24	6911 Woodmore Oaks Dr	Orangevale	3 (4)	(2 0)	1831	0.18
8/21/2019	\$428,888	13	9062 Polly Ave	Orangevale	3	(2 0)	1773	0.16
8/26/2019	\$449,000	8	7043 Walnut Ave	Orangevale	4	(2 0)	1634	0.249
8/27/2019	\$458,000	21	9332 Rock Canyon Way	Orangevale	3	(2 0)	1542	0.26
8/20/2019	\$459,000	69	5656 Walnut Ave	Orangevale	4	(2 1)	2254	0.196
8/1/2019	\$483,141	2	9578 Bullion Way	Orangevale	3	(2 1)	1745	0.24
8/30/2019	\$510,000	16	9850 Golden Dr	Orangevale	4	(2 0)	2083	0.26
8/15/2019	\$551,000	7	7451 Telegraph Ave	Orangevale	2	(2 1)	1115	0.83
8/14/2019	\$559,000	25	9653 Tanglewood Cir	Orangevale	4	(3 0)	2412	0.22
8/29/2019	\$620,000	3	9250 Orangevale Ave	Orangevale	4 (5)	(3 0)	2208	0.47
8/7/2019	\$635,000	63	8570 Elm Ave	Orangevale	4	(3 0)	2437	0.53
8/1/2019	\$670,000	52	8491 Cobble Creek Ln	Orangevale	4	(3 1)	2852	0.243
8/19/2019	\$699,000	23	8763 Beechcrest Ct	Orangevale	5	(3 0)	2933	0.47
8/5/2019	\$760,000	13	7129 Rotherfield Ct	Orangevale	4	(3 1)	3010	0.463

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CAPITOL POPS CONCERT

CAPITOL POPS CONCERT BAND KICKS OFF ITS FALL CONCERT SEASON

Sept. 22 with a special performance at Easley Nursery in Auburn

The Capitol Pops Concert Band will continue its 23rd season with a free, open to the public concert from 2:30 p.m. to 3:30 p.m. Sunday, September 22, 2019, at Easley Nursery in Auburn.

The nursery is located at 380 Nevada Street, just north of downtown Auburn and near the intersection of Nevada Street and Palm Avenue.

Under the baton of Director Judith Steinle, the Capitol Pops performance will include a mix of fresh pops tunes and selec-

tions enjoyed by a wide range of music lovers.

This performance kicks off the band's fall concert season and is dedicated to the memory of Dorothy Lewis, who passed in late December 2018. Lewis was a longtime member of the Capitol Pops, playing tenor sax, and worked at Easley Nursery for more than 30 years.

Lewis played in multiple Northern California bands over the years and was the caretaker of an extensive library of music that area bands tapped into regularly. In addition, she was the liaison between the Capitol Pops and Easley Nursery, a years-long supporter of the Capitol Pops. At Easley, she was known as "the rose lady" as she oversaw the nursery's extensive inventory of roses. Her expertise helped

countless Easley customers for decades and resulted in publication of a book on rosebush care. Beyond roses, she was a valuable source of expert information on gardening and plants in general.

Started in 1997, the Capitol Pops Concert Band has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California. Based in Citrus Heights, the self-supporting, nonprofit community band of about 50 musicians represents a wide cross-section of the Sacramento area.

For more details on the Capitol Pops Concert Band, visit its Facebook page or www.capitol-pops.org.

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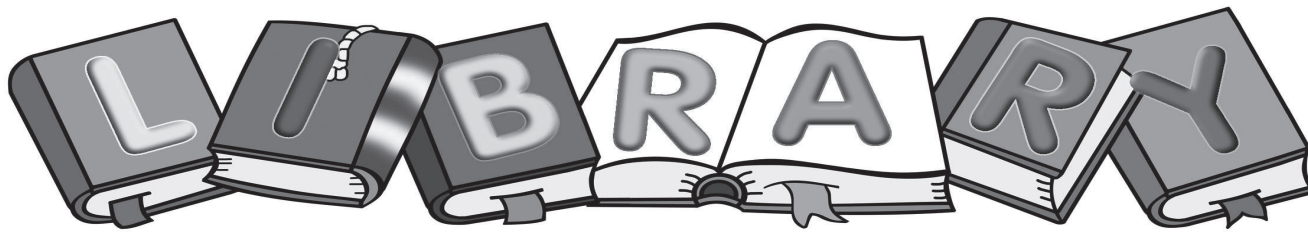
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News

ORANGEVALE LIBRARY

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KIDS

STEM LEGO ROBOTICS (registration encouraged) Basic Gears: Saturday, September 14, 10:30 a.m.-12:30 p.m. / Color Sensor: Tuesday, September 24, 5:30-7:30 p.m. / Color Sensor: Saturday, September 28, 10:30 a.m.-12:30 p.m. / Gyro Sensor: Tuesday, October 8, 5:30-7:30 p.m. Kids ages 9 to 14 learn to build and program Lego Mindstorm EV3 robots in this free, instructor-led program. All supplies generously provided by the Friends of the Orangevale Library. Register online at www.saclibrary.org/events.

FAMILY STORYTIME Every Thursday, 10:30-11:30 a.m. Toddlers, preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after Storytime.

LIBRARY PLAY DATE Thursday, September 19, 2:00-3:30 p.m. Come play at the library! Play dates offer fun, early learning-focused activities that give families with young children a chance to play and explore in a safe and welcoming environment. This event is geared toward newborns to 5-year-olds, but older siblings are welcome to play along. There will be a designated baby area for little ones to explore.

YOUTH ART JOURNALING Thursday, September 19, 3:30-5:00 p.m. Get crafty at this teen-facilitated art journaling program for kids ages 9 to 16. All art supplies generously provided by the Friends of the Orangevale Library.

READ TO A DOG Friday, September 20, 3:00-4:00 p.m. Come read to some paw-esome pooches! School-age (6 to 12 years old) readers are invited to read to furry and friendly canine volunteers

and their trainers. This is a great program for struggling or reluctant readers or for those who enjoy reading to others.

LEGOS & MORE Tuesday, September 24, 3:30-5:30 p.m. Do you love to build? Join us for unstructured play with our Legos, Lincoln Logs, and Citiblocs. Every last Tuesday of the month. Mark your calendar!

TWEEN BOOK CLUB: NIMONA Thursday, September 26, 3:30-4:30 p.m. Join us at our monthly book club for 9- to 12-year-olds. Eat snacks, chat about our book, participate in activities, and make new friends.

STEM ROBOTICS DEMONSTRATION Tuesday, October 1, 6:00-7:30 p.m. Learn about the wonders of robotics with LEGO Mindstorms creatures, including a T-rex, a cobra, and an elephant. Robotics is a fun way to learn science, technology, engineering, art, and math (STEAM) concepts and is the foundation of experiential learning. Open to kids of all ages and their parents!

MINECRAFT GAMING (registration encouraged) Thursday, October 3, 2:00-4:00 p.m. Participants ages 6 to 18 can enjoy this computer game filled with mining, crafting, and exploring! Register online at www.saclibrary.org/events.

ADULTS

GENEALOGY: GETTING TO KNOW YOU Saturday, September 14, 2:00-4:00 p.m. Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure!

STEP-BY-STEP ACRYLIC PAINTING Tuesday, September 17, 5:30-7:30 p.m. Create a painting you can keep with Ciara Cumiskey. Materials provided through the support of the Friends of the Orangevale Library. Space and supplies are limited. Register at

www.saclibrary.org/events.

JOB COACH Wednesday, September 18, 1:00 & 2:00 p.m. / Wednesday, September 25, 1:00 & 2:00 p.m. / Wednesday, October 2, 1:00 & 2:00 p.m. / Wednesday, October 9, 1:00 & 2:00 p.m. Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts approximately 60 minutes. Participants are encouraged to make a reservation online at www.saclibrary.org/events.

AUTHOR VISIT: KEITH CARMONA Saturday, September 21, 1:00-2:00 p.m. Join us as we host local author Keith Carmona, whose recently released graphic novel, "Dr. Dream," is an all-ages manga that tells the story of Dr. Dream's new client, Alice. Alice is being chased in her dreams by a dragon named Nightmare, and it's up to Dr. Dream to help Alice sort through her troubles. Keith has written several scripts for comics, teaches English and Creative Writing at the high school level, and has a YouTube series on writing comics. Copies of "Dr. Dream" and related merchandise will be available for sale after the presentation.

BOOK CLUB: "THE DEVIL IN THE WHITE CITY" Saturday, September 28, 1:30-2:30 p.m. This month we're reading "The Devil in the White City" by Erik Larson, about Daniel Hudson Burnham and H. H. Holmes, two men who each embodied an element of the great dynamic that characterized America's rush toward the 20th century and the great fair that obsessed them both.

MIXED MEDIA ART JOURNALING Saturday, October 5, 10:30 a.m.-12:30 p.m. Use your imagination and all kinds of mixed media to create a freestyle art journal. Materials provided by Friends of the Orangevale Library, or bring your own.

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Join us Friday, October 4th, 2019 at the
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Door prizes, lots of Raffle Prizes including a
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Doors open at 6:00pm, Games start at 7:00pm. For ticket in-
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DINNER

FRIDAY, SEPTEMBER 20th

Please join us at 6:00 PM for a POW/MIA Day
Special Dinner Event.

A Ceremony will be conducted at the
beginning of the dinner service in recognition
of our missing guest of honor.

Early Bird Special! Tickets available to be
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Orangevale Cooks



by Suzanne Feblowitz

Lynne Miles is sharing her new recipe for tacos. She likes the recipe because it is quick and delicious. The tacos are crispy, but the shell does not fall apart and the meat filling is bursting with flavor. When her husband brings them for lunch, his co-workers think he's brought in take-out from the best taco restaurant in town.

If you would like to share a favorite summer recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

Lynne's Crispy Tacos

- 1 tablespoon water
- ¼ teaspoon baking soda
- 12 -16 ounces 90 percent lean ground beef
- 7 tablespoons vegetable oil
- 1 onion, chopped fine
- 1 ½ tablespoons chili powder
- 1 ½ tablespoons paprika
- 1 ½ teaspoons ground cumin
- 1 ½ teaspoons garlic powder
- Salt
- 2 tablespoons tomato

paste

- 2 ounces cheddar cheese, shredded (1/2 cup), plus extra for serving
- 12 (6-inch) corn tortillas
- Shredded lettuce, sour cream, pickled jalapeno slices, hot sauce

1. Heat oven to 400 degrees with rack in middle position. Mix water and baking soda. Add beef and mix. Set aside.

2. Heat 1 tablespoon oil in 12 inch nonstick skillet. Add onion, cook until softened. Add chili powder, paprika, cumin, garlic powder and 1 teaspoon salt and cook for 1 minute. Stir in tomato paste and cook 1-2 minutes. Add beef mixture and cook for 5-7 minutes breaking up meat into pieces no larger than ¼ inch until no longer pink. Transfer meat mixture to a bowl and add cheese and stir to mix.

3. Brush both sides of tortillas with the 2 tablespoons of oil. Arrange tortillas, overlapping, on a baking sheet. Bake until tortillas are warm and pliable for 5 minutes. Remove from oven.

4. Place approximately 2 tablespoons filling on one side of tortilla. Fold and press to close. Repeat with rest of tortillas. (The tortillas can be covered and refrigerated for up to 12 hours.)

5. Using the frying pan from before (wiped clean), add ¼ cup oil in pan and heat. Arrange

about 6 filled tortillas in pan and cook so that tacos are crispy and deeply browned on 1 side, about 2-3 minutes. Flip with tongs and cook other side. Remove when cooked. Drain on paper towels set on wire rack. Keep warm in oven while cooking the remaining tacos or serve immediately with favorite taco toppings.

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Since 1977, the Adoptable Goods SPCA Thrift Store has played an integral role in furthering the Sacramento SPCA's mission to help animals and people in our community, contributing more than \$3.2 million towards shelter programs, building improvements and most importantly, the building and remodeling of the Sacramento SPCA's Spay/Neuter Clinic, which performs more than 18,000 life-changing surgeries every year.

Unfortunately, the sharp decline in the overall retail environment coupled with rising operating costs and an aging building has made it increasingly challenging to operate a profitable store. Because of this, I am letting you know of our plans to commence a wind-down of Adoptable Goods operations, including the closure of the store at 1517 E Street by year's end.

I am so grateful to the volunteers of the Sacramento SPCA Women's Guild, who many years ago recognized an opportunity to collect and sell gently-used goods donated by the community to help animals in need. Their original vision has succeeded beyond anyone's wildest dreams and the Sacramento SPCA will continue to honor that gift by using the funds from the sale of the property to fund programs and initiatives to help more animals.

I recognize that Adoptable Goods has provided a meaningful channel for you and other members of our community to support the Sacramento SPCA. We will continue to explore other opportunities for our caring supporters to donate their treasured goods to benefit the animals. In addition to our annual book sale – also started by the Women's Guild – we will look at holding other annual events such as another on-line auction like the recent one hosted by Witherell's, where 62 donated

collectibles raised more than \$10,000 for the animals.

Adoptable Goods will remain open for the rest of the year; however, we will no longer be accepting donations of goods. We have more than enough items given by the community to keep the store stocked through the coming months.

Of course, we will continue to accept book donations and items needed at the shelter. For a complete list of ongoing shelter needs and other ways to give, visit sspca.org/giving. These items should be brought to our facility at 6201 Florin Perkins Rd., not to the thrift store.

More information about the closing of Adoptable Goods, including changes in days and hours of operations and seasonal sales events for Halloween and Christmas, can be found at sspca.org/thriftstore.

The closing of the store is an emotional event for all of us, more so for the hardworking store staff and fiercely dedicated volunteers who made it possible for the store to give so much to the animals for so many years.

It's only through their hard work and your generosity and compassion that we are able to give more than shelter to thousands of animals in our community each year - and for our continued support, we thank you.

Sincerely,
Kenn Altine
Chief Executive Officer

FOR MORE INFORMATION CALL SACRAMENTO SPCA (916) 504-2868 or www.SPCA.org
Sacramento SPCA
6201 Florin Perkins Rd,
Sacramento,



Posey, born approximately September 2017, is a striking tortie - look at those orange eyes! This kitty is not restless. (In her photo, she is perturbed because she was asked to hold still for a second!) She is active and always on the go. She looks for opportunities to escape to the great outdoors so she needs a home on a very quiet street/cul-de-sac because we do not think she will be happy as an indoor-only kitty. When she does escape, she soon wants back in for some attention.

She has had at least one litter that we know of which explains her gently tackling a four-month old kitten she just met in hopes he would play with her. With very young kittens, she turns maternal. She is purry, friendly, curious. She gets along with other adult kitties just fine.

She will be at the Fair Oaks Petco (on Madison, at Hazel, in the Raley's Shopping Center) from noon to 4 p.m. every Saturday and Sunday (with many other kitties) until she is adopted. For more information, please call Lisa J at 916 524-4478.

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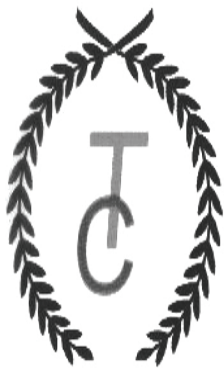
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ORANGEVALE Chamber of Commerce

Orangevale Chamber of Commerce Business Spotlight - Dezy Market by MaryAnne Povey

From the moment I walked in the door, I was greeted with warm and welcoming hospitality, like an old friend coming to visit. Within minutes we were sipping delicious Persian tea, and I quickly learned the proper way to sweeten my tea by using a slow dissolving sugar cube placed strategically under my tongue! Along with that, some tea cookies and an espresso were brought out to help me through my afternoon slump. I knew this was going to be a fun and interesting interview!

Dezy, a World Class Champion Jiu Jit Su fighter back in the day, immigrated from Iran in 2007 to America, the land of opportunity "for the same reason everyone does". He initially thought he might teach fighting or continue to compete, but the medical clearances proved to be costly so he found himself looking for work.

As luck would have it, prior to coming to America, Dezy served as head of security at the Swiss Embassy for the US consulate in Tehran. He made many lasting friendships/connections, one being a friend who found Dezy looking for work and asked him if he was interested in joining the Army. Without hesitation, Dezy said "yes"! He took the placement exams, aced them, and before he knew it, was enlisted in the US Army. Within five months, his life was forever changed as he became a full fledged American citizen.

Dezy was deployed to Germany as part of an Army unit ready to spring into action anywhere in the world within five hours. One day, Dezy's Colonel contacted another Colonel from the Department of Defense. His strong work ethic, loyalty and his ability to speak five languages poised him perfectly for a job with the Department. He took the job and became a trainer of the immersion program teaching language and culture. He also served as

an Education Specialist for the Department of Veteran Affairs. During that time Dezy earned his both his bachelor's and master's degree in public administration and has his eyes set on earning his PhD in the future. His career is marked with many honorable recognitions.

Dezy fondly recalled how his Colonel recommended him to another.

"I have a pit bull if you want him," said the Colonel. "Does your pit bull speak any extra languages?", the other Colonel inquired. "Yes!", the Colonel affirmed. "Then send him over here!"

You can clearly sense Dezy's true appreciation for life here in the little town of Orangevale. He loves the people in our community and is grateful for being here. His perspective of living outside the



country makes him appreciate all things "because I have seen everything."

"I wanted to be in the country that bear hugs me," Dezy shared. "That flag gave me everything. This is the land of Heaven." Orangevale Chamber of Commerce Business Spotlight - Dezy Market by MaryAnne Povey

On a toasty Tuesday afternoon I had the pleasure to sit down and meet an amazing Patriot, Mehrdad Dezyanian, aka "Dezy" of Dezy's Market, located at 8700



Greenback Lane in Orangevale.

In 2016, Dezy's PTSD forced a career change for him.

"I was sleeping like 3 hours a day," he said. I knew I had to make a change. Within a week, I made a business plan and here I am. The system here is designed so you can't lose if you try hard."

So far so good. Dezy's Market, which sells imported goods from Turkey is known mostly for its unique "Sangak" flatbread, baked daily and is the only one of its kind in Northern California. It's made with the best ingredients and is hard to stop nibbling on once you start!

For only \$3.50 a loaf, everyone should give it a try. And to make it even better, ask for the greek yogurt dip to go with it! Along with the food side of the business, Dezy is also importing and selling Turkish furniture, high end Persian rugs and custom cabinets for builders! Go figure!

"The main thing I'd like people to know about is my bread," Dezy said. "I think everyone should try it. They won't stop eating it," he promised. And he's right!

Dezy's Market is open Tuesday - Friday, 11 am - 8 pm, Saturday 10 am - 8 pm, & Sunday 9 am - 7 pm. They are closed on Monday.

Be sure to stop in and tell him MaryAnne sent you!



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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month. located at 8990 Kruithof Way Fair Oaks, Ca 95628

GFWC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Wwww. orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There

is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

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Determined Toastmasters Club meets 1st and 3rd Tuesdays from 7:00 p.m.- 8:00 p.m. at Eskaton Fountainwood, 8773 Oak Ave., Orangevale. Contact Amy Comellier at (916) 792-5561 for more information.

WEEKLY MEET-UPS The BBC. The Business Builders Club. A Professional Networking Group. Mission- To Empower Entrepreneurs Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Community. Every Tuesday 9:15-10:30 am at Brookfields Restaurant 4343 Madison Ave, Sacramento Every Wednesday 9:15-10:30 am at La Bou Bakery & Cafe 1730 Santa Clara Roseville

MomsRUs Ladies Study & Visit while kids play @ Lew Howard Park, Folsom Tuesdays from 9:30-11:30 thru Aug 13th. Call 916-798-2297 for more info. See www.ovchurch.org

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church -5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

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FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

UPCOMING EVENTS

FLEA MARKET at PIN-EBROOK VILLAGE 7900 Folsom-Auburn Road, Folsom (Between Greenback Lane & Douglas Blvd) Saturday, September 21st 8 am - 3 pm Shop indoors and outdoors at Pinebrook's Clubhouse. Over 20 vendors with everything you need and more. Enjoy a fun day of searching for fabulous flea market finds.

**FARMERS'S MARKET
Thursdays 4-8 pm
9295 Greenback Lane, Orangevale 95662 (Next to Dairy Queen at the corner of Greenback & Walnut)
Phone: 916.989.8779 Email: OVdqEvents@yahoo.com**

UPCOMING EVENTS

**POW/MIA Dinner
Friday, September 20, 2019
Please join us at 6:pm at VFW Post 6158, 8990 Kruitof Way, Fair Oaks, CA**

A ceremony will be conducted at the beginning of the dinner service in recognition of our missing guest of honor.

Early bird tickets are available for purchase at VFW Post 6158, 8990 Kruitof Way, Fair Oaks, CA. \$20 per person or \$35 per couple through September 10th. After September 10th \$30 per person or \$45 per couple.

**MENU Oven fresh bread
Seasonal salad Tomato Basil Bisque Soup Choice of: Honey Glazed Salmon or Ginger Roasted Pork Tenderloin sides including: Roasted Potatoes Seasonal Vegetables Dessert A voucher for a premium drink included for a toast to our missing guest of honor.**

The Friends of the Folsom Library will again sponsor a booth at the Annual Renaissance Faire held on Saturday, September 28th and Sunday, September 29th at the Folsom Lions Park (next to the Zoo). We will have a great selection of vintage and collectible books for great prices, with most books being \$2 or less.

Diabetes Undone—Interactive Workshop 8 Sessions: From Sep. 30 through Nov. 18, 2019 Mondays 6:30 pm to 8:00 pm Orangevale SDA Church 5810 Pecan Ave, Orangevale, CA 95662 9169672838 ovsdachurchoffice@gmail.com



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REVERSE DIABETES

IT'S POSSIBLE TO REVERSE YOUR DIABETES.

Currently, 26 million Americans have diabetes and 79 million have prediabetes. Both of these conditions significantly increase the risk of cardiovascular disease and other complications. The prevailing medical paradigm teaches that diabetes is a chronic, incurable disease, and diabetics surrender to the idea that they will struggle with the disease for the rest of their lives. In our fast-paced, money-driven health-care system, providers often don't have adequate time to educate patients about how to be healthy. All too often, patients are treated for the symptoms of disease, while the underlying causes of disease are not addressed.

Dr. Wes Youngberg, DrPH, has been working with diabetics for the past twenty-five years. He has found that, by addressing the cause of illness rather than just treating the symptoms, type 2 diabetics can experience dramatic health improvements, avoid complications, and possibly even reverse the condition.

Drawing from Dr. Youngberg's extensive experience, Life & Health Network produced Diabetes Undone, a research-tested intervention in reversing type 2 diabetes and other lifestyle diseases. The Diabetes Undone curriculum includes a cookbook, workbook, and informational videos and can be taken in a group setting or on an individual level

from home. Participants will learn how to form new habits and make better choices based on increased knowledge, skills, and encouragement. The program is designed to empower participants to optimize their nutrition, exercise, and other powerful lifestyle strategies, all of which enable them to reclaim their health. The same strategies that are taught to fight diabetes also combat heart disease, obesity, cancer, autoimmune disease, and many other lifestyle-related health conditions.

"Really, it's quite simple, the things I had to do. It wasn't hardship at all. Six months later, I was declared non-diabetic. I reversed it. And since then, I had extensive tests done two months ago, and I'm still not diabetic or prediabetic. And that itself is the reward."

—Tom Zapara, 91-year old Diabetes Undone participant

About Life and Health

About Life and Health Life and Health Network is a non-profit organization dedicated to creating compelling, evidence based life and health media. We believe we were designed to have the physical, emotional, and spiritual domains of our life in balance. Our goal is to inspire and engage the global community to achieve that balance by living healthier and more abundant lives.

For further details, please contact: Danny Kwon
Orangevale SDA Church
9169672838
ovsdachurchoffice@gmail.com

WORSHIP INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

The Church of Jesus Christ of Latter-day Saints Oak Ave Chapel: 8056 Oak Ave., Orangevale Ward: Sacrament meeting 11:30am Sunday School/Phd/RS/YM/YW: 12:40pm

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on Mon-Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divinesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8998 Central Avenue, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays

9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church - 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Adult Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Every Tuesday Night Free Community Dinner at 6pm - open to everyone, Thursday Night Youth

Programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F - call 916.988.0998, smallwondersorangevale.org. & PreK on M/W/F - call 916.988.0998, smallwondersorangevale.org.

Sacramento Center for Spiritual Living 6035 Main Ave, Orangevale, 95662. Sunday service & Youth program 10:30am. Classes, events & activities on our website: www.SacCSL.org. We honor all paths and people.

Sunrise Community Church - 8321 Greenback Lane, Fair Oaks. Sunday Worship Services - Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - sunrisecommunity.church

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

The Net Church has the answer if you have to work on Sunday's. Our worship experience is on Saturday night at 5:30pm. The cafe with free coffee opens at 5 pm. 801 Riverside Ave #Z, Roseville, CA 95678. We are located in the Calvary Chapel Building behind the Roller Skating bld. Pastor's Randy & Debbie Robertson. 916-801-4208 / randy_thenet@live.com

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

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6:30 pm to 8:00 pm Mondays

VENUE ORANGEVALE SDA CHURCH
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CONTACT DANNY KWON
9169672838 ovsdachurchoffice@gmail.com

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