

Orangevale View

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FOOD for thought

Summer months can be tough for families when the kids no longer have the option for breakfast and lunch at their neighborhood schools. The Orangevale-Fair Oaks Food Bank has teamed up with a few local schools to provide groceries to those in need. If you find yourself or your family in need please visit one of our locations to receive a bag of non-perishable groceries to take home. Please bring identification.

PROGRAM DATES
JUNE 17- AUGUST 9, 2019

WEEKLY LOCATIONS

Mondays, 11am-12:30pm
Golden Valley Charter
(River Campus)
9601 Lake Natoma Dr, Orangevale

Tuesdays, 11am-12:30pm
Oakview Elementary School
7229 Beech Ave, Orangevale

Wednesdays, 11am-12:30pm
Northridge Elementary School
5150 Cocoa Palm Way, Fair Oaks

Thursdays, 11am-12:30pm
Del Campo Highschool
4925 Dewey Dr, Fair Oaks

This is not a program of the San Juan Unified School District and San Juan accepts no liability or responsibility for this program.

SUPPORT THE COMMUNITY & CELEBRATE WITH THE COMMUNITY

The Orangevale Grange has been providing community service in Orangevale for 109 years. Continuing their community service, the Grange is again sponsoring a Free Community Fireworks Demonstration Show on July 3rd. The show will be held out in the beautiful meadow behind the Grange Hall located at 5807 Walnut Avenue in Orangevale. Walnut is between Madison Avenue and Greenback Lane. Families are encouraged to bring their lawn chairs and blankets to enjoy music, fire trucks and a FREE firework show around dusk. You are encouraged to come early to get a good spot and enjoy the snack bar hosting \$1 hot dogs and snow cones.

We are excited again to have the Rythm Club Band as the main entertainment this year. Parking can be a challenge so come early. Many of Orangevale's wonderful local businesses donate great items for the drawings.

Again, this year the fire trucks from the Metro Fire Department will be on site allowing kids of all ages to sit in the fire truck. The kids will get stickers and coloring books and parents will be given literature on how to keep their family safe during the July 4th holiday.

There will be a snack bar on site and all items are a \$1 each. All the proceeds are used to support the Words for Thirds Dictionary Project, The School Back Pack Program, Our High School Scholarship Program and the Orangevale Food Bank

along with many other charities. After the fireworks display is over you will want to hurry up to the onsite fireworks booth to purchase the fireworks you liked best in the show.

The Grange is looking forward to a great turnout so get there early for the best seat. Come and have a dollar hot dog or snow cone at the snack bar opening at 6:30 PM, with the other festivities starting soon thereafter.



The fireworks demonstration show will begin around dusk. For more information call (916) 417-9750. Please no dogs or alcohol.

The Orangevale Grange
Independence Day Celebration

JULY
3RD
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**ABOUT THE
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries,

births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;
(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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**DATES TO
REMEMBER:**

JUL 2019

WED JUL 3 2019 DEADLINE

FRI JUL 12, 2019 Out To Public

WED JUL 17, 2019 DEADLINE

FRI JUL 26, 2019 Out To Public

AUG 2019

WED AUG 7, 2019 DEADLINE

FRI AUG 16, 2019 Out To Public

WED AUG 21, 2019 DEADLINE

FRI AUG 30, 2019 Out To Public

SEP 2019

WED SEP 4, 2019 DEADLINE

FRI SEP 13, 2019 Out To Public

WED SEP 18, 2019 DEADLINE

FRI SEP 27, 2019 Out To Public

OCT 2019

WED OCT 2, 2019 DEADLINE

FRI OCT 11, 2019 Out To Public

WED OCT 16, 2019 DEADLINE

FRI OCT 25, 2019 Out To Public

DATES SUBJECT TO

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DONALD "RUSTY" STEVENS
Born Donald H. Stevens 7/19/1944 Fresno, Ca. Passed on 5/26/2019 in Cabool, Mo. Preceded in death by parents Warren & Eleanor Stevens and daughter Alison Stevens. He is survived by wife Angela Waldron Stevens, children Trevor & Alison (deceased 2019) from marriage to Janice Stevens, and Jake/Eunicia Waldron & Kaydi/Joe McNaughton. Siblings: Claire Lack & Micheal/ Teresa Stevens of Orangevale. Nieces/nephews: Cari Moranville, Miriam/Matt Cron & Victor/Allison Stevens. Grandchildren: Angela, Ileana and Sophia

Waldron Garryn Crist & Aria McNaughton. Greatgrand nieces/nephew: Baylee/Cameron Soldano, Brady/Sabrina Moranville & Vivian Cron. Great Greatgrand nieces Skylar Moranville & Shea Soldano. Adopted Family: Eleazar/Meagan Posant grandchildren Marcus and Desirae. For 44 years he called Orangevale his home, moving here in 1956. He attended San Juan High

retired and moved to Cabool, MO in 2002.

His love of Hot rods never ran out of fuel, that love start when he was in high school and continued until his death.

ALL ARE WELCOME TO ATTEND. Celebration of Life 11am on July 6, 2019 Orangevale Grange Hall 5807 Walnut Ave OV, Ca 95662. In lieu of flowers, donations to Set Free



School Class of 63. He was a huge part of the wrecking yard development in Rancho Cordova on Recycle Rd in the 80's that still exist today. Married Angela Waldron in 2000,

Ministries. Paypal rev.rexsetfree@yahoo.com. Donations will be accepted at Celebration. Any question or Details: 916-205-8074 Trevor or 916-803-4462 Claire

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Some restrictions apply.
Prices subject to change.



RATH, GEORGE DAVID
Passed away unexpectedly on June 10, 2019 in Grass Valley, CA at the age of 62 years. George was born in Sacramento on June 4, 1957 to Wally and Sally Rath of Orangevale, CA. George's love for baseball start-

ed at a young age in 1965 when he started playing Orangevale Little League Baseball. His father Wally was one of his coaches in those early years. He later would attend and graduate from Bella Vista High School in the class of 1975 where he also excelled in baseball as a pitcher for the Broncos. George's baseball talents earned him the honors of being drafted by the Minnesota Twins following high school.

George enrolled and took some communication classes at Cosumnes River College in Sacramento following high school. This would lead to a career as a radio personality throughout Northern California including KNCO in Grass Valley where he

started in 1978.

He was an avid San Francisco Giants fan, but also followed the Kansas City Royals.

George is survived by his son David and two daughters Julia and Bree Anna. His parents, Wally and Sally, sister, Robin and his Aunt Sharon.

He also leaves behind 5 grandchildren, several nieces and nephews as well as his ex-wife Jayne.

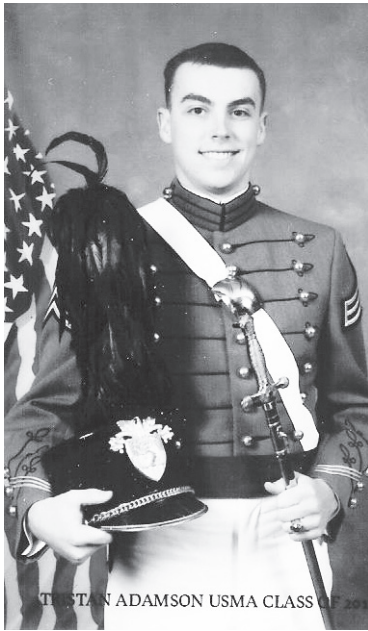
Services will be held at the Twin Cities Church, 11726 Rough and Ready Highway, Grass Valley, Ca. on Saturday June 22, 2019 at 11am.

Visitation will be one hour prior to the 11am service at the church.

Inurnment will be private. Remembrance may be made to the Food for the Hungry.

Arrangements by East Lawn Elk Grove Mortuary, 9189 E. Stockton Blvd., Elk Grove, Ca 916-732-2031

ANNOUNCEMENTS



LOCAL CADET GRADUATES FROM WEST POINT

WEST POINT, N.Y. – Cadet Tristan Dean Adamson, son of Frank and Tina Mooney of Orangevale, Calif., graduated from the U.S. Military Academy on Saturday, May 25.

Adamson graduated from Casa Roble Fundamental HS in 2015. While at West Point, he concentrated his studies in Defense and Strategic Studies. He was commissioned as a second lieutenant in the U.S. Army within the Infantry branch and will report to Fort Carson, Colo., for his first assignment.

The mission of the U.S. Military Academy is to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and prepared for a career of professional excellence and service to the Nation as an officer in the United States Army.

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educational, federal, liberal arts college located 50 miles north of New York City. It was founded in 1802 as America's first college of engineering and continues today as the world's premier leader-development institution, consistently ranked among top colleges in the country. Its mission remains constant--to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country and prepared for a career of professional excellence and service to the nation as an officer in the U.S. Army. For more information, go to www.westpoint.edu.

Vacation Bible School: TREASURE HUNTERS

Christ the King Lutheran Church
On July 8-12, 2019, Christ the King Lutheran Church (Orangevale, CA) is hosting Vacation Bible School: Treasure Hunters (9:00 am to 12:00pm). Come and explore GOD'S AMAZING LOVE through Godly Play, Worship, Music, Games, Arts and Crafts and so much more. Vacation Bible School is open to all kids ages 3 to 6th Grade. Cost: \$40 per child (\$35 for siblings). Space is limited! For more information, please contact the Church at (916) 988-2484 or go on-line to ChristTheKingOV.com Christ the King Lutheran Church - 5811 Walnut Ave. Orangevale, CA

YOUR VOICE MATTERS!

A recent public notice issued from the City of Citrus Heights a "Greenway" Trail struck me as very odd when it included removing over 600 mature and an unlimited number of younger oaks (that are around 20 years old) along a very short 2+ mile stretch. That certainly didn't sound very "Green"! Though also a utility right-of-way, Orangevale's "Sundance Natural Area" is primarily an oak woodland. Wildlife abounds, including many hummingbirds and owls that help keep the rodent population under control. Mature trees are a proven resource. They provide shade, stop erosion, and are the best conduits for recharging our groundwater. They also provide a lot more of the oxygen we need to breathe!

Citrus Height's trail plan is to cut down over 600 trees and plant new ones. The plan doesn't include irrigation lines and the timers needed to water them so a high failure rate is predictable. The city doesn't even have to plant trees where they cut them. And worse yet, they can simply choose to pay an 'in-lieu' fee and not plant anything at all.

Many other communities already take these concerns into account. They modify the trail's size and route to fit the environment and not the other way around. At a time of growing concerns about global warming surely we can build a trail that doesn't have to include removing trees as its main option.

I believe that we can do better! Let the Citrus Height City Council know if you also think we should be setting a better example for our children.

Temperatures are already soaring to 104' and tens of thousands of acres have been lost to forests fires. As a mother, grandmother and former teacher, I am very concerned about what we are teaching our children. Why isn't the lesson here that we can have a trail and respect our environment at the same time?

email: CityCouncil@citrusheights.net
Peg Pinard

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Twenty years in Orangevale On June 1, 1999, Aikido Yoshinkan Sacramento, aka, Aikido Seikeikan, began offering Aikido lessons in Orangevale. The club started at Starz Gymnastics and Pre-school on Main Street. In January 2001, the club relocated to its current location at the Orangevale Recreation and Park District Youth Center. Since then, visitors from around the world have descended on Orangevale to participate in aikido lessons and to participate in clinics.

Members of the dojo have travelled around the world and have participated in aikido exhibitions in Japan. From June 6th – 8th, we celebrated our 20th year and 18th with the OV Parks. Once again students from around the world joined us for the celebration. Our special guest instructor was Noriki Masahiko from the main Aikido Yoshinkai HQ in Tokyo, Japan. This was Noriki Sensei's first-time teaching in the USA and we are honored that Orangevale

played host. The event was well attended by past and present students.

Aikido lessons are offered three times a week. Interested students are welcome to stop by during any of our regularly scheduled classes. For more information on schedule and pricing, please contact the OV Parks district office at 916-988-6140 or our website at www.seikeikan.com.

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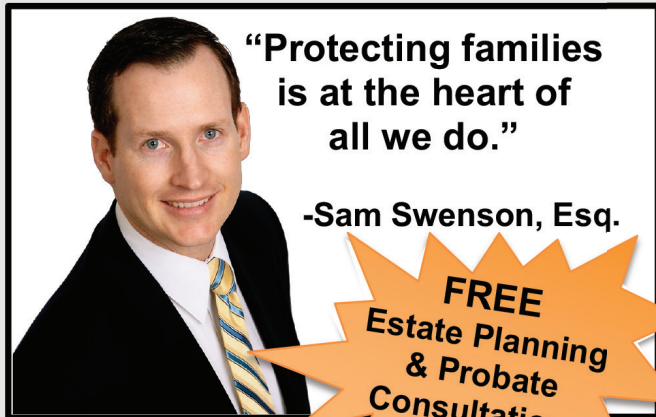
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ORANGEVALE SUMMER NIGHTS CONCERT SERIES

ORANGEVALE SUMMER NIGHTS CONCERT SERIES

Have you heard? The Orangevale-Fair Oaks Community Foundation is bringing a FREE Summer Concert Series to Orangevale! Concerts are being held at the Orangevale Grange Outdoor Venue (behind the OV Grange Hall at 5807 Walnut Ave in OV). The

concerts are from 5-8pm (bands begin at 6) and include a variety of food and beverage options for sale. Concert dates/bands are:

July 12th - Island Fever Night with Simple Creation

August 16th - Hot August Nights with the band Decades

This summer concert series is brought to you thanks to the OV-FO Community Founda-

tion, Zach McKiernan - Realtor, Landscapes by Cochran, Sue Frost - County Supervisor, and Palmer Real Estate. Be sure to thank our sponsors if you see them around town!

FREE tickets can be picked up at Dairy Queen in Orangevale, Palmer Real Estate in Orangevale, McKiernan Realty in Folsom and United Barbering in Orangevale.

CASA SENIOR GRAD NIGHT 2019!

The Casa Roble Senior Class of 2019 celebrated with a big splash at their Senior Grad Night hosted at Sunsplash in Roseville on June 7 after a celebratory graduation earlier in the day.

The evening was a success with nearly two-thirds of the graduating seniors attending the private all-night party.

They enjoyed water-slides, go carts, arcade, mini-golf, a hypnotist show, and “minute to win it” games. Endless food from over eight local restaurants kept them energized while bags to hold the kids goodies were donated by the Orangevale Water Company.

Many thanks to the community and local businesses for their generous support and to the Se-

nior Grad Night committee for their hard work and dedication into planning the festivities. According to Katie Karras, Senior Grad Night coordinator, the hard work of the committee and the generosity of our community enabled us to make tickets affordable for all to attend. It was a great night for all. Best of luck to the Casa Roble class of 2019!

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FIREWORKS CAN HURT

REMEMBER, FIREWORKS CAN HURT!

Severe burns, amputations, blinding, and even deaths are often the result of 4th of July celebrations. As the holiday nears, many fires will be caused when unsupervised children use fireworks. Parents are liable for any damage or injuries caused by their children using fireworks. The Sacramento Metropolitan Fire District recommends the following tips for Safe and Sane Fireworks use.

All legal fireworks in California are called Safe and Sane Fireworks.

All Safe and Sane Fireworks must bear the State Fire Marshal's seal.

Have an adult present when Safe and Sane fireworks are to be used by children.

Safe and Sane Fireworks may be sold only from June 28 to July 6.

Always have a bucket of water to dispose of fireworks.

Always have a hose connected to water available in case of fire.

It is illegal to sell, give, or deliver dangerous fireworks to anyone under 18 years of age.

It is illegal to point or throw a dangerous firework into a crowd or at people.

The sale or transfer of Safe and Sane Fireworks may only occur at a fixed place of business which is licensed and permitted to sale Safe and Sane Fireworks.

If fireworks explodes or leaves the ground, it is illegal in California.

Do not use fireworks near dry grass or other flammable materials.

Do not use fireworks while under a canopy, covered balcony, covered patio or under a tree or bushes.

Never attempt to relight or "fix" fireworks.

In many communities, the sale and use of Safe and Sane Fireworks may be prohibited. Be aware of your local laws. Failure to comply may result in confiscation, citation and prosecution.

FIREWORK SHOWS

Celebrate America
Sat, Jun 29 – Sun, Jun 30
Twin Oaks Park, 5500
Park Dr Rocklin, CA

ARCF Fireworks Show
Sun, 8:00 – 9:30 PM, Jun 30
Antelope Road Christian
Fellowship, 7951 Antelope
Rd Citrus Heights, CA

**Visit Thrivent at Celebrate
America! in Rocklin**
Sun, 4 PM, Jun 30
Twin Oaks Park, 5500
Park Dr Rocklin, CA

**Orangevale Grange Fire-
works Demonstration &
Concert**
Wed, Jul 3 6:30 pm
5807 Walnut Ave,
Orangevale, CA

**Thunder Cover & Lost in
Suburbia `N` Fireworks ...**
Wed, Jul 3 – Thu, Jul 4
El Dorado Hills Town Center,
4364 Town Center
Blvd
El Dorado Hills, CA

Fourth on the Field
Thu, 6 PM
Raley Field, 400 Ballpark
Dr West Sacramento, CA

We Know

We sat there watching
the moon in the sky....
Waiting for the fireworks
on fourth of July.

A celebration
bringing memories
of those who have fought
so that we can be free.

Fighting for country
the "red, white & blue"
Fighting for loved ones,
for me and for you.

The sky lit up
Sparks flew high & wide
With oohs and aaahs
aloud and inside.

And then it was clear
there was orange & green
No sign of red, white
or blue to be seen.

But, then it began
the finale so bright.
Red, white & blue
what a wonderful sight.

It brought such applause
Yes, we know it's true..
For our country, we're proud
the Red, White and Blue.

From Jerri Farmer

July Fourth

People on July fourth check
out sparks that fly forth
(up like very high north)
and can make us feel alive
more.

Stars booming, burst of
comets zooming
look like flowers blooming
and sky jellyfish for view-
ing.

-Z.F. Thrimej

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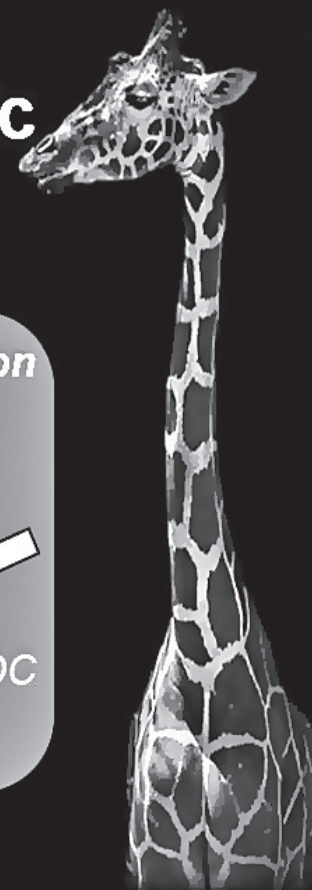
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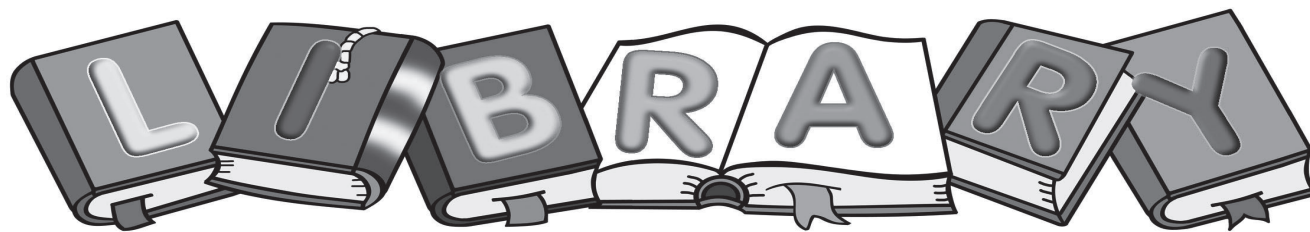
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News

Friends of the Ovale Library Launch Membership Drive, Drawing

Libraries are quiet, sedate places where patrons quietly turn pages and librarians tiptoe, fingers pressed to their lips in a “shhhhh” gesture, right?

Have you been to the Orangevale Library branch lately?? If so, you may have witnessed the somewhat noisy excitement of kids working with the Lego Robotics program. Or you may have listened to children reading out loud to a dog. Or perhaps you’ve smiled at the giggles and enjoyment of children and parents at Thursday morning Storytime. Or maybe you’ve walked in when there was a spirited discussion happening by the teen or adult Book Club members.

Sure, there are quiet times when pages are turning. And just maybe, those pages are in a Lucky Day book. You know: that bestseller you’d been looking for and found on the Lucky Day shelf without having to wait your turn and couldn’t wait to dive into!

Let’s not forget the hands-on acrylic painting lessons and private genealogy consultations that happen at your Orangevale Branch.

Because it is an effort to keep all these and all the other programs that the Friends support funded, the Friends are launching a membership drive that will last all summer! For those who join the Friends, for those who are already members, and for those who just want to be included in it, an opportunity drawing will be held in September for gift cards donated by local vendors. Our generous donors include Dairy Queen, Scott’s Seafood, La Placita, Total Wine, Paul Martin’s American Bistro, John’s Pet Grooming and more.

Friends’ membership applications are available at the library. Or come to the Farmer’s

Market every Thursday to see our display, get a membership application, sign up for the drawing, and pick up a free book. Won’t you consider being a Friend?

ORANGEVALE LIBRARY 8820 Greenback Ln # L, Orangevale, CA 95662

Family Storytime Every Thursday, 10:30—11:30 am Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after storytime.

Tween Book Club Thursday, June 27, 3:30-4:30 pm Join us at our monthly book club for 9-12 year olds. Eat snacks, chat about our book, participate in activities, and make new friends. This month we are reading *The Girl Who Drank the Moon* by Kelly Barnhill. Pick up your copy starting May 30.

Mixed Media Art Journaling Saturday, July 6, 10:30 am—12:30 pm Use your imagination and all kinds of mixed media to create a free-style art journal. Materials provided by Friends of The Orangevale Library or bring your own.

Minecraft Gaming Thursday, July 7, 2:00—4:00 pm Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server and enjoy cubed snacks at the Orangevale Library! We will do two 45 minute shifts if there are more participants than PC laptops. This program is for students ages 6 - 18; registration is encouraged.

Step-By-Step Acrylic Painting Tuesday, July 17th, 5:30-7:30 pm You are invited to Step-by-Step acrylic painting instruction with Ciara Cumiskey. Create a painting you can keep with all materials provided through the generous support of the Friends of the Orangevale library. Space and supplies are limited. Register at www.saclibrary.org/events

Family Movie Thursday, July 18th, 2 pm James and the Giant Peach Disney (1996), PG. Eat grasshopper cookies and drink peach juice while we root for James and the bugs he’s befriended. This event is for the whole family. This program is part of our Summer Reading Challenge and brought to you by the generous support of the Orangevale Friends of the Library. available for purchase and signing.

5 SUPER SIMPLE STORAGE IDEAS TO MAXIMIZE THE SPACE IN YOUR GARAGE

Are you tired of struggling to find your tools in a messy storage space? Does your tool garage look like a tornado swept through and yet you know you are the only one to blame? It might be time to add a few creative storage solutions to your garage. Check out the following five ways to maximize garage space without emptying your wallet in the process.



1) Place wooden pallets vertically against your walls. Stand garden implements like shovels, rakes, and hoes in the upright pallets. What an ingenious storage solution, right?

2) Use an upside down rake head attached to a wall to hold small gardening tools like clippers and trowels. No more digging in barrels

or wondering where you left your favorite gardening gadgets.

3) Wooden lattice board attached to garage walls is great for storing your tools. Add metal hooks to the lattice and then hang anything from spools of garden twine to brooms and gardening gloves.

4) Hang wicker baskets from peg board along the walls of your garage. Fill with small items like garden hose nozzles, garden row markers, and rubber boots. Everything is off the floor and easily accessible.

5) Attach upside down empty junc-

tion boxes to the walls of your garage. You can store easily-lost items like tape measures, screws, and nails inside the empty electrical boxes.

These five garage storage options are just some of the ways you can maximize your space if you are willing to be creative in your thinking.

You can purchase ready-made storage solutions or build your own. If you want to save money and organize your space at the same time, the above-listed options might be just what your garage needs.

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A Democratic Oath

Why can't we live life in the present
Not always digging up the past
Always finding fault with others
Choosing someone we can blast

We have made mistakes and blunders
We have all committed sin
But it's not the past life that is leading
But the present one we're in

If we would stop and count our blessings
In this country we all love
We would have no cause for grumbling
Just thank the Good Lord up above

Think of all we have accomplished
All the good that still exists
There's still a rocky road yet to travel
With a lot of turns and twists

We have chosen one to lead us
Who is doing his very best
If we'd lay aside our grievances
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FIREWORK SAFETY

THIS INDEPENDENCE DAY, PLEASE BE COURTEOUS WHEN SETTING OFF FIREWORKS, WHICH MAY BE UPSETTING FOR DOGS AND MILITARY VETERANS

FOR VETERANS:

PERCENTAGES OF VETERANS THAT RETURN WITH PTSD

IRAQ AND AFGHANISTAN	GULF WAR (DESERT STORM)	VIETNAM
11-20%	10%	30%

LENGTH OF DEPLOYMENT

12-15 months*	210 days**	12 months
---------------	------------	-----------

*Includes multiple deployments ** Operation Desert Storm lasted 210 days

LOUD, UNEXPECTED NOISES, such as fireworks can remind combat veterans with PTSD of GUNFIRE OR EXPLOSIONS they had experienced on the battlefield. Consider your neighbors by not setting them off late at night or close to their homes, or better yet, go to an organized event!

Source: US Department of Veterans Affairs, Department of Defense

FOR DOGS:

1 IN 5 DOGS GO MISSING AFTER BEING SCARED BY FIREWORKS

LOST

More dogs go MISSING on the 4th of July than any other day of the year because the loud noises can scare even the BRAVEST dog.

KEEP YOUR BEST FRIEND AT EASE:

- EXERCISE DURING THE DAY.** Ensure your dog gets plenty of exercise during the day to tire them out
- STAY HOME.** Don't bring them to events where fireworks will be set off
- MAKE THEM FEEL SAFE.** Provide a safe place at home with music or the TV playing
- DISTRACTION.** Entertain them with their favorite toys and treats
- ACT NORMAL.** Don't acknowledge the fireworks, as your dog may be looking to you on how to react
- NAME TAGS.** Make sure your dog is wearing their collar with ID tags (better yet, microchipped!)

Source: www.aspcia.org

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Orangevale
Cooks



by Suzanne Febowitz

I received the Instant Pot for Christmas, but I have not used it one time! My husband has been using it exclusively and he has come up with many delicious dinners. I am sharing a new favorite using the Instant Pot. If you would like to share a favorite fall recipe, please send a copy to Suzanne Febowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

DRUNKEN BEANS

6 slices bacon, cut up
2 Tbsp bacon fat from cooking the bacon
3 cloves garlic, minced
1 onion, chopped
1 lb. dry beans (you may soak overnight, but not necessary)

1 can Rotel brand tomatoes (diced tomatoes with green chilies)
1 12 oz beer, your favorite
2 cups chicken or vegetable stock
1 tsp kosher salt
1 tsp cumin
1 pinch black pepper

Saute bacon, then take out bacon and set aside. Remove most of the bacon fat, leaving about 2 tablespoons. Saute onion and garlic until tender. Then add all other ingredients, including the cooked bacon.

Cook on high for 22 minutes. Natural release.

Serve with fresh cilantro on top. Enjoy with tortillas or tortilla chips and a side of salad or fresh fruit.

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-Z.F. Thrimej



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We also loan out traps at no charge if kitty is skittish about being placed in a carrier. (Help with transport MAY be available.)

Hope to see you soon! And thank you for caring enough to feed an abandoned animal.



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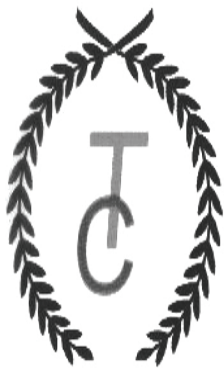


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Business Spotlight:
WARE HOUSE
INTERIORS INC.

By: MaryAnne Povey

When you hit rock bottom in life you have two choices. You either stay there, or choose to transform yourself into something better. That's exactly what Cliff Wylie, owner and CEO of Ware House Interiors Inc. decided to do when he faced that choice over a decade ago.

Having dealt with addiction for nearly 30 years, he asked himself the critical question, "What if I put all my energy of destructive behavior into something positive for myself? What could happen?" Well, lucky for Cliff and for all of us he made that change for good so we all can enjoy the benefits.

Those positive personal changes led Cliff to growing his business which originally started out with a \$6800 investment, a basic cutting saw and a strong desire to succeed. Then, using the most simple and sensible business techniques, he started saving money and over time seized opportunities to acquire multiple commercial properties in Orangevale.

"If I can do it, anyone can," says Cliff. "All it takes is determination and a strong work ethic which I attribute to my dad, a southern Baptist minister."

Slowly but surely he is transforming his business acquisitions into modern, clean and updated, thriving properties along Greenback Lane near Main. His properties include the Mattress Warehouse building, which also houses Ware House Interiors. His other properties across the street are home to popular Orangevale businesses such as the Prancing Poodle, Palmer Real Estate, Badfish Coffee and Tea, Kindred, Alano and hopefully a



Sheriff's resting station soon.

clean water purification system.

"We have a community like no other," Cliff remarked. "Ninety-eight percent are nice, hard-working, productive people who want to raise families here. The challenge in Orangevale are those that resist change and that's unfortunate because change is good."

Today, Cliff is a walking testimony of change for good. Although his formal education ended in 9th grade, his experiences through life would qualify him for a PhD.

Cliff credits the success of his granite fabrication business to his reputation in the field and customer referrals which account for 95 percent of his business. He also has invested beyond that basic saw into high-tech digital templating machinery and an eco friendly hydro

When it comes to Cliff's work, he admits he's not the low or high end price wise, but always produces a superior job. He runs his business with pride and properties with care, and is involved in the community, supporting it's growth, actively working in reducing it's crime and improving his surroundings.

"I may not be where I want to be," Cliff reflected. "But thank God I'm not where I used to be."

Ware House Interiors is located at 9357 Greenback Lane. Call 916-599-2473 for an appointment or more information about their services. Note: Ware House Interiors is expanding into a full design center offering "concept to completion" remodeling services in the next few months. Stay tuned...



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AGING AND ITS FINANCIAL IMPLICATIONS: PLANNING FOR HOUSING

Tuesday, July 16th 2019
10:00 a.m. – 12:00 p.m.

America is aging and everyone is affected by longer life expectancy. A number of trends impact decisions related to housing during the years of retirement.



Each Attendee will receive
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Light lunch will be served
RSVP by July 10th

Broadening your familiarity with housing options will help you understand more deeply how aging impacts housing requirements. In this presentation you'll receive crucial information that can help you as you determine the best way to plan for housing. We'll give you the tools to become your own advocate as you understand your different options as well as what questions to ask as you prepare for housing for yourself or a loved one.

FREE EVENT BUT SEATING IS LIMITED - RSVP required

Orangevale Chamber Office
8897 Greenback Lane
Orangevale, CA 95662

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Please RSVP to secretary@Orangevalechamber.com or to 916-241-3046.



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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month. located at 8990 Kruihof Way Fair Oaks, Ca 95628

GFWC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Wwww. orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruihof Way Fair Oaks, Ca 95628

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There

is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

Like to Play Cribbage? Join the Gold Country Cribbers Contact: Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 - 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills,

Determined Toastmasters Club meets 1st and 3rd Tuesdays from 7:00 p.m.- 8:00 p.m. at Eskaton Fountainwood, 8773 Oak Ave., Orangevale. Contact Amy Comeller at (916) 792-5561 for more information.

WEEKLY MEET-UPS The BBC. The Business Builders Club. A Professional Networking Group. Mission- To Empower Entrepreneurs Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Community. Every Tuesday 9:15-10:30 am at Brookfields Restaurant 4343 Madison Ave, Sacramento Every Wednesday 9:15-10:30 am at La Bou Bakery & Cafe 1730 Santa Clara Roseville

MomsRUs Ladies Study & Visit while kids play @ Lew Howard Park, Folsom 6/18-8/16 from 10AM-12PM. Call 916-798-2297 for more info. See www.ovchurch.org

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church -5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a - 10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ www.sunrisecommunitychurch.org St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

SENIOR LUNCHESES

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FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

UPCOMING EVENTS

**FARMERS'S MARKET
Thursdays 4-8 pm
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Sacramento Suburban Writers Club welcomes writers to their next meeting on Monday, July 8, 2019 from 7 to 9:00 p.m. at 5501 Dewey Drive, Carmichael, California. This is the meeting hall of the Crossroads Community Fellowship Church. There is a parking lot for your convenience. Established more than 60 years ago because other groups were too exclusive, SSWC is an eclectic group of writers, some of whom are published, and some are aspiring writers. Noted fiction author Cle Curbo will lead the workshop. This month's exciting and informative speaker is TBA. Visit us at www.sactowriters.org.

Root Cellar - Sacramento Genealogical Society, in cooperation with the Sacramento Family Search Library, will be presenting Family History Day on Saturday, July 27th. This FREE all-day event is open to all and will include classes on genealogy topics of interest to beginning and intermediate researchers. In addition, there will be many exhibitors from local and regional genealogical and historical societies, museums, archives and libraries available to answer questions about their organizations.

**What: Family History Day
When: July 27, 2019; 8:30 a.m. to 4:00 p.m.**

**Where: Sacramento Family Search Library, 2745 Eastern Ave., Sacramento
Cost: FREE**

For complete details, please visit our website at www.rootcellar.org.



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Lake Appliance Repair Wins Coveted Most Professional Servicer Award at 2019 ASTI Orangevale, CA -- Local appliance repair company, Lake Appliance Repair, was named the Most Professional Servicer (MPS) by the United Servicers Association during their annual training event in Nashville, TN.

The MPS award is the most coveted professional award in the appliance repair industry. The competition is highly competitive drawing more than 100 contest entries every year.

Lake Appliance Repair received the Most Professional Servicer (MPS) Award in the 8+ Technician category. Contest entries were judged on criteria such as online reputation, website design, and company branding.

The award was presented to Krystle & Scott McConnell during the United Servicers Association's Annual Service Training Institute Awards



Banquet at the Gaylord Opryland Resort and Convention Center in Nashville, TN.

“Our company’s mission is to provide the most professional in-home appliance repair service in the industry. Being recognized nationally as the most professional servicer is a testament to the high-quality service our staff

delivers every day,” says Krystle McConnell.

Lake Appliance Repair is a local business that has been serving Orangevale since 2005.

To learn more about Lake Appliance Repair and their service, visit them online at www.lakeappliancerepair.com or on Facebook @LakeApplianceRepair

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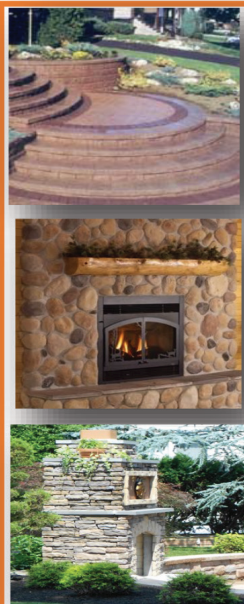
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DECISIONS IN CRISIS MODE ARE NEVER GOOD

It's an unsettling feeling when you're going through a crisis and have to make an important decision. I have a saying that goes like this: "Prepare as much as possible for the worst case scenario, and hope it never happens."

I speak regularly on the topic of aging. Because there are so many factors that can affect the quality of care if a need arises, I go over what the worst case scenario looks like. In other words, I want people to be prepared—to have a plan in place, or at least to know what life can look like with and without one.

Think about this:

Out of 4,000 Baby Boomers who were surveyed.*

• Three quarters of those surveyed between 50-69 have already suffered a major medical incident

• More than 76% of older adults describe themselves as being in good health, despite having an average of 2 or more chronic conditions.

Additionally, falls are a leading cause of injury, both fatal and non-fatal in the elderly. **

• Every 11 seconds, an older adult is treated in the emergency room for a fall; every 19 minutes, an older adult dies from a fall.

• Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.

Because of the urgency of this topic, The Orangevale Chamber is sponsoring "Aging and Its Financial Implications". You'll learn the difference between In

Home Care, In Home Health Care, Assisted Living, and much more. In addition, you'll learn the best option for you and how to make a plan when the need arises.

Each attendee will receive a Book that will detail all of the information spoken about as well as a Workbook for you with many resources on aging as well as questions that you can go through as you make the best decisions for your situation.

For more information or to RSVP to "Aging and its Financial Implications" on Tuesday, July 16th from 10 a.m. to 12:00 p.m., please email the chamber office at secretary@orangevalechamber.com or by calling 916-860-7035.

Luz Johnson

WORSHIP INFORMATION

CASA ROBLE FOOTBALL POKER TOURNAMENT WINS BIG!

Casa football fans, friends and poker enthusiasts filled Divine Savior meeting hall for the 7th Annual Casa Football Poker tournament for their biggest fundraising event of the year netting a record breaking \$28k!

"In 2012 we raised about \$11,500. To see the growth from then to now is unbelievable," said Head Coach Chris Horner. "We went from 30 sponsors to over 75 this year. The support from the community has been truly amazing," he added.

As always, every dollar raised goes 100% to the stu-

dent athletes and the program. A big thanks to all of the Casa Roble Family members who selflessly donated their time and energy to make this event possible and to our business sponsors for generously donating food including: Buffalo Wild Wings, Chick-Fil-A of Granite Bay, Mr. Pickles and Mountain Mike's Pizza. Mega kudos to Markstein Beverages and Big Sexy Brewery for donating all of the beer, to D1 fundraising for the souvenir chips provided to the participants and to our 75 business sponsors listed in our poker tournament ad.

We appreciate your support! Go Rams!

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

The Church of Jesus Christ of Latter-day Saints Oak Ave Chapel: 8056 Oak Ave., Orangevale Ward: Sacramento meeting 11:30am Sunday School/Phd/RS/YM/YW: 12:40pm

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on Mon-Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divnesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School

classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbco.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church - 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Adult Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Every Tuesday Night Free Community Dinner at 6pm - open to everyone, Thursday Night Youth Programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th

& PreK on M/W/F - call 916.988.0998, smallwondersorangevale.org.& PreK on M/W/F - call 916.988.0998, smallwondersorangevale.org.

Sacramento Center for Spiritual Living 6035 Main Ave, Orangevale, 95662. Sunday service & Youth program 10:30am. Classes, events & activities on our website: www.SacCSL.org. We honor all paths and people.

Sunrise Community Church - 8321 Greenback Lane, Fair Oaks. Sunday Worship Services - Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - sunrisecommunity.church

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

The Net Church has the answer if you have to work on Sunday's. Our worship experience is on Saturday night at 5:30pm. The cafe with free coffee opens at 5 pm. 801 Riverside Ave # Z, Roseville, CA 95678. We are located in the Calvary Chapel Building behind the Roller Skating bld. Pastor's Randy & Debbie Robertson. 916-801-4208 / randy_thenet@live.com

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

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e-mail editor@ovview.com.

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Check out OVparks Summer of FUN!

Rec Swim & Swim Lessons

Summer Rec Swim Hours: 6/14-8/14, Everyday *1:30-4:00pm (*3-6pm on 6/15, 6/22 & 7/13) Admission: 2 & under Free, Spectators \$2.00, Youth & Adults \$4.00.

Our weekday Swim Lessons meet for eight, 30 minute classes. Advance registration is required as space is limited.

Group lesson \$60 (\$65 NR)

Semi-Private/Private \$77-\$140

Session 2 July 1-11* (no class 7/4)

Session 3 July 15-25

Session 4 July 29-August 8



Aquatics Events

For only \$5 per person or \$20 for a family of five, you can enjoy an evening of swimming and great refreshments.

All events are included in your Summer Season Pass.

Family Pass \$180 (\$205 NR) or Individual Pass \$65 (\$70 NR)

21st Annual Ice Cream Social

Friday, July 26, 7:30 to 9pm

Hot Dog Hoedown

Friday, Aug 9, 7:30 to 9pm

Dive-In Movie Night - The LEGO Movie 2

Saturday, Aug 24, 8pm (Sunset)



Rec'ing Crew Day Camp

For Campers Ages 5 to 12 with 3, 4, and 5 day options.
Camp Hours: 9am to 4pm/Extended Camp: 7am to 6pm
Fees range from \$122-\$240 per child

Session 3 - Wacky Tacky (Rancho Site)

Session 4 - Sunrise Rollerland

Session 5 - Movies: Toy Story 4

Session 6 - Sunsplash Water Park

Session 7 - Johns Incredible Pizza

Session 8 - Rockin' Jump



Mad Science Camps

Ages 6-12 * Mon-Fri * 9am-12pm * \$170/\$173 NR

Eureka! The Inventors' Camp - 7/15-7/19

NASA Journey into Outer Space - 8/5-8/9



Skyhawks Summer Camps

Mon-Fri * \$151 /\$154 NR

Beach Volleyball - Ages 7-13 * 7/15 -7/19 * 9am-12pm

Red Ball Tennis - Ages 5-8 * 7/29 -8/2 * 9am-12pm

Green Ball Tennis - Ages 9-13 * 7/29 -8/2 * 12:30-3:30pm

Picnic & Pool Rentals

Have a party planned but no location? No Worries!

OVparks has several outside rental options available from picnic areas to our very own pool! Picnic rentals start at \$69 for the day and Pool Party Places are \$75 during public swim or rent the ENTIRE Pool!



National Academy of Athletics

Summer Camps * Half Day or Full Day * Mon - Fri

Air Attack FLAG Football - Ages 8-14 * 7/8 -7/12

Run, Shoot, Pass Lacrosse - Ages 7-13 * 7/15 -7/19

Jr Academy Soccer - Ages 4-6 * 7/22-7/26

In the Net Soccer - Ages 7-13 * 7/22 -7/26

Intro to Rugby - Ages 7-13 * 7/29 -8/2



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Get Connected @ovparks

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