

# Orangevale View

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## AND THE WINNER IS...

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**Best Auto Sales/Service**  
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**Best Bank or Credit Union**  
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**Best Bar or Pub**  
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**Best Barber**  
United Barbering Co

**Best Beauty or Salon**  
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**Best Breakfast**  
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**Best Charity**  
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**Best Child Care Center**  
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**Best Child Care Services**  
Creative Nature Playschool

**Best Church or Worship**  
Divine Savior Catholic Church

**Best Community Sponsor**  
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**Best Contractor -Residential/Commercial**  
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**Best Convenient Market**  
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**Best Dental Services**  
Dr. Larry Cao - All Smiles Dental

**Best Dry Cleaner**  
Service Cleaners

**Best Entertainment Venue**  
The Boardwalk

**Best Event of The Year**  
Orangevale Pow Wow Days

**Best Fast Food Restaurant**  
Adalberto's Mexican Food

**Best Funeral Home/Cemetery**  
Mt Vernon Memorial Park

**Best Grocery Store**  
Winco of Orangevale

**Best Hangout**  
Badfish Coffee & Tea

**Best Health or Fitness (Non-Medical)**  
California Family Fitness

**Best Home Business/Direct Sales**  
Caitlin Nielson- Oils by Catlin

**Best House Cleaning Service**  
Molly Maid

**Best Insurance Services**  
Audrey Smith- Wiberg  
State Farm Insurance

**Best Landscaping Service /Design**  
Landscapes by Cochran, Inc.

**Best Lunch/Dinner**  
La Placita Mexican Restaurant

**Best Massage**  
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**Best Medical Services**  
American River Urgent Care

**Best Nail Salon**  
Last Tangle Salon

**Best New Business of Year -1 yr. or less**  
Badfish Coffee & Teas

**Best Pet Grooming/ Services/Store**  
The Prancing Poodle

**Best Photographer/Videographer**  
Chris Morairty Photography  
Tim Engle Photography

**Best Pizza**  
Strobelli's Pizza

**Best Real Estate Office/Realtor**  
Palmer Real Estate - Sean Palmer

**Best Recreation**  
Orangevale Park & Rec

**Best Repair Services - Non-Automotive**  
Lake Appliance Repair

**Best Restaurant**  
La Placita Mexican Restaurant

**Best Senior Living/Services**  
Almond Heights Senior Living

**Best Service Club/Community Organizations**  
Orangevale Grange No. 354

**Best Smog Services**  
Tailpipes Smog Test Station

**Best Specialty Services or Shop**  
Badfish Coffee & Tea

**Best Sports Organization**  
Casa Roble Jr Rams

**Best Storage Facility**  
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**Best Tattoo Parlor**  
Black Rose Tattoo

**Best Vet or Veterinarian Hospital**  
VCA American River Animal Hospital

**Best Bartender**  
Chad Christensen- Jan's Lounge

**BEST SERVER OF THE YEAR**  
Maria Contreras-Ashely's  
Country Kitchen  
Rene Ruells - Denny's

**BEST SOCIAL MEDIA PAGE**  
Orangevale Happenings

**BEST SPORTS COACH**  
Chris Horner- Casa Roble High School

**PRINCIPAL OF THE YEAR**  
Shana Walters - Oakview Elementary

**TEACHER OF THE YEAR**  
Jane Nosal - Casa Roble High School  
Mr. Philips- GVCS

**VOLUNTEER OF THE YEAR**  
Skip Nance  
Shirley Baker

**YOUTH VOLUNTEER OF THE YEAR (18 and under)**  
Kylee Oglethorpe

**CITIZEN OF THE YEAR**  
Aaron Cochran  
Janatha Shaw  
Dale & Shirley Baker

### BEST OF ORANGEVALE 2018

The Best of Orangevale is a local competition produced by the Orangevale View. The Best of Orangevale is considered to be Orangevale's premier business award.

Thousands of votes from organizations and individuals were submitted to the Orangevale View for consideration in categories including Citizen of the Year, Teacher of the Year, Principal of the Year, Volunteer of the Year, and others.

Votes were produced by the online voting systems. All votes were manually re-counted and validated for eligibility. The top two nominees with the highest votes became finalist. This includes ties to produce the runners-up and winners.

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ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

**SUBMISSION POLICIES:**

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries,

births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

**Requirements are simple:**

(1) Acknowledge that either you are the author or you have permission to publish from the original author;  
(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

**STAFF:**

Brad Tatum -  
**Publisher/Advertising**  
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Reporter -Elizabeth Brown  
Suzanne Febowitz - Recipes  
MaryAnne Povey - Sports & Community

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REMEMBER:**

**MAR 2019**

**WED FEB 27, 2019 DEADLINE**

**FRI MAR 7, 2019 Out To Public**

**WED MAR 13, 2019 DEADLINE**

**FRI MAR 21, 2019 Out To Public**

**APR 2019**

**WED APR 3, 2019 DEADLINE**

**FRI APR 11, 2019 Out To Public**

**WED APR 17, 2019 DEADLINE**

**FRI APR 25, 2019 Out To Public**

**MAY 2019**

**WED MAY 1, 2019 DEADLINE**

**FRI MAY 9, 2019 Out To Public**

**WED MAY 15, 2019 DEADLINE**

**FRI MAY 23, 2019 Out To Public**

**JUN 2019**

**WED JUN 5, 2019 DEADLINE**

**FRI JUN 13, 2019 Out To Public**

**DATES SUBJECT TO**

**CHANGE WITHOUT NOTICE**

**Contents**

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The Roseville Better Gardens Club, an award winning, non-profit educational organization affiliated with the Golden Foothills District and California Garden Clubs, Inc., proudly announces the second year of its scholarship program. The club is offering this educational opportunity to help college students pursuing a horticulture-related Bachelor's or Master's Degree. One-year scholarships are available for an award amount of \$500. Postmark deadline for applications is May 1, 2019. The scholarship application packet is available on the California Garden Clubs website: <http://californiagardenclubs.com/content/rbgc-scholarship-program>



**GOOD NEWS! WE'RE STAYING!**  
Mattress Warehouse is staying in the same location in a reduced size retail / warehouse space. The new owner of the building is renovating / updating the whole business center and is willing to let us

remain here for a while. So, we will continue to serve as Orangevale's only bedding / sleep shop / mattress store for a few more years hopefully. Like we have for the last 26 years. We will be in "construction" mode for a couple months. Adding a new divider wall, re-painting, new doors and windows. Our space will be smaller and may carry a few less products –But same great prices as always. We appreciate your patience, loyalty and understanding. Thanks, Steve McDonald, owner

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# ANNOUNCEMENTS



## NORMAN DAVIS 7-10-31 TO 2-3-19

Norman Davis was born July 10, 1931 to Henry and Ara (Foster) Davis in Muskogee, Oklahoma. He was the fourth of eight sons for the Davis family. Norm grew up to be a tough kid that could take anything with all of those brothers. In 1939 the Davis family left Oklahoma for Sacramento. Norm graduated from Sacramento high school in 1949. Just two years later he met his beautiful bride Jane Alice Newell. After only four short months of dating they decided to run off to Reno with their best friends and get married. He always told his kids and grandkids that he only owned four shirts when they got married. He spent time working in the hops fields and then ended up getting into plumbing through his uncle John Stone. Norm and Jane had their first daughter Sharon in July of 1952 and their second daughter Colleen in March of 1955. In the mid 60s Norm and Jane began their plumbing business, Westco Plumbing with Don and Nadine West. After building a very successful and reputable business, Norm retired in 1995 to spend more time on the golf course, traveling and with family. Norm and Jane moved to Orangevale in 1971 where they found a beautiful home on acreage where they could have room for a horse and other animals. Norm became very close with his son-in-law's Rick and Andy after they married his daughters. He treated these boys like sons of his own. He was so excited to become a grandpa for the first time in 1979 to Jennifer, again in 1983 to Courtney,

1985 to Blake and for a fourth time in 1989 to Kyle. Norm enjoyed traveling with his family and friends. He and Jane took many trips all over the world. They enjoyed an African Safari trip, a European Cruise, trips to Canada and several lengthy road trips across the USA. They traveled to Hawaii every year and he loved his camping, fishing and hunting trips. Norm enjoyed hunting possibly most of all. He enjoyed annual two week trips to Covalo with the boys. In 1976 he came back from a hunting trip with a broken neck af-



ter rolling down a mountain in the truck while hunting. That didn't slow him down though, as soon as he recovered he was back at it! He was quite the adventurer. Norm was also an excellent golfer and golfed 4 to 5 days a week as a member of the Cameron Park country club. He loved those golf courses in Maui too! Norm was always a family man and enjoyed Sunday dinners in his backyard with swimming and barbecue. He loved spending time with his grandkids and even more so his five great grandkids. He became a great grandpa for the first time in 2006. One of his greatest passions over the last 12 years has been spoiling his great grandkids Carter, Ella, Ryan, Saylor and Lane. He enjoyed watching them play

sports and would drop anything to listen to their stories. Nobody loves their great grandkids like Norm did. After 87 wonderful years of life, and 67 years of marriage to his beautiful wife Jane, Norm passed away peacefully on Sunday, February 3 at his home in Orangevale. He will be so greatly missed by all of his family and friends, golfing and hunting buddies and especially Jane. He is preceded in death by his mother and father Henry and Ara, his seven brothers Henry, Eddie, Tommy, Bob, Ronnie, Floyd and Stan, and by

his daughter Colleen Saukko and son-in-law Andy Saukko. He leaves behind a family that will forever be grateful to have had him as a husband, dad and grandpa, his loving wife Jane Davis, daughter and son in law Sharon & Rick McGrath of Orangevale, grandkids Jennifer & David Gustafson of Orangevale, Courtney & Mike Davis of Orangevale, Blake & Chelsea Saukko of Sacramento & Kyle Saukko of Roseville, and 5 great grandkids that will miss their Papa Norm...Carter, Ella, Ryan, Lane & Saylor (of Orangevale). A celebration of life will be held at the home of his grandkids Jennifer and David Gustafson on Saturday, February 16 at 5:00 PM. Please contact the family for more details.



**Orange Vale Water needs your proxy. If we do not receive 20% of the proxy's back, we must start the process all over again which is a cost that goes**

**back to you the rate payer. We are so close to our goal and to prevent us from knocking on doors in the community please return your proxy to Orange Vale Water Company. Thank you to those folks who have already sent your proxy's back into us.**

## OVPARKS VOLUNTEER ANNOUNCEMENT

All Seasons Café  
Ongoing-Wednesday Volunteer Needed  
10am-1pm

Meals on Wheels Volunteer- Volunteering for All Seasons Café is a great way to make a huge impact in a short amount of time. Volunteers at All Season Café help facilitate lunch time meals and recreation activities for our participants. In addition to serving nutritious meals, café volunteers help seniors feel welcome and create an enjoyable social atmosphere. Volunteer applications can be obtained at Orangevale Recreation & Park District, 6826 Hazel Ave., Orangevale, or on the District website at OVparks.com. For more information please call us at 916-988-4373 or visit our District office.

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# Local SPORTS



Front Row: Christina Gyda (JV), Caitlynn Teeple (JV), Ashlyn Watson (JV), Aidan Davis, Brooke Tanner, Emily Polich, Zoe Galisatus, Hannah Pieri, Alexa Loffler, Avery Pieri  
Back Row: Dakota Gibson, Shelby Lambeth, Gabrielle Adams, Kaci Embree, Madison Lyon, Makayla Moneybrake(JV), Maisey Rew, Maddie Wills, Lizzy Povey, Lindsey Nisperos (JV). Coach Joe Tanner, left, Head Coach Dave Nolan, right

## CASA LADY RAMS CAPTURE GEL TITLE

Congratulations to the Casa Roble Lady Rams Soccer team for winning the 2018/19 Golden Empire League (GEL) Championship, a first since 2011! They finished an impressive 9-0 with one tie and received many league honors including: Avery Pieri Offensive MVP, and six all-league player awards to: Brooke Tanner, Maisey Rew, Aidan Davis, Madison Lyon, Gaby Adams, Zoe Galisatus, and an honorable mention to Hannah Pieri. To top it off, Head Coach Dave Nolan, received Coach of the year. Congratulations to all! Go Rams!



Congrats to the Casa Roble Cheer Team for their outstanding performance at the National High School Cheerleading Championships in Florida earlier this month. After qualifying for finals, the team finished 11th overall out of 23 teams in the Super Varsity Non-Tumbling division. Great job girls! Go Rams!



## CASA WRESTLING UPDATE

Congratulations to the Casa Wrestling team for finishing 2nd in the divisional tournament held earlier this month at Casa and to the following players for advancing the Sac Joaquin Masters: Mike Fear, Miles Weddles, Chris Weddle, Brad Rankin and Simon Villalovos.

Coach Rene Delegado was happy to announce Golden Empire League (GEL) All League honors in girls wrestling to: Dylan Hernandez, Haley Sim, and Brianna Villalovos and to boys wrestling: Josh Mainwaring, Dylan Ahern, Michael Fear (MVP), Miles Weddles, Jordan Glenn, Brad Rankin (MVP), and Simon Villalovos. Kudos to Rene Delgado, for receiving GEL Coach of the Year! Go Rams!

The Orangevale Woman's Club and the Orangevale Grange  
Are Hosting



Join us Friday, March 22<sup>nd</sup>, 2019 at the  
Orangevale Grange Hall for Bunco Night!!

5807 Walnut Ave, Orangevale

Everyone over the age of 18 is welcome!

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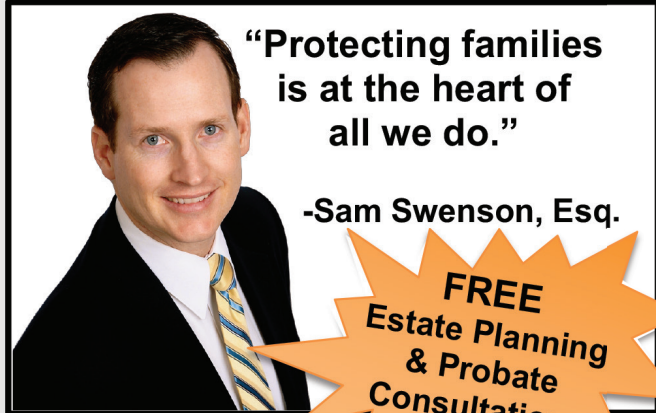
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# LETTER TO EDITOR

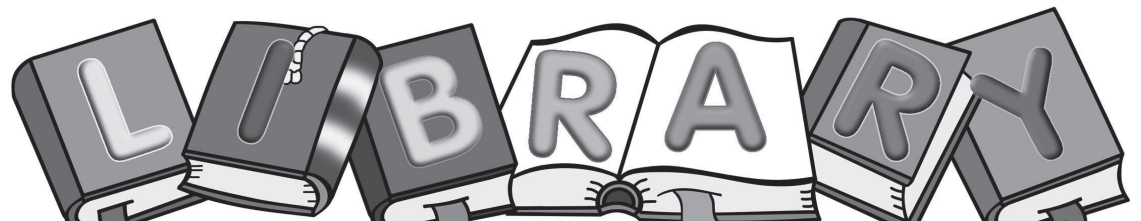
Many people claim that President Trump had nothing to say about the great issues at hand having to do with climate change at the 2019 State of the Union. However, I'm not quite sure that's what I heard. President Trump touted that, "The United States is now the number one producer of oil and natural gas in the world," and, "We have unleashed a revolution of American Energy." By the sounds of it he has no plans to help the Earth restore its natural resources, but to keep pulling from it and contributing to its depletion. The whole kicker of

this statement was that the whole House cheered after President Trump's remark. The House cheered for the destruction and destabilization of our planet.

It came to great surprise I agreed with in which the President made. One in which was his plan to implement nationwide paid family leave. I also found it interesting that this was something President Trump thought to be of importance. I would have more likely have seen to be a policy promoted by the left. Coming from an Early Childhood Education

background at Folsom Lake College, paid family leave is of great importance not only for the children, but for the parents as well. Children need time to bond with both their mother and father and create a secure attachment. This secure attachment is what is going to let them go out in life and take risks in their learning while having the secure safety net of their caregivers.

Rachel Beilgard  
Folsom Lake College 2018  
Salve Regina University 2021



### **ORANGEVALE LIBRARY 8820 Greenback Ln # L, Orangevale, CA 95662**

J Job Coach \* Every Friday, 1:00 pm & 2:00 pm Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! \*Registration Required

Family Storytime Every Thursday, 10:30—11:30 am Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after storytime.

Nature's Critters Thursday, Feb 21, 3:30 pm What comes to mind when you think of a scaly, stretched out serpent? Meet and pet common and not so common friendly animals that frequent our landscape, such as birds, snakes and lizards. This event is for the whole family.

STEM Lego Robotics\* Session 3 of 8 Saturday, February 23, 10:30 a.m.-12:30 pm or Tuesday Feb 26, 5:30 -7:30 pm Session 4 of 8 Saturday, Mar 9, 10:30 a.m.-12:30 pm or Tuesday Mar 12, 5:30 -7:30 pm Each session is not dependent

on prior attendance. Participants (ages 9-14) will learn to design, build and program their creation using the LEGO Mindstorms EV3 kit. Registration is required and opens 10 days prior to event. Funded by Friends of the Orangevale Library.

Book Club @ Orangevale Saturday, Feb 23, 1:30 pm-2:30 pm "There are whispers of cyber-terror and espionage and a traitor in the cabinet. The President himself becomes a suspect, and then goes missing." Join us as we visit, make new friends, and discuss "The President is Missing" by Bill Clinton & James Patterson.

Legos & More Tuesday, Feb 26, 3:30 —5:30 pm Do you love to build? Join us for unstructured play with our Legos, Lincoln Logs, and Citiblocks. Every last Tuesday of the month. Mark your calendar!

Ami Bera Library Office Hours Wednesday, Feb 27, 10 am—12 pm Meet with staff from Ami Bera's office. Get help with backlogged veterans benefits, assistance for seniors with Social Security and Medicare, stalled

passports, and more.

Tween Book Club Thursday, Feb 28, 3:30 —4:30 pm Join us at our monthly book club for 9-12 year olds. Eat snacks, chat about our book, participate in activities, and make new friends. This month we are reading The Wild Robot Escapes by Peter Brown. Pick up your copy starting Jan 31.

Mixed Media Art Journaling Saturday, Mar 2, 10:30 am—12:30 pm use your imagination and all kinds of mixed media to create a free-style art journal. Materials provided by Friends of The Orangevale Library or bring your own.

Minecraft Gaming\*Thursday, Mar 7, 2:00 - 4:00 pm Participants (ages 6-18) can enjoy this computer game filled with mining, crafting and exploring! Registration is encouraged.

Genealogy: Getting To Know You Saturday, Mar 9, 2 —4 pm Do you need help researching your family's history? Orangevale Library's volunteer genealogists are available to assist you. Learn the basics, try new resources, and share discoveries with a group of TIME DETECTIVES.



# COMMUNITY NEWS

Thank you for voting for us for 'Best of Orangevale' for 3 different categories! We are so honored and grateful to be a part of this community!



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## ORANGEVALE - FAIR OAKS FOOD BANK NOW ASSISTING WITH CALFRESH APPLICATIONS

Have you heard? The Orangevale - Fair Oaks Food Bank has recently partnered with CalFresh and we are offering CalFresh Application Assistance. Income eligibility numbers have increased and you or your family may now qualify! Please stop by the Food Bank during our regular hours of operation (Monday 11am-1pm, Wednesday 4:30-6:30pm, Thursday 10am-12:30pm, or by appointment) and we can get you the information you need, assist you with any questions and even submit your application on the spot. The Orangevale - Fair Oaks Food Bank is located at 6483 Main Ave. Orangevale. If you've got any questions please email us at info@orangevalefoodbank.org or call us at 916-304-3663



Fair Oaks  
**orangevale**  
Food Bank

**New CalFresh income eligibility requirements mean that you may now qualify!**

**STOP BY AND APPLY!**

The OV - FO Food Bank is now partnered with CalFresh and we can assist you with processing your applications today!



| How many people are in your household?                | 1       | 2       | 3       | 4       | 5       | 6       |
|---|---------|---------|---------|---------|---------|---------|
| Is your monthly gross income less than (before taxes) | \$2,024 | \$2,744 | \$3,464 | \$4,184 | \$4,904 | \$5,624 |

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# Real Estate News

## ROOT CELLAR SPRING SEMINAR or just SPRING SEMINAR

Sacramento Genealogy Society aka Root Cellar, presents LISA LOUISE COOKE as the guest speaker for their Spring Seminar. This internationally known speaker is coming to Sacramento in April for a day long seminar. Lisa's website (GenealogyGems.com) has seen over two and one-half million downloads! She has also written four books, has webinars and numerous podcasts. This is a wonderful opportunity for the genealogy community

to hear a dynamic and exciting speaker who believes people should be entertained along with being educated. Topics include: How to search Google for common names; How to find a Family Tree for that DNA match with no Tree link; Time Travel with Google Earth and more. Root Cellar's Spring Seminar will be, Saturday, April 6, 2019 at the Fair Oaks Presbyterian Church. For more information and details of a fun filled day with drawings, a dozen wonderful raffle baskets, go to: [www.rootcellar.org](http://www.rootcellar.org) and click on Seminar.

## Pet Dog

A family's pet dog has an adorable face, and he has a tendency to pee all over the place. This dog's habit annoyed others, but it did not make them grumpy. It's difficult to be mad at him since he's a puppy.

-Z.F. Thrimej

## JANUARY HOME SALES

| Date of Sale | Price     | Days on Market | Address             | City       | BRM   | BATH    | Sq. Ft. | Lot Size |
|--------------|-----------|----------------|---------------------|------------|-------|---------|---------|----------|
| 1/4/2019     | \$355,000 | 90             | 8348 Crestshire Cir | Orangevale | 3     | 2 (2 0) | 1580    | 0.19     |
| 1/4/2019     | \$360,000 | 89             | 9349 Castlemont Cir | Orangevale | 3     | 2 (2 0) | 1503    | 0.15     |
| 1/4/2019     | \$445,000 | 7              | 6055 Keats Cir      | Orangevale | 4     | 2 (2 0) | 1771    | 0.21     |
| 1/7/2019     | \$335,000 | 19             | 8644 Central Ave    | Orangevale | 3     | 2 (2 0) | 1232    | 0.2      |
| 1/9/2019     | \$432,500 | 115            | 7035 Drywood Way    | Orangevale | 3 (4) | 3 (2 1) | 1858    | 0.21     |
| 1/11/2019    | \$579,900 | 13             | 6901 Pecan Ave      | Orangevale | 5     | 3 (3 0) | 2706    | 0.242    |
| 1/14/2019    | \$712,500 | 5              | 7827 Peerless Ave   | Orangevale | 5 (6) | 4 (4 0) | 3716    | 1.65     |
| 1/18/2019    | \$375,000 | 5              | 5745 ALMOND Ave     | Orangevale | 3     | 2 (2 0) | 1248    | 0.195    |
| 1/18/2019    | \$390,000 | 106            | 5607 Beech Ave      | Orangevale | 3     | 2 (2 0) | 1423    | 0.25     |
| 1/18/2019    | \$445,000 | 8              | 9219 Hilari Way     | Orangevale | 3     | 2 (2 0) | 1768    | 0.272    |
| 1/23/2019    | \$358,000 | 9              | 6806 Lakewood Way   | Orangevale | 3     | 2 (2 0) | 1285    | 0.16     |
| 1/23/2019    | \$380,000 | 7              | 6116 Passiflora Ln  | Orangevale | 3     | 3 (2 1) | 1624    | 0.036    |
| 1/25/2019    | \$349,950 | 48             | 6456 Cerromar Cir   | Orangevale | 3     | 2 (2 0) | 1419    | 0.18     |
| 1/25/2019    | \$359,950 | 130            | 8413 Palmaine Way   | Orangevale | 3     | 2 (2 0) | 1419    | 0.15     |
| 1/25/2019    | \$471,000 | 4              | 9500 Richdale Way   | Orangevale | 3     | 2 (2 0) | 1765    | 0.32     |
| 1/28/2019    | \$347,500 | 13             | 8212 Foxfire Dr     | Orangevale | 3     | 2 (2 0) | 1440    | 0.184    |
| 1/28/2019    | \$549,000 | 14             | 5621 Glencrest Ln   | Orangevale | 4 (6) | 3 (2 1) | 3302    | 0.231    |
| 1/31/2019    | \$599,000 | 12             | 6819 Beech Ave      | Orangevale | 3 (4) | 3 (3 0) | 2138    | 0.47     |

Above Information is based on data obtained at MetroList Services, Inc.  
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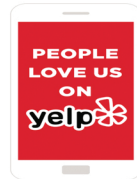
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Fee: \$5 per person (children 2 and under are free)  
**Family Special: 1 child free with paid adult**  
Pre-register today or buy tickets at the door.

### Kids Night Out-Superheroes!

Fri, Mar 8th • 6-9:30pm  
Activity Building  
Ages 5-12



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# Orangevale Cooks



by Suzanne Feblowitz

Last week, a reader noticed something about the Beef Rouladen recipe. Years ago, Herb Willstatter's wife would prepare the "Beef Rouladen" recipe. (This was back in the days when flank steak was a bargain meat cut, known for being tough, but very tasty when properly prepared.) He mentioned that we forgot to wrap the bacon around the Rouladen before tying the strings. His wife used a few toothpicks to hold the rolls together, but other than that it was the very dish that we featured!

This week's recipe is perfect for our recent cold weather. It was posted on a social networking website and after my friend tried it, I thought it sounded interesting, so I gave it a try and it was yummy! The best part of it was that you could make it as thick or thin as you wanted and you add the cheese after you put the soup into the bowl, so you are actually cutting out a few calories with less cheese than the traditional lasagna! It makes great leftovers, too! If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to re-

main anonymous, just let us know and we will omit your name.

## Lasagna Soup

1 pound lean ground beef (or half Italian sausage)  
1 yellow onion, diced  
4-5 garlic cloves, minced  
1/4 - 1/2 teaspoon red pepper flakes  
1 (24 oz.) jar Prego Traditional Italian Sauce  
8-10 cups low-sodium chicken broth, divided  
1 (14 oz.) can crushed tomatoes  
2 tablespoons tomato paste  
2 teaspoons balsamic vinegar  
1 1/2 teaspoons granulated sugar  
1 tablespoon dried basil  
1 teaspoon dried parsley  
1 teaspoon dried oregano  
1 whole bay leaf  
1 teaspoon salt  
1/2 teaspoon pepper  
10 uncooked lasagna noodles, broken into approx. 1-2 inch pieces  
1/2 cup heavy cream (optional)

## Cheese Garnish

shredded mozzarella cheese  
freshly finely grated Parmesan cheese  
ricotta cheese  
1. Heat large Dutch oven or large pot over medium high heat. Add beef and onion and cook, stirring occasionally until beef is browned. Add garlic and red pepper flakes and sauté for

30 seconds. Drain off any excess fat.

2. Add Prego Sauce, 6 cups chicken broth, crushed tomatoes, tomato paste, balsamic vinegar, sugar, spices and lasagna noodles. Bring to a boil then reduce to a simmer until lasagna noodles are tender, stirring occasionally (approximately 20-30 minutes).

3. Discard bay leaf and stir in heavy cream (optional) and 2-4 cups chicken broth to reach desired consistency.

4. Garnish individual servings with desired amount of cheeses.

Notes:

Makes 6-8 servings

You can use 2 1/2 cups uncooked small shells instead of lasagna noodles, but simmer fewer minutes.



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# PETACULAR

## 2019 DOGGY DASH ON SATURDAY, APRIL 27TH

Doggy Dash is right around the corner and now is the perfect time for you and your dog to prepare for the big day! Follow our training tips below to make sure this is the best Dash yet!

Start small!

Just like most people don't wake up one day to run a marathon, if your dog is more of a 'couch potato' than a 'dasher,' you'll need to start practicing! A 2K or 5K walk is longer than it seems, especially for a dog who hasn't had much exercise. So start small! A short walk around the neighborhood every morning or evening is a wonderful way to reacquaint your dog with an active lifestyle. Start with a block or two, then work up to a few more, and so on. Think of it as a "Dog Bed to 5K" plan for your dog.

The Doggy Dash is not a timed event or race, so for most of our participants, the "Dash" is more of a leisurely stroll. If you

are hoping to train your dog to run the 2K or 5K, follow some of the tips located here!

Things to consider:

Your dog's age: Some dogs in their golden years may not be able to handle a walk as long as the Dash, so you may want to invest in a stroller or other option for them to take a break! Puppies under 4 months should stay at home due to Parvovirus concerns.

The weather: The weather is cool now, but as temperatures start to warm up, you will want to pick the most optimum time of the day for a long walk (especially for brachycephalic breeds like Bulldogs, Frenchies and Pugs). As the temperatures start rising, these breeds require certain precautions.

It's just for fun: The Doggy Dash is meant to be a fun event! If your dog is a runner, that's great! If your dog poops out and can't finish, that's fine! No one will judge you, we are all out there to have a good

time.

If walking just isn't for you: Never fear, the Bark in the Park Festival has it all! From 10 am – 2:00 pm, enjoy food trucks, a beer garden, games, prizes and more. (We won't tell that you skipped the walking part!)

Brush up on your leash manners!

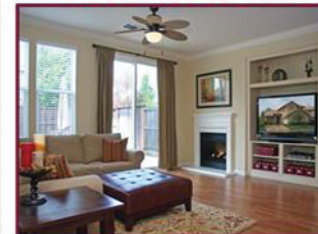
Not only does your dog need to be in shape to walk the Dash, but he or she will also need to brush up on leash manners! With over 5000 participants, Fido or Fluffy will be seeing MANY other dogs on leash. You may need to reacquaint them with seeing other people and dogs out in the community by visiting a local park for a walk or visiting a dog-friendly patio or business (or one of our monthly Yappy Hours!). This is a great time to experiment with different harnesses, which can help make walks a little easier!

If your dog needs a little more help, or is starting from scratch, there is plenty of time to sign up for some of our behavior

classes. These classes will not only help with leash manners, but assist with polite greetings, name recall and more. Make sure your vaccines are up-to-date! With so many other dogs in attendance at the Dash, we require dogs be current on vaccinations! Visit our Monday and Tuesday Low-Cost Vaccination Clinic to update the core vaccines (like the Distemper/Parvo vaccine, and Rabies), as well as others that may protect your dog from possible exposure (Bordetella for kennel cough, Leptospirosis, Canine Influenza and more). Of course, it's also a great idea to get your dog spayed or neutered prior to the event if they are not already...we don't want our canine dashers getting too friendly out there on the course!

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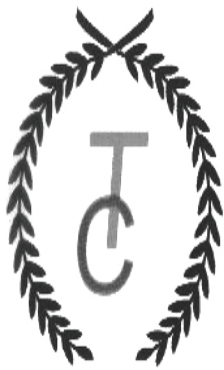
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Special kudos to Palmer Real Estate, North Star Collision Repair, The Last Tangle Salon, and Badfish Coffee & Tea as the unofficial “Best of the Best” and winning the most categories. — with Jules King, Kevin Kiley, Colette Gonsalves-Palmer and 17 others.



**Orangevale Community Parade**  
Have you always wanted to be in a Parade? Gather your Family, Friends, Club, Group or Business and participate in the Annual Orangevale Town Fair Parade on June 1, 2019. Parade participants will march down Greenback Lane, beginning at 9 am.

The Orangevale Town Fair (formerly known as Orangevale POW WOW Days) started in 1963 as “Chuck Wagon Days”. In 1964, the name was changed to “Fiesta Days” and change again to its name for more than 40 years in 1965, POW WOW DAYS. Orangevale residents

and visitors gather for several days of games, live entertainment, food, carnival and on Saturday, “The Parade”. The first parade in 1963 route began on Central Avenue ending, at the Orangevale Youth Center on Hazel Avenue. 1965, the parade route was moved to Greenback Lane and then in 1971, the parade was moved to Oak Avenue. In 1974, the parade returned to its current route on Greenback Lane. The theme is “Rural Roots” for this year’s Fair and parade. Participation will be a


variety of business and organization, clubs, community groups, sports teams, local, county and town representatives, emergency services and other parade entertainers.


Registration is \$15.00 + \$5 application fee for 1-20 participants and \$30.00+ \$5 application fee for 21 +.

Any questions? Call the Orangevale Chamber of Commerce at 916.988.0175 or visit [www.orangevaletown-fair.com](http://www.orangevaletown-fair.com)



**ORANGEVALE VIEW FEBRUARY 22, 2019**



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CALIFORNIA 95662**

We gather member organizations monthly after regular work hours. Meet your fellow community leaders and business people. The Chamber is active throughout the week, and these regular connecting points are a great way to stay informed as to what's happening in the Orangevale. Through these conversations, you can identify ways for your business to engage further into supporting the community and promoting what you do. These events are typically held 5:30 - 7:30 pm

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**FOOD DRIVES** visit one of the local food drives or drop off items at any of our community partners.

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Orangevale Food Bank  
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[www.OrangevaleFoodBank.org](http://www.OrangevaleFoodBank.org)

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# COMMUNITY GROUPS & MEET UPS

## MONTHLY EVENTS

**American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month.**

**GFWC ORANGEVALE WOMEN'S CLUB**  
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at [OrangevaleWoman'sClub.org](http://OrangevaleWoman'sClub.org) or 988-1876.

**Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.**

**Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. [www.orangevale4-h.weebly.com](http://www.orangevale4-h.weebly.com)**

**Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at [OrangevaleGrange.org](http://OrangevaleGrange.org)**

**Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.**

**Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.**

**The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at [Sharon.wold@eskaton.org](mailto:Sharon.wold@eskaton.org)**

**The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628**

## WEEKLY MEETS

**Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit [al-anon.alateen.org](http://al-anon.alateen.org).**

**Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale**

**Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.**

**For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV**

**Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,**

**Bridge Player Group Every Tues OV Grange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474**

**Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.**

**Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There**

**is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. [Folsombridge@gmail.com](mailto:Folsombridge@gmail.com). 8680 Greenback Lane, Orangevale,**

**Like to Play Cribbage? Join the Gold Country Cribbers Contact Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 - 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills,**

**Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561) FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit [www.foodaddicts.org](http://www.foodaddicts.org)."**

**MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights**

**MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's 9:45-11:45 thru May 14th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian family & parenting. Shared childcare. [www.ovchurch.org/family](http://www.ovchurch.org/family) ALL FREE**

**Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.**

**Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.**

**Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406**

**Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>**

**Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at [www.rootcellar.org](http://www.rootcellar.org)."**

**"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church - 5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details**

**Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details**

**Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website: [www.saintfrancisco.org](http://www.saintfrancisco.org) and follow us on facebook**

**SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361**

**Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a - 10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ [www.sunrisecommunitychurch.org](http://www.sunrisecommunitychurch.org) St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.**

**TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!**

## SENIOR LUNCHES

**Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.**

## FOOD BANK

**Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30**

## FARMERS'S MARKET

**Thursday 4-8 pm  
9295 Greenback Lane, Orangevale 95662  
(Next to Dairy Queen at the corner of Greenback & Walnut) Phone: 916.989.8779  
Email: [OVdqEvents@yahoo.com](mailto:OVdqEvents@yahoo.com)**

## UPCOMING EVENTS

**Casa Roble High School's 23rd Annual Crab Feed will be, Saturday, March 2nd, 6 - 10pm, Divine Savior Church, Orangevale. \$50 per person; ticket includes crab, salad, pasta, hosted bar from 6:30 to 7:30 (beer, wine, soda). Silent auction, dessert auction and raffle. Proceeds benefit the SCORE Health Medical Academy, Sober Grad Night and basketball.**

**For information, contact: [Robert.Biggs@sanjuan.edu](mailto:Robert.Biggs@sanjuan.edu) Reservations recommended.**

**Date Night Comedy**  
You and your significant other are invited to "Date Night Comedy For Couples" Saturday March 16 from 6 to 8 pm at the Orangevale church of Christ, 5915 Main Avenue in Orangevale. A multi-course dinner and prerecorded Christian comedian Ted Cunningham are included for \$25 per couple. Advanced ticket purchase only. To find out more and to get your tickets today visit <http://ovchurch.org/date-night-comedy/> For questions or more information please contact Chuck at [minister@ovchurch.org](mailto:minister@ovchurch.org) or 916-988-2011

**ROOT CELLAR SEMINAR**  
April 6, 2019, Fair Oaks Presbyterian Church Lisa Louise Cooke, nationally known genealogist, an exciting, dynamic speaker. For details, topics: download a registration form go to: [rootcellar.org/seminar](http://rootcellar.org/seminar).

**Saturday, April 13 9:00 am to 1:00 pm Orangevale Community Center Free parking. Checks and Cash Only. Bring your own shopping bags. You can find lots of different sewing items, fabric, yarn, crafts and patterns at very reasonable prices.**

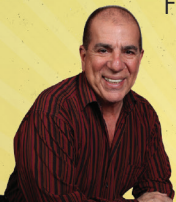


# Orange Vale Water Presents COMMUNITY SPOTLIGHT

# 21

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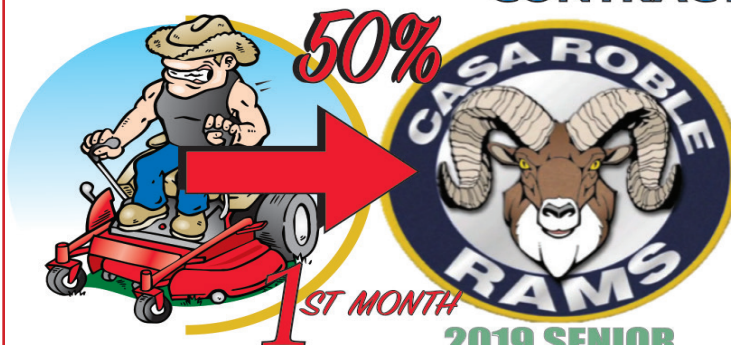
## HELP SUPPORT SENIOR/SOBER GRAD NIGHT!

The 2019 Casa Roble Senior/ Sober Grad night committee needs you! We are a group of parent volunteers working to raise funds to host a night of fun, safe and sober celebration at Sunsplash Golf and in Roseville on June 7th! Our students come from diverse economic backgrounds, so having a low or no cost event is our goal!

We are looking for donations of all kinds including: sponsoring a student/s with a cash donation (\$100 or more), raffle prize donations and/or business sponsors underwriting food, entertainment etc. Businesses will be recognized in event signage and in the program.

Thanks to Supervisor Sue Frost for donating \$1000 and to Landscapes by Cochran for donating 50 percent of new landscape maintenance contracts towards our fund. We appreciate the commu-

## ANY<sup>NEW</sup> LANDSCAPE MAINTENANCE CONTRACT



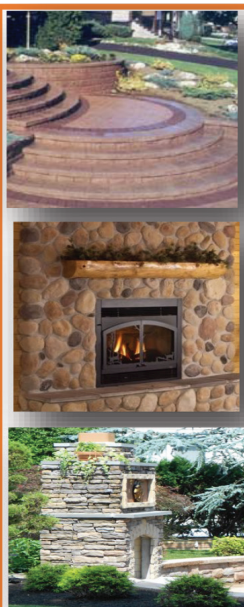
**2019 SENIOR  
GRAD NIGHT**

**LANDSCAPES BY  
COCHRAN** Lic#966701  
**916-757-2524**

1 Year Contract Required. 50% of Your 1st Month of service  
Will be donated to the 2019 Casa Roble Senior Grad Night

nity support and are open to creative ideas to help us make this a fun and affordable event for all. For more information or to make a donation, contact

Katie at [karrasdixon@yahoo.com](mailto:karrasdixon@yahoo.com), or MaryAnne at [aloy-sius17@aol.com](mailto:aloy-sius17@aol.com). Thanks for supporting this very important night!



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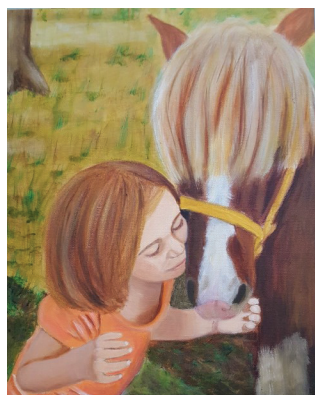
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MOTHER'S DAY, FATHER'S  
DAY OR CHRISTMAS?**

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**PRICES STARTING AS LOW AS \$60**

Frank's Clients Welcomed

# H&H BARBERS

Hector  
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Dan

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Saturday  
9 - 2

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please call  
Henry 988-7621  
Hector 467-3174  
Dan 868-3109

Corner of  
Greenback & Hazel  
8946 Greenback Lane

# COUNTRY WAFFLES

BREAKFAST • LUNCH

## Buy One Regular Menu Item, GET ONE FREE

\*Offer valid Monday-Friday on dine in only with coupon. Must purchase two regular menu items and two beverages. Second menu item must be of equal or lesser value. Not valid with any other offer. \$9.99 maximum discount Expires 6/30/18.

**WOODLAND**  
383 W. Main Street  
**(530) 668-4920**

**CITRUS HEIGHTS**  
6986 Sunrise Blvd.  
**(916) 722-0465**

# WORSHIP INFORMATION

## MY ROMANTIC RENDEVOUS

It was a beautiful sunny day  
not a cloud to mar the sky  
We decided to go for a leisurely drive  
just my own sweet love and I  
We chose a winding country road with  
majestic mountains on each side  
Where the panoramic beauty  
gave such pleasure to our ride

This was our favorite past-time  
which we did as often as we could  
It seemed to wash away our cares  
as we always knew it would  
There is nothing more spectacular  
as nature's scenic wonderland  
No painter can ever capture  
the scenic beauty of God's hand

As we kept going down the road  
we spied a beautiful, bubbling brook  
The water looked so inviting  
we stopped to take a look  
We sat down on its grassy bank  
dangled our feet in the rippling flow

We mesmerized in each others eyes  
dreading the thought we soon must go

But at last we had to turn around  
and start our journey home  
Since all good things must come to an end  
No matter how far you roam  
As we headed back down the road  
we spied a little candy shop  
Displaying such luscious goodies  
we knew we had to stop

Sweets for the sweetest  
said a candy-lovers display  
It had every kind of chocolate treat  
you could want for Valentine's Day  
Chocolate truffles, chocolate kisses,  
chocolate, chocolate everywhere  
So we wouldn't become chocoholics  
we had to get out of there

When my romantic rendezvous ended  
strange as it might seem  
I had enjoyed a taste of heaven  
via the magic of a dream  
Feb 2003  
By: Doris Eutzler

Bible Community Church Sunday  
Worship 10:00 am Fellowship starts 9:30  
am Located at the Maidu Community  
Center 1550 Maidu Dr., Roseville, CA  
95661 Bible Community Church 916-  
832-8973

Calvary Chapel Folsom-Orangevale  
6021 Walnut Ave. Orangevale, CA  
95662 Sunday Service 10:00am. All are  
welcome! Sunday school for PreK, K-5th  
& 6th-12th. Thursday Night Bible Study  
6:30pm (No Childcare) Pastor Mike  
Flanders (916) 989-2133, calvaryfo@  
comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811  
Walnut Avenue, Orangevale (916)  
988-2484 www.ChristTheKingOV.com  
Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day  
Saints Hazel Ave. Chapel, 7950 Hazel  
Ave, Orangevale Ward: Sacrament  
Meeting 10am Sunday School/Primary  
11:20am PH/Relief Society/Young  
Women 12:10am. Young Single Adult  
Ward: Sacrament Meeting 1:00pm  
Sunday School 2:20pm PH/Relief Society  
3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist  
Church 7610 Wachtel Way, Orangevale  
916 723-7777 Services at 9:30 am  
Sabbath School 11am church www.  
chsda.comcast.com

Divine Savior Catholic Church, 9079  
Greenback, (916) 989-7400. Daily Mass  
8:30 AM on Mon-Sat. Vigil Mass at 4:30  
PM; Sunday Masses 7:45 AM, 9:30 AM,  
11:30 AM. Free Community Meal every  
Thursday night from 6-6:45pm. Everyone  
is welcome www.divinesavior.com

Fair Oaks Presbyterian Church 11427  
Fair Oaks Blvd, Fair Oaks 95628  
Sunday worship: Classic 9 & 10:30 AM,  
Contemporary 9 & 10:30 AM Children's  
programs at both times. 967-4784, www.  
fopc.org

Fairvale Baptist Church 8660 Madison  
Ave, Fair Oaks 916-967-4624 Pastor  
Richard Marshall. Bible Centered,  
Traditional Sunday Worship 10:45am  
and 6pm. Bible Study Wednesday  
6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898  
Central Ave, Orangevale (916) 988-1139  
www.firstbaptistov.org Sundays 9:00 AM  
Traditional Service and Sunday School  
classes; 10:15 AM Coffee & Donuts;  
10:45 AM Contemporary Service and  
Sunday School classes; Wednesdays  
6:00 PM Community Dinner & Bible study  
groups for all ages

Grace Bible Church 5010 Hazel Ave,  
Fair Oaks Sunday Schedule: Worship  
Service 9 AM, Fellowship Groups 10:40  
AM, Evening Service 6 PM Information:  
967-6500 or www.gbco.org

New Beginnings Christian Church 7535  
Hickory Ave, Orangevale Sunday Service  
10:30am Wednesday Family Night  
Service 7:00pm Live, Modern Worship  
with Real, Relevant Preaching Youth and  
Children Ministries We genuinely care for  
and root for each other! A great family  
atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main  
Avenue, Orangevale Sunday Morning  
Bible Classes for All Ages 9:45am;  
Worship 11:00am, 6:00pm Tuesday  
Moms R Us 9:30-11:30 am Wednesday  
Dinner 6:00pm, Bible Classes for All Ages  
7:00pm Thursday Bible Study 10:30-  
11:30 am Phone: (916) 988-2011Web:  
www.ovchurch.org

Orangevale Seventh-day Adventist 5810  
Pecan Avenue, 916/967-2838, www.  
ovsda.org / office@ovsda.org. Join us  
Saturday's 9:30 am Sabbath School  
class / 10:40 am is Sabbath Worship.  
Community Food & Clothes closet open  
Tue 9am-Noon. Orangevale SDA School  
grades K-8th, 916/988-4310, www.  
ovschool.org

Pathway Fellowship Temporarily meets at  
Madison Mall Bingo 8830 Madison Ave.  
at 9am for Classic Service and 10:30am  
for Modern Service & KidZone. New  
location at 8999 Greenback is coming  
soon. 916-988-2390, hispathway.org

Redeemer Covenant Church – 6800  
Main Ave, Orangevale, 916.988.3124,  
redeemercov.com, Adult Sunday  
School at 9:00am, Sunday Worship at  
10:00am, Sunday Coffee and Fellowship  
at 11:15am, 2nd & 4th Tuesday Nights

Free Community Dinner at 6pm – open  
to everyone, Thursday Night Youth  
programs at 7pm. Small Wonders  
Christian Preschool, 3-yr-olds on T/Th  
& PreK on M/W/F – call 916.988.0998,  
smallwondersorangevale.org.

Sacramento Center for Spiritual Living  
6035 Main Ave, Orangevale, 95662.  
Sunday service & Youth program  
10:30am. Classes, events & activities on  
our website: www.SacCSL.org. We honor  
all paths and people.

Sunrise Community Church – 8321  
Greenback Lane, Fair Oaks. Sunday  
Worship Services – Classic Service @  
9 am, Modern Service @ 10:50 am,  
both in the Sanctuary. Sunday Evening  
Chapel @ 6 pm (B-209). 916.726.4642 -  
sunrisecommunity.church

The Life Center - 7801 Hazel Avenue,  
Orangevale, CA 95662 916-988-1717 //  
info@lifecenter.church Sunday Services  
at 9 & 11am, free childcare provided

The Net Church has the answer if you  
have to work on Sunday's. Our worship  
experience is on Saturday night at  
5:30pm. The cafe with free coffee opens  
at 5 pm. 801 Riverside Ave # Z, Roseville,  
CA 95678. We are located in the Calvary  
Chapel Building behind the Roller Skating  
bld. Pastor's Randy & Debbie Robertson.  
916-801-4208 / randy\_thenet@live.com

Valley Redemptive Church 11430 Fair  
Oaks Blvd, Fair Oaks Pastor D.W.  
Bryant Sunday School 9:40 am Sunday  
Worship 11 am Tuesday 11:30 am Bible  
Study Wednesday 6:45 pm Bible Study  
916.579.5077 Valleyredempchurch@  
att.net Family Centered Atmosphere All  
Are Welcome Church Vision "Go Reach  
Redemptive Needs of All People, Ages,  
and Conditions"

World Fellowship Church of Foursquare  
International 7412 Van Maren Lane,  
Citrus Heights, CA (916) 745 4751  
Morning Service -8.00 -9.30AM (English  
Service) Afternoon Service -2.00 -4.00pm  
(Fijian Service) Food Bank -9.00  
-10.30AM (Thursdays)

### CLASSIFIED

Call 899-0207 or

e-mail editor@ovview.com.

First 5 lines 30 -40 spaces per line.  
\$12.50 and \$3 for each additional or  
\$25 monthly

## Orangevale Series Caregiver Workshops



Each workshop is unique and offers valuable building blocks and helpful tools for caregivers and individuals who would like to learn more about memory loss and dementia-related conditions.

**Tuesday, February 19, 2019 | Understanding Alzheimer's and Dementia**

**Denise Davis, Program Coordinator, Alzheimer's Association**

Alzheimer's is not a normal part of aging. It's a disease of the brain that causes problems with memory, thinking and behavior. Join us to learn about: the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risks factors, current research and treatments available to address some symptoms, and Alzheimer's Association Resources.

**Tuesday, March 19, 2019 | Legal and Financial Planning for Alzheimer's Disease**

**Matthew Crider, Elder Law Attorney**

This is an interactive program where you will have a chance to learn about important legal and financial issues to consider, how to put plans in place, and how to access legal and financial resources near you. This program will cover information for families and individuals dealing with Alzheimer's disease or a related dementia. The topics covered will include: making legal plans that fit your needs, legal documents you'll need and what they mean, and practical strategies for making a long-term plan of care.

TIME: 6:00—7:30 P.M.

LOCATION: Divine Savior Catholic Church  
9079 Greenback Lane, Orangevale, CA 95662

All workshops are FREE!

For info and to RSVP, please call  
Senior Care Solutions: (916) 965-5565

alzheimer's association®



SENIOR CARE Solutions



# ORANGE VALE WATER COMPANY NEEDS YOUR PROXY! MAIL IN TODAY!



## Orange Vale Water Company

Interested Candidates for a seat on the Board of Directors

### ROBERT HUNTER - INCUMBENT

I am Rob Hunter and I have lived in Orangevale for over 35 years. My wife, Rhonda and I have been married for 38 years. We have raised 2 children and we have 3 grandchildren. I coached baseball and soccer when my kids were younger.

I am retired and now enjoy all my grandkids, wood working, home made wine, gardening and traveling in our 5th wheel.

I look forward to serving my community, and eagerly anticipate serving on the Orange Vale Water Board.

### JIM LEMLEY - INCUMBENT

I have been a resident of Orangevale since 1986, relocating from Fair Oaks. My wife and I raised our three children here and love the community.

I was an owner/operator in the trucking business for many years and after retiring worked in the RV industry and at our local Ace Hardware.

I have served on the Orange Vale Water Board since December of 2017 and would like to continue serving our residents with the many upcoming and challenging changes that are taking place.

### RUSSELL CASTILONE - INCUMBENT

I have served on the Board of Directors of the Orange Vale Water Company for many years. I am a long-time resident and business owner in Orangevale.

The goal of this Board is to maintain strong leadership and management of our most valuable resource ..... our water supply. We face many challenges that have the potential to threaten the security of the water rights and reasonable cost of water that is so crucial to this region. We must protect the unprecedented quality of our water supply that this area has come to rely on and enjoy. I would like to continue serving in this capacity to meet the needs of our customers and to provide the service you have come to expect from this Company.



## Orange Vale Water Company

A California Non-Profit Mutual Benefit Corporation  
9031 Central Avenue - Post Office Box 620800  
OrangeVale, California 95662-0800  
Phone: 916-988-1693

### VOTING PROXY

The record holder of the membership certificates of the Company, whose name and signature appears below ("Member"), hereby revokes all previous Proxies and acknowledges receipt of the Notice of Company's Annual Meeting (the "Annual Meeting") to be held on Tuesday March 5, 2019, at 4:00 P.M. at Orange Vale Water Company, OrangeVale, CA. Member hereby appoints the Company's Board of Directors ("Proxy Holder") as Member's Proxy. Proxy Holder may represent Member at the Annual Meeting, including any adjournment of that meeting, and may substitute another to act as Proxy. This Proxy may be revoked at any time by written notice filed with the Secretary of the Company, by a subsequent Proxy, or by attendance at the meeting and voting in person.

#### Proxy Holder is directed to vote this Proxy as follows:

**Election of Directors:** For the purpose of electing the Directors, Proxy Holder is hereby directed to (Check only one of the following three numbered boxes):

1.  Vote as Proxy Holder deems proper
2.  Abstain from voting for any director
3.  Vote as follows (**If you have checked either Box 1 or 2 above, you may not also check Box 3. If you check Box 3, you may check up to two following choices:**)

#### Incumbent

\_\_\_\_\_ Robert Hunter  
 \_\_\_\_\_ Jim Lemley  
 \_\_\_\_\_ Russell Castilone  
 \_\_\_\_\_ Write In \_\_\_\_\_

Signing and returning this Voting Proxy without checking Box 1, 2, or 3 will be deemed as authority of Proxy Holder to vote on Member's behalf as Proxy Holder deems proper.

#### PROXIES MUST BE RECEIVED BY 3:00P.M. ON MARCH 5, 2019 FOR RECORDING AND ACCREDITATION

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_ (please print)

Address: \_\_\_\_\_

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