

Orangevale View

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Congratulations goes out to Twin Lakes Elementary School's Janet Thorgrimson for being chosen as the California State Elementary Music Educator of the year by the California Music Educators Association.



CONGRATULATIONS WYATT GUTHRIE
Boy Scout Troop 310 and Wyatt's parents were present at the Eagle Scout Court of Honor for Wyatt on December 15th, 2019.

UNSUPPORTED DEATH VALLEY CROSSING TO SUPPORT HOMELESS CHILDREN

Starting December 14, 2018, Roland Banas will walk across Death Valley, from the southernmost to the northernmost point, about 145 miles away. He will cross salt flats, sandy dunes, rocky dry-river beds and mountain washouts. Off-trail and unsupported, he will carry all the food, water and equipment required for the 8-day journey in a 90lbs+ backpack. Just like carrying both his young sons... all day! This journey has been successfully done only once (in the reverse direction) by Louis-Philippe Loncke, a Belgian explorer. A few others have tried, all have failed.

Roland is not an extreme explorer or adventurer like Louis-Philippe. He is a regular Orangevale dad and a local childcare owner (The Lil' School) who loves the outdoors. But he welcomes a



challenge and knows that the people doing these incredible adventures are no different from the rest of us.

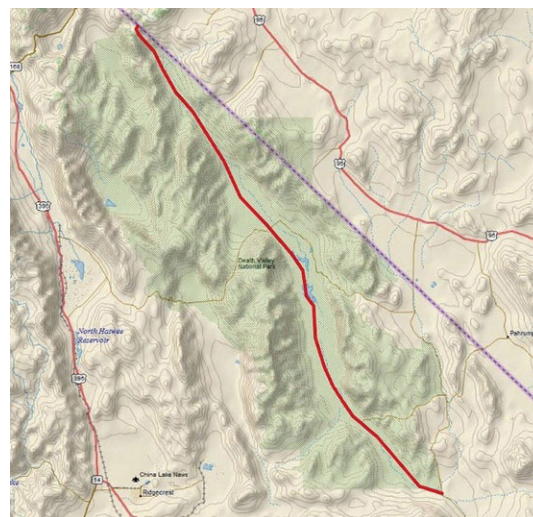
He wants a little additional motivation to get him through to the end. He is asking our community to help him raise money in support of the Mustard Seed School on GoFundMe.com (gofundme.com/sacmustardseed). For him, it is an opportunity to pass along this spirit of adventure to those children, who have had a rough start in

life. He hopes to remind them to dream about and focus on possibilities and reject the idea that their current situation is definitive.

Mustard Seed School help meet the needs of homeless children in Sacramento. Many do not attend school. These children are eager to learn and to be accepted. Mustard Seed is a free, private school which provides a safe and nurturing learning environment, as well as survival resources, counseling and assistance entering public schools.

If you help him support them, it'd mean a great deal to them and it'd would strengthen his will to finish this.

You can donate here: gofundme.com/sacmustardseed



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The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for

anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
 - (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
 - (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
 - (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
 - (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.
- STAFF:**
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**DATES TO
REMEMBER:**

JAN 2019

WED JAN 2, 2018 DEADLINE

FRI JAN 11, 2018 Out To Public

WED JAN 16, 2018 DEADLINE

FRI JAN 25, 2018 Out To Public

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The Orangevale View would like to take this time to wish you and your loved ones a very Merry Christmas and a New Year filled with joy and happiness. May we bond together in love and caring and keep the stars adjoined in the glow of a peaceful outcome for the problems faced in this world.

The battle of life is difficult and peace hard to find, but each of us has the ability to take that moment to feel the joy of peace and love, if only in our hearts. If each of us takes a moment each day to smile at a stranger, help a senior cross the walk way or just says "good morning" to someone who crosses our path, we can make the day better than it was going to be. Who knows one day we may all join together with the wisdom, strength and



grace to be a part of a lasting and eternal peace. Could you imagine? I know that looking at the world as it is now it is hard to imagine. But we can start here, in Orangevale. Human kindness is a priceless gift and but the easiest to do. Keep the heart of love always present and find the joy that is there within you. Perhaps one day the hate

and violence will be a thing of the past.

We must look forward to a future filled with beauty and love. It is a good time to be an Orangevalien. We are moving into a new season that could enrich our community for generations. You might have heard of "Grow Orangevale". An initiative to bring our community together, celebrate small farms and local businesses. We can all become a part of this movement of unity, preserve our heritage and support our local economy. We might not be able to create world peace overnight.... But we can bring it to Orangevale. God Bless You All. Merry Christmas and Happy New Year!

Lisa Montes & Brad Tatum

EVERLASTING LIGHT

Oh Holy Spirit
 We come with a plea
 That this Christmas season,
 You will let us see...

The greatest gift..
 that God has bestowed
 When He gave us You,
 replacing sins load.

We find Your Presence
 everywhere we look
 Gifts are everywhere
 Best of all, Your Book.

Give us hunger,
 To know You more.
 Let Your Light shine
 through us
 That's what Christmas is for!

By: Jerri Farmer

CHRISTMAS LIGHTS

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ORANGEVALE PEOPLE'S CHOICE! VOTE TODAY WWW.OVVIEW.COM

Shining a spotlight on Orangevale's Businesses, the Best of Orangevale will announce the results of its 2018 competition on Saturday February 9, 2019. The Best of Orangevale is a local competition produced by the Orangevale View and sponsored

by the Orangevale Chamber of Commerce, Orangevale Recreation & Park District and Palmer Real Estate. The Best of Orangevale is considered to be Orangevale's premier business award. Beginning December 7th, thousands of votes from organizations

and individuals are expected to be submitted by mail or on the Orangevale View's website www.ovview.com for consideration in categories including Citizen of the Year, Teacher of the Year, Principal of the Year, Volunteer of the Year, Best Busi-

nesses of the Year and a few new ones. The online voting process will determine the Winners and Runner-Ups. With business owners, community supporters, and their guests in attendance, the winners will be announced at an elegant award banquet at the Or-

angevale Community Center on Saturday, February 9, 2019. This event is sure to sell out like last year.

Ballots can be mailed to 9172 Greenback Lane Orangevale 95662

VOTE FOR THE BEST OF ORANGEVALE 2018

Please fill out the below categories for a chance to gift certificates to a local restaurant! Voting ends January 18, 2019. Results to be published March 7th issue in our special Best of the Best section of the Orangevale View.

Rules: ONE ballot per person. Attempts to ballot stuff will disqualify you and possibly the business, only one ballot per device and IP address will be accepted and counted. Business must operate in Orangevale or be an Orangevale Chamber of Commerce Active Member.

If there is not a category for your business you wish to vote for, please email editor@ovview.com for consideration.

IMPORTANT: Every ballot must contain a MINIMUM of 5 completed categories or it will be disqualified and your votes WILL NOT COUNT.

BEST OF ORANGEVALE 2018

I am over the age of 18. I have read and agreed to the competition rules. I understand at least 5 categories must be completed

Best Antiques, Consignment and Thrift Store -

Best Accounting or Tax Services

Best Attorney or Legal Services

Best Auto Body Repair

Best Auto Repair

Best Auto Sales/Service

Best Bakery or Pastry

Best Bank or Credit Union

Best Bar or Pub

Best Barber

Best Bartender

Best Beauty or Salon

Best Breakfast

Best Charity

Best Child Care Services

Best Church or Worship

Best Community Sponsor

Best Contractor -Residential/Commercial

Best Convenient Market

Best Dental Services

Best Dry Cleaner

Best Entertainment Venue

Best Event of The Year

Best Fast Food Restaurant

Best Funeral Home/Cemetery.

Best Grocery Store

Best Hangout

Best Health or Fitness (non medical)

Best Home Business/Direct Sales

Best House Cleaning Service

Best Insurance Services

Best Landscaping Service /Design

Best Lunch/Dinner

Best Massage

Best Medical Services

Best Nail Salon

Best New Business of Year -1 yr or less

Best Pet Grooming/ Services/Store

Best Photographer/Videographer

Best Pizza

Best Real Estate Office/Realtor

Best Recreation

Best Repair Services - Non Automotive

Best Restaurant

Best Senior Living/Services

Best Server of the Year

Best Service Club/Community Organizations

Best Smog Services

Best Social Media Page

Best Specialty Services or Shop

Best Sports Coach - Must be local

Best Sports Organization

Best Storage Facility

Best Tattoo Parlor

Best Vet or Veterinarian Hospital

Citizen of The Year

Principal of The Year

Teacher of The Year

Volunteer of The Year

Youth Volunteer of The Year (18 and under)

Date*

Name*

E-mail*

Phone*

Local SPORTS

ARE YOU BRAVE ENOUGH TO EXPERIENCE AN ORANGEVALE NEW YEAR TRADIITION?



Tuesday, January 1st
• 1:00pm

Challenge your family, friends, and co-workers.... are they BRAVE enough to take the PLUNGE? Are you? Join us at 1:00pm sharp on New Year's Day for a fun and fast jump into the Orangevale Com-

munity Pool. You'll shiver with delight at this unique refreshing experience! For the more adventurous, we'll even let you take the slide down into the crisp 48 degree water! Register in advance at the OVparks office, online or at the pool on the day of the

event. Check-in begins at 12:30pm, with the Plunge taking place at 1:00pm. After the jump, enjoy a complimentary cup of hot chocolate or a warm bowl of soup. Changing rooms and hot showers are available. Bring your swim suit and towel. You should be in good health to partici-

pate. Take the Plunge to receive your personal "I survived the Polar Bear Plunge" button to wear proudly! Proceeds benefit OVparks Youth Scholarship Fund.

Event Cost:
\$5 per person after December 22 & day of or \$2 advanced registration fee

before
December 22

Photos by Tom Paniagua



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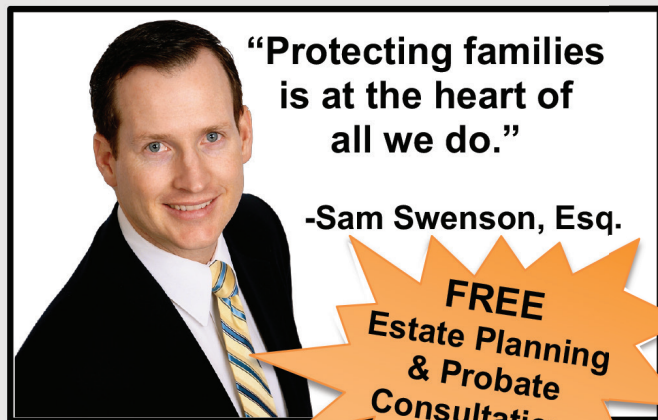
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I LOVE CHRISTMAS

I love Christmas. I love all that it truly stands for. However, our tinsel trap-pings and traditions frequently give us the illusion of joy rather than the real thing.

Often, the modern American Christmas can be a commercialized and sentimental escape from reality into fantasyland. We think and dream of life as how it should be, ought to be, and what we want it to be. We often forget that for many people Christmas doesn't end happily ever after.

Let me illustrate... We sing "I'll be home for Christmas" or "Home for the holidays." This sounds great if your home isn't broken through divorce or abuse, or you are not mourning the death of a loved one. Going "home" for a cameo appearance at Christmas seems shallow when underlying rifts need to be reconciled but one or both parties is too proud to forgive.

Let me illustrate some more... Some kids grow up thinking that "Frosty the Snowman" is the guy down the street who sells cocaine--a whole new meaning to "White Christmas". Nowadays a youngster might catch mommy doing more than kissing Santa Claus. Grandma would not get run over by a reindeer--more likely it would be an SUV or sports car speeding down Greenback. Gang members and drive-by shootings may even take your neighbor for a "slay" ride. In the midst of all these Christmas songs I saw three ships come sail-

ing in but they were bound for the Persian Gulf, full of real soldiers, armed with real guns. Missiles replaced mistletoe and missals.

I don't want to sound like a Scrooge or scare the dickens out of anyone, but we need to realize that for many, this is really not the most wonderful time of the year. For some it is dreadful, as the holidays seem to intensify their personal pain. Broken promises like broken toys are discarded to the closets of broken homes. Many feel displaced and "homeless" even though they have houses. For them, "home alone" is more than a movie; it's the lonely reality. Commercial concerns and fantasies of family have much more to do with Christmas than we like to admit.

The calamity of Christmas is that we can celebrate the season of Christmas rather than the Substance of Christmas. For some the joyous bells of Christmas are those ringing in their cash register. How easily we forget that God's plan was greater than a seasonal salve for selfishness or an annual campaign to boost retail sales.

The real message of Christmas is much more than ornamental visions of chestnuts roasting on open fire. Christmas cheer finds enduring reality when we realize that in the middle of the tragedies of life, there is eternal hope; that in Jesus, Emmanuel, God is with us--and if God is with us, who can stand against us? Our giving finds real meaning as we keep God's gift in clear

view.

The joy of Christmas is fully realized as we see that the baby Jesus was born in the shadow of the cross that would-be worshippers would later use to crucify Him. The first Christmas tree stood on Calvary and was topped by One much more than an angel. The first Christmas wreath was a crown of thorns, a barbed garland of grace for all who would bow to Him as King. We take the wraps off of Christmas daily when we relish the reality that the Christ-child was born to die that we may live forgiven.

It seems that our Christmas lights look dim when compared to the One who was named by one historian as "The Light of the World." We not only celebrate that the season has come, we celebrate that The Savior is born! Christ, not mere Christmas candles or carols, brings joy to our world.

The greatest miracle of Christmas was not on 34th Street but in the little town of Bethlehem. The Virgin Mary delivered Christmas presence as God's Love arrived in this "special delivery." Unexpectedly, God made a way in a manger. He displayed the Hallmark of His love, as God was the Original who cared enough to send the very best.

The miracle of Christmas continues daily as we humbly offer ourselves as vessels of God's love to a hurting world, just as God did that first Christmas. As we live our lives in the light of

WHY WE HAVE CHRISTMAS

Christ's Christmas love, we can truly say, "It's a wonderful life" even though it may be painful and tragic at times.

Christmas brings true greetings all year when on your silent and lonely nights, the herald angels are still heard singing in September that the Lord is come to the humble of heart. In the noise, rush, and worry of Christmas presents, there is a greater love in God's Christmas presence.

Our Christmas hope is more than a dream of what life should be, it is a reality that God has sent a star to shine the way for all those curious and "wise" enough to embark on a journey and search for Him. The good news is that even in the darkness of your night, God can be found and wants you to find Him! It matters not if you are a scruffy shepherd or a searching sage.

The timeless glad tiding for all is that even though tonight there may not be complete peace on earth, we can still have personal peace with God, peace in our hearts, peace with each other and good will toward men and women, today! True Christmas goes far beyond your family, or lack of it, your toys, trees, or even your tears. The wonderful Truth of Christ-mas can be yours long after the traditions, tinsel, and trappings of the holidays are gone. Though the season will pass, the reason remains.

MONTE LEIGHTON

WHY WE HAVE CHRISTMAS

In the beginning was God,
He was everywhere
The world as we know it –
Was desolate and bare

Then God planted a garden
So beautiful and fair
Where he placed Man and
Woman –
To manage its care

It is there sin erupted,
Along with shame and
disgrace
These two hid from the
Master,

Ashamed to show face
That was the very begin-
ning
Of our ultimate end
God's choice to redeem us,
Was a Savior to send

So that is why that night
Long ago in the hay
The savior was born
In a manger he lay
As the Mother swaddled
him
In clothes so white
The news spread fast
Of his birth on that night

Far over in a field
Many miles away
Shepherds were watching
Their sheep they say
When all of a sudden
There shone a bright light
At first all the shepherds
Were filled with fright

But Lo! Came an angel
Appearing in white
Increasing their fears
They started in flight
Then the angel spoke
In a voice so clear
All the shepherds heard
And began to draw near

She told them of the babe
Born on this day
That o'er in Bethlehem
In a manger he lay
She instructed them too,
To go and to see
This Baby so small
Yet so great shall he be

But we, like the shepherds
Find it hard to conceive
How through such a tiny
little baby
Could our hope be received
To believe in Jesus
His immaculate birth
Is why God sent him
To live here on earth

He knew all the struggles
That we'd all go through
Jesus could truly under-
stand
Because he suffered them
too
God even willed Him to die
To save all the lost
The Cross bears witness
Of the horrendous cost

Yes Christ's birth was the
beginning
Of our season of cheer
Why we celebrate Christ-
mas
Year after year
It isn't all the gifts
Piled under the tree
It's the gift of salvation
Christ offers you & me

So this year may our
hearts
And lives be filled
With that tremendous love
That our Savior instilled
As we gather to celebrate
His miraculous birth
This is "Why We Have
Christmas"
Because Christ came to
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By: Doris Eutzler

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IMPORTANT INFORMATION

COMMUNITY MEETING SCHEDULE

Meetings are held in January, March, May, September and November.

Orangevale

6826 Hazel Ave, Orangevale (Orangevale Rec & Park District) 2nd Tuesday, 6:00pm

OTHER SHERIFF'S DEPARTMENT SERVICES

ALARM BUREAU 874-4616
GUN PERMIT INFORMATION 874-8450
IDENTIFICATION BUREAU 874-8093
OFFICE OF INFORMATION/MEDIA 874-5021
PARKING ENFORCEMENT DETAIL 876-6642
PROPERTY BUREAU 875-5650
RECORDS BUREAU 874-5383
RECRUITMENT INFORMATION 874-2677
RED LIGHT ENFORCEMENT PROGRAM 876-6643
TOWING DETAIL 876-6641

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CIVIL DIVISION 875-2665
HI-TECH CRIMES 874-3002
IDENTITY THEFT 874-3000
HOMICIDE BUREAU 874-5057
PROPERTY CRIMES 875-5388
ROBBERY BUREAU 874-5051
SEXUAL & ELDER ABUSE BUREAU 874-5070
SEX OFFENDER REGISTRATION DETAIL 874-5090

OTHER SACRAMENTO COUNTY SERVICES

ADULT PROTECTIVE SERVICES 874-9377
ANIMAL CONTROL (PUSH #2) 875-5232
CHILD PROTECTIVE SERVICES 875-5437
RESTRAINING ORDERS 875-3400
GRAFFITI ABATEMENT (PUBLIC PROPERTY) 875-5171
GRAFFITI ABATEMENT (PRIVATE PROPERTY) 875-5656
GRAFFITI ABATEMENT (SMUD PROPERTY) 732-6043

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Sheriff Scott R. Jones
Contacts:
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Non-Emergency 874-5115
TDD Non-Emergency 874-7128
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Phone: 875-5484 Mon-Fri, 8:00am-5:00pm

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SROI Francie Fitzsimmons
Phone: 876-5708
Email: mfitzsimmons@sacsheriff.com
Areas: Carmichael, Fair Oaks, Old Foothill Farms, Orangevale.

PROBLEM ORIENTED POLICING
To report issues email NorthPOP@sacsheriff.com or call 876-5729

HOMELESS OUTREACH TEAM
HOT will deal with ongoing homeless issues.

To report issues email NorthHOT@sacsheriff.com

OTHER AGENCY CONTACTS

Reckless driving of ATV or dirt bikes, illegal parking of RV, and vehicle related nuisance issues contact:
POP CHP Email: 250POP@CHP.ca.gov (Jurisdiction area is West of Sunrise Blvd.)
POP CHP Email: 260POP@CHP.ca.gov (Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access to health and human service programs, service and shelters.
www.211sacramento.org/211

Sac County 3-1-1, Connect to report abandoned vehicles, broken street light, illegal dumping or get information about services. Mobile app is available.
www.311.saccounty.net

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Allows citizens to submit an online report that occurs in the unincorporated Sacramento County and Rancho Cordova jurisdictions.
http://www.sacsheriff.com/Pages/

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http://www.sacsheriff.com/Pages/SEE/SEE.aspx

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Citizens can view categories of crimes being reported and click on a specific incident to view information. https://www.sacsheriff.com/Pages/Services/OnlineCrimeMapping.aspx

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Assistant Commander Lieutenant Steve Dutra 874-1015
Operations Commander Lieutenant Mary Saporito 874-1015
Service Centers Director SROI Victoria Reyes 874-1015

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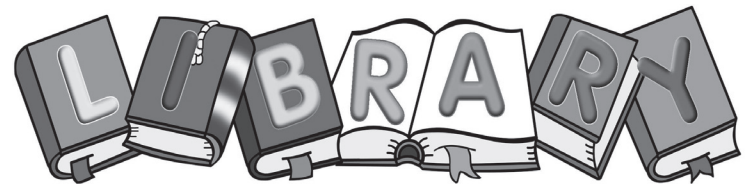
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COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net



ORANGEVALE LIBRARY, 8820 GREENBACK LANE, SUITE L, ORANGEVALE.

Thursdays, 10:30 AM – 11:00 AM Beginning January 3rd.

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online at www.saclibrary.org/events. You can find this program every Friday from 1:00 – 3:00 PM

School Age: Read To A Dog - Come read to some paw-esome pooches! School-age (6-12 years old) readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling or reluctant readers or for those who enjoy reading to others. The dogs are great listeners. Woof! Friday, December 21st from 3:00 – 4:00 PM

Adult Book Club – Saturday December 22nd, 1:30 – 2:30 PM Every month we'll pick a novel or non-fiction title to read and discuss. Join us for a great book conversation and make new friends! This month we'll be reading "Fried green Tomatoes at the Whistle Stop Café" by Fannie Flag. Folksy and fresh, endearing and affecting, Fried Green Tomatoes at the Whistle Stop Cafe is a now-classic novel about two women: Evelyn, who's in the sad slump of middle age, and gray-headed Mrs. Threadgoode, who's telling her life story. Her tale includes two more women—the irrepressibly daredevilish tomboy Idgie and her friend Ruth—who back in the thirties ran a little place in Whistle Stop, Alabama, offering good coffee, southern barbecue, and all kinds of love and laughter—even an occasional murder. And as the past unfolds, the present will never be quite the same again" Pick up your copy at the Orangevale Library starting November 22, 2018.

Early Childhood: Family Storytime (0-5) Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after Storytime.

Teen: Minecraft Gaming - Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server and enjoy cubed snacks at the Orangevale Library! We will do two 45 minute shifts if there are more participants than PC laptops. This program is for students in middle and high school; registration is encouraged. Thursday January 3rd from 2:00 - 4:00 PM

Adult: Mixed Media Art Journaling - Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperience and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. First Saturdays monthly. Saturday January 5th, 10:30 AM – 12:30 PM

School Age: Storymakers –Inspired by a book, children ages 5 and up are invited to a crafty afternoon of designing and making. This month, we will engineer, design and decorate ginger bread dwellings. Thursday, December 13th from 3:30 – 4:30 PM

Getting To Know You: A Genealogy Program - Do you need help with researching your family's history? Orangevale Library's volunteer genealogists are available to assist you. Learn the basics, try new resources, and share discoveries with a group of time detectives. There's always something new to learn on a genealogy adventure. Saturday January 12th, 2:00 - 4:00 PM

Adult: Third Tuesday Adult Painting – Art Practice: Still Life (ages 18+) Join us on the third Tuesdays of the month for art practice with acrylic paints. Create a painting you can keep with all materials provided. Instructor led acrylic painting with Ciara Cuminsky March, June & September events. Space and supplies are limited- Registration required at www.saclibrary.org/Events/Orangevale. Generously funded by the Friends of the Orangevale Library Tuesday January 15th from 5:30 PM – 7:30 PM



CELEBRATING AT THE ORANGEVALE TREE LIGHTING. Julie King, Owner of Last Tangle enjoys a holiday moment with Ovee The Orangevale Orange. Photo by Tom Paniagua



CELEBRATING THE HOLIDAYS IN ORANGEVALE. Breakfast with Santa was a big hit for everyone of all ages. The Orangevale Grange serves up breakfast 2nd Sunday of the month from 8:30 am -10 am. Adults are \$6 and kids are \$1-3. Scrambled Eggs, Ham, French toast and all you can eat PANCAKES. Our Orangevale 4H is yours servers. See you there!

Photo by Tom Paniagua

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Best Friends Bash

Fri, Feb. 15th • 10:30am

Come on over to the Orangevale Community Center to play fun games and meet new people. Kidz Korner preschool will entertain you with sweet valentine songs and a special handmade item. Enjoy pastries, coffee, refreshments and good conversation. Register by 2/4 and receive an extra door prize ticket. Pre-registration required.



Kid's Reptile & Critter Show

Sat, Feb. 23rd • 3:30pm

Orangevale Community Center



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Orangevale
Cooks



by Suzanne Feblowitz

Happy Holidays Orangevale! This is the time for family get togethers and we have another recipe from Haydee Hegyesi to help with this time of year. Served in fiestas, Christmas time and other special occasions like weddings and family occasions, this beautiful, delicious, and healthy recipe will spark a lot of curiosity, catch a lot of attention, and inspire your creativity in the kitchen!

If you would like to share a favorite winter recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

EMBUTIDO (ROLLED MEATLOAF)

1 pack of ground turkey or any lean meat of your choice
Choice of your favorite hotdogs or sausage (vegan or not)
3 Hardboiled eggs (optional)
1 white onion
One red pepper
One green pepper
One bunch green onion or scallion

One cup shredded carrots chopped

One cup raisins and or pineapples chopped

Sprinkle of season salt with pepper of your choice

Dash of onion and garlic powder
Two spoons sweet pickle relish

All you will need is a large bowl, foil, flat cooking pan, and cooking spray. Preheat your oven to 350 degrees. Toss all ingredients into the large bowl (except the hotdog, sausage, hard-boiled eggs, and ketchup). Once mixed thoroughly, place mixture flat on foil sprayed with cooking spray. Place hotdogs, eggs, or sausages in the middle and fold from one end to the other. Enclose into foil and seal shut. Bake for 35min. Carefully open sealed Embutido, but be careful with the hot steam! Top with ketchup and bake for another ten minutes. After baking, place in freezer or fridge, wait 30 min and then slice.

With the new year approaching fast, and many are desiring and transitioning to healthy version for meal planning, this recipe is easy to alter. Add in healthy aromatics! You can blend in any healthy alternatives into this recipe; and it can be served hot with rice or mashed potatoes,

cold salads, even served slice like cold cuts in a sandwich!

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GIFT IDEAS FOR THE FOUR-LEGGED FAMILY MEMBERS

The official start of the holiday season is here and, for most of us, it is time to think about thoughtful gifts for our families and loved-ones. With an estimated 85 million US households owning a pet in 2017, the gift-giving usually extends to the furrier members of the family as well. In my home, for example, the cat, dog and rabbit have their own Christmas stockings filled with fun treats and toys. My Newfoundland, Murphy, also looks forward to the impromptu (but supervised) play time with sheets of bubble wrap and tissue paper. Listed below are a few options for gift choices that can provide enrichment and stimulation for your pet as well as being fun for you too!

• For the active cat/kitten in your life, consider a traditional “cat dancer”, a modified fishing pole with a toy attached to a thin rope as a lure. They are great for playful felines that need to expend energy and provides bonding with their owners.

• Feeding puzzles for dogs is an ideal gift for the busy canine. They are designed to release food or treats after the dog solves the puzzle correctly. Examples are balls that release kibble/treats when rolled correctly, foraging mats and flip boards that hide edibles.

• Do you have a bored bunny rabbit? Check out Maze Haven on binkybunny.com (\$30), a clever labyrinth of removable cardboard panels that rabbits can explore and

hide in. Can be redesigned often to keep them engaged.

• If you want to go hi-tech (and drop \$170) this year, then check out Furbo, the Wifi HD Camera/Treat Dispenser monitors and rewards pets in the owner’s absence. The 2-way audio will allow your dog to hear your voice and can toss a treat as a reinforcement. A little on the pricey side, but may be worth it to owners that work long hours.

Give some of these a try or even go down the “rabbit-hole” of interesting toys and interactive games that are now available for your pets. Don’t forget about empty cardboard boxes, open paper bags and toilet paper/paper towel tubes that can be just as enjoyable for all at almost zero cost! And remember that good old-fashioned quality time with your pet is THE best gift of all during the holidays.

Amanda Battaglia, DVM
VCA American River Animal Hospital

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FISHIN TIME

Hello everyone, I hope this finds everyone well and happy. It's getting close to Christmas and I'm sure you are all ready.....wait, I don't even have my lights up yet. One of my neighbors and I always race to see who gets theirs up first. I've never won. Christmas has always been a wonderful time of year for me. Spending time with loved ones, seeing old friends, lights and crisp mornings all add to that special time of year. I have even been able to find time to fish during that period. The local Salmon fishing has been on fire on the Delta and Sacramento this season. Many were caught by striper fisherman while chasing stripers. My next trip will be to Bullards Bar for some spotted bass. Merry Christmas and god bless.

Be safe, have fun, and share some time on the water with a friend.

Thanks, Danny Miller

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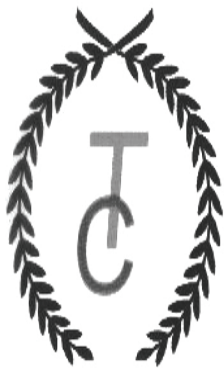
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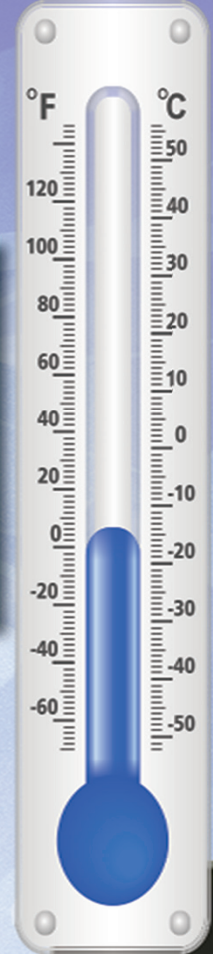
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Business Spotlight by Mary-
Anne Povey

DIVINE SAVIOR CATHOLIC CHURCH

The holidays and giving go hand in hand as a tradition deeply engrained in the hearts of many. At Divine Savior Catholic Church, the business of giving and helping others is not just a holiday tradition, but a year-round practice. Established by the Sacramento Diocese in 1987, Divine Savior parishioners initially gathered at the local bingo hall and as the congregation grew, so did its ministries. Eventually the church established its permanent home located in the heart of Orangevale at 9079 Greenback Lane. The grounds include a large sanctuary, office buildings, classrooms for youth ministries and a beautiful large scale multi-purpose room for meetings and other special community events.

To date, the thriving parish has over 1300 registered fam-



ilies, a full staff, a host of committees and volunteers serving the needs of both their faith community and beyond. The Christmas basket ministry is one such ministry providing Christmas for families in need over the past 19 years. Flyers are distributed in early October to local schools seeking qualified families. Once applications are in and approved, the parish staff and committees get to work in a big way.

"We've got this down to a science," said Caroline Easton, Pastoral Care Minister. "Last year we provided Christmas

baskets for over 85 families, this year it's closer to 80. It changes every year," she added.

Families receive gifts for the children, Christmas dinner and additional food for the holiday season as well as some essential household items for the adults. All is done with great care and donated anonymously.

"You never know what these people are going through," reflected Caroline. "It's touching seeing them leave with tears in their eyes."

Another on-going and "on-growing" ministry is the weekly free dinner program provided on Thursday nights at Divine Savior. Anyone in need of a hot, free meal is invited. On average 75 to 115 plates are served with "comfort, stick to your ribs type food". It's also a great opportunity to socialize with others. All are welcome.

For more information about Divine Savior Catholic Church and its many ministries, call (916) 989-7400 or go to www.divinesavior.com. The business office is open Monday - Friday, 8 am - 4 pm.



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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month.

GFWC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. www.orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton Fountainwood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628

WEEKLY MEETS

A1-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

A1-Anon in Spanish-en Español Valor para cambiar se reune los sabados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OV Grange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There

is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Folsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

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Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561 FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org.

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's 9:45-11:45 beginning September 11th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian family & parenting. Shared childcare. www.ovchurch.org/family. Please register. ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

Senior Lunch Program Brought to you by OV parks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from

10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website: www.saintfrancisfairoaks.org and follow us on facebook

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a-10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ www.sunrisecommunity.church St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

SENIOR LUNCHES

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Brrr...It's cold outside! Warm up this winter with Camp Fair Oaks' Winter Break Camp. Each week will include a variety of games, sports, crafts, snacks, and on site projected movie. Winter Break Camp is suitable for children ages 5 - 12 years old. Please note, each camp week is 3 days, Wednesday - Friday. No camp will be held on Mondays or Tuesdays. Space is LIMITED, and pre-registration is REQUIRED. Due to holidays registration for both camp weeks will close December 14. We can't take registration on site or past December 14. Register by visiting the Fair Oaks Recreation & Park District office Monday - Friday between 8:00AM - 5:00PM

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ORANGEVALE ROTARY CRAB FEED FUNDRAISER

By Ann Hively

Orangevale Rotary's 5th annual crab feed fundraiser on January 26 is fast approaching and tickets are selling fast! Our major fundraiser at Divine Savior Church begins at 5:30. Upon entering the hall, guests will once again enjoy the Open Bar and appetizer buffet! What a delicious, all you can eat feast catered by O'Connor's Santa Maria Grill : caesar salad, garlic bread, minestrone soup, rigatoni with meat sauce, and most important --fresh crab and shrimp! The very popular "Dessert Dash" gourmet cake auction will certainly prove to be the "icing on the cake"! Or visit the Inner Wheel's bakery where a variety of desserts are sure to tempt you! Thanks to the 45+ volunteer servers from the Casa Roble Interact Club, ROTC and AVID programs, most tables will have their own personal server for the evening!

Orangevale Rotarians are busy soliciting sponsors and a variety of silent and live auction items. The generously donated items and sponsorships provide funding for many community projects and programs such as the Orangevale Library, the Orangevale Food Bank and the Christmas Basket program for needy families. Crab feed profits will also fund classroom grants for teachers, dictionaries for all 3rd graders, senior scholarships, the Rotary Youth Exchange program, the RYLA summer leadership camp and the Interact

Club at Casa Roble. Yes, supporting schools, teachers and students in our community is a top priority for Orangevale Rotary!

Besides enjoying a great meal and socializing with friends and neighbors, many guests will be drawn to the Silent Auction tables where a variety of creative gift baskets, gift certificates and prizes are on display. Many guests will bid on the wine and 50/50 raffles! A highlight of the evening will be the exciting live auction! Fox 40 Live morning show TV host, Paul Robbins, is once again returning to serve as our very lively auctioneer. How about a 7-day Holland America cruise for 2 to Alaska, Mexico, the Caribbean or New England? Or a weekend for 2 at the Seascape

Ranch Resort? Your family will certainly enjoy the one week rental of a Tahoe cabin on the West Shore! Flying Samaritan pilot, Chris Nelson, is again offering a 2 hour scenic flight for 2 over SF Bay, the Napa Valley, or Lake Tahoe! These are but a sampling of the many valuable, exciting live auction prizes to be won!

We hope you will join us for this very entertaining evening that funds so many important projects and programs in the community! Tickets are available for \$65 from Orangevale Rotarians and at Orangevale Copy, 9267 Greenback Lane. Contact Michelle at Orangevale Copy if you wish to purchase tickets or donate an auction item or sponsorship (987-1090).

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presentation filled with music and lights and a story that welcoming to all ages. The Gift occurs December 21, 22 and 23 from 6:30, 7:15 & 8:00 pm. For more information, please contact the Church at (916) 988-2484 or go on-line to ChristTheKingOV.com



SANTA'S SENIOR ELVES

Every year, the residents of Heritage Oak Glen Mobile Home Park adopt a needy family for Christmas from those sponsored by Divine Savior Catholic Church. The community also collects food for the St. Vincent de Paul Food Pantry serving the Orangevale community. Two truckloads of food were delivered to Brian and Bob Collier, pictured above at left.

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on Mon-Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divnesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday

6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbco.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern

Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church - 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm - open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F - call 916.988.0998, smallwondersorangevale.org.

Sunrise Community Church - 8321 Greenback Lane, Fair Oaks. Sunday Worship Services - Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - sunrisecommunity.church

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)



I want Mom to:

- laugh
- make friends
- eat well
- feel secure
- have fun
- feel loved



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