

# Orangevale View

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CASA FOOTBALL UPDATE! PAGE 6

**GROW ORANGEVALE**  
 COMMUNITY ■ SMALL FARMS ■ LOCAL BUSINESS  
 NEW CHAMBER PRESIDENT SPARKS NEW  
 COMMUNITY INITIATIVE PAGE 19

The Orangevale Woman's Club and the  
 Orangevale Grange Are Hosting

**BUNCO  
 Night!**

Join us Friday, October 19<sup>th</sup>, 2018 at the  
 Orangevale Grange Hall for Bunco Night!!

5807 Walnut Ave, Orangevale  
 Everyone over the age of 18 is welcome!

Prizes for the most Bunco's, Most Wins, & Most Losses.  
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 50/50 Split.

Cost: **\$20 advance & \$25 at the door.** Paid admission  
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Doors open at 6:00pm, Games start at 7:00pm. For ticket in-  
 formation call: 916 849-5261 or 916 989-5190  
 (All proceeds go back to the OV community!)

## HOWL 'O WEEN FEATURES MUSIC, PETS, COSTUMES, & YOU CHCMB invites kids of all ages & businesses to participate in parade & festival

The 7th annual Howl 'o Ween Parade and Harvest Festival are scheduled for Saturday, October 20th, in Citrus Heights. Applications are now available for both parts of the popular event that was created and is coordinated by the Citrus Heights Community Marching Band (CHCMB).

The parade will kick off the festivities at 9 a.m. at the Auburn Boulevard and Twin Oaks Avenue intersection and will continue south down the Boulevard to the Harvest Festival at Rusch Park that is located at 7801 Auburn Boulevard. Past parade entries have included floats, musical groups and marching bands, antique and unique cars, lots of pets and their owners – both children and adults – dressed in costumes, and the River City Ghost Diggers in their eerie attire.

"We welcome young and old participants, businesses and organizations, and vehicle owners to join in the parade," said Kathy Cook, CHCMB Program Director.

Monetary prizes are awarded in six parade categories: canine, music, community organization, neighborhood association, local business, and classic car.

The Harvest Festival at Rusch Park will feature vendor booths, craft fair exhibits, demonstrations, musical and



Waving to the crowd at last year's Howl 'o Ween parade are Jim Cook of Citrus Heights and Marcia LeDoux, a member of the San Juan High School Alumni Association. Cook's 1928 Roadster won the 2nd place award in the classic car category. The event attracts about 3,000 guests.

other live performances, a kid zone, and food booths from 10 a.m. to 2 p.m. A very special guest has agreed to take time off from his Hawaiian vacation to be grand marshal of the parade and then "hold court and hear early wishes" from youngsters attending the Festival. In addition, the Citrus Heights Police Activities League (PAL) program will host a car show with more than 200 vehicles, including several police vehicles. Attendance is usually about 3,000 guests.

"Atlas Disposal is participating for the 4th time. We get to promote our business while celebrating with a very special band, big and small kids, doggies, and music," said Robin Stuhr, Atlas Disposal Controller.

For more information and/or to obtain registration forms for the parade and/or festival, contact Cook at (916) 725-0198 or at abusycook@aol.com. "We have a bargain rate for entries who participate in both the parade and the festival," said Cook.

This year's event sponsors include County of Sacramento, Walmart, Sunrise Recreation & Park District, City of Citrus Heights, Atlas Disposal, Republic Services, Citrus Heights Mower, Fireside Bowling Alley, Richard and Lilo Kniesel, and Bill and Kathleen Cook. Information about becoming a sponsor is available from CHCMB Marketing and Promotions Manager Sarah Schmelzer at (916) 879-6979 or at chcmbproductions@gmail.com. Howl 'o Ween is a fund-raiser for CHCMB that performs at more than 20 events throughout the Greater Sacramento region each year. Fundraisers help pay for musical instruments, repairs, uniforms, and music lessons. Band members range in age from 7 years to 88 years.



Getting ready to participate in this year's Howl 'o Ween event are 11-year-old Rayanna (left) and 8-year-old Mia. The girls, along with their father, Joey Rugne; their grandmother, Vikki Emmons; and their dog, Odie, will be part of the Grand Marshal's entourage in the parade and at the Harvest Festival.

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**ABOUT THE  
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

**SUBMISSION POLICIES:**

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for

anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

**Requirements are simple:**

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
  - (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
  - (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.
  - (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
  - (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.
- STAFF:  
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REMEMBER:**

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- FRI OCT 26 2018 Out To Public
- NOV 2018
- WED OCT 31, 2018 DEADLINE
- FRI NOV 9, 2018 Out To Public
- WED NOV 14, 2018 DEADLINE
- FRI NOV 23, 2018 Out To Public
- DEC 2018
- WED NOV 28, 2018 DEADLINE
- FRI DEC 7, 2018 Out To Public
- WED DEC 12, 2018 DEADLINE
- FRI DEC 21, 2018 Out To Public

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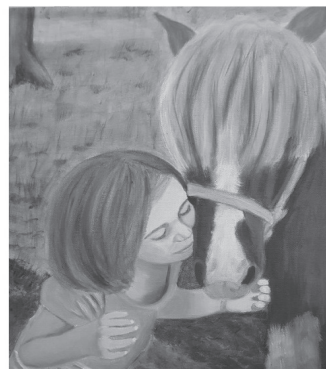
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## 2018 Scarecrow Contest Entry Form Celebrating Orangevale's Season of Harvest \$200 in PRIZES

Create your very own scarecrow and enter this fun contest. **EVERYONE including businesses, organizations, and individuals** are invited to enter. Contest sponsored by Orangevale Chamber of Commerce and Orangevale View. For more information call 916.934.2207 or visit: [www.orangevalechamber.com](http://www.orangevalechamber.com) or [www.ovview.com](http://www.ovview.com).

The entry fee is \$10 and **\$200 in cash prizes & gifts** will be awarded to the winners!

Please return this form to: **Scarecrow Entry, Lisa Montes, 9267 Greenback Lane B91, Orangevale CA 95662 with the \$10 fee. Issue checks to: Orangevale Chamber of Commerce.**

You may also drop off your application at Orangevale Chamber of Commerce M-Thur 10 am – 1pm (or slide under door) 9267 Greenback Lane B91, Orangevale CA 95662

Name: \_\_\_\_\_

Organization or Business (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Name of Scarecrow Entry: \_\_\_\_\_

### CHOOSE ONE

I will install myself on the pole or in front of my business to me between Oct 19-Oct 21, 2018.

Committee to install my scarecrow & I will deliver to Lisa Montes on October 20<sup>th</sup> between 9 am and 12 noon at Orangevale Chamber 9267 Greenback Lane B91, Orangevale.

Entrants may also set up their scarecrow on the assigned pole. Entries will be located along Greenback Lane (Walnut to Main Ave.) A map will be provided for contest judging).

The Orangevale Chamber of Commerce and Orangevale View are not responsible for lost, stolen, or damaged items. I understand that photographs of scarecrow entries and names of entrant(s) may be used for publicity and promotion.

Signature \_\_\_\_\_ Date \_\_\_\_\_

To be filled out by Committee:

Payment received by \_\_\_\_\_ : CASH\$ \_\_\_\_\_ CHECK# \_\_\_\_\_

### BASIC GUIDELINES FOR SCARECROW

Late Entries will be accepted up to time of judging. Entries must be registered and installed by 5pm, Oct 20, 2018, to be included for Judging. Basic 2x4 frames are recommended. You may have multiple entries (\$10 each).

Scarecrows that are difficult to assemble may still be submitted if they are installed on the designated pole by the maker.

All pieces must be secured so as not to be easily disassembled by the weather.

Names for display are optional. They may include naming the submission, name of maker including business name /phone number/website. These signs must be easily secured to the display pole or the scarecrow as not to create a safety hazard. Suggested is using an 8 1/2x11 laminated sheet stapled to the wood poles or tied to the metal poles. *Duct tape should not be used on the street lighting poles as it will damage the finish.*

You must remove it between November 3rd through the 6th. Any remaining entries will be disposed of.

Organizers may omit a submission if they find the theme offensive or too political.

If entry will be set up by Festival Committee it must be no more than 3 pieces to assemble not including the name sign. Scarecrows will be stored by organizers and reinstalled each year as long as the submission maintains its integrity.

Questions should be directed to the Scarecrow Chair: Lisa Montes at 916.934.2207 or email [editor@ovview.com](mailto:editor@ovview.com)



# COMMUNITY NUMBERS

## COMMUNITY MEETING SCHEDULE

Meetings are held in January, March, May, September and November.

Orangevale  
6826 Hazel Ave, Orangevale (Orangevale Rec & Park District) 2nd Tuesday, 6:00pm

## OTHER SHERIFF'S DEPARTMENT SERVICES

ALARM BUREAU 874-4616  
GUN PERMIT INFORMATION 874-8450  
IDENTIFICATION BUREAU 874-8093  
OFFICE OF INFORMATION/MEDIA 874-5021  
PARKING ENFORCEMENT DETAIL 876-6642  
PROPERTY BUREAU 875-5650  
RECORDS BUREAU 874-5383  
RECRUITMENT INFORMATION 874-2677  
RED LIGHT ENFORCEMENT PROGRAM 876-6643  
TOWING DETAIL 876-6641

## SACRAMENTO CO. CORRECTIONAL FACILITIES

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JUVENILE HALL 875-6996

## INVESTIGATIVE SERVICES CENTRALIZED INVESTIGATIONS

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CHILD ABUSE BUREAU 874-5191  
CIVIL DIVISION 875-2665  
HI-TECH CRIMES 874-3002  
IDENTITY THEFT 874-3000  
HOMICIDE BUREAU 874-5057  
PROPERTY CRIMES 875-5388  
ROBBERY BUREAU 874-5051  
SEXUAL & ELDER ABUSE BUREAU 874-5070  
SEX OFFENDER REGISTRATION DETAIL 874-5090

## OTHER SACRAMENTO COUNTY SERVICES

ADULT PROTECTIVE SERVICES 874-9377  
ANIMAL CONTROL (PUSH #2) 875-5232  
CHILD PROTECTIVE SERVICES 875-5437  
RESTRAINING ORDERS 875-3400  
GRAFFITI ABATEMENT (PUBLIC PROPERTY) 875-5171  
GRAFFITI ABATEMENT (PRIVATE PROPERTY) 875-5656  
GRAFFITI ABATEMENT (SMUD PROPERTY) 732-6043

COUNTY BOARD OF SUPERVISORS SUPERVISOR SUE FROST 874-5491  
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## INFORMATION DIRECTORY SACRAMENTO COUNTY SHERIFF'S DEPARTMENT

Sheriff Scott R. Jones  
Contacts:

Emergency 911 or 874-5111  
Non-Emergency 874-5115  
TDD Non-Emergency 874-7128  
www.sacsheriff.com  
www.facebook.com/SacSheriff  
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## NORTH STATION

5510 Garfield Avenue, Sacramento CA  
Phone: 874-1021 Mon-Fri, 8:00am-5:00pm

## NORTH SERVICE CENTERS

Dewey  
5484 Dewey Drive #235, Fair Oaks, CA  
Phone: 875-5484 Mon-Fri, 8:00am-5:00pm

## CRIME PREVENTION

SROI Francie Fitzsimmons  
Phone: 876-5708  
Email: mfitzsimmons@sacsheriff.com  
Areas: Carmichael, Fair Oaks, Old Foothill Farms, Orangevale.

## PROBLEM ORIENTED POLICING

To report issues email NorthPOP@sacsheriff.com or call 876-5729

## HOMELESS OUTREACH TEAM

HOT will deal with ongoing homeless issues.  
To report issues email NorthHOT@sacsheriff.com

## OTHER AGENCY CONTACTS

Reckless driving of ATV or dirt bikes, illegal parking of RV, and vehicle related nuisance issues contact:

POP CHP Email: 250POP@CHP.ca.gov (Jurisdiction area is West of Sunrise Blvd.)  
POP CHP Email: 260POP@CHP.ca.gov (Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access to health and human service programs, service and shelters.  
www.211sacramento.org/211

Sac County 3-1-1, Connect to report abandoned vehicles, broken street light, illegal dumping or get information about services. Mobile app is available.  
www.311.saccounty.net

## CRIME REPORT ONLINE

Allows citizens to submit an online report that occurs in the unincorporated Sacramento County and Rancho Cordova jurisdictions.  
http://www.sacsheriff.com/Pages/Services/ReportCrime.aspx

## SHERIFF'S ELECTRONIC EYE

Citizens and business owners to register the locations of their video surveillance systems with SSD. When a crime occurs, we can identify locations of surveillance

systems to help us collect video evidence.  
http://www.sacsheriff.com/Pages/SEE/SEE.aspx

## CRIME MAPPING

Citizens can view categories of crimes being reported and click on a specific incident to view information. https://www.sacsheriff.com/Pages/Services/OnlineCrimeMapping.aspx

## TIPS & ALERTS

Submit crime tips online (it can be anonymous). http://www.sacsheriff.com/Pages/Services/Tips.aspx Tip Line Phone: 874-TIPS (8477)

## ADMINISTRATION

Commander Captain Drew Wyatt 874-1015  
Assistant Commander Lieutenant Steve Dutra 874-1015  
Operations Commander Lieutenant Mary Saporito 874-1015  
Service Centers Director SROI Victoria Reyes 874-1015

## GOVERNMENT OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

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## ASSEMBLY MEMBER

KEVIN KILEY District Office- 8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430  
https://ad06.asmcrc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net

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# Local SPORTS



## CASA FOOTBALL UPDATE!

Casa Ram fans packed the house for the 2018 Homecoming game against Mira Loma in the first conference game of the season. The Rams scored in the first moments of the game and didn't look back, finishing the night with a shutout against the Matadors 63-0. The following Friday the Rams hit the road to Pioneer High School and continued the winning streak shutting out the Patriots 46-0. The Rams are 6-1 for the season and 2-0 in their new conference, Golden Empire League.

"I'm very happy with our strong start in league play and getting everyone playing time in front of the home crowd and away too," said Coach Horner. "The boys are doing well, but we still have a lot of work to do."

The Casa Rams play at home for their next two games against Woodland and Dixon before wrapping up league play against Mesa Verde at San Juan High School. Hope to see you under the lights!



Congratulations to Casa Roble High School Senior Vanessa Richie, for earning a scholarship to further her education and play Division I softball at the beautiful campus of Saint Mary's College of California in Moraga. Vanessa has worked for many years and to earn the privilege to play with and against the best of the best! During her first year at Saint Mary's, she'll be traveling to Utah, New Mexico, and Hawaii, playing teams like UCLA, Sac State, UOP, and CAL Berkeley!

Game) of Elk Grove, CA for many years where she is just one of eleven softball players that earned a D1 scholarship.

She loves the game, and she loves the competition it brings out in her! With the support of her family, friends, coaches, and teammates, Vanessa has given it her all and it has certainly paid off.

Over the years, there have been several young ladies from the Orangevale area that have received softball scholarships to further their education and play the sport they love! Please remember to support your local players through fundraising, donations, or coming out this spring to cheer them on! Your contribution truly makes a difference!!!

Congratulations Vanessa!!!! You earned it!!!

Nessa started softball in 2008 with American River Girls Softball at the age of six. She started pitching at the age of eight when her Coach told her parents he thinks she has the makings of a pitcher. From that moment, her course was set! She's played travel ball with the LTG Lions (Love The

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# THE GOOD, THE BAD, & THE UGLY

California's New Laws: The Good, the Bad, and the Ugly After nine months, 1,016 new laws, and 201 gubernatorial vetoes, this year's legislative session has arrived at its formal conclusion. Among the flurry of lawmaking, covering topics from cyber security to clean energy, three themes have dominated: taxation, public safety, and sexual misconduct. Now that the dust has settled, it is worth taking stock of where the state went right, where it went wrong, and what remains to be accomplished.

**Taxation:** Following last year's historic gas tax increase (which I strongly opposed), lawmakers have pushed forward with proposals for even more new taxes, including a tax on fireworks, a tax on cell phones and landlines, and the state's first-ever tax on water. Thankfully, all these taxes were defeated — though not without a fair share of mischief. For example, when supporters of the water tax realized they were just short of getting support from 2/3 of the Legislature (a requirement for new taxes), they attempted to rebrand their proposal as an "optional fee," which would have needed only a simple majority to pass. Fortunately, rank-and-file lawmakers saw through the ploy, and the bill failed anyway.

**Public Safety:** In recent years the Legislature's record on public safety has been especially abysmal. That trend continued through 2018, with new laws to reduce penalties for being an accomplice to mur-



Assemblyman Kevin Kiley

der, or in the case of young offenders, actual murder. There was some silver lining, however. My legislation to make it easier to prosecute disorderly conduct was signed into law, and the Governor vetoed legislation that would have permitted a city to administer injection sites for heroin.

**Safe Workplaces:** The legislature passed several measures aimed at stopping sexual harassment in the workplace. That includes legislation to require sexual harassment prevention training, as well as legislation to protect whistleblowers from retaliatory lawsuits. My own bill to protect California students from sexual misconduct in schools was also signed into law.

The results of this year's legislative session are decidedly mixed. One issue that's gone unaddressed, however, is California's increasingly unaffordable cost of living. With more Americans moving out of the Golden State than moving in, this must become our priority.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento Counties.

## FIVE POWERFUL WAYS TO TURN THE TIDE ON TOO MANY DRINKS OR DRUGS

There just might be someone in your family who drinks too much or misuses medications, especially after a surgery or injury. And they just might need some help leaving alcohol or other drugs behind and finding freedom from the substances that damage their lives.

Healing can truly begin when your loved one seeks treatment for their addiction or alcoholism, which we know today as a brain disease called "substance use disorder." And it's not just the "substance abuser" who finds recovery; the entire family can get better, too, with the help of these five basic steps: 1. Learn about substance use disorder, a brain disease that disrupts normal brain function so the addict/alcoholic persists in destructive behavior in spite of negative consequences. This is not a disease of character or a moral failing. You can't "guilt" your loved one out of this disease or "love it away," but you can empower a return to health by supporting him or her in sobriety, not in addiction or alcoholism.

2. Circle the wagons. Educate family members about what healthy support for recovery looks like. Substance use disorder is a family disease that can take everybody down; at the same time, an informed and united family is a powerful force in recovery.

3. Understand that you didn't cause your loved one's substance use disorder, you can't control it and you can't cure it. You didn't make him/her sick and you can't make him/her better. Recovery is your

**CONTINUE PAGE 11**



# CRACKING DOWN

## CRACKING DOWN ON REPEAT OFFENDERS

By Sacramento County Supervisor Sue Frost

In 2014 California passed Proposition 47, which reduced the classification of most nonviolent property and drug crimes from a felony to a misdemeanor. This policy resulted in a surge of automobile and petty theft crimes throughout the state of California, and the effect of this was seen in businesses and on the streets of Orangevale almost immediately. Since our jails are overcrowded and we do not have room to jail people for misdemeanor crimes, Sacramento Sheriff's would arrest someone for something like theft or drug dealing, only for them to be released that same day, skip bail, and get arrested soon after for something new.

There was a person committing crimes in Orangevale who was the poster-child for this behavior. He was unofficially referred to as the "Mayor of Orangevale" and was locally notorious for always being drunk in public and wreaking havoc on the community. In a period of eight days he was arrested six times, and each time he would be right back in the community the same day he was booked into jail. Another person in the County had around 1600 arrests accumulated through his lifetime (and no, that is not a typo).

In response to these, and similar criminals who act with complete disregard for the law, in 2016 Sacramento County implemented something called the "Chronic Nuisance Offender Program". It is a program I take pride in, and I want to explain to you how it works.

Whenever our Deputies notice someone who is getting arrested over and over again, they keep track and as soon as they have been arrested for the tenth time in a one year period, they notify the District Attorney's office. A District Attorney then offers the criminal a choice, they can either spend 120 days in jail, or they can spend 90 days in a drug or alcohol treatment program (90% of the people in this program are addicts). This produces one of two outcomes:

If they reject the treatment and spend the 120 days in jail, at a



Supervisor Sue Frost

minimum the community can be at peace for a four month period. But in many cases, we are seeing a much greater impact than that. Since these criminals are used to being able to get back onto the street the same day they are arrested, a four month stint in jail is a huge shock. Upon release, many times they either leave the area or clean up their act.

If they enter the drug/alcohol treatment program, we are getting the same benefits as the jail option since they are off the streets for 90 days, but with the added benefit of being able to attempt to treat one of the root causes for their criminal behavior. This only heightens the likelihood that we can positively impact their lives.

Neither I nor the majority of my district supported Proposition 47 because it makes it more difficult for our local law enforcement to keep us safe, but I am proud of what Sacramento County has done to think outside the box and work with what we have got.

Thank you for reading – and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@sacounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks, and Rancho Cordova



Join Supervisor Sue Frost, District 4, and many regional organizations for a Money Saving Workshop geared towards seniors. You will have resources at your fingertips which will help you find ways to save money each month to help counter the rising cost of living on a fixed budget. Food & beverages will be provided.

**SAVE THE DATE!**  
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# Real Estate News

## 5 BENEFITS OF A SMALL HOME

Thinking of downsizing your home? You can benefit in multiple ways from a smaller property, besides that of paying less for the purchase. Just consider these five great bonuses that come when you move in:

1. You'll have less property tax to pay. When you're watching your savings, property tax can be a challenge. But the more modest the house, the less you'll have to pay. You could be saving yourself a significant annual expense with your neat, little home.

2. There's less to heat in winter. Your energy bills could be pleasingly low in your modest-sized home, provided it's in excellent condition, and you live economically. You'll benefit particularly in the winter months, having only a small area to heat.

3. There's a compact area to decorate and furnish. Once you've moved in, you'll want to decorate your new smaller home, but paint and wallpaper cost money. Carpets and furniture can be jaw-droppingly expensive when you have a large area to cover. A small house, on the other hand, will be correspondingly cheap to decorate and furnish. If you can do the work yourself, you can save the cost of hiring a professional decorator, as you'd probably need to do for a very large home.

4. Cleaning and maintenance are simpler. Besides the cost-cutting bonuses highlighted above, there are also some practical advantages to a small home. When doing housework, for example, you'll

have less to dust and vacuum and fewer windows to clean. There also will be less to mend and maintain, and perhaps a smaller garden to manage, so you can look forward to a more comfortable life.

5. It's cozier. A large, rambling house can feel bleak and empty sometimes, even a little creepy on a dark and stormy night. A compact, little home, however, will help hold its snug, cozy feel, whatever the weather outside.

As you can see, there's more than enough to get you celebrating downsizing to a more modest property choice. Incidentally, snug, little homes tend to be cute and characterful, so that's good news all around. If you are thinking of downsizing, give us a call. We would love to help you in your home sale and new home purchase.

Sean & Colette Palmer  
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TOM FOOLERY

BY: TOMMY ZIMMERMANN



## FIVE POWERFUL WAYS TO TURN THE TIDE ON TOO MANY DRINKS OR DRUGS Continued from page 8

loved one's job; your job is to reclaim your own health and balance.

4. Seek support for your own recovery through Al-Anon, Nar-Anon, your house of worship, a workplace resource, a friend or a counselor. Clean & Sober Recovery Services offers free and confidential family support every Sunday. Call us at (916) 990-0190 to learn how that works.

5. Never give up hope that your loved one can join the twenty-three million Americans in long-term recovery. Elected officials, teachers, business leaders, strong parents...your loved one can join their ranks and claim the promise of a joyful, healthy life.

Susan King, Manager of Community Outreach for Clean & Sober Recovery Services

## “FISHIN TIME”

Hello everyone

Hope this finds everyone well and happy. Zing, there went summer and here comes Thanksgiving and Christmas. Boy, the time just flies when we are busy. And I really have been. Today I had a small window to get out and fish Folsom Lake so I went for it. The weather conditions were cloudy with showers, and there was a chance of thunder, not much wind, and warm, about 85. The clouds can really help spur the bite and I think that's exactly what happened as I caught my share of bass for the entire morning. The spoon bite was phenomenal. I love it when you catch em really good. That's the reason I go. That chance that you will boat a lot of fish and maybe catch a trophy bass in the process. The wa-



ter is really warm, about 73 degrees. Folsom lake will be on a 5mph soon and with the coming of rain the A Rig bite will pick up which I really like. Stay tuned it's going to be a fun winter.

Have fun and stay safe!

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- Assure safe and secure schools where every student and parent feel welcomed and are eager to contribute their time and talents to create a community of learners
- Build alliances with businesses, service organizations, faith-based organizations, and potential future employers to provide assistance to students and teachers through activities such as tutoring, internships, service opportunities and other real world experiences
- Assure that all students learn in well-equipped classrooms with the tools that allow them to become college and career ready
- Expand social and mental health services in all of our schools

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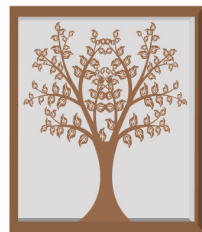
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Dressed in their favorite costume, kids can participate in the Trunk or Treat at 6pm then head inside with the family for the PG rated movie "Coco" at 7pm. The movie will be shown on a 16 foot screen indoors. Special thanks to Almond Heights Senior Living and Schools Financial Credit Union!



## MS Boys Basketball

Middle School Boys basketball season starts late October. Recreational leagues are offered for 6th, 7th and 8th grade boys at Pasteur, Carnegie, Gold River and Orangevale Open schools.



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6-9:30PM

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# Orangevale Cooks



by Suzanne Feblowitz

We made it to Apple Hill last week and we stocked up on apples for lunches and desserts. I will also get to make my favorite breakfast treat with them. This week I am sharing a "secret" family recipe with you. When I was a teen, my mom would make these delicious apple muffins. She received the recipe from a friend who didn't want the recipe shared, but I have the recipe and I am sharing it with you! It was a favorite breakfast treat for my family and now you can make this yummy treat for your family. If you would like to share a favorite fall recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

Apple Biscuits (muffins)  
1 ½ cups Sifted Flour  
1 ¼ tsp Baking Powder ½ tsp Salt

¼ tsp Ground Nutmeg  
½ cup Sugar  
½ cup Shortening  
1 Egg, beaten  
¼ cup Milk  
1 cup Grated Raw Apples

Preheat Oven to 350°. Sift together flour, baking powder, salt, nutmeg, and sugar. Cut in shortening. Add egg and milk, and then fold in apples. Pour batter in muffin pans with paper cupcake liners. Bake 20-25 minutes until they are golden in color and tester inserted into center comes out clean.

**TOPPING:**

¼ cup Butter, melted  
½ cup Sugar  
1 tsp Cinnamon  
Mix sugar and cinnamon together. When the muffins are cool enough to handle, dip each top into butter and then roll in cinnamon sugar mixture. Serve warm. Makes 12.

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from 8:00 a.m. to 10:30 a.m. Enjoy our Biscuits with our famous Homemade Gravy, scrambled Eggs, Ham, French toast and all you can eat PANCAKES. Our Orangevale 4H is yours servers. See you there!



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# PETACULAR

## FOOD FOR FIDO

I love my dog! No REALLL-LYYY, I LOVE my dog. I'm sure you do too and anyone else you talk with...I heard that most of us have more pictures of our pets than we do of our spouse. Guilty here. Very guilty. But I'll go home and take a few more.

If I took a poll and asked if you considered our pets "just pets" or "family" I doubt there would be many who would admit they didn't consider their pet a part of the family. I mean, don't we talk to them like they're people anyways? (They are, by the way).

According to Business Insider:

- Pet owners spend an average of \$126.19 every month on their furry friends
- Dogs are more costly than cats
- Fish are the cheapest pets; fish owners spend \$62.53 a month!

I could say that's insane... but I do it to.

I don't think our financial status even matters when we think of what we spend (or want to spend) on our pets. We'll do what we can.

It's a little harder for those who don't have much though.

That's why "Food for Fido" was born. It was out of the need to help feed the pets of those who need a little more help. It began about 3 years ago to support the Meals on Wheels AniMEALS program. Many low income seniors

will feed their pets before

### Food for Fido



they eat. This, in turn, negatively impacts their health. This year we want to bless the Fair Oaks/OV Food Bank and the Sunrise Christian Food Ministries Food Bank as well.

The Pet Food Drive will take place from Monday Oct. 1st to Monday, October 15th.

We're asking you to donate any type of Pet Food and even pet toys to this drive. While it's called Food for Fido, it's for dogs, cats, and any other pet you would like to support. We have local drop off locations that you can find on our "Food for Fido Sacramento & Placer" Facebook Page, or you can contact me, Luz Johnson, at urhisbeloved@gmail.com or at 916-397-9490.

## LET'S SHAKE, WIGGLE & ROLL FOR ANIMALS IN NEED

On Saturday, October 27th, we're rolling up our sleeves and tying our blue suede shoes to raise much-needed funds for the animals at the Sacramento SPCA. For the fourth consecutive year, the annual fundraising gala is being held at the Sacramento SPCA for a unique and up-close look at the services your support makes possible. The evening will feature shelter tours, adoptable animals, silent and live auctions, a grand prize raffle, wine grab, food and beverage tastings



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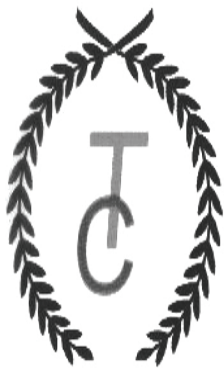
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# GROW ORANGEVALE

COMMUNITY ■ SMALL FARMS ■ LOCAL BUSINESS



Chamber President Brad Squires

## GREAT THINGS STARTING TO GROW IN ORANGEVALE

I am grateful for the opportunity to jump into the volunteer role of President for the Orangevale Chamber of Commerce. This organization was founded in 1955 and has a long history in our community. Orangevale is a great town with lots of character and diversity, strong values, and great people who've intentionally chosen this as home for their family. We like that Orangevale often resembles a small town that you might find out in the midwest. It's surrounded by developed urban communities, but many parts of Orangevale remain somewhat rural and undeveloped. Orangevale is a great community to raise a family, have a big garden, spread out a little bit, and maybe even have a couple backyard chickens or goats.

The purpose of the Chamber of Commerce is to promote business success by leading the advancement of economic and community development. I believe that it is our job to unite the community for the betterment of local businesses. A healthy, engaged community supports local businesses which then turn around and invest back into the community. It's a circle of support that I hope to develop and grow. The Orangevale Chamber is a network of community-minded businesses,

and it is our goal to find ways to connect our local businesses deeply into the community. I envision an Orangevale with growing businesses and a thriving, engaged, vibrant, healthy community.

### GROW ORANGEVALE COMMUNITY - SMALL FARMS - LOCAL BUSINESS

In leading the Chamber, I would like to introduce our new community theme of "Grow Orangevale". It represents a way for us to organize around what's important to Orangevale. It's a tool to help us align our various clubs, organizations, and businesses around an identity that defines our town. If we can put energy into Growing Community, Growing Small Farms, and Growing Local Businesses - I believe Orangevale will continue being the great small town that it has always been. To "grow" doesn't necessarily mean growing in size. In fact, I believe the growth we're looking for simply means being stronger, better, and more united. Healthy things grow, and I'm excited to make a contribution to Orangevale thru the Chamber that creates an environment of healthy economic and community growth.

So what is Grow Orangevale, anyway? Glad you asked.

#### Grow Community

There are many great civic organizations in Orangevale, many of which have been around longer than most of us have been alive. In September 2018, the Chamber kicked off the new Orangevale Community Council, which is an organization of organizations focused on providing direction and alignment in Orangevale. Our goal is to connect leaders for the purpose of giving the community a stronger sense of identity and vision for the future. When a community has a clear vision and its leaders are aligned, it be-

comes healthier. We want to increase collaboration, communication, awareness, and participation in existing community events, programs, and activities. We hope to create more high quality, collaborative community events. We'd also like to improve marketing communications, social media promotion & storytelling for local community organizations so that the good stories in the community are highlighted.


#### Grow Small Farms

Orangevale has a rich history in agriculture and small farming. Over the years, much of the town has been developed into smaller properties, but Orangevale's rural roots still run deep in our community. It's still a place where you can still enjoy the "good stuff" in life. We want to build our town's identity around its agriculture and small farm roots. There has been a cultural shift and renewed interest in the rural lifestyle, which is what Orangevale has to offer. Orangevale is a place where you can have a small backyard farm - chickens, a large garden, horses, and enjoy a little more of the rural lifestyle. We hope to build around that to further develop our town's identity. Why is this important to the Chamber? Our goal is to advance economic and community development, and strengthening our town's identity will help both of those things.


#### Grow Local Business

The ultimate purpose of the Chamber of Commerce is to promote business success in Orangevale. We believe small businesses are the key to developing energy and momentum in a community. Many of our local business owners are the same people who coach soccer teams and get involved in the community. We hope

CONTINUED ON PAGE 21



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My husband and I were raised in Orangevale, CA.

In 2015, our 3 yearold was diagnosed with Juvenile idiopathic Arthritis (JIA) when he right knee swelled up to the point where he reverted back to crawling for almost 6 months. That is how long it took us to find the right doctors to figure out what was wrong with him. Once he was officially diagnosed, he received the proper treatment and was able to walk again.

Juvenile arthritis is not a condition that is treated one time and then is cured. It is a condition that changes on a daily basis – sometimes even hourly – depending on how active the child is. There are 300,000 kids in the United States that struggle with the chronic pain of juvenile arthritis.

The arthritis affects our son's knees, ankles, and elbows. He struggles with pain and swollen joints constantly to help ease the pain, he is given injections at home every 2 weeks.



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The arthritis foundation has been very helpful to our family in providing support through family days, camps, and conferences to help our family learn how to care for our son.

We are holding a couple of fundraisers to help find a cure for Juvenile Arthritis so that one day our son and the other children fighting this illness will not have to live with chronic pain.

Please join our family at one of the local fundraisers to support this cause.

October 13, 2018 Mountain Mikes, 5640 Auburn Blvd, Sacramento, California 95841. 1-7 pm

December 9, 2018 Jingle Bell Run, Crocker Park, 211 O Street, Sacramento, 7am-10am If you have a local business – I am still looking for sponsors for our team: Kelley Krew – please reach out to me at kelleykrew-strongerthanja@gmail.com or call 916-337-6684.

Thank you for your support Brian and Jaime Kelley

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# COMMUNITY GROUPS & MEET UPS

## MONTHLY EVENTS

**American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM.**

**GFWC ORANGEVALE WOMEN'S CLUB**  
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at [OrangevaleWoman'sClub.org](http://OrangevaleWoman'sClub.org) or 988-1876.

**Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.**

**Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. [www.orangevale4-H.weebly.com](http://www.orangevale4-H.weebly.com)**

**Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at [OrangevaleGrange.org](http://OrangevaleGrange.org)**

**Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.**

**The Dementia Support Group is held at Eskaton FountainWood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at [Sharon.wold@eskaton.org](mailto:Sharon.wold@eskaton.org)**

**The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628**

## WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit [al-anon.alateen.org](http://al-anon.alateen.org).

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. [Follsombridge@gmail.com](mailto:Follsombridge@gmail.com). 8680 Greenback Lane, Orangevale,

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Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561)

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit [www.foodaddicts.org](http://www.foodaddicts.org).

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's 9:45-11:45 beginning September 11th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian family & parenting. Shared childcare. [www.ovchurch.org/family](http://www.ovchurch.org/family). Please register. ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at [www.rootcellar.org](http://www.rootcellar.org).

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website: [www.saintfrancisfairoaks.org](http://www.saintfrancisfairoaks.org) and follow us on facebook

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a-10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ [www.sunrisecommunitychurch.org](http://www.sunrisecommunitychurch.org)

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female). First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

## SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

## FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

## COMMUNITY CALENDAR

OKTOBERFEST Christ the King Lutheran Church On Saturday, October 13 @ 5:00 pm, join Christ the King Lutheran Church (5811 Walnut Ave. Orangevale, CA) for their annual Oktoberfest. Come and enjoy the tastes of Germany with Oktoberfest inspired food and drink. Also, join in the fun with an exciting silent auction and raffle. All proceeds support the ministries of Christ the King Lutheran Church and those who have been impacted by the CA wildfires. Tickets: Adults: \$15.00 (at the door \$20)/ Kids 5 & under are FREE/ 4 tickets for \$55. For more information about Oktoberfest or for tickets, please contact the Church at (916) 988-2484 or go on-line to [ChristTheKingOV.com](http://ChristTheKingOV.com)

Trunk or Treat is a safe and fun way for kids to enjoy the season with friends and neighbors in our community. Vehicles will be decorated in creative ways by their owners, and children will trick or treat from trunk to trunk filling their bags with candy! It's all free and it's all happening in the parking lot of the Orangevale church of Christ, 5915 Main Avenue in Orangevale from 4 to 6 pm on Saturday, October 27

METRO FIRE IS OFFERING FREE BASIC CERT TRAINING ON  
October 18th  
6:00pm-10:00pm  
October 20th  
8:00am - 5:00 pm  
October 25th  
6:00pm-10:00pm  
October 27th  
8:00am - 5:00 pm

Learn about disaster preparedness and response. All classes are held at Metro Fire Station 21 7641 Greenback Lane in Citrus Height. For more information email [MFCertBasic@gmail.com](mailto:MFCertBasic@gmail.com)

GROW ORANGEVALE  
Continue from page 19

to make Orangevale a great place for small businesses to thrive. We want to fill the commercial vacancies with vibrant community-minded businesses. The Chamber's role in this is to collaborate with property owners and civic officials, clearly articulate what makes Orangevale unique, to create opportunities for businesses to connect, and to encourage the community to support our local businesses. Healthy things grow, and a healthier community will lead to a growing, flourishing business environment. Grow Orangevale is a community initiative led by the Orangevale Chamber of Commerce, Orangevale Community Foundation, and Orangevale Community Council. Organizations participating in the Orangevale Community Council include the Sacramento County Supervisor Sue Frost, Orangevale Recreation and Parks, Orangevale Grange, Orangevale Rotary, Orangevale View, Orangevale Food Bank, Orangevale 4-H, Casa Roble High School, CRHS FFA, CRHS Booster, San Juan Unified School District, Orangevale Women's Club, Orangevale Farmers' Market, Orangevale Happenings, Orangevale Crime Watch, Orangevale Library, Friends of the Orangevale Library, Orangevale Water, G.L.O.V.E., CPAC, Twin Lakes Riding Club, and a few designated representatives from the church and business community.

To stay connect with Chamber updates, visit [orangevalechamber.com](http://orangevalechamber.com) and expect regular social media updates at [facebook.com/Orangevale-Chamber](http://facebook.com/Orangevale-Chamber). The Orangevale community has a bright future - and we are hopeful for greater things to come! Looking forward to getting to know you!

Brad Squires, President

# COMMUNITY SPOTLIGHT

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On September 10th family and friends from far and near joined her in celebrating her 100th birthday. She was born Dorothea Harper in Missouri. She was born near the end of WWI. Shortly afterwards her family moved to Minnesota where she attended Otterlake grade school A 1 room country school. She graduated From Sebeka High School and after graduation she sang on the radio and worked in a local 5 and 10 for the salary of \$1 per week. In her early 20's she met Alvin Siemsen who she married. He was the love of her life. Together they moved from Minnesota to the state of Washington like so many others a did during WWII. From Washington to Oregon to California and the Sacramento area where they permanently settled. She was a long time member of the O'vale SDA Church where she volunteered in the Community Outreach programs. She now lives in Oroville but 2 children, 2 grandchildren, 2 great-grandchildren remain here. Now forward to the 22nd hundred years!

Written by daughter Beth Barwick



*100 Year Celebration at the Capital Airshow  
Photos by Tom Paniagua*



*100 Year Celebration at the Capital Airshow  
Photos by Tom Paniagua*

The State Capitol region gathered on September 21, 22 & 23 to honor Mather Airport's 100 years of service to our nation and communities. Fans enjoyed two days of non-stop action and Airshow excitement headlined by the USAF Thunderbirds along with a spine-tingling lineup of world-class performers including the Canadian Forces F-18 Hornet, US Army Golden Knights, Air Force Heritage Flight featuring the F-35 Lightning, miles of amazing aircraft displays and interactive activities – combined with a spectacular Friday night airshow, including a wall of fire, massive fireworks display and a high-energy concert featuring 'Wonder Bread 5' to make Mather Airport's Centennial Birthday Bash truly unforgettable!

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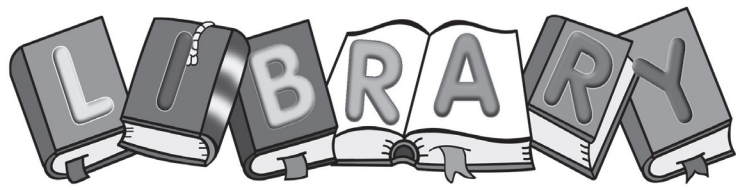
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**ORANGEVALE  
LIBRARY, 8820  
GREENBACK BLVD,  
SUITE L, ORANGEVALE.**

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online at [sacilibrary.org/events](http://sacilibrary.org/events). You can find this program every Friday from 1:00 – 3:00 PM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

LEGO Mindstorms EV3 – LEGO Robotics – Limited to ages 9 – 14 – Session 2 Saturday, October 13, 10:30-12:30 p.m. Join us for an exciting STEM program with an instructor-led LEGO Mindstorms EV3 program. Participants will learn to design, build and program robots using the LEGO Mindstorms EV3 kit. The lesson from Saturday will be repeated on the following Saturday so please only register for 1 class each week. Please register starting September 15th at [sacilibrary.org/events](http://sacilibrary.org/events). Generously funded by the Friends of the Orangevale Library. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Adult: Book a Genealogist Saturday, October 13, 2:00-4:00 pm Do you need help with researching your family's history? Orangevale Library's volunteer genealogists from the Root Cellar Sacramento Genealogy Society are available to assist you with a free, 60-minute session starting at 2 and 3pm. To make an appointment, register online, call the library at 916-264-2920, or visit a Sacramento Public Library branch in person.

Adult: Third Tuesday Adult Painting (ages 18+) Join us the third Tuesdays of the month for art practice with acrylic paints. Create a painting you can keep with all materials provided. Instructor led acrylic painting with Ciara Cuminsky in Mar, June, Sept, and Dec. Space and supplies are limited- Registration required at [sacilibrary.org/events](http://sacilibrary.org/events). Generously funded by the Friends of the Orangevale Library. Tuesday October 16th from 5:30 PM – 7:30 PM. at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Early Childhood: Family Storytime (0-5) Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after Storytime. Thursdays, 10:30 AM – 11:00 AM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Youth Art Journaling - Do you like getting crafty and drawing? We're calling all middle school and high school students to join our teen facilitated art journaling program! Provided with generous support from the Friends of the Orangevale Library. Thursday October 18th from 3:15 – 4:30 PM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

School Age: Read to a Dog - Come read to some paw-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every month from 3 PM to 4 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult: Third Saturday Author Visit – Melt: the Art of Macaroni and Cheese with local author, Stephanie Stivetti. Join us for the next installment in our 3rd Saturday author visit series featuring local author, Stephanie Stivetti as she discusses her book,

Melt: the Art of Macaroni and Cheese. Stephanie and Garrett McCord are local Sacramento food writers, cookbook authors, and former pastry chefs. Together they wrote Melt: the Art of Macaroni and Cheese, a full-color cookbook that elevates America's favorite dish to new heights by way of fresh ingredients and new cheese combinations. The core concept of the macaroni and cheese aesthetic remains, but they've elevated comfort food to a new level. Join Stephanie for a live QA where she will discuss cooking with cheese, creative recipe development, and what it takes to write a cookbook. Saturday October 20th from 1–2:30 at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale \*Book sales will follow the program

LEGO Mindstorms EV3 – LEGO Robotics – Limited to ages 9 – 14 – Session 3 Tuesday, October 23, 5:30-7:30 p.m. Limited to ages 9-14. Join us for an exciting, free STEM program with an instructor-led LEGO Mindstorms EV3 program. Participants will work in groups and learn to design, build and program their creation using the LEGO Mindstorms EV3 kit. The lesson from Tuesday will be repeated on the following Saturday so please only register for 1 class each week. Registration available 10 days prior to the class at [sacilibrary.org/events](http://sacilibrary.org/events). Generously funded by the Friends of the Orangevale Library.

Tween Book Club @ Orangevale Library Join us at our monthly book club for 9-12 year olds. Eat snacks, chat about our book, participate in activities, and make new friends. Pick up a copy of this book at the Orangevale Library. This month we are reading "Wild Robot" A robot is lost and alone on a remote island. How will she survive? Thursday October 25th from 3:30 – 4:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

LEGO Mindstorms EV3 – LEGO Robotics – Limited to ages 9 – 14 – Session 3 Saturday, October 27th 5:30-7:30 p.m. Limited to ages 9-14. Join us for an exciting, free STEM program with an instructor-led LEGO Mindstorms EV3 program. Participants will work in groups and learn to design, build and program their creation using the LEGO Mindstorms EV3 kit. The lesson from Tuesday will be repeated on the following Saturday so please only register for 1 class each week. Registration available 10 days prior to the class at [sacilibrary.org/events](http://sacilibrary.org/events). Generously funded by the Friends of the Orangevale Library.

Adult Book Club - Please be sure to pick up a copy of our October book club selection, I'll be Gone in the Dark, by Michelle McNamara. I'll be Gone in the Dark is "A masterful true crime account of the Golden State Killer– the elusive serial rapist turned murderer who terrorized California for over a decade– from Michelle McNamara, the gifted journalist who died tragically while investigating the case. For more than ten years, a mysterious and violent predator committed fifty sexual assaults in Northern California before moving south, where he perpetrated ten sadistic murders."–Amazon. com. Saturday, October 27th from 1:30 - 2:30. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Ballot Measure Explainer - The League of Women Voters offers a nonpartisan explanation of the 12 measures on the 2018 California ballot. Learn about the provisions, fiscal effects, main arguments for and against and the supporters and opponents. Bring your questions and your sample ballots. Saturday October 27th from 2:30 – 4:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

# WORSHIP INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, [calvaryfo@comcast.net](mailto:calvaryfo@comcast.net) [www.calvarychapelfo.com](http://www.calvarychapelfo.com)

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 [www.ChristTheKingOV.com](http://www.ChristTheKingOV.com) Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church [www.chsda.comcast.com](http://www.chsda.comcast.com)

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome [www.divnesavior.com](http://www.divnesavior.com)

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, [www.fopc.org](http://www.fopc.org)

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am

and 6pm. Bible Study Wednesday 6:30pm . Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 [www.firstbaptistov.org](http://www.firstbaptistov.org) Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or [www.gbco.org](http://www.gbco.org)

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: [www.ovchurch.org](http://www.ovchurch.org)

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, [www.ovsda.org](http://www.ovsda.org) / [office@ovsda.org](mailto:office@ovsda.org). Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, [www.ovschool.org](http://www.ovschool.org)

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic

Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, [hispathway.org](http://hispathway.org)

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, [redeemercov.com](http://redeemercov.com), Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998, [smallwondersorangevale.org](http://smallwondersorangevale.org).

Sunrise Community Church – 8321 Greenback Lane, Fair Oaks. Sunday Worship Services – Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - [sunrisecommunity.church](http://sunrisecommunity.church)

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // [info@lifecenter.church](mailto:info@lifecenter.church) Sunday Services at 9 & 11am, free childcare provided

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 [Valleyredempchurch@att.net](mailto:Valleyredempchurch@att.net) Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

# WINTER TEMPERATURES!

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