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**CASA RAMS PLAYOFF GAME NOVEMBER 9!**  
 Come cheer the Casa Rams to victory in the first round of playoffs against the Patterson Tigers on November 9th on Newman field at Casa Roble High School. Gates open at 5:45 pm and kick off starts at 7 pm. Get there early to get a seat and some food too! Please note play off ticket prices: \$10 for adults, \$7 for seniors (60 +), \$7 all students (K -12), and children under 5 are free. Preferred parking will be available near the gate for a donation of \$10 with proceeds supporting the 2018 Sober Grad night. Hope to see you there! Go Rams!



## A SPOOKTACULAR BAKE SALE AND COMMITTED STUDENTS RAISE MONEY TO INSTALL A LITTLE FREE LIBRARY

The Upper Elementary students at Claire’s Montessori International Academy in Orangevale planned and executed a Halloween-themed Bake Sale to raise money for their community service project. Students plan to install a Little Free Library in front of their school on Beech Avenue. Little Free Libraries are a global phenomenon. The small, community-based book exchanges number 60,000 around the world in 80 countries — from Iceland to Tasmania to Pakistan and play an essential role by pro-



viding 24/7 access to books and encouraging a love of reading. Now, because of the efforts of these Orangevale students, a new Little Free Library will be installed in our community for students and the neighborhood to enjoy for years to come.

A parent volunteer shares “students were excited and proud to exceed their bake sale goal, with support from their school community, and look forward to installing the library this Spring.”

Over the next few months, students will continue to fundraise, sponsor a book drive, plan the ribbon cutting ceremony and learn more about becoming Free Little Library stewards.

For more information about Free Little Library: <https://littlefreelibrary.org>  
 Authored by: Candy Judson

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**ABOUT THE  
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

**SUBMISSION POLICIES:**

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for

anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

**Requirements are simple:**

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

**STAFF:**

Brad Tatum -  
**Publisher/Advertising**  
Lisa Montes -**Editor**  
Reporter -Elizabeth Brown  
Suzanne Febowitz - Recipes

Photographer  
Tom Paniagua  
Chris Morairty

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\*\*\*

**DATES TO  
REMEMBER:**

NOV 2018

WED NOV 14, 2018 DEADLINE

FRI NOV 23, 2018 Out To Public

DEC 2018

WED NOV 28, 2018 DEADLINE

FRI DEC 7, 2018 Out To Public

WED DEC12, 2018 DEADLINE

FRI DEC 21, 2018 Out To Public

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Meetings are held in January,  
March, May, September and  
November.

Orangevale  
6826 Hazel Ave, Orangevale  
(Orangevale Rec & Park  
District) 2nd Tuesday, 6:00pm

### OTHER SHERIFF'S DEPARTMENT SERVICES

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GUN PERMIT INFORMATION 874-8450  
IDENTIFICATION BUREAU 874-8093  
OFFICE OF INFORMATION/MEDIA  
874-5021  
PARKING ENFORCEMENT DETAIL  
876-6642  
PROPERTY BUREAU 875-5650  
RECORDS BUREAU 874-5383  
RECRUITMENT INFORMATION  
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IDENTITY THEFT 874-3000  
HOMICIDE BUREAU 874-5057  
PROPERTY CRIMES 875-5388  
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SEX OFFENDER REGISTRATION  
DETAIL 874-5090

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CHILD PROTECTIVE SERVICES  
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### NORRTH DIVISION PUBLIC INFORMATION DIRECTORY SACRAMENTO COUNTY SHERIFF 'S DEPARTMENT

Sheriff Scott R. Jones  
Contacts:  
Emergency 911 or 874-5111  
Non-Emergency 874-5115  
TDD Non-Emergency 874-7128  
www.sacsheriff.com  
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### NORTH STATION

5510 Garfield Avenue, Sacramento CA  
Phone: 874-1021 Mon-Fri, 8:00am-5:00pm

### NORTH SERVICE CENTERS

Dewey  
5484 Dewey Drive #235, Fair Oaks, CA  
Phone: 875-5484 Mon-Fri, 8:00am-  
5:00pm

### CRIME PREVENTION

SROI Francie Fitzsimmons  
Phone: 876-5708  
Email: mfitzsimmons@sacsheriff.com  
Areas: Carmichael, Fair Oaks, Old  
Foothill Farms, Orangevale.

### PROBLEM ORIENTED POLICING

To report issues email NorthPOP@  
sacsheriff.com or call 876-5729

### HOMELESS OUTREACH TEAM

HOT will deal with ongoing homeless  
issues.  
To report issues email NorthHOT@  
sacsheriff.com

### OTHER AGENCY CONTACTS

Reckless driving of ATV or dirt bikes,  
illegal parking of RV, and vehicle related  
nuisance issues contact:  
POP CHP Email: 250POP@CHP.ca.gov  
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POP CHP Email: 260POP@CHP.ca.gov  
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2-1-1 Sacramento for referrals/access  
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www.211sacramento.org/211

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www.311.sacounty.net

### CRIME REPORT ONLINE

Allows citizens to submit an online  
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### TIPS & ALERTS

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874-1015  
Assistant Commander Lieutenant Steve  
Dutra 874-1015  
Operations Commander Lieutenant  
Mary Saporito  
874-1015  
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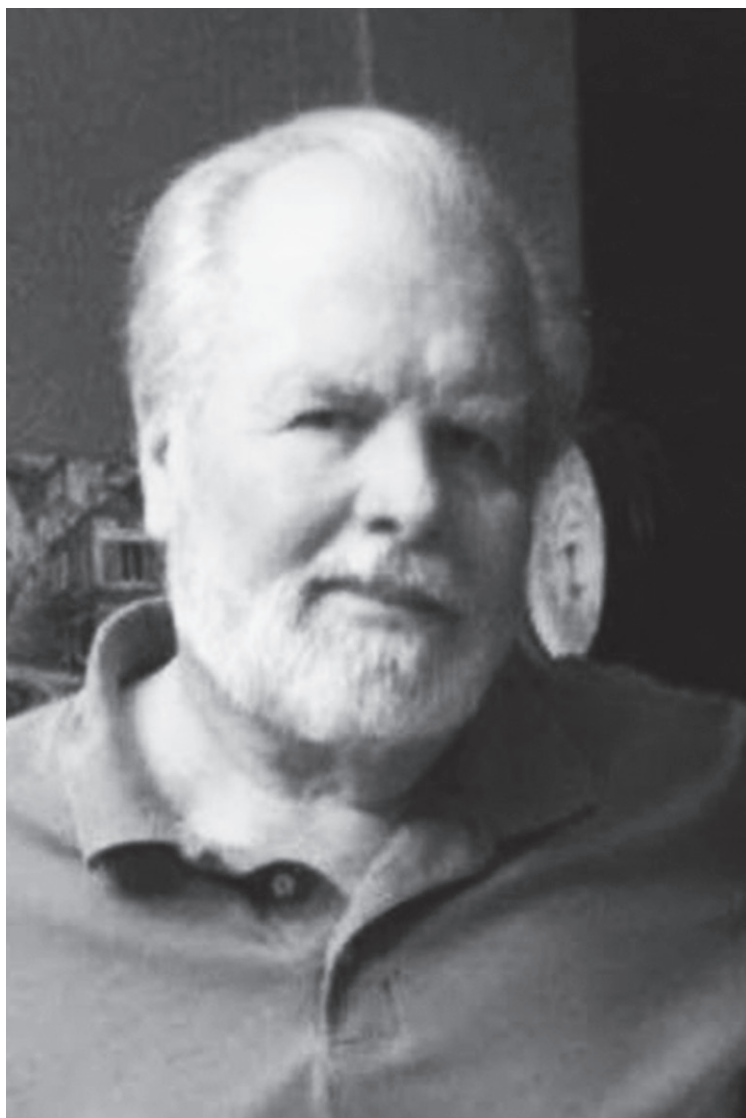
COUNTY SUPERVISOR Susan Frost District 4  
700 H Street, #2450 Sacramento, CA 95814 (916)  
874-5491;

### Orangevale CPAC (Community Planning

Advisory Council) Meets the 1st Tuesday of every  
month at the Orangevale Community Center,  
6826 Hazel Ave. Meeting Room B at 6:30 pm. For  
more information visit planning.sacounty.net



# ANNOUNCEMENTS



**DANNY RICHARD  
MELOHN**  
8-1-1944 TO 10-15-  
2018

Born in Preston MN to Donald and Violet Melohn. Passed away peacefully in his sleep in Orangevale. Proceeded in death by Father Donald Melohn. Survived by Mother Brother Michael and Sister Judi, Daughters Ginee, Tina and Laurie. Six grandchildren. Five great grandchildren. Resident

of Orangevale since 1958. Graduated San Juan High School 1962. Enlisted in Airforce in 1962-served our Country for 4 years. Resided in Thayne Wyoming where he Built custom homes and loved to hunt and fish there. Celebration of Life on Nov 9th 3:00 pm. VFW Post #6158 8990 Kruitof Way, Fair Oaks, CA

## VETERANS DAY

The eleventh hour of the eleventh day of the eleventh month 1918 – an armistice, or temporary cessation of hostilities, was declared between the Allied nations and Germany in the First World War. Since no one knew that there would be a sequel in 20 years, it was known as "the Great War" or the war to end all wars but didn't have a number. Commemorated as Armistice Day beginning the following year, November 11th became a legal federal holiday in the United States in 1938. In the aftermath of World War II and the Korean War, Armistice Day became Veterans Day, a holiday dedicated to American veterans. Unlike Memorial Day, it was not in-

tended to just remember those that fell in battle. Instead it was a day to recognize all those that men and women that have served over the course of 241 years of this nation's existence. Whether the service was in war time or peace time or in foreign countries or at home, the Veteran would be recognized on this day. The veteran knows not what the situation will be when they sign the bottom line and raise their right hand and promise to support and defend the constitution. Peace time quickly can become war time.

Every year, Sylvan Cemetery in Citrus Heights honors those that served in the defense of their county. This year the Veterans Day service will be held on Sunday, November

11, 2018, at Sylvan Cemetery, 7401 Auburn Blvd., Citrus Heights. The ceremony begins at 10:30 with a march through the historical section of the cemetery, stopping briefly at each flag station to read a prayer and salute the flag. The men marching include the American Legion and American Legion Auxiliary, VFW, Sons of Union Veterans of the Civil War, Sons of the American Revolution, Boys Scout troop 228, Police Officers of the Citrus Heights Police Department and all others that wish to march. This march will last about 30 minutes. The march will conclude at the gazebo where there will be a one hour ceremony. Many of the men marching will be in uniform – past and present – from American Revolution to modern day.

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# Local SPORTS



The Casa Rams winning Varsity team: Corbin Farias, Mason Rozumowicz, Nolan Rozumowicz, Jon Allie, Chris Billings and Sam Royston.



## FISHIN TIME

**CASA RAM CROSS COUNTRY LEAGUE CHAMPS!**  
Congratulations to the Casa Varsity and JV Cross Country teams for winning the Golden Empire League Championship 2018! All three levels of the Casa teams competed well and most notable, the Varsity team earned a perfect score at the meet hosted in the hilly terrain of Woodland. All three of the teams, frosh, JV and Varsity qualified for the upcoming section championships on Saturday, November 10th in Folsom. This meet is the qualifier for the State Championship. Best of luck! Go Rams!!

Hello everyone, I hope this finds everyone well and happy. I made another boating trip out to Folsom Lake this past week for a short morning trip. We had a full moon and I new the majority of bass would have full bellies from a easy night of feeding. Trusting your fish graph is paramount to finding active fish in these circumstances. You're gonna see a tremendous amount of bait that isn't being attacked and you need to keep moving till there is bass feeding on the bait. That greatly increases your chances of getting bit. My morning was very slow as expected. I kept moving and finally saw what I wanted. Very aggressive bass in bait. For an hour I caught fish on my spoon. One almost broke my largest record for a Spotted bass, an incredible fishing hour that I won't forget soon. Just like in life the harder we work the better the rewards can be and by the way, my reward for hard work is more hard work. It's fun. Be safe, have fun, and share some time on the water with a friend.

Thanks, Danny Miller

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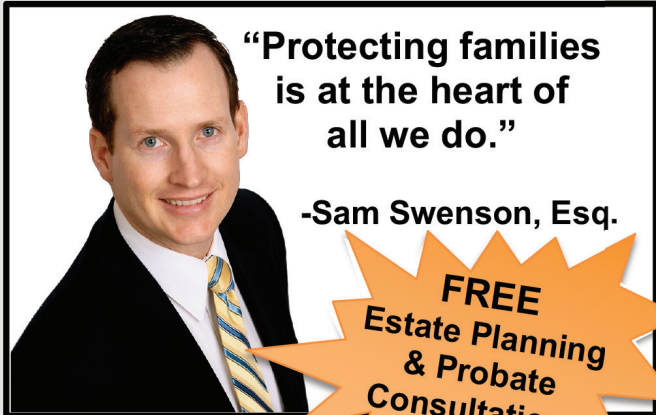
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# FOOD FOR FIDO

Food for Fido was a great success!

Thank you to all of you who donated to Food for Fido. You gave close to 600 lbs of pet food! Our community ROCKS! Thank you to all of our Drop-Off Location Partners for committing to this and sharing with your family, friends, and those you work with. I want to personally thank Pearl and Mark at Badfish Coffee & Tea; Kat at The Prancing Poodle; Sean Palmer with Palmer Real Estate; Vanessa Grenyion and Dot Boyd with HealthQuest; The OV/FO Food Bank and Sunrise Senior Living.

If you have any questions about Food for Fido, feel free to contact me, Luz Johnson, LPL Financial, at 916-241-3046, or at luz.johnson@lpl.com

## Thank you to all of you who donated!

**You gave almost 600 POUNDS of pet food!**

**Thank you to our Drop-Off locations as well.**

**Please support them as they continue to support the community!**





# CRACK DOWN ON HOMELESS CAMP

## 9th Circuit Court Takes Control of County's Authority to Crack Down on Homeless Camps

By Sacramento County Supervisor Sue Frost

In September of this year, the Ninth Circuit Court of Appeals issued a decision in the case *Martin v. Boise* which ruled local governments cannot cite or arrest anyone for sleeping on public property when adequate shelter beds are unavailable. Because of that ruling, Sacramento County Parks Rangers stopped enforcing the County anti-camping ordinance at our regional parks and dependent park districts. On October 16th, the Board of Supervisors discussed the implications of this decision, so I thought this would be a perfect opportunity to update you on the subject.

As soon as I heard that our Park Rangers had stopped enforcement of our anti-camping ordinance, I reached out to my constituents and asked for their input. There were some great suggestions, but most of those suggestions had some critical flaw that is not immediately obvious. Drug free requirements are not allowed because we cannot place any conditions on the people who are offered housing. Designating certain areas of the parkway for camping is not allowed because we have to give access to all locations. Creating a "tent city" does not lower the amount of shelter we need to build in order to start enforcing our ordinance again, because in order for a unit to count as shelter it must meet certain requirements like a minimum amount of space and running water.

This is an issue that we need to get used to for a while.



Supervisor Sue Frost

The ruling is being appealed to the U.S. Supreme Court, but since no stay of enforcement has been issued, the court decision is the law of the land (for now). I could easily see this decision being overturned, but we are years away from that ever happening and we can't hold our breath waiting for that possibility. We have to act now and deal with this issue.

The obvious solution is to build shelter, because if enough shelter is built than we can go back to enforcing our ordinance. We have been actively doing that through our scattered site shelter model, which is where we utilize currently vacant single-family properties that house individuals in need of shelter. The houses are spread out so there are only a small amount in each community, each house has 24-hour in-house monitoring, and the residents get connected with the social services they need to fix the problems that were keeping them homeless.

Earlier this year California allocated nearly \$20 million in funding that Sacramento County and Sacramento City are eligible to receive, just so long as we declare a "shelter crisis" in Sacramento County. So on October 16th Sacramento County made this dec-

laration, which doesn't really obligate Sacramento County to anything new, given the Ninth Circuit decision.

Among other things, this money will get us significantly more homes for the scattered site shelter model I described above, increased family shelter capacity, and the creation of a program that connects homeless youths with families who want to house them on a short-term basis.

On top of that, if Proposition 2 passes in November Sacramento County will be able to allocate more dollars to housing for the homeless, that were previously dedicated to mental health for the homeless.

Unfortunately, I do not think this will get us the amount of housing needed to go back to enforcing our ordinance, and neither do my colleagues on the Board of Supervisors. We told staff that we are not satisfied with the status quo, and want them to report back to us on if we can more rigorously enforce along our parkways. We have health and safety concerns for the people trying to utilize the parkways, and also concerns about the environmental damage being done. In 2018 alone we have removed over 6.5 million pounds of trash from our parkways, and that's not acceptable.

I have compassion for the homeless, which is why I have authorized funding multiples times now for new homeless programs – but I also have compassion for the residents of our County who want to use our parks/parkways for recreational purposes. I'm committed to finding a solution to this impasse our community is in, and will update you as we work through it.

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# ENTERTAINMENT

The Crocker Art Museum is proud to announce the opening of “American Beauty and Bounty,” an exhibition of 19th-century American paintings that are as treasured for their aesthetic as for their national importance.

Open for public view starting this week, this exhibition features 27 works from an iconic, private collection of pastoral landscapes, masterfully painted still lifes, and narrative genre scenes (depictions of daily life) that,

when shown together, provide unique perspectives of a peaceful and hopeful nation during a period of economic growth, the American Civil War, and the late 19th century. The gift of this art by Southern California collectors to the Crocker constitutes the most important gift of American art from outside the state to ever come to the Museum, which is located in California’s capital city. For more information on this exhibition, the art, the featured artists, and the collectors, click here:

<https://www.crockerart.org/press/AmericanBeautyAndBountyOpening> along with “American Beauty and Bounty” this week is a show of glowing 19th-century depictions of California in the “golden hour” by renowned Bay Area painter Raymond Dabb Yelland, who is known for his unique fusion of the Hudson River School and Luminist styles. More information on this exhibition, the art, and the artist, is available here:

<https://www.crockerart.org/press/yelland>

## **With your help, the Folsom Historical Society will soon be adding the Folsom Chinese Heritage Museum**

The project has received an anonymous matching fund pledge of \$100,000 to celebrate the Chinese who lived in 19th century California.

Folsom, CA - October 26, 2018 - The Folsom Historical Society acquired the Howard Sr. and Mabel Chan house at 917 Sutter Street in Folsom in 2017, and is planning to restore the building and open it to the public as a Chinese History Museum by 2021. The anonymous pledge to match funds of up to \$100,000 will greatly help the society in reaching this goal.

Our deadline for raising \$100,000 to receive the full match is December 30th,

2018. As of this press release, we’ve already raised about \$75,000. The results we achieve will determine the size of another matching fund pledge for 2019. Your contribution of any size would be greatly appreciated.

Background: The story of the Chinese who lived in 19th century California is a story of dignity and perseverance while facing hardships that would bring most 21st century Americans to our knees. Their story speaks to both the best and the worst of our shared American heritage. There are many echoes of this story playing out in our world today, and much we can learn if we take the time to think about it.

Folsom, which was once home to the 2nd largest Chinese community in California is already a popular his-

torical site for its Gold Rush, Railroad, Pony Express, and Folsom Powerhouse history. This new museum will emphasize the vitally important role the Chinese played in Folsom and throughout the State.

For more information about the Folsom Chinese Heritage Museum, visit <https://www.folsomhistoricalsociety.org/folsom-chinese-heritage-museum>

About the Folsom Historical Society

The Folsom Historical Society was founded in 1960 by local residents as an educational, non-profit organization with a core mission to preserve, protect, and promote the history of Folsom.

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**18th Annual Wayne Spence Folsom Veterans Day Parade**  
Start: 11/11/2018 9:00 AM End: 11/11/2018 12:00 AM  
East Bidwell Street, Folsom CA 95671

The parade begins at 9 a.m. and is held rain or shine. The City pays tribute to the nation's veterans at the 18th annual Wayne Spence Folsom Veterans Day Parade. This year's parade theme is "Celebrating Over a Century of Service to Our Country."

Route: the parade begins on East Bidwell Street in front of the HomeGoods/Target parking lot (parade floats and participants queue in the parking lot and proceed to the route via Montrose Drive). The parade travels northwest along East Bidwell Street to turn right on Coloma Street, then right on Natoma Street to finish at the Folsom Community Center, 52 Natoma Street (entire route is approximately 1.5 miles).

A brief memorial ceremony takes place immediately following the parade, in Folsom City Lions Park at the Veterans Memorial (near the flagpole).



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Life Long Learning Series\* Fri 11/30 \* 10:30-11:30am  
Kids Ninja \* M-Th \* 12/3-12/20 \* 4:45-5:30pm  
Mini Ninja \* Tu & Th \* 12/4-12/20 \* 9:15-10:00pm

**13th Annual**

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# Orangevale Cooks



by Suzanne Feblowitz

This week, we have a recipe from Haydee Hegyesi. She says to call this recipe what you want... hot and sour soup, home remedy for cough and cold, authentic Chinese bowl of soup, or just a hot bowl of soup to comfort your soul, but there is more to this soup than that! It will change the ambience of any cold, drab and dreary room, and it will awaken your senses!

Heidi loves this recipe because it is effortless! The process requires hardly any cooking and the aroma is intensified by bold, contrasting flavors and colorful visual that would definitely draw your eyes attention! From beginning to end, it is a fun recipe to prep for any circumstance you may be going under this winter season, it will warm your heart and ignite your taste buds!

If you would like to share a favorite fall recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

The Bold and the Beautiful Hot and Sour Soup

Here's what you need to create this economical bowl of hot and sour soup:

1. Bring a pot of prepared broth, about 8 cups, to a boil.
2. Add 1/4 cup of rice vinegar, more or less depending on your desired sour taste.
3. Spoon dark soy sauce a little at a time until desired color is achieved.
4. Season with salt and white pepper. (Be careful, white pepper will make this soup spicy!)
5. Scramble four large eggs and drop into soup one spoon at a time.
6. Whisk 1/4 cup cold water with 1/4 cup of corn starch. Pour and stir in with soup.

Remove pot from heat.

Add these ingredients in this order:

1. One can of shredded bamboo shoots, drained
2. One cup of shiitake mushrooms (add more if preferred)
3. One cup of shredded carrots
4. One package of sliced firm tofu
5. One cup of chopped scallions

6. One cup of chopped cilantro
7. Drizzle with sesame oil

Serve hot. Garnish with cilantro and scallions.

Sit back as you savor every bold and beautiful element that is captivating you!

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While xylitol is perfectly safe for humans to consume, our furry companions are not so lucky. Xylitol is highly toxic to dogs, a small dose can cause life threatening hypoglycemia (low blood sugar) in as little as 30 minutes, but it may also be delayed up to 12 hours after ingestion. Additionally at higher doses xylitol can cause severe liver failure which can occur 12-48 hours later. Symptoms of xylitol toxicity include weakness, lethargy, disorientation, collapse, vomiting, tremors, seizures, jaundice, black-tarry stool, coma, or even death.

The best way to prevent xylitol exposure in our pets is to avoid having any products that contain it in the home. If you must have certain products, then they should be kept safe and secure, well out of the reach of pets. If you suspect you pet has ingested a substance containing xylitol it is best to seek help immediately by calling your veterinarian or animal poison control. Early detection and treatment of xylitol ingestion is essential, and if we act fast enough, chances of a full recovery are excellent.

So remember when giving any food to our pets, always check the label for xylitol in the ingredient list, especially when something is labelled as "sugar-free" or "no added sugar." Additionally, before giving any over-the-counter medications or supplements, be sure to check the inactive ingredient list for xylitol. When in doubt, don't give it or check with your veterinarian before giving anything new to your pets.

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I practice general medicine and have special interest in dermatology, pain management, and behavior. I live with my husband, two teenagers, one newfoundland, and one confidant black cat



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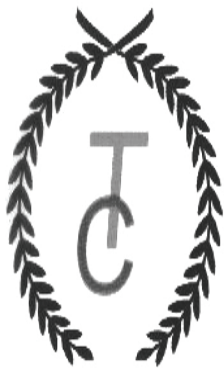
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# COMMUNITY GROUPS & MEET UPS

## MONTHLY EVENTS

**American Legion Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7:00PM. American Legion Have Meeting at the 4th Tuesday of each month.**

**GFWC ORANGEVALE WOMEN'S CLUB**  
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

**Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.**

**Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.**

**Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Wwww.orangevale4-H.weebly.com**

**Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org**

**Retired Public Employees Association (RPEA) Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.**

**Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to: <http://californiagardenclubs.com/content/roseville-better-gardens-club> OR contact LORI at (916) 784-0418. The Dementia Support Group is held at Eskaton Fountain Wood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org**

**The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7:00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628**

## WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit [al-anon.alateen.org](http://al-anon.alateen.org).

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OV Grange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There

is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. [Folsombridge@gmail.com](mailto:Folsombridge@gmail.com). 8680 Greenback Lane, Orangevale,

Like to Play Cribbage? Join the Gold Country Cribbers Contact Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 - 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills,

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561 FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit [www.foodaddicts.org](http://www.foodaddicts.org).

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's 9:45-11:45 beginning September 11th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian family & parenting. Shared childcare. [www.ovchurch.org/family](http://www.ovchurch.org/family). Please register. ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at [www.rootcellar.org](http://www.rootcellar.org).

Senior Lunch Program Brought to you by OV parks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from

10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website: [www.saintfranciscoaks.org](http://www.saintfranciscoaks.org) and follow us on facebook

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a - 10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ [www.sunrisecommunity.church](http://www.sunrisecommunity.church) St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

### SENIOR LUNCHES

Brought to you by OV parks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

### FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

## COMMUNITY CALENDAR

**Christmas to Remember**  
Serbian Hall - 7777 Sunset Ave., Fair Oaks. - Nov. 8th - 3-7 pm. Nov. 9th 9 am - 7 pm & Nov. 10th 9 am - 4 pm. Unique handmade crafts and gifts. Ladies of the Church will have food for customers to enjoy. [www.craftytreasures.com](http://www.craftytreasures.com).

The 21st Annual Holiday Craft Fair put on by the Orangevale Recreation & Park District will take place Friday, November 16 from 2:00-6:00pm and Saturday, November 17 from 8:00am-3:00pm. Come on out to the Orangevale Community Center and get a head start on



your holiday shopping featuring handmade crafts, jewelry, gifts, and decorations.

Come join Orangevale Recreation & Park District celebrate the holidays at the 13th Annual Orangevale Community Tree Lighting event. Friday, December 7 from 6:00-7:30pm at the Orangevale Community Center. Bring a canned food item to donate to the Orangevale Food Bank, your camera for that special Santa photo and your holiday cheer!



# COMMUNITY SPOTLIGHT



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Another "Great Happening" is going to be held at the Orangevale Grange Hall. Come join the Orangevale Grange and Worm Fancy Kate Waldo to learn about turning your kitchen waste into black gold by composting with worms. The class will be held on November 10th from 10 am to Noon, at the Grange located at 5807 Walnut Ave, Orangevale. The first hour will be dedicated to learning about how to compost with worms and the second hour will be building a worm bin. The class is free. If you want to build a worm bin, bring two opaque storage bins (between 10 and 18 gallons) a ¼ inch drill and a spray bottle. Worms will be offered at \$10 for 1/3 of a pound. A free Goodie bag will be offered while supplies last.

Kate Waldo started Worm Fancy in November 2009 with the objective of teaching children about waste reduction primarily by means of composting with worms. Through the past eight years, Worm Fancy has worked with clients like the City of Sacramento, Republic Services, the City of Elks Grove, Cal EPA, the Sacramento Zoo, Sacramento State university, Consumes River College and hundreds of area residents. When Kate is not sharing her passion for composting and conservation she works as an Environmental Engineer.

Mark your calendar to come to the Grange Hall on November 10th to become enlightened about how worms do more than just dangle from a fishing hook. For more information call 916 988-8871.

**Roseville Better Gardens Club Celebrates 90 years of Service to the Community**

Roseville Better Gardens Club, one of the oldest garden clubs in the State of California, celebrated its 90th year anniversary during the month of October 2018. Susan Rohan, Mayor of the City of Roseville, was on hand to present a special proclamation to the club for its 90 years of service to the community. Krystal Migliore, President of California Garden Clubs, and Ann Wallace, District Director



President Anita Urie with the 90th celebration cake

of the Golden Foothills District, each presented the club with certificates acknowledging its existence. One member, Patricia Williams of Pleasant Grove, was recognized for her 30 years as a member of the club and her dedication to the club's mission of educating the public about gardening.

Members have volunteered many hours to make improvements for community service projects including: remodeling the street side landscape garden at the Roseville Arts Center at the historical 1909 Haman house, sponsoring youth groups such as Junior Garden Club, a Blue Bird group, a Camp Fire group, and recently a Girl Scout troop, planting a row of Cedar Deodar trees and rose bushes on Roseville's Atlantic Street in dedication to the late president Franklin D. Roosevelt, assisting with the Maidu Neighborhood Association annual clean up, assisting Granite Bay's Myo Wa En Japanese Garden prepare for its public tours, reworking the Maidu Park Korean War Memorial Rose Garden, donating food and canned goods to the Placer County Food Bank and Oran-

gevale/Fair Oaks Food Bank, assisting a local high school with building growing station for growing plants, and providing funds to other local non-profit groups who serve the conservation, wildlife, and plant needs. Through the club's fund-raising efforts including the annual plant sale, it is offering a scholarship to eligible students pursuing a horticulture-related degree. The deadline to apply is May 1, 2019. For information can be found at: <http://californiagardenclubs.com/content/rbgs-scholarship-program>. Monthly meetings are held from September to May at the Maidu Community Center, 1550 Maidu Drive, in Roseville (off of Rocky Ridge between Douglas and Kirby Way). The club's June meeting is held offsite; no meetings are held during the summer. Doors open at 12:30; the meeting is from 1 – 3 PM. Guests are always welcome to attend a meeting. For more information and to confirm the club's next meeting date, contact Lori at (916) 784-0418.



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The Orangevale church of Christ on Main Avenue in Orangevale has been serving our community annually with Thanksgiving Basket for many years. These baskets are free to those in need, but the number of baskets is limited. Each basket includes unprepared items for a Thanksgiving holiday meal and will be delivered or ready for pick up on Sunday, November 18, 2018. If you would like to be considered for a free Thanksgiving Basket please visit <http://ovchurch.org/baskets> Please note that application submission does not guarantee that you will receive a basket.

## DO YOU NEED COMMUNITY SERVICE HOURS? OUR VOLUNTEERS HAVE FUN!

We can always use volunteers to help out with various tasks around the Orangevale Food Bank. Being 100% volunteer supported, we rely on people in our community to chip in with their time to help clean, sort food, and hold food drives – all with the purpose of serving our neighbors in need. We handle all of our volunteer through the website [ORANGEVALEFOODBANK.ORG](http://ORANGEVALEFOODBANK.ORG) via our Volunteer Central.

### Grocery Store Food Drives

We rely on volunteers to help staff our food drives at grocery stores during November each year. Spend a couple hours at the entrance of a local grocery store and pass out flyers listing the items we're currently in need of. As people exit, they are able to drop off donations which are collected and transported to the food bank for distribution each week. This is a very important part of keeping the food bank in operation.

### FOOD DRIVE DATES

**Sat, Nov 10 2018**

**Sun, Nov 11 2018**

**Sat, Nov 17 2018**

**Sun, Nov 18 2018**

**Sat, Dec 1 2018**

**Sun, Dec 2 2018**

# WORSHIP INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, [calvaryfo@comcast.net](mailto:calvaryfo@comcast.net) [www.calvarychapelfo.com](http://www.calvarychapelfo.com)

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 [www.ChristTheKingOV.com](http://www.ChristTheKingOV.com) Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacramento Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacramento Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church [www.chsda.comcast.com](http://www.chsda.comcast.com)

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome [www.divinesavior.com](http://www.divinesavior.com)

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, [www.fopc.org](http://www.fopc.org)

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am

and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 [www.firstbaptistov.org](http://www.firstbaptistov.org) Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or [www.gbcof.org](http://www.gbcof.org)

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: [www.ovchurch.org](http://www.ovchurch.org)

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, [www.ovsda.org](http://www.ovsda.org) / [office@ovsda.org](mailto:office@ovsda.org). Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, [www.ovschool.org](http://www.ovschool.org)

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic

Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, [hispathway.org](http://hispathway.org)

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, [redeemercov.com](http://redeemercov.com), Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998, [smallwondersorangevale.org](http://smallwondersorangevale.org).

Sunrise Community Church – 8321 Greenback Lane, Fair Oaks. Sunday Worship Services – Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - [sunrisecommunity.church](http://sunrisecommunity.church)

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // [info@lifecenter.church](mailto:info@lifecenter.church) Sunday Services at 9 & 11am, free childcare provided

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 [Valleyredempchurch@att.net](mailto:Valleyredempchurch@att.net) Family Centered Atmosphere All Are Welcome Church Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)



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