

Orangevale Community
Park Master Plan Nears
Completion
See the Plan and Provide
Comments

The Orangevale Recreation & Park District requests your presence to provide public input for the Orangevale Community Park Master Plan. The discussion will be held during the Board of Directors Meeting on Thursday, September 13, 2018 at 6:30 p.m. at the Orangevale Community Center, 6826 Hazel Avenue. Public input from three previous meetings have been incorporated into the park plans which will be presented at the meeting. The proposed plan includes new pathways, renovated playgrounds, fitness equipment, tennis court renovation, additional picnic shelters and restroom, enhanced natural areas, parkwide navigational signage, and consideration for a skate park and/or spray park water feature. The time you invest in this meeting will aid OVparks in taking a resident driven approach to selecting locations for future park amenities that will help make Orangevale a better place to live, work, and play. A preview of the plan is available on the District's website at www.ovparks.com. Should you have any questions, please contact Greg Foell, District Administrator at 988-4373 or greg@ovparks.com.



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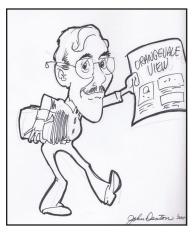
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The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor

### SUBMISSION POLICIES:

Submissions from you, our readers,

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale

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### DATES TO **REMEMBER:**

**SEP 2018** 

WED AUG 29, 2018 DEADLINE

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WED SEP 12, 2018 DEADLINE

FRI SEP 21, 2018 Out To Public

**OCT 2018** 

WED OCT 3, 2018 DEADLINE

FRI OCT 12, 2018 Out To Public

WED OCT 17, 2018 DEADLINE

FRI OCT 26 2018 Out To Public

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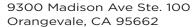


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### COMMUNITY MEETING SCHEDULE

Meetings are held in January, March, May, September and November.

Orangevale 6826 Hazel Ave, Orangevale (Orangevale Rec & Park District) 2nd Tuesday, 6:00pm

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COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net

# **ANNOUNCEMENT**



LOIS JEAN RASMUSSEN 1925-2018

Jean Rasmussen Lois passed away August 18, 2018 at the age of 92 years. Born October 19, 1925 in the bay area, Lois and her husband Chuck moved to Orangevale in 1956 and lived in the same house on Elm Avenue until she suffered a stroke and moved to a care home. She was smart and had a great sense of humor. She lived through the Great Depression and World War II and all the usual joys and difficulties life brings. She liked Rocky Road candy bars, divinity, cats and dogs and gardening.

What she loved most though was her family. She leaves a legacy of love. Her 3 children Libby Kiley (Lance), Lorna Strautman (Mike) & Lance Rasmussen (Linda) and their families including 10 grandchildren & 14 great grandchildren all adored her and will miss her terribly. She was the glue that held our family



together and now we have to carry on without her here. She was the

last surviving cousin in a large family and joins her husband (Chuck) and her parents & brothers who all went before her.

The family is grateful for the tender and compassionate care Lois received while at the A & C Care Home in Carmichael. Thanks go to Cecelia, Lisa, Bernie & Roger who became part of our extended family.

Services are pending.



BOBBI NASH 1977-2018

Our Bobbi Nash and family have been apart of the Orangevale community since 1958. She was born Dec 26, 1977 and passed away July 24, 2018. Bobbi leaves behind her loving family her Mother Ronalda Nash, Son Jeremy Jr, Brother and Sister Robert and Rebekah Nash, Grandparents Ron and Jan Flanders, Uncle Rick Flanders, Cousins Levi, Melissa, and Jacob, Nephew Tristan and Neice Autumn Nash. We would like to thank the orangevale community for all their love and support through this hard time.



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### CASA RAM FOOTBALL **UPDATE WEEK #3!**

Someone give me CPR! The Casa Roble football game last Friday night against the Vista del Lago Eagles could have better been described as the Resurrection Bowl! As

many times as the game was won by Casa, it was lost by Casa, with a series of timely mistakes and inopportune penalties. In the end, the Rams pulled out the victory in overtime 35-28!

The Vista Eagles scored first



and then the Rams came back with a drive of their own. Both teams exchanged touchdown drives back and forth throughout the game. Penalties and botched field goals left the teams tied at the end of regulation 28 - 28. In overtime, the Rams scored first with a touchdown and point after, but on the Eagles next possession with an opportunity to tie it up again forcing a second overtime, the Casa defense was too much. sacking the quarterback on fourth down clinching the Rams third victory of the season.

The Rams are back at home this Friday, taking on the Ponderosa Bruins. JV starts at 5:00 PM and Varsity kicking off at 7 pm. No better show on a Friday night! Hope to see you there! Go Rams! Article by MaryAnn Povey and photos by Tim Engle





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### AN OBVIOUS SOLUTION TO A COMPLEX PROBLEM

### AN OBVIOUS SOLUTION TO A COMPLEX PROBLEM

By Sacramento County Supervisor Sue Frost

Every year, our Sacramento County Sheriff's are receiving more and more dispatch calls for people experiencing a mental health crisis. Unfortunately, far too many of these people don't get the help they need and wind up downtown in the Sacramento County Main Jail for a few days because our officers don't have any other option than to arrest them.

The obvious answer, of course, is to send them support instead of send them to jail - which is exactly what Sacramento County started doing last year when my colleagues and I voted to approve funding for several Mobile Crisis Support Teams (MCSTs). I wanted to take the opportunity this month to explain to you exactly how these MCSTs work, what they have experienced since starting, and how we move forward from here.

Each time a service call comes in through 911 involving someone having a mental health crisis, a Sheriff's car with two people are dispatched to the scene that contains a Sheriff's Deputy trained in crisis intervention training, and a licensed senior mental health counselor. These pairs are permanent partners that ride together in 10 hour shifts.

When the MCST shows up to the scene, they immediately start talking with the person experiencing the crisis to determine what struggles they may have. They go into the situation explaining that they are just there to help, and the mental health counselor often physically shows that they do not carry any weapons on them to calm the situation down.



**Supervisor Sue Frost** 

They are then connecting them to services they may need like drug treatment, the brand new voluntary mental health crisis center, seeing a health counselor, or a variety of other things. A day or two later, a peer navigator is reaching out to them to further help connect them to necessary resources.

One of the teams that I recently spoke with told me that they have already seen the positive impacts of this program. Almost immediately they were reducing unnecessary arrests, decreasing involuntary mental health confinement in our jail, and making a real impact in homelessness (which are around 35-40% of the calls they receive). Non-MCST Sheriff's are even utilizing the program, as when they are out on the scene and see the MCST could be useful, they will call the MCST out to come help them.

The problem the MCST's are facing right now is that there are far too many mental health crisis dispatch calls than they can possibly handle. There are only two teams right now that cover north of the American River, and on top of that, they only work 4 days a week from 9am-7pm. One of those two teams is split between the Cities of Folsom and Citrus Heights. We need these teams to cover

all hours of the day, seven days a week, and we need more of them.

That's why I am pleased to announce that the County is in the midst right now of hiring the senior mental health counselor who will be a part of the third team north of the American River. I recognize that we still need significantly more teams, but it is a step in the right direction and I believe that Orangevale will feel the difference.

Finally, I want to invite everyone to my next Orangevale community meeting on September 12th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for me to update you on what is going on in the county, and an opportunity for you to ask me questions. Thank you for reading - and as always, if you want to contact me call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms, Fair Oaks, and

Rancho Cordova.

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# FALL PREVENTION



Several weeks ago a friend of ours had his mother living with him. During the night she woke up to use the restroom, mistook an open door for a wall as she used it to guide herself then fell as the door swung open. While she was a frail woman already, this fall proved to be fatal and she passed away about 2 weeks later.

This is not the first, or only story I have heard about this happening.

According to the US Centers for Disease Control and Prevention:

- •One in four Americans aged 65+ falls each year.
- Every 11 seconds, an older adult is treated in the emergency room for a fall: every 19 minutes, an older adult dies from a fall.
- · Falls are the leading cause of fatal injury and the most common cause of nonfatal trauma-related hospital admissions among older adults.
- Falls result in more than 2.8 million injuries treated in emergency departments annually, including over 800,000 hospitalizations and more than 27,000 deaths.

Because of this, Sunrise Community Church would like to invite you to their quarterly Elder Care Educational Workshop - Fall Prevention.

**Sunrise Community Church** 8321 Greenback Lane, Fair Oaks Tuesday, September 11th from 6:30-7:30 p.m.

This event will coincide with Fall Prevention month and will give you the tools to safely assess your surroundings to keep your aging loved one safe. Our expert presenters will give you materials to take home and will also demonstrate some ways to keep your home safe. This workshop is geared to anyone caring for an elderly person – spouse, child, caregiver.

As the Chaplain for Sunrise Community Church I see the importance to offer information to both our congregation as well as the community at large. If you are interested in attending this FREE event, please register at www. sunrisecommunity.church > Events> View Special Events > Elder Care: Fall Prevention. If you have any questions about the event, you can contact me, Luz Johnson, via email at urhisbeloved@gmail.com or by phone at 916-397-9490.



When disaster strikes, will you be ready? Fires, floods, earthquakes or other disasters can strike at any time. How will you keep yourself and your family safe?

Through it's CERT program the Sacramento Metropolitan Fire Department (Sac Metro) offers a free 24 hour course in basic disaster preparedness and response. CERT is a nationwide program that trains citizens in such disaster related topics as preparing a 72 hour kit, utility shut off, light search and rescue, basic first aid and the suppression of small fires.

The class offers a chance to practice these skills in a hands on environment with support from both Metro Fire and Metro Fire CERT personnel. The class concludes with a simulated disaster during which participants use their new skills in a collaborative environment.

The main goal of the Basic Class is to help individuals and families be prepared for an emergency. However; upon completion of the introductory 24 hour class participants are eligible to continue on with the program and become active members of the Community Emergency Response Team.

Metro Fire's CERT unit routinely provides standby first aid at large community events, does outreach presentations to community groups, and assists Metro Fire personnel during winter's severe storms or summer's red flag warnings.

The program is currently preparing for the October Basic Class which will be held on

Thursday October 18 6:00pm -10:00pm (1800-2200hrs)

Saturday October 20 8:00am -5:00pm (0800-1700hrs)

Thursday October 25 6:00pm -10:00pm (1800-2200hrs)

Saturday October 27 8:00am -5:00pm (0800-1700hrs)

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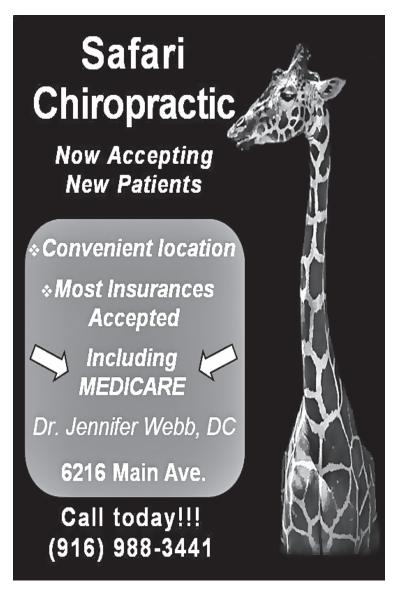
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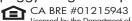
> Borrower is required to be 62 years old for a reverse mortgage but questions can be asked by anyone interested!



### Peggy Coughlin NMLS# 440270/1850 Operations Manager

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# RealEstateNews

### Three Things Your Garden Needs **Before Winter**

If you are thinking of putting your home on the market this winter, you may want to make sure that your garden is ready. Keeping that landscaping appeal up through the cold months while buyers are viewing homes may give yours that edge over others on the market. Keep your plants healthy by doing these three things.

### WEEDING

Save yourself a lot of work in the spring by pulling out perennial weeds now. Weeds that overwinter in your garden will grow back early the following year, and may even start spreading seeds

before the soil is dry enough to work in. Don't let these plants get established; pull them out now.

### WATERING

Even trees and shrubs that lose their leaves need water in the winter. Cold, drying winds can cause damage to plants if they are not able to take up water from the soil. Giving your plants a good soaking will help them survive the winter. The right time to water is after the plants have lost their leaves and gone dormant, but before the ground freezes.

### **MULCHING**

Fall is a great time to add compost around your plants, as the nutrients will begin to soak into the ground as soon as the snow melts in the spring. Adding any kind of mulch will help protect your plants' roots from cold temperatures. Any plants that are only marginally hardy should have extra mulch to protect them; some gardeners fill pots with dried leaves and place them upside-down over tender plants to give them extra insulation that won't blow awav.

When you take the time in the fall to prepare your garden for the winter, you will also be ahead of schedule when spring comes. Keep your plants in good health and save yourself work by weeding, watering and mulching in the fall.

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October 12th 6-9:30PM



Parents take the night off and leave your kiddos with OVparks for an evening of FUN! Kids get to enjoy a pizza dinner, pirate themed craft, and a movie. Participants are welcome to bring a blanket and pillow for the movie and dress up to the theme. Pre—registration is required.

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# rangevale Cooks

omit your name.

This week we have a recipe from a reader!! Haydee Hegyesi sent in her recipe for potstickers. Potstickers are always a favorite in our house, so I am excited that Haydee is sharing her recipe. Remember, we are always looking for new menu ideas and since fall is coming, it would be nice to try some new fall recipes.

by Suzanne Feblowitz

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will



### FAIL PROOF **POTSTICKERS**

1 lb ground pork 3 tsp minced crab 1 scallion, chopped 1/2 cup of cilantro, chopped 1 tsp salt

1/2 tsp sugar

1 tsp sesame oil

package potsticker wrapper

1 tbsp soy sauce

1 tbsp oyster sauce

1 tsp cornstarch

Combine all ingredients in a large bowl. Spoon filling into potsticker wrapper. Brush water in edges of wrapper.

Press to enclose filling.

Spray pan with light cooking spray.

Pour 1/4 cup of chicken

Place potstickers in pan and cook all sides until brown on medium heat. Enjoy!



servers, will serve you your beverage and meal. They are from the Clover 4-H Club and they appreciate the tips from our diners!!! Funds raised are used for Club activities and animal projects

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### LET'S SHAKE, WIGGLE & ROLL FOR ANIMALS IN NEED

On Saturday, October 27th, we're rolling up our sleeves and tying our blue suede shoes to raise much-needed funds for the animals at the Sacramento SPCA. For the fourth consecutive year, the fundraising annual gala is being held at the Sacramento SPCA for a unique and up-close look at the services your support makes possible.

The evening will feature shelter tours, adoptable animals, silent and live auctions, a grand prize raffle, wine grab, food and beverage tastings and live entertainment! TICKETS ARE ON SALE NOW!

Visit the official 2018 Hound Dog Hop Event Page https://sspca.ejoinme.org/ MyEvents HoundDogHop for additional event info or to purchase your tickets today!

VIP Tickets - \$175.00 General Tickets - \$75.00

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SPCA.org
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### YES THERE IS A HEAVEN

We are told there is a heaven Somewhere in our vast blue sky Where angels stand and wait to greet us

Where GOD receives us when we die

But when we reach the gates of heaven

We can't automatically enter in First we must repent and be forgiven

And our lives be cleansed of sin

It's hard to imagine a place so beautiful

That no mere words can really relay

The astounding beauty that will greet us

When we enter those pearly gates someday

We do not know the day or hour When our life may pass away We only know GOD's timing is not measured

By the nights or by the day

We are told that we'll be walking On streets of purest gold There will be no pain, death nor sorrow

In that land where we'll never grow old

I look forward to donning a robe of white

Like the other angels in the sky Leaving my earthly cares behind me

To live eternally with GOD on high

When I reach that heavenly place of quiet rest

Where there's neither a blemish nor a care I care not where my travels may take me

As long as my travel ends up there

IN MY TRUE BLUE HEAVEN by: Doris Eutzler 7/10/2018



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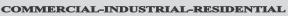
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### CHAMBER MEMBER SPOTLIGHT

Each month the Chamber will select a business to be recognized in the Orangevale View, newsletter, website and on our Facebook page. This recognition is sponsored by the Orangevale Chamber of Commerce, and includes a certificate, photo opportunity and story about the business. Only businesses that are chamber members are eligible. If you are interested in being a member please contact us at 916.988-0175 or info@orangevalechamber.com

**Photos by Patrick Povey** 



OV Chamber of Commerce Business Spotlight By MaryAnne Povey

# THE ORANGE VALE WATER COMPANY

Making a splash on the scene for this Business Spotlight is the Orange Vale Water Company, one of the area's oldest running public owned businesses serving the water needs of Orangevale and nearby communities since 1896.

With roots stemming from the early days of Orange Vale, the Orange Vale Water Company, located at 9031 Central Avenue, manages the water for nearly 17,000 customers in Orangevale and surrounding areas. The operation is run by a crew of nine full-time plus one parttime employee under the direction of new General Manager, Joe Duran.

According to Joe, a water conservationist, the Orange Vale Water Company is trying to be more interactive with the community. It's not just about providing water service to the area,

but also reaching out and teaching the community about ways to be "water wise" in their landscape and any other water related issues.

"It was my personal interactions with our customers that prompted me to start the community workshops," said Joe. "This is the first of what we hope will be many more events to come covering water smart conservation tips and education for the public."

By all accounts, the first Water Smart Landscape Workshop, presented by Landscape expert and design consultant, Cheryl Buckwalter, to a packed house was a huge success. No date is set for the next workshop, but anyone interested can check the Orange Vale Water Company website at www.orangevalewater.com for upcoming events.

The Orange Vale Water Company boasts customer service as a priority, so if you have a question or concern, give them a call at (916) 988-1593 or contact jduran@ orangevalewater.com.





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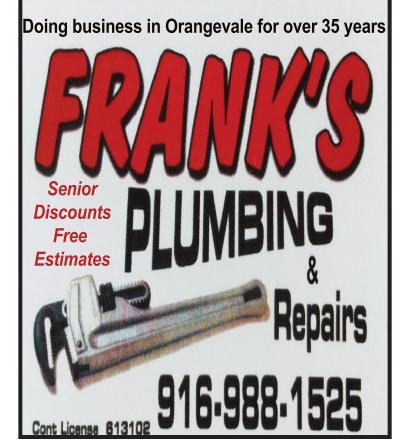


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# **COMMUNITY GROUPS & MEET UPS**

### MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May).Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Www. orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Retired Public Employees Association (RPEA)Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL; JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you as our guest to its monthly meetings held usually on the 3rd Tuesday of each month at the Maidu Community Center, 1550

Maidu Drive in Roseville. The club meets from September to May with doors opening at 12:30; meeting from 1-3. Programs including garden-related speakers and gardening information. Contact Lori at 916.784.0418.

The Dementia Support Group is held at Eskaton FountainWood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

### WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los sabados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day . Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale .

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday momings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

Like to Play Cribbage? Join the Gold Country Cribbers Contact:Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 – 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane. El Dorado Hills.

### WEEKLY MEETS

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561)

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org."

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's 9:45-11:45 beginning September 11th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian family & parenting. Shared childcare. www.ovchurch.org/family. Please register. ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Prayer in the Square meets every Tuesday moming at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdawn Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www.facebook.com/groups/1033947523343437/

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org."

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website:www.saintfrancisfairoaks.org and follow us on facebook

### SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

SERTOMA - SERvice TO MAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a — 10:30a @ Sunrise Community Church — in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ www. sunrisecommunity.church

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

### **FOOD BANK**

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

### FARMERS'S MARKET

Thursday 4-8 pm
9295 Greenback Lane, Orangevale
95662 (Next to Dairy Queen at the
comer of Greenback & Walnut) Phone:
916.989.8779 Email: OVdqEvents@
yahoo.com

### CLASSIFIED Call 899-0207 or

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First 5 lines 30 -40 spaces per line. \$12.50 and \$3 for each additional or \$25 monthly

### 2018 CRAFT FAIRES

### Candy Cane Lane

Crawford's Barn - 2715 Tiber Dr., Sacramento. Sept 13th & Sept. 14th 9 am - 7 pm & Sept. 15th 9 am - 4 pm. Handmade unique crafts and gifts for the holiday season. www. craftytreasures.com.

### Fall Faire

Springview Hall - 5480 - 5th St. Rocklin, - Oct. 19th -10 am - 6:30 pm & Oct. 20th 9:30 am - 4 pm. Handmade only unique crafts and gifts for all your holiday shopping. www. craftytreasures.com.

### Christmas to Remember

Serbian Hall - 7777
Sunset Ave., Fair Oaks.
- Nov. 8th - 3-7 pm.
Nov. 9th 9 am - 7 pm &
Nov. 10th 9 am - 4 pm.
Unique handmade crafts
and gifts. Ladies of the
Church will have food for
customers to enjoy. www.
craftytreasures.com.

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# COMMUNITY SPOTLIGHT













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SEPTEMBER 9<sup>TH</sup>, 2018

### THE BOARDWALK

ORANGEVALE, CA DOORS 3:00PM SHOW 4-8:00PM S15 ADVANCE \$20 DOOR

COUNTRY MUSIC | COLD BEER



### ORANGEVALE LIBRARY, 8820 GREENBACK BLVD, SUITE L, ORANGEVALE.

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online at "www.saclibrary.org, Events/Orangevale". You can find this program every Friday from 1:00 – 3:00 PM Orangevale Library, 8820 Greenback Lane, Suite L. Orangevale

Getting To Know You: A Genealogy Program - Do you need help with researching your family's history? Orangevale Library's volunteer genealogists are available to assist you. Learn the basics, try new resources, and share discoveries with a group of time detectives. There's always something new to learn on a genealogy adventure. Saturday September 8th, 2:00 PM to 4:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale. This program is for adults.

Early Childhood: Family Storytime (0-5) Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after Storytime. Thursdays, 10:30 AM – 11:00 AM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Adult: Third Tuesday Adult Painting (ages 18+) Join us the third Tuesdays of the month for art practice with acrylic paints. Create a painting you can keep with all materials provided. Instructor led acrylic painting with Ciara Cuminsky in Sept, and Dec. Space and supplies are limited-Registration required at www.saclibrary.org, Events/Orangevale. Generously funded by the Friends of the Orangevale Library Tuesday September 18th from 5:30 PM – 7:30 PM. at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Youth Art Journaling - Do you like getting crafty and drawing? We're calling all middle school and high school students to join our teen facilitated art journaling program! Provided with generous support from the Friends of the Orangevale Library. Thursday September 20th from 3:30 – 5:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

School Age: Read to a Dog - Come read to some paw-esome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every month from 3 PM to 4 PM at Orangevale Library, 8820

Greenback Lane, Suite L, Orangevale.

Adult Book Club- Join us for a discussion of September's book, Sourdough "Lois Clary is a software engineer at General Dexterity. a San Francisco robotics company with worldchanging ambitions. She codes all day and collapses at night, her human contact limited to the two brothers who run the neighborhood hole-in-the-wall from which she orders dinner every evening. Then, disaster! Visa issues. The brothers close up shop, and fast. But they have one last delivery for Lois: their culture, the sourdough starter used to bake their bread. She must keep it alive, they tell her feed it daily, play it music, and learn to bake with it. Lois is no baker, but she could use a roommate, even if it is a needy colony of microorganisms. Soon, not only is she eating her own homemade bread, she's providing loaves daily to the General Dexterity cafeteria. The company chef urges her to take her product to the farmer's market, and a whole new world opens up. When Lois comes before the jury that decides who sells what at Bay Area markets, she encounters a dose-knit dub with no appetite for new members. But then, an alternative emerges: a secret market that aims to fuse food and technology. But who are these people, exactly?"-|cProvided by publisher. Saturday, September 22nd from 1:30 PM to 2:30 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

LEGOs and More - Build it! Join us for free play with Legos, Lincoln Logs and Citiblocks. Whether you are a building expert or a building novice we've got you covered. Tuesday, August 28th from 3:30 PM to 5:30 PM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Tween Book Club @ Orangevale Library Join us at our monthly book club for 9-12 year olds. Eat snacks, chat about our book, participate in activities, and make new friends. Pick up a copy of this book starting on July 31 at the Orangevale Library. This month we are reading "One Crazy Summer" about three girls who visit their mom in Oakland and learn a lot about themselves, their family and their community. Thursday August 30th from 3:30 – 4:30 PM at Orangevale Library, 8820 Greenback Lane. Suite L. Orangevale.

School Age: Minecraft Gaming -Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server and enjoy cubed snacks at the Orangevale Library! We will do two 45 minute shifts if there are more participants than PC laptops. This program is for students ages 6 - 18; registration is encouraged. Thursday, October 4th6th from 2:00 PM - 4:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

# **WORSHIP INFORMATION**

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom-Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Service 10:00am. All are welcome! Sunday school for PreK, K-5th & 6th-12th. Thursday Night Bible Study 6:30pm (No Childcare) Pastor Mike Flanders (916) 989-2133, calvaryfo@ comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am.

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www. chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divnesavior.

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov. org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo. org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Moming Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch. org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool. org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modem Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on MW/F – call 916.988.0998, smallwondersorangevale.org.

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@ sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Chrurch Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)



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