

Orangevale View

Serving Orangevale, Citrus Heights, Fair Oaks and Folsom

#IMayBeSmallButIHaveABigHeart

Kayleighann just turned 5 years old and is on her way to doing great things for others. At the early age of 4, she would help at the local food drives and sort food for the Orangevale-Fair Oaks Food Bank. Soon after that, she held her first clothing drive for the homeless. She collected gloves, beanies and socks. The Orangevale Women Club of Orangevale help her donate over 100 items to The Father's Heart Ministry and to the Sacramento Children's Receiving Home.

When the holidays quickly approached, young Kayleighann (with the help of her mom) began to understand that the holidays can often be different for others. So, she had a toy drive and with money and toys donated from several businesses, family and friends, Kayleighann collected and donated two very full grocery carts filled with gifts for kids of all ages. The donations were delivered to AboutKidz. This is where she learned how the joy of giving can make even the smallest feel like they can make a difference.

With her first day of school around the corner, Kayleighann wanted to have a school supply drive, so that every child will have all they need to have a great start to the new school year. When her mom shared this on social media, she received immediate support from local area businesses. Zoe Binsch and Haynes Real Estate Group at Keller Williams selected Kayleighann as their "Winner Circle Shining Star" and collected over \$300 for her to shop for school supplies. Other local businesses like North Star Collision and Orangevale Chamber of Commerce committed to be donation locations.

She wanted to thank everyone in advance for all their support! If you would like to help with school supplies or backpacks, feel free to reach out to Vanessa (Kayleighann's proud mom) at 916.934.2207 or email at Vmontes22@yahoo.com #imaybesmallbutihaveabigheart

North Star Collision Repair 8832 Greenback Lane Orangevale 95662 (Monday-Friday 8:00-5:00) and Orangevale Chamber of Commerce 9267 Greenback Lane B9-1 Orangevale 95662 (Monday-Thursday 9:00-2:00).

AboutKidz was established in December 2010 when a small group of volunteers wanted to make a difference in the lives of children in our local community. At our first back-to-school event (First Day), 125 low-income and at-risk elementary age children received backpacks filled with materials needed to successfully start their first day of school. AboutKidz has since added Game Day, Graduation Day, and Holiday Giveaway programs, and more than 1,000 children received back-to-school backpacks and other items in 2016.

AboutKidz is unique in that we don't give hand-outs, we give a hand-up. Our philosophy at AboutKidz is to create events where we not only reach out to children, but to the entire family. It is our goal that our volunteers personally connect with each family member in an effort to make sure they feel welcomed and cared for. AboutKidz (916) 671-3266 E: info@aboutkidz.org

ORANGEVALE,
LET'S DONATE! aboutkidz

My name is Kayleighann and I just turned 5 years old. I want to help make sure every kid has a cool backpack! Do you want to help?

My mom was raised to always give more than she received and that's my motto too!

I started volunteering with my Nana at the Orangevale Food Bank and I loved it so much I wanted to help more! Can you donate too?

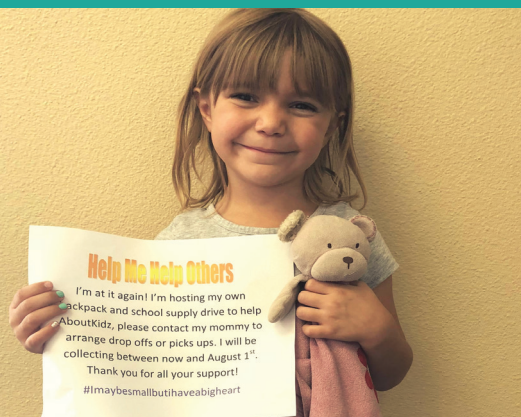
WE'VE PARTNERED
WITH KAYLEIGHANN
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**ABOUT THE
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

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Reporter -Elizabeth Brown
Suzanne Feblowitz - Recipes

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Woman of the Year 2012

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**DATES TO
REMEMBER:**

JULY 2018

WED JUL 18, 2018 DEADLINE

FRI JUL 27, 2018 Out To Public

AUG 2018

WED AUG 1, 2018 DEADLINE

FRI AUG 10, 2018 Out To Public

WED AUG 15, 2018 DEADLINE

FRI AUG 24 2018 Out To Public

SEP 2018

WED AUG 29, 2018 DEADLINE

FRI SEP 6, 2018 Out To Public

WED SEP 12, 2018 DEADLINE

FRI SEP 21, 2018 Out To Public

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LIGHT**

**ORANGEVALE
VIEW**

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Amanda McVey
Personal Insurance
Agent

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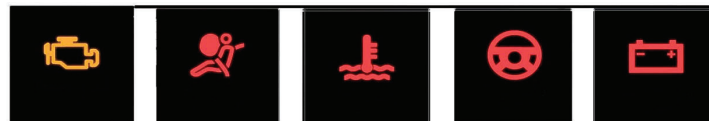
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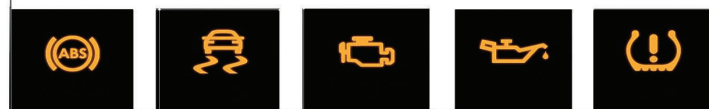
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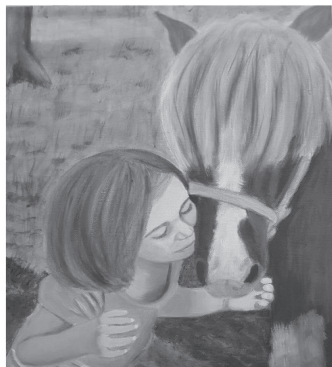
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COMMUNITY MEETING SCHEDULE

Meetings are held in January,
March, May, September and
November.

Orangevale
6826 Hazel Ave, Orangevale
(Orangevale Rec & Park
District) 2nd Tuesday, 6:00pm

OTHER SHERIFF'S DEPARTMENT
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GUN PERMIT INFORMATION 874-8450
IDENTIFICATION BUREAU 874-8093
OFFICE OF INFORMATION/MEDIA
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PARKING ENFORCEMENT DETAIL
876-6642
PROPERTY BUREAU 875-5650
RECORDS BUREAU 874-5383
RECRUITMENT INFORMATION
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RED LIGHT ENFORCEMENT
PROGRAM 876-6643
TOWING DETAIL 876-6641

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RIO COSUMNES CORRECTIONAL
CENTER 874-1927
JUVENILE HALL 875-6996

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CENTRALIZED INVESTIGATIONS
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CHILD ABUSE BUREAU 874-5191
CIVIL DIVISION 875-2665
HI-TECH CRIMES 874-3002
IDENTITY THEFT 874-3000
HOMICIDE BUREAU 874-5057
PROPERTY CRIMES 875-5388
ROBBERY BUREAU 874-5051
SEXUAL & ELDER ABUSE BUREAU
874-5070
SEX OFFENDER REGISTRATION
DETAIL 874-5090

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ADULT PROTECTIVE SERVICES
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ANIMAL CONTROL (PUSH #2)
875-5232
CHILD PROTECTIVE SERVICES
875-5437
RESTRAINING ORDERS 875-3400
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PROPERTY) 875-5171
GRAFFITI ABATEMENT (PRIVATE
PROPERTY) 875-5656
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PROPERTY) 732-6043

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RIVER, RIO LINDA, ELVERTA

NORRTH DIVISION PUBLIC
INFORMATION DIRECTORY
SACRAMENTO COUNTY SHERIFF 'S
DEPARTMENT

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Email: mfitzsimmmons@sacsheriff.com
Areas: Carmichael, Fair Oaks, Old
Foothill Farms, Orangevale.

PROBLEM ORIENTED POLICING
To report issues email NorthPOP@
sacsheriff.com or call 876-5729

HOMELESS OUTREACH TEAM
HOT will deal with ongoing homeless
issues.
To report issues email NorthHOT@
sacsheriff.com

OTHER AGENCY CONTACTS
Reckless driving of ATV or dirt bikes,
illegal parking of RV, and vehicle related
nuisance issues contact:
POP CHP Email: 250POP@CHP.ca.gov
(Jurisdiction area is West of Sunrise Blvd.)
POP CHP Email: 260POP@CHP.ca.gov
(Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access
to health and human service programs,
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www.211sacramento.org/211

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TIPS & ALERTS
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Assistant Commander Lieutenant Steve
Dutra 874-1015
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ASSEMBLY MEMBER
KEVIN KILEY District Office- 8799 Auburn Folsom Rd,
Ste A, Granite Bay 95746 916-774-4430
https://ad06.asmrc.org/

COUNTY SUPERVISOR Susan Frost District 4
700 H Street, #2450 Sacramento, CA 95814 (916)
874-5491;

Orangevale CPAC (Community Planning
Advisory Council) Meets the 1st Tuesday of every
month at the Orangevale Community Center,
6826 Hazel Ave. Meeting Room B at 6:30 pm. For
more information visit planning.saccounty.net

PUBLIC NOTICE

Stage Right Productions in Fair Oaks, is proud to present Meredith Willsons' musical classic, THE MUSIC MAN July 20th through August 5 at the Stage Right Performance Space, 4000 San Juan Avenue in Fair Oaks (on the Faith Lutheran church campus).

Productions of THE MUSIC MAN have been entertaining audiences since 1957. The play revolves around a traveling band salesman and con-man, Harold Hill who descends on the unsuspecting town of River City, Iowa. While conning the town into buying instruments, uniforms and instruction booklets for a band that will never exist, he falls in love with the local piano teacher. This production is funny, warm, romantic and filled with all the hit songs and dances that has made it an All-American musical classic!



Avenue, Fair Oaks, CA 95628 (corner of San Juan Ave. and Fair Oaks, Blvd.)

July 20 – August 5

Thursday, Friday, and Saturday evenings at 7:30 PM

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TICKETS:

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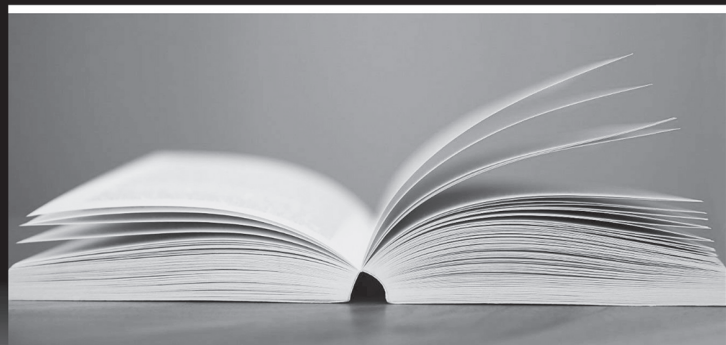
Visit: http://www.stagerightproductions.net/purchase_tickets. Call: 916-281-6372 On sale at the door

Inquiries: performing@stagerightproductions.net

WEB ADDRESS: www.StageRightProductions.net

PERFORMANCES: 4000 San Juan

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Saturday, July 21st 1:00pm - 2:30pm



The Grace Simms Trilogy, Script Writing, Film Making and much more with author Danna Wilberg

Please join local author and film maker, Danna Wilberg, as she takes us through her journey from writing the Grace Simms Trilogy to her transition into script writing and film making. Danna has earned several awards for her short films and they have all premiered at the Crest Theatre. Danna is currently working on a new book series and a feature film.

SACRAMENTO PUBLIC LIBRARY
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Orangevale Library
8820 Greenback Lane, Orangevale CA

PUBLIC HEARING FOR THE ORANGEVALE RECREATION & PARK DISTRICT 2018/19 FINAL BUDGET

Notice is hereby given that a public hearing to discuss the Orangevale Recreation & Park District final budget will be held on Thursday, August 16, 2018 at 6:30 p.m. at the Orangevale Community Center, 6826 Hazel Avenue. The public is invited to attend and speak about any item in the budget or regarding the addition of other items. The District adopted a preliminary budget for the 2018-19 fiscal year at the Board of Directors meeting on June 14, 2018. Copies of the budget are available for inspection at the District Office or on the District's website at www.ovparks.com.

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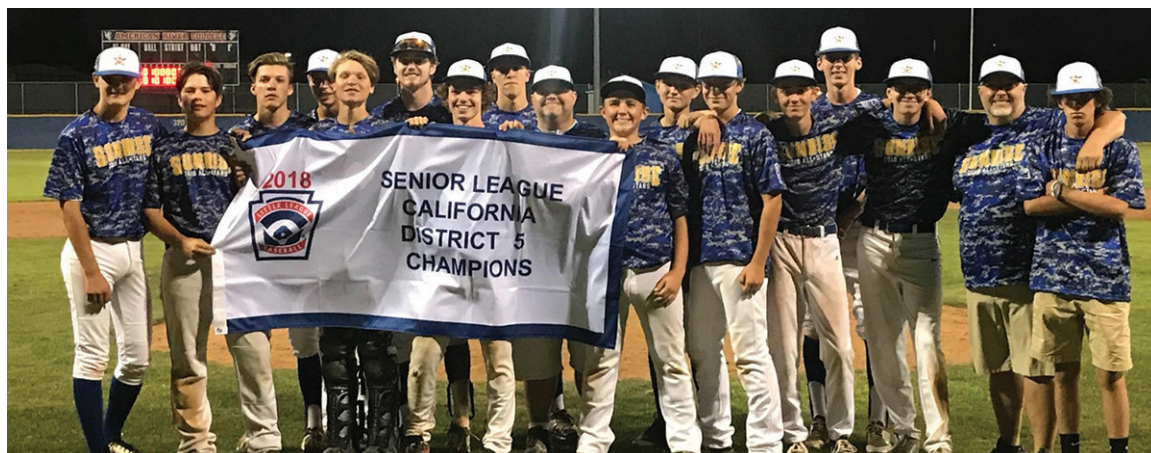
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Local SPORTS

SUNRISE LITTLE LEAGUE SENIOR ALL STAR TEAM 2018



Manager: Collin Miller Coaches: Mick Curran, John Penman, Brandon Cook From Left to right: Elliott Maxsom, Wyatt Winalski, Matthew McAuliffe, Jaden Chezem, Kyler Coburn, Joshua Miller, Tanner Moran, Troy Lehr, Collin Miller, Tyler Stewart, Riley Bilaver, Logan Penman, Lucas Wickboldt, Riley Sallagoity, Tyler Pacey, John Penman, Brandon Cook, Not pictured: Kyle Ablog and Mick Curran Photo taken by Cindy Miller - Team Mom

Congrats to the District 5 Champions, Sunrise Little League Seniors All Star Team for clinching the win over the Citrus Heights Little League Seniors in the 8th Inning 5 to 3. Best of luck in the Regional Tournament starting July 19th where the winner competes in the World Series in Easley, South Carolina July 28 - August 4

Fishin Time

Hello everyone, I hope this finds everyone well and happy. I got in a trip to Anchor Bay Ca. in June for



a week and had a lot of fun with family and friends. Unfortunately the ocean was a rough place to be each day

because of the high winds and that in turn affected our favorite fishing areas. We had to stay in sheltered areas along with a lot of other boaters and kayakers to fish. Everyone knew it was the only place to fish safely and we all got along just fine. My niece and daughter caught

Cabezon's and I landed a ling cod to add to our menu. We used the fish carcasses for crab bait and set our traps for about a dozen crabs. We ate fresh crab and our fish each day we could catch them. It's

really amazing how good the flavor is when eaten just minutes after catching sea food. If you get the chance you gotta try it you won't forget it.

Be safe, have fun, and share some time on the water with a friend.

Thanks, Danny Miller



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LOVE TALK READ

Love Talk Read to Help Your Child Succeed PART 2

By Celeste Roseberry-McKibbin,
Ph.D. Professor, California State
University Sacramento

When children are just learning to read—and especially if they are struggling—a great strategy is to use a picture walk before you actually start to read the book. In the picture walk strategy, you look at the pictures throughout the story and talk about them. After talking through the pictures from the beginning to the end of the story, you then begin the process of reading. This was highly successful with my own son, and it worked so well because even though the process of reading was very difficult, he at least had some confidence in knowing what the story was about. So I recommend this process:

1. Read aloud to your child the title of the story (e.g., Dogzilla)
2. Look at all the pictures and ask your child what he sees Dogzilla doing
3. Add your own comments
4. At points, ask your child to predict what he thinks is going to happen. Predicting is a highly valuable skill for increasing reading comprehension!
5. When you have discussed all the pictures from the beginning to the end of the story, go back to the beginning. Read the story out loud and have fun!
6. While you read out loud, ask your child to predict what he remembers is next.

Don't get too bent out of shape if he refuses to read the story himself. If he is a skilled reader, great. But if he is a struggling reader, like my son was, just let it rest. Come back to the story later if necessary, and next time, invite your child to read aloud with you while you track each word with your finger. Praise him for his effort and hard work!

Continue to read with your child, providing many different books about different topics. As she gets a little older, you can add informational books to her repertoire. When children are small, we love to read them stories. Stories are terrific, but elementary classrooms these days place a great deal of emphasis on reading for

information. My son loved Bob the Builder books as a preschooler. We read about dump trucks, cement mixers, and other topics. I love Byron Barton books, which are simple and colorful informational books about planes, trains, and other fascinating topics. We can read these informational books with children and ask questions about what they have learned. This will greatly help them in school.

An easy way to remember how to read with your child is to CARE: Comment, Ask questions, Respond, Extend (add words). You can read the actual book and CARE, or you can just look at the pictures and CARE. Either way, it's effective:

Adult: Look at Thomas the Tank Engine going down the track. (Comment)

Adult: Where is he going? (Ask a question)

Child: He's going to see James.

Adult: Yes! He likes to see his friend James who is the orange train! (Respond and Extend)

Adult: Oh boy, I think James is glad to see him. (Comment)

Child: James happy.

Adult: James is happy because Thomas is his friend and they like having fun together. (Respond and Extend)

Here are some more specific ideas for building your child's early reading skills:

Before you start reading a book, look at the pictures and talk about them. Build pre-literacy skills by asking your child:

1. How do you hold a book?
2. Where is the cover?
3. Who is the author?
4. What do you think the book is going to be about?
5. Point to the first page.
6. Point to the first word.
7. Will you turn the pages with me while we read?

Build on the child's previous knowledge. For example, if the story is about Dogzilla, you can say "Do you have a dog? Do you know anyone who has a dog?" In another example, "Look at that red fire engine. It has 4 wheels, just like a car. What does your Daddy's car

look like?"

During reading, ask questions such as:

1. Where should I read next?
2. Where is the page number?
3. Why did the character do that?
4. What do you think is going to happen next?
5. How does this character make you feel?

After reading, review the story by asking questions such as:

1. What was the story about?
2. What happened in the story?
3. How did the story end?
4. What was your favorite part of the story?
5. Which picture did you like best? Why?

Start building your child's phonological awareness skills—awareness of how words sound. The very best way to do this is through rhyming, and I highly recommend Dr. Seuss books! Here are other skills, listed in a hierarchy, that you want to help your child develop:

1. Count the number of words in a sentence
2. Count the number of syllables in a word (clapping is very helpful)
3. Count the number of sounds in a word
4. Identify the first sound in a word
5. Identify the last sound in a word

A wonderful website that helps with these skills is www.starfall.com. Other helpful websites for phonological awareness, literacy, and early academic skills are:

www.primarygames.com
www.enchantedlearning.com

Most of all, make reading a positive family time whenever you can. Don't be afraid to snuggle up close, provide treats, and make it fun! Every time you read a book with your child, you are investing in his future. Good luck, and enjoy reading this summer!

Based on the book Love, Talk, Read to Help Your Child Succeed by Celeste Roseberry-McKibbin. Available on Amazon.com

ANNOUNCEMENTS

The Roseville Better Gardens Club is pleased to announce its first scholarship winner. Shannon Mayhew will receive her scholarship certificate at the club's 90th Anniversary Celebration held in October 2018. Shannon will be a senior and is pursuing a horticulture-related degree at UC Davis. The club will announce its next scholarship offering in the next few months for the 2018 – 2019 year. Residents living in Sacramento County are eligible.

General club meetings are typically held on the 3rd Tuesday of each month from September through May at the Maidu Community Center, 1550 Maidu Drive in



Roseville. (Maidu Drive is off of Rocky Ridge between Douglas Boulevard and Cirby Way. June club meeting is held offsite). No meetings are held during the summer.

The next club meeting will be held on Tuesday, September 18, 2018 at the Maidu Community Center. Doors open at 12:30 PM; the meeting is from 1 – 3:00 PM. Guests are always welcome! The club also conducts an annual Plant Sale each spring. The 2019 sale date is pending.

For more information about the club and its activities, please contact Lori at (916) 784-0418. You can go to the club's Facebook page: Roseville Better Gardens Club and it's website: <http://californiagardenclubs.com/content/roseville-better-gardens-club>.

many aunts, uncles, cousins and friends. Barb was also survived by her constant companion service dog, Tosha.

Her Celebration of Life was held Saturday, July 7, 2018 at 11:00 am. Redeemer Covenant Church is located at 6800 Main Avenue in Orangevale, California. In lieu of flowers, family is requesting donations be made to Barbara's favorite cause, the River City Cat Rescue, where she devoted many years of service.



BARBARA LYNN NEWTON 1966-2018

Barbara Lynn Newton of Orangevale, California passed away June 17, 2018, at the age of 52. Beloved Daughter of

Joanne and Bill Newton, Sr. Greatly missed also by brother Bill Newton, Jr., sister and brother-in-law Karen and Alan Bouey, nephews Billy Newton, III and Daniel Bouey, nieces Michelle Newton and Kimmy Bouey, great nephew Konnor Logston, plus

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ORANGEVALE VIEW JULY 13, 2018

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Real Estate News

3 Ways a Mortgage Pre-Approval Reduces the Stress of Buying a Home

Buying a home is a hugely exciting time, but it also raises stress levels when things don't go exactly to plan. One simple financial step to take at the start makes a massive difference and that is getting pre-approved with a reputable lender.

Save Time and Energy

When you have a pre-approval, you know the upper limit of the price range you can afford as which can save time and worry. First, it narrows your search down to the most realistic options price wise, so you're met with a less overwhelming choice of which properties to explore further. Second, getting fully pre-approved gives you piece of mind that your lending file meets all of the lending rules and requirements, so you know you have a loan when it comes to closing time on the new home.

Less Emotional Upset

Knowing exactly how much you can spend when you see a home you love, you know immediately if it's within your price range, and so you can move forward immediately and with confidence. You won't be left hanging on a mortgage decision, only to see your dream home sell

to another buyer.

Speeds the Buying Process

With an approval in hand, you can make a firm offer immediately on your dream home and get moving on to the next steps. Once you offer is accepted, the risk is removed of another buyer slipping in ahead of you while you wait for your home loan decision to come through. Sellers many times feel more comfortable seeing, and accepting, offers coming in that are using a local lender for various reasons.

Even when everything goes to plan, buying a home can be a long process.

However, obtaining a mortgage pre-approval before beginning your home search can remove a large amount of uncertainty and remove much stress. Remember, it's always best to ask a reputable real estate agent for a few local lenders that have been proven to do a great job. Put the power behind your home search by getting fully approved beforehand.

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9356 Village Green Way	4	3	2579	0.27ac	1987	\$	322,000
9125 Nola Place	3	2	1182	0.08ac	1995	\$	325,000
9063 Polly Ave	3	2	1210	0.16ac	1963	\$	340,000
8893 Anona Way	3	2	1544	0.24ac	1958	\$	345,000
8855 Pershing Ave	3	2	1250	0.24ac	1958	\$	350,000
8855 La Paenda Way	3	2	1117	0.15ac	1976	\$	355,000
8120 Highwood Way	4	2	1586	0.19ac	1968	\$	360,000
6016 Sirl Way	3	2	1761	0.21ac	1981	\$	365,000
6367 Cerromar Circle	3	2	1419	0.13ac	1973	\$	365,000
8524 Noel Drive	3	2	1689	0.22ac	1957	\$	370,000
8220 Sanwood Ct	4	2	1518	0.28ac	1965	\$	377,000
5756 Filbert Ave	3	2	1550	0.19ac	1962	\$	378,000
6115 Passiflora Ln	3	3	1624	0.03ac	2010	\$	378,000
9637 Virlin Ct	3	2	1198	0.22ac	1960	\$	380,000
8736 Baxter Way	3	2	1430	0.32ac	1956	\$	380,000
9500 Oak Ave	4	3	1900	0.83ac	1960	\$	380,000
8666 Thelen Ct	3	2	1421	0.23ac	1981	\$	402,000
6945 Lyonia Way	4	3	1578	0.18ac	1979	\$	405,500
6524 Deaderick Ct	3	2	1580	0.18ac	1982	\$	406,000
8750 Corinne Dr	5	3	2255	0.24ac	1956	\$	410,000
5257 Butterwood	3	2	1616	0.19ac	1978	\$	415,000
9624 Lake Natoma Dr	4	2	1735	0.22ac	1960	\$	416,000
9647 Virlin Ct	3	2	1449	0.20ac	1960	\$	425,000
6145 Amani Place	4	3	2032	0.18ac	2014	\$	432,000
9413 Golden Dr	4	2	1637	0.27ac	1961	\$	449,000
5515 Brome Ct	4	3	2147	0.17ac	1987	\$	453,000
6009 Beech Ave	3	2	1922	0.34ac	1990	\$	453,000
8501 Briarbrook Circle	3	2	2171	0.24ac	1989	\$	493,000
8566 Briarbrook Circle	4	2	2116	0.23ac	1988	\$	501,500
9500 Flintridge Way	5	3	2555	0.28ac	1977	\$	510,000
6337 Beech Ave	4	3	2755	0.50ac	1980	\$	565,000
8558 Heather Cross Way	6	4	3311	0.36ac	2008	\$	580,000
8771 Beechcrest Ct	6	3	3572	0.46ac	1988	\$	680,000
8730 Petite Creek Dr	4	3	2819	0.84ac	1982	\$	700,000
9175 Elm Ave	3	3	2506	5.00ac	1977	\$	730,000
7046 Beech Ave	5	3	3446	1.01ac	1987	\$	760,000
6900 Olive Grove Dr	5	3	3639	1.28ac	2004	\$	880,000
8625 Kauhale Place	5	4	5054	1.19ac	2009	\$	975,000
8841 Country Creek Dr	5	3	3304	1.09ac	1983	\$	985,000
8241 Country Lake Dr	6	3	3607	0.52ac	1983	\$	1,037,000
7968 Country Trail Dr	5	4	4384	1.84	1982	\$	1,140,000

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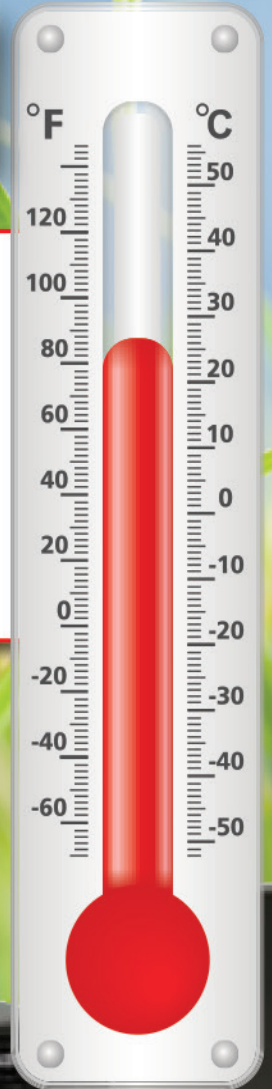
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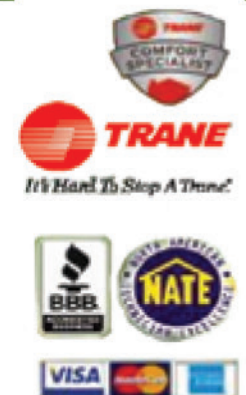
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Orangevale Cooks



by Suzanne Feblowitz

This is a simple, fun and yummy snack recipe. This requires no heat, so it is perfect for summer! You can bring it to a game, road trip, camping or anywhere a simple snack is needed. When I first saw it, I thought that it was just ordinary pretzels, but was I wrong! You will not be able to eat just one. Enjoy!

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

RANCH PRETZELS:
 2-15 oz bags of pretzels
 (I would use a bit more

or don't use the entire bottle of oil)

1 envelope Dry Ranch Dressing Mix' or if you buy the giant sized container, use 2 Tablespoons.

1 Bottle Butter Flavor Popcorn Oil

1 TBSP Dill Weed

1/2 tsp Garlic Powder

Remove excess salt from the pretzels by putting them in a strainer before putting them in a giant bowl. Pour oil over the pretzels, and then sprinkle the dressing mix, dill and garlic powder over the pretzels. Then let it sit for several hours or overnight. Toss to mix whenever you walk by! It is done when the oil is soaked in and not greasy.

Store in an air tight container or zip baggies.

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Everything will be at the Center (Sacramento Center for Spiritual Living, AKA Sacramento CSL) with the auction starting at 5:30 and the concert at 7 pm. 6035 Main Ave, Orangevale. For more information call (916) 205-1359



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Soley for a few months now so he's been to a number of events in the community, including the Pride festival, and he does very well!! He also got to interact with a group of kids from our summer Camp Kindness and he just flopped over and let them all pet him! He has lived with dogs in his previous home but finds cats a little too interesting so best keep them away.

Adoption fee: Sponsored!!

FOR MORE INFORMATION CALL SACRAMENTO SPCA
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Bad Dog Breath Is Not a Given

When enjoying a new puppy or young dog, it is normal to spend most of your time trying to burn through all their energy or working on solidifying those basic obedience commands. This is also the perfect time to get them accustomed to a dental health routine!

Brushing a dog or cat's teeth daily is the best way to stave off gingivitis-causing plaque and tartar. It takes about 48 hours for soft plaque that you can brush away to hardened, calcified tartar that you cannot remove without professional scaling. It may seem excessive for a pet, but this is why it is recommended to perform this daily. Any less often than every other day is not going to do any good.

A good start is to get a veterinary approved toothpaste. This is important initially, not only because you do not want to use human toothpaste (unsafe for them to swallow large amounts), but the good taste will help your pet adjust. Start by letting them lick it off your finger. Graduate to using your finger to wipe their teeth and gums before trying to add another object. If they do not allow you to step up to a brush, they make finger covers with bristles.

If you pet still struggles, or if brushing just does not work with your busy schedule, daily dental treats are a close second best option. There are so many on the market, so you want to find one that is approved by the Veterinary Oral Health Council (VOHC), as they have been shown by scientific studies to support the company's claims.

Aside from lessening bad breath, dental pain, and infection, prevention is 1/3 the cost of treating major dental problems later in life. Even if you pet already has bad teeth, you can start this new routine after your pet has a professional cleaning by your veterinarian. Healthy smiles for all!

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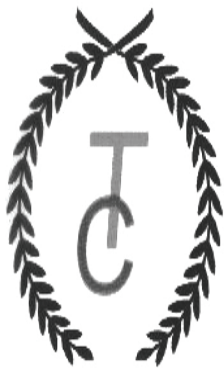
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Business of the Month Palmer Real Estate

By MaryAnne Povey

Meet two time Best Realtor of Orangevale winner and business spotlight Real Estate broker, Sean Palmer and his wife Colette. This husband and wife duo joined the Orangevale Chamber of Commerce upon opening their office located at 9198 Greenback Lane, suite 115, five years ago. The Palmers are 18 year residents of Orangevale and enjoy serving the real estate needs of Orangevale and the surrounding communities.

“Our clientele is quite an array of local and out of towners,” said Sean Palmer. “Once I show buyers what’s out there, many choose Orangevale because of its unique rural setting and the value here.”

The Palmers also chose Orangevale as their home



base for its country-like setting too.

“Many people don’t want a postage stamp lot,” Palmer added, “which is another reason that makes Orangevale so appealing.”

Palmer stated that although it’s a seller’s market, it’s also a good time to buy and welcomes anyone interested

to give him a call with any real estate questions.

When the phone is not ringing off the hook, Sean, an avid runner and former marathon athlete and Colette enjoy running in the nearby trails and kayaking in Lake Natoma. Sean is also known for his killer BBQ skills and is a member of the Kamado Joe BBQing club. Together they participate in many community events including a horseback canned food drive with the Twin Lakes Riding Club, Trunk or Treat at the Community Center and most recently the Pow Wow Day Parade where the Palmers were recognized for “Best in Business” for 2018.

For more information about Palmer Real Estate, call (916) 241-3481, check out their website at www.HomesByPalmer.com or stop by the office at 9198 Greenback Lane, Suite 115.

Photos by Patrick Povey



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Orangevale Orangevale Library Book Club Fourth Saturday of every month at 1:30 pm

July 28, 2018

A Gentleman in Moscow Fiction Amor Towles

"In all ways a great novel, a nonstop pleasure brimming with charm, personal wisdom, and philosophic insight. This book more than fulfills the promise of Towles' stylish debut, Rules of Civility." - A Gentleman in Moscow immerses us in another elegantly drawn era with the story of Count Alexander Rostov. When, in 1922, he is deemed an unrepentant aristocrat by a Bolshevik tribunal, the count is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. cProvided by publisher.

August 25, 2018

An American Marriage Fiction Tayari Jones

Newlyweds Celestial and Roy, the living embodiment of the New South, are settling into the routine of their life together when Roy is sent to prison for a crime he didn't commit. An insightful look into the lives of people who are bound and separated by forces beyond their control" - Provided by publisher.



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Summer Reading @ Sacramento Public Library - Sign up for Summer Reading starting May 15th and let "Reading Take you Everywhere". Summer Reading is a fun, free, all ages program that challenges you to read and complete activities to win awesome prizes and stay busy all summer long. Summer Reading is an entertaining and effective way for kids to maintain and grow their reading skills over the summer break, and a great opportunity for parents and caregivers to read with and do activities that prepare younger children for reading. For more details please visit <http://www.saclibrary.org/summerreading> or come into the Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

School Age: Minecraft Gaming -Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server and enjoy cubed snacks at the Orangevale Library! We will do two 45 minute shifts if there are more participants than PC laptops. This program is for students ages 6 - 18; registration is encouraged. Saturday, July 14th from 2:00 PM - 4:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult: Third Tuesday Adult Painting (ages 18+) Join us the third Tuesdays of the month for art practice with acrylic paints. Create a painting you can keep with all materials provided. Instructor led acrylic painting with Ciara Cuminsky in Sept, and Dec. Space and supplies are limited- Registration required at www.saclibrary.org, Events/Orangevale. Generously funded by the Friends of the Orangevale Library Tuesday July 17th from 5:30 PM - 7:30 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Early Childhood: Family Storytime (0-5) Toddlers, Preschoolers, and their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills! Stay for a play and craft time after Storytime. Thursdays, 10:30 AM - 11:00 AM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

School Age: Reading Takes You to the Movies - It's all about audience participation! Yell at the screen, throw props and more while participating in our interactive viewing of Jurassic Park. Recommended for ages 10 and up. Thursday, July 19th from 2:00 PM - 4:00 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online at www.saclibrary.org, Events/Orangevale". You can find this program every Friday from

COMMUNITY CALENDAR GROUPS & MEET UPS

1:00 – 3:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

School Age: Read to a Dog - Come read to some paw-esome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every month from 3 PM to 4 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult: The Grace Simms Trilogy and Much More With Author Dana Wilberg – Join us for the next installment in our 3rd Saturday author visit series featuring author Danna Wilberg. Dana wrote the Romantic Suspense Grace Simms Trilogy that includes "The Red Chair", "The Grey Door", and the Black Dress". Dana will share her writing journey, how her stories came about, and how she transitioned into script writing and film making. Dana has earned several awards for her short films which have all premiered locally at the Crest Theater. She is currently working on a new series in the Romantic Suspense/Paranormal genre, featuring psychic, Suzanne Cash, and a feature film script about elder abuse, titled "Undue Influence". Book sales will follow the program. Saturday, July 21st from 1:00 PM – 2:30 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Family/All ages: Magical Mary's Everywhere in Wonder Show – Come witness amazing acts and feats of skill with magical Mary. Wednesday, July 25th from 2:00 PM – 4:00 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult Book Club – Pick up your copy today! Join us for a discussion of July's book, A Gentleman in Moscow by Amor Towles. "In all ways a great novel, a nonstop pleasure brimming with charm, personal wisdom, and philosophic insight. This book more than fulfills the promise of Towles' stylish debut, Rules of Civility." - A Gentleman in Moscow immerses us in another elegantly drawn era with the story of Count Alexander Rostov. When, in 1922, he is deemed an unrepentant aristocrat by a Bolshevik tribunal, the count is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. cProvided by publisher. Saturday, July 28th from 1:30 PM – 2:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale
LEGOs and More - Build it! Join us for free play with Legos, Lincoln Logs and Citiblocks. Whether you are a building expert or a building novice we've got you covered. Tuesday, July 31st from 3:30 PM to 5:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Family/All Ages: Pixie Tribe - Celebrate the end of the summer at our Summer Reading wrap-up party at the Orangevale Library! Eat ice cream, take photos, play games, and have your face painted with Pixie Tribe Entertainment as a finale to our Summer Reading Challenge! Wednesday August 1st from 2:00 PM – 4:00 PM

MONTHLY EVENTS

G-WC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens Club invites you as our guest to its monthly meetings held usually on the 3rd Tuesday of each month at the Maidu Community Center, 1550 Maidu Drive in Roseville. The club meets from September to May with doors opening at 12:30; meeting from 1-3. Programs including garden-related speakers and gardening information. Contact Lori at 916.784.0418.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Www. orangevale4-H.weebly.com

The Dementia Support Group is held at Eskaton Fountain Wood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.akateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm- Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916-990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 AM., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

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Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org."

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs- Begins our Summertime Bible Study in the Park on Tuesday @10AM from June 12th-August 7th @ Lew Howard Park, 7200 Baldwin Dam Rd., Folsom. Fellowship with friends & meet new ones while your children/grandchildren play. Bring chair, water, snack and Bible. Questions call: 916-798-2297

Narcotics Anonymous, Tuesdays and Thursdays, 6PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdown Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www.facebook.com/groups/1033947523343437/

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org."

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916) 966-2261 or visit our website: www.sainfrancisfairoaks.org and follow us on facebook

SERTOMA-SERvice TOMAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a – 10:30a @ Sunrise Community Church – in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ www.sunrisecommunity.church

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1-3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female). First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

Over 20 vendors



confirmed for our 9th annual Orangevale market. Make sure to mark your calendar for EVERY THURSDAY

SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation (Wednesdays 4:30pm-6:30pm & Thursdays 9:00am-12:30pm), they will now be open Mondays 11:00am-1:00pm.

FAIR OAKS

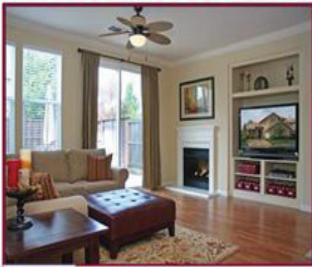
Comedy Under the Stars Veteran's Memorial Amphitheatre (7997 California Ave.) Fridays, August 10 | October 5 Doors open at 7:00pm | Show starts at 8:00pm Ages 18+ Tickets: \$15 presale per show, \$20 per person per show (cash only) at the door. At the door ticket sales from 7:00pm-8:00pm only. Online ticket sales end at 6:30pm. Join the Fair Oaks Recreation & Park District and Sacramento's "Laughs Unlimited" for a night full of laughs! Food and spirits are available for purchase in the Theatre. For more information or to purchase tickets, call (916) 966-1036 or visit www.forpdl.org

FREE Movies in the Park Village Park (4238 Main St.) July 20 Wonder | August 17 Coo Pre-Event activities begin at 7:00 PM | Movie begins shortly after sunset The Fair Oaks Recreation & Park District and Spanda Industrial General Contractors are excited to announce our FREE summer Movies in the Park series. Come out early to get a good seat and let your kids experience the Wonderful Outdoor World (W.O.W.) Bus before the movie begins. Concessions will be available for purchase (cash only) from the Fair Oaks Host Lions Club and the Fair Oaks Youth Advisory Board (FOYAB). For more information, call (916) 966-1036 or visit www.forpdl.org

FREE Concerts in the Park Village Park (4238 Main St.) Thursdays, June 14th-August 16th 6:30 PM-9:00 PM Concerts in the Park is a FREE concert series organized by the Concerts Committee, which is represented by the Fair Oaks Recreation & Park District, the Fair Oaks Chamber of Commerce, and the Fair Oaks Foundation for Leisure Arts. Concerts in the Park is dedicated in memory of Kathy Jones. Summer Schedule: JOaks Recreation & Park District and Fair Oaks Water District July 19- Robby James & The Streets of Bakersfield July 26- Jake Gill August 2- Moonlight Swing Band August 9- Lincoln Highway Band August 16- On Air (Sponsors Night) For more information, call (916) 966-1036 or visit www.forpdl.org

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JACKSON SPORTS AND EVENTS CENTER AT MCCLELLAN PARK
5-11P







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CRAIG CAMPBELL

WITH SPECIAL GUEST

TYLER RICH JOSH GRACIN JIMMIE ALLEN ASHLEY BARRON








WORSHIP INFORMATION

WATCHING & PRAYING

I sit here and watch as moments go by
What can I do, Lord, except start to cry?

The enemy thinks he has taken the life
From these dear souls, and filled them with strife;

But he hasn't the power to harm a soul
Tho' minds are taken YOU have sovereign control
YOUR love overpowers, still holds tomorrow,
Tho' what we see now brings us much sorrow.

So I pray:

Dear LORD, be their peace, YOUR presence be clear
With comfort and love, drawing them so near.

In the precious name of JESUS, Amen !

Written by Jerri in May of 2013

My Sister had Dementia

Bible Community Church Sunday
Worship 10:00 am Fellowship starts
9:30 am Located at the Maidu
Community Center 1550 Maidu Dr.,
Roseville, CA 95661 Bible Community
Church 916-832-8973

Calvary Chapel Folsom-Orangevale
6021 Walnut Ave. Orangevale, CA
95662 Sunday Service 10:00am. All are
welcome! Sunday school for PreK, K-5th
& 6th-12th. Thursday Night Bible Study
6:30pm (No Childcare) Pastor Mike
Flanders (916) 989-2133, calvaryfo@
comcast.net www.calvarychapelfo.com

Christ the King Lutheran Church 5811
Walnut Avenue, Orangevale (916)
988-2484 www.ChristTheKingOV.com
Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day
Saints Hazel Ave. Chapel, 7950 Hazel
Ave, Orangevale Ward: Sacramento
Meeting 10am Sunday School/Primary
11:20am PH/Relief Society/Young
Women 12:10am. Young Single Adult
Ward: Sacramento Meeting 1:00pm
Sunday School 2:20pm PH/Relief
Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist
Church 7610 Wachtel Way, Orangevale
916 723-7777 Services at 9:30 am
Sabbath School 11am church www.
chsda.comcast.com

Divine Savior Catholic Church, 9079
Greenback, (916) 989-7400. Daily
Mass 8:30AM on M, T, W, F, Sat., Thurs.
at 6:30 PM. Sat. Vigil Mass at 4:30 PM;
Sunday Masses 7:45 AM, 9:30 AM,
11:30 AM. Free Community Meal
every Thursday night from 6-6:45pm.
Everyone is welcome www.divnesavior.
com

Fair Oaks Presbyterian Church 11427
Fair Oaks Blvd, Fair Oaks 95628
Sunday worship: Classic 9 & 10:30 AM,
Contemporary 9 & 10:30 AM Children's
programs at both times. 967-4784,
www.fopc.org

Fairvale Baptist Church 8660 Madison
Ave, Fair Oaks 916-967-4624 Pastor
Richard Marshall. Bible Centered,
Traditional Sunday Worship 10:45am
and 6pm. Bible Study Wednesday
6:30pm. Christ is coming.

First Baptist Church of Orangevale
8898 Central Ave, Orangevale
(916) 988-1139 www.firstbaptistov.
org Sundays 9:00 AM Traditional
Service and Sunday School classes;
10:15 AM Coffee & Donuts; 10:45 AM
Contemporary Service and Sunday
School classes; Wednesdays 6:00
PM Community Dinner & Bible study
groups for all ages

Grace Bible Church 5010 Hazel Ave,
Fair Oaks Sunday Schedule: Worship
Service 9 AM, Fellowship Groups
10:40 AM, Evening Service 6 PM
Information: 967-6500 or www.gbco.
org

New Beginnings Christian Church
7535 Hickory Ave, Orangevale
Sunday Service 10:30am
Wednesday Family Night Service
7:00pm Live, Modern Worship with
Real, Relevant Preaching Youth and
Children Ministries We genuinely care
for and root for each other! A great
family atmosphere. Everybody is
welcome

Orangevale Church of Christ 5915
Main Avenue, Orangevale Sunday
Morning Bible Classes for All Ages
9:45am; Worship 11:00am, 6:00pm
Tuesday Moms R Us 9:30-11:30 am
Wednesday Dinner 6:00pm, Bible
Classes for All Ages 7:00pm Thursday
Bible Study 10:30-11:30 am Phone:
(916) 988-2011 Web: www.ovchurch.
org

Orangevale Seventh-day Adventist
5810 Pecan Avenue, 916/967-2838,
www.ovsda.org / office@ovsda.org.
Join us Saturday's 9:30 am Sabbath
School class / 10:40 am is Sabbath
Worship. Community Food &
Clothes closet open Tue 9am-Noon.
Orangevale SDA School grades
K-8th, 916/988-4310, www.ovschool.
org

Pathway Fellowship Temporarily
meets at Madison Mall Bingo 8830
Madison Ave. at 9am for Classic
Service and 10:30am for Modern
Service & KidZone. New location
at 8999 Greenback is coming soon.
916-988-2390, hispathway.org

Redeemer Covenant Church
- 6800 Main Ave, Orangevale,
916.988.3124, redeemercov.com,
Sunday School at 9:00am, Sunday
Worship at 10:00am, Sunday Coffee
and Fellowship at 11:15am, 2nd &
4th Tuesday Nights Free Community
Dinner at 6pm - open to everyone,
Thursday Night Youth programs
at 7pm. Small Wonders Christian
Preschool, 3-yr-olds on T/Th & PreK
on M/W/F - call 916.988.0998,
smallwondersorangevale.org.

Sunrise Community Church 8321
Greenback Lane, Fair Oaks
Sunday Worship Services Blended
Service 9:00 am (Main Sanctuary)
Contemporary 10:45 am (Main
Sanctuary) Christian fellowship 6:00
pm (B-209) (916) 726-4642 church@
sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue,
Orangevale, CA 95662 916-988-1717
// info@lifecenter.church Sunday
Services at 9 & 11am, free childcare
provided

Valley Redemptive Church 11430
Fair Oaks Blvd, Fair Oaks Pastor
D.W. Bryant Sunday School 9:40
am Sunday Worship 11 am Tuesday
11:30 am Bible Study Wednesday
6:45 pm Bible Study 916.579.5077
Valleyredempchurch@att.net
Family Centered Atmosphere All Are
Welcome Church Vision "Go Reach
Redemptive Needs of All People,
Ages, and Conditions"

World Fellowship Church of
Foursquare International 7412 Van
Maren Lane, Citrus Heights, CA (916)
745 4751 Morning Service -8.00
-9.30AM (English Service) Afternoon
Service -2.00 -4.00pm (Fijian
Service) Food Bank -9.00 -10.30AM
(Thursdays)

Orangevale Series Caregiver Workshops



Each workshop is unique and offers valuable building blocks and helpful tools for caregivers and individuals who would like to learn more about memory loss and dementia-related conditions.

Tuesday, June 19, 2018 | *Anticipating the Transition to a Care Setting*

Carol Kinsel, GCM, Owner, Senior Care Solutions

As a caregiver, anticipating having to move your loved one into a care setting can be a difficult time. How do you identify when it's time to make a change in your caregiving situation? How do you begin to explore this transition and cope with the thoughts and feelings that surface? We will discuss factors leading up to a move, important things to keep in mind during your search, and strategies for promoting a smooth transition before and after "the move."

Tuesday, July 17, 2018 | *Caring for the Caregiver*

Stefani R. Wilson, MS, Family Consultant, Del Oro Caregiver Resource Center

Caring for a loved one is challenging, both physically and emotionally. Although you cannot stop the impact of your loved one's illness, you can take responsibility for your own personal well-being. Come learn practical ways to cope with the stress of caring for someone while thriving as an individual.

Tuesday, August 21, 2018 | *Supporting the Parkinson's Care Partner & Community Resources Available*

Lisa Mooney, LCSW, Social Worker, Department of Neurology, UC Davis Health

Michelle Coleman, Executive Director, Parkinson Association of Northern California (PANC)

The diagnosis of a progressive disease like Parkinson's Disease (PD) has physical, emotional, financial and spiritual impacts on not only the PD patient, but their family and care partners as well. Family and/or Care Partners are an integral part of a PD person's successful treatment, wellbeing and quality of life. This presentation will explore how families can be involved with the treatment plan of care for PD patients by working with medical professionals and connecting with beneficial resources and support throughout the disease process. This presentation will also provide an overview of the services the Parkinson Association provides in our community.

TIME: 6:00—7:30 P.M.

LOCATION: Divine Savior Catholic Church
9079 Greenback Lane, Orangevale, CA 95662

All workshops are FREE!

For info and to RSVP, please call
Senior Care Solutions: (916) 965-5565

alzheimer's association

DIVINE SAVIOR
CATHOLIC CHURCH

SENIOR CARE SOLUTIONS
caregiver resource center

DE LORO
caregiver resource center

FARMERS' MARKET

Thursday 4-8 pm

9295 Greenback Lane, Orangevale
95662 (Next to Dairy Queen at the
corner of Greenback & Walnut) Phone:
916.989.8779 Email: OVdqEvents@
yahoo.com

Too Hot Outside? Cool Off with OVparks!

Rec'ing Crew Day Camp

For Campers Ages 5 to 12 with 3, 4, and 5 day options

Camp Hours: 9am to 4pm/Extended Camp: 7am to 6pm

Fees range from \$117-\$235 per child

Session 6 - Sunsplash Water Park

Session 7 - Sacramento Zoo

Session 8 - Skatetown

Session 9 - Gold Bug Mine

Crafts 4 times a week! Field trips every Wednesday!

Swimming 2-3 times a week! Games & activities every day,

all day! Sibling Discounts! Friday Movie Days!



Family Movie Night

FREE Night out With the Family!

Join us for a movie on a 16 foot screen in the grass (behind the OV Community Center) and popcorn. Bring blankets, snacks, lawn chairs and pillows to make yourself comfy!

Captain Underpants:

Saturday, July 14 • Sunset (8:30pm)



OVparks Class Highlights

Red Ball Tennis - M-F 7/30-8/3 9am-12pm

(ages 5-8)

Green Ball Tennis - M-F 7/30-8/3 9am-12pm

(ages 9-13)

Weight Loss Challenge - M 7/23-8/13 5:30-6:30pm

(ages 18+)

Natural Soap Making - Su 7/22, 8/5, 8/19 1:15-2:15pm

(ages 13+)

Junior Beginning Kayaking - Tu-Th 7/31-8/2 1:30-5:30pm

(ages 10-14)

Picnic & Pool Rentals

Have a party planned but no location? No Worries!

OVparks has several outside rental options

available from picnic areas to our very own

pool! Picnic rentals start at \$66 for the day and

Pool Party Places are \$75 during public swim or

rent the ENTIRE Pool for a Private Party!



Aquatics Events

For only \$5 per person or \$17 for a family of five, you can

enjoy an evening of swimming and great refreshments. **All**

events included in your Season Family Pool Pass \$160

(\$175 NR)

20th Annual Ice Cream Social

Friday, July 27, 7:30 to 9pm

Swimming! Ice Cream Sundaes, Cones! Giant Banana Split!

Hot Dog Hoedown

Friday, Aug 10, 7:30 to 9pm

Hot dog meal, swimming, and more at this annual event!

Dive-In Movie Night - Sherlock Gnomes

Saturday, Aug 25, 8pm (Sunset)

Family movie night on a 16 foot screen in OVparks Pool!

O.R.P.D.'s 35th Anniversary

Country Hoe Down

Saturday, August 11

10AM-2PM

Orangevale Community Park

7301 Filbert Avenue



Live Music | Entertainment | Games | Food | FUN!



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