

Orangevale View

Serving Orangevale, Citrus Heights, Fair Oaks and Folsom

TWIN LAKES RIDING CLUB RECEIVES SPECIAL RECONGITION



Orangevale's Twin Lakes Riding Club (TLRC) was honored Tuesday March 20, 2018 at Sacramento County Supervisors' Board meeting. The club was recognized for over 50 years of service as a social corporation in Orangevale, with the history of the club dating back to 1961. The Resolution

was presented by Supervisor Frost to club President, Bruce Lawrence, and fellow members. The club is still active in our community; club meetings are held at 7:30 pm on the first Wednesday of the month at Orangevale Community Center. Meetings are open to the public.



BASEBALL IN FULL SWING
PG 6

HELP TO EMPOWER WOMEN VETERANS! Inaugural Red White and Blue 5k Run Walk Ride or just have fun!



Coming to Orangevale Community Park on May 19th, Women Veterans Alliance Red White and Blue 5K Run Walk Ride. We are very excited to have our inaugural Fun Run in Orangevale which is open to the public.

There are approximately 2 million women veterans and this number is rapidly growing. As a society, when Veterans are thought of women almost never come to mind. These dedicated women can be found nationwide, but go largely unrecognized in our communities. Women Veterans Alliance started in Sacramento three years ago and is now the fastest growing professional women veterans networking organization.

We would love your support to help empower the women that have served our country. Ways to support us, participate as Individual or Team. Participants will receive Swag items depending on level to

include T-shirt, Dog tag, and bag. Many participants are fundraising as an individual or team. One of the participants Lori Anne Young a Marine Corps Veteran is running in honor and memory of her friend Captain Jennifer J. Harris, USMC, Killed in Action February, 7 2007.

In addition to the run we are having Fun in the Park from 8-2pm where we are going to have awards ceremony, food trucks, vendors, exhibitors, music, kids area and more. We have opportunities available for vendors, exhibitors and crafters (special rates for crafters and non-

profits). Registration opens at 8am. Run will start at 9am with an opening ceremony including national anthem and paying respect to the flag of our country.

This is going to be a great event and we look forward to seeing you. Come out and show your support along the run route.

More information can be found at www.WomenVeteransFunRun.com



*****ECRWSS****
LOCAL POSTAL CUSTOMER

Pre-Sort Standard
U. S. POSTAGE PAID
PERMIT NO. 17
ORANGEVALE, CA 95662

**ABOUT THE
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

Brad Tatum -
Publisher/Advertising
Lisa Montes -**Editor**
Reporter -Elizabeth Brown
Suzanne Feblowitz - Recipes

Photographer
Tom Paniagua
Chris Morairty

AWARD WINNING PAPER
Business of the Year 2013
Business Person of the Year 2010
Editor - California Senate
Woman of the Year 2012

**FOR ADVERTISING
OPPORTUNITIES
CONTACT BRAD TATUM,
AT 916-899-0207**

**DATES TO
REMEMBER:**

APR 2018

WED APR 18, 2018 DEADLINE

FRI APR 27, 2018 Out To Public

MAY 2018

WED MAY 2, 2018 DEADLINE

FRI MAY 11, 2018 Out To Public

WED MAY 16, 2018 DEADLINE

FRI MAY 25, 2018 Out To Public

JUN 2018

WED JUN 6, 2018 DEADLINE

FRI JUN 15, 2018 Out To Public

WED JUNE 20, 2018 DEADLINE

FRI MAY 25, 2018 Out To Public

Contents

6 SPORTS

**14 ORANGEVALE
COOKS**

15 PETS

**16 PROFESSIONAL, BUSI-
NESS & SERVICE DIREC-
TORY**

20 CLASSIFIED

**21 COMMUNITY
GROUPS & CALENDAR**

**22 COMMUNITY SPOTL
LIGHT**

**ORANGEVALE
VIEW**

9172 Greenback Ln. #C
Orangevale, CA 95662

**For Advertising Call
(916) 899-0207**

Editor@ovview.com

www.OVVIEW.com

Member of Orangevale
Chamber of Commerce



**Image Pros Photo
Can do all this and
more.....**



- Graduation Announcements
- Greeting Cards
- Memory Card Recovery
- Photo Restoration
- Photography Services
- Photo Gifts
- Scanning Services
- VHS to DVD
- Slideshow Creation
- Passport Photos

Image Pros Photo 916-987-7000
9267 Greenback Ln # C-4
Orangevale, Ca 95662
www.imageprospphoto.com
in the Park Plaza Shopping Center

SEE HOW MUCH YOU COULD SAVE



Our agency will show you plenty of ways to save money – with the AARP® Auto & Home Insurance Program from The Hartford.

Call us, your local Hartford independent agency, today for a FREE, no-obligation quote.

**Bozzuto & Company Insurance
Services Inc.**

9300 Madison Ave Ste. 100
Orangevale, CA 95662

800-400-6394

amanda@bozzutoinsurance.com
www.BozzutoInsurance.com
CA License #OC77495



Amanda McVey
Personal Insurance
Agent

The AARP Automobile & Homeowners Insurance Program from The Hartford is underwritten by Hartford Fire Insurance Company and its affiliates, One Hartford Plaza, Hartford CT 06155. CA license number 5152. In Washington, the Auto Program is underwritten by Trumbull Insurance Company, The Home Program is underwritten by Hartford Underwriters Insurance Company. AARP does not employ or endorse agents or brokers. AARP and its affiliates are not insurers. Paid endorsement. The Hartford pays royalty fees to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. AARP membership is required for Program eligibility in most states. Applicants are individually underwritten and some may not qualify. Specific features, credits, and discounts may vary and may not be available in all states in accordance with state filings and applicable law. You have the option of purchasing a policy directly from The Hartford. Your price, however, could vary, and you will not have the advice, counsel or services of your independent agent.

PLA034-1



For Leasing Information call 916.988.0200
Park Plaza 9267 Greenback Lane, Orangevale

DATENIGHT COMEDY

a comedy event for couples

A multi-course dinner & pre-recorded Christian comedian John Bryan are included for \$15 per couple. Advanced ticket purchase only. Contact Chuck at minister@ovchurch.org or 916-988-2011.

**Saturday April 21
from 6 to 8 pm**



SUMMER BLIZZARD MENU SAMPLING PARTY



Join us to kick off our new Summer Blizzard menu

Enjoy free samples on **Tuesday, April 24th | Starting at 7pm**
At the location listed below



All trademarks owned or licensed by Am. D.Q. Corp. ©2018. ®, TM, and ©2018 O.J. of Am. X551836-1

Valid only at:
DQ Grill & Chill Restaurant
9295 Greenback Ln
Orangevale, CA 95662-4801



42nd
YEAR IN
O.V. !!!

FREE LOCAL SHUTTLE SERVICE AVAILABLE !!!

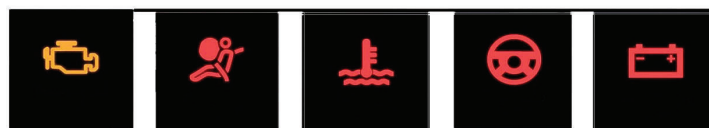
916-988-0279
MONDAY-FRIDAY
8AM-5PM

6326 MAIN AVE #26
ORANGEVALE CA 96662

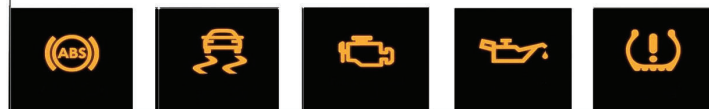


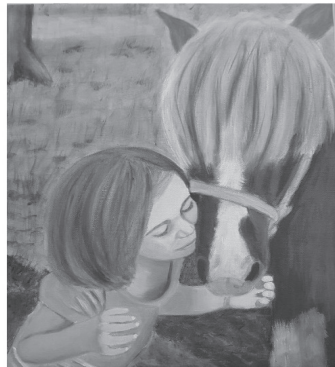
SUMMER IS COMING!!!!

IS YOUR VEHICLES **A/C** READY???
ASK ABOUT HAVING YOUR
VEHICLES A/C SYSTEM
SERVICED BEFORE THE
SUMMER HEAT!!!!



- * BRAKES
- * SMOG FAILURE DIAGNOSIS/REPAIR
- * 30-60-90K MAINTENANCE
- * ALIGNMENT AND FRONT END REPAIRS
- * BATTERIES / ALTERNATOR / STARTER
- * CHECK ENGINE LIGHT DIAGNOSIS
- * ELECTRICAL DIAGNOSIS AND REPAIR
- * AIR CONDITIONING / HEATER REPAIR
- * TIMING BELT REPLACEMENT
- * MAJOR ENGINE REPAIRS





PAINTINGS BY PEGGY TALBURT

**TAKE A SPECIAL
PHOTO AND TURN
IT INTO A
PRICELESS GIFT**

**BIRTHDAY, ANNIVERSARY,
MOTHER'S DAY,
FATHER'S DAY OR
CHRISTMAS?**

TEXT ME AT 916-837-8877

OR EMAIL ME AT talmont@comcast.net

FOR A QUOTE.

PRICES STARTING AS LOW AS \$60

loneforestwolfphotography.com

All Sports
Youth Sports
Activities Special
Corporate Events
Outdoor Portraits
T-Shirts and More!

TOM PANIAGUA
Photographer
916.990.5754

loneforestwolf@gmail.com



**You can't do everything at once,
but you can do it all in one place.**

Digital printing and document services

We provide a full range of document services, including: Full-color digital printing, binding, laminating and collating.

Mailbox services

With our mailboxes you get a real street address, not a P.O. Box number, package acceptance from all carriers and call-in MailCheck.

Packing and shipping

Our Certified Packing Experts are here for all your packing needs. We even offer freight services for large or odd-size items.



The UPS Store



8863 GREENBACK LANE
ORANGEVALE
988-6302

5098 FOOTHILLS BLVD #3
ROSEVILLE
773-8091

The UPS Store centers are independently owned and operated by licensed franchisees of Mail Boxes Etc., Inc., a subsidiary of UPS. Services and hours of operation may vary by location. Copyright ©2008 Mail Boxes Etc., Inc. 41022540408

ORANGEVALE COMMUNITY INFORMATION

COMMUNITY MEETING SCHEDULE

Meetings are held in January, March, May, September and November.

Orangevale

6826 Hazel Ave, Orangevale
(Orangevale Rec & Park
District) 2nd Tuesday, 6:00pm

OTHER SHERIFF'S DEPARTMENT SERVICES

ALARM BUREAU 874-4616
GUN PERMIT INFORMATION 874-8450

IDENTIFICATION BUREAU 874-8093
OFFICE OF INFORMATION/MEDIA
874-5021

PARKING ENFORCEMENT DETAIL
876-6642

PROPERTY BUREAU 875-5650
RECORDS BUREAU 874-5383
RECRUITMENT INFORMATION
874-2677

RED LIGHT ENFORCEMENT
PROGRAM 876-6643
TOWING DETAIL 876-6641

SACRAMENTO CO. CORRECTIONAL FACILITIES

MAIN JAIL 874-6752
RIO COSUMNES CORRECTIONAL
CENTER 874-1927
JUVENILE HALL 875-6996

INVESTIGATIVE SERVICES
CENTRALIZED INVESTIGATIONS
874-5041

CHILD ABUSE BUREAU 874-5191
CIVIL DIVISION 875-2665
HI-TECH CRIMES 874-3002
IDENTITY THEFT 874-3000

HOMICIDE BUREAU 874-5057
PROPERTY CRIMES 875-5388
ROBBERY BUREAU 874-5051
SEXUAL & ELDER ABUSE BUREAU
874-5070

SEX OFFENDER REGISTRATION
DETAIL 874-5090

OTHER SACRAMENTO COUNTY SERVICES

ADULT PROTECTIVE SERVICES 874-
9377

ANIMAL CONTROL (PUSH #2) 875-
5232

CHILD PROTECTIVE SERVICES 875-
5437

RESTRAINING ORDERS 875-3400

GRAFFITI ABATEMENT (PUBLIC
PROPERTY) 875-5171

GRAFFITI ABATEMENT (PRIVATE
PROPERTY) 875-5656

GRAFFITI ABATEMENT (SMUD
PROPERTY) 732-6043

COUNTY BOARD OF SUPERVISORS
SUPERVISOR SUE FROST 874-5491
SUPERVISORFROST@SACCOUNTY.NET
ANTELOPE, ORANGEVALE, GOLD
RIVER, RIO LINDA, ELVERTA

NORTH DIVISION PUBLIC INFORMATION DIRECTORY SACRAMENTO COUNTY SHERIFF 'S DEPARTMENT

Sheriff Scott R. Jones
Contacts:

Emergency 911 or 874-5111

Non-Emergency 874-5115

TDD Non-Emergency 874-7128

www.sacsheriff.com

www.facebook.com/SacSheriff

twitter.com/sacsheriff

NORTH STATION

5510 Garfield Avenue, Sacramento CA
Phone: 874-1021 Mon-Fri, 8:00am-5:00pm

NORTH SERVICE CENTERS

Dewey

5484 Dewey Drive #235, Fair Oaks, CA
Phone: 875-5484 Mon-Fri, 8:00am-
5:00pm

CRIME PREVENTION

SROI Francie Fitzsimmons

Phone: 876-5708

Email: mfitzsimmons@sacsheriff.com

Areas: Carmichael, Fair Oaks, Old
Foothill Farms, Orangevale.

PROBLEM ORIENTED POLICING

To report issues email [NorthPOP@
sacsheriff.com](mailto:NorthPOP@sacsheriff.com) or call 876-5729

HOMELESS OUTREACH TEAM

HOT will deal with ongoing homeless
issues.

To report issues email [NorthHOT@
sacsheriff.com](mailto:NorthHOT@sacsheriff.com)

OTHER AGENCY CONTACTS

Reckless driving of ATV or dirt bikes,
illegal parking of RV, and vehicle related
nuisance issues contact:

POP CHP Email: 250POP@CHP.ca.gov

(Jurisdiction area is West of Sunrise Blvd.)

POP CHP Email: 260POP@CHP.ca.gov

(Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access
to health and human service programs,
service and shelters.
www.211sacramento.org/211

Sac County 3-1-1, Connect to report
abandoned vehicles, broken street light,
illegal dumping or get information about
services. Mobile app is available.
www.311.saccounty.net

CRIME REPORT ONLINE

Allows citizens to submit an online
report that occurs in the unincorporated
Sacramento County and Rancho
Cordova jurisdictions.

[http://www.sacsheriff.com/Pages/
Services/ReportCrime.aspx](http://www.sacsheriff.com/Pages/Services/ReportCrime.aspx)

SHERIFF'S ELECTRONIC EYE

Citizens and business owners to register
the locations of their video surveillance
systems with SSD. When a crime occurs,
we can identify locations of surveillance
systems to help us collect video evidence.
[http://www.sacsheriff.com/Pages/SEE/
SEE.aspx](http://www.sacsheriff.com/Pages/SEE/SEE.aspx)

CRIME MAPPING

Citizens can view categories of crimes
being reported and click on a specific
incident to view information. [https://
www.sacsheriff.com/Pages/Services/
OnlineCrimeMapping.aspx](https://www.sacsheriff.com/Pages/Services/OnlineCrimeMapping.aspx)

TIPS & ALERTS

Submit crime tips online (it can be
anonymous). [http://www.sacsheriff.
com/Pages/Services/Tips.aspx](http://www.sacsheriff.com/Pages/Services/Tips.aspx) Tip Line
Phone: 874-TIPS (8477)

ADMINISTRATION

Commander Captain Drew Wyant
874-1015

Assistant Commander Lieutenant Steve
Dutra 874-1015

Operations Commander Lieutenant
Mary Saporito
874-1015

Service Centers Director SROI Victoria
Reyes 874-1015

GOVERNMENT OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk
Grove, California 95758 Call toll free 877-750-2372

SENATOR Ted Gaines Roseville Office 4359 Town
Center Blvd. Ste 112 El Dorado Hills CA 95762
1Phone: 916-783-8232 Fax: 916-783-5487 senator.
gaines@senate.ca.gov

ASSEMBLY MEMBER

KEVIN KILEY District Office-8799 Auburn Folsom Rd,
Ste A, Granite Bay 95746 916-774-4430
<https://ad06.asmc.org/>

COUNTY SUPERVISOR Susan Frost District 4
700 H Street, # 2450 Sacramento, CA 95814 (916)
874-5491;

Orangevale CPAC (Community Planning
Advisory Council) Meets the 1st Tuesday of every
month at the Orangevale Community Center,
6826 Hazel Ave. Meeting Room B at 6:30 pm. For
more information visit planning.saccounty.net

G.L.O.V.E. (Greenback Lane Orangevale
Envisions) Meets 4th Wednesday of the month 6:00
pm Location will vary. For more information email
glove@surewest.net

POW WOW DAYS IS COMING!

Summer is nearly here! That means it's time for family fun at the Orangevale Pow Wow Days.

What better way to spend quality time together than at a FREE event, held June 1 - 3 at the Orangevale Community Park.

This 55-year-old event boasts dozens of hands-on activities, specialty foods, entertainment and much more!

On June 1, the event doors and will showcase three performers, Clear Conscience and DJ Sugar Bear and Simple Creation. Friday will also have a Glow Show Party and Laser Light Show starting at 8:30 p.m. Bring a canned food item as admission to the Glow Show Party.

On Saturday Pow Wow Days will be open 11 a.m. to 11 p.m. The 36 acre park will be jampacked with fun events like The SHOW DOWN Cornhole Tournamant Orangevale's, Kids Zone with a stage and children's

entertainment. Saturday is all country with 101.9 The Wolf's Battle of the Country Bands. Local area bands will compete for a \$500 prize..

Wrapping up Sunday, June 3, from 12 p.m. to 9 p.m. activities will feature Kids Zone, and the Latin Touch Band, Fiesta Pow Wow and more!

Don't miss out on delicious treats, carnival rides and fun for the whole family.

Admission is free. Parking costs \$6 for most vehicles, \$10 for oversized vehicles. Parking proceeds will benefit local athletics or service groups.

Unlimited rides will cost \$28 when purchased at the event. A discount voucher may be purchased from participating schools for \$5 off. Tickets available online or at participating outlets.

For a full schedule of events and a list of participating schools and outlets for discount tickets visit www.OrangevalePowWowDays.com

www.OrangevalePowWowDays.com

55th Annual Parade Application Are Now Available

Parade Date: June 2 2018
The Orangevale Pow Wow Days Town Fair is accepting applications for the 55th Annual Orangevale Pow Wow Days Parade. All entries agree to allow the Orangevale Pow Wow Days Town Fair committee to promote, film and advertise names, photos or other information on TV, Radio, Print or Digital Media. Judging Deadline is May 15, 2018. Entries received after May 15, 2018 will not be eligible for judging.

Acceptable entries and floats for the Orangevale Pow Wow Days Parade must be family-oriented and appropriate for all ages. Application online at orangevalepowwowdays.com

For more information visit the Orangevale Chamber of Commerce at 9267 Greenback Lane B91, Orangevale 95662
E-mail: info@orangevalechamber.com
Phone: (916) 988.0175



Cremation & Burial
8854 Greenback Lane, Suite 1,
Orangevale *FD-1806

916-988-2740

www.accremation.com

Services Offered:

- Dignified Cremation
- Cremation with Memorial Service
- Traditional Funeral
- Graveside Funeral

Direct Cremation
\$795

Traditional Funeral with Casket
\$3990

\$100 OFF

Some restrictions apply.
Prices subject to change.

MERRILL BOOKKEEPING, INCOME TAX & PAYROLL SERVICES

**A NAME
YOU CAN TRUST!**

916-988-7851

Specialized In Past Tax Solutions



Monte Merrill

RAMBIT, Inc.
Locally Owned
Founded 1972

**CALL TODAY TO SET-UP
APPOINTMENT TODAY**

8821 CENTRAL AVE, ORANGEVALE, CA

11 Critical Home Inspection Traps to be Aware of Weeks Before Listing Your Orangevale Home for Sale

ORANGEVALE - According to industry experts, there are over 33 physical problems that will come under scrutiny during a home inspection when your home is for sale. A new report has been prepared which identifies the eleven most common of these problems, and what you should know about them before you list your home for sale.

Whether you own an old home or a brand new one, there are a number of things that can fall short of requirements during a home inspection. If not identified and dealt with, any of these 11 items could cost you dearly in terms of repair. That's why it's critical that you read this report before you list your home. If you wait until the building inspector flags these issues for you, you will almost certainly experience costly delays in the close of your home sale or, worse, turn prospective buyers away

altogether. In most cases, you can make a reasonable pre-inspection yourself if you know what you're looking for, and knowing what you're looking for can help you prevent little problems from growing into costly and unmanageable ones.

To help homesellers deal with this issue before their homes are listed, a free report entitled "11 Things You Need to Know to Pass Your Home Inspection" has been compiled which explains the issues involved.

To order a FREE Special Report, visit www.SacramentoAreaHomeInfo.com or to hear a brief recorded message about how to order your FREE copy of this report call toll-free 1-844-709-7051 and enter 1003. You can call any time, 24 hours a day, 7 days a week.

Get your free special report NOW to learn how to ensure a home inspection doesn't cost you the sale of your home.

This report is courtesy of JimBlakeHomes.com BRE#01395850. Not intended to solicit buyers or sellers currently under contract. Copyright © 2018

ADVERTISING OPPORTUNITIES

CALL BRAD TATUM AT 916.899.0207

Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to

more than 100 high-traffic locations.

Local SPORTS



BASEBALL WHERE EVERYONE PLAYS!

Orangevale Pony Ball offers baseball for boys and girls ages 3 1/2 to 18 for players, serving the Greater Sacramento Region.

OVPB has local games and practices, teams are limited to 15 players and games are played by baseball rules with professional umpires for the upper divisions.

Protect Our Nations Youth (PONY) Ball seeks to implant in the youth of the community ideals of good sportsmanship, honesty, loyalty, courage and reverence, so they may be finer, stronger and happier youths who shall grow to be good, clean, healthy adults.

This objective shall be reached by providing supervised competitive athletic games. The supervisors shall bear in mind at all times that the attainment of exceptional athletic skill or the winning of games is secondary and the molding of future citizens is of prime importance.

HAIR CUT AND OIL CHANGE FOR THE FIRST 125 REGISTRANTS! SIGN UP TODAY!

The first 125 registrants will receive a free oil change from Oil Stop and a Free Hair Cut from Great Clips.

Aboutkidz 9th annual First Day golf tournament. June 1st at Whitney Oaks. Help provide backpacks, school supplies and a new outfit for 1,000 local low income children. Early bird special until May 1st | \$500 per foursome. Regular rate is \$600 per foursome. Register and more info at: www.aboutkidz.org

State(GD) Non-Profit Tax ID number 80-0683387

FIRST DAY Charity Golf Tournament

Providing a fresh start for children in need!

FOUR PERSON SCRAMBLE
Whitney Oaks Golf Club
2305 Clubhouse Drive in Rocklin
Friday, June 1st 2018

7:00AM - Registration/Raffle Display
7:00AM - Complimentary Range Balls
7:00AM - Breakfast available
7:00AM - Putting Contest
8:00AM - Shotgun Start; Best Ball Format
12:30PM - Tri-Tip & Chicken Lunch & Raffle

Tournament includes range balls, golf, cart, beverages (soda/coffee/iced tea) and lunch. All proceeds benefit the First Day program.

REGISTRATION FORM [Additional info, contact Matt Caspar \(916\) 397-5239 or email at matt@aboutkidz.org.](mailto:matt@aboutkidz.org)

<input type="checkbox"/> Early Bird (Before April 1st) \$125 (Individual) \$500 (Foursome)	NAME	PHONE	E-MAIL
<input type="checkbox"/> Individual \$150	Main Contact:		
<input type="checkbox"/> Foursome \$600	1:	2:	3:
	4:		

PLEASE ENCLOSE: \$150 per entry or \$600 per foursome

SPONSORSHIP OPPORTUNITIES (see packet)
 \$2,500 Platinum Sponsor \$500 Silver Sponsor
 \$1,000 Gold Sponsor \$250 Bronze Sponsor

Total Amount _____

Mail check/money order payable to: aboutkidz | 11140 Fair Oaks Blvd, Ste. 300, Fair Oaks, CA 95628

Rollingwood Athletic Club Summer Fitness Challenge

60 classes in 60 days. FIT. FIRM. FANTASTIC.



Participate in the 60/60 get 2 weeks free of full club access. Many chances to win!



Begins April 2

916.988.1727
rollingwoodclub.com

WHAT IS YOUR SPORT?

SHARE YOUR SPECIAL MOMENTS

editor@ovview.com

TOM PARKER

Real Estate Broker
License # 0483121



**"I am here to help others.
Let me help YOU!"**

Free Consultation (916) 257-0058



**Local Resident
Over 40 Years
Experience**

WWW.TOMRPARKER.COM

WE'RE MAID FOR THIS



**30 YEARS AND STILL KEEPING
IT FRESH AND CLEAN.**

- Professional Quality, Affordable Price
- Fully Insured
- No Contracts. 24 Hour Clean Guarantee
- Call For A Free Estimate

**15% OFF
ANY SERVICE**



New customers only. Participating locations only. Some restrictions may apply. Offer expires 4.30.18

MOLLY MAID® OF ORANGEVALE
916-989-5005

Visit us at MollyMaid.com to learn more.
©2017 Molly Maid, LLC. Each franchise is independently owned and operated.



NEW-CENTURY AIR SYSTEMS
3766 OMEC CIR SUITE B
RANCHO CORDOVA, CA
Contractor's License # 718740
(916)362-2822
E-MAIL: ncas@newcenturyair.com

HONEST SERVICE, AT A FAIR PRICE, FREE SECOND OPINIONS

Heating - Air Conditioning - Sales - Installation - Service

**Fall Tune Up Special
10% off**



SMUD FINANCING
TRANE REBATES
FREE ESTIMATES
NO DOWN PAYMENT
SMUD INCENTIVES

WHAT IS THE COST OF DELAY?

- Higher energy bills.
- Sacrificing comfort.
- Paying costly repair bills.
- Less marketability of your home.
- Sacrificing today's prices, for future higher prices.
- Not taking advantage of SMUD'S incentives & financing.



www.newcenturyair.com



**Happy Hour & Early Bird
Dinner Specials 3-6pm
every day**

Family Meals

Full Bar

60" TVs

10 Beers on Draft

CATERING AVAILABLE!

FEATURING TRI TIP, RIBS, CHICKEN, BRISKET, PASTA & PIZZA

**(916) 988-0112 • www.woodpit.com
9267 Greenback Lane • Orangevale**



**For Leasing Information call 916.988.0200
Park Plaza 9267 Greenback Lane, Orangevale**



**DID YOU KNOW
WE DO MORE THAN JUST COPIES?**

- Faxing • Fedex • Design**
- Flyers • Forms • Banners**
- Bulk Mail • Business Cards**
- Tickets • Scanning • Folders**
- Engineering Prints • Promotional Items**

(916) 987-1090 • info@ovcopy.com
9267 Greenback Lane #C5 • Orangevale, CA 95662



For Leasing Information call 916.988.0200
Park Plaza 9267 Greenback Lane, Orangevale

THE SWENSON LAW FIRM

BUSINESS, IP, ESTATE PLANNING ATTORNEYS



Samuel K. Swenson, Esq.

Call for a
Free Estate
Planning
Consultation

Our Estate Planning Services Include:

- **Estate Planning- Wills- Tax Strategy**
- **Probate and Trust Administration**
- **Powers of Attorney- Medical and General**

Protect You...and Your Family

(916) 333-0833

www.swensonlawfirm.com
8788 Greenback Lane, Suite 105, Orangevale, CA

WE MUST DO MORE ABOUT TEEN MENTAL HEALTH



Assemblyman Kevin Kiley

In 2016, Oakridge student Tiffany Wong had a conversation with an emotionally troubled classmate, and decided to take action. She held a concert to benefit her initiative to provide mental health training to personnel at El Dorado Hills schools. A year later, another Oakridge student, Stephen Bernard, started a club on campus to promote mental health awareness and help students cope with stress and anxiety.

In our local communities, students, teachers, and school leaders are stepping up to confront the growing challenge of adolescent mental health. It is time for the California Legislature to follow their lead. We must do more to address what is among the most urgent and important issues facing young people today.

More than three million teens say they struggle with debilitating depression, and six million with anxiety. The consequences are often tragic. Between 2007 and 2015, rates of suicide have doubled among teenage girls and jumped by 30% among teenage boys. In 2010, Los Angeles Unified School District reported 255 instances of suicidal behavior; just five years later, that figure had risen to 5,000. As teen suicide rates decline across the developed world,

they have surged to become the second leading cause of death of young Americans.

Teen drug abuse is also on the rise. Until a few years ago, teen deaths caused by drug overdose had been declining. Between 2014 and 2015, however, they rose by 19%, primarily fueled by addiction to opiates, which many teens use as an antidepressant. With an estimated 120,000 American adolescents currently addicted to opioids, the trend will almost certainly worsen.

A few bills moving through the State Legislature are a good start toward addressing the problem. One would serve to focus the state's mental health spending on prevention and early intervention; another would bolster support for school counselors; and a third, which I have authored, would both introduce more accountability over mental health care spending and improve data sharing between state and local government.

But improving access to treatment can only be part of the solution. We must also focus on the conditions that lead to rising rates of teen depression, anxiety, and other forms of mental illness – an approach that will require contending with root causes. Here, solutions become less obvious, and policies harder to implement, as we wrestle with possible factors ranging from economic stressors to academic pressure to social media use.

As a first step, I am requesting the Assembly Education Committee convene an informational hearing on Adolescent Mental Health, where we can learn more about different approaches schools are taking across

the state. With input from parents, education leaders, mental health experts, and students, we can better understand what is working, so we can do more of it, and where kids are falling through the cracks. This is hard work, but it must start now.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer and Sacramento counties. On Saturday, April 21, he will host a community coffee from 9 to 10:30 a.m. at the Fire Department in El Dorado Hills (1050 Wilson Boulevard.).

**HOPE Wellness Institute
Expansion**

**New Meeting/Class room
for groups opens up in Fair
Oaks**

We are excited to announce that HOPE Wellness Institute has embraced the opportunity that appeared several months ago to expand. We now offer a class/meeting room to rent for gatherings/presentations, Meetups or MLM training. This is the ideal spot for local clubs and groups to meet in Fair Oaks. The space is available for rent on a daily/hourly basis, 6:30 am-10:00 pm. We provide; a 644 sq. ft. large bright room, tables, chairs, with seating for 40+ people, Projector, Pull-down Screen, Free Wi-Fi, Easy Access Parking, and much more. HOPE Wellness Institute will be offering classes in; Brain Health, Fitness/Exercise, Jewelry Making, and Bodywork/Massage. Please call the office during our regular business hours M-F 9am-5pm for more rental information, and our upcoming class schedule.

SMART MONEY AT ORANGEVALE LIBRARY

Money Smart Week began as a coordinated effort of the Money Smart Advisory Council, a diverse group of more than 40 Chicago-area organizations working together to promote personal financial literacy. The Federal Reserve Bank of Chicago convened the Council's first meeting in July 2001, during which members agreed to share resources and ideas to achieve greater public awareness of the programs and services available in the city of Chicago. The result was Money Smart Week 2002 — six days of focused presentations by community groups, financial institutions, government agencies, educational organizations, and financial experts, all designed to help consumers learn to better manage their personal finances.

In 2010 the American Library Association joined the Federal Reserve Bank of Chicago in a partnership to create a national financial education initiative and in 2017 over 1000 libraries in all 50 states participated in Money Smart Week programs.

Sacramento Public Library has reached out to partners throughout the Sacramento region and put together a slate of programs to educate community members about such topics as fraud prevention, building your credit, preparing for home ownership and much more. It is our goal to continue and enhance these partnerships and offer ongoing financial literacy programs and resources at all Sacramento Public locations.

The first Financial Education program in Orangevale will

occur on April 24th at 6:30 pm as we will be joined by Steve Glen, Criminal Investigator with the Sacramento District Attorney's Office and Detective Sean Smith with the Sacramento Sheriff's Department Hi-Tech Task Force to learn about fraud prevention.

Stop Identity Theft Before It Happens with Elise Schexnayder,

SAFE Financial Literacy Coordinator
Tuesday, April 17, 6 p.m.
Carmichael Library 5605 Marconi Ave., Carmichael

Wednesday, April 25, 6 p.m.
Robbie Waters Pocket-Greenhaven Library
7335 Gloria Dr., Sacramento

Long Term Care with Toni Mohr, Heartland Institute

Saturday, April 21, 2 p.m.
Sylvan Oaks Library
6700 Auburn Blvd., Citrus Heights

Financial Check-Up with Veronica Dangerfield, Patelco

Tuesday, April 24, 6 p.m.
Ella K. McClatchy Library
2112 22nd St., Sacramento

Fraud Prevention with Steve Glen, Criminal Investigator-Sacramento District Attorney's Office

Tuesday, April 24, 6:30 p.m.
Orangevale Library
8820 Greenback Ln., Suite L, Orangevale

Wednesday, April 25, 6:30 p.m.
Arden-Dimick Library
891 Watt Ave., Sacramento

Building Your Credit: The Cornerstone of Homeownership with NeighborWorks

Wednesday, April 25, 6 p.m.
North Sacramento-Hagginwood Library 2109

Del Paso Blvd., Sacramento
Friday, April 27, 4:30 p.m.
Del Paso Heights Library
920 Grand Ave., Sacramento

Social Security 101 with Eric Phillips, Social Security Administration

Thursday, April 26, 6:30 p.m.
Arden-Dimick Library
891 Watt Ave., Sacramento

Friday, April 27, 1 p.m.
Rancho Cordova Library
9845 Folsom Blvd., Sacramento

Saturday, April 28, 2 p.m.
Fair Oaks Library
11601 Fair Oaks Blvd., Fair Oaks

Enjoy Life on a Budget with Elise Schexnayder, SAFE Financial Literacy Coordinator

Thursday, April 26, 6:30 p.m.
Martin Luther King, Jr. Library 7340 24th St. Bypass, Sacramento

Preparing for Homeownership with NeighborWorks

Thursday, April 26, 4 p.m.
North Highlands-Antelope Library 4235 Antelope Rd., Antelope

Managing Your Debt with Toni Mohr, Heartland Institute

Saturday, April 28, 2 p.m.
Sylvan Oaks Library
6700 Auburn Blvd., Citrus Heights

Fraud Prevention with Katie Carruesco, CA Department of Business Oversight

Saturday, April 28, 2 p.m.
Belle Cooledge Library
5600 South Land Park Dr., Sacramento



SAT APR 14 EVLON PRESENTS: HOUSE PARTY

FRI APR 20 BAEZA/LAZY BOY/FRIMZY

SAT APR 21 GRAVESHADOW ALBUM RELEASE

WED APR 25 REDEEM/REVIVE

9426 GREENBACK LANE, ORANGEVALE, CA 95662 · (916) 358-9116

Get full details and tickets at boardwalkrocks.com

Safari Chiropractic

Now Accepting New Patients

❖ **Convenient location**

❖ **Most Insurances Accepted**

Including MEDICARE

Dr. Jennifer Webb, DC

6216 Main Ave.

Call today!!!

(916) 988-3441



You're Invited to the
Orangevale Recreation & Park District's
Orangevale Community Park
Master Plan Workshop
Thursday, April 19th 2018
6:15 p.m.

View Draft Plans, Share Ideas, and Provide Comments
 Board of Directors will be in Attendance

Discussion Topics:

- Skatepark Area
- Park Exercise Equipment
- Permanent Rest Room
- Additional Parking Areas
- Family Picnic Areas
- Playground Features
- Nature Area Improvements
- Group Shade Structures

Orangevale Community Park (By Oak Lot Playground)
7301 Filbert Avenue

LET'S CHAT!

about
HOME EQUITY CONVERSION MORTGAGES
 (REVERSE MORTGAGES)

Contact
Peggy Coughlin
Your Local Orangevale Resident/Reverse Mortgage Specialist

ASK QUESTIONS and I will give you honest answers without any obligation or hassle!

Borrower is required to be 62 years old for a reverse mortgage but questions can be asked by anyone interested!



Peggy Coughlin
 NMLS# 440270/1850
 Operations Manager
 916.677.8507
 peggy.coughlin@apmortgage.com
 CA BRE #01215943
Licensed by the Department of Business Oversight under the CRMLA



**AMERICAN
 REVERSE MORTGAGE GROUP
 PACIFIC**
A Division of American Pacific Mortgage Corporation NMLS 1850

24 Hours
 7 Days A Week

Lic# 893065

The Water Heater Experts

Chapman's Legacy Plumbing

THE BEST WARRANTY

Family Owned & Operated | 45 Years Experience | www.chapmanslp.com

RESIDENTIAL & COMMERCIAL PLUMBING

COMPLETE WATER HEATER REPLACEMENT & REPAIR

ALSO: ALL TYPES OF PLUMBING SERVICE & REPAIR

FREE Estimates!

SENIOR SPECIALS



916.600.5569 • 916.248.2711



Preschool - Pre Kindergarten - Before & After School Care

ACTIONDAYLEARNINGCENTER.COM

Orangevale *Folsom*

6822 Kenneth Ave 9371 Elm Ave 400 Stafford St
 916.988.9689 916.988.9633 916.985.0976



Supervisor Sue Frost

THE ILLUSION OF RENT CONTROL

By Sacramento County Supervisor Sue Frost

It is quite rare to see economists largely agree with each other on governmental policy. While economists are supposed to be non-partisan and purely scientific, that's not really how it works in practice. Often times you can have well respected economists taking radically different positions on the same subject. So for an issue that has 0% of economists strongly supporting it, one would think that the concept of rent control would similarly have zero political support. Yet as you read this, efforts are underway to bring rent control to Orangevale.

Rent control can sound good on the surface – rent gets set at a fair price and can only be raised by modest percentages so renters aren't priced out of their homes with huge rent increases that they cannot afford. Proponents will argue that low income families don't have enough options for where to live as it is, and that having to find a new home can be devastating (in some cases lead to homelessness).

But while these proponents are correct, their proposed solution to this growing issue unfortunately magnifies the problem.

The amount that property owners charge for rent is largely dependent on market forces. If the demand for rooms is low and supply is high, then rents decrease to ensure that owners are able to keep vacancy rates as low as possible. Conversely, if the demand for rooms is high and supply is low (as is the case currently) then the rents increase as more people compete for less units. If the government imposes restrictions on property owners and forces them to offer lower rents than the market would otherwise dictate, we see two incredibly negative things immediately happen.

First, no new housing will be built and in some cases, housing will be torn down and be replaced with other uses (like commercial business). By forcing rents below the market price, rent control reduces the profitability of rental housing, directing investment capital out of the rental market and into other more profitable markets. In a situation where there is already a lack of housing options, this is about the worst thing that can happen. If the quantity of housing options does not keep pace with population increases, the problem is greatly exacerbated.

Second, due to diminishing profits for property owners and an increase in demand, they are no longer financially able to perform proper upkeep of the property or to quickly respond to requests

for repair. The quality of the properties quickly decline and that is not a positive thing for the renter, or for the community of Orangevale who has to live with deteriorating buildings in their neighborhood.

In places where there is demand for more housing, a more effective policy is to simply build more housing. The challenge then becomes how to reduce the cost of construction, where to site the housing, and how to implement affordable housing programs in a way that works for the neighboring communities. But in order to keep our housing affordable, we can't create policies that sound good on paper but make the situation worse – we have to come up with long term solutions if we ever want to fix things.

Finally, I want to invite everyone to my next Orangevale community meeting on May 9th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for you to get an update from me and to ask me any questions you may have. Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks.

11 COSTLY HOME INSPECTION PITFALLS

Free Report reveals what you need to know before you list your Orangevale home for sale.

www.SacramentoAreaHomeInfo.com

Free recorded message

1-844-709-7051

ID# 1003

BRE#01395850

JANUARY HOME SALES

Address	Bedroom	Bath	Sq Ft	Lot Size	Yr Blt	Sale Price
9431 Dalton Way	3	2	1559	0.18ac	1960	\$ 305,000
8904 Custer Ave	3	2	1056	0.23ac	1958	\$ 320,000
9526 Patte Way	3	1	1097	0.19ac	1960	\$ 320,000
6625 Main Ave	3	2	1290	0.27ac	1949	\$ 325,000
6129 Rolkingham Ln	3	2	1408	0.03ac	2007	\$ 349,900
9257 Floyd Ave	3	2	1460	0.23ac	1980	\$ 351,000
9008 Central Ave	4	2	1312	0.29ac	1956	\$ 353,000
6952 Drywood Way	3	2	1623	0.15ac	1979	\$ 370,000
6416 Wittenham Way	3	2	1371	0.26ac	1981	\$ 392,000
9338 Elm Ave	3	2	1296	0.23ac	2000	\$ 399,000
6119 Passiflora Lane	4	3	1996	0.04ac	2010	\$ 399,000
6505 Pineburr Ct	4	2	1862	0.17ac	1984	\$ 414,750
6521 Deaderick Ct	3	2	1792	0.17ac	1983	\$ 430,000
6534 Walnut Ave	3	2	1503	0.47ac	1930	\$ 435,000
5548 Montia Ct	4	4	2025	0.34ac	1977	\$ 464,000
9515 Beech Ave	4	2	2373	0.34ac	new	\$ 505,000
5140 Mississippi Bar	5	3	2535	0.28ac	1967	\$ 545,000
5131 Dredger	4	3	2555	0.39ac	1977	\$ 550,000
8525 Oakcreek Cove Way	5	3	2789	0.22ac	1998	\$ 597,000
8577 Krogh Ct	5	2	2563	0.49ac	1978	\$ 610,000
6728 Walnut Ave	4	3	2652	0.84ac	1997	\$ 675,000
6920 Thayer Way	4	3	2706	0.46ac	2005	\$ 725,000
9598 Sprow Ranch	4	3	3077	0.54ac	2015	\$ 747,000
9348 Cherry Ave	6	4	3312	0.89ac	1970	\$ 785,000

Above Information is based on data obtained at MetroList Services, Inc.

**Provided by Tom Parker, Broker Lic# 483121
Orangevale Realty 987-4704**

SERVICE CLEANERS

Fast Alterations ♥ Shirt Laundry ♥ Leather & Suede
♥ Household & Drapes

SAME DAY SERVICE!

Orangevale
8920 Greenback Ln Ste A
Orangevale, Ca 95662
(916) 988-1516

Folsom
9580 Oak Avenue
Folsom, Ca 95630
(916) 987-8417

No Additional Cost

To The Walgreen's & Starbuck's Shopping Center

\$500 VISA Gift Card With Any Complete System*

Fall Specials

\$20 OFF Service Call*

CELEBRATING 40 YEARS OF SERVICE

BUCKLEY

HEAT • AIR • SOLAR

PEACE OF MIND

SINCE 1977

www.BuckleyHeatAirSolar.com
916.993.5702 | Lic.558980

*Limitations apply. Call for details.

Palmer
REAL ESTATE

- Looking to Buy a home?
- Thinking of Selling?
- Questions with financing?

FREE CONSULTATION - Lic# 01924488

OWNED & OPERATED BY LONGTIME ORANGEVALE RESIDENTS
9198 Greenback Lane #115, Orangevale, CA 95662
916-241-3481
www.HomesByPalmer.com

What is your Orangevale home worth?
Get a free home value report here!
www.OVHomeValues.com

OUR AVAILABLE LISTINGS:

MLS# 17075842	3326 American River Dr	Sacramento	\$ 1,179,000
MLS# 18015699	8871 Greenhalgh Lane,	Orangevale	\$ 335,000
MLS# 18000336	44602 N El Macero Dr.	El Macero/Davis	\$ 924,000
MLS# 18015373	3501 Black Oak Dr,	Rocklin	\$ 849,950

COMING SOON:
2Bed/1Bath & 3 Bed/2 Bath.....BOTH IN ORANGEVALE

BIG DAY OF SERVICE

ORANGEVALE ~ FAIR OAKS

Imagine a day where hundreds of people come together to make a difference.

Saturday, May 5, 2018

WWW.BIGDAYOFSERVICE.COM

All Smiles Dental Care
Larry Cao, DDS, Inc.
 Let Your Smile Say it All!

Now accepting New Patients • Emergency Walk-Ins Welcome!



Gentle, Quality, Affordable Care!

- Smile with Confidence
- Individual Care For Individual Smiles
- Achieve a Stunning New Smile

www.orangevaldentist.com

\$88

**Teeth Whitening
 with First Exam
 & X-Rays**

(New Patients Only) Expires 5/30/18

When you visit our office, *your smile is our top priority*. Our entire team is dedicated to providing you with the personalized, gentle care that you deserve.

Part of our commitment to serving our patients includes providing information that helps them to make more informed decisions about their oral health needs. Our website, www.OrangevaleDentist.com, is a resource we hope you'll find both useful and interesting.

Sincerely, **Make an appointment today...**
We'll give you a reason to smile!
 Dr. Larry Cao

**ANY MAJOR
 TREATMENT**

**20%
 OFF**

Offer Requires a Complete Exam & X-ray (some restrictions apply)

New Patients Only. Offer is not valid with any other offers. Offer is not valid with HMO Dental Insurances. All offers require a Complete Oral Exam, X-ray, Cleaning. Coupon can not be combined. Expires 5/30/18

**X-RAYS • EXAM
 • CLEANING**

\$49

Offer Requires a Complete Exam, X-ray and Cleaning.

New Patients Only. Offer is not valid with any other offers. Offer is not valid with HMO Dental Insurances. All offers require a Complete Oral Exam, X-ray, Cleaning. Coupon can not be combined. Expires 5/30/18

6045 Hazel Ave. Orangevale, CA 95662

916.988.0187



16241407N330

NORTH STAR COLLISION REPAIR



**10% Off
 Any Repair**
 expires: 30 days from
 paper issue date

FREE Estimates
Lifetime Warranty
Full Service Paint Shop
We Accept All Insurances

916-988-1515
 8832 Greenback Ln, Orangevale

*maximum discount \$100. Discount applies to cost of labor only.

OVparks has your weekend planned!

Rummage Sale

**Saturday, April 21st
 7am-1pm**



Shoppers, get ready for a great sale! If you're looking for bargains, you can find them here. Sellers, turn your unwanted items into cash with hundreds of shoppers at every event. Space consists of 2 standard sized parking spots.

FREE

Summer Open House

Saturday, April 28th • 12:00-1:30pm

Come join us at OVparks Summer Open House to plan your summer! There will be free BBQ hot dogs, a bounce house, and snow cones!

One-Day Only Deals

- Discounts available on certain programs
- Early-bird swim lesson registration
- Raffle prizes



Spring Craft Fair

Saturday, May 12 • 9am-4pm

Find that perfect gift for Mother's Day at the OVparks Spring Craft Fair. There will be handmade crafts, direct sales vendors, unique gifts and jewelry from over 30 vendors. Booth spaces are available starting at \$65.



Free admission for shoppers!



Parks Make Life Better!®



Get Connected @ovparks

6826 Hazel Ave, Orangevale
 (916) 988-4373 • OVparks.com

yelp **4.5** ★★★★★ **Rating**
 Located in the Cable Park Shopping Center

SICHUAN SPICE HOUSE 四川美食 CHINESE RESTAURANT

Dine In ★ Daily Lunch Specials ★ Take Out

Tuesday-Sunday 11am—9 pm Closed Mondays

916.989.6688

8847 Greenback Ln., Orangevale

989 **BERNIE'S** 0000

INTERNATIONAL DELI
 Celebrating 35 Years
WE ARE OPEN!

9270 Greenback Lane
 Orangevale CA 95662



LUPITA'S
MEXICAN RESTAURANT

988-0888

Lunch
 Specials
 Daily

1/2 OFF ENTRÉE

Monday-Thursday

Buy One Entrée Get 2nd Entrée 1/2 OFF!

One coupon per table Entrée equal or lesser value. Dine in Only. Expires 6/30/18

9353 Greenback Ln, Orangevale



OPEN 7 DAYS A WEEK

DONUT SPOT

Fresh Baked Daily

- Donuts
- Scones
- Muffins
- Coffee
- Mocha
- Blended Coffee
- Smoothies
- Wholesale & Retail

FREE DONUT

When you buy a Large or Medium Mocha.
 Expires 6.30.18
 one per person, cannot be combined with any other offer

FREE DONUT

Buy 4 Fancy Donuts (scones, cinnamon rolls, muffins, Danish)
 Expires 6.30.18
 one per person, cannot be combined with any other offer

2 FREE DONUT

When you buy 1 Dozen.
 Expires 6.30.18
 one per person, cannot be combined with any other offer.

8853 Greenback Lane
 Orangevale CA 95662

(916) 989-1269

Orangevale Cooks



by Suzanne Feblowitz

I keep noticing recipes in the Bee and other magazines for Dutch Babies and I wanted to remind you that I have shared this recipe before. One of these new recipes had Brie cheese and another had chorizo and watercress. My recipe is simple and delicious and you can add anything you would like, but it is wonderful with just powdered sugar and fresh fruit.

This recipe is from my sister's friend whose family owns several bed and breakfast inns. This is a delicious Sunday brunch recipe and it is perfect for when you have guests on the weekend or it would make a perfect Mother's Day treat!

I am always in search of new recipes, so if you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your

recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

DUTCH BABIES

- 1/2 cup butter
- 6 eggs
- 1 1/2 cup milk
- 1 1/2 cup flour
- 4 1/2 - 5 quart pan (I use a 9 x 13 glass baking dish)

Place butter in pan and put it into a 425 ° oven. Prepare the batter quickly while butter melts. Put eggs in blender and whirl at high speed for 1 minute. With motor running, gradually pour in milk, then slowly add flour; continue whirling for 30 seconds. Remove pan from oven and pour batter into the hot melted butter. Return to oven and bake until puffy and well browned for about 20-25 minutes. Serve with powdered sugar and fresh fruit. Makes enough for 6-8 people.

YOUR STATE

If you're un-happy with where you live And the State that you call home

The Sunny-South or the Western Plains

Gives you desire to roam

And if you feel that any State

Would be better than the one you're in Regardless of its attractions

Or its peoples friendly grins

No matter how bright its weather

Still life seems dull as sin

Don't blame the State in which you live

But the "State" your mind is in!

By: Doris Eutzler

MUSICIAN

A musician is searching for a new bass.

So a fisherman offers her fish and that musician says "no thanks".

Bass confused for bass; hooks in sound and what is read.

Other catches are out there, in different ways interpreted...

-Z.F. Thrimaj

La Rosa Blanca

Enjoy Our Outside Patio Dining!

Simply Great Mexican Food!

Our Prices Bring You In...
 ...Our Quality Brings You Back!

Free Dinner
 Buy One Dinner Plate At Regular Price And Get The Second Dinner Up To \$7 Free. Must Include 2 Drinks.
 With coupon. Not valid with any other offers. Dine in only.

402 Natomas St
 Folsom, CA
 (916) 673-9085



PETACULAR



Name: Danny
Age: 3 years 8 months
Breed: Shepherd mix
Sex: Male
Weight: 82lbs

Meet Danny! This handsome fella is ready to find his forever home. Danny has been working diligently on his polite leash skills and its safe to say he's gone pro! He is more than ready to hit the trails with his new best friend.

Beach hangs? Danny is down! This stunner is eager to make the mot of the summer, whether its hanging outdoors with his people or snuggling all day eating peanut butter and getting chest rubs. Danny is READY!

CELEBRATING 25 YEARS OF HELPING ANIMALS

Your registration and participation in the Doggy Dash help the Sacramento SPCA care for more than 5,500 animals annually. Funds raised from this event provide medical care to sick or injured animals, low-cost vaccinations and spay/neuter services for the local community, behavior training and humane education programs and much more! Register for the 25th Anniversary Sacramento SPCA Doggy Dash taking place at William Land Park on April 28, 2018 and enjoy a fun-filled day with your canine companion, while also helping animals in need! Join the pack - register as an individual or team today! Register <https://www.classy.org/event/the-sacramento-sPCA-doggy-dash-25th-anniversary/e156609>

GET A FREE FIRST EXAM!

It's a risk-free way for you to see the care and special attention we give to each pet.

At VCA American River Animal Hospital, you can look forward to:

- Dedicated, caring professionals
- A clean pet- and people-friendly environment
- State-of-the-art medical and surgical equipment
- Some exotics & pocket pets seen

We can't wait to meet you and your pet!



For new clients only. Not to be combined with any other offer. Not good toward emergency and/or specialty veterinary services. Good for up to 2 pets (dogs/cats) per household. VSI Code: 700.500 Expires 12.31.18

Call today to schedule an appointment and mention this ad to receive your pet's FREE First Exam.

VCA AMERICAN RIVER ANIMAL HOSPITAL

9391 Greenback Lane • Orangevale, CA 95662

916-273-3851



VCAmericanriver.com

MON-FRI 8:00 AM - 6:00 PM • SAT-SUN 9:00 AM - 5:00 PM

ADOPT, DON'T SHOP BRADSHAW ANIMAL SHELTER IS CLOSER THAN YOU THINK

STOP BY OUR SHELTER OR PETCO ADOPTION CENTER TODAY!



BRADSHAW ANIMAL SHELTER
3839 BRADSHAW RD. SACRAMENTO, 95827



PETCO | DAILY FROM 11 A.M. - 6:30 P.M.
8840 MADISON AVE. FAIR OAKS, 95628

WWW.BRADSHAWSHELTER.NET

ADVERTISING OPPORTUNITIES CALL BRAD TATUM AT 916.899.0207

Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more than 100 high-traffic locations.

**FOR MORE INFORMATION
CALL SACRAMENTO
SPCA
(916) 504-2868 or
www.SPCA.org
Sacramento SPCA
6201 Florin Perkins
Rd, Sacramento, CA**

HealthQuest
Your Local Medical Supply Store

"Senior Discounts on Select Mondays"

Ph: 916-238-1700

We offer a Personalized Experience when it comes to shopping for Medical Supplies and Equipments.

- Free Brake Checks on Rolling Walkers in Store!
- Free Walker Skis While Supplies Last!

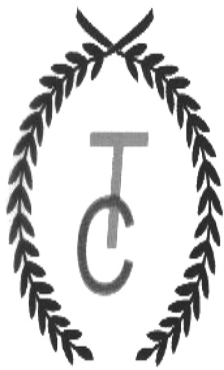
Specializing in educating and fitting of compression garments.

We are committed to helping you improve your QUALITY OF LIFE

HealthQuest
8141 Greenback Ln, Fair Oaks, CA 95628
[HealthQuest HME.com](http://HealthQuestHME.com)

Business Hours:
Mon- Fri 9:30 am- 5:30 pm
Close for Lunch 12:30 pm- 1:00 pm
Saturdays: 10:00 am- 2 pm
Sundays: Closed

Professional Business & Service Directory



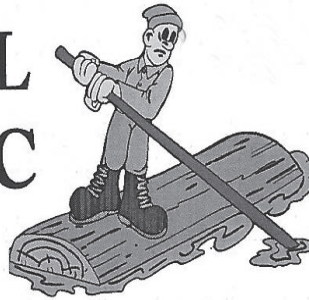
Tucker Concrete

Family owned and operated with over 35 years experience, we offer:
 Cost effective custom concrete work,
 Foundations, Slabs, Colored and Stamped designs, Driveways, Patios,
 Spa pads, Walks
 Call anytime, estimates are free

Wade Tucker
 Cell: 916-919-4728

FREE ESTIMATES

**P
L
C**



PENRYN LUMBER

9406 Orangevale Ave
 Orangevale
 ZPOST
 \$20.00 EA.
 1X6X6' DE RWD
 \$3.15 EA.
 2X4X8' RWD
 RAILS \$6.00 EA.

REDWOOD
 DECKING

PLANTER BOXES

POTTING BENCHES

2X4X8' FIR

1X4X8' FIR

1X6X8' FIR

3/8 4X8 SHOP

PLYWOOD \$14.00 EA.

INSTALLATION

AVAILABLE

MON-FRI

7:30 am -4pm

Ph: 988-0988

Fax : 988-0986

PenrynLumber@att.net

"Quality with Honesty"

5 REASONS TO CALL RM TODAY!

- ◆ Licensed & Insured General & Painting Contractors
- ◆ In Business 34 years
- ◆ Family Owned & Operated
- ◆ Expert Craftsmen That Take Pride In Their Work
- ◆ We're Not Happy Until Your Happy



EXPERTS IN
KITCHEN & BATH
REMODELING
WINDOW & DOOR
REPLACEMENT
INTERIOR & EXTERIOR
PAINTING.

Let our family serve yours!

Why wait? Call Today!

916-987-1311

www.rmbuilding.com

**CUSTOMIZED
 CLEANING
 BY TERESA**

20 years experience,
 References, free estimates

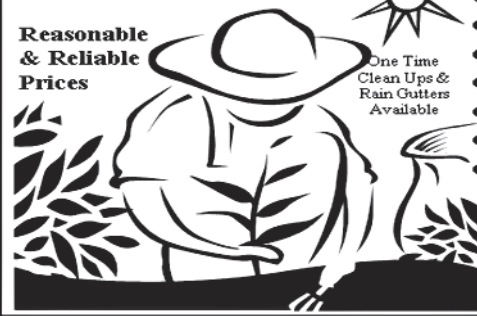
Mobile: 916-220-7475

GET THE BEST,
 SPECIALIZING
 IN
 RESIDENTIAL
 CLEANING



Yard Maintenance

Reasonable
 & Reliable
 Prices



One Time
 Clean Ups &
 Rain Gutters
 Available

FULL SERVICE

- Mowing*
- Edging*
- Blowing*
- Leaf Removal
- Weeding
- Pruning Bushes & Trees
- Fertilizing 3 times a year

*BASIC SERVICE

916.604-0332
FREE ESTIMATE
916.604.0240

Your Independent Dealer Alternative

Japan Auto Care.com

as heard on
RADIO 94.7
9280 Greenback In
916-988-8996

MAIN STREAM NO JOB TOO SMALL
 RESIDENTIAL & COMMERCIAL

ELECTRIC • HEATING & AIR

NIGHTS, WEEKENDS, & HOLIDAYS • CLEAN & PROFESSIONAL
 • CUSTOMER SATISFACTION • WARRANTY ON ALL WORK

NO CREDIT CHECK, FINANCING AVAILABLE
SPECIALIZING IN LED LIGHTS

WE WILL BEAT ANY WRITTEN ESTIMATE
 *CALL FOR DETAILS

916-439-5253 **SOLAR ENERGY**
www.CallMainStream.com **24 HOUR SERVICE**

CIRCUIT BREAKERS OUTLETS & SWITCHES FLUORESCENT BALLASTS METER UPGRADES
 REWIRING INDOOR/OUTDOOR LIGHTING DIAGNOSTIC TESTS 120V & 240V INSTALLATIONS
 DATA & CABLING DEDICATED CIRCUITS NEW CIRCUITS FUSES ALL TYPES OF FANS

Professional Business & Service Directory

FORREST  *Clearly, the best.*

WINDOWS DOORS & SERVICE

916 **987-1931**

Replace Repair
Broken Glass
Screens & MORE

6140 Main Ave Orangevale
Eric Forrest Owner
FORRESTWINDOWS.COM

License # 669992 Since 1993

**TALL WEEDS
BLACKBERRIES CUT**

 DIRT REMOVAL
MOTOTILLING
DISCING
TRENCHING
BOBCAT
BACKHOE

Call Dave at 988-3283

www.blackberrydave.com
Lic. #571637


43 yrs Experience
BONHAM ELECTRIC, INC.

- ★ Solar & Battery Backup
- ★ LED Lighting
- ★ Electric panel Upgrades
- ★ Remodeling Specialist
- ★ Trouble Shooting & Repair
- ★ Senior Discounts Available

 200 amp

COMMERCIAL-INDUSTRIAL-RESIDENTIAL

Lic # 905104
916-564-3530
www.bonhamelectric.com

*“Say You Saw It
In the
Orangevale
View”
Your Support
Keeps Us
Going!*

D & D ROOFING

ALL TYPES OF ROOFING

DAVID & DIANNE
(916) 988-5958

FREE ESTIMATES License # C642025

NICOLOS TLC LAWCARE
“Always Leaving Your Yard Beautiful”

916-706-7725

Clean Gutters FENCES BUILD/REPAIR
Lawn Aeration Affordable Prices
Planting & Pruning Quality Work
Yard Clean Up

Owner
Tony Nicolos
Licensed & Insured



XTECHS
Computer Repair

A place to go when your tired of dealing with the Geeks and the Nerds
and you just want your computer fixed!

**Free In-Shop
Estimates**



(916) 987-7111

www.xtechs.org
9172 Greenback Lane ▪ Orangevale, CA 95662

BIG DAY OF SERVICE

ORANGEVALE ~ FAIR OAKS

Imagine a day where hundreds
of people come together
to make a difference.

Saturday, May 5, 2018



WWW.BIGDAYOFSERVICE.COM



Photo by Rick Aeschliman

Yes, these are *real* Eskaton residents.

GET READY
FOR THE *Ride*
OF YOUR LIFE.

eskaton.org/efwl

ESKATON[®]

Transforming the Aging Experience

Eskaton FountainWood Lodge
Assisted Living and Memory Care
Orangevale
916-900-1376
License # 347003574

A leading nonprofit provider of aging services in Northern California since 1968





BUSINESS OF THE MONTH



OV CHAMBER OF COMMERCE BUSINESS SPOTLIGHT

By MaryAnne Povey

Nadler Accountancy Corporation

Set your eyes on our first business spotlight featuring long time Orangevale resident and business owner, Dick Nadler of Nadler Accountancy Corporation. Dick, CEO, his wife Jean, VP, and Eileen Dayton, administrative assistant are ready to handle your accounting needs. They specialize in estate and trust planning, investment advising, and personal income tax services. Dick moved to Orangevale in 1958, quickly involving himself in the community by serving on the Board of Directors for the Orangevale Chamber of Commerce, helping to build

the Neighborhood Baptist Church in 1959 (now Regency Baptist Church), and participating in the inauguration of "Chuck Wagon Days" now known as Pow Wow days back in 1963. His business has been up and running serving the community since 1962.

A third generation San Francisco native, an avid Giants fan and a Golden Senior Softball player for nearly 20 years, Dick and his wife Jean are active members in their local church. They reside in Orangevale and have quite a legacy including five children, 17 grandchildren and 19 great grand-children.

For more information about services offered by Nadler Accountancy, call (916) 988-1779, check out their website at www.nadlercpa.com or stop in at 8836 Greenback Lane, Suite E.



LINKEDIN FOR BUSINESS

Date: April 26, 2018
 Time: 12:00 pm to 1:30 pm
 Location: Rollingwood Athletic Club 9373 Winding Oak Drive, Fair Oaks CA 95628

Cost: \$7.50 member
 \$10.50 non member
 Register now at <https://www.eventbrite.com/e/orangevale-chamber-lunch-learn-linkedin-for-business-tickets-41982620147>



**MERRILL
 BOOKKEEPING
 & INCOME TAX
 916-988-7851**



Let's get better... Together!

Concerned about alcohol or drug misuse? Our Residential and Intensive Outpatient Treatment programs can help.

Call us at 916 990-0190



SYLVAN CEMETERY DISTRICT

Established 1862

Cremation Burial
 \$775 - \$1700



Standard Complete
 In-Ground Burial
 \$2470-\$2870

Phone (916) 725-3406 * Fax (916) 725-6109
 7401 Auburn Blvd, Citrus Heights CA 95610
www.sylvancemetery.com



Kim Smith
 Mary Kay Independent Beauty Consultant
 email: kimbasmith16@yahoo.com
 916-225-6307

Request a free catalog and moisturizing sample today and get 25% off your first order.

Visit my website to learn more... www.marykay.com/kimbasmith16

Success Is What You Make It.
 I can help you make it yours. Whatever your goal in life, the Mary Kay opportunity can help you achieve your dreams on your terms.



Let's Start Your Success Story Today

**FOR MORE INFORMATION CALL
 SACRAMENTO SPCA
 (916) 504-2868 or www.SPCA.org
 Sacramento SPCA
 6201 Florin Perkins Rd, Sacramento, CA**

CLASSIFIEDS

ALTERATIONS

Sara's Alterations -Professional Tailoring for Men & Women. Custom Fitting, Leather, Furs & Wedding Gowns Heming is \$6 Waist \$12 & Shirts \$12. Mention ad for \$10 off. **Call Today 916-480-2959**

AUTO REPAIR

AUTO REPAIR Licensed Mobile Auto Mechanic (Greg comes to you!) \$55. Service call + \$55. per hour + parts and materials Skilled Craftsmanship with attention to detail! Most domestic & foreign cars & trucks Over 30 years experience Dependable & Efficient with Local References 916-612-1247 www.gregs1service.com

CONSTRUCTION

Payton Construction General Contractor CSLB# 894894 916-247-1223 All phases of home improvement and remodel 20 years local experience Small Jobs Okay

TRACTOR EVERYTHING BOB CAT DUMP TRAILER SMALL EXCAVATING DIRT ROCK & CONCRETE HAULING CALL FRED 916-826-9796

CONCRETE

TUCKER CONCRETE (916)-919-4728 40+ Years Experience Custom Concrete Work: Stamped, Color, Residential, and Commercial Projects Free Estimates, 100% Satisfaction Guaranteed!

EDUCATION

GET SMART: Expert Tutoring, Homework Help, Assessment Testing, SAT Prep, Essay Writing. 15 Yrs. Experience. Call (916) 989-1360.

ELECTRICAL

PI ELECTRIC & SOLAR 916-905-7314 Bonded and Insured Electrical and General contractor. SOLAR, Electrical, Remodel. 20 years Experience. Discounts for Senior, Military and Teachers. Yelp, BBB, Google

ESTATE PLANNING

THE SWENSON LAW FIRM- Local OV Firm Estate Planning: Wills, Amendments, Trusts, Powers of Attorney, Health Care Directives. Business Services: Contracts, Employment Issues. Call 916-333-0833

FENCING

MARK DUTTON FENCING REPAIRS & Replacements. Free Estimates 729-9644 Lic.715860

FLOWERS

Floresinity Weddings, Special Events. floresinity@mail.com (916)595-9842

HANDYMAN

Licensed Residential Handyman \$45. service call + \$45. per hour + parts & materials Skilled Craftsmanship with attention to detail! Over 30 years experience Dependable & efficient with Local References Serving 25 mile radius to Orangevale 916-612-1247 www.gregs1service.com

HOUSEKEEPING

CUSTOM HOUSECLEANING Dependable, 20 Yrs Exp, Excellent References, 987-7615

IRONING

Ironing in my home. Years of Experience call Virginia 916.524.4848

LANDSCAPING

D.S QUALITY LANDSCAPING Aeration, Sprinkler Repair, Yard Clean Up and Yard Maintenance. Call 916-706-4711 Dmitriy Savin

JOHN WILLIAMSON LAWN & YARD, res/comm. Weekly services, cleanups, pruning, aerations and gutters. Riding mower properties ok.916-508-2158 BizLic #336256

TALL WEEDS, BLACKBERRIES CUT, discing, rototilling, grade, trenching, dirt moved, backhoe, bobcat, land clearing Driveways graveled, firebreaks; Dave 916-988-3283 www.BlackberryDave.com Lic. #57163

LAWNS, SHRUBS, TREES, WEEDS mowed, trimmed, cut & hauled senior discounts, lowest prices 916-604-0332 Gilberto 604-0240

LAWYER

EWING LAW GROUP Free consultation, DUI Defence, Personal Injury, Family Law, Divorce, Custody, Support 916.668.6786

LUMBER

Penryn Lumber 916-988-0988 4x8 3x3 PECKY CEDAR .35 LF 3x6 ECKY CEDAR .70' LF

MASONRY

You Visualize and I'll Customize Masonry 916-826-9796 Brick, Retaining Walls, Fireplaces, Stamped Concrete No Job Too Small. Call Today!

PET SITTING

Established reputation. Professional loving pet care. Kennel free, happy and safe environment. Lots of TLC. Affordable rates. Call Madeline (916)723-1608

REAL ESTATE

CLASSIFIED

Call 899-0207 or

e-mail editor@ovview.com.

First 5 lines 30 -40 spaces per line. \$12.50 and \$3 for each additional or \$25 monthly

ROOFING

HIGH TECH ROOFING, INC. LIC #505189 "GIVE US A CALL, WE DO IT ALL"! Re-Roofing & Repairs 916-725-4429 Call Us Today For a Free Estimate

SENIOR CARE

SENIOR WILL SIT SENIOR in my home or yours. Care offerered daily . Retired RN CPR Certified References Call Judy 916 333-3931

IN-HOME PRIVATE TRAINING FOR ACTIVE AGING ADULTS Safe, effective & fun workouts in the comfort of your home. One-on-one or grab a friend for a partner workout! Give me a call to chat about the possibilities! Terri @ 916.587.0878 HappyHealthyn-Fit, CPTSenior Fitness Specialist

CLASSIFIED

Call 899-0207 or

e-mail editor@ovview.com.

First 5 lines 30 -40 spaces per line. \$12.50 and \$3 for each additional or \$25 monthly

WANTED

CAREGIVER

CAREGIVER needed in Orangevale. No experience necessary. Must have fingerprint clearance with DOJ. Please call 916-987-1843 for job details.

DIABETIC TEST STRIPS. CASH-PAID On-The-Spot. Factory-Sealed & Unexpired Only. Call Mick or Donna: 916-729-5154 or 916-549-0576



Mustang and Fords 1960-1973 Running or not. Any condition. 916-247-5287

FOR SALE

Bookcase 34 3/4" long x 11 3/4" deep x 48 3/4" tall. 3 Shelves. Wood. Good Condition (916) 987-0908

VERY NICE & CLEAN RV SPACES AVAILABLE FOR RENT Convenient Location. Almond Grove MHP 9127 Greenback Lane Orangevale . 916.969.2324

Kitchen Aid Mixer used 1 time \$125 Card Table w/4 chairs new never used \$125 Portable Singer Sewing machine old works \$75 2 sets of silverware in wood boxes 1 lg\$50 Sm \$30 Metal Bread Box \$25 Make offer 916.988.9577

HELP WANTED

La Rosa Blanca Mexican Restaurante 402 Natoma Street, Folsom Ca We need:Cooks, Preps, Servers, Dishwasher Busser. Email is ednalipp@sbcglobal.net

Forrest Windows 6140 Main Ave. OV 916-987-1931 Needed: Window Estimator/Sales 2 years' window experience a must Driver Licence Required Some training Available Email Resume to: Shawn@ForrestWindows.com

CLASSIFIED

Call 899-0207 or

e-mail editor@ovview.com.

First 5 lines 30 -40 spaces per line. \$12.50 and \$3 for each additional or \$25 monthly



ORANGEVALE LIBRARY, 8820 GREENBACK BLVD, SUITE L, ORANGEVALE.

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online at www.saclibrary.org, Events/Orangevale". You can find this program every Friday from 1:00 - 3:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult: Third Tuesday Adult Painting - Art Practice Adults (ages 18+) Join us on the third Tuesdays of the month for art practice with acrylic paints. Create a painting you can keep with all materials provided. Instructor led acrylic painting with Ciara Cuminsky in June, Sept, and Dec. Space and supplies are limited-Registration required at www.saclibrary.org, Events/Orangevale. Generously funded by the Friends of the Orangevale Library Tuesday April 17th from 5:30 PM - 7:30 PM. Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Family Storytime - Babies, toddlers, preschoolers from 0-5 years along with their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills. You can find this program every Thursday @ 10:30 AM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale. Youth Art Journaling - Do you like getting crafty and drawing? We're calling all middle school and high school students to join our teen facilitated art journaling program! Provided with generous support from the Friends of the Orangevale Library. Thursday April 19th from 3:15 - 4:30 PM Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

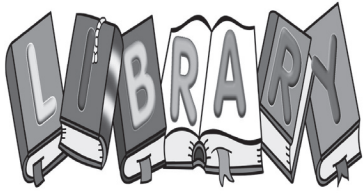
Read to a Dog - Come read to some paw-esome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every

ORANGEVALE BOOK CLUB
Fourth Saturday of every month at 1:30 pm

April 28, 2018
Manhattan Beach-Fiction
Jennifer Egan

"The long-awaited, daring, and magnificent novel from the Pulitzer Prize-winning author of A Visit from the Goon Squad.

May 26, 2018
The Last Days of Night
Fiction: Graham Moore
When electric light innovator Thomas Edison sues his only remaining rival for patent infringement, George Westinghouse hires untested Columbia Law School graduate Paul Ravath for a case fraught with lies, betrayals, and deception.



month from 3 PM to 4 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

The King of Karaoke & Other Stories with Author Bob Sylva - Please join us for the second of our 3rd Saturday "Local Author Visits" featuring author Bob Sylva as he discusses his book, "The King of Karaoke & Other Stories".

This book is a debut collection of stories from a Sacramento Bee columnist. Bob brings a reporter's eye for detail, a keen sense of irony, and a touch of magical realism to the short stories in his first book of fiction. Book sales will follow the program. Saturday April 21st from 1:00 PM to 2:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Fraud Prevention: A money Smart Week Program - Steve Glen, Criminal Investigator with the Sacramento District Attorney's Office, and Detective Sean Smith with the Sacramento Sheriff's Department Hi-Tech Task Force, will share tips for protecting yourself from fraud. Money Smart Week is a public awareness campaign that aims to help consumers better manage their personal finances by offering free, educational programs for consumers of all ages. A partnership between the Federal Reserve Bank of Chicago and the American Library Association and libraries. Tuesday April 24th 6:30 - 7:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

LEGOs and More - Build it! Join us for free play with Legos, Lincoln Logs and CitiBlocks. Whether you are a building expert or a building novice we've got you covered. Tuesday, April 24th from 3:30 PM to 5:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult Worm Composting with the Compost Education Team - Learn about worm composting with the Master Gardener Compost Team. The class will include topics such as the value of worm compost, setting up a worm bin, what to feed your worms and harvesting techniques. Saturday, April 28th from 11:00 AM - 12:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Teen: Minecraft Gaming - Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server and enjoy cubed snacks at the Orangevale Library! We will do two 45 minute shifts if there are more participants than PC laptops. This program is for students in middle and high school; registration is encouraged. Thursday May 3rd from 2:00 PM to 4:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale
Art Journaling - Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperience and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. First Saturdays monthly. Saturday May 5th from 10:30 - 12:30 at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale

COMMUNITY CALENDAR GROUPS & MEET UPS

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm- Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (6807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916-990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 AM., and on Saturday and Sunday they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsonbridge@gmail.com. 8680 Greenback Lane, Orangevale,

Like to Play Cribbage? Join the Gold Country Cribbers Contact: Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4-7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills,

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561)

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org.

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUUs invites you to hear Diane Hutcherson presenting "Early Childhood Development." Tuesday April 24th 9:45-11:45AM-Orangevale church of Christ, 5915 Main Ave. We are a group of women raising or helping to raise children of all ages. Free childcare. See www.ovchurch.org for details

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdown Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org.

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916) 966-2261 or visit our website: www.saintfrancisfairoaks.org and follow us on facebook

SERTOMA-SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a - 10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ www.sunrisecommunity.church

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1-3PM at Divine Savior Catholic Church, 9079 Greenback.

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female). First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S CLUB
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens Club invites you as our guest to its monthly meetings held usually on the 3rd Tuesday of each month at the Maidu Community Center, 1550 Maidu Drive in Roseville. The club meets from September to May with doors opening at 12:30; meeting from 1-3. Programs including garden-related speakers and gardening information. Contact Lori at 916.784.0418.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. www.orangevale4-h.weebly.com

The Dementia Support Group is held at Eskaton Fountain Wood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

CALENDAR OF EVENTS

April 14, 2018 at 10 am to 3pm. Celebrate Mom! An afternoon of shopping, fashion, food and fun. Vendor and craft fair, fashion show, vendor showcase, snack bar and raffles. An opportunity to shop from home based businesses and others all in one place. Free admission. Location: Church on Cypress 5709 Cypress Ave, Carmichael. Questions, please contact Terie Brown, (916) 693-9572

Saturday, April 21st - ALL CHURCH RUMMAGE SALE from 8am to 1pm. Redeemer Covenant Church - 6800 Main Avenue, Orangevale (corner of Main & Vallejo). Quality items, great bargains. All proceeds go to help send our youth to a meaningful week-long event this summer.

Date Night Comedy For Couples at the Orangevale church of Christ, 5915 Main Avenue in Orangevale on Saturday April 21 from 6 to 8 pm. A multi-course dinner and pre-recorded Christian comedian John Branyan are included for \$15 per couple. Advanced ticket reservations only. Contact Chuck at minister@ovchurch.org or 916-988-2011 or visit <http://ovchurch.org/date-night-comedy/>

APRIL 24, 7PM - At Dairy Queen, New summer blizzard menu tasting party. Try all 5 of the new summer blizzard flavors. Twix, Smores, Cotton Candy, Summer Berry Cheesecake, and Peanut Butter Buckeye.

Saturday, April 28, 9:00 a.m. to 1:00 p.m. Sacramento American Sewing Guild Annual Fabric Sale - Shop at Garage Sale Bargain Prices Orangevale Community Center 6826 Hazel Avenue Orangevale, CA Cash and Checks Only - Bring your own bag

SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation (Wednesdays 4:30pm-6:30pm & Thursdays 9:00am-12:30pm), they will now be open Mondays 11:00am-1:00pm.

WORSHIP INFORMATION



Fire Camp Lets Kids Be Firefighters for a Week

Sacramento County, CA - Metro Fire recently opened the application period for Fire Camp, a day camp that takes place from June 19 – 22, 2018. Fire Camp provides local children an once-in-a-lifetime opportunity to experience today's fire service, first hand. The program is designed to instill self-confidence, teamwork, teach life safety skills and provide a basic understanding of the firefighting profession, in a fun and exciting atmosphere.

Campers are grouped in "strike teams" of eight campers, and each strike team is mentored by two Metro Firefighters. Campers learn valuable life safety skills, while discovering what it means to be a firefighter.

To attend Fire Camp, applicants must be 11, 12 or 13 years of age, with preference given to those

living within Metro Fire's boundaries. Applications are processed in the order in which they are received, so apply early for a better chance of securing a spot. Deadline to apply is May 25, 2018.

For applications and more information, visit our website: www.metrofire.ca.gov/Firecamp.

**TOP 5
NEEDS FOR
ORANGEVALE
FOOD BANKS
CHILI
RAVIOLI OR
SPAGHETTI
AND
MEATBALLS
REFRIED
BEANS
CAN FRUIT
SOUP**

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net, <http://www.calvaryfo.org>

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363) Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divinesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbco.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998, smallwondersorangevale.org.

St. Francis Episcopal Church 11430 Fair Oaks Blvd. Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

WINTER TEMPERATURES!

Tune Up Now with Recommended Service



\$5 OFF Any Service

Single system only. Cannot combine with other offers.
1 coupon per customer. Must present at time of appointment. Expires **4.30.18**



Full Service Heating & Air Company

- AC/Heating & Heat Pumps • Furnaces
- Top Industry Warranties
- 100% Financing O.A.C.
- We Service All Makes & Models
- Maintenance Contracts
- Remodels, New Construction

FREE Replacement Estimates
Call for rebates & financing options.



Celebrating Over 30 Years • Family Owned & Operated

GOLDENAIRE

HEATING and AIR CONDITIONING

916-988-6137

www.goldenaire.net

- Licensed & Insured
- EPA Refrigerant Handling Cert.
- Qualified Duct Testing & Sealing
CF-6R Compliance
- A SMUD Participating Contractor
- TRANE Comfort Specialist Since 1999
- CA Lic# 423363

