

# Orangevale View

Serving Orangevale, Citrus Heights, Fair Oaks and Folsom



## CONGRATULATIONS TO THE "BEST OF ORANGEVALE" FINALISTS

Finalists are not listed in any particular order or indicates winners. With business owners, community supporters, and their guests in attendance, the winners will be announced at an elegant award banquet at the Orangevale Community Center on Hazel Ave in Orangevale on Saturday, February 24, 2018. For ticket information visit [www.ovview.com](http://www.ovview.com)

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JEFF AT BLACK STALLION  
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JOHNS PET GROOMING  
LYNN PET GROOMING

**BEST PHOTOGRAPHY:**

CHRIS MORAIRTY PHOTOGRAPHY  
TIM ENGLE PHOTOGRAPHY

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MT MIKE'S PIZZA  
STROBELLI'S PIZZA

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PALMER REAL ESTATE/ Sean Palmer

**BEST REC OR SPORTS ORG:**

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SHIRELY BAKER  
JESSE HORD

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SHANA WALTERS - OAKVIEW ELEMENTARY

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**ABOUT THE  
ORANGEVALE VIEW**



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations. The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

**SUBMISSION POLICIES:**

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

**Requirements are simple:**

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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**FRI FEB 23, 2018 Out To Public**

**MAR 2018**

**WED FEB 28, 2018 DEADLINE**

**FRI MAR 9, 2018 Out To Public**

**WED MAR 14, 2018 DEADLINE**

**FRI MAR 23, 2018 Out To Public**

**APR 2018**

**WED APR 4, 2018 DEADLINE**

**FRI APR 13, 2018 Out To Public**

**WED APR 18, 2018 DEADLINE**

**FRI APR 27, 2018 Out To Public**

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**JOHN WINGERLER  
INCUMBENT**

I moved to Orangevale with my parents in 1956. I grew up here, married, and started a family. In 1969 I became an employee of the Orange Vale Water Company. I served as Superintendent for the last 30 years until my retirement in 2012.

Because of my experience both as an employee of the Orange Vale Water Company and a resident of Orangevale, I am uniquely qualified to understand and help solve the challenges facing today's water industry.

I would consider it an honor to serve the people of Orangevale as a director on the board of the Orange Vale Water Company.

**CRAIG DAVIS  
INCUMBENT**

I have been an Orangevale resident since 1960. My wife and I purchased our home in Orangevale 29 years ago, where we raised our three children. I am retired from the El Dorado County Department of Transportation where I was a Highway Maintenance Supervisor for 23 years.

I have served on the Board of Directors of Orange Vale Water Company for the past 8?? years and am currently serving as your President. I continue to appreciate the quality of Orangevale's water and would like to continue being a part of the decision-making team for future funding and planning to ensure the service and quality are maintained at the same high standards the Orangevale residents have

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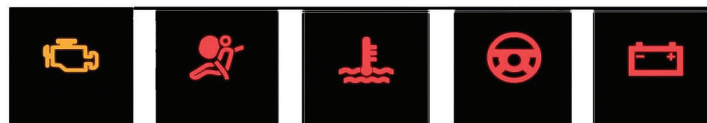
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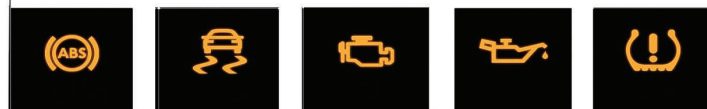
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# ORANGEVALE COMMUNITY MEETINGS



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## SUPERVISOR FROST'S ORANGEVALE COMMUNITY MEETING

Supervisor Frost's Community Meeting began by reporting on the results of the Community Survey and invited audience questions, concerns, and feedback. A few highlights:

"Survey #2" is currently posted to Supervisor Frost's web page: <http://www.bos.saccounty.net/District4/Pages/default.aspx>

77.5% oppose the gas tax as a way to pay for the \$57 billion in deferred maintenance projects.

After less than 23% noted they are in favor of Accessory Dwellings in Orangevale, the definition of Accessory Dwellings was discussed ("granny flats, in-law quarters, etc.") and will be clarified on future surveys.

58.7% do not want the proposed Mental Health facility in Orangevale.

Homelessness was ranked as a "real problem" (3-4 range) in our area.

The community is "embracing" the reduction of 32 polling places down to two voting centers and the automatic mailing of absentee ballots. The location of the Voting Centers is still being determined, but will open 10 to 11 days before the election. A tip: Based on the experiences in other states, if you chose to go to a voting center on the last day during the next election, be aware that you may be standing in line for hours.

- Budget priorities:**
1. Law Enforcement
  2. Transportation / Roads
  3. Homeless
  4. Public / Mental Health
  5. Business Development
  6. Neighborhood Programs
  7. Restoring Fiscal Reserves

The new Orangevale Sheriff Sub-Station is planned to open in June near the Dairy Queen restaurant.

**New Orangevale Library Update:**  
 53.8% of residents want a new library to be built. The challenge



**Sue Frost, District 4 Supervisor, listens as an Orangevale resident asks a question**

is the construction costs keep increasing. Current estimates are \$10 - 12 million to repurpose the church property and \$15 million (up from \$10 million) for "the hill" next to the Orangevale Community Center.

An upcoming meeting is scheduled between the head of Economic Development and the CEO of the Library Authority to continue conversations for funding the building of a new library on "the hill." An Orangevale resident also recommended investigating the 10,000 square foot Wild Sports building on the corner of Greenback Lane and Main Avenue.

**Micro Transit Program:**  
 Sponsored by Sacramento Regional Transit, the goal is to increase service to outlying areas and connect Citrus Heights, Orangevale, and Folsom, through an affordable on-call bus service (similar to Uber). Phase One will be a six month pilot program running in Citrus Heights from February through August 2018. Phase Two will be in Orangevale.

**On the Next Ballot:**  
 A movement, sponsored by the realtors, to expand Proposition 13 for people over the age of 55 to retain the assessed value of the home they sold and transfer the tax savings to a new home purchase when moving to a different county.

**Contact Supervisor Frost's Office:**  
 -To let her know your priorities so

she can better represent our area through her vote.

-If you need assistance reporting an ongoing issue to and/or receiving follow-up from the Sacramento Sheriff's Department.

Big Day of Giving overview presented by Brad Squires, Event Lead:

Goal: Bring over 500 volunteers together to positively impact the local community through various projects to be completed on Saturday, May 5, 2018. For more information and/or to contribute: <https://www.bigdayofservice.com/> | <https://www.facebook.com/bigdayofservice/>

Supervisor Frost's 2018 Orangevale Community Meetings are held at 6:00 PM at the Orangevale Community Center on the second Wednesday of January, March, May, September, and November.

The next meeting will be on Wednesday, March 15, 2018 at 6:00 PM.

**Resources:**  
 Meeting Live Streamed on Facebook by Ken Benedict: <https://www.facebook.com/events/1385143324929146/>

permalink/1392189514224527/  
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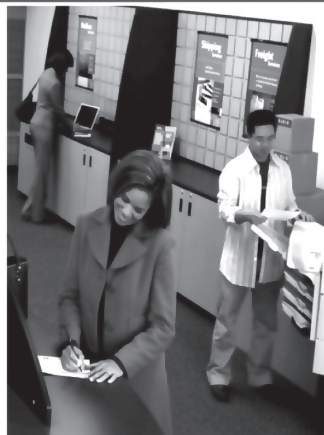
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# ORANGEVALE COMMUNITY MEETINGS

## SACRAMENTO COUNTY SHERIFF'S DEPARTMENT ORANGEVALE COMMUNITY MEETING

The North Division Community Meeting began by reporting the latest community updates and invited audience questions, concerns, and feedback. A few highlights:

Canine (K9) Bureau Presentation:

Sergeant Mark Limbird gave a presentation about the K9 program including dog selection, training, and use in crime prevention and enforcement. A few tips about interacting with the dogs:

-If you see a deputy and K9 officer at a community event, you are welcome to approach and ask to pet the dog. However, please do not approach if you have another dog with you.

-If you hear an announcement to stay inside, please heed that warning and do not go outside to investigate noises as it may be the dog or the person they are looking for. If you hear a noise, call it in.

-While the dogs are selected for their sociability, they do have a prey drive. If you cross paths with a dog while he is working, stand your ground and look firm.

Deputy Ken Becker introduced Ranger, a five year old Dutch Shepherd, and discussed common commands and training.

Homeless Outreach Team (HOT): NorthHOT@sacsheriff.com

Deputy Jim Knacke reported on camp clean-up efforts and acknowledged the support of the Board of Directors in working to solve homelessness through outreach, connecting to services, and increased personnel.

To help homeless veterans into services, report where they hangout and their name, if you know it.

Illegally Parked Motor Home



Sergeant Mark Limbird, Sacramento County Sheriff's Department Canine Bureau, discusses the Sacramento Sheriff K9 Association.

Update:

Patience is urged as they work on way to pay for tow service and bid for contracts.

In the meantime, report by phone or email: where it is, what it is, who is in it, and whether it is chronically out of registration or on blocks. Continue to contact and describe the problem as they move locations so it can be tracked.

Reporting Issues to the Sacramento Sheriff Department: "Be a good witness:" report where it is, what it is, and who is involved. The more reports are received, the more information the Deputies have to track and address the problem.

-Contact can be via phone and email. Include your contact information for follow-up.

-If you have surveillance cameras: Register them with the Sheriff's Electronic Eye (S.E.E.) program: <https://www.sacsheriff.com/Pages/SEE/SEE.aspx> | Registered cameras are added to a map and if a crime occurs in your area, you will be contacted for permission to see the footage. Footage will only be taken if there is evidence of a crime.

Sergeant Tom Bland reported on and answered questions about the latest crime statistics, focusing on Burglary from a

Motor Vehicle. Some tips:

-Remove everything from the vehicle, as thieves will break-in for anything that appears valuable and/or may contain something of value.

-Make sure to lock your vehicle and turn on your lights at night.

Sergeant Tom Bland then answered questions about the new changes in the marijuana laws.

The next Sacramento County Sheriff Orangevale Community Meeting will be on Tuesday, March 14, 2018 at 6:00 PM at the Orangevale Community Center.

Meeting Resources:

Sacramento County Sheriff's Department North Division Public Information Directory (1/10/2018 update, courtesy of Francie Fitzsimmons): <https://sites.google.com/view/aroundtheorange/resources>

Sacramento County Sheriff's Department Canine Bureau: <https://www.sacsheriff.com/Pages/Organization/Central/canine.aspx> Sacramento Sheriff K9 Association: <https://www.ssd9.com/>

By: Elizabeth Brown  
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THE FOLSOM VARSITY FOOTBALL team has won three CIF NOR CAL Div 1-AA State Champion title games in the past 10 years. 2010- 2014 and 2017 The City of Folsom had a Parade for them on Jan 30 TH 2018

Photo by Tom Paniagua

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Fee: \$5 per person (children 2 and under are free)  
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## Kids Night Out

Fri, March 9th • 6:00-9:30 pm

Parents take the night off and leave your kiddos with OVparks for an evening of fun! Kids get to enjoy a pizza dinner while engaging with games and arts & crafts. They will finish of the night with a movie of their choice!



Space is limited & Pre-Registration is required!  
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## HIGH SPEED RAIL IS SLOWING YOU DOWN



Supervisor Sue Frost

### **High Speed Rail is Slowing you Down By County Supervisor Sue Frost**

As I enter my second year as your County Supervisor, I find myself reflecting on what I have learned about the communities that I represent. I have learned that we have a community of people in Orangevale who love where they live and constantly want to help pitch-in to improve things. I have learned that people are passionate about keeping Orangevale more rural than surrounding communities. And I have learned that people here are generally happy if the roads are in good condition. Unfortunately, the roads are in a horrible condition and Orangevale residents are rightfully upset.

I get it because I am upset myself. I see the deterioration of the streets that have needed repaving for years, and just last month I had to pay \$500 for new tires that my mechanic directly attributed to poor road conditions (tires I bought only 2 years ago). Because of this frustration, the question I get more than any other lately from residents in Orangevale is, "why can't you prioritize road repairs in our community?" I wish it were that simple, because if it were I would have done it many months ago. So I wanted to take this opportunity in my monthly article to explain to you why it's not so simple, and what we can

do to change things.

What many people do not understand is that the vast majority of funds that are spent on local roads are from the state and federal government. Not only that, but many of these funds are competitive dollars, meaning we are only going to win those funds for major projects that have nothing to do with resurfacing, like the road widening happening right now on Hazel Avenue. So even if I wanted to prioritize local road resurfacings, the money Sacramento County could divert towards roads would be insignificantly small compared to what the state and federal government have the ability to do. And this completely ignores the fact that Sacramento County has virtually zero reserves in our budget (if we had to rely solely on reserves, we would only have enough money to last us eight days).

The problem Sacramento County is experiencing with our roads is not localized to just our county or even region. This is a problem afflicting the entire State of California, as of last count our state had over \$57 billion in road maintenance that has been postponed due to not having enough money for our roads, highways, and bridges (also called deferred maintenance). This enormous deferred maintenance bill would feel more understandable if California was broke, but at the same time we have this bill we are spending outrageous amounts of money on California High-Speed Rail (CAHSR), which in my opinion is only a fraction as important as having reliable roads. CAHSR has the potential to benefit a small fraction of the population, specifically those that would use it to commute. Meanwhile, roads are used by everyone, including passengers, freight, fire service, police service, etc. To top it off, the train doesn't even come close to Orangevale, as the furthest north it goes is San Francisco.

When voters approved CAHSR, it was supposed to cost \$40

billion. As of today, the current estimate has risen to \$79 billion, and experts are now expecting that by the time the project is completed it will cost nearly \$100 billion. The first segment of CAHSR is currently being constructed - it is 118 miles through the Central Valley from Merced to Shafter and is supposed to be the easiest part of the construction. Just how easy is the "easy" part? It was expected to be done this year and cost \$6.4 billion, but is now expected to be finished in 2024 and will cost \$10 billion.

Even if we let CAHSR continue to build the central valley line and we abandoned CAHSR after that, we would save enough money to pay for every cent of deferred maintenance for all roads, highways, and bridges in California. Not only that, but we would also save enough to pay for all deferred maintenance in every department across the State, including things like water systems, courts, parks, colleges, fairs, etc. The California Legislature and the Governor have the capacity to fix our roads, they just need to change their priorities and focus on what California needs the most.

Finally, I want to invite everyone to my next Orangevale community meeting on March 14th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for you to get an update from me and to ask me any questions you may have. I always stay after the meeting to make sure that every person has an opportunity to ask their questions. Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks



## ORANGEVALE WOMAN'S CLUB SPRING UPDATE

### Orangevale Woman's Club Spring Update

Ladies of Orangevale, what are you doing this spring? Gardening is good with promises of colorful summer flowers and delicious veggies. How about planting yourself in a group that helps the community grow and thrive? The One hundred and five-year old Orangevale Woman's Club is just what you're looking for if you want to see the fruits of your labors in action.

After a productive fall and winter with projects like school back packs, "adopt-a-street cleanup, pillows for hospital patients, Christmas gifts for the Children's Receiving Home, and cookies and hot cocoa for families at the Christmas Tree Lighting; we're ready for a busy spring.

In March and April, we have our two fundraising activities of Bunco and Craft Fair. And we'll have our second annual tea where we recognize new members and acknowledge

our accomplishments of the year. We also look forward to partnering with other organizations in Orangevale and Fair Oaks for the "Big Day of Service" on Saturday May 5th. While we finalize details for our contribution to the day we know there are many options to beautify unsightly areas and improve the lives of our neighbors.

Join now and be part of the continuing commitment to the families and community of OV as exemplified by current OVWC President Marilyn Edwards' motto, "Many Hands Blessing Many Hearts".

To get started with the OVWC, just show up. Walk into the OV Community Center the first Tuesday of the month at 11:00 a.m. and meet a group of welcoming ladies who show up month after month, year after year. The Orangevale Women's Club remains a viable group because of our long history and our open embrace of the future.

For more information follow us on [facebook.com/OrangevaleWomansClub/](https://www.facebook.com/OrangevaleWomansClub/) or call 1-916-764-6816.

### Planning for the Future

Nothing says, "I Love You" like planning for the future. According to a March 2017 survey by Caring.com, six out of ten Americans have no will or any other kind of estate planning. Many said they'd get around to it, eventually. When they're old. (The survey did find that the elderly are much more likely to have some plan in place.) It's all too clear that most of us think "estate planning" is a euphemism for "deathtime" planning. Indeed, in the Caring.com survey, one-third said that they didn't need an estate plan because they didn't have any assets to give someone when they'd died.

However, comprehensive estate planning isn't just deathtime planning. It's

lifetime planning, too. It's about ensuring that your medical and financial decisions can be made by someone that you trust. Lifetime planning can help you address potential tax liabilities, find you benefit programs you may be eligible for, and protect your family from costly guardianship or conservatorship court. It can make sure that a trusted party looks after and protects your affairs, if and when you're not able to.

To learn more about planning tools such as wills, trusts, and powers of attorney, attend our free seminar on Tuesday, February 13th at 7PM at The Swenson Law Firm. RSVP 916-333-0833. Sam Swenson is the lead attorney at The Swenson Law Firm in Orangevale, CA.

### MOUNT VERNON MEMORIAL PARK HOSTS 16TH ANNUAL AMERICAN HERITAGE DAY

The community of Fair Oaks and Sacramento are invited to take a stroll through history at Mount Vernon Memorial Park's 16th Annual American Heritage Day event. Attendees will relive history as special guests George and Martha Washington, Abraham Lincoln and many more will make their way through Mount Vernon to discuss American history. The community is encouraged to come dressed for the occasion. Hotdog, chips & soda or water will be available for purchase for the attendees.

The 16th Annual American Heritage Day event will contain the following visuals:

- A U.S. Army Huey Vietnam Helicopter
- Wells Fargo Stage Coach on display for group pictures
- Gold panning with Mother Lode Gold Rush City
- Gold Rush puppet show
- Music by the Consolidated Drum Band
- Replica camp and black powder muskets courtesy of the Delaware Regiment
- Face Painting and Clowns making balloon animals
- Interactive railroad display by the Sacramento Railroad Museum

Monday, February 19, 2018 10 a.m. – 2 p.m. (rain or shine) The 16th Annual American Heritage Day event is free and open to all ages. For more information, contact Ruthie Demakas at 916-969-1251. Mount Vernon Memorial Park 8201 Greenback Lane Fair Oaks, Calif. About Mount Vernon Memorial Park

Mount Vernon Memorial Park is a proud Dignity Memorial provider in Fair Oaks. The Dignity Memorial network of more than 2,000 funeral, cremation and cemetery service providers is North America's most trusted resource for funeral and memorialization services. Dignity Memorial providers offer an unmatched combination of products and locations serving families with care, integrity, respect and service excellence. For more information, please visit [www.mountvernonmemorialpark.com](http://www.mountvernonmemorialpark.com).

## OVPARKS VOLUNTEER ANNOUNCEMENT

All Seasons Café  
Ongoing-every Tuesday, Wednesday, & Thursday  
9am-1pm

Meals on Wheels Volunteer– Volunteering for All Seasons Café is a great way to make a huge impact in a short amount of time. Volunteers at All Season Café help facilitate lunch time meals and recreation activities for our participants. In addition to serving nutritious meals, café volunteers help seniors feel welcome and create an enjoyable social atmosphere. Volunteer applications can be obtained at Orangevale Recreation & Park District, 6826 Hazel Ave., Orangevale, or on the District website at [OVparks.com](http://OVparks.com). For more information please call us at 916-988-4373 or visit our District office.



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# Real Estate News

## JANUARY HOME SALES

Address	Bedroom	Bath	Square Feet	Lot Size	Year Built	Sale Price
8497 Noel Dr	3	1	984	0.24ac	1960	\$ 280,000
8700 Baxter Way	3	1	1072	0.24ac	1958	\$ 280,000
8624 Reetey Ave	3	1	864	0.23ac	1958	\$ 285,000
930 Castlemont Cir	3	1	1004	0.14ac	1971	\$ 297,000
6024 Anthony Dr	3	1	960	0.14ac	1962	\$ 316,000
6609 La Junta Dr	3	2	1280	0.26ac	1960	\$ 324,900
8371 Robina	4	2	1451	0.20ac	1975	\$ 335,000
6953 Woodmore Oaks Dr	4	2	1285	0.18ac	1971	\$ 335,000
5642 Beauregard Way	4	2	1253	0.21ac	1962	\$ 347,000
6214 Almond Ave	3	2	1960	0.45ac	1958	\$ 350,000
6424 Wittenham Way	3	2	1371	0.21ac	1981	\$ 353,000
8400 Old Ranch Rd	4	3	1578	0.14ac	1979	\$ 372,000
8584 Oak Ave	3	2	1766	0.30ac	1957	\$ 393,000
5129 Butterwood Cir	4	3	1915	0.13ac	1978	\$ 399,000
5629 Glencrest Ln	4	3	1915	0.18ac	1981	\$ 408,000
9483 Twin Lakes Ave	6	3	1996	0.47ac	1958	\$ 410,000
8689 Elm Ave	4	2	1835	0.23ac	1956	\$ 410,000
9850 Golden Dr	4	2	2083	0.26ac	1977	\$ 426,001
5104 Butterwood Cir	4	3	1961	0.26ac	1978	\$ 435,000
8734 Pathfinder Ct	5	3	2232	0.23ac	1990	\$ 459,000
8721 Mountain Ave	3	3	2032	1.16ac	1962	\$ 495,000
9653 Tanglewood Cir	4	3	2412	0.22ac	1965	\$ 534,900
9152 Oak Ave	4	2	1730	1.92ac	1980	\$ 535,000
8513 Arcade Oaks Ct	5	3	2644	0.26ac	1999	\$ 550,000
7300 Redwing Ct	4	3	2436	1.06ac	1979	\$ 585,000
6713 Santa Juanita Ave	4	3	2187	0.44ac	2010	\$ 627,000
9048 Hazel Oak Ct	4	2	2850	1.58ac	1985	\$ 674,000

## CAMELLIA DAY IN FOLSOM

A variety of camellia blooms will be on display Feb. 24, 2018 at the fourth annual Camellia Day in Folsom. It will be held from 10 a.m. to 2 p.m. at the historic Murer House and Gardens, 1125 Joe Murer Court.

Greg Gayton of Green Acres Nursery will talk about camellias and offer tips on growing them. He will speak at 11 a.m. and 1 p.m. Representatives from the Camellia Society of Sacramento will be on hand to help identify camellia varieties and answer questions about growing and caring for them.

Those who have camellias in their gardens are invited to display up to five blooms and have a chance to win ribbons for "People's Choice" and other prize divisions. Blooms will be accepting starting at 9:30 a.m. Feb. 24.

Attendees can also enter a drawing for camellia plants. Tours of Murer House and Gardens will be offered that day.

There is no charge to attend, take a tour or enter the camellia contest.

The Murer House and Gardens is across Folsom Boulevard from historic Sutter Street. The home was built by Guiseppe Murer of Italy who purchased the site in 1921 and constructed the home in 1925.

For more information, contact Rhonda DesVoignes at [bdesvoignes@comcast.net](mailto:bdesvoignes@comcast.net) or call the Murer House at (916) 985-3250



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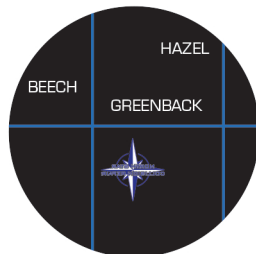
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**Orangevale Cooks**



by Suzanne Feblowitz

Whenever a cross rib roast is on sale, I always pick one up! I use it for pot roast or for meat for burritos or tacos. I was tired of my usual recipe, so I looked up recipes on the internet and I found two that I mixed together to get a yummy recipe for shredded beef for tacos. We had enough left over for another meal, but I took it for lunch for a few days! It was the best recipe that I have made for shredded beef!

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

**SHREDDED BEEF TACOS**

- 3 lb. Cross Rib Roast (amount can vary)
- 1 onion, sliced
- 1 cup beef broth
- 1 4 ounce can chopped green

- chilies
- 2-3 garlic cloves, chopped
- ½ tsp. cumin
- Olive oil (1-2 tbsp)
- Salt and pepper

1. Season roast with salt and pepper. Place olive oil in large pan over medium heat. Sear the roast on all sides until browned. Remove from pan and place in slow cooker.
2. Reduce heat and add onions to pan (you may need to add a drop of olive oil). Cook until softened, then add a bit of water and stir to get the browned bits off the bottom of the pan. Add onions and browned bits to the top of the roast in the slow cooker.
3. Add broth, garlic, chilies and cumin to the slow cooker.
4. Cook on low for 7-10 hours
5. Remove roast and let sit before shredding or breaking it into pieces. Keep it moist with the juices. (If you have a gravy separator, you can separate the fat from the broth.)
6. Serve with small corn tortillas for street tacos or serve with flour tortillas for

a burrito.

Note: I made this a day ahead and when it was finished cooking, after it cooled, I put the whole inside of my slow cooker in the fridge. Then, the next day, I was able to remove the fat easily. And then, just heat it up for dinner!

If you choose, you can cook it while you are sleeping and then stick it in the fridge in the morning and reheat for dinner after removing the fat!

**HOW MUCH IS MY WORTH**

How much is my worth  
 Asked the tree of the earth

From the earth came this  
 quaint reply  
 It depends on the ground

Where you sink your roots  
 down  
 As to whether you live or die

Then what are my changes  
 Of growing new branches

On my present site so bare?  
 To this replied the earth

Ask yourself of your worth  
 Are you growing or just  
 standing there?

By: Doris Eutzler

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## IMAGINE A DAY WHERE HUNDREDS OF PEOPLE COME TOGETHER TO MAKE A DIFFERENCE

Plans for the Big Day of Service" in Orangevale and Fair Oaks are developing into what organizers hope will be one of the largest community service events ever to take place in the two communities.

In recent weeks, several churches, businesses and individuals have agreed to sponsor the event that will feature dozens of teams of volunteers tackling community services projects during the May 5 event.

"We hope to unite the community around the idea that we can all make things better by working together," said County Supervisor Sue Frost, one of the event's sponsors.

Event organizers are currently seeking project ideas for consideration. "If you had \$500 and 20 volunteers, how would you improve the community?" asks a link on the event's website [www.bigdayofservice.com](http://www.bigdayofservice.com). Project ideas can also be sent via email to [info@bigdayofservice.com](mailto:info@bigdayofservice.com).

Thus far, possible projects range from planting trees to preparing care packages for overseas troops; room makeovers for terminally

ill children; repainting fire hydrants; youth groups visiting nursing or memory care home residents; cleaning up litter; distribution of toiletries and other necessities to the homeless; and creating community gardens.

"I honestly believe the Big Day of Service will be the largest and most unifying event to ever take place in Fair Oaks and Orangevale," said Jeff Pitnikoff, who helped envision the event and is the executive director of AboutKidz, a community service organization. "Unity is something that improves and enriches community. Now more than ever before we need to elevate and celebrate the things that unify us."

In a few months' time, the core group of event planners has expanded from a handful to over 30 community leaders and supporters pledging their services. Attendance at two recent community information meetings bolstered event planners' hopes of attracting 500 or more volunteers.

"Imagine what we can accomplish with hundreds of neighbors coming together in

service with many families serving together," said Brad Squires, Community Foundation of Orangevale and Fair Oaks chairman. "Communities get better when they serve together. We hope to create a ripple of kindness and a wave of good deeds throughout our community."

The Big Day of Service will begin with a pancake breakfast and kick-off rally where volunteers can meet others and get together with their teams to receive instructions before leaving to begin their neighborhood projects. At the end of the day, a group celebration is also being planned.

The rally's location has not yet been determined, but throughout the day it will be the site of a Community Service Fair offering some on-the-spot services along with some on-the-spot opportunities to give back to the community in some way. For example, a family receiving services such as free haircuts, food, clothing or eye exams might want to give blood or write encouragement cards for military families and food bank recipients; or volunteer to work with one of the many local community service organizations represented at the fair.

"We're adapting the concept of 'take what you need, give what you can' to give those receiving services the opportunity to give back to the community as well," said Jadie Huegel, the event's marketing coordinator.

For more information: [www.BigDayofService.com](http://www.BigDayofService.com) or email: [info@BigDayofService.com](mailto:info@BigDayofService.com)

### BIG DAY OF SERVICE



ORANGEVALE ~ FAIR OAKS

Imagine a day where hundreds of people come together to make a difference.

Saturday, May 5, 2018



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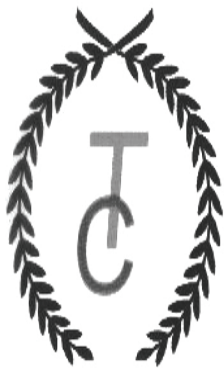
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### Now accepting applications for the 30th Honorary Mayor of Orangevale! 2017-2018

The Honorary Mayor is an unofficial representative (Ambassador) of the Orangevale Chamber of Commerce the community of Orangevale. When acting in this capacity, he/she is expected to act in a manner that would reflect a positive image and promote pride in the Orangevale community. All monies raised by each candidate will benefit the local programs of the Orangevale Chamber of Commerce, everyone benefits from this event. We are currently looking for dynamic, energetic candidates that are passionate about their business, community and want to make a difference in their community. If this sounds like you then consider being a candidate for the Honorary Mayor Race

Find out more details and how you can become the next Honorary Mayor of Orangevale for the year 2018- 2019, by calling Orangevale Chamber of Commerce at 916.988.0175 or email [info@orangevalechamber.com](mailto:info@orangevalechamber.com)

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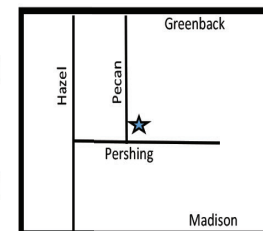
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History of 20th Century Fox with Author Michael Troyan - Celebrate the centenary of 20th Century Fox Studios with Michael Troyan, author of the studio's newly published first official history: 20th Century Fox - A Century of Entertainment. He provides a fun program including movie clips and several behind the scenes stories that span from Shirley Temple to Star Wars, Will Rogers to the X-Men, Marilyn Monroe to the Planet of the Apes and The Grapes of Wrath (1940) to Hidden Figures (2016). Saturday February 10th from 1:00 PM to 2:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale. Book sales will follow the program.

Wild Things: Animals of the World - Lions, tigers, and bears oh my! Do you love seeing wild animals up close?

If so, then you'll love Wild Things. Join us as we experience wild animals from around the world and learn about them! Generously funded by the Friends of the Orangevale Library. Tuesday, February 13th from 4:00 PM to 5:00 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Family Storytime - Babies, toddlers, preschoolers from 0-5 years along with their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills. You can find this program every Thursday @ 10:30 AM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Job Coach at Orangevale Library - Come and meet one-on-one with a volunteer job coach who will help you look for jobs, create an effective resume, and more! Each appointment lasts for approximately 60 minutes. Participants are encouraged to make a reservation online. You can find this program every Friday beginning February 2nd from 1:00 - 3:00 PM

## ORANGEVALE BOOK CLUB

Fourth Saturday of every month at 1:30 p.m.

**Born a Crime by Trevor Noah**  
February 24th

A riveting novel from the bestselling author of *Everything I Never Told You*.

**Evicted by Matthew Desmond**  
March 24th

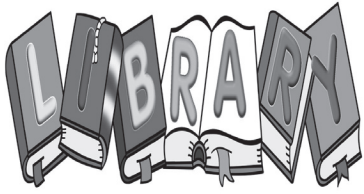
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Read to a Dog - Come read to some paw-esome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every month from 3 PM to 4 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Adult Book Club - Pick up your copy today! Join us for a discussion of February's book, "Little Fires Everywhere" by Celeste Ng. In Shaker Heights, a placid, progressive suburb of Cleveland, everything is planned - from the layout of the winding roads, to the colors of the houses, to the successful lives its residents will go on to lead. And no one embodies this spirit more than Elena Richardson, whose guiding principle is playing by the rules. Enter Mia Warren - an enigmatic artist and single mother - who arrives in this idyllic bubble with her teenaged daughter Pearl, and rents a house from the Richardsons. Soon Mia and Pearl become more than tenants: all four Richardson children are drawn to the mother-daughter pair. But Mia carries with her a mysterious past and a disregard for the status quo that threatens to upend this carefully ordered community. When old family friends of the Richardsons attempt to adopt a Chinese-American baby, a custody battle erupts that dramatically divides the town—and puts Mia and Elena on opposing sides. Suspicious of Mia and her motives, Elena is determined to uncover the secrets in Mia's past. But her obsession will come at unexpected and devastating costs. Little Fires Everywhere explores the weight of secrets, the nature of art and identity, and the ferocious pull of motherhood - and the danger of believing that following the rules can avert disaster. Saturday, February 24th from 1:30 PM - 2:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

LEGOs and More - Build it! Join us for free play with Legos, Lincoln Logs and CitiBlocks. Whether you are a building expert or a building novice we've got you covered. Tuesday, January 29th from 3:30 PM to 5:30 PM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

Mixed Media Art Journaling - Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperience and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. You can find this program on the first Saturday of every month @ 10:30 AM at Orangevale Library, 8820 Greenback Lane, Suite L, Orangevale.

# COMMUNITY CALENDAR GROUPS & MEET UPS

## WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit [al-anon.alaaleen.org](http://al-anon.alaaleen.org).

Al-Anon in Spanish-en Español Valor para cambiar se reúne los sábados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm - Redeemer Covenant Church, 6800 Main St, OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OV Grange Hall (5807 Walnut Ave) 11:00 am to 3:00 pm. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support every Sunday at our noon meetings led by a licensed family counselor. Call 916-990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL (American Contract Bridge League) sanctioned games daily, \$10 to play. Monday-Friday games are at 11 AM, and on Saturday and Sunday, they begin at noon. No membership required, everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. : [www.bridgewebs.com/folsombridge](http://www.bridgewebs.com/folsombridge). Call or email for partners: 916-353-1139; [folsombridge@gmail.com](mailto:folsombridge@gmail.com). Our address is 8680 Greenback Lane, Orangevale,

Do You like to Play Cribbage? Join the Gold Country Cribbers Contact Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4-7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills, CA

Determined Toastmasters meets on Tuesdays 7-8 pm. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit [www.foodaddicts.org](http://www.foodaddicts.org).

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday mornings 9:45-11:45 thru May 15th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian parenting. Shared childcare. Go to [ovchurch.org/family](http://ovchurch.org/family). ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Melowdown Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placia 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at [www.rootcellar.org](http://www.rootcellar.org).

Senior Lunch Program Brought to you by OV parks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 am at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916) 966-2261 or visit our website: [www.saintfrancisfairoaks.org](http://www.saintfrancisfairoaks.org) and follow us on facebook

SERTOMA - SERVICE TO Mankind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

Sunrise Community Church Storytime is a great opportunity for parents, caregivers and children ages 1.5-5 to connect through a kid-centered experience in literacy, music, creativity and fun! Join us Mondays from 9:30a - 10:30a @ Sunrise Community Church - in THE BACKYARD (Rm D102) 8321 Greenback Lane, Fair Oaks. Visit our website for more details @ [www.sunrisecommunity.church](http://www.sunrisecommunity.church)

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

## MONTHLY EVENTS

**GFWC ORANGEVALE WOMEN'S CLUB**  
Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at [OrangevaleWoman'sClub.org](http://OrangevaleWoman'sClub.org) or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at [OrangevaleGrange.org](http://OrangevaleGrange.org)

Roseville Better Gardens Club invites you as our guest to its monthly meetings held usually on the 3rd Tuesday of each month at the Maidu Community Center, 1550 Maidu Drive in Roseville. The club meets from September to May with doors opening at 12:30; meeting from 1-3. Programs including garden-related speakers and gardening information. Contact Lori at 916.784.0418.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. [www.orangevale4-h.weebly.com](http://www.orangevale4-h.weebly.com)

## CALENDAR OF EVENTS

SUNDAY FEB. 11 SWEETHEARTS WANTED - Treat your Valentine to a wonderful breakfast. Breakfast starts at 8:00-10:30am ~ Meals are just \$6 ~ everything from scratch, every 2nd Sunday, including our award-winning Biscuits & Gravy, Scrambled Eggs, Grange Cinnamon French Toast and All you can eat regular Pancakes along with fresh juicy Ham. All of our meats are fresh from ~Orangevale Meat Shoppe. We invite you and your family into our newly remodeled Grange for our famous Breakfast, wonderful Service and community gathering! It's so nice to have a homemade meal made to order, and not have to do the dishes! Our 4-H Servers are waiting to serve YOU!! The Grange offers you Coffee, Hot Chocolate, Hot Tea, OJ, Milk, and Water, with every meal. RESERVE A TABLE 916.988-8871

CALIFORNIA STATE OLD TIME FIDDLERS ASSOCIATION DISTRICT 5 The public is invited to attend the Fiddlers Jam and stage performances on Sunday February 11, 2018 from 1:00 to 4:30 p.m. at the Orangevale Grange Hall located at 5807 Walnut Avenue near Madison Avenue. FREE ADMISSION, REFRESHMENTS AND PARKING The Fiddle Kids go on stage at 2:00 p.m. which is always one of the highlights of the day. Kids are provided free music lessons on stringed instruments. For more information call (530) 676-0836 or e-mail at [rstandiford@att.net](mailto:rstandiford@att.net)

Saturday, February 17, 2018 9:00 a.m.-12:00 p.m. Horticulture Center, 11549 Fair Oaks Blvd., Fair Oaks, South of Madison, in Fair Oaks Park, next to the Library At 10 a.m., watch mini-demonstrations on: Planning for late winter and early spring vegetables and herbs. How to prune fruit trees, grapes, ornamental grasses and perennials. Berry propagation and fruit tree grafting. Composting basics. Bring your gardening questions to the Ask the Master Gardeners table. Located outside - rain or shine. Sacramento County Master Gardener 2018 Gardening Guide and Calendars will be available for \$10, including sales tax. Free For More Info UC Cooperative Extension, (916) 875-6913, [sacmg.ucanr.edu](http://sacmg.ucanr.edu), [facebook.com/sacmg](http://facebook.com/sacmg)

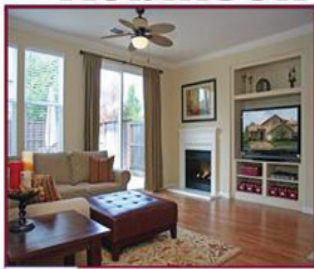
Tuesday, February 20, 7:00 p.m Please join the Camellia Chapter, Embroiderers' Guild of America, at their monthly meeting, at the Rancho Cordova Library, 9845 Folsom Boulevard, Rancho Cordova. Guests are welcome. Free. For questions contact 916-223-2751.

## FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation (Wednesdays 4:30pm-6:30pm & Thursdays 9:00am-12:30pm), they will now be open Mondays 11:00am-1:00pm.

# COMMUNITY SPOTLIGHT

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## Casa Roble Celebrates 22nd Annual Crab Feed to Support School-wide Programs.

It's that time of year again when crab feed aficionados have a myriad of crab feeds to choose from. Casa Roble High School, Orangevale, has one of the longest running crab feeds in the area. Staff and volunteers are gearing up for the 22nd annual event, March 3rd, that has, over the years, benefitted a number of school programs. This year, proceeds will be shared amongst basketball, track, golf, Grad Night 2019 and SCORE, Casa's popular health academy.

Casa has many faithful attendees and volunteers that have supported the event year after year and have helped make this event a success. For many the event has become a tradition. This year's event carries a bit of melancholy as long-time kitchen supervisor and cook, Bob Hudak, has passed on. But, son Jon, who played basketball and golf at Casa, graciously volunteered to step into his father's shoes. "There are so many great aspects to this event," stated coordinator and Economics teacher, Larry Dubie, "Bob will be missed; but we are happy to have Casa alumna, Jon, in the kitchen. Jon stepping into his father's role represents the spirit of this Casa community tradition."

This family-style dinner event will be held March 3 at Divine Savior Church (corner of Greenback and Filbert) in Orangevale, beginning at 6pm. The cost is \$50.00 per person for unlimited crab and salad; beer, wine and soda are included. There will be a raffle, silent auction, dessert table and many other fun activities.

The Casa Crab Feed volunteers invite you to come, bring friends, enjoy the festivities, and help support the many programs

that will benefit from this event. For tickets and reservations/ information (tables of 8 or 10 can be reserved), or if you would like to make a donation or volunteer, contact Larry Dubie at ldubie@sanjuan.edu. Or, visit casaroblecrabfeed.com to purchase tickets online.

## CALIFORNIA STATE OLD TIME FIDDLERS ASSOCIATION DISTRICT 5

The public is invited to attend the Fiddlers Jam and stage performances on Sunday February 11, 2018 from 1:00 to 4:30 p.m. at the Orangevale Grange Hall located at 5807 Walnut Avenue near Madison Avenue.

**FREE ADMISSION, REFRESHMENTS AND PARKING**

The Fiddle Kids go on stage at 2:00 p.m. which is always one of the highlights of the day.

Kids are provided free music lessons on stringed instruments. For more information call (530) 676-0836 or e-mail at rlstandiford@att.net

**Root Cellar – Sacramento Genealogical Society is now accepting** registrations for its 2018 Spring Seminar, "The Irish Are Coming". From Northern Ireland, our featured speakers will be Fintan Mullen and Gillian Hunt of the world-renowned Ulster Historical Foundation. They will be offering information regarding Irish church and land records, census substitutes, tips and tricks and much more to help you with your Irish research. Topics will cover the 18th and 19th centuries so both the colonial and famine emigration periods will be included.

When: Saturday, March 17, 2018  
 9 am – 4:15 pm

Where: Fair Oaks Presbyterian Church  
 11427 Fair Oaks Blvd., Fair Oaks CA  
 Cost: \$30 for members of Root Cellar, \$45 for non-members

Seating is limited so early registration is recommended. For more information and registration materials, please our website at [www.rootcellar.org](http://www.rootcellar.org).



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## Orangevale Series Caregiver Workshops



Each workshop is unique and offers valuable building blocks and helpful tools for caregivers and individuals who would like to learn more about memory loss and dementia-related conditions.

**Tuesday, February 20, 2018 | Learning Dementia Language**  
 Stephanie Wilson, Program Supervisor, Triple R Adult Day Program, City of Sacramento





One of the most stressful aspects in providing care for someone with memory loss is feeling as if you cannot communicate with each other. If the person with dementia does not feel understood, they may appear anxious and irritated or even prone to wandering or agitation. In this workshop, we explore ways to recognize the non-verbal cues your loved one may be giving you and advice about how to structure conversations to best meet the communication needs for the person with dementia.

**Tuesday, March 20, 2018 | Driver Safety and the Aging Driver**  
 Jerrod Sieberg, DSM I, Senior Driver Ombudsman Northern California Region, DMV

Hear ideas for safe, prolonged driving independence from the local DMV Senior Driver Ombudsman. Topics will include: driver license renewal strategies, DMV criteria for evaluation of Alzheimer's disease and other cognitive or physical impairments, and how your health is closely connected to your driving.

**TIME: 6:00—7:30 P.M.**  
**LOCATION: Divine Savior Catholic Church**  
 9079 Greenback Lane, Orangevale, CA 95662

**All workshops are FREE!**  
**For info and to RSVP, please call**  
**Senior Care Solutions: (916) 965-5565**

# LOCAL INFORMATION

## NORTH DIVISION

NORTH DIVISION  
Dewey Service Center  
5484 Dewey Dr. #235 (916) 875-5484 8:00am-5:00pm Mon - Fri 9:00am-4:00pm Tues/Thurs  
Commander; Captain Kristofor Palmer 874-1013  
Assistant Commander; Lieutenant Matthew Petersen 874-1013  
Operations Lieutenant; Lieutenant Todd Henry 874-1013  
Problem Oriented Policing Sergeant Michael Haynes 876-5729  
Ongoing Law enforcement issues northPOP@sacsheriff.com  
Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks  
Transient Enforcement Team (TED) northTED@sacsheriff.com 874-1025  
District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874-3064 linthicumr@sacda.org  
North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com  
Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com  
CALIFORNIA HIGHWAY PATROL (Dispatch) 861-1300  
CHP -North of Amer Rvr 250pop@chp.ca.gov 348-2300  
CHP -East of Sunrise 260pop@chp.ca.gov 464-

1450  
PARK POLICE POP@fecrecpark.com 874-5115  
Park Police handle districts except:  
DEPARTMENT SERVICES  
Alarm Bureau 874-4616  
Gun Permit Information 874-5864  
Identification Bureau 874-8093  
Office of Information/Media Bureau 874-5021  
Parking Enforcement Detail 876-6642  
Property Bureau Information 875-5650  
Records Bureau 874-5383  
Recruitment Information 875-0085  
Red Light Enforcement Program 876-6643  
Towing Detail 876-6641  
Adult Protective Services 874-9377  
Animal Control push 2, for 24hr assistance 875-5232  
Child Protective Services 875-5437  
Restraining Orders 875-3400  
Graffiti Abatement on public property (DOT) 875-5171  
Graffiti Abatement on SMUD property 732-6043  
Graffiti on private property or abatement 875-5656  
North Division Detectives  
Burglary and property crimes 875-5388  
Crimes against Persons 874-5070  
North Division Information 874-1021  
SAC COUNTY 311 CONNECT Neighborhood Nuisance Complaints  
(Abandoned shopping carts, vehicles, illegal

dumping, missed garbage pickups, potholes, street light problems  
and vacant or dangerous buildings, animal Care, environmental health, building permits, planning, code compliance).  
<http://www.311.saccounty.net/> 311  
CORRECTIONAL FACILITIES  
Sacramento County Main Jail 874-6752  
Rio Cosumnes Correctional Center 874-1827  
Juvenile Hall 875-6996  
INVESTIGATIVE SERVICES  
Centralized Investigations Division 874-5041  
Child Abuse Bureau 874-5191  
Civil Division 875-2665  
Hi-Tech Crimes Task Force 874-3002  
Homicide Detail 874-5057  
Identity Theft Task Force/Real Estate Fraud 874-3000  
Robbery Detail 874-5051  
Sexual and Elder Abuse Bureau/Crimes Against People 874-5070  
Sex Offender Registration Detail (Recording) 874-5090  
For burglary, vandalism, and assault report follow-up contact Detectives.

## GOVERNMENT OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR Ted Gaines Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762  
1Phone: 916-783-8232 Fax: 916-783-5487 senator.gaines@senate.ca.gov

ASSEMBLY MEMBER  
KEVIN KILEY District Office-8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430  
<https://ad06.asmrc.org/>

COUNTY SUPERVISOR Susan Frost District 4  
700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For

more information visit [planning.saccounty.net](http://planning.saccounty.net)

G.L.O.V.E. (Greenback Lane OrangeVale Envisions) Meets 4th Wednesday of the month 6:00 pm Location will vary. For more information email [glove@surewest.net](mailto:glove@surewest.net)

**The Sheriff's Dewey Service Center**  
Located at 5484 Dewey Drive is in the Safeway Shopping Center Volunteers can help you in filing crime reports and answering questions. The office is open: Monday 10-5, Wed 10-7 Fri 10-5

# CHURCH INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, [calvaryfo@comcast.net](mailto:calvaryfo@comcast.net), <http://www.calvaryfo.org>

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 [www.ChristTheKingOV.com](http://www.ChristTheKingOV.com) Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church [www.chsda.comcast.com](http://www.chsda.comcast.com)

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. [www.divinesavior.com](http://www.divinesavior.com)

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, [www.fopc.org](http://www.fopc.org)

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming.

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 [www.firstbaptistov.org](http://www.firstbaptistov.org) Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or [www.gbco.org](http://www.gbco.org)

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am

Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: [www.ovchurch.org](http://www.ovchurch.org)

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, [www.ovsda.org](http://www.ovsda.org) / [office@ovsda.org](mailto:office@ovsda.org). Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, [www.ovschool.org](http://www.ovschool.org)

Pathway Fellowship Temporarily meets at Mt. Vernon Chapel on Greenback at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, [hispathway.org](http://hispathway.org)

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, [redeemercov.com](http://redeemercov.com), Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th

& PreK on M/W/F – call 916.988.0998, [smallwondersorangevale.org](http://smallwondersorangevale.org).

St. Francis Episcopal Church 11430 Fair Oaks Blvd. Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

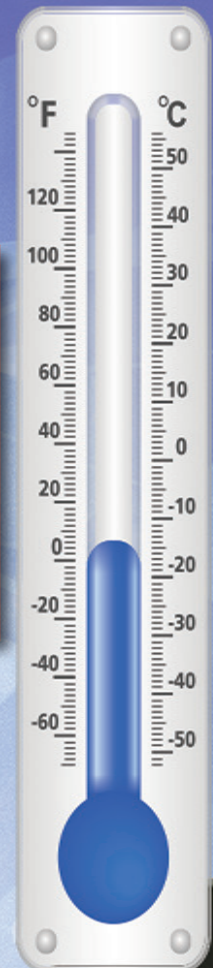
Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 [church@sunrisecommunitychurch.org](mailto:church@sunrisecommunitychurch.org)

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // [info@lifecenter.church](mailto:info@lifecenter.church) Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

# WINTER TEMPERATURES!

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