

ORANGEVALE POW WOW DAYS JUNE 1-4



Friends of the Orangevale Library reminisce about the 2006 Pow Wow Days Parade when the Friends won first place with a float loaded with storybook characters. Alex Flores, holding the trophy, was one of those characters. Page 8



SPRING HAS ARRIVED AT OVFB PAGE 14

25TH ANNUAL WATER AWARENESS POSTER CONTEST FOR CALENDAR YEAR 2017



PHOTO: Joe Duran, Ruby Buttercup Judd, Allison Nihart, aroline Bialuski. Photos by Tom Paniagua

Sponsored By: Orange Vale Water Company, San Juan Water District, Citrus Heights Water District And Fair Oaks Water District

The Theme This Year Was: "HOW I CAN BE A WATER CONSERVATION KID"

Participants: 4th, 5th and 6th Grade Students from each of the aforementioned water providers **Total Number of Posters Judged:** 1,877 posters from all agencies' participating schools

Orange Vale Water Company Poster Participants: 127

POSTER CONTEST CALENDAR WINNERS

- *Ruby Buttercup Judd, 6th Grade, Green Oaks Fundamental, received a \$100.00 Award. Her teacher, Mr. Gonzalez, also received \$100.00 for Ruby's winning classroom.
- *Karoline Bialuski , 5th Grade, Green Oaks Fundamental, received a \$100.00 Award. Her Teacher, Mrs. Harbarger, also received \$100.00 for Karoline's winning Classroom
- · Allison Nihart, 5th Grade, Green Oaks Fundamental, received
- a \$100.00 Award. Her teacher, Mrs. Harbarger, also received \$100.00 for Allison's winning classroom.

The Art Teacher for Green Oaks Fundamental School, Miss. Shelley McLeod, was very instrumental in his encouragement and motivation of these talented students and, received \$100.00 for his excellent accomplishments. The new poster contest Calendar for 2018 will display each of the winning posters from each of the four participating agencies. The 2018 calendars will be available in November of this year.

The awards ceremony was held Tuesday, May 2, 2017 in the boardroom of the Orange Vale Water Company with family and friends in attendance. Board member, Michael Schaffer, presented the awards to each of the students followed by a photo shoot session with our local newspaper, The Orange Vale View.

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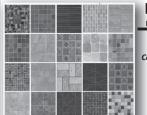
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Contents

6 SPORTS

14 ORANGEVALE COOKS

15 PETS

16 PROFESSIONAL, BUSI-NESS & SERVICE DIREC-TORY

20 CLASSIFIED

21 COMMUNITY GROUPS & CALENDAR

22 COMMUNITY SPOTL LIGHT

ORANGEVALE VIEW

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ABOUT THE ORANGEVALE VIEW

The "Orangevale View" — the ultimate, award-winning community newspaper — serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less. (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

DATES TO REMEMBER: MAY 2017

Wed May 17, 2017 Deadline Thu May 25, 2017 Out To Public² **JUN 2017**

Wed Jun 7, 2017 DEADLINE Thu Jun 15, 2017 Out To Public Wed Jun 21, 2017 DEADLINE Thu Jun 29, 2017 Out To Public JUL 2017

Wed Jul 5, 2017 DEADLINE Thu Jul 13, 2017 Out To Public Wed Jul 19, 2017 DEADLINE Thu Jul 27, 2017 Out To Public

STAFF: Brad Tatum -Publisher/Advertising

Lisa Montes -Editor

Reporter - Elizabeth Brown Suzanne Feblowitz - Recipes

Photographer Tom Paniagua Chris Morairty

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ORANGEVALE VIEW MAY 12, 2017

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Letter to Editor:

Orangevale Recreation and Park District?

Orangevale residents: Here's my question for you, if you are a director for Orangevale Recreation and Park District, whose interests would you put first? 1. Your personal or prideful self-interests? 2. The District Administrator's? 3. The District's? 4. Their legal counsel's? 4. Orangevale residents?

Orangevale residents: Here's what I know, O.R. & P. D. was reorganized (1983) to serve Orangevale residents. One way in which Orangevale Recreation and Park District serves Orangevale residents is by providing a public mechanism (board meetings) to engage in collective decisionmaking. When our District's elected Board of Directors makes a public decision, the guiding principle must always be what best serves the public's (Orangevale residents) interests. One primary purpose of our District's Board of Directors is to publicly provide for recreational occurring throughout Orangevale, to provide recreation and parks and facilities to Orangevale residents, through

state and federal laws, to guide individual behaviors to promote the overall safety, well-being and prosperity of the community of Orangevale.

Orangevale residents: Here's what I know. In the 34 year History of O.R. & P.D., our Board of Directors has never included Orangevale residents on our District s Organizational Chart. Our Board of Directors has never publicly adopted/established a community engagement-outreach policy. Our District has never publicly provided the formation documents (public records) for our District's 1983 reorganization by Sacramento county supervisors. Orangevale residents: O.R. & P. D. is currently advertizing/seeking, due to director resignation, a candidate for our District's Board of Directors. In the Districts public five (5) page application form, item number 10. States inpart, "Describe why you would be able to put the interests of the District first?' Sincerely; Terry Benedict A 47 year Orangevale resident PS: See Institute for local

Government (ca-ilg.org) for

Decision Making in the Collective

PUBLIC NOTICE

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LETTER TO EDITOR

Dear Editor:

As a recent transplant to Orangevale I find your publication both helpful and interesting. response to your letter from Sue Aimes in the issue dated 4-28-17. I have to say I also read with interest (and applaud) the letter from the Orangevale couple in the issue dated 4-12-17. I found their views honest and refreshing. Conversely. this put me at odds with some of Sue Aimes comments. She seems to be concerned about our former president being "bent on globalization". Just vesterday I heard the man child currently in the

White House say he was both a nationalist and a globalist. Just another very small example of his constant flip-flops. The truth is we are a global nation and not a country in isolation. No man or nation is a island and progress is a good thing. If you long for the "good old days", I suggest you watch reruns of Mayberry RFD.

As a fellow senior citizen, I implore Sue Aimes to delve into Trumps policies very closely especially health care. I assure you Madam, unless you are very rich, very young or in very good health you may find you are going to have to decide on health care

insurance or food. This ego maniac is bad for our country, especially those economically depressed souls who make up a large portion of his base and don't even know they are now enjoying benefits under Obamacare.

This man is now the president of all the people, he needs to take steps to reach out to those of us that did not vote for him (and remember there are more of us) instead of having those ridiculous campaign rally like the one last night in Philadelphia designed to feed his ego and play to his base.

Sandra Rush

Dear Editor.

We are writing with an important update on the proposal to open a crisis mental health facility on Elm Avenue, across from Louis Pasteur Middle School. Over the past two months, we have had extensive communication with Sacramento County officials and Turning Point Community Programs, the organization that owns the property and intended to seek county permission to open the 15-bed facility. In part due to the strong support of Orangevale residents through petition drive, Turning Point has now agreed not to open a facility at the Elm Avenue location.

In a message to a member of our group on April 12, Chief Executive Officer Al Rowlett said "Turning Point Community Programs will not pursue a special use permit and has no intent to repurpose the property."

gratified We are that Turning Point has responded to our community's concerns about the location of its proposed facility so close to schools, and in an agricultural/ residential area not zoned for such a use. We also acknowledge the need for expanded mental health care services and appreciate Turning Point's efforts to help people in need. As such, some members of our group have agreed to assist in the search to find more workable locations for Turning Point's residential treatment centers.

For now, Protect OV Kids is throttling back its active campaign and assuming a "watchful waiting" posture. In a show of good faith, we are also asking neighbors to take down Protect OV Kids signs, which will help

facilitate Turning Point's efforts to sell the Elm Avenue property.

We sincerely thank their evervone for support and we pledge communicate any important updates on this issue in the future. We would also like to thank the Orangevale Park and Recreation District board for listening to residents and voting to oppose the proposed Elm Avenue location.

Protect OV Kids

CORRECTION
NEW OWNERS
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Issue 7 Vol 10
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not the "Caldwell
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CASA'S NEWMAN FIELD OVERHAUL COMING SOON!

Casa's Newman Field Overhaul Coming Soon!

After much anticipation, and thanks to the passage of Measure N in 2012, Casa Roble is finally getting a stadium make

by homecoming," she added. Once work crews begin the project, the track will be closed until further notice. In the meantime, Casa sports will be redirected to other fields. Casa project gets completed. "We'll keep our families and fans up to date on the progress," said Lorenzo. "It's something to really look forward to this



over this summer! Crews are expected to break ground after June 8 on the extensive project. The work includes overhauling the outdated field with new turf, scoreboard, goal posts, shot put and discus throwing pits for track and field, entrance booth, snack bar and what's bound to be a fan favorite, permanent restrooms!

According to Casa Principal, Michele Lorenzo, the construction should take approximately 4 ½ months to complete. Other projects earmarked for future renovation include revamping the library, counseling and registrar offices, and administration building all originally built 50 years ago. These will be part of a new multiuse, state of the art, Student Union yet to be scheduled.

"There are lots of exciting changes coming to Casa and we ask for everyone's patience as construction gets underway," Lorenzo said. "Ideally we'd like to unveil the new field during the 2017 football season. Hopefully

football fans can anticipate home games to be held at Bella Vista until renovations are complete.

Updates will be coming as the

fall."
#
Submitted by MaryAnne
Povey





Orangevale Recreation & Park District

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DID YOU KNOW?

2017 BODACIOUS BOOK SALE

It's a double whammy for our auspicious little-big town, Orangevale! Coming up are two major annual events: the spirited and heck-of-a-lot-of-fun Pow Wow Days June 1-4, and the booklovers dream-come-true Bodacious Books Sale, offering some 4000 gently-used books of all genres for all ages June 2-3.

The book sale arrives just in time for you to stock up on summer reading, with book prices from \$.50 to \$5.00. Teachers can purchase a bag of books for \$5, a box for \$10, with proof of teaching employment. And Saturday is Bodacious Bag Day, when books will be sold at \$5.00 per bag!!

The enormous sale collection, donated primarily by the community, includes bestsellers, cooking and crafts, self-improvement, children's books, lots of DVD's , CD's and puzzles too.

Divine Savior Parish Hall will host the book sale Friday, June 2, 8:30 am – 8:00 pm. and Saturday, June 3, 8:30 am – Noon. Be Bodacious--come early Friday to browse and buy for the best selection. Come Saturday for the best deals. Become a member of the Friends of the Orangevale Library.

This early June weekend certainly offers a doubleheader. Why not enjoy both Pow Wow Days and the Bodacious Book Sale.

Stay tuned for more info about special events at the book sale in the next edition of The Orangevale View. Submitted by Jane Wise.



Friends 2006 Board members Dorothy Kilgore and Betts Flores pose with Raggedy Ann driving the truck at Orangevale Pow Wow Days Parade

Clean & Sober Recovery Services Expands Counseling and Treatment

How much drinking is too much? Are two glasses of wine every night too much? And how about that pain pill prescription from the doctor is it OK to keep taking that? Well, it depends. While there isn't a specific "yard stick" for too much drinking or too many pain pills, you can look at your life and see how it is working. Are you getting DUIs? Holding down a job? How is your health? Your marriage or other relationships? The answers to these questions go a long way towards helping you understand if you or

someone you love has an issue with drugs or alcohol. If you need help, Clean & Sober Recovery Services, Inc. (CSRS) has just opened CSRS the Outpatient Counseling Center Orangevale. The center will offer intensive outpatient services to people who have become chemicallydependent upon alcohol or other drugs (known as "Substance Use Disorder.") Individual counseling and group sessions, available during the day or evenings, offer the flexibility to get help while meeting family or work obligations. The outpatient counseling center is located at the corner of Chestnut Continue on page 9



HOURS: Monday - Friday 9:30am - 5:30pm • Saturday 10:00am - 2:00pm • Closed Sunday 8141 Greenback Lane, Fair Oaks, CA 95628 (916) 238-1700 www.facebook.com/HQMedicalStore HQWellness Center.com

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Children Growing Up: As children grow up, your thoughts on what was good for them at the creation of your estate planning documents may have changed.

Marriage: Marriage is an essential time to update your estate plan. Assuming your assets automatically transfer to your spouse is dangerous thinking, especially if there was a prior marriage.

Divorce: Divorce will likely cause you to want to update many items in your estate plan.

Death: If a person that was named in your will or trust has passed away, update your Estate Plan. Positions that are named in your estate plan are typically executors, designated health care power of attorney or general/ financial power of attorney, guardians for your children, or beneficiaries.

Change in Assets: You may want to update your estate plan if you have had a salary increase, received an inheritance or purchased a large asset.

Business Ownership: If you have started or acquired a business since you wrote your estate planning documents. you will want to have your estate plan updated.

Move Homes: Transferring your deed into your trust will help protect you and your loved ones. It is also a great tax strategy.

Sam Swenson is the head attorney at The Swenson Law Firm in Orangevale. He is teaching a free seminar this Saturday, May 13th, See the events section for more details

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Continue from page 8

Avenue and Greenback Lane in Orangevale.

outpatient program The insurance accepts represents an expansion of services from CSRS, which has provided residential drug and alcohol treatment since 2008.

"We are committed to helping people reclaim their health

by leaving alcohol or other drugs behind," explains CSRS co-founder John Perry. "As part of our service to the community, we also offer free, confidential Family Support meetings where families can learn what to do when a loved one abuses drugs or alcohol."

Concerned about your or a loved one's dependence on

alcohol or other drugs? Call CSRS at 916 990-0190 to learn about residential or outpatient treatment options and the free, confidential Family Support meetings.

John Perry, Co-Founder, Clean & Sober Recovery Services, Inc.

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IMPORTANT Community Meeting

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and learn about a

Property & Business Improvement District (PBID) Thursday, May 11,2017 at 6PM Fair Oaks Brew Pub

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In this meeting you will hear about solutions to issues affecting the Village. You will learn about the proposed Fair Oaks Village PBID and have the opportunity to provide input what the PBID

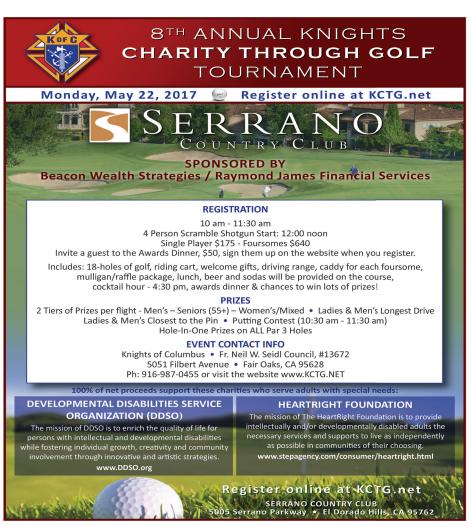
Don't miss this opportunity to positively affect the future of Fair Oaks Village and YOUR Property!

For Questions or more information please contact FOVEC representative Daneece Fraizer at 916-296-5426.

HOPE TO SEE YOUTHERE!

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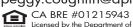
Borrower is required to be 62 years old for a reverse mortgage but questions can be asked by anyone interested!



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REAL ESTATE NEWS

RENOVATIONS THAT CAN REDUCE YOUR HOME'S VALUE

When it comes to selling a home, most people look for ways and ideas to increase the value of their home, but did you know there are improvements or renovations that can actually REDUCE the value? Here are just a few of them:

Don't expand your master bedroom if it eliminates another bedroom - Small master bedrooms are a common complaint by buyers, and in some cases, the only way to expand a master bedroom is to lose other bedrooms. However, fewer bedrooms mean fewer potential buyers. Most buyers have a specific number of bedrooms in mind and don't ever look at homes that have less.

Don't convert a garage into living space - Transforming your garage may seem like a better way to increase your living space, and certainly can be less costly than building an addition from the ground up; but there is a large population of buyers that will not even look at properties that don't have a garage. This change could mean a reduced value of your home by \$10,000 or more.

Don't paint interior walls dark colors - Although dark interior walls are the latest trend, there are many buyers who may not 'feel' the room is cozy and elegant. For a lot of home buyers, the purchase of a home is about the 'feel' of a house and that can sway their decision about purchasing it.

If you're thinking of selling your home and want more information, contact an experienced real estate professional for advice before making any major repairs or renovations.

Terrie Hunt, Broker -River Ridge Realty - BRE# 01213387 Office (916) 988-8880 Email: TerrieHunt@RiverRidgeRealty. net. "Best in Client Satisfaction"-Awarded Five Star Realtor for 2012-17 Sacramento Magazine

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8931 Central Ave	3	2	1800	0.27ac	1957	\$235,000
5625 Walnut Ave	3	2	1800	0.22ac	1959	\$239,000
9384 River Oaks Ln	3	2.5	1436	0.34ac	1987	\$268,000
6043 Keats Cir	2	1	936	0.19ac	1960	\$270,000
6936 Kon Tiki	4	2	1637	0.33ac	1960	\$276,000
6508 Hickory Ave	3	2	1311	0.5ac	1955	\$280,000
5926 Anthony Dr	3	1.5	1169	0.19ac	1960	\$287,000
6045 Keats Cir	2	1	936	0.22ac	1960	\$290,000
8554 Strong Ave	1	2	924	0.23ac	1957	\$290,000
6630 Carrwood St	3	1	1008	0.23ac	1957	\$293,000
6135 Passiflora Ln	2	2.5	1143	0.04ac	2009	\$298,000
8681 Char Ave	3	2	1111	0.23ac	1960	\$303,500
9538 Tonkin Dr	3	2	1164	0.20ac	1960	\$305,000
5826 Filbert Ave	3	2	1245	0.17ac	1979	\$305,000
8618 Stratus Dr	3	2	1368	0.14ac	1983	\$309,000
5660 Boltres St	3	2	1008	0.23ac	1959	\$310,000
7337 Main Ave	3	1	1080	0.24ac	1958	\$314,000
8201 Northwind Way	3	2	1503	0.18ac	1979	\$320,000
9437 Twin Lakes Ave	3	2	1155	0.25ac	1961	\$323,000
5700 Beech Ave	3	2	1080	0.24ac	1963	\$325,000
8960 Aksarben Dr	3	2	1125	0.14ac	1978	\$331,517
5625 Nostaw St	3	1	1008	0.28ac	1960	\$335,000
9220 Castlemont Cir	4	2	1224	0.16ac	1971	\$347,500
8830 Nimbus Way	3	2	1494	0.37ac	1960	\$336,500
8595 Stratus Dr	3	2	1368	0.15ac	1983	\$344,000
8430 Juglans Dr	4	3	1578	0.19ac	1979	\$355,000
8593 Menke Way	4	2	1582	0.23ac	1978	\$355,875
8653 Timber Ct	3	2	1457	0.27ac	1984	\$358,000
8143 Highwood Way	4	2.5	2001	0.19ac	1966	\$374,900
8870 Nimbus Way	3	2	1612	0.31ac	1975	\$379,000
8120 Woodlake Hills Di	r 4	2.5	1969	0.21ac	1979	\$400,000
9379 Rolling Glen Ct	4	2	1936	0.16ac	1985	\$408,000
9406 Twin Lakes Ave	3	2	1677	0.30ac	1975	\$415,000
9506 Winterbrook Way		2	1770	0.34ac	1977	\$415,000
8085 Highwood Way	4	2.5	2040	0.18ac	1977	\$418,000
8532 Cumulus Way	4	2.5	1919	0.33ac	1976	\$420,000
9314 Dovewood Ct	4	2	1816	0.23ac	1980	\$425,000
9067 Clarissa Dr	3	2	1815	0.19ac	1989	\$430,000
6028 Sirl Way	3	2	2099	0.22ac	1983	\$449,000
5501 Brome Ct	3	2	1953	0.42ac	1982	\$451,950
9531 Golden Dr	3	2	1610	0.37ac	2001	\$459,000
5170 Dredger Way	4	2	2083	0.27ac	1977	\$460,000
8030 Mountain Ave	4	2	1643	1.14ac	1964	\$461,000
8614 Parkerland Ct	4	3	2350	0.20ac	new	\$488,001
8732 Central Ave	3	2	1148	5.51ac	1958	\$500,000
7419 April St	5	3	3279	0.26ac	1975	\$505,000
9516 Golden Dr	4	3.5	2544	0.32ac	1973	\$559,000
7028 Beech Ave	4	3	2400	1.00ac	1987	\$603,000
9090 Eden Oaks Ave	4	3	2022	2.63ac	1965	\$663,000
9269 Orangevale Ave	4	3	2663	0.56ac	2005	\$670,000
9605 Sprow Ranch Ln		3	3016	0.50ac	2016	\$670,000
7901 Indian Arrow Ct	4	4.5	3294	2.23ac	1986	\$750,000
9592 Sprow Ranch Rd		3	3017	0.49ac	2015	\$750,000
7540 Telegraph Ave	3	2.5	3431	2.35ac	2009	\$870,000
TOTO TOTOGRAPHIAVE		۷.0	UTUI	2.0000	2000	ψυ ι υ,υυ

Above Information is based on data obtained at MetroList Services, Inc.
Provided by Tom Parker, Broker Lic# 483121
Orangevale Realty 987-4704



Back-to-School Needs Filled!
The Closets gave away 50-60 backpacks filled with supplies, dental hygiene kits (TB, TP & Floss). OV students also received a gift card for Payless Shoes.



HELPING HANDS

Donations Accepted Mondays 8 AM—Noon

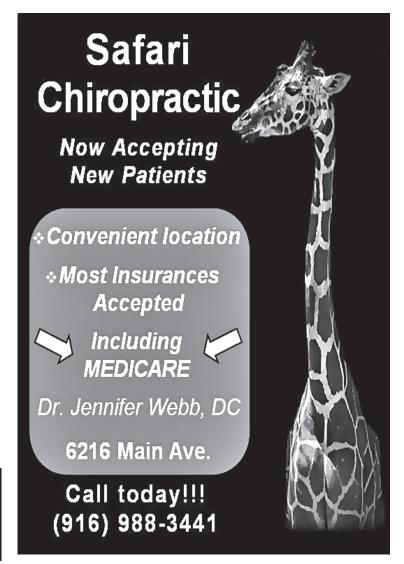
- Gently Used Clothes
- Canned Foods (No expired dates please)
 - * Soups, Beans, Vegetables, Pasta Sauces
- Dried Foods
 - * Beans, Pasta, Rice



Closets Open
Tuesdays
9 AM—Noon



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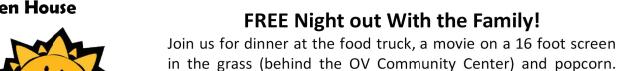
OVparks has your Summer Planned!

Summer Kick Off Event

Completely FREE 4th Annual Open House

Saturday, May 20 from 12 to 1pm

- * BBQ Hot Dogs & Snow Cones!
- * Games & activities!
- * Swimming at OVparks Pool!
- * Bounce House & Face Painting!
- * Class Demonstrations!
- * Meet & Greet OVparks Instructors!



comfy!

Secret Life of Pets

Friday, June 16 • Sunset (8:30pm)

Moana

Saturday, July 15 • Sunset (8:30pm)



Rec'ing Crew Day Camp

For Campers Ages 5 to 12 with 3, 4, and 5 day options Camp Hours: 9am to 4pm/Extended Camp: 7am to 6pm Fees range from \$115-\$233 per child Starts 6/12

- * Crafts 4 times a week!
- * Field trips every Wednesday!
- * Swimming Tuesdays & Thursdays!
- * Games & activities every day, all day!
- * Sibling Discounts!
- * Friday's Movie Day on a 16 foot screen!

Swim Lessons

Family Movie Nights

Bring blankets, snacks, lawn chairs and pillows to make yourself

Weekday Lessons meet for eight, 30 minutes classes. Saturday Lessons meet for five, 45 minute classes. Advance registration is required as space is limited. Lessons start June 12th.

Private/Semi-Private lessons also available \$72 to \$135

Group lesson fee is \$55 (\$60 NR)

Session 1 June 12-22 Session 2 June 26-July 6 Session 3 July 10-20 Session 4 July 24-August 3

OVparks Pool Opens

May 27-29 * Saturday/Sunday/Monday * 1pm-5pm

Drought got you sad about swimming this summer? Have no Fear, OVparks has you covered! Kids \$3.00 and Adults \$4.00

DIVE-IN Movie Night

LEGO BATMAN MOVIE

Saturday, August 26th * Sunset (8:00pm) *

A great way to end a hot summer! Enjoy a family movie on a big screen while you float in the pool or lounge on the deck.

Bring Blankets, snacks, and a floatation device (w/restrictions) to lounge on. Glass is not allowed. Event Fee applies.

Picnic & Pool Rentals

Have a party planned but no location? No Worries!

OVparks has several outside rental options available from picnic areas to our very own pool! Picnic rentals start at \$60 for the day and Pool Party Places are \$75 during public swim or rent the ENTIRE Pool for a private party!



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rangevale Cooks



by Suzanne Feblowitz

Spring has finally arrived!! This first week in May is more like summer! So, with the change in weather, we need to start thinking differently about our food. Things that require outdoor cooking or no cooking at all are best for this type of weather. Luckily, Pat Dunkel was thinking this way when she sent in her recipe for Hawaiian Coleslaw. This salad is perfect for this time of year! I have also included my brother-in-law's recipe for coleslaw.

If you would like to share a

favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit vour name.

HAWAIIAN COLESLAW

4 c. cabbage, shredded 1 (8 oz.) can pineapple, crushed, drained 1/4 c. each raisins, coconut,

nuts 3/4 c. your favorite coleslaw dressing Mix and serve. Good & easy!

ALAN'S COLESLAW

Head of cabbage, finely shredded 1 cup mayonnaise 2 TBSP sugar 2 TBSP Red Wine Vinegar

Mix ingredients together. Add more sugar and vinegar to taste. Toss with the finely shredded cabbage for a delicious coleslaw.

SPRING HAS ARRIVED AT OVFB

Spring has arrived and Orangevale Food Bank is grateful for the blessing of the rain this year. Our drought in Northern California is coming to an end. As Spring arrives, our trees bloom and bear fruit. Our Food Bank vegetable garden will be planted and we look forward to our crops of tomatoes, squash, cucumber, peppers, corn, and more to be distributed.

Spring not only brings good

weather and sunshine, but it also brings opportunity for our volunteers to work together and to nurture our Food Bank garden. Tending a garden strengthens the health of our food bank community. Additionally, our volunteers develop a strong bond with one another as they work side by side. One of our faithful volunteers who makes our garden possible is Dwight Sparks. Dwight and many of our other volunteers' dedication to tending our garden is much appreciated by everyone who reaps what they sow. Volunteers make sure the soil is healthy and incorporate compost from our compost pile. They plant a wide variety of vegetables, water them, manage the weeds, and harvest the produce. It is a true labor of love.

Spring brings promise. The promise of an end to the coldness of winter and the beginnings of warmth and renewal. We are looking forward to what this season brings to our wonderful Orangevale and Fair Oaks communities

Article and photo submitted by Keith Wirght



TOP5 NEEDS FOR **ORANGEVALE** FOOD BANKS \$10 Gift Cards **Canned Fruit** Soups **Canned Veggies** Mac & Chesse



Hey there, it's Kat again!

I decided to just answer some Frequently Asked Questions in my article this time because I have been very busy studying to become a master groomer through the NDGAA. Wish me luck! Since I opened The Prancing Poodle in October, I have received many questions over the phone, or people have stopped by my shop. Here are just a few:

Q: Do you only accept poodles? A: No, we bathe and groom all breeds of dogs.

Q:Do you provide other services? A: Actually I do! Teeth brushing, whitening, de-skunking, flea treatment, conditioners and color jobs, just to name a few.

Q: What days are you open? A: We are open Tuesday through Saturday, 8 AM to 4 PM.

Q: How long will it take to groom my dog?

A:This varies drastically on a case-by-case basis, depending on how busy we are, the condition of the dogs coat, and what you desire in your dog's groom. Expect a minimum of two hours.

Q:What do you provide in your full grooming and/or bath packages?

A:Full grooming and bathing includes two Hydro massage baths, customized shampoo, nails trimmed or filed, ear inspection (with plucking if necessary), and a check of anal glands if requested. It ends with bandannas or bows, and a treat for your happy dog!

Q:Do you take credit cards? A: Yes, we accept all forms of credit and debit cards.

Q:How much do you typically charge?

A: The answer varies according to breed, size, condition of the

coat, and the attitude of the dog. Typically, a full haircut for a small dog will start at \$50 to \$55. A good rule of thumb is the longer the hair, the larger the dog, the higher the cost to groom the dog.

Q: How often should I get my dog groomed?

A: Most dogs get groomed every 4 to 6 weeks. If you prefer longer hair for your dog, groom it every 6 to 8 weeks. A grooming after 8 weeks often ends up costing more because of the extra work for us and the dog.

Q:How long should I typically go between nail trims?

A: 2 to 4 weeks. I recommend people get their dog's nails done in between groomings, or just get it bathed which usually comes with nail trimming.

Q: Can you do a puppy cut on my dog?

A: What I typically tell people is to get a cut that is a single length all over, not too short and not too long. When I think of a puppy cut, I think of a puppy's first groom which would be a sanitary, face and feet trim. We want the dog to get used to noises and to get trained on the table.

Q: How long have you been part of the dog grooming Industry?

A: I was a bather/grooming assistant for three years, from 2009, to 2012 before I started grooming dogs. I've been involved in this industry for a total of eight years. Although the experience you acquire from grooming dogs is helpful, of greater value is how much you actually care about your profession and are willing to learn and continuously improve.

Q: What does "award-winning groomer" mean for my dog?
A: It means that you and your

A: It means that you and your dog will be provided an award-winning grooming experience



KATHLEEN SCHULTS

for any service, on par with the show dogs. It also means that your groomer is dedicated to pushing the standard of his or her self and the pet grooming industry ever higher.

Q: re you a certified dog groomer? A Yes. It's important to be certified nationally because, even though dog grooming is not currently regulated, I believe that it's a profession where one should follow standards and guidelines designed to enhance the appearance, health and safety of your valued pet. As a certified groomer, through both the NDGAA and the IPG, I understand, uphold and practice professional standards of these organizations.

Don't forget to go to our annual Pow Wow Days in Orangevale. My gang and I will be in the parade. Hopefully, I'll be riding my horse, and of course there will be lots of furry friends.

Kathleen (Kat) Schultz is the owner/operator of The Prancing Poodle All Breed Grooming located at 9346 Greenback Lane, Suite 1, between Maine and Walnut Avenue. The Prancing Poodle is now a Chamber member of Orangevale, CA.



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CHAMBER NEWS



CROWNING MAY 19, 2017

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Get an application online at www.orangevalechamber.com or at the Orangevale Chamber Office M-TH between 9am-2pm at 9267 Greenback Lane Ste. B91 (916) 988-0175

Miss Orangevale is also QUEEN OF POW WOW DAYS!

Wee Miss * Little Miss * Jr. Miss * Miss

For ages 3-19





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Sabbath May 27, 2017 – Worship Service 11:00 Sunday May 28, 2017–Motorcycle & car Show set-up 8:00 show 10:00-4:00 Monday May 29, 2017 – Memorial Day Ride 9:00

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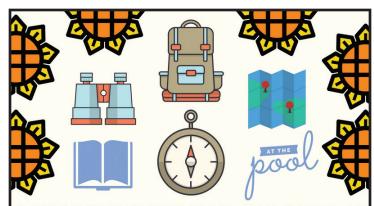




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PC 459: BurglaryResidential May 01, 2017 11:00 PM 58XX Shelldrake Ct, Fair Oaks, CA 95628

PC 530.5(B): Using Another Person's Identifying Info May 01, 2017 1:00 PM 69XX Santa Juanita Ave, Orangevale, CA 95662

PC 415(2): Disturb By Loud/Unreasonable Noise Apr 30, 2017 1:00 PM 124XX Fair Oaks Blvd, Fair Oaks, CA 95628

PC 487: Theft from Motor Vehicle Apr 30, 2017 7:15 AM 83XX Greenback Ln, Fair Oaks, CA 95628

PC 247(B): Shoot At Unoccupied Dwelling/Vehicle/Etc Apr 29, 2017 6:00 PM 85XX Pershing Ave, Fair Oaks, CA 95628

PC 247(B): Shoot At Unoccupied Dwelling/Vehicle/Etc Apr 28, 2017 9:00 PM 86XX Blythe Ave, Orangevale, CA 95662

PC 459: BurglaryResidential Apr 27, 2017 7:30 AM 88XX Greenhalgh Ln, Orangevale, CA 95662

PC 459: BurglaryCommercial Apr 27, 2017 6:33 AM 75XX Beech Ave, Orangevale, CA 95662 PC 484: All Other Larceny Apr 25, 2017 11:00 PM 85XX Biruta Ave, Orangevale,

CA 95662 ZZ INFORMATION: Missing Person Apr 25, 2017 7:00 PM 73XX Hazel Ave,

Orangevale, CA 95662

PC 484: All Other Lerceny Apr 24, 2017 11:00 PM 71VV Almend Ave. Orangevale

PC 484: All Other Larceny Apr 24, 2017 11:00 PM 71XX Almond Ave, Orangevale, CA 95662

459 PC: Burglary Residential Apr 24, 2017 3:00 AM 80XX COPPERWOOD DR 594(b)(1): Vandalism over \$400 Felony Apr 24, 2017 12:38 AM 73XX SINGLE WY PC 273.5(A): Inflict Corporal Injury On Spouse/Cohabitant Apr 23, 2017 12:30 AM 84XX Old Ranch Rd, Orangevale, CA 95662

PC 459: Theft from BuildingCommercial Apr 22, 2017 8:00 PM 63XX Main Ave, Orangevale, CA 95662

PC 311.11(A): Possess/Etc Obscene Matter: Minor In Sexual Acts Apr 22, 2017 6:00

OMMUNITY CALENDAR

MAY 13 Estate Planning Basics: This Saturday. May 13th at 10AM Learn how wills and trusts can protect you and your family an interesting friendly environment with Attorney Sam Swenson at The Swenson Law Firm in Orangevale. Call 916-333-0833 to reserve your seat.

MAY 16

Camellia Chapter, The Embroiderers' Guild of America, is meeting Tuesday, May 16, 7:00 p.m. at the Rancho Cordova Library, 9845 Folsom Boulevard, Sacramento. The program will be on design software. We welcome guests. Free. 916-223-2751.

MAY 18-21

The Pinebrook Theatre Group presents "BROADWAY GOES HOLLYWOOD" Our singing and dancing seniors with live music by the Elaine Lord Trio present excerpts from "George M!" "42nd Street" "Of Thee I Sing" "Singing in the Rain" Pinebrook Village Club House, 7900 Folsom-Auburn Rd. Folsom

Thurs May 18 2:30 PM Fri May 19 7:30 PM Sat May 20 7:30 PM Sun May 21 2:30 PM Tickets \$12 Reserved Seating are on sale May 13 from 10 am - noon at Pinebrook Village. Call 916-987-6561 Leave message and phone number.

May 22

8th Annual Knights Charity through Golf Tournament at Serrano Country Club in El

\$175. Foursomes - \$640. Net proceeds support the Developmental Disabilities Service Organization and the Heartright Foundation which serve adults with special needs. Register online at KCTG.net or call 916-987-0455.

YOUTH JUNE 3 CRIBBAGE TOURNAMENT Hosted by Gold Country Cribbers #306, El Dorado Hills Senior Center- Two age groups (11 and under & 12 thru 18). \$7.00 entry fee- includes snacks, lunch & prizes. Must understand the basic concepts and rules of Cribbage (ACC rules). 'Grumpy' Don Contact Howard (916) 212-2465 or grumpydopey@sbcglobal.net

Dorado Hills. Single player - Adults every Wednesday Gold County - 6:30 pm. -Cribbers For information Cribbage Clubs and Cribbage. - go to cribbage.

SENIOR **LUNCHES**

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2. please call 916-988-4373 for more details.

Say You Saw It In the OV View" Your Support Keeps Us Going!

FOR ADVERTISING OPPORTUNITIES CALL BRAD **TATUM AT** 916.899.0207 Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more

than 100 high-traffic

locations.

ROUPS & MEET UPS

WEEKLY

EVENTS

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more

Orangevale Overalls Square Dance Club Meet every Monday 7-9pm at THoly Family Parish 7817 Old Aubum Rd, Citrus Heights

TOPS (Take Off Pounds Sensibly) meets Weekly Church of Christ, 5915 Main Ave, Orangevale. Info call 988-6827

TOPS (Taking Off Pounds Sensibly) meets every Wednesday, 9:30-11:30 AM, at the Heritage Oak Glen Mobilehome Park Clubhouse, 6900 Almond Ave., Orangevale. For more information, call Vic at (916) 967-1418. New attendees always welcome

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

SERTOMA - SERvice TO MAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's starting 9/13@9:45-11:45 at the Orangevale church of Christ, 5915 Main Ave. Series: House or Home by Chip Ingram. Free childcare & Preschool program. Go to ovchurch. org/family

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdawn Way Orangevale, Please call for details at 968- 1039 or 988-4810 Everyone is welcome

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day . Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los martes 6:00 p.m-7:15 p.m. en American River Alano, 9346 Greenback Ln. Ste 8, (entre Walnut y Main) Orangevale

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For for more details at 988-9474

Support Group Sessions Diabetic - Arthritis ibromyalgia Every Tuesday 10AM - 12PM & 2PM - 4PM 9198 Greenback Ln #208 916-989-9922"

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM. in Room 4. Divine Savior Catholic Church. 9079 Greenback.

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www. foodaddicts.org.

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website:www.saintfrancisfairoaks.org and follow us on facebook

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www. facebook.com/groups/1033947523343437/

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 OakAve. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a riendly atmosphere. (916) 792-5561

MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S **CLUB** Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-

Parkinson's Support Group -First Thurs. of the month 10:00 AM. The mission is to help people and families who are affected by Parkinson's disease and related conditions. Eskaton FountainWood Lodge is located at 8773 Oak Avenue,

916-988-2200. Orangevale meeting is free.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month. 7PM. Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave. OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens s Club meets the 3rd Tuesday of each month Sept. through May Maidu Community Center, 1550 Maidu Drive, Roseville. Doors open 12:30. Garden experts speak at each meeting. GUESTS WELCOME! Call 784.0418 for information.

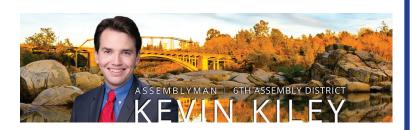
21

COMMUNITY SPOTLIGHT









On April 20 State Assembly voted 76-0 in favor of ACR 21, a resolution urging California's universities to renew their commitment to freedom of speech as a foundational campus value. The resolution was authored by Assemblyman Kevin Kiley (R-Roseville) and Assemblyman Bill Quirk (D-Hayward).

"Usually with legislation, we are asked to support one idea or another," Kiley said on the Assembly floor. "Today's resolution is a lot easier: we're supporting ideas themselves, at the place where they are most vital – our institutions of higher learning."

Assemblyman Quirk also spoke on the measure. "As a scientist and teacher at three universities I strongly believe that free speech is one of the most precious rights we have," Quirk said. "However, after the violent demonstrations at the UC Berkeley campus, many believe that California doesn't actually allow for free speech. We have to change that. I know that colleges and universities struggle to balance free speech and free expression; but Î also know it can be done. The University of Chicago and UC Irvine have shown us how we can develop the right policies to ensure free speech."

The resolution asks California universities to adopt what is known as the University of Chicago Statement on Free Expression, or a similar free speech statement, that guarantees "all members of the University community the broadest possible latitude to speak, write, listen, challenge and learn," and that affirms the university's "solemn responsibility not only to promote a lively and fearless freedom of debate and deliberation, but also to protect that freedom when others attempt to restrict it."

Its passage takes place against a

backdrop of several high-profile instances in which campus speech was limited or shut down. That includes protests at Berkeley, Davis, and Middlebury, as well as the proliferation of restrictive speech codes and a rise in disinvitations to campus speakers (totaling 43 reported instances in 2016, up from six in 2000). The trend is referenced in the prologue of ACR 21, which cites a statement from UC Chancellor Janet Napolitano warning that "freedom of speech" is giving way to "freedom from speech" on college campuses.

Eighteen universities have free speech statements modelled on the Chicago Statement on Free Expression. The California State Assembly is the first legislative body in the country to urge its adoption.

PLAY SERRANO MAY 22 IN KNIGHTS' CHARITY GOLF TOURNAMENT

Come to Serrano Country Club in El Dorado Hills on May $22\ {\rm for}$ a rare opportunity to play one of Northern California's finest golf courses. The exclusive country club will be open on Monday, May 22 to participants in the Knights of Columbus Charity Through Golf Tournament that benefits the Developmental Disabilities Service Organization and the HeartRight Foundation that serve adults in the Greater region Sacramento developmental disabilities. Last year, the tournament raised \$40,000 for the two organizations. The tournament begins at noon with a 4-person scramble shotgun start. The \$175 entry fee includes 18 holes of golf, riding cart, welcome gifts, driving range, caddy for each foursome, mulligan/raffle package, lunch, beer and sodas, cocktail hour, awards dinner and chances to win lots of prizes. The tournament is sponsored by Beacon Wealth Strategies/ Raymond James Financial Services. ontact the Knights of Columbus at Divine Savior Catholic Church, Orangevale at 916-987-0455 or visit the website at www.KCTG.net



LOCAL INFORMATION

NORTH DIVISION

NORTH DIVISION

Dewey Service Center

5484 Dewey Dr. #235 (916) 875-5484 8:00am—5:00pm Mon - Fri 9:00am-4:00pm Tues/Thurs
Commander; Captain Kristofor Palmer 874-1013
Assistant Commander; Lieutenant Matthew Petersen

Operations Lieutenant; Lieutenant Todd Henry 874-

Problem Oriented Policing Sergeant Michael Haynes 876-5729

Ongoing Law enforcement issues northPOP@ sacsheriff.com

Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks

Transient Enforcement Team (TED) northTED@ sacsheriff.com 874-1025

District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874 3064 linthicumr@sacda.org

North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com

Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com

CALIFORNIA HIGHWAY PATROL (Dispatch) 861-1300

CHP -North of Amer Rvr 250pop@chp.ca.gov 348-2300

CHP -East of Sunrise 260pop@chp.ca.gov 464-

1450

PARK POLICE POP@fecrecpark.com 874-5115 Park Police handle districts except: DEPARTMENT SERVICES

Alarm Bureau 874-4616 Gun Permit Information 874-5864

Identification Bureau 874-8093
Office of Information/Media Bureau 874-5021

Parking Enforcement Detail 876-6642

Property Bureau Information 875-5650 Records Bureau 874-5383

Recruitment Information 875-0085

Red Light Enforcement Program 876-6643 Towing Detail 876-6641

Adult Protective Services 874-9377

Animal Control push 2, for 24hr assistance 875-5232

Child Protective Services 875-5437 Restraining Orders 875-3400 Graffiti Abatement on public property (DOT) 875-

Graffiti Abatement on SMUD property 732-6043
Graffiti on private property or abatement 875-

North Division Detectives Burglary and property crimes 875-5388 Crimes against Persons 874-5070

North Division Information 874-1021 SAC COUNTY 311 CONNECT Neighborhood Nuisance Complaints

(Abandoned shopping carts, vehicles, illegal

dumping, missed garbage pickups, potholes, street light problems

and vacant or dangerous buildings, animal Care, environmental health, building permits, planning, code compliance).

http://www.311.saccounty.net/ 311

CORRECTIONAL FACILITIES
Sacramento County Main Jail 874-6752

Rio Cosumnes Correctional Center 874-1827

Juvenile Hall 875-6996

INVESTIGATIVE SERVICES

Centralized Investigations Division 874-5041

Child Abuse Bureau 874-5191

Civil Division 875-2665

Hi-Tech Crimes Task Force 874-3002

Homicide Detail 874-5057

Identity Theft Task Force/Real Estate Fraud 874-3000

Robbery Detail 874-5051

Sexual and Elder Abuse Bureau/Crimes Against People 874-5070

Sex Offender Registration Detail (Recording) 874-5090

For burglary, vandalism, and assault report follow-up contact Detectives.

GOVERNMENT

OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR Ted Gaines Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762 1Phone: 916-783-8232 Fax: 916-783-5487 senator. gaines@senate.ca.gov

ASSEMBLY MEMBER

kEVIN KILEY District Office-8799 Aubum Folsom Rd, Ste A, Granite Bay 95746 916-774-4430 https://ad06.asmrc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491:

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net

G.L.O.V.E. (Greenback Lane OrangeVale Envisions)
Meets 4th Wednesday of the month 6:00 pm Location
will vary. For more information email glove@
surrewest net

The Sheriff's Dewey Service Center

Located at 5484 Dewey Drive is in the Safeway Shopping Center Volunteers can help you in filing crime reports and answering questions. The office is open: Monday 10-5, Wed 10-7 Fri 10-5

CHURCH INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net, http://www.calvaryfo.org

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/ Primary 11:20am PH/Relief Society/ Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/ Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. www.divnesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday Worship: 9am Classic, 9am 10:40 Modem Casual. Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Sunday Worship 10:45am and 6pm First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo. org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modem Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Moming Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch. org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Comer of Kenneth & Madison in Fair Oaks 9am Classic Service 10:30am Modem Service 916.988.2390 www.hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, rcc@redeemercov.com, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Tuesday Night Free Community Dinner at 6pm – open to everyone, Tuesday Night Youth programs at 6:45pm. Small Wonders Christian Preschool, 3's—T/Th & PreK—M/

W/F - call 916.988.0998, www. smallwondersorangevale.org.

St. Francis Episcopal Church 11430 Fair Oaks Blvd.Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)





For Leasing Information call 916.988.0200 Park Plaza 9267 Greenback Lane, Orangevale