



CASA JR ROTC FOLSOM LAKE PROJECT PAGE 22



REGAGGE SENSATION "MYSTIC ROOTS" PERFORMED FRIDAY AT ORANGEVALE POW WOW DAYS.

Photos by Chris Morairty Photography



EVERYONE LOVES A PARADE 2017 ORANGEVALE POW WOW DAYS.



The Orangevale Grange has been community providing service in Orangevale for 107 years. Continuing their community service the Grange is again sponsoring a Free Community Fireworks Demonstration Show on The show will be held July 3rd. out in the beautiful meadow behind the Grange Hall located at 5807 Walnut Avenue in Orangevale. Walnut is between Madison Avenue and Greenback Lane. Families are encouraged to come out with their lawn chairs and blankets to enjoy music, fire trucks and a FREE fireworks show around dusk. You are encouraged to come early to get a good spot and enjoy the snack bar hosting \$1 hot dogs and snow cones.

We are excited to have the Rythm Club Band as the main entertainment this year. Parking can be a challenge so come early. Many of Orangevale's wonderful local businesses donate great items for the raffle. So come early to get a good spot and have a \$1 hot dog.

Again this year the fire trucks from the Metro Fire Department will be on site allowing kids of all ages to sit in the fire truck. The kids will get stickers and coloring books and parents will be given literature on how to keep their family safe during the July 4th holiday.

show.

There will be a snack bar on site and all items are a \$1 each. All the proceeds are used to support the Dictionary for Thirds Project, The Grange is looking forward to a great turnout so get there early for the best seat. Come and have a dollar hot dog or snow cone at



The School Back Pack Program, Friends of the Orangevale Library and the Orangevale Food Bank along with many other charities. After the fireworks display is over you will want to hurry up to the onsite fireworks booth to purchase the fireworks you liked best in the

\*\*\*\*\*ECRWSS\*\*\*\* LOCAL POSTAL CUSTOMER

the snack bar opening at 6:30 PM, with the other festivities starting soon thereafter. The fireworks demonstration show will begin around dusk. For more information call (916) 417-9750.

> Pre-Sort Standard U. S. POSTAGE PAID PERMIT NO. 17 DRANGEVALE, CA 95662

Photos by Tom Paniagua



**Image Pros Photo** Can do all this and more.....



Graduation Announcements Greeting Cards Memory Card Recovery Photo Restoration **Photography Services Photo Gifts Scanning Services** VHS to DVD **Slideshow Creation Passport Photos** 

Image Pros Photo 916-987-7000 9267 Greenback Ln # C-4 Orangevale, Ca 95662 www.imageprosphoto.com in the Park Plaza Shopping Center

For Leasing Information call 916.988.0200 Park Plaza 9267 Greenback Lane, Orangevale

### Contents

**6** SPORTS

**14 ORANGEVALE** COOKS

**15 PETS** 

16 PROFESSIONAL, BUSI-NESS & SERVICE DIREC-TORY

**20 CLASSIFIED** 

**21 COMMUNITY GROUPS & CALENDAR** 

**22 COMMUNITY SPOTL** LIGHT

**ORANGEVALE VIEW** 9172 Greenback Ln. #C Orangevale, CA 95662 **For Advertising Call** (916) 899-0207 Editor@ovview.com

www.OVVIEW.com

Member of Orangevale Chamber of Commerce



ABOUT THE **ORANGEVALE VIEW** 

The "Orangevale View" - the award-winning ultimate. community newspaper - serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

### **DUET DEZIGN SALON New Clients 10% Off Services**



 Creative Coloring Precision Cutting Body Waves Super Styling

8940 Greenback Lane Ste 120 Orangevale, CA 95662 916.989.5004

**STATION FOR RENT** 

#### Calendar items of 45 words or less. (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

original author;

**Requirements are simple:** 

(1) Acknowledge that either you are the author or you have

permission to publish from the

(2) Articles should not exceed

300 words. We like Community

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

> DATES TO **REMEMBER:**

JUL 2017 Wed Jul 5. 2017 DEADLINE Thu Jul 13, 2017 Out To Public Wed Jul 19, 2017 DEADLINE Thu Jul 27, 2017 Out To Public AUG 2017 Wed Aug 2, 2017 DEADLINE Thu Aug 10, 2017 Out To Public Wed Aug 16, 2017 DEADLINE Thu Aug 24, 2017 Out To Public

STAFF: Brad Tatum -Publisher/Advertising

Lisa Montes -Editor

**Reporter - Elizabeth Brown** Suzanne Feblowitz - Recipes

Photographer Tom Paniagua Chris Morairty

AWARD WINNING PAPER Business of the Year 2013 Business Person of the Year 2010 Editor - California Senate Woman of the Year 2012

FOR ADVERTISIN **OPPORTUNITIES** CONTACT BRAD TATUM. AT 916-899-0207 \*\*\*

Denise & Dianne

PARK PLAZA



Celebrating Over 30 Years • Family Owned & Operated

GOLDENEAIRE

**HEATING and AIR CONDITIONING** 

916-988-6137 www.goldenaire.net

- Licensed & Insured
- EPA Refrigerant Handling Cert.
- Qualified Duct Testing & Sealing CF-6R Compliance
- A SMUD Participating Contractor
- TRANE Comfort Specialist Since 1999
- CA Lic# 423363





# LETTER TO THE EDITOR

#### (916) 988-0987 Business

(916) 988-2647

Home

### TOM TOMICH

#### "Orchard Fresh Fruit" In Season

Cherries • Peaches • Plums • Apricots Nectarines • Asian Pears • Persimmons Figs • Olives • Sun Dried Fruit Various Vegetables

6331 Filbert Ave. Orangevale, CA 95662 Next To Divine Savior Church (North On Filbert – Off Greenback)

### loneforestwolfphotography.com

All Sports Youth Sports Activities Special Corporate Events Outdoor Portraits T-Shirts and More!

TOM PANIAGUA Photographer 916.990.5754 oneforestwolf@gmail.com



#### You can't do everything at once, but you can do it all in one place.

#### Digital printing and document services We provide a full range of document services, including: Full-color digital printing, binding, laminating and collating.

#### Mailbox services

With our mailboxes you get a real street address, not a P.O. Box number, package acceptance from all carriers and call-in MailCheck<sup>+</sup>.

#### Packing and shipping

Our Certified Packing Experts are here for all your packing needs. We even offer freight services for large or odd-size items.

### et address, tance from

The UPS Store

ups

8863 GREENBACK LANE ORANGEVALE 988-6302 5098 FOOTHILLS BLVD #3 ROSEVILLE 773-8091

he UPS Store centers are independently owned and operated by Licensed franchisees of Mail Boxes Etc., Inc., a subsidiary of UPS. Servicei and hours of operation may vary by incarion. Copyright 192008 Mail Boxes Etc., Inc. 41022540408

#### **Dear Editor**

I have lived in Orangevale for over fifty years. I grew up on a farm in Sutter County. A forty-five minute drive from here. My Great Grandparents started farming there around the 1860's. I have ancestors that immigrated and settled in Maryland in 1750. Some fraught in the revolutionary war hoping for a strong moral nation where they had religious freedom and the right to bare arms if necessary.

It's so sad and frightening to see those dreams being destroyed. Especially under the last administration. When president Obama took the oath of office that states he would uphold the constitution of the United States. Has he done so? His administration attacked our freedom of religion, our right to bear arms, our right to free speech with talk about amending those articles.

The majority of California's population votes democratic, but the majority of population the counties vote in republican. The ones that produce food for our tables. The democrats are biting the hands that feed them when they vote for leaders that put more taxes and restrictions on the farmers. The farmers pay a tremendous amount of money for property taxes, water, equipment and more. Their taxes were already supporting Medical and other welfare programs when hit with the burden of of paying taxes to support Obamacare.

I ask the woman who wrote praising Obamacare, why should the ones who put food on her table pay for her health insurance? Does she want food at an affordable price or is she going to keep voting in ways that keeps forcing the Price to go up?

The democrats are wasting so much time and energy hating the republicans and the new presidency. There are a number of religions that have similar teachings about loving your neighbors. Aren't their any among the democrats? Ruth N. Jeter

#### Community social mixer with live music at Orangevale Library July 16

The public is invited to a friendly, free Social Mixer at the air conditioned retreat that is Orangevale Library, Sunday, July 16, 2:15pm to 4:30pm.

Visit and/or make new friends in a genial setting. Enjoy cool, non-alcohol beverages, live music---- Mr D's Classic Piano Bar--- and maybe some simple dance steps.

Mr. D is a seasoned and versatile vocalist who has performed professionally at local venues such as Rudy's Hideaway. Mr. D, who describes himself as a "blusey, jazzy, and soulful singer," performs with surprising range, keyboard accompaniment, and excellent showmanship.

We hope the entire community attends so that this social mixer, dubbed "Library Lounge" happens more often.

This free is event sponsored by the Library Orangevale and Friends of the Orangevale Library. The Orangevale Library is at 8820 Greenback Lane, Ste. L. Submitted by Darwin



Can

# ANNOUCEMENTS

### **PUBLIC** NOTICE

Public Hearing for the Orangevale Recreation & Park District 2017/18 Final Budget

Notice is hereby given that a public hearing to discuss the Orangevale Recreation & Park District final budget will be held on Thursday, August 17, 2017 at 6:30 p.m. at the Orangevale Community Center, 6826 Hazel Avenue. The public is invited to attend and speak about any item in the budget or regarding the addition of other items. The District adopted a preliminary budget for the 2017-18 fiscal year at the Board of Directors meeting on June 8, 2017. Copies of the budget are available for inspection at the District Office or on the District's website at www.ovparks. com.

### YOU ARE INVITED TO A FREE CONCERT AT



After 30 years of living and working here in **Orangevale I've suddenly** realized how much I love this town. I've owned and operated The Boardwalk for the last 30 years trying to bring some of the biggest names in music to our town...with some success. We are trying now to focus on our friends and neighbors here in Orangevale and present a fresh new face to The Boardwalk. Newly

remodeled and looking for a fresh start we are inviting everyone (21 and over) to a free country music event Saturday July 1st. With The James Band. Come Aaron check out our fresh look, great food and friendly atmosphere. Doors at 7pm and show at 8pm.... hope to see you there. Mark Earl The Boardwalk





June 28th-July 4th Orangevale Park across from Casa Oak & Filbert on Oak

Proceeds benefit: Sober Grad Night Baseball, FFA, Dance, Softball, Wrestling, Lacrosse Water Polo, Soccer, Cross Country

#### SEE HOW MUCH YOU COULD SAVE



Our agency will show you plenty of ways to save money with the AARP® Auto & Home Insurance Program from The Hartford.

Call us, your local Hartford independent agency, today for a FREE, no-obligation quote.



#### **Bozzuto & Company Insurance** Services Inc. 9300 Madison Ave Ste. 100 Orangevale, CA 95662

800-400-6394 amanda@bozzutoinsurance.com www.BozzutoInsurance.com CA License #0C77495

Personal Insurance Agent

The AARP Automobile & Homeowners Insurance Program from The Hartford is underwritten by Hartford Fire Insurance Company and its affiliates, One Hartford Plaza, Hartford CT 06155. CA license number 5152. In Washington, the Auto Program is underwritten by Trumbull Insurance Company. The Home Program is underwritten by Hartford Underwritters Insurance Company. AARP does not employ or endorse agents or borkers. AARP and its affiliates are not insurence Sommany. The Home Program is underwritten by Hartford Underwritters Insurance Company. These lees are used for the general purposes of AARP. AARP membership is required for Program eligibility in most states. Applicants are individually underwritten and some may not qualify. Specific features, credits, and discounts may vary and may not be available in all states in accordance with state filings and applicable law. You have the option of purchasing a policy directly from The Hartford. Your price, however, could vary, and you will not have the advice, coursel or services of your independent agent.



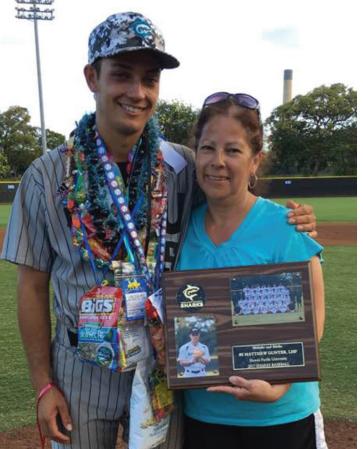
#### MATTHEW GUNTER - BELLA VISTA GRADUATE GETS DRAFTED TO TORONTO BLUE JAYS





COME OUT AND WATCH THE WORLD'S BEST COMPETE AS THE 2017 USA SOFTBALL Women's National team competes in an exhibition doubleheader





Matt and Becky (Mom) Gunter HAWAI'I PACIFIC'S MATTHEW GUNTER SELECTED BY TORONTO IN MLB DRAFT • Outdoor Kitchens & BBQ Isl

Hawai'i Pacific University All-American senior lefthander Matthew Gunter was chosen by the Toronto Blue Jays on Wednesday, June 14 in the annual Major League Baseball Draft.

Gunter, the senior starting pitcher from Orangevale, Calif./ Bella Vista, was selected with the 999th overall pick in the 33rd round of the MLB Draft. "We are so proud of Matt and wish him the best on his start in professional baseball," said HPU Coach Garrett Yukumoto. "He has been our shining star this season." Gunter was selected to the National Collegiate Baseball Writers Association AllAmerica Team as an honorable mention, after being a consensus selection as a First Team AllWest Region starter by the NCBWA, D2CCA and ABCA/Rawlings teams. He voted the PacWest Conference Pitcher of the Year and a First Team AllPac West selection, and was named the NCBWA's Division II West Region Pitcher of the Year.

Gunter went 64 on the season for the 20282 Sharks with a 2.09 ERA, which ranked second among PacWest and West Region starting pitchers. He led the conference, the West Region and ranked 15th in NCAA Division II with an HPU program record 102 strikeouts. He notched doubledigit strikeouts in six games, including a careerhigh 12 against Holy Names. He led the conference and region with five complete games and tossed a seveninning nohitter against Hawai'i Hilo. Gunter was twice named the PacWest Pitcher of the Week and was twice selected the NCBWA as the West Region Pitcher of the Week.

• Outdoor Kitchens & BBQ Islands Family Owned & Operated







(916) 987-1090 • info@ovcopy.com 9267 Greenback Lane #C5 • Orangevale, CA 95662

PARK PLAZA

For Leasing Information call 916.988.0200 Park Plaza 9267 Greenback Lane, Orangevale



**Our Estate Planning Services Include:** 

- Estate Planning- Wills- Tax Strategy
- Probate and Trust Administration
- Powers of Attorney- Medical and General

Protect You...and Your Family



www.swensonlawfirm.com 8788 Greenback Lane, Suite 105, Orangevale, CA

### ELIMINATING OUR POLLING PLACES



District 4 County Supervisor Sue Frost

ELIMINATING ORANGEVALE POLLING LOCATIONS

On June 6th of this year. Sacramento County voted to fundamentally change the way we vote in all of our future elections. Previously, vou had the choice to either mail in an absentee ballot, or to go physically vote at one of the 28 Orangevale polling locations. Now, the number of Orangevale polling locations will be dramatically cut down to likely only 2 locations, you can physically go in and vote several days before Election Day, and everyone will be mailed an absentee ballot whether you want it or not. I was the sole vote against this change, so I want to take the opportunity to explain why. Firstly, I am deeply concerned that this will open the door to more voter fraud. This change is occurring at the same time automatic voter registration is going into effect. Consequently, thousands of ballots will be automatically mailed to people who may have moved, who may not realize or remember that they are registered to vote, or who may have no intention of voting. This would mean thousands of absentee ballots in circulation that may not reach the intended recipients

or that may be discarded due to the fact that it is unexpected. These ballots become ripe targets for fraud.

Secondly, I think this will be far more difficult to implement than is expected. In Denver, a similar program led to technical glitches and long lines. They had to hire hundreds of additional workers (rather than poll volunteers), purchased hundreds of new machines, and some people had to wait in line for hours. In Arizona, news reports showed some wait times of 5 hours or more due to the technical problems. This is unacceptable in a modern democracy.

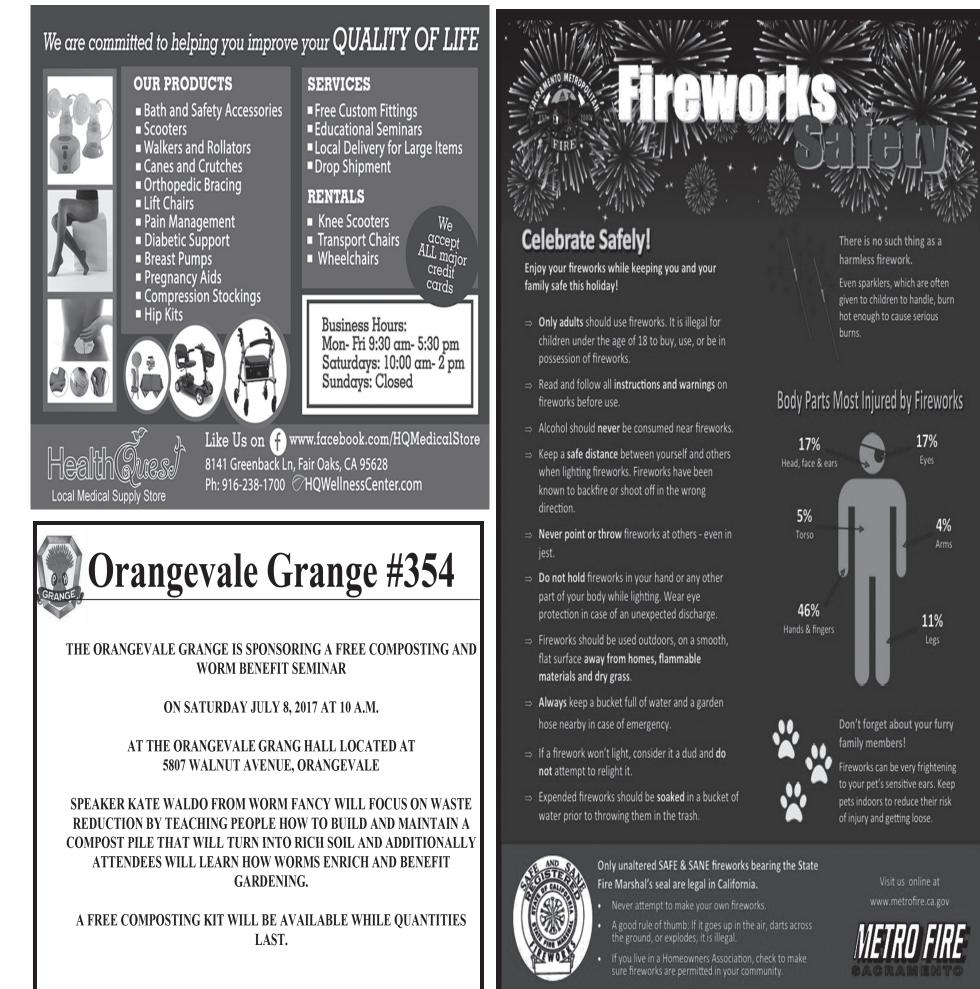
Lastly, and most importantly, my district is opposed to it. In a professional survey of Sacramento County, it was found that only 33% of people in my district were in support of this change. People who answered the survey were used to voting at their traditional polling place, are concerned about voter fraud, and are concerned about having to drive 5-10x further in order to vote. Further, my district is concerned that this burden will fall disproportionately on

those who are less mobile, the poor, disabled, and the elderly. In the end I knew that I would be the only vote against this proposal and that this change would come, but in my heart I knew that I wouldn't be doing a good job representing Orangevale if I voted for something you are opposed to, and something I have so many lingering concerns about. My colleagues who voted for this change had good reasons for doing so, with the most persuasive reason being that it may reduce costs. But in my experience, everything the government does comes with a higher price tag than anticipated.

Thank you for reading – and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@ saccounty.net.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. By County Supervisor Sue Frost





PLEASE RSVP BY JULY 5<sup>TH</sup>, 916 863-5915



### PET SAFETY TIPS

#### BASIC SUMMER PET SAFETY TIPS

We all love our pets but not everyone is aware that the summer months aren't only uncomfortable, but they can even be dangerous for pets. I always remind my clients who have pets of these few simple tips.

Never leave your pets in a parked car. Not even for a minute. Not even with the car running and air conditioner on. On a warm day, temperatures in a vehicle rise quickly to dangerous levels. On an 85-degree day, for example, the temperature inside a car with the windows opened slightly can reach 102 degrees within 10 minutes. After 30 minutes, the temperature will reach 120 degrees. It's always a good idea to just leave your pet at home.

Limit exercise on hot days. Take care when exercising your pet. On very hot days, you should exercise your pet either in the early morning or evening hours.

Check the pavement. Asphalt gets very hot and can burn your pet's paws. If the ground is too hot for your hand then it's too hot for your pet's feet. You should also always carry water with you to keep your pet from dehydrating.

Always provide ample shade and water. When your pet is outside, protection from heat and sun and plenty of fresh, cold water is crucial. In heat waves, add ice to water when possible. Tree shade and tarps are ideal because they don't obstruct air flow. A doghouse does not provide relief from heat—in fact, it makes it worse.

Keep your house cool. Pets respond differently to heat than humans do so it's a good idea to leave the AC on or if you don't have one, open the windows and turn on a fan. Watch for signs of heatstroke.

Extreme heat can cause heatstroke. Animals are at risk for heat stroke if they are very old, very young, overweight, not conditioned to prolonged exercise, or have heart or respiratory disease. Some signs of heatstroke are heavy panting, glazed eyes, a rapid heartbeat, difficulty breathing, excessive thirst, lethargy, fever, dizziness, lack of coordination, profuse salivation, vomiting, a deep red or purple tongue, seizure, and unconsciousness. If your pet is experiencing any of these symptoms, take them to the vet immediately. Terrie Hunt, Broker River Ridge Realty - BRE# 01213387

Office (916) 988-8880 Email: TerrieHunt@ RiverRidgeRealty.net "Best in Client Satisfaction"-Awarded Five Star Realtor for 2012-17 Sacramento Magazine

#### Capitol Pops Concert Band celebrates America with Independence Day weekend concerts in Fair Oaks, Roseville

The Capitol Pops Concert Band will celebrate America's 241st birthday and continue its landmark 20th anniversary season with a pair of free, public, family-friendly concerts over the extended July 4 holiday weekend.

The band will get things going with a spirited Celebrate America concert from 6:30 p.m. to 8:30 p.m. Sunday, July 2, 2017, at Fair Oaks Village Park, 4238 Main St., in Fair Oaks.

On Tuesday, July 4, 2017, the Capitol Pops once again will perform its outdoor Fourth of July concert, from 11 a.m. to 1 p.m. at Royer Park, 190 Park Drive, in Roseville. The band's annual performance is part of a full day of red, white and blue festivities, including a morning parade, in Roseville.

Under the baton of Director Kurt Pearsall, both CPCB concerts will include a mix of some of the band's traditional American popular standards familiar and patriotic selections celebrating the nation's founding in 1776. The concerts also will include music recognizing service veterans and branches of the U.S. military. Voice and instrumental soloists will be featured in both shows, which will include intermissions of about 15 minutes.

Concert-goers are encouraged

to bring blankets, lawn chairs and refreshments to enjoy the performances on the grounds of both venues, Various vendors will be at the concert sites as well.

Started in 1997, the CPCB has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concertgoers throughout Northern California. Based in Citrus Heights, the self-supporting, nonprofit community band of about 60 musicians represents a wide crosssection of the Sacramento area. For more information on the Capitol Pops, visit www.capitolpops.org or its Facebook page.



Back-to-School Needs Filledi The Clusels gave away 50-60 backpacks filled with supplies, cental hygiene kits (TB, TP & Floss). OV students also received a gift card for Payless Shoes.



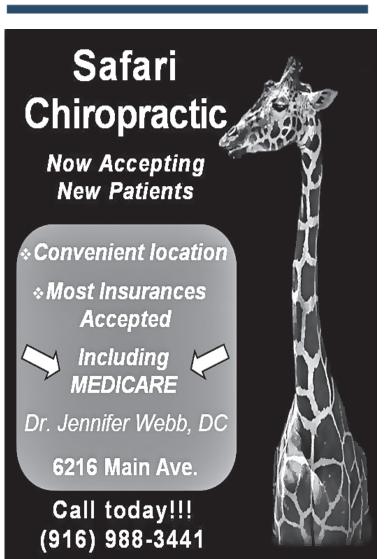
#### HELPING HANDS

#### **Donations Accepted Mondays 8 AM-Noon**

- Gently Used Clothes
- Canned Foods (No expired dates please)
   Soups, Beans, Vegetables, Pasta Souces
  - Dried Foods
  - Beans, Pasta, Rice



Orangevale SDA Church & Community Services 5810 Pecan Avenue, Orangevale, CA95662







The Orangevale Grange Independence Day Celebration

> Free Admission BRING THE ENTIRE FAMILY

Time: 6:30 pm Where : Orangevale Grange 5807 Walnut Ave, Orangevale

**BRING CHAIR & BLANKETS** 

Fireworks Demonstration: Dusk RHYTHM CLUB BAND 7-8:30 pm SNACK BAR - RAFFLE

For information call (916) 417-9750 or (916) 988-8871 No Dog or Alchol allowed





by Suzanne Feblowitz

The tomatoes in gardens should be getting ripe by now, so this recipe would be perfect for your Fourth of July barbecues. This recipe is a combination of recipes: one that I found in the Sacramento Bee several years ago and another from one that my mother uses. This dish is best eaten on the day you make it, but it will also make a nice lunch or leftovers the following day, too. We would love some new recipes, so if you have any recipes, please send them to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email address in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name

#### PASTA SALAD WITH FRESH TOMATOES AND BASIL

6-8 medium sized garden fresh tomatoes, cored and diced 4-5 tablespoons olive oil

1 teaspoon oregano 2 tablespoons fresh chopped parsley 4 cloves garlic, chopped 4 oz. fresh basil, chopped (I get a basil plant at Trader Joes and use that!) 1/3 cup feta cheese 1/3 cup pine nuts, toasted 2 tablespoons balsamic vinegar (optional) 1 pound penne pasta,

cooked

Prepare pasta. While the pasta is cooking, warm the oil in a large skillet. Turn the heat to low and add the tomatoes, oregano, parsley, and garlic. Stir gently and cook for about 5-7 minutes on low. You are basically just letting the flavors come together. When everything still looks fresh and things start smelling delicious, add the basil and mix in gently. Finally, add the vinegar and mix in, and then remove from heat.

Put pasta in a serving dish. Pour the warm tomato mixture over the pasta. Mixture should not be hot. If it is hot, allow to cool. When cool, toss with the feta and pine nuts. Serve as a main dish or as a side dish. Serve warm or cool.

Note: You can adjust the amount of ingredients after you make the recipe. I probably use more tomatoes, feta cheese and pine nuts than noted above.

My sister doesn't like feta cheese, so she uses shaved parmesan cheese.



SHARE YOUR COMMUNITY SPOTLIGHT WITH THE VIEW! Send article & photos and stories to editor@ovview.com.

**Orangevale CA 95662** 



Is shaving your double coated dog actually keeping it cool in the summer?

Double coated breeds such as Golden Retrievers, Labs, Pomeranians, etc., have guard hairs that are shiny and tough, and may come in many different colors. These hairs stand away from the body. The secondary or undercoat hairs are shorter and closer to the skin, often looking dull and fluffy. These are the hairs you might find scattered throughout your house.

When the weather is cold the coat stands out, holding in a layer of heat above the skin. When it is warm the coat lavs flat, allowing body heat to escape. This natural process helps regulate a dog's body temperature and differs from how the human body responds to temperature changes. Because of the nature of their hair and underlying skin, when double coated dogs are shaved, their regulating mechanism is removed, resulting in the dog becoming colder or hotter depending on the external temperature.

In addition, when shaved, these dogs are more likely to be victims of bug bites, sunburn, and scratches.

A lot of people think they are helping their dog stay cool by shaving it, generally during the summer. Evolution has provided dogs exactly what they need to survive. By shaving away their natural ability to warm or cool themselves you might be doing more harm than good. Dogs are not like people. They do not cool themselves down by perspiring through

their skin or by removing layers of clothes. Dogs have the ability to cool themselves down by panting, and they can only sweat through their paw pads.

If you feel your dog is hot, you can take a damp towel and use it on the outside and inside of the ear leather. The veins in the ear are a vital organ that will also help keep your dog cool in summertime.

Clipper alopecia

In addition to creating problems for a double coated dog's natural ventilating system. shaving these breeds with a clipper blade often results in clipper alopecia. The condition occurs when the dog's coat is shaved and the guard hairs do not grow back normally. Clipper alopecia is most likely to occur in spitz-type breeds like Pomeranians or huskies, perhaps because of the density of their guard hairs. Some of the hair will grow back, but there will be many bald patchy areas.

Maintaining double coated dogs

The key to maintaining double coated breeds is regular grooming every 6 to 8 weeks. Brushing with a pin brush or a slicker brush is a good way to keep the coat conditioned and tangle free. Be sure you brush thoroughly down to the skin. If you have questions or concerns about the condition of your dog's coat, you are welcome to bring it to our grooming salon to discuss an appropriate treatment or cut



#### KATHLEEN SCHULTS

that will not damage your pet's hair.

Unfortunately, many pet owners are not told about the risks involved when getting their dog shaved. The only time we ever shave a dog down to the skin is when the pet owner understands the risks, or if the dog is heavily matted, or when there is a medical problem that we have reviewed with the owner.

We hope you find this information valuable. Have a great day and stay cool out there!

You can find us at The Prancing Poodle Grooming Salon, 9346 Greenback\_ Lane, Suite 1, Orangevale CA 95662. We are open Tuesday through Saturday. If you have any questions or would like to schedule an appointment, please call us at

916-202-9292



# GET A **FREE** FIRST EXAM!

It's a risk-free way for you to see the care and special attention we give to each pet.

At VCA American River Animal Hospital, you can look forward to:

- Dedicated, caring professionals
- A clean pet- and people-friendly environment
- State-of-the-art medical and surgical equipment
- Some exotics & pocket pets seen

#### We can't wait to meet you and your pet!

For new clients only. Not to be combined with any other offer. Not good toward emergency and/or specialty veterinary services. Good for up to 2 pets (dogs/cats) per household. VSI Code: 700.500 Expires 12/31/17.

Call today to schedule an appointment and mention this ad to receive your pet's FREE First Exam.

VCA AMERICAN RIVER ANIMAL HOSPITAL 9391 Greenback Lane • Orangevale, CA 95662

916-273-3851



VCAamericanriver.com

MON-FRI 8:00 AM - 6:00 PM • SAT-SUN 9:00 AM - 5:00 PM

## **Professional Business & Service Directory**



# **Professional Business & Service Directory**



# We love this place

# I *love* this PLACE



Dementia Support Group Second Tuesday of each month at 2:00 p.m.

### ... and so do you!

Thank you, *Orangevale View* readers for voting us best in senior services out of so many choices. We love this place ... and it shows!

\* *Restrictions apply. Call for details.* 

Inited Time Offer Extended!

\$1,000 off per month. Must move in by 7/31/17\*

### eskaton.org/efwl



Eskaton FountainWood Lodge Assisted Living and Memory Care Orangevale 916-900-1376 License # 347003574





### Chamber of Commerce

#### 2017 COMMUNITY BUSINESS EXPO & MEMBER APPRICIATION SIGN UP FORM

Event Date: Wednesday July 26, 2017 Deadline to enter July 24, 2017 Set-Up: 4pm Event Start Time: 5:30pm End Time: 7:30pm Set Up: Doors open 4pm (must be completed by 5pm)

#### Location:

### The Orangevale Grange Hall

5807 Walnut Ave., Orangevale 95662

Chamber Member: YES NO

Member Cost:

4" – **FREE** Upgrade Available:

8' - Premium Member - \$25

- 8' Basic Member \$75 (incl's upgrade to Prem. Membership)
- Non-Member:4' \$145 (includes annual Basic membership)8' Upgrade \$220 (includes annual Premium membership)

All Table Top Vendors are requested to bring at least one RAFFLE PRIZE.

Vendor Name:			
Contact Name:			
Contact Phone Days	Eves:		
Address			
City	State Zip		
Email	Web Site		

Payment Details       VISA     MASTERCARD       AMEX     Amount:				
VISA	MASTERCARD	ANEA	Amount.	
Credit Card#:		Expires:		
Code:	Authorized Signa	Authorized Signature:		
Call, Mail or Stop by the office at:				

Orangevale Chamber of Commerce 9267 Greenback Lane



916.988.0175

# CLASSIFIEDS

#### FOR SALE

Apollo I weight machine w/ leg,butterfly,arms, etc. 7 ft long \$100; rowing machine \$50 Call: 916-989-9318

Rattan table with 4 armchairs. Glass top is 41 1/2 inches round. Excellent condition. \$75.00. 916.622.3777.

Say You Saw It In the OV View" Your Support Keeps Us Going!

#### ANIMAL EXCHANGE



We have a Silkie Rooster that we would love to exchange for any breed of Banty Hen. If you are

interested, you can reach us at (916)987-1417.

#### **AUTO REPAIR**

AUTO REPAIR Licensed Mobile Auto Mechanic (Greg comes to you!) \$55. Service call + \$55. per hour + parts and materials Skilled Craftsmanship with attention to detail! Most domestic & foreign cars & trucks Over 30 years experience Dependable & Efficient with Local References 916-612-1247 www. gregs1service.com

#### AUTO DETAIL

CBR Auto Detailing Open 7 days \$115 Car, \$135 SUV, \$150 Truck or Van 9446 Greenback Lane, Orangevale 916.988.7555

#### CONSTRUCTION

Payton Construction General Contractor CSLB# 894894 916-247-1223 All phases of home improvement and remodel 20 years local experience Small Jobs Okay

#### CONCRETE

 TUCKER
 CONCRETE
 (916)-919-4728

 40+
 Years
 Experience
 Custom
 Concrete

 Work:
 Stamped, Color,
 Residential,
 and

 Commercial
 Projects
 Free
 Estimates,
 100%

 Satisfaction
 Guaranteed!
 Image: Note that the second se

#### DRYWALL

COMPLETE DRYWALL & ACOUSTICS No Job Too Big or Small. Free Estimate! Lic#309302 Phone916.989.4393 Cell 916.203.4393

#### ELECTRICAL

BONHAM ELECTRIC lic 905104 Remodel-New Const.-Service & Repair 24/7; Panel Upgrades-Lighting Retrofits-Voice-Data "35 Years Experience Quality work with Low Prices-Senior Discounts;Visa-Mast-Amex-Disc accepted 916-564-3530

#### **ESTATE PLANNING**

THE SWENSON LAW FIRM- Local OV Firm Estate Planning: Wills, Amendments, Trusts, Powers of Attorney, Health Care Directives. Business Services: Contracts, Employment Issues. Call 916-333-0833

#### HANDYMAN

Licensed Residential Handyman \$45. service call + \$45. per hour + parts & materials Skilled Craftsmanship with attention to detail! Over 30 years experience Dependable & efficient with Local References Serving 25 mile radius to Orangevale 916-612-1247 www. gregs1service.com

#### HOUSEKEEPING

CUSTOM HOUSECLEANING Dependable, 20 Yrs Exp, Excellent References, 987-7615

JANS HOUSE CLEANING: 25YRS EX-PERIENCE, VERY DEPENDABLE, EX-CELLENT REFERENCES, WEEKLY, BI-WEEKLY PLEASE CALL 916-878-9474

#### IRONING

Ironing in my home. Years of Experience call Virginia 916.988.8042

#### LANDSCAPING

LAWNS, SHRUBS, TREES, WEEDS mowed, trimmed, cut & hauled senior discounts, lowest prices 916-604-0332 Gilberto 604-0240

JOHN WILLIAMSON LAWN & YARD, res/comm. Weekly services, cleanups, pruning, aerations and gutters. Riding mower properties ok.916-508-2158 BizLic #336256

#### LANDSCAPING

TALL WEEDS, BLACKBERRIES CUT, discing, rototillling, grade, trenching, dirt moved, backhoe, bobcat, land clearing Driveways graveled, firebreaks; Dave 916-988-3283 www. BlackberryDave.com Lic. #57163

#### LAWYER

EWING LAW GROUP Free consultation, DUI Defence, Personal Injury, Family Law, Divorce, Custody, Support 916.668.6786

#### LUMBER

Penryn Lumber 916-988-0988 4x8 3x3 PECKY CEDAR .35 LF 3x6 ECKY CEDAR .70' LF

#### PAINTING

PAINT-IT-RIGHT - Custom Home Painting: Interior/Exterior/Powerwashing 916-207-3093 Contractor License # 659655

#### PET SITTING

Established reputation. Professional loving pet care. Kennel free, happy and safe environment. Lots of TLC. Affordable rates. Call Madeline (916)723-1608

#### ROOFING

HIGH TECH ROOFING, INC. LIC #505189 "GIVE US A CALL, WE DO IT ALL"! Re-Roofing & Repairs 916-725-4429 Call Us Today For a Free Estimate

### WANTED

DIABETIC TEST STRIPS. CASHPAID On-The-Spot. Factory-Sealed & Unexpired Only. Call Mick or Donna: 916-729-5154 or 916-549-0576

Amateur Singer who loves the old songs is searching for someone to accompany with keybord, accordion or guitar. Back up singing a plus, but not required. Entertainment at local retirment communities for little or no money. Interested? Contact Chaz 916.599.0461 (9am-8pm)

Wanted! Wanted! Homes on ½ acre or more Any Condition Cash Fast Local OV Buyer David 916-337-3038

DEAD OR ALIVE Old VW & PORSCHE Other Collectibles Coke, Car Advertising Signs, Old Pedals Cars, and VW Parts. CASH PAID & WILL TOW - Call Eric 916.600.3423

#### FOR ADVERTISING OPPORTUNITIES CALL BRAD TATUM AT 916.899.0207 Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more than 100 high-traffic locations.

#### Crime Date / Time Address Agency Jun 23 2017 9-14 PM 68XX SUNRISE 487(a) PC: Grnd Thft:prop/Etc \$950+ Citrus Heights Police Department ZZ INFORMATION: Missing Person Jun 22, 2017 5:02 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 22 2017 4·48 PM 89XX Coan I n Orangevale CA 95662 Sacramento County Sheriff Department 83XX BERMAN WALK WY Citrus Heights Police Department 487(a) PC: Grnd Thft:prop/Etc \$950+ Jun 22 2017 10:30 AM 594(A)(3) PC: Vandl:destroy Othr's Prop Jun 22, 2017 1:17 AM 79XX LARWIN DR Citrus Heights Police Department ZZ INFORMATION: Missing Person Jun 21 2017 7.09 PM 89XX Coan Ln. Orangevale, CA 95662 Sacramento County Sheriff Department 77 INFORMATION: Missing Person Jun 21 2017 7:09 PM 89XX Coan I n. Orangevale, CA 95662 Sacramento County Sheriff Department 484(A) PC: Petty Theft 81XX SAN COSME DR Citrus Heights Police Department Jun 21, 2017 10:35 AM 466 PC: Possess Burglary Tools ANTELOPE RD/SUNRISE BL Jun 21, 2017 6:27 AM Citrus Heights Police Department ZZ INFORMATION: Missing Person Jun 20, 2017 10:17 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 20, 2017 10:17 PM 89XX Coan Ln. Orangevale, CA 95662 Sacramento County Sheriff Department PC 422<sup>-</sup> Threaten Crime With Intent To Terrorize Jun 20, 2017 6:03 PM 63XX Beech Ave Orangevale CA 95662 Sacramento County Sheriff Department Jun 20, 2017 10:50 AM PC 647(F): Disorderly Conduct: Public Intoxication 81XX Greenback Ln, Fair Oaks, CA 95628 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 19, 2017 7:57 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 19, 2017 7:47 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 19, 2017 7:36 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 18, 2017 4:27 PM 89XX Coan Ln. Orangevale, CA 95662 Sacramento County Sheriff Department ZZ INFORMATION: Missing Person Jun 18, 2017 3:59 PM 89XX Coan Ln, Orangevale, CA 95662 Sacramento County Sheriff Department 459 PC: Burglary - Vehicle Jun 18, 2017 8:05 AM 78XX LIALANA WY Citrus Heights Police Department 459 PC: Burglary - Vehicle Jun 18, 2017 5:35 AM 79XX OLD AUBURN RD Citrus Heights Police Department

CRIME LOG

# COMMUNITY CALENDAR

July 18, 7:00 p.m.Join the Camellia Chapter, Embroiderers' Guild of America, at their monthly meeting on Tuesday, July 18, 7:00 p.m., at the Rancho Cordova Library, 9845 Folsom Boulevard, Sacramento. Guests are welcome. Free. 916-223-2751.

July 10-14 Rome - Paul and the Underground Church - VBS Children ages 4-12 are invited to experience the thrill of visiting ancient Rome and meet the Apostle Paul in his prison cell July 10-14 from 6 to 8 pm at the Orangevale church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Kids will be transported to ancient times where they will meet early Christians hiding in a cave, visit a Roman marketplace, race chariots and more. This fiveday VBS encounters Paul and the Underground Church where kids learn: God's love is a gift, it changes us, is always with us, saves us, and is worth sharing. To register or to find out more visit www.ovchurch. org or call 916-988-2011.

June 19: Children's Weekly Summer Art Classes begin June 19. Monday through Friday 9:30-11:30 am. You can enroll one week at a time. We skip the 4th of July week. Call 916-971-3713. These 2 hour classes feature an new subject each day and do not repeat throughout the 6 week series. Sacramento Fine Arts Center, 5330B Gibbons Drive, Carmichael, CA 95608. Gallery Hours: Tuesday 11:00 AM to 7:00 PM, Wednesday through Friday 11:00 AM to 3:00 PM, Saturday and Sunday 11 AM-5 PM. Website: http://www.sacfinearts.org/

July 13th: Estate Planning Basics: Thursday, July 13th at 11AM learn how wills and trusts can protect you and your family in an interesting and friendly environment with Attorney, Sam Swenson at The Swenson Law Firm in Orangevale. Call 916-333-0833 to reserve your seat.

July 15 Night Out at the Museum: Saturday, July 15 from 6:30pm-8:30pm. It Will Live Forever, Book Talk & Demonstration with Julia Parker and Beverly Ortiz. Doors open at 6:30pm. Program starts at 7pm. Light refreshments will be available. FREE event.

July 25th: Estate Planning Basics: Tuesday, July 25th at 7PM learn how wills and trusts can protect you and your family in an interesting and friendly environment with Attorney, Sam Swenson at The Swenson Law Firm in Orangevale. Call 916-333-0833 to reserve your seat. FARMERS'S MARKET Thursday 4-8 pm 9295 Greenback Lane, Orangevale 95662 (Next to Dairy Queen at the comer of Greenback & Walnut) Phone: 916.989.8779 Email: OVdqEvents@ yahoo.com

#### SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

Want to see vour school, church, or team in the paper? It's easy - send us your photos and stories. That's it. Really, that's it. Articles must be 250 or less in an doc file. Must include author's name. Please send us high resolution photos (at least 260 dpi), JPG or TIFF files. Please don't send photos in a doc file. Email to editor@ovview. com. We try to print as much community news as possible. Some editing might be necessary. Please keep it family friendly.

### COMMUNITY GROUPS & MEET UPS WEEKLY EVENTS

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

Orangevale Overalls Square Dance Club Meet every Monday 7-9pm at THoly Family Parish 7817 Old Auburn Rd, Citrus Heights

TOPS (Take Off Pounds Sensibly) meets Weekly Church of Christ, 5915 Main Ave, Orangevale. Info call 988-6827

TOPS (Taking Off Pounds Sensibly) meets every Wednesday, 9:30-11:30 AM, at the Heritage Oak Glen Mobilehome Park Clubhouse, 6900 Almond Ave., Orangevale. For more information, call Vic at (916) 967-1418. New attendees always welcome

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St, OV

SERTOMA - SERvice TO MAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

MomsRUs- Begins our Summertime Bible Study in the Park on Tuesday's @10AM from June 20th-August 8th (except July 4th) @ Lew Howard Park, 7200 Baldwin Dam Rd., Folsom. Fellowship with friends & meet new ones while your children/grandchildren play. Bring your own chair, water and snacks. Orangevale Prayer in the Square meets every Tuesday moming at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdawn Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day . Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale .

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los martes 6:00 p.m-7:15 p.m. en American River Alano, 9346 Greenback Ln. Ste 8, (entre Walnut y Main) Orangevale

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For for more details at 988-9474

Support Group Sessions Diabetic - Arthritis ibromyalgia Every Tuesday 10AM-12PM&2PM - 4PM 9198 Greenback Ln #208 916-989-9922"

St Vincent De Paul provides food and dothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback. Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls Aand B in the Multipurpose Building, Divine Savior Catholic Church,

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www. foodaddicts.org.

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website:www.saintfrancisfairoaks.org and follow us on facebook

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www. facebook.com/groups/1033947523343437/

MEET-UP The BBC, The Business Builders Club.AProfessional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a riendly atmosphere. (916) 792-5561

#### MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Parkinson's Support Group -First Thurs. of the month 10:00 AM. The mission is to help people and families who are affected by Parkinson's disease and related conditions. . Eskaton FountainWood Lodge is located at 8773 Oak Avenue, Orangevale 916-988-2200. The meeting is free.

**Cub Scout Troop 310,** 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

**Girl Scout Leaders** (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

**Girl Scout Service Team** (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens s Club meets the 3rd Tuesday of each month Sept. through May Maidu Community Center, 1550 Maidu Drive, Roseville. Doors open 12:30. Garden experts speak at each meeting. GUESTS WELCOME! Call 784.0418 for information.

### **COMMUNITY SPOTLIGHT**

### Call us today for your free quote! **Robinson Construction**

\* Kitchen & Bathroom Remodelina **Room Additions** Doors &Windows Interior & Exterior Remodeling

(916) 989-32 Years Experience • Local Resident l ic #442697



Ask for Chris

(916) 989-7317

You Visualize and I'll **Customize Masonry** 

### 916-826-9796

Brick **Retaining Walls Fireplaces Stamped Concrete** 

### **NO JOB TOO SMALL**

**Call Franklin Today!** License #810329 **30+ Years Experience** 

FOR ADVERTISING OPPORTUNITIES **CALL BRAD TATUM AT 916.899.0207** Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more than 100 high-traffic locations.



On June 15th Casa Roble High School's Air Force JROTC unit CA-901 arrived at Folsom Lake at 7:30 and fell into our individual groups. Although most of the cadets were tired from a long week of Summer Leadership School (SLS), we were excited about our Folsom Lake Clean-up community service project. SLS ends every year with this activity. Not only does it take a team effort, but it also instills a sense of pride for our community in each cadet. This is a group effort that really makes a difference people can see. There are many patrons of the beach area that let us know how much they appreciate our efforts. This makes each cadet feel a sense of pride that can only come with working hard for your community.

Our day started by clearing the driftwood off the beach. This helps keep a clear path for people and animals. By having the beach clean, it adds to the safety of those who come to the beach and makes a safer and more productive environment for the local wildlife. Once the majority of the driftwood was cleared off the beach, we split up into teams and picked up the garbage surrounding the water and picnic areas. After hours of cleaning the beach and chatting with the patrons, our group swam, had a picnic and engaged in team building.

One of the things that makes our unit so successful is not only great leadership but banning together for projects where we all have a common goal. It's this united goal that helped us earn the "Silver Star Community Service with Excellence" award for community service, in fact we were in the top five percent of JROTC's in the nation. That is an accomplishment that not only shows what a tight ship our commanders run, but how we run, walk, swim, march, and work on everything as a team. The skills you learn from JROTC are like no other. Leadership, commitment, integrity and sense of self are only a few of the things you get from this group. No matter what path you decide to take, the skills you learn in this unit will benefit you throughout your entire life. Cadet Lauren

#### **VACATION BIBLE** SCHOOL: CAVE QUEST CHRIST THE KING LUTHERAN CHURCH

For the week of July 10, 2017 (5:30 pm to 8:30pm pm), come to Christ the King Lutheran Church for Vacation Bible School as we follow Jesus the Light of the World. During VBS you will experience a Rock Solid Adventure being grounded in the rock-solid foundation of God's love and interconnected lessons so that everyone can experience the joy of discovering Jesus anew. Vacation Bible School: Cave Quest is open for children ages 3 through grade 6. The cost is \$40 for the 1st child and \$30 for each one thereafter.

For more information or to register, please call the church at (916) 988-2484 or go on-line to ChristTheKingOV.com

Christ the King Lutheran Church 5811 Walnut Ave. Orangevale, CA 95662 (916) 988-2484 ChristTheKingOV.com

SELLERS Want a professional opinion on what your home is worth? Call me!

#### BUYERS

Want to work with an agent who has helped clients find homes & negotiate prices in the area for 14+ years? Call me!

ALL HOMES MOBILE HOMES CONDOS HALF PLEX I do them all! Call me with any real estate guestions you may have, I'd love to show you how I can help put more money in your pocket!

Barbara Funez 916-517-5709 or 707-372-6833 CalBRE #01410609



R©

# LOCAL INFORMATION

#### NORTH DIVISION

Dewey Service Center

5484 Dewey Dr. #235 (916) 875-5484 8:00am– 5:00pm Mon - Fri 9:00am-4:00pm Tues/Thurs Commander; Captain Kristofor Palmer 874-1013 Assistant Commander; Lieutenant Matthew Petersen 874-1013

Operations Lieutenant; Lieutenant Todd Henry 874-1013

Problem Oriented Policing Sergeant Michael Haynes 876-5729

Ongoing Law enforcement issues northPOP@ sacsheriff.com

Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks Transient Enforcement Team (TED) northTED@ sacsheriff.com 874-1025

District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874

3064 linthicumr@sacda.org North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com

Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com

CALIFORNIA HIGHWAY PATROL (Dispatch) 861-1300

CHP -North of Amer Rvr 250pop@chp.ca.gov 348-2300

CHP -East of Sunrise 260pop@chp.ca.gov 464-

PARK POLICE POP@fecrecpark.com 874-5115 Park Police handle districts except: DEPARTMENT SERVICES Alarm Bureau 874-4616 Gun Permit Information 874-5864 Identification Bureau 874-8093 Office of Information/Media Bureau 874-5021 Parking Enforcement Detail 876-6642 Property Bureau Information 875-5650 Records Bureau 874-5383 Recruitment Information 875-0085 Red Light Enforcement Program 876-6643 Towing Detail 876-6641 Adult Protective Services 874-9377 Animal Control push 2, for 24hr assistance 875-5232 Child Protective Services 875-5437 Restraining Orders 875-3400 Graffiti Abatement on public property (DOT) 875-5171 Graffiti Abatement on SMUD property 732-6043 Graffiti on private property or abatement 875-5656 North Division Detectives Burglary and property crimes 875-5388 Crimes against Persons 874-5070 North Division Information 874-1021 SAC COUNTY 311 CONNECT Neighborhood Nuisance Complaints (Abandoned shopping carts, vehicles, illegal

dumping, missed garbage pickups, potholes, street light problems

and vacant or dangerous buildings, animal Care, environmental health, building permits, planning, code compliance). http://www.311.saccounty.net/ 311 CORRECTIONAL FACILITIES Sacramento County Main Jail 874-6752 Rio Cosumnes Correctional Center 874-1827 Juvenile Hall 875-6996 INVESTIGATIVE SERVICES Centralized Investigations Division 874-5041 Child Abuse Bureau 874-5191 Civil Division 875-2665 Hi-Tech Crimes Task Force 874-3002 Homicide Detail 874-5057 Identity Theft Task Force/Real Estate Fraud 874-3000 Robbery Detail 874-5051

Sexual and Elder Abuse Bureau/Crimes Against People 874-5070

Sex Offender Registration Detail (Recording) 874-5090

For burglary, vandalism, and assault report follow-up contact Detectives.

#### GOVERNMENT OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR Ted Gaines Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762 1Phone: 916-783-8232 Fax: 916-783-5487 senator. gaines@senate.ca.gov

#### ASSEMBLY MEMBER

kEVIN KILEY District Office-8799Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430 https://ad06.asmrc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

 Orangevale
 CPAC
 (Community
 Planning

 Advisory Council)
 Meets the 1st Tuesday of every
 month at the
 Orangevale
 Community
 Center,

 6826
 Hazel Ave.
 Meeting Room B at 6:30 pm. For
 more information visit planning.saccounty.net

G.L.O.V.E. (Greenback Lane OrangeVale Envisions) Meets 4th Wednesday of the month 6:00 pm Location will vary. For more information email glove@ surewest.net

#### The Sheriff's Dewey Service Center

Located at 5484 Dewey Drive is in the Safeway Shopping Center Volunteers can help you in filing crime reports and answering questions. The office is open: Monday 10-5, Wed 10-7 Fri 10-5

# **CHURCH INFORMATION**

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net, http://www. calvaryfo.org

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/ Primary 11:20am PH/Relief Society/ Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/ Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. www.divnesavior. com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday Worship: 9am Classic, 9am 10:40 Modern Casual. Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Sunday Worship 10:45am and 6pm First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo. org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modem Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Moming Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch. org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Comer of Kenneth & Madison in Fair Oaks 9am Classic Service 10:30am Modem Service 916.988.2390 www.hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Tuesday Night Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998. smallwondersorangevale.org.

St. Francis Episcopal Church 11430 Fair Oaks Blvd.Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@ sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

# **Check out OVparks Summer of FUN!**

### **Rec Swim & Swim Lessons Rec'ing Crew Day Camp**

Summer Rec Swim Hours: 6/10-8/9, Everyday 1:30-4:30pm. Admission: 2 & under Free, Spectators \$2.00, 3-17 \$3.00, Adults \$4.00.

Our weekday Swim Lessons meet for eight, 30 minutes classes. Advance registration is required as space is limited.

Group lesson fee is \$55 (\$60 NR) Private/Semi-Private \$72-\$135 Session 3 July 10-20 Session 4 July 24-August 3



### **Aquatics Events**

For only \$5 per person or \$17 for a family of five, you can enjoy an evening of swimming and great refreshments. All events included in your Season Family Pool Pass \$160 (\$175 NR)

**4th of July Water Carnival** 

Pool open from 1 to 5pm with games from 2 to 3:30pm

**19th Annual Ice Cream Social** 

Friday, July 21, 7:30 to 9pm

Hot Dog Hoedown

Friday, Aug 11, 7:30 to 9pm

Dive-In Movie Night - Lego Batman Movie

Saturday, Aug 26, 8pm (Sunset)

### **Picnic & Pool Rentals**

Have a party planned but no location? No Worries! OVparks

has several outside rental options available from picnic areas to our very own pool! Picnic rentals start at \$60 for the day and Pool Party Places are \$75 during public swim or rent the ENTIRE Pool !





Parks Make Life Better!<sup>®</sup> **Get Connected @ovparks** 6826 Hazel Avenue, Orangevale CA 95662 (916) 988-4373 • (916) 988-3496 FAX OVparks.com • facebook.com/OVparks

For Campers Ages 5 to 12 with 3, 4, and 5 day options

Camp Hours: 9am to 4pm/Extended Camp: 7am to 6pm

- Fees range from \$115-\$233 per child
- Session 4 Sunrise Rollerland
- Session 5 Aerospace Museum
- Session 6 Movies: Despicable Me 3 Session 7 - Sacramento Zoo

**Session 8 - Sunsplash Water Park** 

### Mad Science Half Day Camps

Mad Science Camps are Mon-Fri, ages 6-12, \$170/\$173 NR

Grossology - 7/10-7/14 9:00am-12:00pm Eureka! The Inventor's Camp - 7/17-7/21 9am-12pm Flight Academy -7/17-7/21 12:30-3:30pm **Science Rockstars**- 7/24-7/28 12:30-3:30pm **Radical Robots** - 7/24-7/28 9:00am-12:00pm - 7/31-8/4 9:00am-12:00pm



Advance Robotics - 7/31-8/4 12:30-3:30pm

### Summer Kick Off

OVparks held their 5th Annual Summer Kick Off open house event on Saturday, May 20th. The Orangevale community was invited to this FREE event in order to get the opportunity to meet class instructors, Rec'ing Crew summer day camp staff, and swim instructors. Over 200 people were able to enjoy free hot dogs, bounce house, discounts on classes and programs, and admission to the pool. There was live salsa dancing, ballet, karate, aikido, soap making , yoga, Twirlsport, Tai-Chi, and Jujitsu. To learn more about classes visit ovparks.com.

