

Orangevale View

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FREE DENTAL, VISION AND HEALTH CLINIC PAGE 9



ESKATON'S NFL PAGE 9

THE 5TH ANNUAL WOLF FEST CONCERT RETURNS THIS OCTOBER

American Idol Winner

Trent Harmon Will Open for Uncle Kracker At This year's Wolf Fest

Orangevale – Since 2012, 101.9 The Wolf has been entertaining locals with a one of a kind, fun and affordable country concert. This event has been a community favorite, and this year it is back with new artists but the same great fun.

The sound of country will be heard from Orangevale Community Park on Sunday, October 2 from 12 noon - 7 pm. Here, the 5,000 concert-goers will get to enjoy not only music from their favorite performers, but also specialty foods, vendors and a fun-zone for the kids—perfect for families and people of all ages.

"Wolf Fest has become one of the most anticipated events in the Orangevale Community," said Jim Beilgard, Orangevale Chamber President.



"From the awesome lineup of country singers to the fun-zone for children, this is an event that offers something for everyone, and we are excited it is returning this fall."

This year's artist lineup includes Uncle Kracker, Cannan Smith, Drake White, James Wesley, and the last American Idol Winner Trent Harmon. Among these favorites, guests will also get to hear new tunes from local bands Fairlines, Mark Mackay and Auburn Road.

Though the fun and amazing entertainment is important, this event also has a much deeper meaning. Wolf Fest 2016 will highlight, promote, and financially support many local non-profit service groups, family outreach, local school programs, youth sports and veteran groups.

For the last five years, Wolf Fest has been a huge success, but none of this would be possible without our event sponsors. This year, we would like to recognize and honor the many businesses that helped make Wolf Fest 2016

possible: Lasher Dodge and Jeep, Coors Light, Golden Aire Heating and Air Conditioning, Ov View, Quick Quack and the Valencia Club. This event will once again be coordinated by the All Events Management Group.

Tickets for this year's Wolf Fest are on sale now for \$25, and can also be purchased at any Marco Muffle or Trends-n-Treats in Folsom or online. The gate for \$35 (kids under 12 are free with paid adult). Meet-n-greets with artists are available at extra cost. For more information or to purchase tickets, visit www.1019TheWolf.com.



October 8, 2016

5:00 to 9:00 pm

Tickets are \$12.50

Kids (10 & under) FREE.

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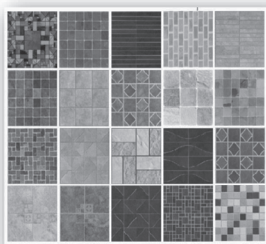
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Contents

6 Sports

14 Orangevale Cooks

15 Pets

16 Professional, Business &
Service Directory

20 Classified

21 Community
Groups & Calendar

22 Community Spotlight
Light

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ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;
(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.
Please use this format so we do not have to send your work back to you

for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change.
(5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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**Deadline OCT 5 in
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**Deadline OCT 19 in
homes OCT 28**

**Deadline Nov 2 in
homes Nov 11**

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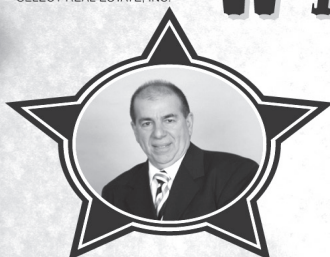
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ANNOUNCEMENTS



TRACY ALLEN NEVIN 1985-2016

It is with great sadness that we announce the passing of our son, Tracy Allen Nevin. He passed away unexpectedly but peacefully in his home in Garden Grove, CA, on June 1, 2016.

Tracy was born on November 16, 1985 in Sacramento, CA. At age 2 we moved to Orangevale, CA where he resided until 2013. He attended Ottomon Elementary, Louis Pasteur Middle School and Casa Roble High School. Tracy played soccer for the Orangevale Youth Soccer Club for 9 seasons, known for his amazing skills as team captain, his "big boot at half-field", and his very aggressive defense. He loved the game. Tracy was known for his pool skills, we were told he was "the best in town". He had an avid love for the water, watching football, his fancy sports cars and his music – loved his music. He loved his families (he had three) and his friends, had a gift with children and a special love of

animals.

At the age of 19 he learned that he had a gift to sell cars. His first car salesman job was at Folsom Lake Dodge, giving him the passion to be the best at selling cars. He moved to many other dealerships throughout his car sales career, from Folsom Ford, Folsom Buick/GMC, then back to Folsom, Chrysler-Dodge-Jeep. He transferred to the Roseville Auto mall to work at Future Ford of Roseville/Roseville Volkswagen as an Assistant Sales Manager.

Tracy took a break from car sales and tried Real Estate & Mortgage Services as a Loan Consultant /Supervisor in Sacramento. He was an Executive Finance Manager for E-Z Auto Refi in Orange, California. In 2013 Tracy transferred to Huntington Beach California to work for Huntington Beach Dodge/JEEP as a Sales Associate, then to Stadium Nissan/Villa Ford and then back to each Chrysler/Dodge/JEEP

where he landed his dream job as a Sales Manager in May of 2016.

After relocating to Southern California, he was blessed with meeting and joining the Huynhs, a truly amazing family who considered Tracy part of their family. They said, "Tracy was determined not only to survive; moreover, he wanted to thrive!" They witnessed it... he did it! While living in Huntington Beach and Garden Grove, Tracy taught himself to speak fluent Spanish. He had that gift to learn things and learn them quickly.

Tracy was a people person; he said, "Life is found in one's connection with people". His kindness and acceptance of everyone he met leaves a huge hole and will be difficult to fill. Tracy was taken from us all too soon and will be forever in our hearts.

Tracy leaves behind many loving family members: His mother, Linda Rodriguez, his stepfather, Ray Rodriguez, his brothers, Chris Rodriguez and his girlfriend Kristina Yeager, Ray Rodriguez, David Rodriguez, Joe Rodriguez, his sisters, Cristina Rodriguez, Felisha Jason, his grandmother, Sally Nevin, his aunt, Ann Nevin, and Uncles Jack and David Nevin. Many aunts, uncles, cousins, nieces and nephews from both the Nevin and Rodriguez families. His Garden Grove mom, Nay Ngo, brothers, Danny and his wife Lynn, Danh, Lucky, and Tommy. His father, Anthony Lucero in Frazee, MN., grandparents Ruben and Julie Lucero of Roseville, aunts, uncles and cousins from the Lucero family.

The Huynh family said of Tracy's passing, "He taught us how powerful a mind can be, how precious life is, how honorable true friendship is. Those who knew him will always smile when they think of Tracy".

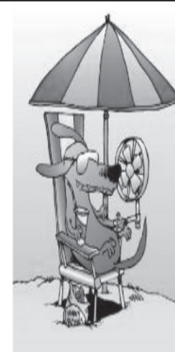


**JOAN (JONI) CAROL SCOTT
1942-2016**

Our beloved Joni crossed over on September 8th, 2016. She was met in heaven by her mother and father, Willard and Lois Clink, her brother George and nephew Jeffrey. She now watches over her loving husband of 55 years, Jerry Scott, daughters Amy and Jennifer, her grandson Alex, sisters Joyce (Robert), Judy (Melvin). Joni also has a large extended family who all love and will miss their funny and caring sister, cousin, Aunt, Great Aunt and friend.

In February 1942, Joan was born

in Placerville. Miraculously, the newborn baby was spontaneously healed of a life threatening condition and was able to go home with her family. A precocious and self described tomboy, Joni was called Mac by her daddy as a nickname, mostly upon Joni's insistence, and it stuck. She would grow to play basketball for her high school team, work in the fruit sheds during the summer, teach herself how to play piano, the accordion, and the organ too, complete with full bassline courtesy of her fancy footwork on the pedals. One of her favorite and often mentioned highlights of her life was singing a solo piece during the 1960 Winter Olympics at Squaw Valley with the president of the United States in attendance. Not only was Joni a talented musician, she also knew how to nurture any kind of plant, she could bake many wonderful desserts and whip up a delicious meal from scratch. For many years, she worked as a florist and used her creative touch in her arrangements, from the single rose boutonniere all the way to the largest wedding pieces. Her wit and goofy sense of humor charmed us all. She was conscientious, faithful, and always had an honorable work ethic. Joni will be deeply missed by all of her family and friends



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Local SPORTS



ANOTHER SWEEP FOR CASA RAMS!

The Casa Rams traveled to Union Mine September 9th and swept both JV and Varsity games. JV won handily 40 – 6 and Varsity pulled out a win in the last seconds of the game after trailing UM for three quarters. The highlight and this week's "Play of the Game" is kicker Matt Johnson (#9) faking a field

goal and blocking for holder Dillon Roberts (#15) run to the end zone for a touchdown! Final score: 20 – 14. This sneak play was brought to you by Casa Ram's sponsor Appliance Warehouse. Casa hosts the next two games: Oakmont 9/16 and Lincoln 9/23. JV starts at 5 pm and Varsity kicks off at 7 pm. Go Rams!

Submitted by: MaryAnne Povey. Photo by Tim Engle.

FARMFEST

FFA is a dynamic youth organization within agricultural education. The National FFA was established in 1928 and is in approximately 307 schools in California. Casa Roble High School is the only school in the San Juan Unified School District to offer an FFA program. FFA has been at Casa Roble for the last 40 years. Casa Roble has a full farm on its campus complete with livestock barns and greenhouses. The FFA program allows students to learn

churches and other events. FFA has attended leadership conferences and career development contests and has won various awards and degrees.

FFA is an excellent opportunity for students to expand their horizons through community and agriculture, as well as pursue a passion with animals.

Casa Roble FFA also has a petting zoo that is available for schools, clubs, parties, groups, and events for a donation fee. Please Contact Mrs. Tannehill at Christina. tannehill@sanjuan.edu

FARMFEST

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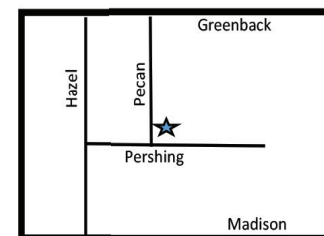
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"Growing in God's Word Together"

We meet at the Maidu Community Center

1550 Maidu Drive, Roseville, CA 95661

9:30 am Fellowship and Coffee

10:00 am Worship Service

ORANGEVALE CHURCH FREE DENTAL, VISION AND HEALTH CLINIC DRAWS OVER 130 PATIENTS!

The Orangevale Adventist Church in partnership with AMEN, the Adventist Medical Evangelism Network, hosted their 2nd Annual Free Dental, Vision and Medical Clinic Sunday August 21st! Over 75 volunteers, including 11 dentists, plus, dental hygienists, optometrists, family practice physicians, x-ray technicians, a chiropractor and registered



nurses provided help to their Orangevale Community neighbors and church family members in need. Their Better Living Center,

normally a fellowship hall and Sabbath School classrooms, as well as the Orangevale Adventist School gymnasium, were transformed into medical health screening, vision and dental clinics—including an x-ray lab. Everyone was welcome. No ID was necessary. People with serious issues—unable to afford dental or vision insurance—received everything from X-rays, teeth cleanings, fillings, root canals, crowns, tooth extractions, eye exams, free glasses, back adjustments and massages. And, all services were FREE.

Check out this KCRA News report by Kristen Simoes, www.kcra.com/news/orangevale-church-hosts-free-vision-dental-clinics-for-community/41305228?src=app, of the event with patient, doctor and AMEN staff

interviews.

Orangevale church hosted



this clinic because they have a passion for health and for helping their neighbors. The patients' gratitude overflowed with not just a few hugs and tears shared with the volunteers who helped them. Serving the community is one of the Orangevale Church Family's core values. Volunteers stated that "It was an honor and immensely rewarding to be part of this community service. It was also great fun to be able to help. Orangevale is home to a lot of great people!"



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ESKATON'S NFL

Eskaton's No Falls League Shares Moves for a Healthy Stance

Residents from Eskaton's two Roseville communities teamed up to promote National Fall Prevention Month this September. Led by their coach, Christy Barry, an Eskaton Fitness and Wellness Coordinator, the No Falls League developed a video to encourage people to exercise. These men and women, ages 67 to 95 years old, demonstrate low impact exercises. Regardless of age, these seniors prove exercise can be fun and easy for anyone. The moves Team Eskaton demonstrate on the football field are designed to strengthen muscles, improve coordination and reduce one's risk of falling by creating better balance.

"Gaining better balance is essential for the aging population," says Coach Barry. "One in three people over the age of 65 will fall this year. In the Sacramento region alone that can be well over 100,000 people." Barry teaches a 'Balance and Breathing' class weekly at Eskaton Village Roseville. The training starts by building confidence as the brain relearns how to move. As the body regains its balance capabilities, the individual feels success and moves on to more complicated mobility actions. "Once the brain remembers how to move and balance, the body reacts accordingly," she says. Barry's students have improved their balance with excellent results. One woman who hiked a narrow switchback trail said the side steps she'd done in class, plus the exercises for good posture, helped her complete the hike with confidence. Another woman on a cruise ship used the



weight shifting exercises to navigate the ocean's movement when she was standing still. Others told their coach of maintaining balance after missing a step because exercising regularly improved their reaction time.

Eskaton created the No Falls Video with Team Eskaton to give seniors a place to start improving their balance in a fun way. In addition to the 'how to' video, Eskaton is offering fall prevention classes open to the public. Check out Team Eskaton live on Sac and Company, ABC10, Sept 22 at 11:30am. They will demonstrate some exercises and "coach" Christy Barry will talk about the importance of fall prevention.

Friday, 23-September, 9:30am

Fall Prevention Movements Eskaton Care Center Greenhaven – Dining Room Just one major function essential to fall prevention is balance. Another is making your environment safer, along with making yourself aware of your surroundings. Taking yoga, tai-chi, stretching, and even a walking class can also help in reducing the chances of a fall.

Please come join us in learning more about fall prevention movements to help reduce the risk of a fall. Call 916-393-2550 to RSVP. Friday,

23-September, 10:00am Chair Zumba for Seniors Eskaton Village Carmichael – Lodge

Did you know moving your body is good for your heart AND your brain? Exercise helps keep you going for years to come. Don't let age slow you down. Come have fun with us for an hour. Do something different for fall prevention month. Best part: It's free. Call 916-974-2000 to reserve your spot.

Friday, 23-September, 6:30pm

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7911 Hazel Ave	3	2	1570	2.00ac	1947	\$190,000
5521 Claiborne Way	4	2	1420	0.15ac	1962	\$215,500
7744 Wachtel Way	3	2	1008	0.27ac	1959	\$230,000
13214 Fair Oaks Blvd	3	2	1030	0.16ac	1971	\$240,000
6853 Escallonia Dr	3	2	1340	0.16ac	1975	\$250,000
8301 Bardmoor Ct	3	2	1419	0.21ac	1974	\$260,000
6321 Cerromar Cir	3	2	1008	0.15ac	1973	\$275,000
5430 Kingsbury Ct	4	2	1420	0.22ac	1962	\$288,000
8490 Noel Dr	5	2	1370	0.26ac	1960	\$290,000
9483 Lake Natoma Dr	3	2	1169	0.21ac	1960	\$294,000
5600 Norway Dr	4	2	1253	0.17ac	1962	\$295,000
6508 Inverrary Ct	3	2	1179	0.22ac	1974	\$296,500
8821 Nimbus Way	2	1	840	0.41ac	1951	\$300,000
8313 Applewood Ct	4	2	1524	0.18ac	1973	\$300,000
5907 Deary Way	3	2	1169	0.23ac	1960	\$305,000
5710 Skyridge Dr	3	2	1120	0.20ac	1962	\$310,000
8200 Foxfire Dr	3	2	1440	0.28ac	1979	\$313,000
8740 Mellowdawn Way	3	2	1461	0.20ac	1993	\$339,000
6736 Quanah	3	2	1250	0.26ac	1960	\$315,000
6616 Kenneth Ave	3	2	1896	0.30ac	1959	\$315,000
5936 Deary Way	3	2	1169	0.18ac	1960	\$317,000
8739 Mandan Ct	3	2	1168	0.23ac	1975	\$320,000
8141 Dart Way	3	2	1285	0.18ac	1971	\$320,000
9057 Pershing Ave	3	2	1363	0.21ac	1962	\$331,000
8652 Timber Ct	4	2	1528	0.27ac	1984	\$355,000
9549 Bullion Way	4	3	1908	0.33ac	1975	\$355,000
6632 Mirwood Ct	5	3	1694	0.17ac	1965	\$359,950
9428 Elm Ave	4	2	1648	0.39ac	1648	\$361,000
9026 Polly Ave	3	2	1800	0.19ac	1978	\$369,000
9356 Honeywood Ct	3	2	1616	0.18ac	1978	\$369,000
9413 Golden Dr	4	2	1637	0.27ac	1961	\$380,000
6401 Big Bear Ct	4	3	2121	0.32ac	1979	\$380,000
6032 Anthony Dr	4	2	1513	0.22ac	1960	\$380,000
8409 N Star Way	4	3	1896	0.14ac	1976	\$386,000
7924 Excelsior Ave	3	3	2750	0.92ac	1980	\$582,500
9431 Golden Dr	6	3	2400	0.27ac	1963	\$390,000
8649 Quail Oak Way	4	2	1955	0.17ac	1979	\$393,000
6628 Rose Acres Rd	3	2	1716	0.47ac	1961	\$420,000
9473 Canyon Lake Ln	3	3	1846	0.29ac	1997	\$435,000
9350 Blue Oak Dr	4	3	1927	0.15ac	1978	\$436,500
5517 Hyacinth Ct	4	3	2685	0.25ac	1980	\$439,000
9359 Blue Oak Dr	4	3	1927	0.36ac	1978	\$440,000
8637 Kingdale Ave	4	3	2247	0.57ac	1979	\$501,000
7045 Santa Juanita Ave	3	2	1576	2.07ac	1961	\$525,000
7001 Heritage Ct	3	3	3166	0.95ac	1976	\$532,500
9090 Eden Oaks Ave	4	3	2022	2.63ac	1965	\$610,000
8791 Beechcrest Ct	4	3	2985	0.46ac	1988	\$645,000
8869 Oak Ave	5	4	4289	1.85ac	1988	\$710,000
7616 Telegraph Ave	4	4	2490	3.01ac	1978	\$760,000
8161 Santa Juanita Ave	4	5	4142	6.74ac	2005	\$1,150,000

Above Information is based on data obtained at MetroList Services, Inc.

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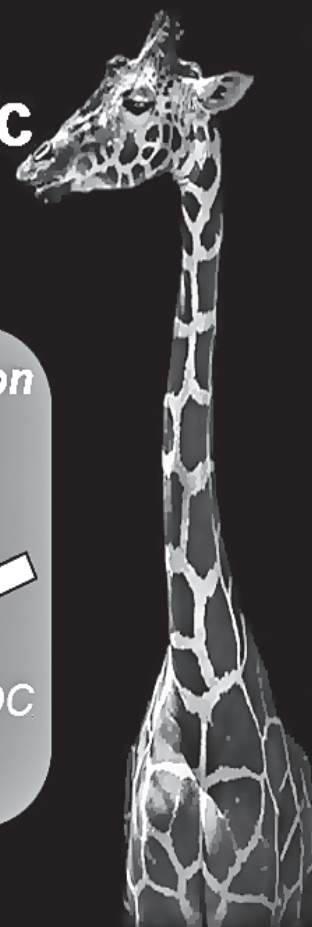
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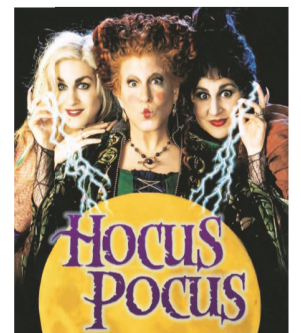
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Orangevale Cooks

by Suzanne Feblowitz



I shared this recipe a few years ago and I just made it again this week! Very yummy! I found this recipe when I was watching a daytime talk show. Usually the recipes are posted on their websites, but many times the recipes are different than what is viewed on the show. This recipe was pretty accurate, but I replaced the main flavor! The recipe is inspired by a Lavender Chicken recipe by Graham Elliot when he was on The Talk. The lavender did not sound good to me, so I replaced it with rosemary. It was wonderful with the rosemary, I cannot even imagine lavender!

We are always looking for new recipes, so if you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

ROSEMARY CHICKEN
 2 boneless skin-on chicken breasts (Raley's has these)
 Olive Oil
 Butter
 Fresh Rosemary- 2-3 sprigs remove from stem
 Pepper and Salt
 Yield 3 servings

1. Season chicken with salt and pepper.
2. Heat a small amount of olive oil and butter in a skillet over high heat.
3. Add chicken skin side down, cook 2 minutes and then reduce heat to medium high; continue cooking skin side down until fat renders and skin is golden brown about 5- 10 minutes.
4. Turn chicken over and add more butter (1 tablespoon) and the rosemary.
5. Continue cooking chicken and add more butter. Spoon the butter and the rosemary over the chicken as it is cooking.
6. Check chicken by cutting into the thickest part. If it is still pink, then butterfly the chicken (cut it so it is thinner) and continue spooning the pan juices over it; add more butter if needed. Keep burner

at medium or lower so you do not burn the butter.
 7. When meat is cooked through, remove from heat.
 8. Serve with your favorite potato and a salad.
 This makes great leftovers for lunch!
 Note: Use skin-on breasts because it keeps the moisture in and the crispy skin is delicious! (I doubled the recipe in the photo)

FAMILY FIDDLE FUN

The public is invited to the Family Fiddle Fun's ninth annual Fiddle Kids Showcase on Sunday October 2, 2016 from 1:00 to 4:00 p.m. at the Orangevale Grange Hall located at 5807 Walnut Ave. near the corner of Walnut and Madison Avenues. Admission and parking are free with grilled hot dogs, burgers and fresh bakery goods for sale along with hot and cold beverages. There will be music, fun and games all afternoon. The Fiddle Kids, ages five to eighteen, will be performing all afternoon in an outdoor picnic setting so bring your lawn chairs or blankets. The showcase will be moved indoors if it rains. Tables of hand craft items will be displayed for sale throughout the grounds. Bring your family, friends and kids to this family friendly showcase of early American fiddle, folk and country music performed by kids wishing to keep this music alive and growing for their generation. For more information contact Ralph Standifor

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P E T S

GOOD DOG, BAD BEHAVIOR

Most people do a great job teaching basic commands to their dog. Learning to sit, stay, and down lay a great foundation to communicate with your dog and maintain some basic control. The important thing I stress to pet owners is that this is the start of training and not the end! Even if you know how to teach your dog the basics, all dogs should go to obedience classes early; not only to for the social interaction of being out of the house with other people and dogs, but also to build your dog's confidence and help you maintain control in unfamiliar surroundings. It can be easy for most dogs to focus on what their human

is trying to ask of them in the comfort of their own home. Frequently, this focus is lost when there are strange smells to investigate at the park or they see someone else throwing a ball. The key is impulse control. You want your dog to listen to you, even when they would rather go do other things.

When looking for a trainer, it is important to find someone who practices positive reinforcement. Avoid those who use pain or punishment as a tool. These can lead to more fear and frustration for your pet and other unwanted behaviors. When your dog does something undesirable, you should approach the situation calmly (difficult, I know!) and firmly. Your pet is very attuned to pick up on

your emotions; frustration or anger will hinder their progress. Praise when they do well and stay consistent. Improvement can be lost if one family member lets the dog get away with bad behaviors.

The average dog can learn a vocabulary of 168 words, with some breeds going up to 500! The possibilities are much greater than most people realize. If you continue to teach new tricks and commands to your pet, you will be a long way towards a lasting bond with your pet, more control in unexpected situations, while limiting the destructive results of your dog becoming bored.

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PET OF THE WEEK

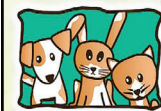
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CHAMBER NEWS



On Friday, September 9, the Fair Oaks Chamber of Commerce kicked off the Grand Opening Weekend for HealthQuest with a ribbon cutting ceremony. This event marked a year long process of bringing forth an idea and weaving that vision into a tangible body of work. Cutting the ribbon symbolized the vision coming to fruition. This ribbon cutting event brings to mind the story of The Little Engine That Could. At the heart of the story is the unwavering determination and resolution to get the job done. So is the journey of HealthQuest,

because it is a store that lives by that mantra—we are dedicated to improving your quality of life. As seen in the picture, this event was also marked by gathering of close friends, family, and members of the Fair Oaks Chamber of Commerce. A huge Thank You to everyone who has supported the development of this Local Medical Supply Store in Fair Oaks. HealthQuest is now open and welcomes the community inside. Article by Vanessa Grenyion and photo by Tom Paniagua

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Yard maintenance help needed, weed eating, pruning, planting, mulching, drip repair etc. No lawn. Salary negotiable. Call 916-717-5517"



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Amateur Singer who loves the old songs is searching for someone to accompany with keyboard, accordion or guitar. Back up singing a plus, but not required. Entertainment at local retirement communities for little or no money. Interested? Contact Chaz 916.599.0461 (9am-8pm)

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COMMUNITY CALENDAR

September. 21st & 22nd, 9am - 7pm and Sept. 23rd 9am-4pm. Candy Cane Lane: handmade only craft show. At the Crawford Barn 2715 Tiber Drive, Sacramento. Free admission. Sale room and door prizes. Many unique gifts. www.craftytreasures.com.

September 24 at 11:00 am Citrus Heights/American River branch American Association of University Women invites women with an associate degree or higher to the Membership Luncheon. Carmichael Presbyterian Church, 5646 Marconi Ave. Featuring TechTrek for middle school girls. RSVP Therese Favro 916-296-2731 theresefavro@gmail.com

September 24, 2016 10:00 am to 2:00 pm DOG DAYS OF SUMMER Christ the King Lutheran Church invites you and your family to our Dog Days of Summer. Come and enjoy an end of summer festival celebrating our beloved canine

companions. Entrance Fee: One Dog Toy to donate to a local shelter. Some of our festival participants include Golden State German Shepherd Rescue, Sacramento Sheriff K-9 Unit, Sierra Sniffing Canines, Inc., Bow Wow Bed & Breakfast and Trends 'n Treats Pet Boutique. Bring your Dog on a Leash! For more information, please contact Pastor Scott Guemmer at (916) 988-2484 or go on-line to ChristTheKingOV.com

October 1 Craft & Vendor Fair The Life Center, 7801 Hazel Ave, Saturday Oct. 1, 9am-3pm. Over 30 local crafters and DS vendors in one convenient location. Taco Bar Lunch available by Ingram Eatz for \$8

October 7, 2016 Supervisor MacGlashan's Orangevale Community Cabinet Meeting: Friday, 7:30 am Annie's Breakfast & Steaks, 8800 Greenback Lane, Orangevale, Note:

This will be Supervisor MacGlashan's last morning Orangevale Community Meeting and she will be reflecting on her 12 years of service.

October 8, 2016 OKTOBERFEST Christ the King Lutheran Church is hosting their annual Oktoberfest from 5:00 to 9:00 pm. Come and taste the flavors of Germany while supporting the youth of Christ the King Lutheran Church, Acres of Hope (Meadow Vista & Auburn) and Lutheran Social Services. Tickets are \$12.50 for Adults and Kids (10 and under) FREE. GROUP RATE: 4 or more tickets for \$45. Tickets purchased at the door are \$15 each. Space is limited to the first 100 guests so get your tickets early. Additionally, there will be a Silent Auction and Raffle for your enjoyment. For more information, please call the church at (916) 988-2484 or go on-line to ChristTheKingOV.com

October 8 Students from the McGeorge School of Law will discuss the November ballot issues at 2 pm on at the Sylvan Oaks Library, 6700 Auburn Blvd, Citrus Heights 95621. Hosted by the Citrus Heights/American River branch of AAUW. Contact PJ Missman 916-241-9685.

October 11th Roseville Genealogical Society will meet Tuesday, from 1-3pm, at Maidu Community Center in Roseville. Kathryn Marshall will discuss Legacy 8 and what's new. Everyone welcome

October 13, 2016 FOLSOM WOMEN'S CONNECTION Bacchus House Bistro \$17 104 E. Bidwell St., Folsom WEDNESDAY, 11AM-12:30PM "SECOND TIME AROUND FASHIONS" Models will be wearing clothes they purchased at their favorite Thrift Store! INSPIRATIONAL SPEAKER - Janell Desmond RESERVATIONS - Call DOREEN at 934-0869

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Your Support Keeps Us Going!*

2016 SHERIFF'S ORANGEVALE COMMUNITY MEETING SCHEDULE Meetings Held November 2nd Tuesday, 6:00pm Orangevale Recreation and Park District 6826 Hazel Ave., Orangevale

COMMUNITY GROUPS & MEET UPS

WEEKLY EVENTS

Senior Lunch Program Brought to you by OVParks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

Orangevale Overalls Square Dance Club Meet every Monday 7-9pm at THoly Family Parish 7817 Old Auburn Rd, Citrus Heights

TOPS (Take Off Pounds Sensibly) meets Weekly Church of Christ, 5915 Main Ave, Orangevale. Info call 988-6827

TOPS on Wed mornings at 6900 Almond Ave Orangevale. Info call Debi at 989-1278.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm- Redeemer Covenant Church, 6800 Main St, OV

SERTOMA - SERVICE TO MANKIND meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday morning's starting 9/13@9:45-11:45 at the Orangevale church of Christ, 5915 Main Ave. Series: House or Home by Chip Ingram. Free childcare & Preschool program. Go to ovchurch.org/family

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdown Way Orangevale, Please call for details at 968- 1039 or 988-4810 Everyone is welcome

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los martes 6:00 p.m.-7:15 p.m. en American River Alano, 9346 Greenback Ln. Ste 8, (entre Walnut y Main) Orangevale

Bridge Player Group Every Tues. OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Support Group Sessions Diabetic - Arthritis - fibromyalgia Every Tuesday 10AM-12PM & 2PM-4PM 9198 Greenback Ln #208 916-989-9922

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1-3PM at Divine Savior Catholic Church, 9079 Greenback.

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org.

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916) 966-2261 or visit our website: www.saintfranciscofair Oaks.org and follow us on facebook

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information <https://www.facebook.com/groups/1033947523343437/>

MONTHLY EVENTS

Orangevale Woman's Club 1st Tuesday every month. (Expect June-Aug) Orangevale Community Center, 6826 Hazel Ave, OV. Meeting starts at 11 am. Come Check Us Out. Free Lunch. Call 905-0319 or visit website at OrangevaleWomansClub.com

Parkinson's Support Group -First Thurs. of the month 10:00 AM. The mission is to help people and families who are affected by Parkinson's disease and related conditions. Eskaton Fountainwood Lodge is located at 8773 Oak Avenue, Orangevale 916-988-2200. The meeting is free.

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Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916-425-2406

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.
Girl Scout Leaders (GSHCC) Almond

Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens s Club meets the 3rd Tuesday of each month Sept. through May Maidu Community Center, 1550 Maidu Drive, Roseville. Doors open 12:30. Garden experts speak at each meeting. GUESTS WELCOME! Call 784.0418 for information.

Folsom Stroke Survivors and Caregivers Group. We meet the 2nd Wednesday of each month at 11:30 for lunch. The 4th Wednesday of each month we meet at 11:00. We have Open discussion or a Speaker. Address- 1301 E Bidwell, Folsom. For more information contact Sue 916-988-4010 or Jim 916 983-0596.

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LOCAL INFORMATION

NORTH DIVISION

NORTH DIVISION

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5484 Dewey Dr. #235 (916) 875-5484 8:00am-5:00pm Mon - Fri 9:00am-4:00pm Tues/Thurs

Commander; Captain Kristofor Palmer 874-1013

Assistant Commander; Lieutenant Matthew Petersen 874-1013

Operations Lieutenant; Lieutenant Todd Henry 874-1013

Problem Oriented Policing Sergeant Michael Haynes 876-5729

Ongoing Law enforcement issues northPOP@sacsheriff.com

Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks

Transient Enforcement Team (TED) northTED@sacsheriff.com 874-1025

District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874-3064 linthicumr@sacda.org

North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com

Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com

CALIFORNIA HIGHWAY PATROL (Dispatch) 861-1300

CHP -North of Amer Rvr 250pop@chp.ca.gov 348-2300

CHP -East of Sunrise 260pop@chp.ca.gov 464-

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PARK POLICE POP@fecrecpark.com 874-5115

Park Police handle districts except:

DEPARTMENT SERVICES

Alarm Bureau 874-4616

Gun Permit Information 874-5864

Identification Bureau 874-8093

Office of Information/Media Bureau 874-5021

Parking Enforcement Detail 876-6642

Property Bureau Information 875-5650

Records Bureau 874-5383

Recruitment Information 875-0085

Red Light Enforcement Program 876-6643

Towing Detail 876-6641

Adult Protective Services 874-9377

Animal Control push 2, for 24hr assistance 875-5232

Child Protective Services 875-5437

Restraining Orders 875-3400

Graffiti Abatement on public property (DOT) 875-5171

Graffiti Abatement on SMUD property 732-6043

Graffiti on private property or abatement 875-5656

North Division Detectives

Burglary and property crimes 875-5388

Crimes against Persons 874-5070

North Division Information 874-1021

SAC COUNTY 311 CONNECT Neighborhood Nuisance Complaints

(Abandoned shopping carts, vehicles, illegal

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http://www.311.saccounty.net/ 311

CORRECTIONAL FACILITIES

Sacramento County Main Jail 874-6752

Rio Cosumnes Correctional Center 874-1827

Juvenile Hall 875-6996

INVESTIGATIVE SERVICES

Centralized Investigations Division 874-5041

Child Abuse Bureau 874-5191

Civil Division 875-2665

Hi-Tech Crimes Task Force 874-3002

Homicide Detail 874-5057

Identity Theft Task Force/Real Estate Fraud 874-3000

Robbery Detail 874-5051

Sexual and Elder Abuse Bureau/Crimes Against People 874-5070

Sex Offender Registration Detail (Recording) 874-5090

For burglary, vandalism, and assault report follow-up contact Detectives.

GOVERNMENT OFFICIALS

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SENATOR Ted Gaines

Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762 1Phone: 916-783-8232 Fax: 916-783-5487 senator.gaines@senate.ca.gov

ASSEMBLY MEMBER

Beth Gaines District Office-8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430 arc.asm.ca.gov/member/AD6/

COUNTY SUPERVISOR

Roberta MacGlashan District 4 700 H Street, # 2450 Sacramento, CA 95814 macglashanr@saccounty.net (916) 874-5491; FAX (916) 874-7593

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more

information visit planning.saccounty.net for agenda.

G.L.O.V.E. (Greenback Lane Orangevale Envisions) Meets 4th Wednesday of the month 6:00 pm Location will vary. For more information email glove@surewest.net

The Sheriff's Dewey Service Center

Located at 5484 Dewey Drive is in the Safeway Shopping Center Volunteers can help you in filing crime reports and answering questions. The office is open: Monday 10-5, Wed 10-7 Fri 10-5

CHURCH INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662 Sunday Services 10:00 am (Sunday School available for Toddlers through 6th grade), Adult Bible Study 9:00 am. Pastor Mike Flanders (916) 989-2133 calvaryfo@comcast.net

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Avenue Chapel, 7950 Hazel Ave, OV Ward: Sacrament Meeting 9am Sunday School/Primary 10:20am PH/Relief Society/Young Women 11:10am Young Single Adult Ward Sacrament Meeting 1:00pm Sunday School/Primary 2:20pm PH/Relief Society 3:10pm 916-987-7479

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. www.divnesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday Worship: 9am Classic, 9am 10:40 Modern Casual. Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Sunday Worship 10:45am and 6pm

First Baptist Church of Orangevale 8898 Central Ave, Orangevale 988-1139 Sunday Traditional Service 8:30am Sunday School (all ages) 9:45am Contemporary Service - Sunday 11am

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbco.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Corner of Kenneth & Madison in Fair Oaks 9am Classic Service 10:30am Modern Service 916.988.2390 www.hispathway.org

Redeemer Covenant Church - 6800 Main Ave, Orangevale, 916.988.3124, rcc@redeemercov.com, www.redeemercov.com, Sunday School at 9am, Sunday Coffee and Fellowship at 10am, Sunday Worship at 10:30am, Tuesday Night Free Community Dinner at 6pm - open to everyone, Tuesday Night Youth programs at 6:45pm. Small Wonders Christian Preschool, 3's-T/Th 8:30-11:30am & PreK-M/ W/F 8:30-11:30am - 916.988.0998, www.smallwondersorangevale.org.

St. Francis Episcopal Church 11430 Fair Oaks Blvd. Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

Want to see your school, church, or team in the paper? It's easy - send us your photos and stories. That's it. Really, that's it. Articles must be 250 or less in a doc file. Must include author's name. Please send us high resolution photos (at least 260 dpi), JPG or TIFF files. Please don't send photos in a doc file. E-mail to editor@ovview.com. We try to print as much community news as possible. Some editing might be necessary. Please keep it family friendly.

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