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THE BUDDY BENCH



A third grade Green Oaks Fundamental Elementary School student demonstrated over his summer vacation that dreams can come true.

Several months ago, Wilson Pollock, 9, and his classmates were assigned to write and deliver 'I Have a Dream' speeches about their aspirations and wishes. At first, he planned to talk about his belief that bullfighting should be outlawed, but upon further thought he decided to speak about a much more personal topic. "I have a dream that every student feels included at school," was his title.

He asked other students to join him in making new friends by inviting them to sit together at lunch or play games at recess. "Let's make sure every kid has a buddy and feels included at our school," he told his classmates. "Let's all go be awesome, and let's do it together!"

Researching on the Internet with his mother's help, Wilson learned of a blossoming worldwide movement spawning 'Buddy Benches' at schools where anyone feeling lonely, left out, or just in need of meeting new friends can sit to alert others of their

need. In his classroom speech, Wilson spoke of his dream of having a Buddy Bench at his school.

"Just because someone is different from you doesn't mean they don't need to feel included," he said. "I know I am not the only one who feels lonely sometimes. I think that having a Buddy Bench might help kids be nicer to each other and make new friends." Wilson's teacher, Lori France, encouraged Wilson to follow his dream by making a proposal to the student council urging installation of a Buddy Bench on the playground. Student Council members unanimously agreed, setting in motion a series of events that led to permission to proceed.

Wilson was instructed first to choose a committee to help him with design and location. He and his classmates, Lydia Chechourka-Price and Davin Huegel, decided an existing table with two benches could be transformed to fulfill the vision. Principal Robert Reynolds enthusiastically supported the idea, and once he approved the

plans, construction became a family project. Brightly painted new wood replaced the old, and students arriving for the new school year will enjoy a dazzling yellow and blue table with the words "Buddy Bench" inscribed on its two benches. "When someone feels lonely or left out they can sit on the Buddy Bench and other kids will know that they want someone to play or talk with," Wilson said.

"The Buddy Bench will be a great bridge for communication," Principal Reynolds said. With nearly 500 students at the school, "there will always be some kids who might be shy." The Buddy Bench gives students a place to connect with each other, he said, while providing an opportunity during school assemblies to discuss the importance of inclusion.

Wilson said he hoped the bench would lead to many new friendships and fewer isolated children. Asked how he felt about completing the project, he said, "I'm proud because I finished my dream." NOTE: This story was written by Kent Pollock, a retired journalist who is Wilson's grandfather.



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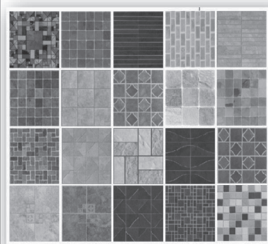
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ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

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Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less. (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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Thu Aug 24, 2017 Out To Public
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Wed Sep 6, 2017 DEADLINE

Thu Sep 14, 2017 Out To Public

Wed Sep 20, 2017 DEADLINE

Thu Sep 28, 2017 Out To Public
OCT 2017

Wed Oct 4, 2017 DEADLINE

Thu Oct 12, 2017 Out To Public

Wed Oct 18, 2017 DEADLINE

Thu Oct 26, 2017 Out To Public

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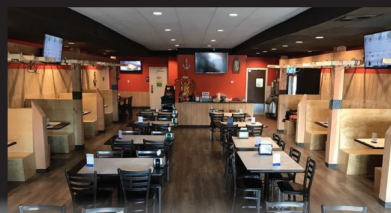
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**MEIGEL, ANNIE
ELIZABETH (NEE
THOMAS)**

Annie passed away peacefully at 9:10 am on Monday, August 24th, 2017 of natural causes.

Annie was one of five children born to Clarence Thomas and Annie Elizabeth Hardy of Chicago, IL. She was married to Thomas A. Meigel and had two children, Robin Laurel (1954) and David Walter (1957). When Thomas retired from active duty with the US Navy, the family settled in Poway, CA just north of San Diego, in 1962. They divorced in 1969.

Committed to supporting her children, Annie stayed in Poway, well after her children graduated high school and went on to pursue their own careers. Though priding herself as a "stay at home mom", Annie took

on additional part time jobs including being a secretary for a college professor at the US International University located near Scripts Ranch, CA. In later years, she supplemented her income by providing childcare for local families. A woman with very strong Christian beliefs, Annie was also very active with her local church and charity organizations such as FISH in and around the community.

In 2002 it became too expensive for her to remain in Poway so her son David, who moved to Orangevale in 1999 after his retirement from the US Air Force, opened his house to her and took her in. She settled in quickly and joined the congregation of the Orangevale Baptist Church for a number of years, while making fast friends among the neighbors around

David's home.

In 2012 she was diagnosed with progressive Alzheimer's and dementia, requiring more care than her son could provide by himself, and was admitted to Asbury Park Nursing and Rehabilitation Center in Sacramento, CA under custodial care for the remainder of her days.

She is survived by her two children, Robin of Washington D.C. and David of Orangevale, CA, and a younger brother, Lawrence Thomas Jr., of Bristol, WS.

Visitation and services were held on August 1, 2017 at PRICE FUNERAL CHAPEL (6335 Sunrise Blvd., Citrus Heights, 916-725-2109). A graveside service was held August 4, 2017 at Mt. Pleasant Church (5455 Mt. Pleasant Church Rd., Macon, GA.) Additional information at PriceFuneralChapel.com.

PUBLIC NOTICE

**Public Hearing for the
Orangevale Recreation & Park
District 2017/18 Final Budget**

Notice is hereby given that a public hearing to discuss the Orangevale Recreation & Park District final budget will be held on Thursday, August 17, 2017 at 6:30 p.m. at the Orangevale Community Center, 6826 Hazel Avenue. The public is invited to attend and speak about any item in the budget or regarding the addition of other items. The District adopted a preliminary budget for the 2017-18 fiscal year at the Board of Directors meeting on June 8, 2017. Copies of the budget are available for inspection at the District Office or on the District's website at www.ovparks.com.

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LETTER TO THE EDITOR

TO: Editor of OV News

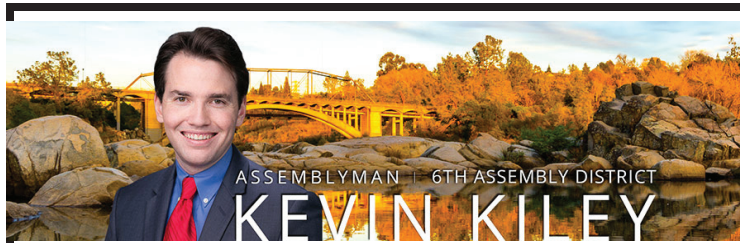
I am interested to know if the Chamber of Commerce and/or other local organizations participate in trying to find businesses to move into vacant stores such as the SaveMart that closed. It seems we do not need any more discount stores in the area since we have Winco and Walmart.

Also, we frequently read in the newspaper about the support given to local farmers and the farmers markets. Yet we had a wonderful orchard that is no longer active and appears to have dying trees. I loved the fresh peaches and plums I purchased there. We have Tom Tomich's orchard left which still produces the most wonderful fruits and apples, etc. I feel these kinds of orchards are truly gems worth keeping in the community. Is there no **organization interested in seeing that these kind of small orchards continue to exist once the owner has passed away? Are we not the food capitol of California and perhaps the country??**

Eileen Herrin

Metro Fire Revises Public Information Officer Contact Information

Metro Fire Headquarters, CA – In an effort to ensure the timeliest, most efficient, and accurate dissemination of information related to Metro Fire, the District has established a new "On Duty PIO" contact line in conjunction with the development of our Community Relations Division, and specifically, our Public Information program. This number will always be forwarded to the On Duty PIO. We understand providing this information can make a positive difference in the lives of our community members who both live and work in the Sacramento Region. Providing direct access to the members of our media partners and those in other official communications



Assemblyman Kevin Kiley invites you to the **Woman's Thursday Club in Fair Oaks for coffee and conversation about state and community issues.**

When: Saturday, August 12, 9:00 a.m. to 10:30 a.m.

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capacities assists in achieving our goal to provide information to you 24/7/365 on developing incidents.

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*Captain Chris Vestal, Metro Fire's primary assigned PIO, can be reached via voice or text at his new number, (916) 616-2430.

Metro Fire PIO Team Members: Captains Chris Vestal, Brian Gonsalves, Adam Huckaby, Engineer Adam Spiva, and Inspector II Diana Schmidt
Metro Fire Community Relations Team Members: Community Risk – Specialists Michelle Cummings, Brenda Briggs, and Chris Dargan

We also invite you to actively follow @metrofirepio on Twitter where we are able to push out information en masse quickly and frequently on rapidly developing incidents as we are unable to answer every call as they are received. Information pertinent to the incident as well as a media staging location where a PIO will be able to meet with media representatives may be indicated via Twitter as well.

Metro Fire is active on Instagram at "metro_fire_sacramento" and Facebook at "Sacramento Metropolitan Fire District" where we will post routine information about the District using the hashtag "#MetroFire" which is being used across all social media platforms. Information may

include but will not be limited to opportunities to interact with Metro Fire at community events and fire and life safety education topics.

We ask for your understanding during this transition to new phone numbers. During the month of August, we will have all individual assigned lines forwarded to the on duty PIO.

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Jax Thunder seeks to make this level of baseball affordable for players and families whom otherwise would not have an opportunity. Through our non-profit status we have developed a system of partnerships with local businesses, community services, hosting fundraising events, accepting donations and having our players obtain sponsorships to make this level of baseball affordable to lower income households. Jax Thunder Baseball coaches and

staff are all volunteer and every dollar that is generated goes directly back to the team to cover the teams' expenses for things like equipment, jerseys, tournament costs, baseballs, training materials and some small administrative expenses. Jax Thunder would like to thank one of our elite sponsors, Bryanne Berry, owner of Massage by Bryanne for her "Big Show Sponsorship." Jax Thunder is excited to host our very first tournament in her name- BryBall Utopia. This event will be held Saturday, August 19th through Sunday, August 20th at Fair Oaks Park 11549 Fair Oaks Blvd, Fair Oaks, CA 95628. In addition to the various baseball games that will be held throughout the weekend, a Kid Zone will be offered for a small fee, which will feature a Waterslide and other fun outdoor activities for kids to enjoy. We are also excited to have other local organizations and businesses involved to make BryBall Utopia a success. Boy Scout Troop 310 will open up with the Color Guard presentation, Bella Vista Cheerleaders will be holding a



bake sale, Kona Ice will be onsite to help families stay cool in the heat, and Miss Orangevale will be presenting the trophies and awards to the champions. The snack bar will be open and don't miss a chance to win a 50-50 raffle. BryBall Utopia is

open to the public and there are no gate fees to enter. Check out our Facebook page, Jax Thunder, for more information about BryBall Utopia, upcoming try out dates and how you can help support this amazing team. Coaches, Staff and Players Manager, Sean Pritchard Head Coach, Jarrett Thiessen Assistant Coach, Chris Bunney Assistant Coach, Josh Duncan Assistant Coach, John Harter Administrative Staff, Christy Pritchard and Stacy James Matthew Bunney, #1 Jeremiah Pritchard, #2 Logan Galvan, #3 Jalen Thiessen, #4 Gage Duncan, #5 Tristan Molina, #7 Silas Sams, #10 Devin James, #21 Josh Harter, #48 Keegan Glick, #75

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LETTER TO EDITOR

SUPERVISOR FROST PROMOTES UNNECESSARY AUSTERITY

© by Mark Dempsey

Sacramento County Supervisor Frost's recent email newsletter in effect declares the County is "out of money." The County has a reserve of only 1.5% of its budget, while the next lowest County has 9.2%. Sacramento County "only saved 10% of the money [it] gained this year." When I objected to the austerity this implies, Ms. Frost asked whether I believed "we shouldn't have even saved the 10%?"

Never mind that this compares apples and oranges--is Tuolumne County's reserve an appropriate guide for what Sacramento's should be? And never mind how reserves vary over time--in 2007, Contra Costa County's reserves were -0.5% of their budget. What I suggest is that austerity entirely misses the point. Ms. Frost's "reserves" are insignificant compared to what she ignores.

Despite the widely held view to the contrary, public sector spending provides something of value to society at large. Good roads not only bring produce from farm to fork, they save tires and

are a net benefit, though to the County, roads remain only a cost.

Reserves can magically appear too--Sacramento City recently gave the Kings a quarter billion dollar subsidy with money that appeared nowhere as reserves. Narrowly focusing on the County's budget reserves does not tell the whole story.

Ms. Frost might respond: "But we'd need to borrow or tax for a program of street improvements or something like 'Housing First' for the homeless--which could save 50 - 80% of the \$40 million the region currently spends.

Yes, sometimes it takes money to save money. But if borrowing produces social benefits exceeding the cost of the loan, why not borrow?

Meanwhile: Why are we borrowing from private banks? A public bank could give the County a line of credit so it could have a "prudent reserve," and produce overall savings without shorting other programs or raising taxes. North Dakota has had public banking for nearly a century, borrowing at low rates, recycling repayment in-state

rather than sending the money to Wall Street. It has lower taxes than California and was one of the few states unscathed by the Great Recession.

Public banking is no novelty. Herbert Hoover's Reconstruction Finance Corporation funded the Tennessee Valley Authority, and the first Bay Bridge. Eisenhower ended the RFC, so, like the Kings stadium subsidy, Goldman Sachs underwrote the second Bay Bridge. California actually has an infrastructure bank, but in a suspicious twist, their underwriting is so restrictive that they couldn't fund the Bay Bridge rebuild.

The Bank of North Dakota's earnings exceeded Goldman Sachs'. Investing in public banking could provide the County's pension fund with better returns than Wall Street.

Meanwhile ordinary citizens get "We're out of money!" as a prelude to some sacrificed service, but when the plutocrats need a bailout--as the Kings' owners did, as Wall Street's Ponzi capitalists did in 2007-8--No problem! Take as much money as you want!

We've seen where austerity leads, too. Margaret Thatcher pled austerity and privatized U.K. public assets like their railways, where ticket prices promptly soared while levels of service declined. Before Thatcher, one in ten British children was poor; after, one in three. Once austerity arrives, funding declines persist, too. In California education funding is down 15.8% compared to pre-recession levels (in North Dakota it's up 38.6%!).

So Ms. Frost has my best wishes for her term as supervisor. It's a tough job, but I'll ask that she please not accept the "we're out of money" obsession as a viable excuse to cut County services. We're not out of money any more than the scorekeeper at the ball game is out of points.



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COUNTY'S NEWEST PEST DETECTION TEAM



**District 4 County
Supervisor Sue Frost**

One of Sacramento's greatest economic drivers is agriculture. Protecting our crops is crucial. Sacramento County has a new pest detection team. Cairo—a big black Labrador—and his handler, Mariah de Nijs, arrived in Sacramento this year.

Cairo was discovered in 2010 in a Georgia shelter by



the National Detector Dog Training Center. During his time in Georgia he worked with Smuggling Interdiction and Trade Compliance (SITC) and traveled the country intercepting federal quarantine material.

Mariah earned a Bachelor of Science in Animal Science and Management at the University of California, Davis, and has worked as an Agriculture and Standards inspector for more than 11 years.

In 2013, Cairo was teamed with

Mariah to protect California's produce from potentially invasive pests that could eradicate crops and crush the local agricultural economy.

The team begins each week with a full day of training, typically learning new scents in new places (like buses and stadiums) to make learning interesting. Cairo is never reprimanded. He is trained by being rewarded only when he makes a correct indication.



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REAL ESTATE NEWS

MISTAKES TO AVOID WHEN SELLING A HOME

When it comes to selling your home, there are four basic rules (aka – the ‘4 P’s) that you should consider in order to avoid unnecessary & costly mistakes. The first is not to Procrastinate. The real estate market changes often & there’s no telling when it will change again. The market is also about ‘supply & demand’. A seller’s market means there are more buyers than homes for sale, however a buyer’s market is just the opposite, in which there are a lot of homes for sale. That scenario creates more competition & may prevent you from getting top dollar. Even a seasoned real estate professional cannot predict when the market

will change, only that it will. Not Being Prepared is another mistake sellers can avoid. There are several smart steps you can take before putting your home on the market. These can consist of anything from staging, inspections or repairs. You should always talk to a real estate professional to help you with the pre-sale preparations. Use a Professional to market & sell your home. Selling real estate is a complicated legal transaction & requires knowledge of all the aspects of the negotiating & escrow process. The process can be overwhelming if you don’t know all the ins & outs. Pricing your home correctly is the key to getting your home sold quickly. Regardless of the type of market it is, pricing your home right is the one

constant. This is where a real estate professionals experience is invaluable. They have the expertise & resources to help you identify your competition as well as your specific market area.

Although selling your home may sound like an overwhelming task, these ‘4 P’s’ can give you a basic idea of what you need to do to avoid any costly mistakes from the beginning.

Terrie Hunt, Broker
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JULY HOME SALES

Address	BDR	Bath	SQ FT	SIZE	YR BLT	Sale Price
8824 Steven Ave	3	1	897	0.25ac	1960	\$ 275,000
5523 Skyridge Dr	3	1	1505	0.20ac	1971	\$ 275,000
6617 Quannah Way	3	1	960	0.28ac	1959	\$ 279,000
6618 Carwood St	3	1	1008	0.24ac	1957	\$ 299,900
6116 Illinois Ave	2	2	964	0.23ac	1946	\$ 300,000
6412 Cerromar Cir	3	1	971	0.19ac	1974	\$ 300,000
8445 Palmaire Way	3	2	1236	0.19ac	1974	\$ 300,000
6845 Mellodora Dr	3	2	1129	0.18ac	1976	\$ 302,500
6625 Smithhart St	3	1	1240	0.23ac	1960	\$ 317,000
8780 Elm Ave	3	1	925	0.45ac	1956	\$ 319,000
6608 Trajan Dr	3	2	1080	0.24ac	1962	\$ 322,000
9136 Nola Pl	2	2	1096	0.10ac	1996	\$ 322,500
8918 Genoa Ave	4	2	1294	0.14ac	1978	\$ 344,200
8272 Northwind Way	3	2	1860	0.19ac	1984	\$ 356,000
8179 Sundance Dr	4	2	1748	0.18ac	1977	\$ 360,000
7207 Almond Ave	4	2	1582	0.22ac	1978	\$ 360,000
9138 Elm Ave	5	4	1686	0.19ac	1960	\$ 375,000
6948 Drywood Way	4	3	1850	0.20ac	1979	\$ 399,900
6906 Pecan Ave	5	2	1605	0.37ac	1970	\$ 405,000
9374 Ottomon Way	3	2	1446	0.26ac	1960	\$ 415,000
8643 Snowberry Way	4	2	1408	0.15ac	1972	\$ 349,900
8628 Blythe Ave	3	2	1953	0.21ac	1987	\$ 417,500
9080 Elm Ave	4	2	1840	0.39ac	1957	\$ 425,000
6010 Cowden Ct	4	2	2036	0.26ac	1986	\$ 435,000
5830 Permenter Ct	5	3	1806	0.28ac	1979	\$ 439,000
8731 Windshire Ln	5	2	1984	0.25ac	1999	\$ 465,000
6537 Wooded Creek Way	4	3	2355	0.20ac	1997	\$ 480,000
8633 Blythe Ave	3	3	2392	0.20ac	1987	\$ 489,900
9021 Pear Orchard Ct	4	3	2261	0.26ac	1989	\$ 502,500
5209 Dredger Way	4	3	2555	0.25ac	1971	\$ 515,000
8840 Evening Star Ct	4	2	1641	0.24ac	1974	\$ 388,214
9500 Vallejo Dr	4	2	1644	1.00ac	1958	\$ 521,000
7249 Saint John Way	4	3	2798	0.94ac	2004	\$ 678,000

Above Information is based on data obtained at MetroList Services, Inc.
Provided by Tom Parker, Broker Lic# 483121
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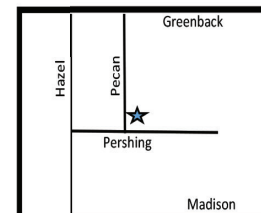
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Orangevale Cooks

by Suzanne Feblowitz



This week we have Lynne Miles' latest favorite recipe for cream of mushroom soup. She started making it to replace canned cream of mushroom soup. When she needs condensed soup she makes it with half the liquid. Cremini mushrooms really make this wonderful. Lynne likes to throw it in her blender and make it creamed style. This mushroom soup is healthier, creamier and tastier than the canned version!

We would love some new recipes, so if you have any recipes, please send them to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email address in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name

HOMEMADE CREAM OF MUSHROOM SOUP

Ingredients:

- 1/4 cup unsalted butter
- 3 cloves garlic, minced
- 1 1/2 pounds cremini mushrooms, thinly sliced
- 1 onion, diced
- Kosher salt and freshly

ground black pepper, to taste

- 1 cup red wine
- 4 cups chicken broth
- 1 cup heavy cream
- 1/2 teaspoon dried thyme
- 2 tablespoons cornstarch

Directions:

1. Melt butter in a large stockpot or Dutch oven over medium heat. Add garlic and mushrooms, and cook, stirring occasionally, until tender and browned, about 5-6 minutes; season with salt and pepper, to taste. Stir in onion and cook, stirring frequently, until translucent, about 2-3 minutes.
2. Stir in wine and bring to a boil; reduce heat and simmer until slightly reduced, about 5 minutes. Stir in chicken broth, heavy cream and thyme.
3. In a small bowl, whisk together cornstarch and 1/4 cup water. Stir in mixture to the soup until slightly thickened, about 1-2 minutes; season with salt and pepper, to taste. If the soup is too thin, add more cornstarch as needed until desired consistency is reached.
4. Serve immediately. Serves 6.



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Let's Make a Difference Together! The Orangevale Chamber of Commerce is looking for your support. With Budget cuts and families on tighter budgets, the need to partner with local business to help our schools fill the gap for much needed school supplies for the upcoming year is greater than ever. Donations may be made by purchasing any of the supplies listed below or through donation of a gift card or other monetary gift. Deliver your donations at any of the upcoming Chamber events or to the Chamber Office at 9267 Greenback Lane B81 (by O'Connor's Grill) before August 15, 2017

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PETACULAR

TEETH CLEANING

It's Kathleen again. I would like to talk about the top reasons why canine dental cleaning is important to your dog. I prefer to have non-anesthetic teeth cleaning done on my personal dogs. Their teeth get cleaned every other month in order to prevent health issues. Let's talk about anesthesia. I only have my animals put under if they must have major surgery. While this is my personal choice, it is based on a concern about the risks of anesthesia. These risks range from the mild, such as considerable itchiness, to the moderate, such as swelling at the injection site, to more serious outcomes such as anaphylactic shock or death. Many dogs that come to my grooming shop after having anesthesia are typically very itchy, with reddish skin and very matted hair, all resulting from scratching themselves because of the itchiness. But in some cases when dogs don't like to be touched in the mouth, or have major mouth/teeth issues, teeth cleaning is important enough to have it done using anesthesia. Bad breath, tartar, inflamed gums, and tooth loss, are some indications that you might want to see a canine tooth fairy. Dogs can start developing plaque and bad breath at the age of three. The American Animal Health Association (AAHA) has a new study that shows gum disease can lead to heart disease. Going from neglecting canine teeth to heart disease is a very scary



thought! So how can we prevent our dogs from getting plaque/tartar? Visiting a canine tooth fairy is a great start. I feed my dogs raw bones because chewing on them helps remove plaque. You can find raw bones and healthy food at local feed stores. Stay away from dog food or treats that contain wheat, gluten, soy or corn; saturated or trans fat; added sugar or salt; animal byproducts (gelatin, animal glycerin); chemical preservatives; artificial flavors or colors. Remember your dog is a carnivore related to wolves. They are supposed to have 70% water in their diets, and eat meat, guts, bone and seasonal fruit

and vegetables. You have the power to dramatically improve and maintain your dog's health and reduce risk of diseases and other serious illnesses through diet, exercise, a home dental care program, and regular vet wellness exams. I hope you find these thoughts on the topic of teeth cleaning informative and helpful. It means so much to me to try to educate people about their canine partner, and in so doing become a small part of their lives! Thank you! Much love, from The Prancing Poodle All Breed Grooming salon in Orangevale, California (916) 202-9292

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0175, or email at info@
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with your meal preference
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Thank you

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Rene's Home Organizing NEW	LogoTeamMats - Best of OV Winner! NEW	Nadler Accountancy Corporation RENEW
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CRIME LOG

Crime	Date / Time	Address	Agency
211 PC: Robbery	Aug 04, 2017 9:45 AM	61XX SUNRISE	Citrus Heights Police Department
496d(a) PC: Possession of Stolen Veh	Aug 03, 2017 9:01 AM	73XX SIDNEY DR	Citrus Heights Police Department
484(A) PC: Petty Theft	Jul 29, 2017 5:00 PM	128XX FAIR	Citrus Heights Police Department
PC 459: Burglary-Commercial	Jul 28, 2017 6:00 PM	91XX Greenback Ln, Orangevale, CA 95662	Sacramento County Sheriff Department
PC 459: Theft from Building-Residential	Jul 28, 2017 9:40 AM	90XX Central Ave, Orangevale, CA 95662	Sacramento County Sheriff Department
PC 245(A)(1): Force/Assault With A Deadly Weapon-Not Firearm:Gbi Likely	Jul 28, 2017 1:00 AM	69XX Drywood Way, Orangevale, CA 95662	Sacramento County Sheriff Department
487(a) PC: Grnd Thft:prop/Etc \$950+	Jul 27, 2017 10:31 AM	70XX SUNRISE	Citrus Heights Police Department
10851(A) VC: Vehicle Theft	Jul 27, 2017 7:14 AM	76XX SYCAMORE DR	Citrus Heights Police Department
487(a) PC: Grnd Thft:prop/Etc \$950+	Jul 27, 2017 2:00 AM	71XX CANELO HILLS DR	Citrus Heights Police Department
459 PC: Burglary - Commercial	Jul 26, 2017 8:00 PM	78XX OLD AUBURN RD	Citrus Heights Police Department
PC 459: Burglary-Commercial	Jul 26, 2017 8:00 PM	92XX Greenback Ln, Orangevale, CA 95662	Sacramento County Sheriff Department
PC 459: Theft of Motor Vehicle Parts	Jul 26, 2017 1:00 AM	93XX Elm Ave, Orangevale, CA 95662	Sacramento County Sheriff Department
PC 459: Burglary-Residential	Jul 25, 2017 10:30 AM	68XX Escallonia Dr, Orangevale, CA 95662	Sacramento County Sheriff Department
459 PC: Burglary - Residential	Jul 25, 2017 10:00 AM	63XX SAN PABLO DR	Citrus Heights Police Department
459 PC: Burglary - Residential	Jul 25, 2017 5:45 AM	75XX MINNESOTA DR	Citrus Heights Police Department
PC 273.5: Inflict Crpl Inj Sp/Cohab	Jul 22, 2017 1:00 PM	62XX Main Ave, Orangevale, CA 95662	Sacramento County Sheriff Department
459 PC: Burglary - Commercial	Jul 21, 2017 2:00 PM	69XX SUNRISE	Citrus Heights Police Department
484(A) PC: Petty Theft	Jul 21, 2017 1:08 PM	78XX GREENBACK LN	Citrus Heights Police Department
487(a) PC: Grnd Thft:prop/Etc \$950+	Jul 20, 2017 11:52 PM	61XX SUNRISE	Citrus Heights Police Department
459 PC: Burglary - Residential	Jul 20, 2017 10:30 PM	80XX STONE CANYON CR	Citrus Heights Police Department

COMMUNITY CALENDAR

Friday, Aug 11 BUNCO 4 A CAUSE, Round Table Pizza Tickets \$20. (9500 Greenback Lane) Big Lots Shopping Ctr. Doors open at 6pm Games at 7pm. Call 916.934.2207 for more information

Tuesday, August 15, 7:00 p.m. Camellia Chapter, Embroiderers' Guild of America meeting on at the Rancho Cordova Library, 9845 Folsom Boulevard, Sacramento. The program will be a presentation on tips to make your stitching easier. Guests welcome.

August 26 ree. 916-223-2751 DOG DAYS OF SUMMER FESTIVAL Christ the King Lutheran Church August 26, 2017 9:00 am to 2:00 pm Christ the King Lutheran Church in Orangevale, CA invites you and your family to our Dog Days of Summer Festival on August

26, 2017 from 9:00 am to 2:00 pm. Come and enjoy a summer festival celebrating our beloved canine companions on National Dog Day. You will experience dog related Vendors & Demonstrations, Veteran Dog Organizations, Law Enforcement K9 Units Dog Rescues & Service Groups and a Blessing for your Dog by our pastor. Bring your Dog on a Leash! This event is free! For more information, please contact the Church at (916) 988-2484 or go on-line to ChristTheKingOV.com Tuesday,

August 29th at 7:00PM- Estate Planning Seminar- Learn how wills and trusts can protect you, your assets, and your loved ones. Light refreshments served. The Swenson Law Firm 8788 Greenback Lane, Ste 105 in Orangevale. RSVP 916-333-0833.

September 7, 2017 Join us to

watch a KVIE documentary about healthy aging. Eskaton is proud to host "Before the Fall," a never before seen documentary about fall prevention and recovery. Enjoy this 30-minute educational film, join the Q&A with the Emmy-winning filmmaker Karen Christian, and watch a demonstration of fun and easy exercises to help reduce your fall risk. September 7, 2017 1:00 PM Eskaton Fountain Wood Lodge Assisted Living and Memory Care 8773 Oak Avenue Orangevale, CA 95662

September 19 Join the Camellia Chapter, Embroiderers' Guild of America, at their monthly meeting on Tuesday, September 19, 7:00 pm, at the Arcade Library located at 2443 Marconi Avenue. Guests welcome. Free. 916-223-2751.

FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation (Wednesdays 4:30pm-6:30pm & Thursdays 9:00am-12:30pm), they will now be open Mondays 11:00am-1:00pm.

SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

FARMERS'S MARKET
Thursday 4-8 pm
9295 Greenback Lane, Orangevale
95662 (Next to Dairy Queen at the corner of Greenback & Walnut)
Phone: 916.989.8779
Email: OVdqEvents@yahoo.com

COMMUNITY GROUPS & MEET UPS WEEKLY EVENTS

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details.

Orangevale Overalls Square Dance Club Meet every Monday 7-9pm at THoly Family Parish 7817 Old Auburn Rd, Citrus Heights

TOPS (Take Off Pounds Sensibly) meets Weekly Church of Christ, 5915 Main Ave, Orangevale. Info call 988-6827

TOPS (Taking Off Pounds Sensibly) meets every Wednesday, 9:30-11:30 AM, at the Heritage Oak Glen Mobilehome Park Clubhouse, 6900 Almond Ave., Orangevale. For more information, call Vic at (916) 967-1418. New attendees always welcome

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm- Redeemer Covenant Church, 6800 Main St., OV

SERTOMA - SERVICE TO MANKIND meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

MomsRUs- Begins our Summertime Bible Study in the Park on Tuesday's @10AM from June 20th-August 8th (except July 4th) @ Lew Howard Park, 7200 Baldwin Dam Rd., Folsom. Fellowship with friends & meet new ones while your children/grandchildren play. Bring your own chair, water and snacks.

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdown Way Orangevale, Please call for details at 968- 1039 or 988-4810 Everyone is welcome

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day . Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale .

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reúne los martes 6:00 p.m.-7:15 p.m. en American River Alano, 9346 Greenback Ln. Ste 8, (entre Walnut y Main) Orangevale

Bridge Player Group Every Tues. OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For for more details at 988-9474

Support Group Sessions Diabetic - Arthritis - ibromyalgia Every Tuesday 10AM - 12PM & 2PM - 4PM 9198 Greenback Ln #208 916-989-9922"

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org.

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916) 966-2261 or visit our website: www.saintfrancisco.org and follow us on facebook

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www.facebook.com/groups/1033947523343437/

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a riendly atmosphere. (916) 792-5561

MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May). Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Orangevale 916-988-2200. The meeting is free.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

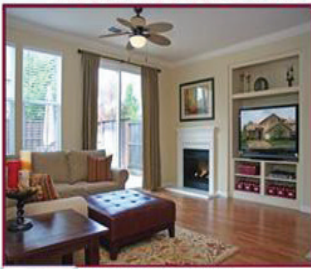
Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens s Club meets the 3rd Tuesday of each month Sept. through May Maidu Community Center, 1550 Maidu Drive, Roseville. Doors open 12:30. Garden experts speak at each meeting. GUESTS WELCOME! Call 784.0418 for information.

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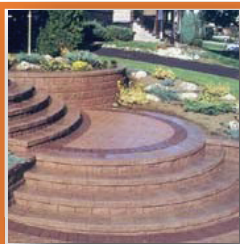
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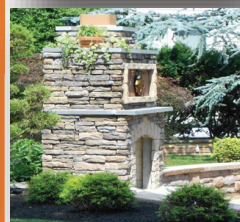
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Assistant Commander; Lieutenant Matthew Petersen 874-1013
Operations Lieutenant; Lieutenant Todd Henry 874-1013
Problem Oriented Policing Sergeant Michael Haynes 876-5729
Ongoing Law enforcement issues northPOP@sacsheriff.com
Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks
Transient Enforcement Team (TED) northTED@sacsheriff.com 874-1025
District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874-3064 linthicumr@sacda.org
North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com
Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com
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Records Bureau 874-5383
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Red Light Enforcement Program 876-6643
Towing Detail 876-6641
Adult Protective Services 874-9377
Animal Control push 2, for 24hr assistance 875-5232
Child Protective Services 875-5437
Restraining Orders 875-3400
Graffiti Abatement on public property (DOT) 875-5171
Graffiti Abatement on SMUD property 732-6043
Graffiti on private property or abatement 875-5656
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Burglary and property crimes 875-5388
Crimes against Persons 874-5070
North Division Information 874-1021
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<http://www.311.saccounty.net/> 311
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Child Abuse Bureau 874-5191
Civil Division 875-2665
Hi-Tech Crimes Task Force 874-3002
Homicide Detail 874-5057
Identity Theft Task Force/Real Estate Fraud 874-3000
Robbery Detail 874-5051
Sexual and Elder Abuse Bureau/Crimes Against People 874-5070
Sex Offender Registration Detail (Recording) 874-5090
For burglary, vandalism, and assault report follow-up contact Detectives.

GOVERNMENT OFFICIALS

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR Ted Gaines Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762
Phone: 916-783-8232 Fax: 916-783-5487 senator.gaines@senate.ca.gov

ASSEMBLY MEMBER
KEVIN KILEY District Office- 8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430
<https://ad06.asmc.org/>

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, # 2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning.saccounty.net

G.L.O.V.E. (Greenback Lane OrangeVale Envisions) Meets 4th Wednesday of the month 6:00 pm Location will vary. For more information email glove@surewest.net

The Sheriff's Dewey Service Center
Located at 5484 Dewey Drive is in the Safeway Shopping Center Volunteers can help you in filing crime reports and answering questions. The office is open: Monday 10-5, Wed 10-7 Fri 10-5

CHURCH INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net, <http://www.calvaryfo.org>

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/Primary 11:20am PH/Relief Society/Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/

Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. www.divinesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday Worship: 9am Classic, 9am 10:40 Modern Casual. Children's programs at both times. 967-4784, www.fopcc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Sunday Worship 10:45am and 6pm

First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcbf.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm

Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011 Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Corner of Kenneth & Madison in Fair Oaks 9am Classic Service 10:30am Modern Service 916.988.2390 www.hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Tuesday Night Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-yr-olds on T/Th & PreK on M/W/F – call 916.988.0998,

smallwondersorangevale.org. St. Francis Episcopal Church 11430 Fair Oaks Blvd. Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

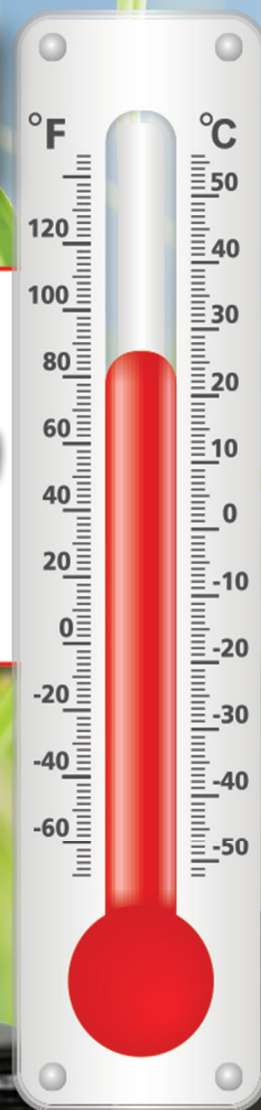
World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)

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