#### JR ROTC FOOD DRIVE



The Casa Roble High School Force Junior ROTC cadets working hard for two weeks by collecting almost 750 non perishable food items, coming through for the local community members of Orangevale The cadets donated all the food packages to the Divine Savior Church Food Bank in Orangevale just in time to help stock their shelves so the church volunteers could put together food baskets for needy families in the area. The cadets were so happy to be able to give back and the knowing they made a positive difference in peoples lives, especially during this giving time of year.

Senior Master Sergeant John DeVenere



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# STUDENT COUNCIL PROJECT COLLECTS OVER 3,000 BOOKS



Stephanie Tice's fourth grade class celebrates winning the book collection contest by collecting 550+ books

San Juan Unified school board member Mike McKibbin was overwhelmed. In the small lobby of Green Oaks Fundamental School sat over 1,000 beautiful children's books to be distributed to at-risk children in poverty. Wondering if he could even fit all the books into his car.

Albano was referring to the school's annual Student Council project; this year, it was a book drive to collect new and gently-used books to donate to at-risk children in poverty. Struck by the statistics that the average middle class child has 13 books in the home and that in some under-resourced communities there is one book for every 300 children, the Student Council decided to act. The World Literacy Foundation finding that 3 fourths of 4th graders who finish 4th grade reading below age level will end up in prison or on welfare struck the hearts of Student Council members. Through enthusiastic marketing and holding a contest to see which classroom could collect the most books, the Student Council led Green Oaks to collect 3,328 books in 4 weeks.

Teacher Joe DaMarto, faculty liaison to the Student Council,

said "The book collection was easy—the kids did everything! The competition between the classrooms made it fun. The larger community of Green Oaks is extremely supportive," DaMarto added. "We have great parents who are willing to help out as long as they are informed. Our job in

Student Council was to spread the message, and I think we had a lot of success."

The books, distributed by McKibbin and his wife Celeste, were given to children in Mexico, Africa, the Philippines, and other developing areas of the world. Locally, the books went to Grand Oaks Elementary Head Start, Sacramento Receiving Home neglected and abused children, and Only Love Preschool on Howe Avenue, which serves young children in a highWest Sacramento. Over 1500 books went to the Unsung Heroes project for Sacramento veterans and their families. Some of the books were given to children in migrant camps.

Sixth grader Audrey Wherry a Student Council co-president, shared that "I'm glad we did the



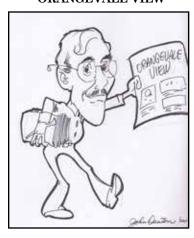
Second graders Sarah and Nicole from Julie Duncan's classroom help bring books to Mike McKibbin's car.

#### risk underserved area of CONTINUE PAGE 5

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The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

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Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

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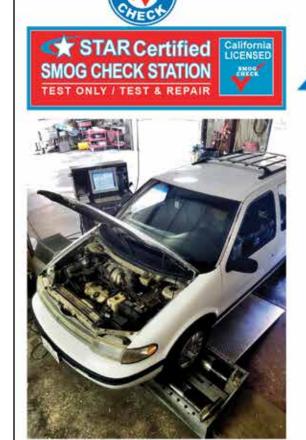
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# STUDENT COUNCIL PROJECT COLLECTS OVER 3,000 BOOKS



Mike McKibbin, Joe DaMarto, and Green Oaks Student Council members celebrate their achievement with Love Talk Read bags.

book drive because it helped all those kids who were not as fortunate as some of us. I personally really like helping people and this is a great way for everyone to chip in a little bit; they are supporting kids who might not know how to read yet."

Co-president Sophie Golden, also a 6th grader, added that "I think it was really good that we did the book drive because I feel that everyone should have the opportunity to read! The kids here are very supportive and they all want to help. It was just a really fun experience to know that we are helping the community."

Both students and staff were astonished by the sheer number of books that were collected. Sixth grade student council member Meghan Burns stated that "I'm really happy that we were able to get more than 3000 books instead of the 1,000 we expected. It's great that we could help other students in our district and in other countries."

On this same theme, 4th grade Student Council Sadie Moore added that "I'm happy that we did this because there are people around the world who can start with books to help their learning.

We helped people in need and that is very special. You want to make people feel good by doing something for them.

5th grade Student Council member Elizabeth Avery said "I'm really glad that we collected the books because reading is a good life skill. I'm glad we got everyone to kick in with helping kids get books:."

4th grade Student Council member Landon Dempsey equally happy that the book collection would help brighten the future for children in poverty by increasing their literacy skills. "I'm happy that kids that aren't as fortunate as us can learn like all kids should be able to do," he said.

Stephanie Tice, the teacher of the 4th grade class that won the competition for collecting the most books. Her class collected over 550 books, and she shared that "It's a great time of year to do something for others. What better way to spread the love of reading than to send books all over the world?"

Principal Robert Reynolds was more than impressed with the results of the book

drive. "When we have a grass roots effort, including the student council and their leadership, these students help take the message of the importance of reading to other kids. This is the result."

School's Secretary, Cris Albano agreed with the surprising numbers of books collected. "At Green Oaks, you have to be careful what you wish for because they will go above and beyond what is required. You will get more books than you ever thought possible.

School board member Mike McKibbin summed up the experience. "Once again, the young people of San Juan Unified, especially Green Oaks, came through in epic fashion by collecting more than 3,000 books that will go all over the world as well as locally to give kids the opportunity to read and succeed for a brighter future." McKibbin's son Mark, a sophomore George at Washington University in Washington, D.C., attended Green Oaks for several years.

Article and photos by Celeste Roseberry-McKibbin, Ph.D., CCC-SLP

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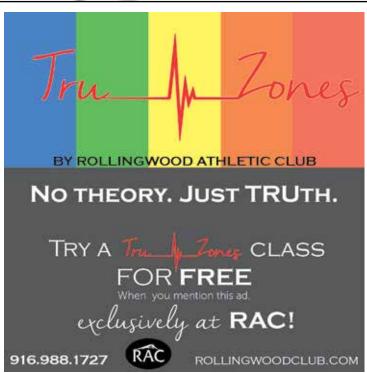


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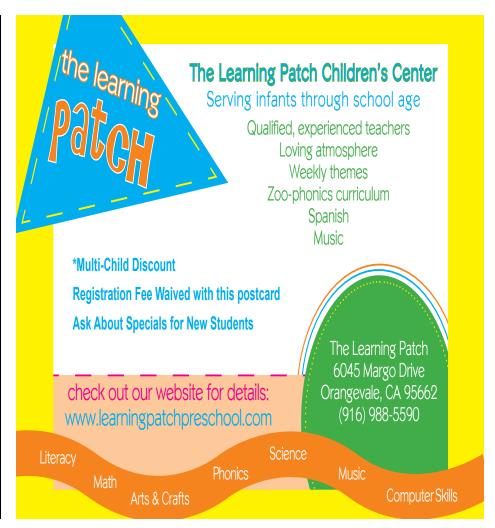


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# CALIFORNIA IS FAILING PEOPLE WITH MENTAL ILLNESS



Assemblyman Kevin Kiley

Mental illness is on the rise in California. And we are not doing nearly enough to get help to those who need it.

This epidemic affects one in 20 adults and one in 13 children, tearing at the fabric of our community in countless ways: from the silent suffering of millions to the louder impacts on crime, poverty, and a growing homeless population. Yet at least half of Californians with mental illnesses are untreated; when treatment is provided, it is often in a jail or prison; and the effectiveness of such treatment is mixed, at best.

This treatment gap is startling, because our state has made mental health funding a priority. In 2004, voters passed Proposition 63, dedicating roughly \$2 billion a year on top of existing mental health spending. This revenue stream is untouchable, enshrined in the California Constitution. Yet more than a decade later, the state has little to show for it. Despite isolated examples of high-performing making programs difference in some counties, there is scant evidence of any overall reduction in mental

illness or the social problems associated with it. What went wrong?

Bureaucracy, one. Responsibility for a statewide mental health strategy is divided between three separate agencies, as documented by the leading government watchdog known as the Little Hoover Commission. Shared responsibility has turned into collective neglect, as no individual agency accepts leadership for evaluating programs, assisting counties, and implementing a longterm vision.

The largest of these agencies, the Department of Health Care Services (DHCS), even admitted to auditors that efforts at oversight are "not very robust." That may be an understatement. More than half of California's 58 counties no longer even bother to submit their annual reports to DHCS on how they are spending mental health funds, even though the law requires this as a condition of the funding. As a result, failed programs continue, successful ones are not scaled up, and many suffering Californians fall through the cracks.

It is time for the Legislature to show leadership on this vitally important issue, rather than simply await a self-correction from the bureaucracy that will never come. That removing starts by the responsibility oversight from DHCS, and creating an independent Mental Health

Commissioner who is directly accountable to the Legislature, and whose sole responsibility will be effectively using mental health funds to fight the scourge of mental illness.

For the sake of millions of Californians who are suffering, we must do better.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. On Friday, February 2 he will be hosting a community coffee with Senator Jim Nielsen from 8:00 to 10:00 a.m., to take place at the Maidu Community Center in Roseville (1550 Maidu Drive).

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# WHY I SUPPORT AN EXPANSION OF PROPOSITION 13



**Supervisor Sue Frost** 

The last board meeting of the vear has come and gone, and I have officially completed my first year as your County Supervisor. During the year I made it a point to write an opinion piece every month - some of them were to explain how and why I voted the way I did, some were to explain my stance on a controversial issue, and some were to simply bring to your attention an important topic that impacts Orangevale residents. I noticed though as I reviewed all 11 of them that very few of them were positive. So in the spirit of the holiday season, I want to use my 12th article of the year to be about something I am advocating in support of: the expansion of Proposition 13.

As you may know, Proposition 13 was passed in 1978 by a large margin and resulted in a cap on property tax rates in California, reducing property taxes by an average of 57% while also requiring a two-thirds majority in both legislative houses for future tax increases. Unsurprisingly, opinion polls conducted since then have shown it remains wildly popular among homeowners and taxpayers.

But there are two notable catches to Proposition 13. First, if you want to ever sell your home and buy a new one for a higher value, your new home will be taxed at a brand new rate and you will lose your former cap. Second, even if your new home is a lower value than the one you sold, you lose your former cap if the new home is in a different county. This causes a disincentive to

sell, causing less turnover in the housing market and making it more difficult for young people to buy a home. This is especially problematic in California, as we are experiencing a housing crisis that has homeownership rates at their lowest since World War II. I know this personally impacts me, as I would never dream of selling my home if I knew I would lose my lower property tax rate.

We can fix this rather easily by removing these two impediments. We need to make it so all counties can accept these transfers from counties across California, and we need to make it so you can buy a more expensive home and keep a similar tax rate.

I fully recognize that expansion of Proposition 13 would not just allow homeowners to keep more money in their bank account, but as a consequence counties would receive less tax revenues. As such, my stance may be an unpopular one among County Supervisors across California. as government representatives have a tendency to be wary of any efforts to strip their governmental entities of funding. I am convinced however that people being able to keep more of their tax dollars at home would have a positive impact on our local economy and provide more homeownership opportunities to entry level homebuyers.

Finally, I want to invite everyone to my first Orangevale community meeting of 2018, on January 10th at 6:00pm at the Orangevale Community Center (6826 Hazel Avenue). This is an opportunity for you to get an update from me and to ask me any questions you may have. I always stay after the meeting to make sure that every person has an opportunity to ask their questions. Thank you for reading - and as always, if you want to contact me, call me at 916-874-5491 or e-mail me at SupervisorFrost@saccounty.net. Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks. By County Supervisor Sue Frost

## How to Share Family History and Heirlooms with Your

#### Estate Plan

The best time to share your family history with loved ones is right now. During the holidays families get together and stories are exchanged. You may have special items that go along with your stories, such as yearbooks, a baptism dress, a silver comb, news articles, or photographs.

As you share these stories, you may decide that you would like to give a special item to one of your loved ones. Heirlooms are a tangible way of connecting with ancestors. To pass on your heirlooms, you can use a personal property memorandum in your estate plan. The Memorandum allows you to list which personal property items you wish to leave to whom. Some examples of items are: jewelry, books, instruments, furniture, collections, letters, and photographs. A Personal Property Memorandum should be referenced in your Will or Trust. Once a Personal Property Memorandum is properly created, it is easily updated and the updates seldom have to be done with an attorney.

It is important to put your wishes in writing. Verbal wishes can cause family disharmony after you are gone. Loved ones grieve in differing ways, and it is common for family members to want to cling to your things as a way to connect with you. It is not uncommon to have families torn apart as they disagree on what the wishes and desires were of their family member that has passed on. When your wishes are in writing it is clear to the Executor and to all involved how to distribute your items. This holiday season connect with your family by sharing stories. If there is an item that you would like to give to a family member contact an Estate Planning Attorney to properly document the gift.

Sam Swenson is the Managing Attorney at The Swenson Law Firm. He offers free consultations for Estate Planning. To find out more about Creating a Personal Property Memorandum call 916-333-0833.

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# Real Estate News

## How Much Home Can You Really Afford?

Chances are, you've heard it before: start your search for your first home with a clear idea of how much you can afford. But how do you calculate your budget? Here are some guidelines.

- 1. Lenders Often Use the 28/36 Method of Qualifying Buyers The monthly payment cannot exceed 28 percent of your monthly income, and the total of all debt payments is limited to 36 percent of your income.
- Usually Maximums

  Not everyone can afford the largest home they qualify for. You need to look carefully at your expenses and lifestyle to see whether you can pay the

maximum, month after month.

2. The Lender Percentages Are

Families with high medical expenses, auto repair bills or educational costs, for example, may decide to take out a smaller mortgage rather than borrow the most they can.

3. Inquire About the Monthly Principal and Interest Payments on the Loan You Qualify for Add in the monthly cost for property taxes, homeowners homeowner insurance and association dues, if any. Estimate utility, credit card and car payments. Add all these items to the monthly mortgage to get your total fixed expenses. Also, figure in some routine maintenance costs. Subtract the total from your monthly income to get an idea of how much discretionary spending money vou will have left at the end of the month in your new home.

4. Don't Put All Your Money Into the New Home

Plan to have several months'

worth of income in a savings account for emergencies after you pay closing costs. Also, allow for start-up costs such as new furniture and draperies, paint and wallpaper, new tools and equipment, etc.

5. Consider Moving to Bigger Home in Steps, Rather Than All At Once

After considering all the figures, you may decide to move into your first home now, even if it is not your dream home. In a few years, your dream home may be within a comfortable reach.

Terrie Hunt, Broker River Ridge

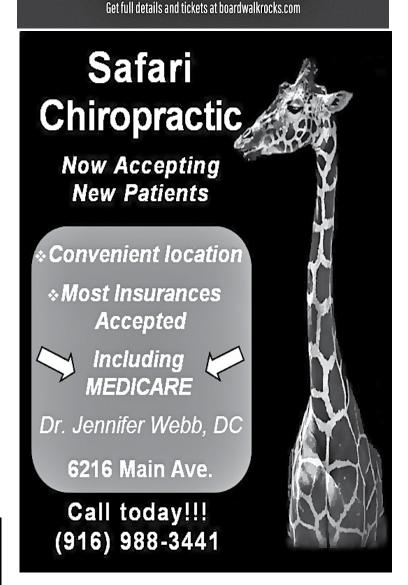
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DEC	ЕМВ	ER	НОІ	ИE	SAL	E :	S
Address	Bedroom	Bath	Square Feet	Lot Size	Year Built	S	ale Price
9077 Westeria Way	3	2	1484	0.18ac	1979	\$	285,000
6601 Woodmore Oaks	3	2	1294	0.17ac	1964	\$	305,000
9344 Castlemont Cir	3	1	1324	0.14ac	1971	\$	315,000
6919 Bali Ct	4	2	1289	0.31ac	1960	\$	317,000
9337 Orangevale Ave	4	2	1391	0.33ac	1957	\$	320,000
6354 Cerromar Circle	3	2	1023	0.15ac	1973	\$	329,900
5625 Nostaw St	3	1	1008	0.28ac	1960	\$	330,000
8914 Genooa Ave	4	2	1317	0.14ac	1978	\$	332,000
9500 Central Ave	3	2	1500	0.45ac	1960	\$	350,000
5719 Illinois Ave	3	1	1397	0.46ac	1950	\$	355,000
6113 Rolkingham Way	3	3	1526	0.04ac	2011	\$	359,000
6748 Quanah Way	3	2	1481	0.37ac	1980	\$	360,000
8278 Rhodora Ct	3	2	1415	0.26ac	1980	\$	369,850
9255 Blue Oak Dr	4	2.5	1927	0.14ac	1977	\$	370,000
9424 Bullion Way	3	2	1348	0.25ac	1972	\$	375,000
6102 Amani Pl	3	2	1504	0.12ac	2014	\$	376,000
6236 Wittenham Way	3	2	1570	0.24ac	1980	\$	379,000
8220 Okenshaw Way	4	2	1958	0.20ac	1985	\$	383,000
8975 Calvert Ave	4	3	1444	0.26ac	1958	\$	386,000
8874 Evening Star Ct	3	2	1508	0.27ac	1973	\$	389,500
6641 Big Chef Ct	4	2.5	2040	0.20ac	1977	\$	390,000
9217 Rock Canyon Way	3	2	1409	0.22ac	1980	\$	390,000
9129 Lost Ln 9401 Buffalo Ave	3 4	3 3	2252 1614	0.50ac 0.36ac	1966 1959	\$ \$	392,000 399,900
8128 Sundance Dr	4	2.5	2040	0.30ac 0.20ac	1977	\$	410,000
8320 Crestshire Cir	4	2.3	1862	0.20ac 0.14ac	1984	\$	420,000
6620 Filbert Ave	4	2	1676	0.30ac	1956	\$	435,000
8574 Almond Bluff Ct	4	3	2235	0.20ac	1995	\$	450,000
9351 Rock Canyon Way	3	2	1694	0.43ac	1984	\$	463,000
8713 Windshire Ln	3	2	2280	0.33ac	1958	\$	475,000
5400 Dredger Way	3	2.5	2366	0.25ac	1964	\$	505,000
8477 Whispering Oak Ln		3	2437	0.17ac	1987	\$	509,000
6508 Hickory Ave	3	2	1791	0.05ac	1955	\$	539,990
9145 Ivy League Cir	4	2	3175	0.45ac	1999	\$	665,000
10061 Hadleigh Dr	5	4	3424	2.23ac	2003	\$	949,000

Above Information is based on data obtained at MetroList Services, Inc.
Provided by Tom Parker, Broker Lic# 483121
Orangevale Realty 987-4704



# BIG DAY OF SERVICE









#### ORANGEVALE - FAIR OAKS

#### SATURDAY -MAY 5, 2018 What is Big Day of Service?

Big Day of Service is a grassroots, all-volunteer led initiative to make a positive impact in Orangevale and Fair Oaks. We hope to unite the community around the idea that we can all make things better by working together. In 2018, we expect to rally 500 volunteers and tackle 25 local projects to beautify and improve our neighborhoods. A group of community leaders has been planning the event and is looking for project suggestions as well as more project leaders and volunteers. We believe that communities get better when they serve together, and everyone can play a role in making this happen.

Saturday, May 5

7:45 am
Volunteer Check-in &
T-shirts
8:00 - 9:00 am
Community Pancake
Breakfast
9:00 - 10:00 am
Kick-off Rally
10:00 am
Projects begin in a
variety of locations

around Orangevale and

#### Fair Oaks

# What is the purpose?

Purpose is to bring neighbors together to create a positive impact in the community and create a ripple of kindness and service. Our community needs something positive to rally behind, look forward to, and celebrate for months to come. Good things happen when people intentionally serve others and do something bigger than themselves. And there are many unmet needs where an army of volunteers could make a big impact in one day.

Who is involved in this

#### event?

A group of 30+ community members including -representatives from County Supervisor Sue Frost's office, as well as individual leaders, local organizations, businesses, and some of the area's largest churches -- has been planning the event and is looking for project suggestions as well as more project leaders and volunteers.

# What types of projects will there be?

A wide range of projects will be proposed such as cleaning up public areas, school and park projects, senior care

home activities, preparing military care packages, and more. Projects will be in Orangevale and Fair Oaks, have between 10-50 volunteers, and will have a broad community benefit. Projects serving individuals will be considered, but prefer to serve through local organizations. We're planning to source project ideas from neighbors in the community who see a need and want to work alongside the community to make it better.

For more information, visit www.bigdayofservice.com



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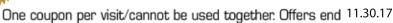
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# Happy New Years! From OVparks

# **Best Friends Bash**

Fri, Feb. 16th • 10:30am

Meet new people, play fun games, like Valentine Bingo, for one of Cupid's special prizes. Kidz Korner preschool will entertain you with sweet valentine songs and a special handmade item. Enjoy pastries, coffee, refreshments and good conversation. Register by 2/3 and receive an extra door prize ticket. Preregistration required.



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Sat, Feb. 17th • 3:30pm

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Natural Soap Making \* W 1/24 7:00-8:15pm

Kids Ninja \* M-Th 2/1-2/28 4:45-5:30pm

Pee Wee Basketball \* Sat 2/3-2/24 10:00-11:00am

TwirlSport Kid's Jam & Tumble \* Tu 2/6-2/27 4:30-5:15pm



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# rangevale Cooks

by Suzanne Feblowitz

Happy New Year! Why not resolve to try a new recipe this year or share a recipe? I am hoping to receive many new recipes from readers this year! In this issue, I am sharing my family favorite recipe for linguine and clams. I have been making this recipe for over 25 years. It is very quick and easy to make. You can serve it with bread and a salad for a complete meal.

If you would like to share a favorite recipe. please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit

vour name.

# **Linguine and Clams**

½ cup butter ½ cup olive oil 3 cloves garlic, pressed 2 cans minced clams 1 tsp dried oregano leaves 1 tsp dry basil

1/8 tsp crushed red pepper 1 ½ cups chopped parsley, if using dried use \(^3\)4 cup 1 pound linguine, cook while preparing sauce

In a large pan, melt butter with olive oil on low. Add garlic, stir and cook for a few minutes; do not let garlic burn. Drain the juice from the cans of clams into the butter mixture. Add oregano, basil and red pepper. Simmer for 5 minutes. Add parsley and clams to

Toss with cooked linguine. This makes 5 to 6 main dish servings.

pan and heat for several

minutes.

## OUR WORLD TODAY

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There's no thought nor consideration To the dangers it can cause When we put money ahead of values By passing these senseless, thoughtless laws

We haven't curtailed the sale of weapons To everyone across our land Now we're worried about increased drug use When it's now available to anyone's hand

We are told that honesty and integrity Should be taught by those at home But how can we expect it to be effective When by our leaders it is not shown

If we want to bring pride back to our country Make us proud for the world to see Then we must change our acts and thinking And make good sense "Our First Priortiy" By: Doris Eutzler



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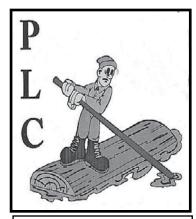
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Melissa Washington is the founder of Melissa Washington, Inc. She is a speaker, author, podcaster, award winner, and LinkedIn workshop trainer who is passionate about connecting with people to engage, educate and inspire others across the nation.

After proudly serving her country in the United States Navy, Melissa earned her bachelor's degree in business management



# Melissa Washington LINKEDIN TRAINING FOR BUSINESS January 25th, 2018 at 12:00 pm, at Rollingwood Athletic Club

and transitioned into a successful career in staffing and recruiting for more than 10 years working for both boutique agencies and global Fortune 500 companies.

Melissa has been featured in the Sacramento Business Journal and other publications, as well as on an NBC KCRA 3 news segment where she was referred to as the "Lord of LinkedIn." She has spoken at conferences and events conducted more than 100 training workshops for organizations such as

Marriott and Social Media Tourism Industry.

She is the Sacramento Business Journal recipient of the prestigious 40 Under 40 award, 2015 National Association Women Business Owners (NAWBO) Outstanding Women Leader (OWL) Visionary Award, Soroptomist Ruby 2016 Award. 2017 Sacramento Business Journal Women Who Mean Business Honoree Members \$7.50 Members \$10.50 Call Orangevale Chamber ro RSVP at 916.988.0175 or Eventbrite https://www. eventbrite.com/e/orangevalechamber-lunch-learn-linkedin-for-



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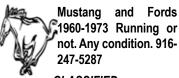
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Family Storytime - Babies, toddlers, preschoolers from 0-5 years along with their caregivers are invited to join us for songs, rhymes, and stories designed to build early literacy skills. You can find this program every Thursday through @ 10:30 AM at Orangevale Library, 8820 Greenback Blvd, Suite L, Orangevale.

#### **Bubbles!** Bubbles!

School Age: An Art Attack Afternoon - Want to start the New Year off with a creative bang? Join us at the Orangevale Library for a perler bead party, snowflake shenanigans, and ring in the New Year with a Happy New Year Baby coloring sheet. Snacks are provided! Generously funded by the Friends of the Orangevale Library. Thursday January 4th, 2:30 p.m. to 4:30 p.m. at Orangevale Library, 8820 Greenback Blvd, Suite L, Orangevale.

Mixed Media Art Journaling - Use your imagination and all kinds of

#### ORANGEVALE BOOK CLUB Fourth Saturday of every month at 1:30 p.m.

Born a Crime by Trevor Noah January 27th

The story of Trevor Noah's unlikely path from apartheid South Africa to the Daily Show.

Little Fires Everywhere by Celeste Ng February 24th

A riveting novel from the bestselling author of Everything I Never Told You.

# Evicted by Matthew Desmond March 24th

A Harvard sociologist examines the challenge of eviction as a cause of poverty in America Manhattan Beach by Jennifer

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mixed media to create a free-style art journal. Both inexperience and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too. You can find this program on the first Saturday of every month @ 10:30 AM at Orangevale Library, 8820 Greenback Blvd, Suite L, Orangevale.

Family: Science Wizard - Do you love crazy experiments? If so, come join us for a high-energy, interactive science show with the Science Wizard! Experience science experiments that use fire and ice, fog storms, bubbling potions that trap gas inside, and amazing chemical reactions. Generously funded by the Friends of the Orangevale Library! Tuesday, January 9th from 4:00 p.m. to 5:00 p.m. at Orangevale Library, 8820 Greenback Blyd, Suite L, Orangevale.

Adult: Genealogy Program – Do you need help with researching your family's history? Orangevale Library's volunteer genealogists are available to assist you. Learn the basics, try new resources, and share discoveries with a group of time detectives. There's always something new to learn on a genealogy adventure. Saturday, January 13th from 2:00 p.m. to 4:00 p.m. at Orangevale library, 8820 Greenback Lane, Suite L, Orangevale. This program is for adults.

Read to a Dog · Come read to some paw-esome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. You can find this program on the 3rd Friday of every month from 3 PM to 4 PM at Orangevale Library, 8820 Greenback Blvd, Suite L, Orangevale.

LEGOs and More - Build it! Join us for free play with Legos, Lincoln Logs and Citiblocks. Whether you are a building expert or a building novice we've got you covered. Tuesday, January 29th from 3:30 PM to 5:30 PM at Orangevale Library, 8820 Greenback Blvd, Suite L, Orangevale.

# **COMMUNITY CALENDAR GROUPS & MEET UPS**

# **WEEKLY MEETS**

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los sabados 5:30 p.m.-6:30p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

AlcoholicsAnonymous Meetings Mon-Satat7-8 am & Sun 8-9am, 12 noon every day. Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale.

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church. 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL (American Contract Bridge League) sanctioned games daily; \$10 to play. Monday through Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. There is no membership required to play; everyone is welcome. There is a play of the hand lesson Friday mornings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Other lessons resume after the holidays. Check the website for the current calendar and information: www.bridgewebs.com/folsombridge. Call or email for partners: 916-353-1139; folsombridge@gmail. com. Our address is 8680 Greenback Lane, Orangevale, inside the California Family Fitness Center, first floor.

Do You like to Play Cribbage? Join the Gold Country Cribbers Contact Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 – 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane, El Dorado Hills CA

Determined Toastmasters meets on Tuesdays 7-8 p.m. at Eskaton 8773 Oak Ave. in the Mulberry Room. Learn how to sharpen your speaking skills & build your confidence in a friendly atmosphere. (916) 792-5561)

FA (Food Addicts in Recovery Anonymous) meets Tuesdays at 7 pm, Sunrise Community Church, 8321 Greenback Ln Room B214, Fair Oaks. For meeting info call Karen J 916-812-6584 or Sandi N 916-780-3917, also visit www.foodaddicts.org."

MEET-UP The BBC, The Business Builders Club. A Professional Networking Group. Meeting Every Tuesday 9:15-10:30am. Our Mission: To Empower Entrepreneurs and Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Communities. Every Tuesday 9:15-10:30 at Life Foods Nourish Café 7433 Greenback Ln. Citrus Heights

MomsRUs-group for women of all ages, raising or helping to raise children of all ages. Meets Tuesday moming's 9:45-11:45 thru May 15th, Orangevale church of Christ, 5915 Main Ave. Support, discussion, sharing on Christian parenting. Shared childcare. Go to ovchurch.org/family. ALL FREE

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Prayer in the Square meets every Tuesday morning at 6:30 a.m. for 40 minutes for Prayer & Coffee. It is never too early to reach out for answered prayers. 8786 Mellowdawn Way Orangevale, Please call for details at 968-1039 or 988-4810 Everyone is welcome

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916.425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www.facebook.com/groups/1033947523343437/

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org."

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$2, please call 916-988-4373 for more details

Senior Market Saint Francis Episcopal Church in Fair Oaks with Episcopal Senior Communities (ESC) EVERY TUESDAY offers the community a weekly Senior Produce Market (SPM) every Tuesday from 10-11 a.m. at St. Francis Episcopal Church, located at 11430 Fair Oaks Blvd. SPM is geared for Seniors. Cash Only! For more information, call (916)966-2261 or visit our website: www.saintfrancisfairoaks. org and follow us on facebook

SERTOMA - SERvice TO MAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

St Vincent De Paul provides food and dothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenback.

# MONTHLY EVENTS

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May).Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

Roseville Better Gardens Club invites you as our guest to its monthly meetings held usually on the 3rd Tuesday of each month at the Maidu Community Center, 1550 Maidu Drive in Roseville. The club meets from September to May with doors opening at 12:30; meeting from 1-3. Programs including garden-related speakers and gardening information. Contact Lori at 916.784.0418.

Orangevale 4-H is in full swing for the 2017-18 year. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Www.orangevale4-H. weebly.com

# CALENDAR OF EVENTS

CALIFORNIA STATE OLD TIME FIDDLERS ASSOCIATION DISTRICT 5 Sunday January 14, 2018The public is invited to attend the Fiddlers Jam and stage performances from 1:00 to 4:30 p.m. at the Orangevale Grange Hall located at 5807 Walnut Avenue near Madison Avenue. FREE ADMISSION, REFRESHMENTSAND PARKING. The Fiddle Kids go on stage at 2:00 p.m. which is always one of the highlights of the day. Kids are provided free music lessons on stringed instruments. For more information call (530) 676-0836 or e-mail at rlstandiford@att.net Open Garden at the Horticulture Center

Saturday, February 17, 2018 9:00 a.m.-12:00 p.m. Horticulture Center, 11549 Fair Oaks Blvd., Fair Oaks, South of Madison, in Fair Oaks Park, next to the Library At 10 a.m., watch mini-demonstrations on: Planning for late winter and early spring vegetables and herbs. How to prune fruit trees, grapes, omamental grasses and perennials. Berry propagation and fruit tree grafting. Composting basics. Bring your gardening questions to the Ask the Master Gardeners table. Located outside - rain or shine. Sacramento County Master Gardener 2018 Gardening Guide and Calendars will be available for \$10, including sales tax. Free For More Info UC Cooperative Extension, (916) 875-6913, sacmg.ucanr.edu, facebook.com/sacmg

Tuesday, February 20, 7:00 p.m Please join the Camellia Chapter, Embroiderers' Guild of America, at their monthly meeting, at the Rancho Cordova Library, 9845 Folsom Boulevard, Rancho Cordova. Guests are welcome. Free. For questions contact 916-223-2751.

The semi-annual Friends of the Folsom Library Book Sale is March 9 - 11 at the Folsom Public Library, 411 Stafford Street, Folsom. Thousands of gently used books, most priced .50 to \$2 (some items priced higher). Friday 4-7 PM, \$5 entry (free to Friends and military with ID). Saturday and Sunday free admission. Sunday bring a grocery bag and fill it for \$5. For additional information please go to FOFLIB.ORG.

#### **FOOD BANK**

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation (Wednesdays 4:30pm-6:30pm & Thursdays 9:00am-12:30pm), they will now be open Mondays 11:00am-1:00pm. 21

# **COMMUNITY SPOTLIGHT**

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- Interior & Exterior Remodeling

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# **CHRISTMAS** FOR ALL

For the third year, Orangevale Rotary has brought Christmas to the less fortunate in the area. Thirty seven families celebrated Christmas this year because of the assistance of the Rotary Club itself and several committed donors and volunteers. So much thanks to the Orangevale Grange, who gave us the use of their hall to run the program. It has grown so much already that we needed a larger building, and the Grange came through for no cost to the program. We hear so much about charities that use most of their donations for overhead. Because of the good people in the Grange, we are able to keep this program overhead free. Thank you.

Our deserving families recommended to us by many of the churches and schools in the area as well as our own Rotary members. This year, we also received names from About Kids, another wonderful organization caring for families in need. We hope to team with them for many years to come. The only rule for participation in this program is that the receiving family cannot be receiving help from any other organization. We don't care about the makeup of the family; in fact, we helped two elderly couples, one teenage girl who just moved out of her parents' home to live on her own, as well as families as large as eight people. Three of our families are facing the horrors of caring for someone suffering from cancer and are unable to work full time. Again, no rules-only the true meaning of Christmas—helping those

Each family is "adopted", completely anonymously, by another family. The adopting family gets a complete wish list from every member of the receiving family. Our goal is to provide a gift to each family member, Christmas dinner for the family, and as much lunch food as possible for the two weeks that school is closed. We want to make sure that, school aged kids, who would normally receive free or reduced lunch during school days will not go without during the Christmas break. Many of our donor families actually have the means to provide all this from their own funds, but, for those who can't, Rotary is able to help financially. Either way, the donor family can wake up on Christmas morning with the joy of knowing that another whole family is enjoying Christmas because of their efforts.

We had many volunteers, some as young as 6. One of the youngest volunteers was there only because



## Casa Roble Interact Club Volunteers

she needed to earn community service hours. When she left, all she could talk about was doing it again next year. She had truly seen the reality of those in need and experienced the joy of helping to fill that need. Hopefully, she

will carry that spirit of service forward

for the rest of her life.

Next Christmas seems so far away, but it will come, and more need with it. If you can offer your assistance, either through time or money or both, or if you know someone truly in need, please contact Russ at 916-878-8600.

# Caregiver Workshops



Each workshop is unique and offers valuable building blocks and helpful tools for caregivers and individuals who would like to learn more about memory loss and dementia-related conditions.

Tuesday, January 16, 2018 | The Basics: Memory Loss, Dementia and Alzheimer's Diseas Dr. Vanessa Mandal, Geriatrician, Mercy Medical Group's Geriatric Division

Learn about the differences between normal aging and dementia, the basics of Alzheimer's disease and related disorders, the diagnostic process, and management of the disease. Learn about resources offered by the Alzheimer's Association, keys for planning for the future, and how family members and caregivers can help the person with dementia

Tuesday, February 20, 2018 | Learning Dementia Language

Stephanie Wilson, Program Supervisor, Triple R Adult Day Program, City of Sacramento

One of the most stressful aspects in providing care for someone with memory loss is feeling as if you cannot communicate with each other. If the person with dementia does not feel understood, they may appear arxious and irritated or even prone to wandering or agitation. In this workshop, we explore ways to recognize the non-verbal cues your loved one may be giving you and advice about how to structure conversations to best meet the communication needs for the person with dementia.

Tuesday, March 20, 2018 | Driver Safety and the Aging Driver

Jerrod Sieberg, DSM I, Senior Driver Ombudsman Northern California Region, DMV

Hear ideas for safe, prolonged driving independence from the local DMV Senior Driver Ombudsman. Topics will include: driver license renewal strategies, DMV criteria for evaluation of Alzheimer's disease and other cognitive or physical impairments, and how your health is closely connected to your driving.

TIME: 6:00-7:30 P.M. LOCATION: Divine Savior Catholic Church 9079 Greenback Lane, Orangevale, CA 95662

All workshops are FREE! For info and to RSVP, please call Senior Care Solutions: (916) 965-5565







# LOCAL INFORMATION

#### NORTH DIVISION

NORTH DIVISION

874-1013

Dewey Service Center

5484 Dewey Dr. #235 (916) 875-5484 8:00am—5:00pm Mon - Fri 9:00am-4:00pm Tues/Thurs
Commander; Captain Kristofor Palmer 874-1013
Assistant Commander: Lieutenant Matthew Petersen

Operations Lieutenant; Lieutenant Todd Henry 874-

Problem Oriented Policing Sergeant Michael Haynes 876-5729

Ongoing Law enforcement issues northPOP@ sacsheriff.com

Deputy Jason Gillock is responsible for: Carmichael, Orangevale, Old Foothill Farms and Fair Oaks

Transient Enforcement Team (TED) northTED@ sacsheriff.com 874-1025

District Attorney Community Prosecutors- Joy Smiley 874-5877 smileyj@sacda.org Ron Linthicum 874 3064 linthicumr@sacda.org

North Crime Prevention Specialist Sherrie Carhart 876-5717 scarhart@sacsheriff.com

Service Centers Office Manager Francie Fitzsimmons mfitzsimmons@sacsheriff.com

CALIFORNIA HIGHWAY PATROL (Dispatch) 861-1300

CHP -North of Amer Rvr 250pop@chp.ca.gov 348-2300

CHP -East of Sunrise 260pop@chp.ca.gov 464-

1450

PARK POLICE POP@fecrecpark.com 874-5115 Park Police handle districts except: DEPARTMENT SERVICES

Alarm Bureau 874-4616

Gun Permit Information 874-5864 Identification Bureau 874-8093

Office of Information/Media Bureau 874-5021 Parking Enforcement Detail 876-6642

Property Bureau Information 875-5650

Records Bureau 874-5383 Recruitment Information 875-0085

Red Light Enforcement Program 876-6643

Towing Detail 876-6641 Adult Protective Services 874-9377

Animal Control push 2, for 24hr assistance 875-5232

Child Protective Services 875-5437

Restraining Orders 875-3400 Graffiti Abatement on public property (DOT) 875-

Graffiti Abatement on SMUD property 732-6043
Graffiti on private property or abatement 875-

North Division Detectives Burglary and property crimes 875-5388

Crimes against Persons 874-5070 North Division Information 874-1021 SAC COUNTY 311 CONNECT Neighborhood

Nuisance Complaints (Abandoned shopping carts, vehicles, illegal dumping, missed garbage pickups, potholes, street light problems

and vacant or dangerous buildings, animal Care, environmental health, building permits, planning, code compliance).

http://www.311.saccounty.net/ 311 CORRECTIONAL FACILITIES

Sacramento County Main Jail 874-6752

Rio Cosumnes Correctional Center 874-1827

Juvenile Hall 875-6996

INVESTIGATIVE SERVICES

Centralized Investigations Division 874-5041

Child Abuse Bureau 874-5191

Civil Division 875-2665

Hi-Tech Crimes Task Force 874-3002

Homicide Detail 874-5057

Identity Theft Task Force/Real Estate Fraud 874-

Robbery Detail 874-5051

Sexual and Elder Abuse Bureau/Crimes Against People 874-5070

Sex Offender Registration Detail (Recording) 874-5090

For burglary, vandalism, and assault report follow-up contact Detectives.

# GOVERNMENT

CONGRESSMAN Ami Bera P O Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

**OFFICIALS** 

SENATOR Ted Gaines Roseville Office 4359 Town Center Blvd. Ste 112 El Dorado Hills CA 95762 1Phone: 916-783-8232 Fax: 916-783-5487 senator. gaines@senate.ca.gov

ASSEMBLY MEMBER

kEVIN KILEY District Office-8799 Auburn Folsom Rd, Ste A, Granite Bay 95746 916-774-4430 https://ad06.asmrc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For

more information visit planning.saccounty.net

G.L.O.V.E. (Greenback Lane OrangeVale Envisions)
Meets 4th Wednesday of the month 6:00 pm Location
will vary. For more information email glove@
surrewest net

The Sheriff's Dewey
Service Center
Located at 5484
Dewey Drive is in the
Safeway Shopping
Center Volunteers can
help you in filing crime
reports and answering
questions. The office is
open: Monday 10-5, Wed

10-7 Fri 10-5

# CHURCH INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Chapel Folsom/Orangevale 6021 Walnut Ave. Orangevale, CA 95662. Sunday Service 10:00am. All are welcome! We have Sunday School for Toddlers, K-5th & 6th-12th. Adult Bible Study 9:00am. Thursday Night Bible study 6:30pm (No Childcare). Pastor Mike Flanders (916) 989-2133, calvaryfo@comcast.net, http://www.calvaryfo.org

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www.ChristTheKingOV.com Sunday Worship 9:30am,

Church of Jesus Christ of Latter-Day Saints Hazel Ave. Chapel, 7950 Hazel Ave, Orangevale Ward: Sacrament Meeting 10am Sunday School/ Primary 11:20am PH/Relief Society/ Young Women 12:10am. Young Single Adult Ward: Sacrament Meeting 1:00pm Sunday School 2:20pm PH/Relief Society 3:10pm 916 792-2556.

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Citrus Heights United Methodist Church 7833 Highland Ave., (725-6363 Traditional worship Sundays 10:00 am.

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on M, T, W, F, Sat., Thurs. at 6:30 PM. Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. www.divnesavior.

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday Worship: 9am Classic, 9am 10:40 Modern Casual. Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm. Christ is coming. First Baptist Church of Orangevale 8898 Central Ave, Orangevale (916) 988-1139 www.firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo. org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modem Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Morning Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch. org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon. Orangevale SDA School grades K-8th, 916/988-4310, www.ovschool.org

Pathway Fellowship Temporarily meets at Mt. Vernon Chapel on Greenback at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church – 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, 2nd & 4th Tuesday Nights Free Community Dinner at 6pm – open to everyone, Thursday Night Youth programs at 7pm. Small Wonders Christian Preschool, 3-vr-olds on T/Th

& PreK on M/W/F – call 916.988.0998, smallwondersorangevale.org.

St. Francis Episcopal Church 11430 Fair Oaks Blvd.Fair Oaks, CA 95628 Sunday Services: 9-10 A.M. Rev. Joe Duggan 966-2261

Sunrise Community Church 8321 Greenback Lane, Fair Oaks Sunday Worship Services Blended Service 9:00 am (Main Sanctuary) Contemporary 10:45 am (Main Sanctuary) Christian fellowship 6:00 pm (B-209) (916) 726-4642 church@sunrisecommunitychurch.org

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Morning Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays)



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